# FOR Ph.D COURSE(S) FOR A.Y. 2023-2024

(Please submit separate report for each subject)

	1	Date of Inspecti	on :								
Fa	Faculty: .Allied Health Sciences										
(-0)+()+		**********************	100								
1.		Name & Address	of the Colleg	e/Researd	ch Centre: -						
	Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, 11/12 Thube Park, Shivajinagar, Pune 411005.										
	NI.										
		ame of Head of the esignation: Principa	•	: - Dr. Ap	urv Shimpi.						
2.	D(	Department / Sub		aile of ave	silabla PhD	Guidos					
		(Attach Annexure		alls of ave	anable Filb						
	Sr. No.	Name of Ph.D. Guide	Designation	Date of Birth	Date of Retirement	Total No. of PhD Scholars Registered till date	Has completed six days Research Methodology Workshop? Yes/No	PhD Recognition No. and Date			
	1	Dr. Nilima Bedekar	Professor	9/10/1959	8/10/2023	4	Yes for Ph.D	MUHS/UDC/Ph.D /Allied/148/2012 dated: 13/2/2012			
2 Dr. Venu Mohan Associate 29.6.197 29.6.2040 MUHS/ Professor 6 (Ph.D)/ 8/2022						MUHS/UDC (Ph.D)/Guide/25 8/2022 dated: 28/6/2022					
	3										
	4										
ļ	5										
4.	Details of available infrastructure for Research:  i) Adequate number of Computers with Internet facility is available?  ii) Adequate number of Books / Journals are available?  Yes / No  Yes / No  iii) Any other specific thing available at the Department: MOUs with prestigious hospital, collaboration.										
5.	Details of Central Research Laboratory:  i) Available Area (in sq. ft) :										
		i) Is Drugs/Medicine				search?	Yes / N				
		ii) Is Adequate numb v) Is Records of Stoo			vailable?		Yes /				
	IV) Is Records of Stock book available?  Yes / No										

	i) Available Area in sq. ft:						
7.		s / No Attach Anno	VUIC (IDI)				
٠.	7. Details of Institutional Ethical Committee: (Attach Annexure "B")  i) Date of Composition: .2007.						
	ii) Total Number of Members: . 10						
	iii) Number of meetings held in previous year: .:	5.					
	iv) Whether Records of proceedings are maintain	ned properly	? Yes /-No				
	v) Is Human and Animal Ethics Committee, regist	ered under th	ne appropriate authority? Yes / No				
8.	i) Date of Composition: . 01/02/2023 ii) Total number of Members: . 06 iii) Number of meetings held in previous year: .	<u>01.</u> .					
	iv) Whether records of proceedings are maintain						
9.	Is Doctoral Committee constituted in the lines	s of RAC?	Yes / No				
	<ul><li>i) If Yes, Date of Composition: 01/02/2023.</li><li>ii) Total number of Members:06</li></ul>						
	iii) Name of External Subject Expert : Dr. Prasa	d Pore					
<del>10.</del>	Is Plagiarism detection software facility available		Yes / No				
	If Yes, Name of the Software Grammarly (free )	version)					
44.	Is attendance of the Ph.D. Scholar maintained	d properly?	Yes / No				
12.	Whether Research Centre is registered under	er MPCB pro	ovisions? Yes / No				
13. 14.	Whether BMW facility is available?	h/Danautma	Yes / No				
14.	Any other important thing related to Researc will be helpful to carry out good quality rese	-					
	Experienced guides available. Advance equi		•				
	central location of Pune city.	pinone o une	a dada loud dyulluble. Nededlell Oelitle 18 III				
	DECLAR	RATION BY I	LIC				
V	/e, the LIC Members, hereby certify that	at, we hav	ve thoroughly inspected and verified th				
	epartment/College/Research Centre, the availa						
	vailable at the research centre. The overall observ						
			mapasitori dominitad ara ao fallowo.				
194			AND AND THE MENT OF THE PROPERTY OF THE PROPERTY OF THE				
	Name of Inspectors		Sign. of Inspectors with Date				
1)		Chairman					
2)		Member					
3)		Member					
4)		Member					

**NOT APPLICABLE** 

6.

**Details of Central Animal House:** 



11/12, Thube Park, Shivajinagar, Pune - 411 005. (Id No. PU / PN / Physio / 122 / [1997])) (Id No. MUHS / 121)

Direct: 020 - 25539393 Tele Fax: 020 - 25539494

E-mail: sancheticop@sha.edu.in

Tel. No.: 020 - 27999999,

28999999

Extn.: 9411 / 9412 / 9413

## List of Ph.D. Guides Available at Ph.D. Research Centre

Sr. No	Name of Ph.D. Guide	Desig- nation	Date of Birth	Date of Retireme nt	Total No. of PhD Scholars Register ed till date	Has completed six days Research Methodolog y Workshop? Yes/No	PhD Recognition No. and Date
1	Dr. Nilima Bedekar	Professor	09.10.1959	9.10.2023		Yes for Ph. D	MUHS/UDC/Ph.D/ Allied/148/2012 dated: 13/2/2012
2	Dr. Venu Mohan	Associate Professor	29.6.1976	29.6.2040	3 as co-guide along with the guide	Yes	MUHS/UDC (Ph.D)/Guide/258 /2022 dated : 28/6/2022

Date: 05/07/2022

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Signature, Name and stamp of

Dean/Principal/Director

Principal and Professor Sancheti Institute College of Physiotherapy Pune - 411005



# Institutional Ethics Committee

Sancheti Institute for Orthopedics & Rehabiliation,16,Shivajinagar ,Pune 411005 Phone: 020-25533322, Fax: 020 25511424, E-mail : siorethics@gmail.com

Date: 31/August/2022

## LIST OF MEMBERS OF ETHICS COMMITTEE

	Member Name	Highest Degree Earned	Gender	Role in Ethics Committee
1	Mrs. Vaishali Deshpande	M. Sc Anthropology	Female	Chairperson
2	Dr. Sundeep Salvi	MD, PhD (ClinicalMedicine)	Male	Clinician
3	Ms. Nikita Jatte	Pharm. D (Doctor Of Pharmacy)	Female	Member Secretary
4	Dr. P.V. Bokil	M.S (General Surgery)	Male	Clinician
5	Dr. Rajiv Adkar	M.B.B.S., MD (Ches:) F.C.C.P.	Male	Basic Medical Scientist
6	Dr. Jayashree Dawane	MD (Pharmacology) Ph.D (Pharmacology)	Female	Pharmacologist
7	Mrs. Sapna Choube	LLB	Female	Legal Expert
8	Mr. Chetan Gandhi	B.Com, LLB	Male	Lay Person
9	Mr. Rajendra Paymode	B.Com	Male	Theologian
10	Mrs. Gayatri Dattatreya Edke	B.Com, LLB	Female	Legal Expert
11	Mr. Vijay Bhikaji Belsare	B.A., D.H.M., M.A.	Male	Social Scientist
12	Mr. Anup C. Nahar	B.Com	Male	Lay Person

Ms. Nikita Jatte

Member Secretary

IEC, SIOR

Chairman
Institutional Ethics Committee

Sancheti Institute for Orthopedics & Rehabilitation

Principal and Professor

guvageaga

Principal and Professor
Sancheti Institute College of Physiotherapy
Pune - 411005



11/12, Thube Park, Shivajinagar, Pune - 411 005. (Id No. PU / PN / Physio / 122 / [1997])) (Id No. MUHS / 121)

Direct: 020 - 25539393 Tele Fax: 020 - 25539494

E-mail: sancheticop@sha.edu.in

Tel. No.: 020 - 27999999,

28999999

Extn.: 9411 / 9412 / 9413

## **Details of Research Advisory/ Doctoral Committee**

Sr. No.	Name of Research Advisory/ Doctoral Committee/Subject expert Member	Designation
1	Dr Nilima Bedekar (Chairman)	Physiotherapy Professor
2	Dr Apurv Shimpi	Physiotherapy Professor
3	Dr Sona Kolke	Physiotherapy Asso. Professor
4	Dr Venu Mohan	Physiotherapy Asso. Professor
5	Dr Prasad Pore External Research Methodology Expert	Community Medicine Professor, Bharati Vidyapeeth Medical College
6	Dr Rachana Dabhadghav (Coordinator)	Physiotherapy Research Coordinator

Date: 01/02/2023

College or Shivannayar Shivann

Signature, Name and stamp of Dean/Principal/Director

Principal and Professor Sancheti Institute College of Physiotherapy Pune - 411005



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हसरुळ, नाशिक-४२२००४ Dindori Road, Mhasrul, Nashik-422004

Phone: 0253 - 2539196/206, 0253 - 6659196/206 Email: udc@muhs.ac.in Website: www.muhs.ac.in

फगार

Dr. Sunil H. Fugare MSc.Ph.D.

एमएस्सी. पीएच.डी. उपकलसचिव

Deputy Registrar

O. No. MUHS/UDC/Ph.D./E-6/373/2022

Date: 4 /10/2022

#### By Email / Speed Post

To.

The Dean / Principal,

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, 11/12, Shivaji Nagar, Pune-411 005. Email - siorphycollege@vsnl.net, sancheticop@sha.edu.in

Continuation of Recognition as Ph.D. Research Centre for Academic Year 2022-23.

Ref: 1) University Direction No. 01/2020.

- 2) Research Centre Proposal Dt. 26/10/2021.
- 3) Academic Council Resolution No. 60/2022, dt. 20/09/2022.

Sir/Madam,

As per the provisions u/s 35 of University Direction No. 01/2020 and on the basis of the Academic Council resolution No. 60/2022, dated 20/09/2022, I am directed to inform you that, the Hon'ble Vice Chancellor is pleased to grant Continuation of Recognition to your College / Institute as a Ph.D. Research Centre for Academic Year 2022-23 in following Departments / Subjects under the Faculty of Allied as per details given below:-

Sr. No.	Name of the College/Institute	Name of the Department/Subjects	Academic Year
1	Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune.	Physiotherapy	2022-23

Kindly note that, for the process of Continuation of Recognition as a Ph.D. research Centre, the College / Institute shall have to follow University Direction No. 01/2020 and it is mandatory to apply to the University in prescribed format along with fees for continuation of Ph.D. research Centre, every year before 31st October.

This is for your kind information and necessary action.

Dy. Registrar 4 10 University Department Cell (Ph.D.)



# MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES

दिहोरी 'रोस, ग्ह्सफळ, काणिक, Dindon Road, Mhasrul, Nashik-1/2004 Tel: (0253) 2539292, Fax: (0253) 2539295

Website: www.muhsnashik.com, E-mail: registrar@nnuhsnashik.com

डॉ आदिनाय सूर्यकर भएन.डी., एफएसीवीयाय कलसचिद

Dr. Adinath Suryakar Ph.D., FACBI Registrar

Date: 13/02/2012

No MUHS/UDC/Ph.D/Allied/ 148 /2012

To

Smt. Bedekar Nilima Shirish

Professor,

Sancheti Institute College of Physiotherapy,

16, Shivajinagar,

Pune - 05

Sub: -Recognition as a Ph.D. Guide.

Ref:- Your application dtd.21/06/2011

Sir,

With reference to your application for Recognition as a Ph.D Guide of this University, I am directed to inform you that on the recommendations of the Board of Research, Hon'ble Vice-Chancellor is pleased to grant you Recognition as a Ph.D Guide in the Subject of Physiotherapy (Faculty of Allied) with effect from 06/01/2012 till attaining the age of 70 years.

Kindly note that the recognition granted to you will be subject to the terms and pn 'ions prescribed by the University from time to time.

Thanking you,

Yours,

Registrar

Copy to:

The Principal
Sancheti Institute College of Physiotherapy,
16, Shivajinagar,

Pune - 05

Attested True Copy

Dr. VIVEK KULKARA

ACTERISTICATE COURSE \2012 \Allied Ph. D\General Letter \F. Let \( \text{in the product of the country of the product of the p





MUHS

उपकुलसचिव

# आरोग्य विज्ञान विद्यापीठ, नाशिक RASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हसरुळ, नाशिक-४२२००४ Dindori Road, Mhasrul, Nashik-422004

Phone: 0253 - 2539196/206, 0253 - 6659196/206

Email: udc@muhs.ac.in Website: www.muhs.ac.in

फगारे एमएस्सी. पीएच.डी.

Dr. Sunil H. Fugare

Deputy Registrar

O.No.MUHS/UDC(Ph.D.)/Guide 1/258 /2022

Date: 28/06/2022

### By Email

To.

The Dean / Principal,

Sancheti College of Physiotherapy, Sancheti Healthcare Academy, 11/12, Thube Park, Shivajinagar

Pune - 411 005.

Email – siorphycollege@vsnl.net

Subject

: Recognition as Co-Guide for Ph.D. ...

Reference

: 1) Your Application dated – 22/12/2021

2) Ph.D. Direction No. 01/2020

3) Board of Research Resolution No. 05/2022, dated 10/05/2022

Sir/Madam.

With reference to the above cited subject, I am directed to inform you that Board of Research in its Meeting has Passed the Resolution No. 05/2022, dated 10/05/2022 to grant recognition as Co-Guide for Ph.D. to the following teacher of your College/ Institute, subject to the terms & conditions of appointment order, for guiding the Ph.D. student in the subject mentioned against his/her/their name.

Sr. No.	Subject	Name of the Teacher	Designation	Status of recognition as Co-Guide for Ph.D.
1	Physiotherapy	Dr. Venu Mohan D.	Associate Professor	Approved w.e.f. 10/05/2022, onwards

Kindly note that the recognition granted by the University is valid till the above said teacher is in the service or till attaining the age of superannuation whichever happens earlier.

The above teacher is required to attend the Research Methodology Workshop conducted by this University or any other Centre authorized by the University.

You are requested to handover the copy of this letter to the concerned teacher for further necessary action.

Dy Registrar University Dept. Cell (Ph.D.)

Yours,

(P.T.O)



# Institutional Ethics Committee

Sancheti Institute for Orthopedics & Rehabiliation,16,Shivajinagar ,Pune 411005 Phone: 020-25533322, Fax: 020 25511424, E-mail : siorethics@gmail.com

Chairman	To,		9	Date:-	29/July/2022				
Chairman Mrs. Vaishali	Dr. Virendra Meshram								
Deshpande	Princip	al Investigator							
Members Dr. Sundeep Salvi	Subject: Ethics Committee Conditional Approval Letter.								
Dr. P.V. Bokil	Protoc	ol Title:- Effects o	of Structured Tele-educa	tion Sessior	ns on Exercise				
Dr. Shweta Kalyankar	Adherence, Quality of Life, Functional Capacity and Peak Expiratory Flow Rate in Patients with Stable Moderate COPD- A Randomized Control Trial.								
Dr. Jayshree Dawane			ee Meeting held on (						
Mrs. Sapana Choube		embers who atten al was discussed a	ded Meeting held on 0	8/July/2022	, Where your				
Mr. Chetan	Memb	ers Present :							
Gandhi Mr. Rajendra	Sr.		Highest Degree Earned	Gender	Role in the Ethics				
Paymode	1	Mrs. Vaishali Deshpande	M.SC Anthropology	Female	Chairperson				
Ms. Paornima Gabhale	2	Dr. Sundeep Salvi	M.D, Ph.D (Clinical Medicine)	Male	Clinician				
Member Secretary	3	Ms. Purva Joshi	B Pharmacy,	Female	Member Secretary ( SIOR)				
Purva Joshi	4	Dr. P.V. Bokil	M.S.(General Surgery)	Male	Clinician				
	5	Dr. Shweta Kalyankar	M.D ( Pathology)	Female	Basic Medical Scientist (SIOR)				





6	Dr. Jayshree Dawane	M.D, PhD (Pharmacology)	Female	Pharmacologist
7	Mrs. Sapna Chaube	LLB	Female	Legal Expert
8	Mr. Chetan Gandhi	B.Com, LLB	Male	Lay Person
9	Ms. Paornima Gabhale	B.Com, MSW	Female	Social Scientist
10	Mr. Rajendra Paymode	B.com	Male	Theologian

**Comments**: The Ethics Committee has been Subjected your proposal for approval We will give you final approval after answering these quires.

- 1) Why are you seeking permission from Sancheti, if the study is being done in Latur.
- 2) If you are seeking permission from Sancheti then you need to submit 6 monthly progress report till the study closeout.
- 3) Wherever you are conducting study you need to submit permission letter & ethical committee approval letter.
- 4) Once you submit permission letter & Ethical approval letter, you will be given ethical approval letter from Sancheti.
- 5) How do you measure the compliance

#### Suggestion:

- 1. In title you have mentioned peak expiratory flow rate, kindly remove it from title & do not use in study.
- 2. Kindly increase sample size.

We Confirm that none of your study staff member was present during the decision making/voting procedures of the meeting.



NSB.

Ethics Committee approval is granted subject to:

- A) Conduct the research as required by the Protocol and ICH GCP as well as Indian GCP Guidelines.
- B) Use only the Ethics Committee approval Consent Forms in English and translated versions.
- C) Conduct the informed consent process without compulsion or undue influence, and provide the potential subject sufficient opportunity to consider whether or not to participate.
- D) Report to EC all Serious Adverse Event observed during the conduct of trial.
- E) Promptly report to EC any new information that may adversely affect the safety of the subject or the conduct of trial.

Kindly note that Institutional Ethics Committee, Sancheti Institute for Orthopedics & Rehabilitation, Pune works in accordance with the Indian GCP and ICH GCP guidelines.

**Yours Sincerely** 

Mrs. Vaishali Deshpande
Chairman,
Institutional Ethics Committee,
Sancheti Institute for Orthopedics & Rehabilitation,
16, Shivaji Nagar, Pune-05





#### INSTITUTIONAL ETHICAL COMMITTEE REPORT

(As per Circular no.1742021 dated 27 / 09 /2021)

Name of Research Centre	Sancheti Institute for Orthopedics & Rehabilitation College of Physiotherapy.
Department/Subject	Physiotherapy
Name of the Research Guide	Dr. Nilima Bedekar

To,

Mr. Lasunte Kaustubh Wasudeo

of Sancheti Institute for Orthopedics & Rehabilitation College of Physiotherapy.

Subject: - Approval to Title & Synopsis entitled

Effects of Proprioceptive Training on Jumps, Sprint, Agility and Incidence of Lower Limb Injuries in Athletes – A Randomized Control Trial

Ref: IEC- SJOD/Agenda 068

#### Dear Student.

In the context to the above cited entitled research proposal of Title & Synopsis of the Ph.D. Degree Course was discussed in the Institutional Ethical Committee meeting of the Research Centre held at \$100 \, 30 \, DEE \, 2021

It is a declared that:-

- 1. The said Title & Synopsis is not repeated.
- 2. You are registered under Dr Nilima Bedekar who is University recognized Ph.D. Guide vide University letter no. MUHS UDC PhD / Allied | 148 | 2012 dated 15/2/2012 guidance and supervision during the course of studies.
- 3. Institutional Ethical Committee has unanimously approved your Title & Synopsis of the Ph.D. Degree Course.
- 4. The Title is recommended for study by the student from......

Chairman
Institutional Ethics Committee
Sancheti Institute for Orthopedics & Rehabilitation
Pune

Chairperson,
Institutional Ethical Committee

Place :-

Date:-

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# INSTITUTIONAL ETHICAL COMMITTEE REPORT

(As per Circular No 17	12021 dated 27 / 09 / 2021)
Name of Research Centre	Sancheti College of Physiotherapy
Department/Subject	Physiotherapy
Name of the Research Guide	
To,	
Dr. Khadija YakubDhrolia ofSancheti College o	of Physiotherapy
Subject: - Approval to Title & Synopsis entitle with a comprehensive home exercise protocol on osteoarthritis. A randomised control trial	d Effects of combinedexercise adherence strates pain, function and adherence in patients with k
Ref: IEC-STOR/Agenda 068	
Dear Student,  In the context to the above cited entitled rese of the Ph.D. Degree Course was discussed in the Research Centre held on 30th Dec 2021 (Da	he Institutional Ethical Committee meeting of
It is declared that: -	
1. The said Title & Synopsis is not repeated.	
2. You are registered under, Dr. Nilima Bede Guide vide University letter No Allea / 148   2012	who is University recognized Ph dated 13/02/2012 for guidance and supervisi
during the course of studies.	
3. Institutional Ethical Committee has unanimous	sly approved your Title & Synopsis of the Ph
Degree Course.	, jaspan az
4. The Title is recommended for study by the studer	nt from(Date).
	Sub approval

Chairman Institutional Ethics Committee Sancheti Institute for Orthopedics & Rehabilitation Pune

Chairperson, Institutional Ethical Committ

Place: -

Date: -







#### File No. EC/19/000541

Government of India Directorate General of Health Services Central Drugs Standard Control Organization (Ethics Committee Registration Division)

> FDA Bhawan, Kotla Road, New Delhi - 110002, India Dated: 21-Feb-2020

To

The Chairman Institutional Ethics Committee Sancheti Inst for Orthopedics and Rehabilitation 16, Shivajinagar Sancheti Research Centre Pune Pune Maharashtra - 411005 India

Subject: Ethics Committee Re-Registration No. ECR/90/Inst/MH/2013/RR-20 issued under New Drugs and Clinical Trials Rules, 2019.

Sir/Madam.

Please refer to your application no. EC/RENEW/INST/2019/6501 dated 21-Oct-2019 submitted to this Directorate for the Re-Registration of Ethics Committee.

Please find enclosed registration of the Ethics Committee in Form CT-02 vide Registration No. ECR/90/Inst/MH/2013/RR-20. The said registration is subject to the conditions as mentioned below:-

Yours faithfully

V G
SOMANI
[Dr. V.G. Sornani)
Drugs Controller General (I) &
Central Licensing Authority

#### Conditions of Registration

- 1. The registration is valid from 21-Feb-2020 to 20-Feb-2025, unless suspended or cancelled by the Central Licencing Authority.
- 2. This certificate is issued to you on the basis of declaration/submission made by you.
- 3. Composition of the said Ethics Committee is as per the Annexure.
- 4. No clinical trial or bioavailability or bioequivalence protocol and related documents shall be reviewed by an Ethics Committee in meeting unless at least five of its members as detailed below are present in the meeting, namely:-
  - (i) medical scientist (preferably a pharmacologist):
  - (ii) clinician;
  - (iii) legal expert;
- (iv) social scientist or representative of non-governmental voluntary agency or philosopher or ethicist or theologian or a similar person;
  - (v) lay person.
- 5. The Ethics Committee shall have a minimum of seven and maximum of fifteen members from medical,

Page 1





