

**Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy**

**Mentorship Program**

***Purpose:***

The purpose of this committee is:

- a. To provide a directive for allocation of mentors and mentees in various groups
- b. To standardize the conduct of group mentoring sessions
- c. To provide guidelines for regular one-to- one mentoring sessions
- d. To describe roles and responsibilities of mentors and mentees
- e. To have uniform, confidential method of documenting and feedback for the program.

***Objective:***

The objectives of this mentoring program are

- a. Guide mentees in academic enhancement,
- b. Assist them in personality development (including dressing, confidence, skills, presentation of skills)
- c. Train them to face challenges in real life (which may or may not be part of the formal education)
- d. To enable them for effective communication with juniors, peers, seniors, patients etc
- e. To build Lateral thinking in them,
- f. To help them build on their own principles, understand moral values in profession and society and understand their responsibilities towards society.
- g. To improve emotional intelligence & emotional quotient.
- h. To understand importance of fitness & health and be a health role model for society
- i. To groom their talents and motivate them for extracurricular activities
- j. To inculcate leadership characteristics and team behavior
- k. Counsel them about various avenues in physiotherapy at various stages (At entry in undergraduate program, graduation, at entry in the profession) and make professional connections
- l. Teach them about professional ethics, laws and regulations in practice of physiotherapy



**Scope:**

- A two - way process where the mentees are having an enriching academic excellence along with the mentors getting a feedback for their teaching skills as well.
- Working together as a team for development of soft skills, dressing and other professional mannerisms
- Making them understand the problems of real world and helping mentors understand the newer technologies to stay updated
- Mentors will help mentees to develop a strong foundation of principles on which the character can be developed
- To work on emotional and intelligent quotient and combining the for development of the society's fitness
- To inculcate values like leadership and morals for following of professional ethics and principles for practicing the profession



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**Constitution of the Committee (AY 2022-23):**

Sr. No.	Name	Designation
1.	Dr. Dinesh Chavhan	Chairperson
2.	Dr. Siddhanth Sawant	Coordinator
3.	Dr. Venu Mohan (PT), Dr. Suroshree Mitra (PT), Dr. Nikita Dodwad (PT), Dr Twinkle Kundnani (PT)	Members
4.	Kshitij Kasat Alfiya Pathan Sarah Chawala Adwait Mainkar	Student Members

