

7.2.1 QIM: BEST PRACTICE 1

TITLE OF THE PRACTICE

Scientifica- 'Think Scientific.. Think Research..'

OBJECTIVES OF THE PRACTICE

- To indulge students in research environment
- To encourage students to indulge in innovations
- To provide an international platform for innovations

CONTEXT

This research based practice was started to provide students a platform to showcase their unique researches and innovations. In addition to this, various keynote lectures and panel discussions have been organised taking into consideration the recent advances in the field of physiotherapy.

THE PRACTICE

Germinating the seed of research in young minds was the aim of starting Scientifica. With its commencement in the 12th consecutive year in 2022, this research conference has harboured over 1000+ paper presentations and multiple keynote lectures over a decade of time. In the year of the pandemic, a virtual conference was held taking into consideration the safety of the participants.

It started out as a national platform for our budding researchers which went on to becoming internationally recognised. Each year, therapists from all over the world are invited to be a part of this conference. Eminent physiotherapists and professionals are invited as keynote speakers and for panel discussions. Various sponsorships are secured from different companies manufacturing instruments and aids used in physiotherapy which gives participants a chance to know about the ongoing and newly developed instruments.

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**



11/12, Thube Park, Shivajinagar, Pune - 411 005
(Id No. PU / PN / Physio / 122 / [1997])
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There is a special segment of student forum wherein quizzes are organised for the undergraduates as well as the postgraduates. Every participating college has one team each and at the end of this two day conference, the winner is declared. MadAds are also organised for the student forum where the participants are given an instrument or a technique and they are asked to prepare advertisements to sell the same.

EVIDENCE OF SUCCESS

This conference has been in practice for over a decade. With each year the number of participants have increased with the preceding year registering over 600 participants. Along with this 1000+ paper presentations have been conducted over a decade. Not only research papers but innovations have also become a part of Scientifica since 2015. The number of research innovations presented in the conference has increased on an average upto 10 per year.

The number of sponsorships have increased considerably over the past few years with companies like Vissco being a major part. According to the statistics report, the virtual conference held during the pandemic had the most number of registrations and paper presentations. The institute understood the need of the hour and for the first time in the history of this conference, it was held virtually with the number of participants only increasing exponentially.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Initially finding a location to accommodate the number of participants had been difficult. The institute does not have provisions for the stay of outstation participants. Hence, finding a location which is centrally placed was difficult. Abstract submissions from all over the world are encouraged but due to time constraints only a selected few are presented in the conference. Also, the lectures organised are held concurrently due to limited time making it difficult for the participants to attend both at the same time.

Every year a new set of challenges are faced in the organisation of this conference. But the Institute has always risen above and beyond overcoming these challenges and making Scientifica a roaring success.

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SCIENTIFICA 2017



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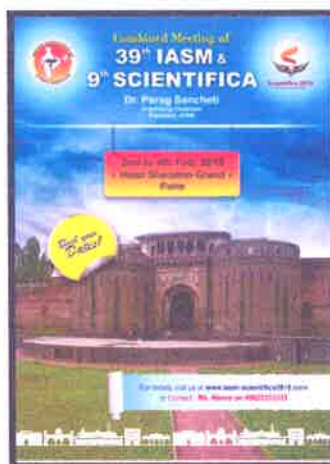
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SCIENTIFICA 2018



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SCIENTIFICA 2020



Celebrating 10 Years of SCIENTIFICA

Show your academic skills with your PAPER PRESENTATION

EXCITING REWARDS FOR WINNERS!

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- Quiz
- Feelin'
- Short Quiz

FOR REGISTRATION
Dr. Shikhar Bhatnagar (P)
info.scientifica@sha.edu.in
Or Call : 020-25539393

Date: 1st February 2020
Timing: 9 am to 5 pm
Venue: JSEB, Beroz, Pune

Category	1 st and 2 nd Rank	3 rd Rank
Registration Fee	₹1200/-	₹1400/-
Food Only	₹1600/-	

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SCIENTIFICA 2021



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Scientifica 2022

Scientific Committee report

Scientifica 2022 was held on 12th and 13th March 2022 on a virtual platform. There were a total of 251 abstracts which were submitted by the delegates. After a blinded review 180 abstracts were selected for platform presentation. Out of the 180 selected delegates, 157 presentations were received and 157 delegates did platform presentations on the day of the conference.

All the 251 abstracts were reviewed and coded and segregated according to their categories as Junior and Senior and Innovations being the main categories and subcategories being MSK, Neuro, CVRS, Community and COVID. After a blinded peer review process 180 abstracts were selected.

Abstracts received in each category, abstracts selected and presented

Reviewers

MSK- Dr Nilima Bedekar, Dr Sona Kolke, Dr Venu Mohan, Dr Swapnil Ramteke, Dr Siddhanth Sawant, Dr Rachana Dabadghav

Neuro- Dr Radha Bhattad, Dr Dinesh Chavhan

Cardio- Dr Razia Nagarwala, Dr Prajakta Sahasrabudhe, Dr Rucha Rayas

Community- Dr Apurv Shimpi, Dr Suroshree Mitra, Dr Rachana Dabadghav

Covid- Dr Razia Nagarwala, Dr Rucha Rayas, Dr Rachana Dabadghav

Innovations- Dr Nilima Bedekar

Abstracts	MSK		Neuro		Cardio		COM		COVID		Innovations	Total
	Junior	Senior	Junior	Senior	Junior	Senior	Junior	Senior	Junior	Senior		
Received	63	10	28	10	37	11	57	12	16	8	7	251
Selected	47	9	19	10	20	10	33	10	10	8	6	182
Presented	41	8	15	9	17	8	29	7	10	8	5	157



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Call for abstracts- 13th February 2022

Peer review- 22nd February 2022

Selected abstracts- 25th February 2022

Call for PPTs-5th March 2022

The scientific committee was responsible for planning and making the scientific program for the conference. Planning the schedule of the lectures, paper presentation, etc. Communicating with the speakers and panelists was done by individual departments.

There were 6 Invited talks and 7 Panel discussions/ Symposium planned over 2 days.

During the Conference

On 12th March 2022

Hall 1 – MSK papers (Time- 12:00 to 4:30pm and 7:30-8:30 pm)

Coordinators: Dr Jaspreet Kaur Talwar 12:00-4:30 pm

Dr Siddhanth Sawant 7:30-8:30 pm

Chairperson: Dr Nilima Bedekar

Judges: Dr Anjali Puntambekar and Dr Twinkle Dabholkar

Hall 2- Community papers (Time 12:00-4:30 pm)

Coordinators: Dr Bhakti Jamdade and Dr Siddhanth Sawant

Chairperson: Dr Manisha Rathi

Judges: Dr Pothiraj Pitchai and Dr Y Pallavi

Day 2- 13th March 2022

Hall 1- Neuro papers (Time: 10-1pm)

Coordinator: Dr Franny Nathani

Chairperson: Dr Mahendra Shende



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Judges: Dr Varadharajulu and Natarajan Manikandan

COVID papers (Time 1:30-3:30 pm)

Coordinator: Farheen Patel

Chairperson: Dr Maria Jiandani

Judges: Dr Rajani Pagare and Dr Rachna Arora

Hall 2- Cardio Papers (Time: 10-1pm)

Coordinator: Dr Rucha Rayas

Chairperson: Dr Razia Nagarwala

Judges: Dr Amita Mehta and Dr Abhijeet Diwate

Innovations (Time-1:30-2:30)

Coordinator: Dr Nikita Dodwad

Chairperson: Dr Apurv Shimpi

Judges: Dr Kavitha Raja and Dr Veena Krishnanad

Winners of Scientifica 2022

The winners in each category are as follows-

MSK Junior Category

1. Anahita Thomas (SICOP, Pune)
2. Darshana Fursule (MGM, Aurangabad)
3. Sameeksha Rajore (KMC, Mangalore)



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MSK Senior category

1. Dr Kiran Satpute (SKN, Pune)
2. Dr Ajit Dabholkar (DY Patil, Mumbai)

Community Junior Category

1. Semira Hussaini (SICOP, Pune)
2. Viral Sarvaiya (SICOP, Pune)
3. Prajakta Patwe (TMV, Pune)

Community Senior Category

1. Dr Indraneel Shejwadkar (SIA COP, Mumbai)
2. Dr Priyamwada Hinge (TMV, Pune)

Neuro Junior Category

1. Uma Tulapurkar (DES, Pune)
2. Sanskruti Modi (SICOP, Pune)
3. Sharvari Samant (DY Patil, Pune)

Neuro Senior Category

1. Dr Pratibha Salkar (Terna Physiotherapy College, Mumbai)
2. Dr Abha Khisty (DY Patil, Pune)

CVRS Junior Category

1. Mohini Kamat (Seth GSMC and KEM, Mumbai)
2. Aditi Zawar (SICOP, Pune)
3. Pranjali Phulgikar (SICOP, Pune)

CVRS Senior Category

1. Dr Lakshman Iyer (MGM, Mumbai)
2. Dr Vijayendra Rajguru (St Andrews COP, Pune)

COVID Junior Category

1. Vedika Mohite (SICOP, Pune)
2. Ishita Joshi (Terna Physiotherapy College, Mumbai)
3. Afreen Rai (Terna Physiotherapy College, Mumbai)



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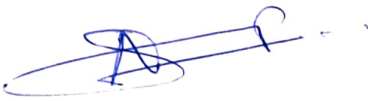
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COVID Senior Category

1. Dr Nitin Nair (MGM, Mumbai)
2. Dr Anulucia Augustine and Dr Shruti Nair (MGM, Mumbai)

Innovations category

1. Kevin Thakkar (TNMC & Nair, Mumbai)
2. Chaitali Kodam (TNMC & Nair, Mumbai)



Dr. Apurv Shimpi (PT)

Principal

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Scientifica 2021 Report

This year Scientifica completed 11 years of conference. Amidst the pandemic Scientifica 2021 was on a virtual platform on 27th and 28th March 2021. Over 650 delegates attended the conference. The total no. of abstracts submitted were 203 out of which 162 abstracts were selected for platform presentation. This year the abstracts were submitted into 4 categories namely Junior, Senior, COVID and Innovations from various colleges all over India. Further the abstracts were divided into Musculoskeletal, Neurophysiotherapy, CVTS and Community PT.

The review process was a blinded peer review. The reviewers were as follows;
Musculoskeletal PT- 1. Dr Sona Kolke, Dr Venu Mohan, Dr Swapnil Ramteke, Dr Neeraj Athawale, Dr Siddhanth Sawant and Dr Nikita Dodwad.
Neurophysiotherapy- 1. Dr Radha Bhattad, 2. Dr Dinesh Chavhan and 3. Dr Manish Ray
CVTS and COVID- 1. Dr Razia Nagarwala, 2. Dr Prajakta Sahasrabudhe and Dr Rucha Rayas
Community- 1. Dr Apurv Shimpi and 2. Dr Suroshree Mitra
Innovations- Dr Nilima Bedekar
Miscellaneous- Dr Rachana Dabadghav

Following colleges, Institutes and Hospitals participated in the paper presentation

1. Ahmedabad Institute Of Medical Sciences
2. Ahmedabad Physiotherapy College
3. All India Institute of Physical Medicine and Rehabilitation
4. Apollo Institute of Physiotherapy
5. Ashok and Rita Patel Institute of physiotherapy
6. Bhartimaiya physiotherapy college
7. BITS Institute of Physiotherapy
8. CMF's College of Physiotherapy
9. Datta Meghe College of Physiotherapy
10. D.E.Society's Brijlal Jindal College Of Physiotherapy
11. DVVPF's College of Physiotherapy
12. DY Patil College of Physiotherapy, Navi Mumbai
13. DY Patil College of Physiotherapy, Pune
14. Govt. College of Physiotherapy, Vadodara
15. Department of Physiotherapy School and center, KEM
16. Gujarat University
17. Institute of Kidney Disease and Research Center
18. JG College of Physiotherapy
19. KAHER College of Physiotherapy
20. Kashibai Navale College of Physiotherapy
21. KJ Somaiya College of Physiotherapy



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22. KMC , Manipal
23. Laxmi Memorial College of Physiotherapy
24. MAEER'S Physiotherapy College
25. MGM School of Physiotherapy
26. Motiwala College of Physiotherapy
27. TNMC Physiotherapy School and Center
28. B. N. Patel College of Physiotherapy
29. Modern College Of Physiotherapy
30. PT Teaching and Treatment Centre LTMMC
31. SIA college of Health Sciences, College of Physiotherapy
32. Sancheti Institute College of Physiotherapy
33. Terna Physiotherapy College
34. Transstadia Sports Performance Enhancement Center
35. Vidhyadeep Institute of Physiotherapy
36. Wanless Hospital College of Physiotherapy
37. Rehab Team of India
38. Govt. Physiotherapy College, Civil Hospital, Ahmedabad
39. VSPM's College of Physiotherapy

The following deadlines were followed for abstracts
Call for Abstracts- 28th February 2021
Blinded Review process- 7th March 2021
Release of selected Abstracts- 10th March 2021
Call for PPTs-18th March 2021

On the day of the conference the Papers were divided into 2 Halls
On 27th March 2021 the paper presentation schedule was divided into afternoon and evening sessions.

Hall 1 (Day 1 and Day 2)

Musculoskeletal PT (afternoon and morning sessions)

Session Coordinator: Dr Siddhanth Sawant

Judges: Dr Ronika Agrawal, Dr Swati Meshram

Chairperson: Dr Ronald Prabhakar

Hall 2

Neuro PT (afternoon session)

Session Coordinator: Dr Dinesh Chavhan

Judges: Dr Laxmi Prabha, Dr Parag Ranade

Chairperson: Dr sanjay Emanue, Dr Radha Bhattad

Hall 1 (Day 1 and Day 2)

Community PT (evening and afternoon sessions)

Session Coordinator: Dr Farheen Patel



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Judges: Dr Saumen Gupta, Dr Waqar Naqvi (Day 1),

Dr Saumen Gupta, Dr Apurv Shimpi (Day 2)

Chairperson: Dr Manisha Rathi

Hall 2 (Day 1 and Day 2)

CVTS (evening and morning sessions)

Session Coordinator: Dr Prajakta Sahasrabudhe

Judges: Dr Shilpa Parab, Dr Nisha Shinde

Chairperson: Dr Veena Nambiar

Hall 2

COVID (morning session)

Session Coordinator: Dr Rucha Rayas

Judges: Dr Sagar Javid, Dr Pratibha Gaikwad

Chairperson: Dr Nilima Bedekar, Dr Razia Nagarwala

Hall 2

Innovations (afternoon session)

Session Coordinator: Dr Prajakta Sahasrabudhe

Judges: Dr Hutoxi Writer, Dr Savita Ravindran

Chairperson: Dr Tushar Palekar

Winners of Paper presentations

Musculoskeletal PT

Junior Category

1. Vidhi Shah (Physiotherapy School and Treatment Center, LTMMC, Mumbai)
2. Soumya Nair (Govt. College of Physiotherapy, Vadodara)
3. Avni Jain (Sancheti Institute College of Physiotherapy)

Senior Category

1. Dr Kiran Satpute (PT) (Smt. Kashibai Navle College of Physiotherapy)
2. Dr Bela Agarwal (PT) (MGM School of Physiotherapy, Navi Mumbai)

Neuro PT

Junior Category

1. Natasha Tungare (KJ Somaiya College of Physiotherapy)
2. Aanavi Bhatia (KJ Somaiya College of Physiotherapy)
3. Pagmaja Guruprasad (DY Patil College of Physiotherapy, Pune)

Senior Category

1. Dr Abha Khisty (PT) (DY Patil College of Physiotherapy, Pune)
2. Dr Pallavi Palaskar (PT) (MGM School of Physiotherapy, Aurangabad)

CVRS PT

Junior Category

1. Tasneem Pallawala (Institute of Kidney Disease and Research Center,



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Ahmedabad)

2. Taruna Gambhir (D.E.Society's Brijlal Jindal College Of Physiotherapy)
4. 3. Dipti Ahirkar (DY Patil College of Physiotherapy, Pune)

Senior Category

1. Dr Varoon Jaiswal (PT) (MAEER'S Physiotherapy College)
2. Dr Rajvi Sheth (PT) (TNMC Physiotherapy School and Center)

Community PT

Junior Category

1. Chaitali Yeragi (KMC, Mangalore)
2. Rasmina Basheer (Laxmi Memorial College of Physiotherapy)
3. Chaitali Kodam (TNMC Physiotherapy School and Center)

Senior Category

1. Dr Summaiya Shaikh (PT) (DY Patil College of Phyiotherapy, Navi Mumbai)
2. Dr Aboli Deshmukh (PT) (Motiwala College of Physiotherapy)

COVID

Junior Category

1. Bhagyashree Hazare (PT School & Center, Seth G.S. Medical College & KEM Hospital)
2. Tanvi Desai (Terna College of Physiotherapy)
3. Kaustubh Augustine (TNMC Physiotherapy School and Center)

Senior Category

1. Dr Ramya Shetty (PT) (MAEER'S Physiotherapy College)
2. Dr Sayali Mhatre (PT) (TNMC Physiotherapy School and Center)

Innovation

1. Shivani Reddy (Sancheti Institute Colleg eof Physiotherapy)
2. Vishwali Athavale (D.E.Society's Brijlal Jindal College of Physiotherapy)


Dr. Vivek Kulkarni (PT)

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Scientifica 2020

Scientific committee report

This year Scientifica celebrated its 10th year. It was on 1st February 2020 in IISER Pune and the post conference workshops were on 2nd February 2020 in SHA. There were 113 abstracts in total from various colleges including both UG and PG. All the abstracts were coded and a blinded review was done for all the abstracts. After the blinded review 92 abstracts were selected for the conference. The abstracts were divided into Musculoskeletal, Neuro, Cardio, Community and Miscellaneous in the UG category and in the PG they were divided into Musculoskeletal, Neuro, Cardio, Community and Sports.

The reviewers were: MSK UG: Dr Sona Kolke, Dr Venu Mohan, PG: Dr Siddhanth Sawant. Neuro UG: Dr Raddha Bhattad, Dr Dinesh Chavhan, PG: Dr Manish Ray. Cardio UG: Dr Razia Nagarwala, Dr Prajakta Sahasrabudhe, PG: Dr Rucha Rayas. Community UG: Dr Apurv Shimpi, Dr Suroshree Mitra, PG: Dr Hiba Memon. Misc UG: Dr Swapnil Ramteke, Dr Rachana Dabadghav. Academicians: Dr Rachana Dabadghav

The colleges from where the UG and PG entries came were-

1. Sancheti College of Physiotherapy
2. Tilak Maharashtra Vidyapeeth College of Physiotherapy
3. DES
4. St. Andrews College of Physiotherapy.
5. Vikhe Patil, Ahmednagar
6. Nair
7. KEM
8. KJ Somaiyya
9. Terna
10. Manipal
11. VSPM, Nagpur.

The academicians category had 5 entries- 2 from VSPM, 1 from TMV, 1 from DY Patil Pune and 1 from Vikhe Patil. Only RCTs and innovations were included. This was a new feature in Scientifica 2020. The academicians did a poster presentation.



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These were the following deadlines for the abstracts-

Call for abstracts- 1st January 2020

Reviewing- 11th January 2020

Release of the selected students-18th January 2020

Call for PPTs- 25th January 2020.

On the day of conference the papers were divided into 4 Halls. The scientific paper presentation session was in the morning half and the academicians did a poster presentation.

Auditorium- Cardio+ Misc 21 papers

Coordinator: Dr Rucha Rayas.

Chairperson: Dr Razia Nagarwala

Judges: 1. Dr Shilpa Parab; 2. Dr Ujwal Yeole; Dr Rajani Pagare

Classroom 106- MSK- 22 papers

Coordinator: Dr Venu Mohan

Chairperson: Dr Sona Kolke

Judges: 1. Dr Ronika Agrawal; 2. Dr Snehal Ghodey

Classroom 107- Neuro+ Misc- 21 papers

Coordinator: Dr Dinesh Chavhan

Chairperson: Dr Radha Bhattad

Judges: 1. Dr Swati Bhise; 2. Dr Snehal Joshi

Classroom 108- Community- 22 papers



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Coordinator: Dr Nikita Dodwad

Chairperson: Apurv Shimpi

Judges: 1. Dr shyam Ganvir; 2. Dr Nitin Nikhade

Academicians- poster presentation

Coordinator: Dr Siddhanth Sawant

Judges: 1. Dr Abraham Babu; 2. Dr Suvarna Ganvir

The winners were as follows:

UG category

MSK

1. Aishwarya Singasane- SICOP
2. Priyanka Atreyapurapu- Terna

Neuro

1. Shalmali Saraswat- SICOP

Cardio

1. Pavandeep Kaur Sabherwal- SICOP


Community

1. Nidhi Ranka- KEM
2. Riddhi Shah- SICOP

Miscellaneous

1. Kshitija Barawkar- SICOP
2. Nishi Sanghvi- Terna



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PG Category

1. Natasha Tungare- KJ Somiyya
2. **Hayy Patni- SICOP**
3. Sanket Thorat- Vikhe Patil

Academicians

1. Dr Pooja Akhtar- VSPM


Dr. Vivek Kulkarni (PT)

Principal

Sancheti Institute for Orthopaedics and Rehabilitation
College of Physiotherapy

