Semester Plan: -

Total weeks per semester: 26 weeks semester

Number of weeks per semester for instruction: 20 weeks (40 hours per week x 20 weeks=800 hours)

Number of working days: Minimum of 100 working days (5 days per week x 20 weeks)

Vacation, Holidays, Examination and Preparatory Holidays; 6 weeks

Vacation 3 Weeks

Holidays 1 week

Examination and Preparatory Holidays; 2 Weeks

#### COURSES OF INSTRUCTION WITH CREDIT STRUCTURE

6	Sixth	N-CHN(II) 301	Child Health Nursing II	2	40			1	80		120
		N-MHN(II) 305	Mental Health Nursing II	2	40			2	160		200
			Nursing Management & Leadership	3	60			1	80		140
		OBGN 335	Midwifery/Obstetrics and Gynaecology (OBG) Nursing I including SBA module	3	60	1	40	3	240		340
		SSCC(II) 325	Self-study/Co-curricular								-
			TOTAL	10	200	1	40	7	560	10+1+ 7=18	800

#### VI SEMESTER

# Scheme of Examination

S. No.	Course		Assess	ment (Marks)		
		Internal	End Semester College exam	End Semester University Exam	Hours	Total marks
	Theory		·			
1	Child Health Nursing (I & II)	25		75	3	100
		Sem V-25 & Sem VI-25 (with average of both)				
2	Mental Health Nursing (I & II)	25 Sem V-25 & Sem VI-25 (with average of both)		75	3	100
3	Nursing Management & Leadership	25		75	3	100
4	Midwifery/Obstetrics & Gynecology I	*25				
	Practical					
5	Child Health Nursing (I & II)	50 (Sem V-25 & Sem VI-25		50		100
6	Mental Health Nursing (I & II)	50 (Sem V-25 & Sem VI-25)		50		100
7	Midwifery/Obstetrics & Gynecology I	*25				

\*Will be added to Internal marks of Midwifery II theory and practical respectively in the next semester (Total weightage remains the same)

# CHILD HEALTH NURSING - II

# PLACEMENT: VI SEMESTER

## **THEORY:** 2 Credits (40 hours)

PRACTICUM: Clinical: 1 Credit (80 hours)

**DESCRIPTION:** This course is designed for developing an understanding of the modern approach to child-care, identification, prevention and nursing management of common health problems of neonates and children.

**COMPETENCIES:** On completion of the course, the students will be able to

- 1. Apply the knowledge of pathophysiology and provide nursing care to children with Cardiovascular, GI, genitourinary, nervous system disorders, orthopedic disorders, eye, ear and skin disorders and communicable diseases
- 2. Provide care to children with common behavioural, social and psychiatric problems
- 3. Manage challenged children
- 4. Identify the social and welfare services for challenged children

### COURSE OUTLINE

#### T – Theory

Unit	Time	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
	(Hrs)				
1	1 20 (T)	pathophysiology, clinical manifestation and nursing management of children with disorders	Cardiovascular system:	Lecture cum     discussion	Short answer
			• Identification and Nursing management of congenital malformations	• Demonstration and	<ul><li> Objective type</li><li> Assessment of</li></ul>
			anagement of hildren with disorders • Congenital heart diseases: Cyanotic and Acyanotic (ASD,VSD, PDA,TOF)	practice session	skills with checklist
	of cardiovascular, gastrointestinal, genitourinary, and nervous system	gastrointestinal,	• Others: Rheumatic fever and Rheumatic heart disease, Congestive cardiac failure		
			<ul> <li>Hematological conditions:</li> </ul>		
			a) Congenital: Hemophilia, Thalassemia		
			<ul> <li>b) Others: Anemia, Leukemia, Idiopathic thrombocytopenic purpura, Hodgkins and non- hodgkins lymphoma</li> </ul>		
			Gastro-intestinal system:		
			• Identification and Nursing management of congenital malformations.		
			• Congenital: Cleft lip, Cleft palate, Congenital hypertrophic pyloric stenosis, Hirschsprungs disease (Megacolon), Anorectal malformation, Malabsorption syndrome, Abdominal wall defects, Hernia		
			• Others: Gastroenteritis, Diarrhea, Vomiting, Protein energy malnutrition, Intestinal obstruction, Hepatic diseases, intestinal parasites		
			Genitourinary urinary system:		
			• Identification and Nursing management of congenital malformations.		
			<ul> <li>Congenital: Wilms tumor, Extropy of bladder, Hypospadias, Epispadias, Obstructive uropathy</li> </ul>		
			<ul> <li>Others: Nephrotic syndrome, Acute glomerulonephritis, renal failure</li> </ul>		
			Nervous system:		
			<ul> <li>Identification and Nursing management of congenital malformations</li> </ul>		
			a) Congenital: Spina bifida, Hydrocephalous.		
			<ul> <li>b) Others: Meningitis, Encephalitis, Convulsive disorders (convulsions and seizures), Cerebral palsy head injury</li> </ul>		
Π	10 (T)	Describe the etiology,	Orthopedic disorders:	• Lecture cum	• Short answer
		pathophysiology, clinical manifestation and nursing	• Club foot	<ul><li>discussion</li><li>Demonstration</li></ul>	<ul><li> Objective type</li><li> Assessment of</li></ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		management of	• Hip dislocation and	Practice session	skills with
		children with Orthopedic disorders,	• Fracture	Clinical practice	checklist
		eye, ear and skin	Disorder of eye, ear and skin:		
		disorders	• Refractory errors		
			• Otitis media and		
		Explain the preventive measures and strategies	Atopic dermatitis		
		for children with	<b>Communicable diseases in children</b> , their identification/ diagnosis, nursing management in hospital, in home, control & prevention:		
			• Tuberculosis		
			• Diphtheria		
			• Tetanus		
			• Pertussis		
			• Poliomyelitis		
			• Measles		
			• Mumps, and		
			Chickenpox		
			• HIV/AIDS		
			• Dengue fever		
			• COVID-19		
ш	10 (T)	Describe the management of	nt of problems in children discussion		<ul><li>Short answer</li><li>Objective type</li></ul>
		children with behavioral & social	Child Guidance clinic	• Field visits to child	<ul><li> Objective type</li><li> Assessment of</li></ul>
		problems	• Common behavior disorders in children and management		field reports
		Identify the social &	$\circ$ Enuresis and Encopresis	socially challenged	
		welfare services for challenged children	○ Nervousness		
		chanenged chharen	• Nail biting		
			• Thumb sucking		
			<ul> <li>Temper tantrum</li> <li>Stealing</li> </ul>		
			<ul> <li>Aggressiveness</li> </ul>		
			<ul> <li>Juvenile delinquency</li> </ul>		
			<ul> <li>School phobia</li> </ul>		
			• Learning disability		
			<ul> <li>Psychiatric disorders in children and management</li> </ul>		
			<ul> <li>Childhood schizophrenia</li> </ul>		
			<ul> <li>Childhood depression</li> </ul>		
			<ul> <li>Conversion reaction</li> </ul>		
			• Posttraumatic stress disorder		
			<ul> <li>Autistic spectrum disorders</li> </ul>		1

Uni	t Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul> <li>Eating disorder in children and management</li> </ul>		
			o Obesity		
			<ul> <li>Anorexia nervosa</li> </ul>		
			0 Bulimia		
			<ul> <li>Management of challenged children.</li> </ul>		
			• Mentally		
			$\circ$ Physically		
			• Socially		
			<ul> <li>Child abuse,</li> </ul>		
			• Substance abuse		
			• Welfare services for challenged children in India		

# CHILD HEALTH NUR CHILD HEALTH NURSING - II – CLINICAL PRACTICUM (1 Credit – 80 hours)

# Given under Child Health Nursing - I as I & II

## References

1. Ghai O.p. et al. (2000) Ghai's Essentials of Paediatrics. 1<sup>st</sup> edn. Mehta offset works. New Delhi.

2. Marlow Dorothy & Redding. (2001) Textbook of Paed. Nsg. 6<sup>th</sup> edn. Harbarcourt India ltd. New Delhi

3. Parthsarathy et al. (2000) IAP Textbook of Paediatric Nsg. Jaypee bros., 2 nd ed. New Delhi.

4. Vishwanathan & Desai. (1999) Achar's Textbook of Paediatrics 3<sup>rd</sup> ed. Orient Longman.

Chennai.

5. Wong Dona et al. Whaley & Wong's Nursing care of infants & children.6th edn. Mosby co. Philadelphia.

6. Dr. C.S. Waghale, Principles and Practice of Clinical Pediatrics, Vora publication 1996

# MENTAL HEALTH NURSING - II

## PLACEMENT: VI SEMESTER

## THEORY: 1 Credit (40 Hours)

## PRACTICUM: Clinical: 2 Credits (160 Hours)

**DESCRIPTION:** This course is designed to provide the students with basic understanding and skills essential to meetpsychiatric emergencies and perform the role of community mental health nurse.

**COMPETENCIES:** On completion of the course, the students will be able to

- 1. Apply nursing process in providing care to patients with substance use disorders, and personality and sexual disorders.
- 2. Apply nursing process in providing care to patients with behavioural and emotional disorders occurring duringchildhood and adolescence.
- 3. Apply nursing process in providing care to patients with organic brain disorders.
- 4. Identify and respond to psychiatric emergencies.
- 5. Carry out crisis interventions during emergencies under supervision.
- 6. Perform admission and discharge procedures as per MHCA 2017.
- 7. Explore the roles and responsibilities of community mental health nurse in delivering community mental health services.

#### COURSE OUTLINE

## T – Theory

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
Ι	6 (T) 6 (T)	Describe the etiology, psycho- dynamics, clinical manifestations, diagnostic criteria and management of patients with substance use disorders Describe the etiology, psycho- dynamics, clinical manifestations, diagnostic criteria and management of patients with personality, and sexual disorders	<ul> <li>Nursing Management of Patients with Substance Use Disorders</li> <li>Prevalence and incidence</li> <li>Commonly used psychotropic substance: classifications, forms, routes, action, intoxication and withdrawal</li> <li>Psychodynamics/etiology of substance use disorder (Terminologies: Substance Use, Abuse, Tolerance, Dependence, Withdrawal)</li> <li>Diagnostic criteria/formulations</li> <li>Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay</li> <li>Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction, Brief interventions, MET, refusal skills, maintenance therapy) and nursing management of patients with substance use disorders</li> <li>Special considerations for vulnerable population</li> <li>Follow-up and home care and rehabilitation</li> <li>Nursing Management of Patient with Personality and Sexual Disorders</li> <li>Prevalence and incidence</li> <li>Classification of disorders</li> <li>Etiology, psychopathology, characteristics, diagnosis</li> <li>Nursing Assessment: History, Physical and mental health assessment</li> <li>Treatment modalities and nursing management of patients with personality, and sexual disorders</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation</li> </ul>	<ul> <li>Lecture cum discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul> I Lecture cum discussion <ul> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay</li> <li>Short answer</li> <li>Assessment of patient management problems</li> <li>Essay</li> <li>Short answer</li> <li>Assessment of patient management problems</li> </ul>
Ш	8 (T)	Describe the etiology, psycho- pathology, clinical manifestations, diagnostic criteria and management of childhood and adolescent disorders including mental deficiency	<ul> <li>Nursing Management of Behavioural &amp; Emotional Disorders occurring during Childhood and Adolescence (Intellectual disability, autism, attention deficit, hyperactive disorder, eating disorders, learning disorder)</li> <li>Prevalence and incidence</li> <li>Classifications</li> <li>Etiology, psychodynamics, Characteristics, diagnostic criteria/formulations</li> </ul>	<ul> <li>Lecture cum discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay</li> <li>Short answer</li> <li>Assessment of patient management problems</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
			<ul> <li>Nursing Assessment: History, Physical, mental status examination and IQ assessment</li> </ul>		
			<ul> <li>Treatment modalities and nursing management of childhood disorders including intellectual disability</li> </ul>		
			<ul> <li>Follow-up and home care and rehabilitation</li> </ul>		
IV	5 (T) Describe the etiology, psycho- pathology, clinical	Nursing Management of Organic Brain Disorders (Delirium, Dementia, amnestic disorders)	<ul> <li>Lecture cum discussion</li> <li>Case discussion</li> </ul>	<ul><li>Essay</li><li>Short answer</li></ul>	
		manifestations, diagnostic criteria	• Prevalence and incidence	Case presentation	• Assessment of patient
		and management of	Classification	-	management
		organic brain disorders.	<ul> <li>Etiology, psychopathology, clinical features, diagnosis and Differential diagnosis</li> </ul>	Clinical practice	problems
			<ul> <li>Nursing Assessment: History, Physical, mental and neurological assessment</li> </ul>		
			<ul> <li>Treatment modalities and nursing management of organic brain disorders</li> </ul>		
			• Follow-up and home care and rehabilitation		
v	6 (T)	Identify psychiatric emergencies and	Psychiatric Emergencies and Crisis Intervention	Lecture cum discussion	<ul><li>Short answer</li><li>Objective type</li></ul>
		carry out crisis intervention	• Types of psychiatric emergencies (attempted suicide, violence/ aggression,	• Case discussion	J
			stupor, delirium tremens and other	<ul><li>Case presentation</li><li>Clinical practice</li></ul>	
			<ul> <li>Maladaptive behaviour of individual and groups, stress, crisis and disaster(s)</li> </ul>		
			• Types of crisis		
			• Crisis intervention: Principles, Techniques and Process		
			- Stress reduction interventions as per stress adaptation model		
			- Coping enhancement		
¥ / ¥	4 (TT)		- Techniques of counseling	-	
VI	4 (T)	Explain legal aspects applied in	Legal Issues in Mental Health Nursing	Lecture cum discussion	• Short answer
		mental health settings and role of	<ul> <li>Overview of Indian Lunacy Act and The Mental Health Act 1987</li> </ul>	Case discussion	• Objective type
		the nurse	(Protection of Children from Sexual Offence) POSCO Act		
			Mental Health Care Act (MHCA) 2017		
			• Rights of mentally ill clients		
			<ul> <li>Forensic psychiatry and nursing</li> </ul>		
			• Acts related to narcotic and psychotropic substances and illegal drug trafficking		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
VII	5 (T)	Describe the model	<ul> <li>Admission and discharge procedures as per MHCA 2017</li> <li>Role and responsibilities of nurses in implementing MHCA 2017</li> <li>Community Mental Health Nursing</li> </ul>	Lecture cum	Short answer
	5(1)	of preventive psychiatry Describe Community Mental health services and role of the nurse	<ul> <li>Development of Community Mental Health Services:</li> <li>National mental health policy viz. National Health Policy</li> <li>National Mental Health Program</li> <li>Institutionalization versus Deinstitutionalization</li> <li>Model of Preventive psychiatry</li> <li>Mental Health Services available at the primary, secondary, tertiary levels including rehabilitation and nurses' responsibilities</li> <li>Mental Health Agencies: Government and voluntary, National and International</li> <li>Mental health nursing issues for special populations: Children, Adolescence, Women Elderly, Victims of violence and abuse, Handicapped, HIV/AIDS etc.</li> </ul>	<ul> <li>Lecture cum discussion</li> <li>Clinical/ field practice</li> <li>Field visits to mental health service agencies</li> </ul>	<ul> <li>Snort answer</li> <li>Objective type</li> <li>Assessment of the field visit reports</li> </ul>

# CLINICAL PRACTICUM – 2 Credits (80 hours)

Clinical Practicum for Mental Health Nursing - I & II are given under Mental Health Nursing

- I Clinical Practicum

# MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING - I including SBA module

## PLACEMENT: VI SEMESTER

THEORY: 3 Credits (60 hours)

PRACTICUM: Skill Lab: 1 Credit (40 hours); Clinical: 3 Credits (240 hours)

**DESCRIPTION:** This course is designed for students to develop knowledge and competencies on the concepts and principles of midwifery. It helps them to acquire knowledge and skills in rendering respectful maternity care to woman during antenatal, intranatal and postnatal periods in hospitals and community settings. It further helps to develop skills in managing normal neonates and participate in family welfare programs.

**COMPETENCIES:** On completion of the program, the students will be able to

- 1. Demonstrate professional accountability for the delivery of nursing care as per INC standards/ICM competencies that are consistent with moral, altruistic, legal, ethical, regulatory and humanistic principles in midwifery practice.
- 2. Communicate effectively with individuals, families and professional colleagues fostering mutual respect and shareddecision making to enhance health outcomes.
- 3. Recognize the trends and issues in midwifery and obstetrical nursing.
- 4. Review and describe the anatomy and physiology of human reproductive system and conception.
- 5. Describe and apply physiology in the management of normal pregnancy, birth and puerperium.
- 6. Demonstrate competency in providing respectful and evidence based maternity care for women during the antenatal,intranatal and postnatal period.
- 7. Uphold the fundamental human rights of individuals when providing midwifery care.
- 8. Promote physiologic labour and birth, and conduct normal childbirth.
- 9. Provide evidence based essential newborn care.
- 10. Apply nursing process approach in caring for women and their families.
- 11. Describe the methods of contraception and role of nurse/midwife in family welfare services.
- 12. Recognize the importance of and actively participate in family welfare programs.
- 13. Provide youth friendly health services and care for women affected by gender based violence.

#### COURSE OUTLINE

#### T – Theory, SL/L – Skill Lab/Lab, C – Clinical

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
I	8 (T)	Explain the history and current scenario of midwifery in India Review vital health	Current scenario:	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Role play</li> <li>Directed reading and assignment: ICM competencies</li> <li>Scenario based learning</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> <li>Essay</li> <li>Quiz</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
	(1115)	indicators	Neonatal Mortality Rate, perinatal		
			mortality rate, fertility rates		
		Describe the various	<ul> <li>Maternal death audit</li> <li>National health programs related to RMNCH+A (Reproductive Maternal Newborn and Child Health + Adolescent Health)</li> </ul>		
		national health programs related to	Current trends in midwifery and OBG nursing:		
		RMNCH+A	<ul> <li>Respectful maternity and newborn care (RMNC)</li> </ul>		
		Identify the trends	• Midwifery-led care units (MLCU)		
		and issues in midwifery	• Women centered care, physiologic birthing and demedicalization of birth		
			<ul> <li>Birthing centers, water birth, lotus birth</li> </ul>		
			<ul> <li>Essential competencies for midwifery practice (ICM)</li> </ul>		
			• Universal rights of child-bearing women		
			<ul> <li>Sexual and reproductive health and rights</li> </ul>		
			• Women's expectations & choices about care		
			Legal provisions in midwifery practice in India:		
			• INC/MOH&FW regulations		
			• ICM code of ethics		
			• Ethical issues in maternal and neonatal care		
		Discuss the legal and	• Adoption laws, MTP act, Pre- Natal Diagnostic Test (PNDT) Act, Surrogate mothers		
		ethical issues relevant to midwifery practice	• Roles and responsibilities of a midwife/Nurse practitioner midwife in different settings (hospital/ community)		
			• Scope of practice for midwives		
II	6 (T)	Review the	Anatomy and physiology of human reproductive system and conception	• Lecture	• Quiz
	3 (L)	anatomy and physiology of human	(Maternal, Fetal & Newborn	<ul> <li>Discussion</li> </ul>	• Short answer
		reproductive system	physiology) Review:	<ul> <li>Self-directed learning</li> </ul>	• Essay
			• Female organs of reproduction	• Models	
			• Female pelvis – bones, joints, ligaments, planes, diameters, landmarks, inclination, pelvic variations	• Videos & films	
			• Foetal skull – bones, sutures,		

	'ime Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
			<ul> <li>fontanelles, diameters, moulding</li> <li>Fetopelvic relationship</li> <li>Physiology of menstrual cycle, menstrual hygiene</li> <li>Fertilization, conception and implantation</li> <li>Embryological development</li> <li>Placental development and function, placental barrier</li> <li>Fetal growth and development</li> <li>Fetal circulation &amp; nutrition</li> </ul>		
10		Provide preconception care to eligible couples Describe the physiology, assessment and management of normal pregnancy Demonstrate knowledge, attitude and skills of midwifery practice throughout	Assessment and management of normal pregnancy (ante-natal):         Pre-pregnancy Care         • Review of sexual development (Self Learning)         • Socio-cultural aspects of human sexuality (Self Learning)         • Preconception care         • Pre-conception counseling (including awareness regarding normal birth) Genetic counseling (Self Learning)         • Planned parenthood         Pregnancy assessment and antenatal care (I, II & III Trimesters)         Normal pregnancy         • Physiological changes during pregnancy         • Assess and confirm pregnancy: Diagnosis of pregnancy – Signs, differential diagnosis and confirmatory tests         • Review of maternal nutrition & malnutrition         • Building partnership with women following RMC protocol         • Fathers' engagement in maternity care         Ante-natal care:         I <sup>st</sup> Trimesters         • Antenatal assessment: History taking, physical examination, breast examination, laboratory investigation         • Identification and management of minor discomforts of pregnancy	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Self-Learning</li> <li>Health talk</li> <li>Role play</li> <li>Counseling session</li> <li>Case discussion/ presentation</li> <li>Simulation</li> <li>Supervised clinical practice</li> <li>Refer SBA module &amp; Safe motherhood</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Case study evaluation</li> <li>OSCE</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
		trimesters	Antenatal care : as per GoI guidelines	booklet	
			• Antenatal counseling (lifestyle changes, nutrition, shared decision making, risky behavior, sexual life during pregnancy, immunization etc.)	• Lab tests – performance and interpretation	
			<ul> <li>Danger signs during pregnancy</li> </ul>	<ul> <li>Demonstration</li> </ul>	
			<ul> <li>Respectful care and compassionate communication</li> </ul>	• Roleplay	
			• Recording and reporting: as per the GoI guidelines		
			Role of Doula/ASHAs		
			II Trimester		
			<ul> <li>Antenatal assessment: abdominal palpation, fetal assessment, auscultate fetal heart rate – Doppler and pinnard's stethoscope</li> </ul>		
			<ul> <li>Assessment of fetal well-being: DFMC, biophysical profile, Non stress test, cardio-tocography, USG, Vibro acoustic stimulation, biochemical tests.</li> </ul>		
			Antenatal care		
			• Women centered care	<ul> <li>Demonstration of</li> </ul>	
			• Respectful care and compassionate communication	antenatal assessment	
			• Health education on IFA, calcium and vitamin D supplementation, glucose tolerance test, etc.		
			<ul> <li>Education and management of physiological changes and discomforts of 2<sup>nd</sup> trimester</li> </ul>		
			• Rh negative and prophylactic anti D		
			• Referral and collaboration, empowerment		
			Ongoing risk assessment		
			Maternal Mental Health		
			III Trimester		
			• Antenatal assessment: abdominal palpation, fetal assessment, auscultate fetal heart rate – Doppler and pinnard's stethoscope		
			<ul> <li>Education and management of physiological changes and discomforts of 3<sup>rd</sup> trimester</li> </ul>		
			• Third trimester tests and screening		
			• Fetal engagement in late pregnancy		
			Childbirth preparation classes		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods	
			Birth preparedness and complication readiness including micro birth planning			
			<ul> <li>Danger signs of pregnancy – recognition of ruptured membranes</li> </ul>			
			<ul> <li>Education on alternative birthing positions – women's preferred choices, birth companion</li> </ul>	<ul> <li>Scenario based learning</li> <li>Lecture</li> </ul>		
			Ongoing risk assessment	Simulation		
			Cultural needs			
			Women centered care	• Role play		
			Respectful and compassionate	<ul> <li>Refer GoI Guidelines</li> </ul>		
			communication	• Health talk		
			<ul> <li>Health education on exclusive breastfeeding</li> </ul>	• Counseling session		
			Role of Doula/ASHA's	<ul> <li>Demonstration of birthing positions</li> </ul>		
				• Workshop on alternative birthing positions		
IV	12 (T)	Apply the physiology	Physiology, management and care	• Lecture	• Essay type	
	12 (L)	of labour in promoting normal	during labour	Discussion	<ul><li>Short answer</li><li>Objective type</li></ul>	
	80 (C)		Normal labour and birth	• Demonstration		
		Describe the	• Case discussion/	Bedside clinics		
				Case discussion/	<ul> <li>Case study evaluation</li> </ul>	
		management and care during labour	• Stages of labour	<ul> <li>presentation</li> <li>Simulated practice</li> <li>Supervised Clinical practice – Per vaginal</li> </ul>	<ul> <li>Assessment of skills with check list</li> <li>OSCE</li> </ul>	
			• Organization of labour room – Triage, preparation for birth			
			• Positive birth environment			
		Discuss how to	•	Respectful care and communication	vaginal examination,	
			<ul> <li>Drugs used in labour as per GoI guidelines</li> </ul>	Conduction of normal childbirth		
			Fist Stage	• Refer SBA module		
			Physiology of normal labour	• LaQshya		
		environment for labour	Partograph/labour care guide • Dakshata	<ul> <li>Dakshata</li> </ul>		
			• Assessing and monitoring fetal well being	guidelines		
			• Evidence based care during 1st stage of labour			
		Work effectively for pain management	• Pain management in labour (non- pharmacological)			
		during labour	<ul> <li>Psychological support – Managing fear</li> </ul>			
			• Activity and ambulation during first stage of labour			

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
			Nutrition during labour		
			<ul> <li>Promote positive childbirth experience for women</li> </ul>		
			Birth companion		
			Role of Doula/ASHA's		
			Second stage		
			<ul> <li>Physiology (Mechanism of labour)</li> </ul>	• Refer ENBC,	
			• Signs of imminent labour	NSSK module	
		Discuss how the	Intrapartum monitoring	• Demonstration	
		midwife provides care and support for the	• Birth position of choice	Group work	
		women during birth to	Vaginal examination	Scenario based learning	
		enhance physiological birthing and promote	<ul> <li>Psychological support</li> </ul>	learning	
		normal birth	Non-directive coaching		
		Assess and provide care of the newborn	<ul> <li>Evidence based management of physiological birth/Conduction of normal childbirth</li> </ul>		
		immediately	• Essential newborn care (ENBC)		
		following birth	• Immediate assessment and care of the newborn		
			Role of Doula/ASHA's		
			Third Stage		
			• Physiology – placental separation and expulsion, hemostasis	• Simulation	
			<ul> <li>Physiological management of third stage of labour</li> </ul>	<ul><li> Role play</li><li> Demonstration</li></ul>	
			• Active management of third stage of labour (recommended)	• Videos	
			• Examination of placenta, membranes and vessels		
			<ul> <li>Assess perineal, vaginal tear/ injuries and suture if required</li> </ul>		
			Insertion of postpartum IUCD		
			Immediate perineal care		
			• Initiation of breast feeding		
			Skin to skin contact		
			Newborn resuscitation		
			Fourth Stage		
		Discuss the impact of labour and birth as a transitional event in the woman's life	Observation, Critical Analysis and Management of mother and newborn		
			<ul> <li>Maternal assessment, observation fundal height, uterine consistency, urine output, blood loss</li> </ul>		
			• Documentation and Record of birth		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
	()		<ul> <li>Breastfeeding and latching</li> </ul>		
		Ensure initiation of	<ul> <li>Managing uterine cramp</li> </ul>		
		breast feeding and adequate latching	<ul> <li>Alternative/complementary therapies</li> </ul>		
		adequate fatching	• Role of Doula/ASHA's		
			<ul> <li>Various childbirth practices</li> </ul>		
			• Safe environment for mother and newborn to promote bonding		
			<ul> <li>Maintaining records and reports</li> </ul>		
V	7 (T)	Describe the	Postpartum care/Ongoing care of	Lecture	• Essay type
	6 (L)	physiology,	women	<ul> <li>Discussion</li> </ul>	• Short answer
	40 (C)	management and care of normal puerperium	• Normal puerperium – Physiology,	<ul> <li>Demonstration</li> </ul>	<ul> <li>Objective</li> </ul>
			duration	<ul> <li>Health talk</li> </ul>	type
			<ul> <li>Post-natal assessment and care – facility and home-based care</li> </ul>	<ul> <li>Simulated</li> </ul>	<ul> <li>Assessment of skills with</li> </ul>
			• Perineal hygiene and care	practice	checklist
			Bladder and bowel function	• Supervised	• OSCE
			<ul> <li>Minor disorders of puerperium and its management</li> </ul>	<ul><li>clinical practice</li><li>Refer SBA module</li></ul>	
			<ul> <li>Physiology of lactation and lactation management</li> </ul>		
			<ul> <li>Postnatal counseling and psychological support</li> </ul>		
			<ul> <li>Normal postnatal baby blues and recognition of post-natal depression</li> </ul>		
			• Transition to parenthood		
			• Care for the woman up to 6 weeks after childbirth		
			• Cultural competence (Taboos related to postnatal diet and practices)		
			• Diet during lactation-review		
			Post-partum family planning		
			• Follow-up of postnatal mothers		
			• Drugs used in the postnatal period		
			• Records and reports		
VI	· · ·	Discuss the need for	Assessment and ongoing care of	Lecture	• Essay type
		and provision of compassionate, family	normal neonates	<ul> <li>Discussion</li> </ul>	• Short answer
		centered midwifery	• Family centered care	Demonstration	<ul> <li>Objective</li> </ul>
		care of the newborn	<ul> <li>Respectful newborn care and communication</li> </ul>	• Simulated	type
		Describe the assessment and care	<ul> <li>Normal Neonate – Physiological adaptation</li> </ul>	<ul><li>practice session</li><li>Supervised</li></ul>	<ul> <li>Assessment of skills with checklist</li> </ul>
		of normal neonate	<ul> <li>Newborn assessment – Screening for congenital anomalies</li> </ul>	<ul><li>clinical practice</li><li>Refer safe deliver</li></ul>	• OSCE
			• Care of newborn up to 6 weeks after	app module – newborn	

Unit	Time	Learning Outcomes	Content	Teaching/Learning Activities		Assessment Methods
	(Hrs)			Acuviues	L	wiethous
			<ul><li>the childbirth (Routine care of newborn)</li><li>Skin to skin contact and thermoregulation</li></ul>	<ul><li>management</li><li>Partial completion of SBA module</li></ul>		
			<ul> <li>Infection prevention</li> </ul>			
			• Immunization			
			<ul> <li>Minor disorders of newborn and its management</li> </ul>			
VII		Explain various	Family welfare services	• Lecture	•	Essay type
		methods of family planning and role of	• Impact of early/frequent childbearing	*	•	Short answers
	40 (C)	nurse/midwife in providing family	<ul> <li>Comprehensive range of family planning methods</li> </ul>	<ul><li>practice</li><li>Field visits</li></ul>	•	Objective type
		planning services	<ul> <li>○ Temporary methods – Hormonal, non-hormonal and barrier methods</li> </ul>	<ul> <li>Scenario based learning</li> </ul>	•	Field visit reports
			<ul> <li>Permanent methods – Male sterilization and female sterilization</li> </ul>	Discussion	•	Vignettes
			<ul> <li>Action, effectiveness, advantages, disadvantages, myths, misconception and medical eligibility criteria (MEC) for use of various family planning methods</li> </ul>	• GoI guidelines – injectable contraceptives, oral contraceptives, IUCD, male and female sterilization		
			Emergency contraceptives			
			<ul> <li>Recent trends and research in contraception</li> </ul>			
			<ul> <li>Family planning counseling using Balanced Counseling Strategy (BCS)</li> </ul>			
			• Legal and rights aspects of FP			
			<ul> <li>Human rights aspects of FP adolescents</li> </ul>			
			• Youth friendly services – SRHR services, policies affecting SRHR and attitude of nurses and midwives in provision of services (Review)			
			• Importance of follow up and recommended timing			
			Gender related issues in SRH			
		Describe youth friendly services and role of nurses/	• Gender based violence – Physical, sexual and abuse, Laws affecting GBV and role of nurse/midwife			
	midwives	<ul><li>Special courts for abused people</li><li>Gender sensitive health services</li></ul>				
		Recognize the role of nurses/midwives in gender based violence	including family planning			

#### PRACTICUM

#### PLACEMENT: VI & VII SEMESTER

#### VI SEMESTER: MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING - I

SKILL LAB & CLINICAL: Skill Lab - 1 Credit (40 hours); Clinical - 3 Credits (240 hours)

**PRACTICE COMPETENCIES:** On completion of the course, the students will be able to:

- 1. Counsel women and their families on pre-conception care
- 2. Demonstrate lab tests ex. urine pregnancy test
- 3. Perform antenatal assessment of pregnant women
- 4. Assess and care for normal antenatal mothers
- 5. Assist and perform specific investigations for antenatal mothers
- 6. Counsel mothers and their families on antenatal care and preparation for parenthood
- 7. Conduct childbirth education classes
- 8. Organize labour room
- 9. Prepare and provide respectful maternity care for mothers in labour
- 10. Perform per-vaginal examination for a woman in labour if indicated
- 11. Conduct normal childbirth with essential newborn care
- 12. Demonstrate skills in resuscitating the newborn
- 13. Assist women in the transition to motherhood
- 14. Perform postnatal and newborn assessment
- 15. Provide care for postnatal mothers and their newborn
- 16. Counsel mothers on postnatal and newborn care
- 17. Perform PPIUCD insertion and removal
- 18. Counsel women on family planning and participate in family welfare services
- 19. Provide youth friendly health services
- 20. Identify, assess, care and refer women affected with gender based violence

SKILL LAB: Procedures/Skills for demonstration and return demonstration:

- 1. Urine pregnancy test
- 2. Calculation of EDD, Obstetrical score, gestational weeks
- 3. Antenatal assessment
- 4. Counseling antenatal mothers
- 5. Micro birth planning
- 6. PV examination
- 7. Monitoring during first stage of labour Plotting and interpretation of partograph
- 8. Preparation for delivery setting up labour room, articles, equipment
- 9. Mechanism of labour normal
- 10. Conduction of normal childbirth with essential newborn care
- 11. Active management of third stage of labour
- 12. Placental examination
- 13. Newborn resuscitation
- 14. Monitoring during fourth stage of labour
- 15. Postnatal assessment

- 16. Newborn assessment
- 17. Kangaroo mother care
- 18. Family planning counseling
- 19. PPIUCD insertion and removal

Clinical Area	Duration (weeks)	Clinical Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
		-			
Labour room	3 weeks	Monitor labour using partograph Provide care to women during labour Conduct normal childbirth, provide care to mother and immediate care of newborn	<ul> <li>Assessment of woman in labour</li> <li>Partograph</li> <li>Per vaginal examination when indicated</li> <li>Care during first stage of labour</li> <li>Pain management techniques</li> <li>Upright and alternative positions in labour</li> <li>Preparation for labour – articles, physical, psychological</li> <li>Conduction of normal childbirth</li> <li>Essential newborn care</li> <li>Newborn resuscitation</li> <li>Active management of third stage of labour</li> <li>Monitoring and care during fourth stage of labour</li> </ul>	<ul> <li>Partograph recording</li> <li>PV examination</li> <li>Assisting/ Conduction of normal childbirth</li> <li>Case study</li> <li>Case presentation</li> <li>Episiotomy and suturing if indicated</li> <li>Newborn resuscitation</li> </ul>	<ul> <li>Assignment</li> <li>case study</li> <li>Case presentation</li> <li>OSCE</li> </ul>
Post- partum clinic and Postnatal Ward including FP unit	2 weeks	Perform postnatal assessment Provide care to normal postnatal mothers and newborn	<ul> <li>Postnatal assessment</li> <li>Care of postnatal mothers – normal</li> <li>Care of normal newborn</li> <li>Lactation management</li> </ul>	<ul> <li>Postnatal assessment</li> <li>Newborn assessment</li> <li>Case study</li> </ul>	<ul> <li>Assignment</li> <li>Case study</li> <li>Case presentation</li> </ul>

Clinical Area	Clinical Learning Outcomes	<u>r</u>	Clinical Requirements	Assessment Methods
	Provide postnatal counseling	<ul> <li>Postnatal counseling</li> <li>Health teaching on postnatal and newborn care</li> <li>Family welfare counseling</li> </ul>	<ul> <li>Case presentation</li> <li>PPIUCD insertion &amp; removal</li> </ul>	

Note: Partial Completion of SBA module during VI semester

#### VII SEMESTER

#### MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING - II

#### PRACTICUM

SKILL LAB & CLINICAL: Skill Lab – 1 Credit (40 hours); Clinical – 4 Credits (320 hours)

**PRACTICE COMPETENCIES:** On completion of the course, the students will be able to:

- 1. Identify, stabilize and refer antenatal women with complications
- 2. Provide care to antenatal women with complications
- 3. Provide post abortion care& counselling
- 4. Assist in the conduction of abnormal vaginal deliveries and caesarean section.
- 5. Demonstrate skills in resuscitating the newborn
- 6. Assist and manage complications during labour
- 7. Identify postnatal and neonatal complications, stabilize and refer them
- 8. Provide care for high risk antenatal, intranatal and postnatal women and their families using nursing process approach
- 9. Provide care for high risk newborn
- 10. Assist in advanced clinical procedures in midwifery and obstetric nursing
- 11. Provide care for women during their non childbearing period.
- 12. Assess and care for women with gynecological disorders
- 13. Demonstrate skills in performing and assisting in specific gynecological procedures
- 14. Counsel and care for couples with infertility

SKILL LAB: Procedures/Skills for demonstration and return demonstration:

- 1. Antenatal assessment and identification of complications
- 2. Post abortion care & counseling
- 3. Counseling antenatal women for complication readiness
- 4. Mechanism of labour abnormal
- 5. Assisting in the conduction of abnormal vaginal deliveries and caesarean section.
- 6. Management of complications during pregnancy/labour/post partum (case studies/simulated scenarios)
- 7. Administration of Inj. Magnesium sulphate
- 8. Starting and maintaining an oxytocin drip for PPH
- 9. Management of PPH Bimanual compression of uterus
- 10. Management of PPH Balloon tamponade
- 11. Instruments used in obstetrics and gynecology
- 12. Visual inspection of cervix with acetic acid
- 13. Cervical biopsy
- 14. Breast examination
- 15. Counseling of infertile couples

Clinical Areas	Duration (Weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Antenatal OPD/ infertility clinics/ Reproductive medicine and antenatal ward	2 weeks	Perform/assist in selected advanced antenatal diagnostic procedures Provide antenatal care for women with complications of pregnancy Counsel antenatal mothers Provide post abortion care and postnatal counselling	<ul> <li>Kick chart, DFMC</li> <li>Assist in NST/CTG/USG</li> <li>Assisting in advanced diagnostic procedures</li> <li>Care of antenatal women with complications in pregnancy</li> <li>Antenatal counselling</li> <li>Preparation for childbirth, Birth preparedness and complication readiness</li> <li>Post abortion care</li> <li>Post abortion counselling</li> </ul>	<ul> <li>Antenatal palpation</li> <li>Health talk</li> <li>Case study</li> </ul>	<ul> <li>Simulation</li> <li>Case presentation</li> <li>OSCE</li> </ul>
		Provide counselling and support to infertile couples	<ul> <li>Counselling infertile couples</li> </ul>		
Labour room	2 weeks	Conduction of normal chidlbirth Conduct/assist in abnormal deliveries Monitor labour using partograph Identify and manage complications during labour	<ul> <li>Assessment of woman in labour</li> <li>Partograph</li> <li>Pervaginal examination if indicated</li> <li>Obstetric examination</li> <li>Care during first stage of labour</li> <li>Pain management techniques</li> <li>Upright and alternative positions in labour</li> <li>Preparation for labour – articles, physical, psychological</li> <li>Conduction of normal childbirth</li> <li>Essential newborn care</li> <li>Newborn resuscitation</li> <li>Active management of third stage of labour</li> <li>Monitoring and care during fourth stage of labour</li> <li>Identification, stabilization, referal and assisting in management of prolonged labour, cervical dystocia, CPD, contracted pelvis</li> <li>Assist in the management of</li> </ul>	<ul> <li>Partograph recording</li> <li>Pain management during labour</li> <li>Conduction of normal childbirth</li> <li>Assisting in abnormal deliveries</li> <li>Managing complication during labour</li> <li>Case study</li> <li>Case presentation</li> </ul>	<ul> <li>Assignment</li> <li>Case study</li> <li>Case presentation</li> <li>Simulation</li> <li>OSCE</li> </ul>

Clinical Areas	Duration (Weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
			abnormal deliveries – posterior position, breech deliveries, twin deliveries, vacuum extraction, forceps delivery, shoulder dystocia		
			<ul> <li>Assist in cervical encerclage procedures, D&amp;C, D&amp;E</li> </ul>		
			• Identify, assist and manage trauma to the birth canal, retained placenta, post partum hemorrhage, uterine atony		
			• Management of obstetric shock		
Postnatal Ward	1 week	Perform postnatal assessment and identify postnatal complications Provide postnatal care	<ul><li>physical examination</li><li>Identify postnatal complications</li></ul>	<ul> <li>Health talk</li> <li>Postnatal assessment</li> <li>Newborn assessment</li> </ul>	<ul> <li>Role play</li> <li>Assignment</li> <li>Case study</li> <li>Case presentation</li> </ul>
			<ul> <li>Care of postnatal mothers – abnormal deliveries, caesarean section</li> <li>Care of normal newborn</li> </ul>	<ul><li>Case studies</li><li>Case presentation</li></ul>	<ul><li>Simulation</li><li>Vignettes</li></ul>
			<ul> <li>Care of normal newborn</li> <li>Lactation management</li> <li>Postnatal counselling</li> </ul>	• PPIUCD insertion and removal	• OSCE
		Provide family welfare services	<ul> <li>Health teaching on postnatal and newborn care</li> <li>Family welfare counselling</li> </ul>		
Neonatal Intensive Care Unit	1week	Perform assessment of newborn and identify complications/congenital anomalies Perform neonatal resuscitation	<ul> <li>Neonatal assessment – identification of complication,</li> </ul>	<ul> <li>Case study</li> <li>Case presentation</li> <li>Assignments</li> <li>Simulated</li> </ul>	<ul> <li>Case presentation</li> <li>Care study</li> <li>Care plan</li> <li>Simulation,</li> </ul>
		Care of high risk newborn	<ul> <li>Phototherapy and management of jaundice in newborn</li> <li>Assist in Exchange transfusion</li> <li>Neonatal feeding – spoon and katori, paladai, NG tube</li> </ul>	practice	Vignettes • OSCE
		Provide care for newborns in ventilator, incubator etc	<ul> <li>Care of baby in incubator, ventilator, warmer</li> <li>Infection control in the nursery</li> </ul>		
		Assist/perform special neonatal procedures	<ul> <li>Neonatal medications</li> <li>Starting IV line for newborn, drug calculation</li> </ul>		
Obstetric/ Gynae operation theatre &	2weeks	Assist in gynecological and obstetric surgeries	<ul> <li>Observe/Assist in caesarean section</li> <li>Management of retained placenta</li> </ul>	Assisting in obstetric and gynecological surgery	<ul> <li>Assignment</li> <li>Tray set-up for obstetric and gynecological</li> </ul>
Gynecology			Futerita	• Tray set-up for	surgeries

Clinical	Duration	Learning Outcomes	Procedural Competencies/	Clinical	Assessment
Areas	(Weeks)		Clinical Skills	Requirements	Methods
Ward		Care for women with gynecological disorders	<ul> <li>Gynecological surgeries</li> <li>Hysterectomy</li> <li>Uterine rupture</li> <li>Care of women with gynecological conditions</li> <li>Health education</li> </ul>	section	<ul> <li>Case presentation</li> <li>Simulation</li> <li>Vignettes</li> </ul>

Note: Completion of safe delivery App module during VII Semester

# REFERENCE

- 1. DUTTA- -Text book of Obstetrics 4th Ed., -Text book of Gynecology 3rd ed.
- 2. C.S. DAWN- Textbook of Gynecology Contraception and Demography 13th ed.
- 3. BOBAK JENSEN- Essentials of Maternity Nursing 3rd ed.
- 4. LONGMAN Clinical Obstetrics 9th ed.
- 5. CAMPBELL -Gynecology by ten teachers 17th ed.
- 6. MYLES Text book of Midwifes 14th ed.

#### NURSING MANAGEMENT AND LEADERSHIP

#### PLACEMENT: VI Semester

THEORY: 3 Credits (60 hours) includes Lab/Skill Lab hours also

#### PRACTICUM: Clinical: 1 Credits (80 hours)

**DESCRIPTION:** This course is designed to enable students to acquire knowledge and competencies in areas of administration, and management of nursing services and education. Further prepares the students to develop leadership competencies and perform their role as effective leaders in an organization.

**COMPETENCIES:** On completion of the course, the students will be able to

- 1. Analyze the health care trends influencing development of nursing services and education in India.
- 2. Describe the principles, functions and process of management applied to nursing.
- 3. Develop basic understanding and beginning competencies in planning and organizing nursing services in a hospital.
- 4. Apply the concept of human resource management and identify the job description for all categories of nursing personnel including in service education.
- 5. Discuss the principles and methods of staffing and scheduling in an individual hospital/nursing unit.
- 6. Develop skill in management of materials and supplies including inventory control.
- 7. Develop team working and inter professional collaboration competencies.
- 8. Identify effective leadership styles and develop leadership competencies.
- 9. Utilize the knowledge of principles and line of control and participate in quality management and evaluation activities.
- 10. Utilize the knowledge related to financial planning in nursing services and education during budgetary process.

- 11. Apply the knowledge of nursing informatics in maintenance of records and reports relevant to patient information, nursing care and progress.
- 12. Demonstrate understanding of the INC guidelines for establishment and accreditation of educational institutions in terms of faculty norms, physical infrastructure and clinical facilities.
- 13. Demonstrate beginning competencies in planning, organizing and staffing at college including implementation and evaluation of curriculum.
- 14. Identify the legal issues and laws relevant to nursing practice and education.
- 15 Apply the knowledge and utilize the various opportunities for professional advancement.

#### **COURSE OUTLINE**

#### T – Theory

Unit	Time	Learning	Content	Teaching/ Learning Activities	Assessment
	(Hrs)	Outcomes			Methods
I	1 (T)	Explore the health care, development of nursing services and education in India and trends	<ul> <li>Health Care and Development of Nursing Services in India</li> <li>Current health care delivery system of India – review</li> <li>Planning and development of nursing services and education at global and national scenario</li> <li>Recent trends and issues of nursing service and management</li> </ul>	<ul> <li>Lecture cum discussion</li> <li>Directed reading and written assignment</li> </ul>	<ul> <li>Short answer</li> <li>Assessment of assignment</li> </ul>
П	2 (T)	Explain the principles and functions of management applied to nursing Describe the introductory concepts of management as a process	<ul><li>Directing/Leading</li><li>Controlling</li></ul>	• Lecture and discussion	<ul> <li>MCQ</li> <li>Short answer</li> </ul>
			MANAGEMENT OF NURSING SERVICES		
III	4 (T)	Describe the essential elements of planning	<ul> <li>Planning Nursing Services</li> <li>Vision, Mission, philosophy, objectives</li> <li>Nursing service policies, procedures and manuals</li> <li>Functional and operational planning</li> </ul>	<ul> <li>Lecture and Discussion</li> <li>Visit to specific hospital/ patient care units</li> <li>Demonstration of disaster drill in the respective setting</li> </ul>	<ul> <li>Formulate Mission &amp; Vision Statement for the nursing department/ unit</li> <li>Assessment</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul> <li>Strategic planning</li> <li>Program planning – Gantt chart &amp; milestone chart</li> <li>Budgeting – concepts, principles, types,</li> <li>Budget proposal, cost benefit analysis</li> <li>Planning hospital and patient care unit (Ward)</li> <li>Planning for emergency and disaster</li> </ul>		of problem- solving exercises • Visit Report
IV	4 (T)	Discuss the concepts of organizing including hospital organization	<ul> <li>Organizing</li> <li>Organizing as a process – assignment, delegation and coordination</li> <li>Hospital – types, functions &amp; organization</li> <li>Organizational development</li> <li>Organizational structure</li> <li>Organizational effectiveness</li> <li>Hospital administration, Control &amp; line of authority</li> <li>Hospital statistics including hospital utilization indices</li> <li>Nursing care delivery systems and trends</li> <li>Role of nurse in maintenance of effective organizational climate</li> </ul>	<ul> <li>Lecture cum discussion</li> <li>Comparison of organizational structure of various organizations</li> <li>Nursing care delivery systems – assignment</li> <li>Preparation of Organizational chart of hospital/ Nursing services</li> </ul>	<ul> <li>Short answer</li> <li>Assessment of assignment</li> </ul>
V	6 (T)	Identify the significance of human resource management (HRM) and material management and discuss its elements	<ul> <li>Staffing (Human resource management)</li> <li>Definition, objectives, components and functions</li> <li>Staffing &amp; Scheduling</li> <li>Staffing - Philosophy, staffing activities</li> <li>Recruiting, selecting, deployment</li> <li>Training, development, credentialing, retaining, promoting, transfer, terminating, superannuation</li> <li>Staffing units – Projecting staffing requirements/calculation of requirements of staff resources Nurse patient ratio, Nurse Population ratio as per SIU norms/IPH Norms, and Patient classification system</li> <li>Categories of nursing personnel including job description of all levels</li> <li>Assignment and nursing care responsibilities</li> </ul>	<ul> <li>Lecture and discussion</li> <li>Role play</li> <li>Games self-assessment, case discussion and practice session</li> <li>Calculation of staffing requirements for a specified ward</li> </ul>	<ul> <li>Formulate Job description at different levels of care &amp; compare with existing system</li> <li>Preparation of duty roster</li> </ul>

Unit	Time (Hrs)	2	Content	Teaching/ Learning Activities	Assessment Methods
Umit		Explain the procedural steps of material	<ul> <li>Turnover and absenteeism</li> <li>Staff welfare</li> <li>Discipline and grievances</li> <li>In-Service Education</li> <li>Nature and scope of in-service education program</li> <li>Principles of adult learning – review</li> <li>Planning and organizing in-service educational program</li> </ul>	• Visit to inventory store of the institution	
		Develop managerial skill in inventory control and actively participate in procurement process	<ul> <li>Methods, techniques and evaluation</li> <li>Preparation of report</li> <li>Material Resource Management</li> <li>Procurement, purchasing process, inventory control &amp; role of nurse</li> <li>Auditing and maintenance in hospital and patient care unit</li> </ul>		<ul> <li>Preparation o log book &amp; condemnation documents</li> <li>Visit Report</li> </ul>
VI	5 (T)	Describe the important methods of supervision and guidance	<ul> <li>Directing and Leading</li> <li>Definition, principles, elements of directing</li> <li>Supervision and guidance</li> <li>Participatory management</li> <li>Inter-professional collaboration</li> <li>Management by objectives</li> <li>Team management</li> <li>Assignments, rotations</li> <li>Maintenance of discipline</li> <li>Leadership in management</li> </ul>	<ul> <li>Lecture and discussion</li> <li>Demonstration of record &amp; report maintenance in specific wards/ departments</li> </ul>	<ul> <li>Assignment on Reports &amp; Records maintained in nursing department/</li> <li>Preparation o protocols and manuals</li> </ul>
VII	4 (T)	Discuss the significance and changing trends of nursing leadership Analyze the different leadership styles and develop leadership competencies	<ul> <li>Leadership</li> <li>Definition, concepts, and theories</li> <li>Leadership principles and competencies</li> <li>Leadership styles: Situational leadership, Transformational leadership</li> <li>Methods of leadership development</li> <li>Mentorship/preceptorship in nursing</li> <li>Delegation, power &amp; politics, empowerment, mentoring and coaching</li> <li>Decision making and problem solving</li> </ul>	<ul> <li>Lecture cum discussion</li> <li>Self-assessment</li> <li>Report on types of leadership adopted at different levels of health care in the given setting</li> <li>Problem solving/ Conflict management exercise</li> <li>Observation of managerial roles at different levels (middle level mangers-ward incharge, ANS)</li> </ul>	<ul> <li>Short answer</li> <li>Essay</li> <li>Assessment of exercise/report</li> </ul>

Unit	Time (Hrs)	0	Content	Teaching/ Learning Activities	Assessment Methods
	(1113)	Outcomes			wienous
			Conflict management and negotiation		
			<ul> <li>Implementing planned change</li> </ul>		
VIII	4 (T)	Explain the process of controlling and its activities	Controlling	Lecture cum discussion	• Assessment
			<ul> <li>Implementing standards, policies, procedures, protocols and practices</li> </ul>	<ul> <li>Preparation of policies/ protocols for nursing units/ department</li> </ul>	of prepared protocols
			<ul> <li>Nursing performance audit, patient satisfaction</li> </ul>		
			<ul> <li>Nursing rounds, Documentation – records and reports</li> </ul>		
			<ul> <li>Total quality management – Quality assurance, Quality and safety</li> </ul>		
			<ul> <li>Performance appraisal</li> </ul>		
			<ul> <li>Program evaluation review technique (PERT)</li> </ul>		
			• Bench marking, Activity plan (Gantt chart)		
			<ul> <li>Critical path analysis</li> </ul>		
IX	4 (T)	T) Explain the concepts of organizational behavior and group dynamics	Organizational Behavior and Human Relations	<ul> <li>Lecture and discussion</li> <li>Role play/ exercise – Group dynamics &amp; human relations</li> </ul>	Short answer
			<ul> <li>Concepts and theories of organizational behavior</li> </ul>		• OSCE
			Group dynamics		
			• Review – Interpersonal relationship		
			Human relations		
			<ul> <li>Public relations in the context of nursing</li> </ul>		
			<ul> <li>Relations with professional associations and employee unions</li> </ul>		
			<ul> <li>Collective bargaining</li> </ul>		
			<ul> <li>Review – Motivation and morale building</li> </ul>		
			<ul> <li>Communication in the workplace – assertive communication</li> </ul>		
			<ul> <li>Committees – importance in the organization, functioning</li> </ul>		
X	2 (T)	Describe the financial management related to nursing services	Financial Management	Lecture cum discussion	• Short answer
			• Definition, objectives, elements,	<ul> <li>Budget proposal review</li> <li>Preparation of budget proposal for a specific department</li> </ul>	• Essay
			functions, principles & scope of financial management		Assessment     of assignment
			• Financial planning (budgeting for nursing department)		
			• Proposal, projecting requirement for staff, equipment and supplies for – Hospital & patient care units & emergency and disaster units		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul><li>Budget and Budgetary process</li><li>Financial audit</li></ul>		
XI	1 (T)	Review the concepts, principles and methods and use of nursing informatics	<ul> <li>Nursing Informatics/ Information Management – Review</li> <li>Patient records</li> <li>Nursing records</li> <li>Use of computers in hospital, college and community</li> <li>Telemedicine &amp; Tele nursing</li> <li>Electronic Medical Records (EMR), EHR</li> </ul>	<ul><li> Review</li><li> Practice session</li><li> Visit to departments</li></ul>	• Short answer
XII	1 (T)	Review personal management in terms of management of emotions, stress and resilience	<ul> <li>Personal Management – Review</li> <li>Emotional intelligence</li> <li>Resilience building</li> <li>Stress and time management – destressing</li> <li>Career planning</li> <li>MANAGEMENT OF NURSING EDUCATIONAL INSTITUTIONS</li> </ul>	<ul><li>Review</li><li>Discussion</li></ul>	
XIII	4 (T)	Describe the process of establishing educational institutions and its accreditation guidelines		<ul> <li>Lecture and discussion</li> <li>Visit to one of the regulatory bodies</li> </ul>	Visit report
XIV	4 (T)	Explain the planning and organizing functions of a nursing college	<ul> <li>Planning and Organizing</li> <li>Philosophy, objectives and mission of the college</li> <li>Organization structure of school/college</li> <li>Review – Curriculum planning</li> <li>Planning teaching and learning experiences, clinical facilities – master plan, time table and clinical rotation</li> <li>Budget planning – faculty, staff, equipment &amp; supplies, AV aids, Lab equipment, library books, journals, computers and maintenance</li> <li>Infrastructure facilities – college, classrooms, hostel, library, labs,</li> </ul>	<ul> <li>Directed reading – INC Curriculum</li> <li>Preparation of organizational structure of the college</li> <li>Written assignment – writing philosophy of a teaching department</li> <li>Preparation of master plan, time table and clinical rotation</li> </ul>	<ul> <li>Short answer</li> <li>Essay</li> <li>Assessment of assignment</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			computer lab, transport facilities		
			• Records & reports for students, staff, faculty and administrative		
			<ul> <li>Committees and functioning</li> </ul>		
			<ul> <li>Clinical experiences</li> </ul>		
XV	4 (T)	Develop	Staffing and Student Selection	Guided reading on faculty	• Short answer
		understanding of staffing the college and selecting the students	<ul> <li>Faculty/staff selection, recruitment and placement, job description</li> </ul>	<ul><li>norms</li><li>Faculty welfare activities report</li></ul>	<ul><li>Activity report</li><li>Assessment</li></ul>
			Performance appraisal		
			Faculty development	<ul> <li>Writing job description of tutors</li> </ul>	of job description
			• Faculty/staff welfare		
			<ul> <li>Student recruitment, admission, clinical placement</li> </ul>		
XVI	4 (T)	Analyze the	Directing and Controlling	<ul> <li>Review principles of evaluation</li> </ul>	<ul> <li>Short answer</li> <li>Assessment of assignment and record</li> </ul>
		leadership and management activities in an educational organization	• Review – Curriculum implementation and evaluation	<ul> <li>Assignment – Identify disciplinary problems among students</li> <li>Writing student record</li> </ul>	
			<ul> <li>Leadership and motivation, supervision – review</li> </ul>		
			<ul> <li>Guidance and counseling</li> </ul>		
			<ul> <li>Quality management – educational audit</li> </ul>		
			<ul> <li>Program evaluation, evaluation of performance</li> </ul>		
			<ul> <li>Maintaining discipline</li> </ul>		
			<ul> <li>Institutional records and reports – administrative, faculty, staff and students</li> </ul>		
XVII		•	PROFESSIONAL CONSIDERATIONS		
			Review – Legal and Ethical Issues		
			<ul> <li>Nursing as a profession – Characteristics of a professional nurse</li> </ul>		
			<ul> <li>Nursing practice – philosophy, aim and objectives</li> </ul>		
			<ul> <li>Regulatory bodies – INC and SNC constitution and functions</li> </ul>		
			<b>Review – Professional ethics</b>		
			<ul> <li>Code of ethics and professional conduct – INC &amp; ICN</li> </ul>		
			<ul> <li>Practice standards for nursing – INC</li> </ul>		
			• International Council for Nurses (ICN)		
			Legal aspects in nursing:		
			• Consumer protection act, patient rights		
			• Legal terms related to practice, legal		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
XVIII	2 (T)	Explain various	<ul> <li>system – types of law, tort law &amp; liabilities</li> <li>Laws related to nursing practice – negligence, malpractice, breach, penalties</li> <li>Invasion of privacy, defamation of character</li> <li>Nursing regulatory mechanisms – registration, licensure, renewal, accreditation, nurse practice act, regulation for nurse practicioner/specialist nursing practice</li> <li>Professional Advancement</li> </ul>	<ul> <li>Prepare journal list available</li> </ul>	• Assessment
	2(1)	opportunities for professional	<ul> <li>Continuing Nursing Education</li> <li>Career opportunities</li> <li>Membership with professional organizations – national and international</li> <li>Participation in research activities</li> <li>Publications – journals, newspaper</li> </ul>	<ul> <li>Trepare journal list available in India</li> <li>Write an article – research/ clinical</li> </ul>	of assignments

Note: Less than 1 credit lab hours are not specified

# CLINICAL PRACTICUM

**Clinical:** 2 Credits (80 hours) 2 weeks  $\times$  40 hours per week = 80 hours

# **Practice Competencies:**

# Hospital

- 1. Prepare organizational chart of hospital/Nursing services/nursing department
- 2. Calculate staffing requirements for a particular nursing unit/ward
- 3. Formulate Job description at different levels of care
- 4. Prepare duty roster for staff/students at different levels
- 5. Participate in procuring/purchase of equipment & supplies
- 6. Prepare log book/MMF for specific equipment/materials
- 7. Maintain and store inventory and keep daily records
- 8. Prepare and maintain various records & reports of the settings incident reports/adverse reports/audit reports
- 9. Prepare and implement protocols & manuals

10 Participate in supervision, evaluation and conducting in service education for the staff

## **College & Hostel**

- 1. Prepare organizational chart of college
- 2. Formulate job description for tutors
- 3. Prepare Master plan, time table and clinical rotation
- 4. Prepare student anecdotes
- 5. Participate in planning, conducting and evaluation of clinical teaching
- 6. Participate in evaluation of students'clinical experience
- 7. Participate in planning and conducting practical examination OSCE end of posting

CLINICAL POSTING: Management experience in hospital & college.

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