



 **sancheti**
Healthcare Academy

**POST GRADUATE CERTIFICATION IN
DANCE MOVEMENT THERAPY
(PGCDMT)**

SANCHETI HEALTHCARE **ACADEMY:**



Sancheti Healthcare Academy (SHA)

is part of Sancheti group of hospital, Pune specializing in Orthopedic treatment in India. SHA was created as a dedicated centre of teaching healthcare management, hospital management, physiotherapy & nursing education. Dissemination of knowledge and learning are the fundamental values of SHA. An optimal blend of theory and practical knowledge prepare the students to meet the present & future requirements of the healthcare industry.

VISION:

To produce the next generation of leaders empowered and focused on innovative responses to address the challenges of a rapidly changing and culturally diverse healthcare environment.

MISSION:

To prepare the students for a professional qualification. During this programme, the students are imparted with the knowledge of fundamental management subjects and elective specialized healthcare subjects.

STUDY IN

Pune

Pune/Poona is the seventh largest area in India and the second largest in the state of Maharashtra after Mumbai. Pune is known as the 'Oxford of the East' with the presence of wide range of educational institutions.

It is home to several reputed Universities and Institutes. Pune sees a large number of international students across colleges.

It is the cultural capital of Maharashtra. There are many historic places like Shaniwar Wada, Lal Mahal and many museums like the Aga Khan Palace, Raja Kelkar Museum.

The pleasant climate of Pune also makes it a preferred city of many!



About the Programme:

Dance Movement Therapy (DMT) is an innovative and powerful form of therapy that utilizes movement and dance to promote emotional, physical, and mental well-being. This course helps you gain a comprehensive understanding of DMT principles, techniques, and their application in various therapeutic settings.

The Post Graduate Certification in Dance Movement Therapy is a 380 hours Course including 60 hours of Internship. It covers the fundamental theories and approaches in psychology and DMT while also exploring other creative arts therapies.

This course aims at bringing the best of global practices and blends it with the rich dance and cultural heritage of our country.

Benefits of the Programme:

- An exploration of different psychotherapeutic approaches and their integration with movement therapy.
- Opportunities to participate in workshops and events related to DMT.
- Career prospects as a Dance Movement Therapy Practitioner in schools, senior citizen homes, cancer care Centres, academic institutions and corporate institutes



Who can Attend?

Any graduate with a passion of using movement as a therapeutic tool can benefit from this course.

This course is an excellent opportunity for :

- Dancers and Theatre artists
- Psychologists, Counsellors and Wellness coaches
- Special Educators
- Occupational and/or Speech Therapists
- Physiotherapists
- Corporate Trainers
- And anyone looking to work within the Health Services with an integrated approach towards holistic well-being.

Course Highlights / USPs of the Programme:

- International faculty and top Indian faculties offering a cross-cultural understanding of DMT
- 5 ADTA approved credits
- In-depth theoretical and practical training in Dance Movement Therapy
- Hands-on experience through an internship, where you will work directly with clients under the guidance of experienced professionals

Study Dance Movement Therapy At Sancheti Healthcare Academy (SHA)

Mental Health is a rising concern in the country and various therapeutic modalities are being interwoven to support people to achieve their maximum potential and lead a holistic and healthy life. With its use of the body as a basic tool for communication, DMT breaks the barriers of verbal communication. Clients are offered a chance to express themselves through non-verbal channels like movement and art. Due to its vast array of benefits, DMT is a modality that can be incorporated in any clinical or non-clinical setting.

Don't miss this chance to embark on a rewarding journey of using movement and dance to facilitate healing and transformation in individuals. Whether you have a background in dance or not, if you have the passion and dedication to serve, we welcome you to apply! To secure your spot in the course, get in touch with us at the provided contact details. Our team will be happy to assist you with any queries you may have.

We look forward to welcoming you to our Post Graduate Certification in Dance Movement Therapy Course and witnessing your growth as a Dance Movement Therapy Practitioner!



Course Duration:

Duration: 9 Months (Plus Internship)

Eligibility:

Any Graduate (No Age Criteria)

Fees:

1,25,000 (Course Fees)

10,000 (Registration)



Contact Us



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A FEW OF OUR FACULTY



Tripura Kashyap

**M.A Psychology,
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Tanvi Bajaj

**Laban Movement
Analyst, Somatic
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Mrunmayee Kulkarni

**Head, Dept of Dance
Movement Therapy,
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Academy, Dance
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Dr. Nikita Mittal

**Positive Psychology
Coach (ICF Certified)
Physiotherapist.**



Deepmala Khera

**Expressive Art and
Movement
Psychotherapist.**



Ashley Fargnoli

**BC-Dance Movement
Therapist
Psychotherapist**



Dr. Sohini Chakraborty

Guest Lecturer



Maanasa Bharath

**MS in Dance Movement
Therapy, Sarah
Lawrence College**



SMITA RAJAN

**DMT Practitioner
Relationship Counsellor**



Dr. Shriya Dalaya

M.D. Psychiatry