

BEST PRACTICE 2

TITLE

Institutional Social Responsibilities (ISR)

OBJECTIVES

- To provide holistic professional development and produce competent health professionals
- To undertake innovations, extramural studies, extension programs and outreach activities.
- To encourage participation of students and teachers in community welfare and development activities
- To encourage and ensure taking up projects on social issues
- To support and promote objectives of other committees
- To provide guidelines for service-learning which provides strong sense of civic responsibility, accompanied by a better understanding of self, one's own resources, the links between individual and community
- To develop leadership and teamwork skills and become more attuned to working amongst population of varying ethnicity and socio-economic status

CONTEXT

Through extension and outreach programs, the students are sensitized to develop social values, spread their responsibilities and knowledge in societal issues and problems by involving them with the community. In this program, the focus is on the Extension educators acting as leaders, co-leaders, in service learning activities provided by college students. The college students should participate in an organized service activity that meets community needs. The reciprocity element of service-learning emphasizes on the importance of all parties involved being viewed simultaneously as learners and as teachers.

THE PRACTICE

The Extension Activity Committee of Sancheti Institute College of Physiotherapy was formed in 2019. Since then it has been a driving force in organizing and executing camps and outreach programs for the students of the Institute. Keeping in mind the objectives, the Committee strives to organize as many programs in the year as possible. What started as a way to provide students with an exposure to societal problems, has now become an institutional best practice. At the



11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

beginning of every academic year, the list of extension activities to be organized by every department is presented and executed accordingly. Regular clinical postings at PHC Kamshet and Maan are planned wherein the Masters' students along with Interns are posted. Along with the various departments in the College, few of the outreach programs are organized by the Hospital as well. The reports are made once the activity is conducted and geotagged photographs are taken. The camps organized are in view with the theme of the day to be celebrated. As a bonding exercise for students from all the years, a free assessment camp was organized during Ganesh Chaturthi at nearby places. Assessment was done of all the devotees and were advised for further follow-ups. To counter the changing environmental issues, each year the Institute organizes 'One student, One tree' plantation drive. In this drive, the students plant a sapling in a pot and take care of it until it is big enough to be transported to the ground. This builds a sense of care and responsibility amongst students.

EVIDENCE OF SUCCESS

With each year, the number of extension activities have increased. The number of awareness camps organized by every department, have risen exponentially in view of increasing the awareness about the field. Not only this but each year the Community department along with Extension Activity Committee organizes 2 field trips to an industrial company to provide an outlook on the ergonomic assessment of the industrial workers. Every year approximately 20 extension activities are held. The number has increased from 10-12 per year.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Organizing the extension activity takes proper planning and execution. Making a plan at the beginning helped the committee plan the activities in advance, especially the ones that require prior permissions from government officials. Without prior planning, this becomes difficult to make happen. The committee makes it a point to acquire permission letters from the hospitals as well prior to conducting any activity in their premises. During the tree plantation drive, permission letters from the forest department were mandatory which were acquired. Similarly, different activities require additional permissions from the authorities. The expense report has to be made prior to the activity and sanctioned from the Institutional accounts department. Owing to space crunch, 2 activities cannot be conducted simultaneously.

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy





Presents



THE GLOBAL HEALTHCARE CHAMPIONS

Presented to

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION
COLLEGE OF PHYSIOTHERAPY, PUNE**

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune has been instrumental in offering community services to the underprivileged masses of the society. You have laid down ethical values into your students which has helped nurture them to be responsible and committed towards the well-being of the society. Your contribution towards implementation of preventive Physiotherapy services and working towards wellness of the people has truly made you

THE GLOBAL HEALTHCARE CHAMPIONS.

18th February, 2021 | Taj Lands End, Mumbai

Dr. R. L. Bhatia
Founder, World CSR Day & World Sustainability



Sandesh Gharu
Project Head

Endorsed by



Sancheti Institute for Orthopedics & Rehabilitation
College of Physiotherapy

Annual Report of Extra Camps Attended by MPT Students from Aug 2021- July 2022

Sr. No.	Date of Camp	Organising unit/ agency/ collaborating agency	Camp Location	Patients Assessed/ Treated	Nature of Patients benefitted	Consultant Orthopedic Surgeon	Physiotherapists/ MPT Students
1	30/11/2021	Janseva foundation, old age home	Ambhi	300	OA knee, LBP, Frozen Shoulder, etc.	-	Anahita(MPT), Simran (MPT), Shruti (MPT), Suyogini (MPT), Shivani (MPT), Kajal Vyas (MPT)
2	8/02/2022	Snehadham Geriatric Founassessment camp	Pune	25	OA knee, LBP, Frozen Shoulder, etc.	-	Anahita(MPT), Simran (MPT) Shruti (MPT), Shivani (MPT)
3	24/05/2022	SIOR	Patoda	500	OA knee, LBP	Dr. Parag Sancheti	Ankit(MPT)
4	7/06/2022	Orthopedic camp for Pune Police,	Yerwada	50	OA knee, LBP, Frozen Shoulder, etc.	Resident Dr	Anahita (MPT), Simran (MPT)
5	12/06/2022	Prosthetic limb fitment & distribution Camp: Sadhu Vaswani Mission, Pune	Ahmednagar	50	Amputee	-	Anahita(MPT), Simran (MPT) Suyogini (MPT), Shivani (MPT)

 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

6	23/07/2022	Vriddha Mitra Sanstha and Healing Hands Foundation Geratric Camp	Kambhre	50	OA knee, LBP, Frozen Shoulder, etc.	-	Shiwangi(MPT), Shreya(MPT), Sagrika(MPT), Suyogini(MPT), Anahita (MPT)
---	------------	--	---------	----	-------------------------------------	---	--



Chairperson
Extension Activities Committee



Principal
SIORCOP, Pune



**SIOR Orthopaedic Camp with Janseva
Old Age Home, Ambhi, November 2021**



**SIOR with Snehadham Geriatric
Assessment Camp, Pune, February
2022**



**SIOR Orthopaedic
Camp, Patoda, May 2022**



**Orthopaedic Camp For Pune
Police, Yerwada, Pune, June 2022**



**SIOR Prosthetic Limb Fitment and
Distribution Camp with Sadhu Vaswani,
Mission, Ahmednagar, June 2022**

**SIOR Geriatric Camp with Vriddha Mitra Sanstha and
Healing Hands Foundation, Kambhre, July 2022**



 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy


Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

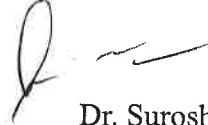
Extension Activities Committee

Date: 13/06/22

With reference to the MUHS circular no 44/2022 dated 6th May 2022, 'ONE STUDENT ONE TREE' plantation activity will be conducted by Extension Activities Committee, Sancheti Institute College of Physiotherapy on 8th July, 2022 from 8:30am to 12pm.

Tree plantation drive will be carried out by first year BPT and all master program (MPT) students at Taljai tekdi and by second and third year BPT students at Vetaj tekdi, Pune.


Dr. Twinkle Kundnani (PT)
Coordinator
Extension Activities Committee


Dr. Suroshree Mitra (PT)
Chairperson
Extension Activities Committee



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

Date: 0/07/2022

Extension Activities Committee, & Green Audit Committee, SICOP

MUHS One Student - One Tree Plantation Drive (July)



Coordinator

Chairperson

Extension Committee

SICOP



SANCHETI INSTITUTE COLLEGE OF PHYSIOTHERAPY, PUNE

'ONE TREE ONE STUDENT' activity- July, 2022

Attendance sheet

Date: 08/07/2022

Venue: Taljai Tekdi

Sr No.	Name of the student	Year	Sign
1	Amushka Asawa	1 st BPTH	<i>Amushka</i>
2	Aarushi Desai	First BPTH	<i>Aarushi</i>
3	Tanaya M Raul	1 st Bpth	<i>TM Raul</i>
4	Yogita V. Pise	1 st BPTH	<i>Y.Pise</i>
5	Sakshi Bhutada	1 st BPTH	<i>Sakshi</i>
6	THAKUR LOKESH	1 st BPTH	<i>Lokesh</i>
7	RIDDHI POTE	FYBPTH	<i>Riddhi Pote</i>
8	KHUSHI SHAH	FYBPTH	<i>Khushi</i>
9	Zenia Tampal	FYBPTH	<i>Zenia Tampal</i>
10	Pooja S. Aurangabadkar	FyBPTH	<i>Pooja</i>
11	Heta Vijay Shah	FYBPTH	<i>Heta Shah</i>
12	Tanisha Kamlesh Dharwad	FYBPTH	<i>Tanisha</i>
13	Heli S. Parakh	FYBPTH	<i>Heli</i>
14	Shreya Singh	FYBPTH	<i>Shreya</i>
15	Aanya Salanki	FYBPTH	<i>Aanya</i>
16	Aditi Patil	FYBPTH	<i>Aditi</i>
17	Gautami Diwan	FYBPTH	<i>Gautami</i>
18	Juilee Bhavsar	FYBPTH	<i>Juilee</i>



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,

19	Eshwani Deo	FYBPTH	
20	Sarah Chawala	FYBPTH	
21	Saloni Ghume	FYBPTH	
22	Abhijit Pawara	FYBPTH	
23	PRAYAG MAMANIYA	FYBPTH	
24	Raghar. y. Nanole	FYBPTH	
25	Khusni K. Koriya	FYBPTH	
26	Yukti A. Gargani	FYBPTH	
27	Shruti. P. Thakur	FYB.P.Th	
28	Rupali N. Mahajan	FYBPTH	
29	Rucha Deshmukh	FYBPTH	
30	Shantanu Kadam	FYBPTH.	
31	mrunal Jadhar	FYBPTH	
32	Sanika Mandavkar	FYBPTH	
33	Agavare Pohan Haseidon	FYBPTH	
34	Abhyshob. Dilip. Kaldale	FYBPTH	
35	Tejas Bedekar	FYBPTH	
36	Sokshi Lahare	FYBPTH	
37	Kerali Doshi	FYBPTH	
38	Sachi Agrawal	FYBPTH	
39	Neha. Sinha	FYBPTH	
40	Sesal Waje	FYBPTH	
41	Sunaina Madan	FYBPTH	



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

42	Chinmayee Paresh Joshi	1st BPTH	OP.
43	Manjiri Rajeev Tamhankar	1st BPTH	Manjiri
44	Srushti M. Patel.	1st BPTH.	Srushti Patel
45	Krushna Gupta	1st BPTH	Krushna
46	Shantanu Kadam.	1st BPTH	Shantanu
47	Shubhali Sonawane	1st BPTH	Sonawane
48	Prachi Gaikwad	1st BPTH	Prachi
49	Vinita popat	1st BPTH	Popat
50	Mithila Shaha	1st BPTH	Mithila
51	Aabha Hasabnis	1st BPTH	Aabha
52	Bedekar Tejas	1st BPTH	Absent
53	Bhumika Bisandze	1st BPTH	Present
54	Riya Gandhi	1st BPTH	Riya
55	Nandini R. Rajput	1st BPTH	Nandini
56	Sakshi Bhutada	1st BPTH	Present
57	Singh Bharna.	TU BPT	Absent
58	Solanki Rutvi.	TU BPT	Present
59	Somani Bhatti	TU BPT	Present
60	Suchak Dishi	TU BPT	Present
61	Sul Nandita	TU BPT	Present
62	Surana Kuski.	TU BPT	Present
63	Tank Kushta	TU BPT	Present
64	Tapadia Atanika	TU BPT	Present



[Handwritten Signature]

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy.

65	Vadgaon Kish	TU BPTH	Present
66	Verlekar Prajakta	TU BPTH	Present
67	Shah Kashish	TU BPTH	Present
68	Pawar Lokesh	TU BPTH	Present
69	Kuthale Sai.	TU BPTH	Present
70	Isal Minal	TU BPTH	Present
71	Chavhan Hrushikesh	TU BPTH	Present
72	Meheam Oshin	TU BPTH	Present
73	Dr. Suroshree Mitra. (PT)	Associate Professor	
74	Dr. Radha. Bhattad (PT)	Prof.	
75	Dr. Jaspreet Kaur Talwar (PT)	Asst. Prof.	
76	Siddhant Saurav	Asst. Prof.	
77	Venu Mohan	Asst. Prof.	
78	Amruta Ekluste	Asst. Prof.	
79	Dr. Dhanesh Chavhan	Asst. Prof.	
80	Tushar Satae	Asst. Prof.	
81	Sona Kolke	Asst. Prof.	
82	Dr. Prajakta. Sahasrabudhe	Asst. Prof.	
83	Dr. Apurv. Shingpi.	Professor	
84			
85			
86			
87			



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy











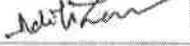
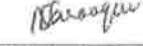






SANCHETI INSTITUTE COLLEGE OF PHYSIOTHERAPY, PUNE

'ONE TREE ONE STUDENT' activity- July, 2022

Attendance sheet

Date: 28/July/2022

Venue: Vetal Tekdi

Sr No.	Name of the student	Year	Sign
1	Shalaka N. Wankhede	MPT II	
2	Yagyata Bhardwaj	MPT II	
3	shali Boralkar	MPT II	
4	Krishna A. Ved	MPT-II	
5	Shweta Tarate	MPT-II	
6	Harehita Bhole	MPT-2	
7	Kajal Vyas	MPT-2	
8	Anahita Thomas	MPT-2	
9	Shruti Bhalerao	MPT-2	
10	Siddhika Kadam	MPT-2	
11	Aditi Zaveri	MPT II	
12	Naiyrah Farooqui	MPT II	
13	Chaitali Chaudhari	MPT II	
14	Shivani Shivankar	MPT II	
15	Priyal Yadav	MPT II	
16	Vaidhi Patil	MPT II	
17	Sonal Mestry	MPT II	
18	Miti Mehta	MPT II	





sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,

19	Shweta Asawle	MPT II	Shweta
20	Pooja Khandedy	MPT II	Shweta
21	Vaidhi Chingare	MPT II	Shweta
22	Pooja Meman	MPT II	Shweta
23	Renuka Akolkar	MPT II	Shweta
24	Anjali More	MPT II	Shweta
25	Manasi Navale	MPT II	M Navale
26	Aniket Dhirekar	MPT - I	A. Dhirekar
27	Aniket Sarda	MPT - I	A. Sarda
28	Sagarika Pathak	MPT - I	Sagarika
29	Sara Ambade	MPT - I	Sara
30	Shreya Mendon	MPT - I	Shreya
31	Shinangi Kumar	MPT - I	Shinangi
32	Mrunal Jagdehiye	MPT - I	Mrunal
33	Bhavana Gandhi	MPT - I	Bhavana
34	Aashin Tambali	MPT - I	Aashin
35	Vaishnavi More	MPT - I	Vaishnavi
36	Ashvini Kulkarni	MPT - I	Ashvini
37	Anjali Jashniwal	MPT - I	Anjali
38	Roshani Ajmera	MPT - I	Roshani
39	Neha Warkhede	MPT - I	Neha
40	Soumya Gadhikar	MPT - I	Soumya
41	Kripa Shah	MPT - I	Kripa



Handwritten signature in blue ink.

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

42	Ayushree Nayak	MPT-1	<i>Av.</i>
43	Shwetal Tikekar	MPT-1	<i>ST</i>
44	Nikita Pundlikani	MPT-1	<i>Nikita</i>
45	Tammi Chawan	MPT-1	<i>Tammi</i>
46	Vaibhavi Pothade	MPT-1	<i>Vaibhavi</i>
47	Rakshi Saldane	MPT-1	<i>Rakshi</i>
48	Komal Singh	MPT-1	<i>Komal</i>
49	Siddhi Bhadgaonkar	SYBPTH	<i>Siddhi</i>
50	Sankranti Bhoiray	SYBPTH	<i>Sankranti</i>
51	Kinnari Gala	SYBPTH	<i>Kinnari Gala</i>
52	Ananya Naik	SYBPTH	<i>Ananya</i>
53	Anisha Deshmukh	SYBPTH	<i>Anisha</i>
54	Arunshi Pareshi	SYBPTH	<i>Arunshi</i>
55	Jayanti Sapte	SYBPTH	<i>Jayanti</i>
56	Mansi Attarde	SYBPTH	<i>Mansi</i>
57	Madhura Kulkarni	SYBPTH	<i>Madhura</i>
58	Jarui Heda	SYBPTH	<i>Jarui</i>
59	Devanshi Kanakia	SYBPTH	<i>Devanshi</i>
60	Pooja Mahajan	SYBPTH	<i>Pooja</i>
61	Siddhi Kothari	SYBPTH	<i>Siddhi</i>
62	Shreya Kataria	SYBPTH	<i>Shreya</i>
63	Esha Bhadgaonkar	SYBPTH	<i>Esha</i>
64	Swara Salgar	SYBPTH	<i>Swara</i>



AS

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,

65	Dharashree Khot	SYBPTH	<i>[Signature]</i>
66	Shruti Patil	SYBPTH	<i>[Signature]</i>
67	Ayushi Shah	S.Y.BPTH	<i>[Signature]</i>
68	Krishna Sheth	S.Y.BPTH	<i>[Signature]</i>
69	Palesa Aswal	SYBPTH	<i>[Signature]</i>
70	Vaibhav chitambar	SYBPTH	<i>[Signature]</i>
71	Saloni Lale	SYBPTH	<i>[Signature]</i>
72	Ayushi Khandelwal	SYBPTH	<i>[Signature]</i>
73	Pooja Akangite	SYBPTH	<i>[Signature]</i>
74	Shubhrajali Raware	SYBPTH	<i>[Signature]</i>
75	Mitali Mehta	Final BPTH	<i>[Signature]</i>
76	Rhea Kankaria	Final BPTH	<i>[Signature]</i>
77	Shejal Kam	Final BPTH	<i>[Signature]</i>
78	Yash Kumbhar	Final BPTH	<i>[Signature]</i>
79	Shreyas.	TYBTH	Present
80	Parimal	TYBPT	Present
81	Pooja.	TYBPT	Present
82	Harshada.	TYBPT	Present
83	Pratiksha	TYBPT	Present
84	Dr. Nikita Dodwad (PT)	Assistant Professor	<i>[Signature]</i>
85	Dr. Rucha Rayas (PT)	Assistant Professor	<i>[Signature]</i>
86	Dr. Twinkle Kundrani (PT)	Assistant Professor	<i>[Signature]</i>
87	Pi. Farheen Batel (PT)	Assistant Professor	<i>[Signature]</i>



[Handwritten Signature]

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

88	Balwadkar Veishnavi.	T4 BPTH	Present
89	Bhude Chaitali.	T4 BPTH	Present
90	Chandavarkar Poohi.	T4 BPTH	Present
91	Chaudhary. Gauri.	T4 BPTH	Absent
92	Chavhan Anuj	T4 BPTH	Present
93	Divanji. Uttara	T4 BPTH	Present
94	Gadodiger. Sakhi.	T4 BPTH	Present
95	Gadhre Sharad.	T4 BPTH	Present
96	Gahwar Sakhi.	T4 BPTH	Present
97	Gawad Prajwal.	T4 BPTH	Absent
98	Gherwala Abhish Laxmi.	T4 BPTH	Present
99	Gupta Vijaykumar Bhatti.	T4 BPTH	Present
100	Iyer Purnima	T4 BPTH	Present
101	Jain Poorna.	T4 BPTH	Present
102	Jashnani. Vyomika.	T4 BPTH	Present
103	Kankaria Nakshatra.	T4 BPTH	Present
104	Kapade Chau	T4 BPTH	Present
105	Kasat Kshiti.	T4 BPTH	Absent
106	Khadelwal Unnati.	T4 BPTH	Present
107	Khude Pratisha	T4 BPTH	Present
108	Lothari Prathamesh.	T4 BPTH	Present
109	Lothande Sakshi.	T4 BPTH	Present
110	Mangave Hrushikesh	T4 BPTH	Present



ASP

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

*Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy*


111	Munot Sayli.	TYBPTH	Present
112	Nalawade Nikita	TYBPTH	Present
113	Nikam Atharv	TYBPTH	Present
114	Pande Sakshi	TYBPTH	Present
115	Pathak Rutuja.	TYBPTH	Present
116	Patil Chaitali.	TYBPTH	Present
117	Patil. Nandini.	TYBPTH	Present
118	Prabhale Shweta.	TYBPTH	Present
119	Redhod Usri.	TYBPTH.	Present
120	Reddy Shivani.	TYBPTH	Present
121	Sahu Bejal	TYBPTH	Present
122	Sancheti Apoowa.	TYBPTH	Present
123	Shah Uja.	TYBPTH	Present
124	Shaikh Aaliya.	TYBPTH	Present
125	Shetty Sushiti	TYBPTH	Present


Dr. Twinkle Kundnani

Coordinator, Extension Activity Committee

SICOP




Dr. Rucha Rayas

Coordinator, Green Audit Committee

SICOP





sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

*Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy*

SANCHETI INSTITUTE COLLEGE OF PHYSIOTHERAPY

ONE STUDENT ONE TREE ACTIVITY REPORT

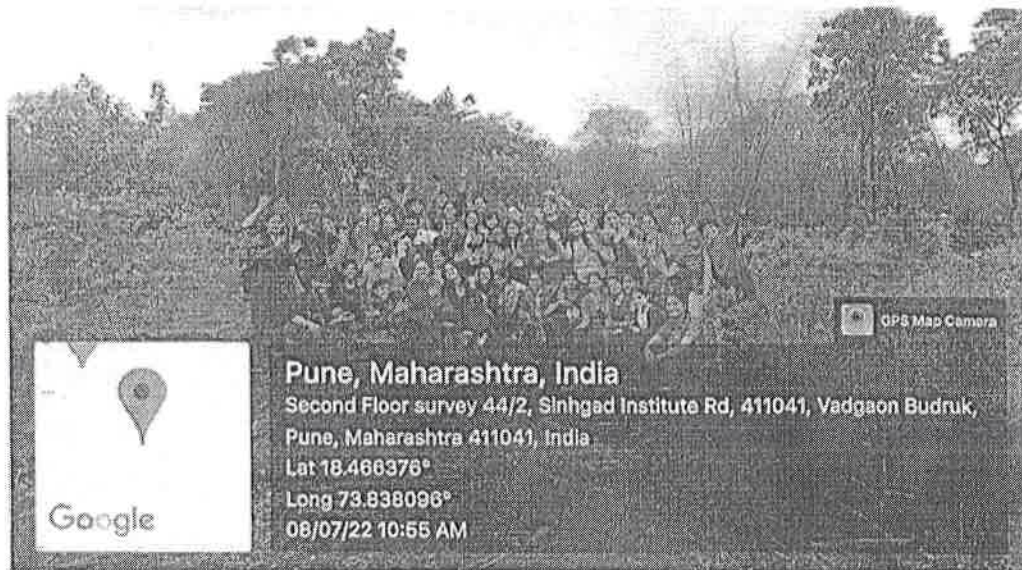
With reference to the MUHS circular no 44/2022 dated 6th May 2022, 'ONE STUDENT ONE TREE' plantation activity was conducted at Sancheti Institute College of Physiotherapy on 8th July, 2022 from 8:30am to 12pm.

Tree plantation drive was carried out Taljai and Vetat tekdi, Pune.

Students from Physiotherapy (both UG & PG) and Nursing courses participated in the activity along with teacher volunteers.

Total 250 trees were planted.

We would like to thank university for giving us such opportunity for taking step towards environment conservation.

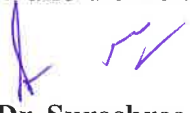


Principal and Professor
Sancheti Institute College of Physiotherapy

Indian Red Cross Society & Youth Red Cross Unit

Report Of Warkari medical checkup camp 2022

A medical check-up camp for the Warkaris was organized by Indian Red Cross Society and the Youth Red Cross Unit, Pune district. The activity was attended by **8 student** volunteers (MPT and Final Year BPTTh). Students learned about application of their **clinical assessment skills and community social service in the community**. They also **helped in health promotion and their participation was appreciated** by the Youth Red Cross Unit of Pune district.


Dr. Suroshree Mitra

Chairperson,


Dr. Twinkle Kundnani

Coordinator,

Extension Activity Committee

SICOP



SICOP/ /

Date: 23/06/22

Extension Activities Committee, SICOP & Youth Red Cross Society

Indian Red Cross Pune District: Free Health Check-up Camp for Warkaris (June)



Aundhavi
Coordinator

[Signature]
Chairperson

Extension Committee

SICOP



Sancheti Institute College of Physiotherapy, Pune

Attendance Sheet for Extension Activity Event

Title: Indian Red Cross Society - Wasikasti Camp

Date: 23rd Jun 2022 Mode: Offline

Venue: Rasta Peth, Pune

Sr. No.	Name	Year	Sign
1.	Mitali Sachin Mehta	Final Yr. B2	<u>Mitali Mehta</u>
2.	Shejal Chandrakant Kom	Final Yr B2	<u>SK Kom</u>
3.	Yash Shankarrao Kumbhar	Final Yr B2	<u>Yash Kumbhar</u>
4.	Krishna Anun Ved	MPT-2	<u>Krishna</u>
5.	Manasi Madhukar Navale	MPT-2	<u>Manasi</u>
6.	Roshani Ajmera	MPT-1	<u>PAJ</u>
7.	Ankit Sarda	MPT-1	<u>Ankit</u>
8.	Aniket Anizekar	MPT-1	<u>Aniket Anizekar</u>

Andrawi
Name and sign of Extension Activity Co-ordinator/ Event Co-ordinator:



Neuro Physiotherapy Department
SICOP

Date: 23/06/2022

Musculoskeletal PT Dept, SICOP

Report Of International Yoga Day 2022
21 days Surya Namaskar challenge

On the occasion of **International Yoga Day 2022**, Department of Musculoskeletal PT organized a **21 Days Surya Namaskar challenge** which commenced on 1st of June and concluded on 21 June 2022 with the objective of each participant performing minimum 6 Surya Namaskars everyday for the next 21 days. Thus **making it a 21 days Habit building challenge which was taken up by 212 participants including students of all years, academic staff. This challenge helped the students and staff to get into the habit of doing surya namaskar daily for 21 days.** The challenge was concluded with a talk organized on Yoga for stability and mobility, and its effects on Pain relief.

EVENT COORDINATOR



SICOP

HOD, MSK DEPT



Date:18 /5/2022

International Yoga Day 2022-21 days Surya Namaskar challenge

On the occasion of International Yoga Day 2022, a 21 Days Surya Namaskar challenge will be conducted which will commence on the 1st of June with the objective of each participant performing a minimum of 6 Surya Namaskars every day for the next 21 days. Thus making it a 21 days Habit building challenge that will be taken by students of all years and academic staff.

This challenge will help the students and staff to get into the habit of doing Surya Namaskar daily for 21 days.

All BPT and MPT students interested to take this challenge should contact Dr. Nilima Bedekar, Professor, Musculoskeletal Physiotherapy Department.


EVENT COORDINATOR


**HOD,
MUSCULOSKELETAL DEPT**

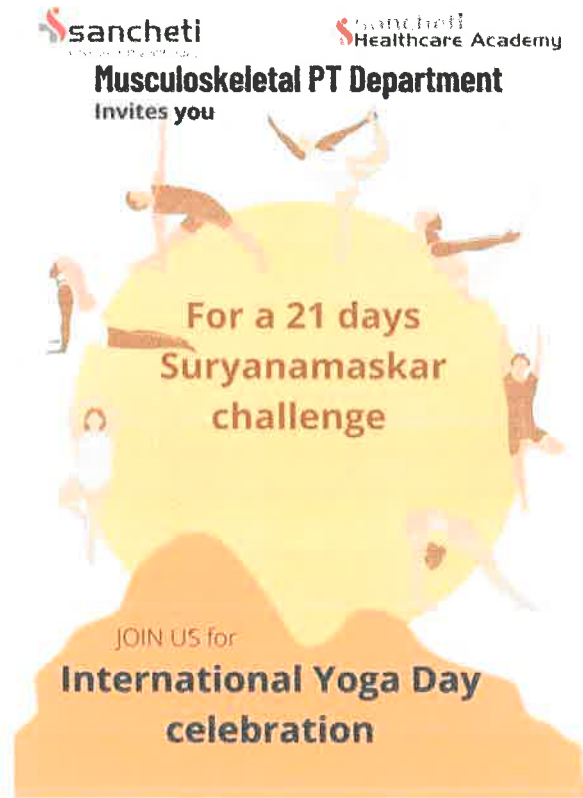
SICOP



Date: 21/06/2022

International Yoga Day Celebration (June) Musculoskeletal PT Dept. SICOP: 21-Day

Habit-Building Yoga Challenge



HOD

MSK PT Dept.

SICOP



International Yoga Day 2022 :21 days Surya Namaskar challenge

List Of Participant Students:

Sr No.	Timestamp	Email Address	Name of the participant	Age	Gender	I am a
1	5/31/2022 17:18:36	bedekar.tejas@gmail.com	Tejas Bedekar	18	Male	First BPTH
2	5/31/2022 17:19:11	palesaoswal@gmail.com	Palesa oswal	19	Female	Second BPTH
3	5/31/2022 17:20:24	vaishnavikadam1314@gmail.com	Vaishnavi kadam	21	Female	Third BPTH
4	5/31/2022 17:20:28	tanayasapre131201@gmail.com	Tanaya Sapre	20	Female	Second BPTH
5	5/31/2022 17:21:01	kashish.b.shah@gmail.com	Kashish Shah	21	Female	Third BPTH
6	5/31/2022 17:21:20	shreyakatarai777@gmail.com	Shreya	20	Female	Second BPTH
7	5/31/2022 17:21:27	shardulsgadre@gmail.com	Shardul Gadre	20	Male	Third BPTH
8	5/31/2022 17:21:35	eeshad6@gmail.com	Eesha Deshpande	20	Female	Second BPTH
9	5/31/2022 17:22:16	shrutiprabhale@gmail.com	Shruti Sudhir Prabhale	21	Female	Third BPTH
10	5/31/2022 17:24:02	utkarshad28@gmail.com	Utkarsha Diwanji	20	Female	Third BPTH
11	5/31/2022 17:37:12	jigyasadassani@gmail.com	Jigyasa dassani	20	Female	Second BPTH
12	5/31/2022 17:39:48	sayalimunot062@gmail.com	Sayali munot	21	Female	Third BPTH
13	5/31/2022 17:40:03	helisparekh@gmail.com	Heli Parekh	19	Female	First BPTH
14	5/31/2022 17:44:59	arpitalahoti1999@gmail.com	Arpita Lahoti	22	Female	Final BPTH
15	5/31/2022 18:12:57	aayushishah413@gmail.com	Ayushi Shah	20	Female	Second BPTH
16	5/31/2022 18:14:54	gautami.mahashabde@gmail.com	Gautami Mahashabde	23	Female	Intern
17	5/31/2022 18:19:19	dsanika90@gmail.com	Sanika Deshmukh	19	Female	First BPTH
18	5/31/2022 18:20:49	shreyadsingh2001@gmail.com	Shreya Singh	20	Female	First BPTH
19	5/31/2022 18:23:55	goyaltanisha1@gmail.com	Tanisha goyal	22	Female	Final BPTH
20	5/31/2022 19:00:18	kinnari0907@gmail.com	Kinnari Gala	19	Female	Second BPTH
21	5/31/2022 19:05:41	soumyaa.sg@gmail.com	Dr.Soumyaa Gandhi	24	Female	First MPT
22	5/31/2022 19:23:58	krishansheth23@gmail.com	Krishna Sheth	19	Female	Second BPTH

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

23	5/31/2022 19:28:24	khudepratiksha44@gmail.com	Pratiksha Khude	21	Female	Third BPTH
24	5/31/2022 20:45:34	singhkomal470@gmail.com	Komal Singh	23	Female	First MPT
25	5/31/2022 20:53:22	skripa1319@gmail.com	Kripa shah	24	Female	First MPT
26	5/31/2022 20:56:52	saraambade@gmail.com	Sara Ambade	24	Female	First MPT
27	5/31/2022 20:56:53	ratika.patil@gmail.com	Ratika Rajesh Patil.	24	Female	First MPT
28	5/31/2022 21:20:02	rasikakulkarni1971@gmail.com	Rasika J Kulkarni	19	Female	Second BPTH
29	5/31/2022 21:21:11	madhurakulkarni3793@gmail.com	Madhura Kulkarni	19 years	Female	Second BPTH
30	5/31/2022 21:26:38	shiwangikumar97@gmail.com	Shiwangi Kumar	24	Female	First MPT
31	5/31/2022 21:28:10	satdeveraksha01@gmail.com	Raksha Satdeve	25	Female	First MPT
32	5/31/2022 21:47:26	vaidekaritejaswini@gmail.com	Tejaswini Vaidkar	25	Female	First MPT
33	5/31/2022 21:49:34	shreyamendon30@gmail.com	Shreya Mendon	24	Female	First MPT
34	5/31/2022 21:54:44	nehawarkhede07@gmail.com	Neha Warkhede	24	Female	First MPT
35	5/31/2022 22:33:54	durgeshkoli99@gmail.com	Durgesh Koli	22	Male	Intern
36	5/31/2022 23:10:17	nupurshah1998@gmail.com	Nupur Shah	24	Female	First MPT
37	5/31/2022 23:39:04	vaibhavijaju@gmail.com	Jaju Vaibhavi Jagdish	22	Female	Final BPTH
38	6/1/2022 7:16:08	h1bhole@gmail.com	Harshita Bhole	24	Female	Second MPT
39	6/1/2022 7:19:52	shalvi.boralkar@gmail.com	Shalvi Boralkar	24	Female	Second MPT
40	6/1/2022 8:57:17	svmedhi1996@gmail.com	Shriya Medhi	25	Female	Clinical Staff
41	6/1/2022 9:10:55	patiladiti3102@gmail.com	Aditi atul patil	20	Female	First BPTH
42	6/1/2022 9:16:14	darshitafatnani@gmail.com	Darshita	33	Female	Clinical Staff
43	6/1/2022 9:28:58	manasnavale07@gmail.com	Manasi Navale	24	Female	Second MPT
44	6/1/2022 9:47:28	salonee.ghume@gmail.com	Salonee Ghume	18	Female	First BPTH
45	6/1/2022 10:37:05	chopdanikhil543@gmail.com	Nikhil Jain	23	Male	Intern
46	6/1/2022 10:37:06	rugvedbapat@gmail.com	Rugved bapat	23	Male	Intern
47	6/1/2022 10:37:11	borhadeapurva@gmail.com	Apurva Borhade	22	Female	Intern
48	6/1/2022 10:37:20	akshaydhobale6943@gmail.com	Akshay Dhobale	24	Male	Intern
49	6/1/2022 10:37:48	bhakti.chavda189@gmail.com	Bhakti Chavda	22	Female	Intern
50	6/1/2022 10:37:57	sakshidupare6@gmail.com	Sakshi Dupare	23	Female	Intern
51	6/1/2022 10:38:01	vaishnavikbajaj@gmail.com	Vaishnavi Bajaj	23	Female	Intern

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

52	6/1/2022 10:38:03	krupali0099@gmail.com	Krupali Bhatt	22	Female	Intern
53	6/1/2022 10:38:11	radhikagujar02@protonmail.com	Radhika Gujar	22	Female	Intern
54	6/1/2022 10:38:12	niraligoradia56@gmail.com	Nirali Goradia	23	Female	Intern
55	6/1/2022 10:38:46	ishitawaghela08@gmail.com	Ishita Waghela	25	Female	Intern
56	6/1/2022 10:41:23	siddhikadam666@gmail.com	Siddhika Kadam	25	Female	Second MPT
57	6/1/2022 10:41:38	niki.deshpande25@gmail.com	Nikita Deshpande	24	Female	Intern
58	6/1/2022 10:42:20	mansitawari100@gmail.com	Mansi Tawari	23	Female	Intern
59	6/1/2022 10:43:01	vaishnavigavate.2106@gmail.com	Vaishnavi Gavate	23	Female	Intern
60	6/1/2022 10:43:50	makriddhi7507@gmail.com	Riddhi Makwana	23	Female	Intern
62	6/1/2022 11:44:33	vaidehi96patil@gmail.com	Vaidehi Rajesh Patil	25	Female	Second MPT
63	6/1/2022 11:58:55	kinjolk3kamat@gmail.com	Dr. Kinjol Kamat	25	Female	Clinical Staff
64	6/1/2022 12:29:36	kajal.vyas01@gmail.com	Dr Kajal Vyas	28	Female	Second MPT
65	6/1/2022 12:45:23	bhaktikhandediya1403@gmail.com	Bhakti Khandediya	26	Female	Second MPT
66	6/1/2022 12:59:08	bhairaviashisode@gmail.com	Bhairavi Shisode	25	Female	Intern
67	6/1/2022 13:21:31	anahitathomas@gmail.com	Dr. Anahita Thomas	25	Female	Second MPT
68	6/1/2022 13:48:49	anjaliamore20@gmail.com	Dr. Anjali More	25	Female	Second MPT
69	6/1/2022 13:53:05	sarahchawala@gmail.com	Sarah Chawala	19	Female	First BPTth
70	6/1/2022 13:53:33	lokeshtakur1803@gmail.com	LOKESH THAKUR	20	Male	First BPTth
71	6/1/2022 14:58:28	revati.joshi99@gmail.com	Revati Joshi	22	Female	First MPT
72	6/1/2022 15:06:14	nikita.budhwani@gmail.com	Nikita Budhwani	24	Female	First MPT
73	6/1/2022 15:54:41	rutujabute27@gmail.com	Rutuja Bute	25	Female	Clinical Staff
74	6/1/2022 16:48:44	kalyanimankar90@gmail.com	Kalyani Mankar	23	Female	Intern
75	6/1/2022 17:11:17	chaitalitchaudhari05@gmail.com	Chaitali Chaudhari	24	Female	Second MPT
76	6/1/2022 17:11:28	deebhalchim@gmail.com	Deepika Bhalchim	26	Female	Second MPT
77	6/1/2022 17:11:45	miti.mehta@yahoo.com	Dr.Miti Mehta	25	Female	Second MPT

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



(Handwritten signature)

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy.

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

78	6/1/2022 17:12:09	farah.memon99@gmail.com	Farah Memon	24	Female	Second MPT
79	6/1/2022 17:12:42	shiwshiwankar@gmail.com	Shiwani Anil Shiwankar	26	Female	Second MPT
80	6/1/2022 17:12:54	Zawaraditi29@gmail.com	Aditi Zawar	24	Female	Second MPT
81	6/1/2022 17:28:05	bhakti1409@gmail.com	Bhakti Dedhia	19	Female	Second BPTH
82	6/1/2022 21:52:58	mansiattarde4547@gmail.com	Mansi Attarde	19	Female	Second BPTH
83	6/1/2022 22:21:25	nayakayushree@gmail.com	Ayushree Nayak	24	Female	First MPT
84	6/1/2022 22:50:51	aishwarya.gaikwad16@gmail.com	Aishwarya Gaikwad	41	Female	Clinical Staff
85	6/2/2022 6:14:04	krishnaved06@gmail.com	Krishna Arun Ved	25	Female	Second MPT
86	6/2/2022 6:34:05	thickskinnerd@gmail.com	Apurva Gulanikar	22	Female	Final BPTH
87	6/2/2022 7:26:25	renukaakolkar36@gmail.com	Renuka Akolkar	25	Female	Second MPT
88	6/2/2022 9:08:55	suyoginig16@gmail.com	Suyogini Gowda	25	Female	Second MPT
89	6/2/2022 9:23:41	ash1791996@gmail.com	Ashvini Kulkarni	25	Female	First MPT
90	6/2/2022 9:54:45	akshita.shah20@gmail.com	Akshita Shah	22	Female	Final BPTH
91	6/2/2022 9:55:02	sakshiparekh1402@gmail.com	Sakshi	21	Female	Final BPTH
92	6/2/2022 9:55:05	swaghuskar@gmail.com	Siddhita	21	Female	Final BPTH
93	6/2/2022 9:55:12	tarangajoshi106@gmail.com	Taranga Girish is	21	Female	Final BPTH
94	6/2/2022 9:55:35	dandegaonkarpooja123@gmail.com	Pooja Dandegaonkar	25	Female	Final BPTH
95	6/2/2022 11:18:09	palamkarisha@gmail.com	Isha Palamkar	21	Female	Final BPTH
96	6/2/2022 11:39:11	jadhav.padmaja009@gmail.com	Padmaja	22	Female	Final BPTH
97	6/2/2022 11:40:52	disharawhani@gmail.com	Disha Rawhani	26	Female	Intern
98	6/2/2022 13:20:08	sakshiagrawal2102@gmail.com	Sakshi Agrawal	19	Female	Second BPTH
99	6/2/2022 13:20:32	ananyanaik2702@gmail.com	Ananya Naik	19	Female	Second BPTH
100	6/2/2022 13:21:35	deshmukh.anisha@gmail.com	Anisha Deshmukh	19	Female	Second BPTH
101	6/2/2022 13:22:54	25dhanashreehot@gmail.com	Dhanashree Uttam Khot	19	Female	Second BPTH

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



(Handwritten signature)

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,

Tel. No. : 020 - 27999999,
28999999

Extn. : 9411 / 9412 / 9413

102	6/2/2022 13:23:05	sanskrutibhairy14@gmail.com	Sanskriti Bhairy	20	Female	Second BPTH
103	6/2/2022 13:23:14	pratham.rathod12@gmail.com	Pratham Rathod	20	Male	Second BPTH
104	6/2/2022 13:23:56	saloni.lale@gmail.com	Saloni Lale	20	Female	Second BPTH
105	6/2/2022 13:24:03	shrutisandeepatil@gmail.com	Shruti Patil	21	Female	Second BPTH
106	6/2/2022 14:26:20	ruchasatpurkar@gmail.com	Rucha	20	Female	Second BPTH
107	6/2/2022 14:26:37	shaikh786mustkim@gmail.com	Mustakim Shaikh	21	Male	Second BPTH
108	6/2/2022 14:30:29	rushikarmarkar@gmail.com	Hrushikesh Karmarkar	20	Male	Second BPTH
109	6/2/2022 14:32:50	siddhibhadgaonkar95276@gmail.com	Siddhi Bhadgaonkar	20	Female	Second BPTH
110	6/2/2022 14:37:36	charutaykhare@gmail.com	Charuta Khare	19	Female	Second BPTH
111	6/2/2022 14:39:24	shubhanjalirane@gmail.com	Shubhanjali Raorane	19	Female	Second BPTH
114	6/2/2022 14:48:29	hedatanvi@gmail.com	Tanvi Heda	20	Female	Second BPTH
115	6/2/2022 14:56:17	sarahshkh14@gmail.com	Sarah Shaikh	20	Female	Second BPTH
117	6/2/2022 15:13:14	nehaitme27@gmail.com	Neha katkar	20	Female	Second BPTH
118	6/2/2022 15:13:31	rutujakarpe27@gmail.com	Rutuja Karpe	20	Female	Second BPTH
119	6/2/2022 15:13:35	ishasaid2002@gmail.com	Isha Said	20	Female	Second BPTH
120	6/2/2022 15:13:37	jeurkarmadhura@gmail.com	Madhura Jeurkar	19	Female	Second BPTH
121	6/2/2022 15:13:38	aartiakangire14@gmail.com	Aarti Akangire	19	Female	Second BPTH
122	6/2/2022 15:14:00	ayushikhandelwal591@gmail.com	Ayushi Khandelwal	20	Female	Second BPTH
123	6/2/2022 15:14:14	harshalchamp21@gmail.com	Harshal Kamble	21	Male	Second BPTH

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop




sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

124	6/2/2022 15:14:25	lynettevarkey@gmail.com	Lynette Varkey	21	Female	First BPT
125	6/2/2022 15:14:58	rutujakarle7102001@gmail.com	Rutuja Karle	20	Female	Second BPT
126	6/2/2022 15:17:12	d.kanakia2002@gmail.com	Devanshi Kanakia	19	Female	Second BPT
127	6/2/2022 15:17:38	ishitasbhavsar@gmail.com	Ishita Bhavsar	20	Female	Second BPT
128	6/2/2022 15:54:22	vaishnavimore273@gmail.com	Vaishnavi	23	Female	First MPT
129	6/2/2022 15:54:22	akankshadekate199709@gmail.com	Akanksha Dekate	24	Female	First MPT
130	6/2/2022 15:55:02	sagrikapathak571@gmail.com	Sagrika Pathak	23	Female	First MPT
131	6/2/2022 15:55:20	vaibhupathade@gmail.com	Vaibhavi Pathade	25	Female	First MPT
132	6/2/2022 15:55:31	roshani.ajmera@gmail.com	Roshani Ajmera	23	Female	First MPT
133	6/2/2022 15:55:40	arshin527@gmail.com	arshin tamboli	23	Female	First MPT
134	6/2/2022 15:55:41	sheetalagrawal1999@gmail.com	Sheetal Agrawal	23	Female	First MPT
135	6/2/2022 15:55:55	anjalitoshniwal1994@gmail.com	Anjali Toshniwal	27	Female	First MPT
136	6/2/2022 15:55:56	bhavnagandhi3232@gmail.com	Bhavna Gandhi	23	Female	First MPT
137	6/2/2022 15:56:07	mrunal.gaj19@gmail.com	Mrunal Gajbiye	25	Female	First MPT
138	6/2/2022 15:56:23	aniketahirekar@gmail.com	Dr. Aniket Ahirekar	24	Male	First MPT
139	6/2/2022 15:56:35	ankitsarda1612@gmail.com	Ankit Sarda	25	Male	First MPT
140	6/2/2022 16:02:21	aarushiadesai@gmail.com	Aarushi	19	Female	First BPT
141	6/2/2022 16:02:44	amasawa17@gmail.com	Anushka	19	Female	First BPT
142	6/2/2022 16:03:32	manjiri2507@gmail.com	Manjiri Tamhankar	18	Female	First BPT
143	6/2/2022 16:04:32	abhikaldate18@gmail.com	Abhishek dilip kaldate	19	Male	First BPT
144	6/2/2022 16:10:55	sinhaneha6821@gmail.com	Neha	19yrs	Female	First BPT
145	6/2/2022 16:12:35	mr.rohan2512@gmail.com	Rohan Agavane	19	Male	First BPT
146	6/2/2022 16:14:56	eshwarideo@gmail.com	Eshwari Deo	20	Female	First BPT
147	6/2/2022 16:15:01	tanayaaarti24@gmail.com	Tanaya vinayak Belade	20	Female	First BPT
148	6/2/2022 16:19:28	tanvichavan999@gmail.com	Tanvi chavan	23	Female	First MPT
149	6/2/2022 16:35:58	sj2012000@gmail.com	Snehal jain	22	Female	Intern
150	6/2/2022 16:37:17	mithilashaha12@gmail.com	Mithila Manoj Shah	18	Female	First BPT
152	6/2/2022 16:37:23	bhumikabisandre2001@gmail.com	Bhumika Arvind Bisandre	21	Female	First BPT
153	6/2/2022 16:38:09	mrunal.jadhav2017@gmail.com	Mrunal H Jadhav	22	Female	First BPT
156	6/2/2022 16:43:54	venumohan@gmail.com	Venu Mohan	45	Male	Academic Staff

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop




sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

157	6/2/2022 16:45:19	tanishadharod12@gmail.com	Tanisha Kamlesh Dharod	18	Female	First BPTth
158	6/2/2022 16:48:28	aabha.hasabnis@gmail.com	Aabha Hasabnis	20	Female	First BPTth
159	6/2/2022 16:49:02	pujaaurangabadkar@gmail.com	Pooja Aurangabadkar	20	Female	First BPTth
160	6/2/2022 16:49:15	solankiaarya10@gmail.com	Aarya Solanki	20	Female	First BPTth
161	6/2/2022 16:49:23	rupalimahajan1506@gmail.com	Rupali Mahajan	19	Female	First BPTth
162	6/2/2022 16:49:50	chinmayeejoshi94396@gmail.com	Chinmayee Paresh Joshi	18	Female	First BPTth
163	6/2/2022 16:50:05	kevalidoshi09@gmail.com	Kevali Doshi	19	Female	First BPTth
164	6/2/2022 16:50:10	shahheta64@gmail.com	Heta Shah	18	Female	First BPTth
165	6/2/2022 16:51:28	raghavnanote123@gmail.com	Raghav Nanote	19	Male	First BPTth
166	6/2/2022 16:51:31	yogitavpise@gmail.com	Yogita vishwanath pise	19	Female	First BPTth
167	6/2/2022 16:51:55	thisisprachi03@gmail.com	Prachi Gaikwad	18	Female	First BPTth
168	6/2/2022 16:52:11	bhavsarjuilee04@gmail.com	Juilee Suhas Bhavsar	19	Female	First BPTth
169	6/2/2022 16:53:03	pranitarathi01@gmail.com	Pranita Rathi	22	Female	Intern
170	6/2/2022 16:53:54	zrtampal@gmail.com	Zenia Tampal	19	Female	First BPTth
171	6/2/2022 16:54:14	mandavkarsanika22@gmail.com	Sanika Subhash Mandavkar	19	Female	First BPTth
172	6/2/2022 17:00:22	bppawara01@gmail.com	Abhijit Pawara	21	Male	First BPTth
173	6/2/2022 17:01:01	khushi.shah4103@gmail.com	Khushi shah	19	Female	First BPTth
174	6/2/2022 17:01:27	riddhipote@gmail.com	Riddhi pote	18	Female	First BPTth
175	6/2/2022 17:01:36	suru13102227@gmail.com	Srushti Patel	20	Female	First BPTth
176	6/2/2022 17:02:58	sandhyapandav392@gmail.com	Sandhya pandav	21	Female	First BPTth
177	6/2/2022 17:03:09	sakshibhutada.22@gmail.com	Sakshi Bhutada	19	Female	First BPTth
178	6/2/2022 17:06:37	vedantravindrautale@gmail.com	Vedant utale	19	Male	First BPTth
179	6/2/2022 17:07:31	vrushifuria@gmail.com	Vrushu	22	Female	Final BPTth
180	6/2/2022 17:10:12	rajputnandini1108@gmail.com	Nandini Rajput	19	Female	First BPTth
181	6/2/2022 17:11:04	jkashish543@gmail.com	Kashish Jain	19	Female	First BPTth
182	6/2/2022 17:11:09	sakshilahare25@gmail.com	Sakshi Ajay Lahare	19	Female	First BPTth
183	6/2/2022 17:15:09	gaglaniyukti@gmail.com	Yukti Gaglani	18	Female	First BPTth
184	6/2/2022 17:15:51	omajaymitra20@gmail.com	Om Mitra	19	Male	First BPTth
185	6/2/2022 17:16:35	khushikkariya@gmail.com	Khushi Kumesh Kariya	19	Female	First BPTth
186	6/2/2022 17:18:51	thatstanaya@gmail.com	Tanaya Raul	20	Female	First BPTth
187	6/2/2022 17:22:25	0908sachiagrawal@gmail.com	Sachi Agrawal	20	Female	First BPTth
188	6/2/2022 17:25:41	krishnasatishgupta96@gmail.com	Krishna	18	Female	First BPTth

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

189	6/2/2022 17:26:25	madansunaina16@gmail.com	Sunaina	20	Female	First BPTH
190	6/2/2022 17:29:47	wajesejal11@gmail.com	Sejal	19	Female	First BPTH
191	6/2/2022 17:37:57	thakurshruti474@gmail.com	Shruti Padmakar Thakur	19	Female	First BPTH
192	6/2/2022 17:38:27	prayag.mamania@gmail.com	Prayag Mamaniya	20	Male	First BPTH
193	6/2/2022 18:01:30	sonawaneshubhali2125@gmail.com	Shubhali pandharinath sonawane	19	Female	First BPTH
194	6/2/2022 18:11:34	aasthu4088@gmail.com	Aastha Shah	22	Female	Intern
195	6/2/2022 18:21:06	sae.pathakji99@gmail.com	Sae Pathakji	22	Female	Intern
196	6/2/2022 18:26:54	kadamshantanu89@gmail.com	Shantanu kadam	22	Male	First BPTH
197	6/2/2022 18:31:33	riyagandhi1206@gmail.com	Riya Gandhi	18	Female	First BPTH
198	6/2/2022 18:33:53	gautamidiwan13@gmail.com	Gautami mukund diwan	20	Female	First BPTH
199	6/2/2022 18:35:36	ruchadeshmukh1809@gmail.com	Rucha Deshmukh	19	Female	First BPTH
200	6/2/2022 18:50:51	vmchidrawar123@gmail.com	Vaibhav Chidrawar	20	Male	Second BPTH
201	6/2/2022 22:16:50	vinitapopat210@gmail.com	Vinita popat	19 years	Female	First BPTH
202	6/3/2022 7:27:40	truptee249@gmail.com	Truptee Parekh	23	Female	Intern
203	6/3/2022 10:31:20	mail.siddhi@gmail.com	Siddhi Kothari	19	Female	Second BPTH
204	6/3/2022 10:32:20	purvamahajan@icloud.com	Purva Mahajan	21	Female	Second BPTH
205	6/3/2022 12:57:42	shrushtigbora@gmail.com	Shrushti Bora	19	Female	Second BPTH
206	6/3/2022 16:22:41	iyerpurni01@gmail.com	Purnima Iyer	20	Female	Third BPTH
207	6/3/2022 19:38:35	chaitalipatil2002@gmail.com	Chaitali patil	20	Female	Third BPTH
208	6/3/2022 20:27:12	hrushi012000@gmail.com	Hrushikesh	22	Male	Third BPTH
209	6/6/2022 15:01:20	mitaliindani737573@gmail.com	Mitali	20	Female	First BPTH
210	6/7/2022 11:09:01	nemadegunjan16@gmail.com	Gunjan Nemade	19	Female	Second BPTH
211	6/14/2022 13:02:09	swarasalgar@gmail.com	Swara	20	Female	Second BPTH
212	6/14/2022 13:03:06	pardeshiarushi@gmail.com	Arushi Pardeshi	19	Female	Second BPTH

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Sr. No.	Name of participant teachers
1.	Dr. Sona Kolke
2.	Dr. Venu Mohan
3.	Dr. Jaspreet Talwar
4.	Dr. Nikita Dodwad
5.	Dr. Dinesh Chavan
6.	Dr. Amruta Ekbote
7.	Dr. Twinkle Kundnani


EVENT COORDINATOR
HOD, MSK DEPT

SICOP



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop

Date: 23/06/2022

Dept. of Musculoskeletal Physiotherapy, SICOP

Report of "International Yoga Day Celebration" (2022)

On the occasion of **International Yoga Day 2022**, the **Dept. of Musculoskeletal Physiotherapy**, organized a talk on Yoga for stability and mobility, and its effects on Pain relief.

The students learnt about how to incorporate yoga in patient care.

- **Yoga for Stability, Endurance & Mobility** by Dr. Nilima Bedekar, Head of the Dept. Musculoskeletal Physiotherapy
- **Yoga Nidra & its therapeutic benefits for pain relief** by Ms. Sucheta Kadethankar, Co-founder of Koham School of Yoga, Pune

The talk was attended by **52 Students of the first year and second-year Master of Physiotherapy (MPT) Program and 5 Teachers.** Students were also engaged in a question & answer session of uses of yoga in therapeutic practices.



EVENT COORDINATOR



HOD MSK DEPT

SICOP



Sancheti Institute College of Physiotherapy

Yoga Day Celebration report

Date- 21st June 2022

On the occasion of International Yoga Day, i.e. 21st June 2022 at 7am the student council had organized a Suryanamaskar relay competition for the students of first and second year BPT and master students.

The target given was of 108 Suryanamaskar in the shortest time. 10 teams of 6-8 participants (total- 84) took part in the event. Other students came for encouraging and cheering for their classmates.

Also, there were Yoga booth organized which were open throughout the day for the students to access and perform different yoga asana. About 100 students and teachers took part in this event. The students had to perform from the following asana after spinning the asana wheel: Chakrasana, Vrukshasana, Naukasana, Akarna Dhanurasana, Dhanurasana.

The winners and runners up of Surya namaskar relay were given E-certificates.

List of winners:

Sr no.	Event	Winners
1	Surya namaskar relay	Winners: Hrushikesh Karmakar Tanaya Sapre Esha Bhadkamkar Arushi Pardeshi Mansi Attarde Madhura Kulkarni Swara Salgar. Runners Up: Siddhi Bhadgaonkar Ananya Naik Anisha Deshmukh Madhura Jerurkar Dhanashree Khot Shubhanjali Raorane Aarti Akangire Rucha Satpurkar.
2	Yoga Asana: Chakrasana	Siddhali Dhargalkar (2.15sec)
3	Yoga Asana: Naukasana	Swara Salgar(20.01 sec)
4	Yoga Asana: Vrukshasana	Zenia Tampal(33.03 sec)
5	Yoga Asana: Akarna Dhanurasana	Isha Said(30.04 sec)
6	Yoga Asana: Dhanurasana	Dhanashree Khot- (09.03 Sec)

Dr. Dinesh Chavhan (PT)
Coordinator
Student Council & Welfare Committee



Dr. Apurv Shimpi (PT)
Chairperson
Student Council & Welfare Committee

Sancheti Institute for Orthopedics and
Rehabilitation College of Physiotherapy





sancheti
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

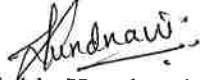
Sancheti Institute For Physiotherapy and
Rehabilitation College of Physiotherapy

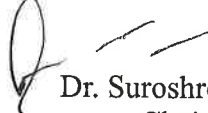
Extension Activities Committee

RefNo: SCOP/Ext act/ /2022

Date: 08/06/22

Kindly note that MSK Department and the extension activities committee on the occasion of International Yoga Day will be organizing a talk on yoga stability and mobility, and its effect on pain relief on 21st June, 2022 at SICOP for all master program (MPT) students.


Dr. Twinkle Kundnani (PT)
Coordinator
Extension Activities Committee


Dr. Suroshree Mitra (PT)
Chairperson
Extension Activities Committee



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop


Date: 1/6/2022-21/6/2022

Musculoskeletal PT Dept, SICOP

International Yoga Day Celebration (June)


International Yoga Day Talks



 College of Physiotherapy
an occasion of
International Yoga Day
Tuesday, 21st June 2022, from 01:30 - 02:30 pm IST

**Yoga for Stability,
Endurance & Mobility**
by
Dr. Nilima Bedekar
PhD, Professor,
Sancheti College Of Physiotherapy,
Pune

**Yoga Nidra & it's
therapeutic benefits
for pain relief**
By
Ms. Sucheta Kadethankar
Co-founder, Kohum School of Yoga,

Venue: Sancheti Healthcare Academy
also, streaming at 4.30 pm on  ORTHOTV


HOD

MSK PT Dept.

SICOP



“International Yoga Day Celebration” (2022): LIST OF PARTICIPANT STUDENTS:

SR. NO.	STUDENT NAME	SR. NO.	STUDENT NAME	SR. NO.	STUDENT NAME
1	Shah Kripa Sagar	21	Agrawal Sheetal Tarachand	41	Farooqui Naiyarah Badar
2	Shah Nupur Mukesh	22	Ahirekar Aniket Ramchandra	42	Shiwankar Shivani Anil
3	Shiwangi kumar	23	Ajmera Roshani Rajkumar	43	Tarate Shweta Rajendra
4	Singh Komal Rambahadur	24	Ambade Sara Anand	44	Kadam Siddhika Sanjay
5	Tamboli Arshin Feroz	25	Budhwani Nikita Purshottam	45	Mehta Miti Dipesh
6	Tikekar Shwetali Sudhir	26	Chavan Tanvi Ajay	46	Zawar Aditi Nitin
7	Toshniwal Anjali Dinesh	27	Dekate Akanksha Yogeshwar	47	Chutke Shivani Nitin
8	Vaidkar Tejaswini Pandurang	28	Gajbhiye Mrunal Mahendra	48	Vyas Kajal Rajendra
9	Warkhede Neha Sanjay	29	Gandhi Bhavna Santosh	49	Anahita Thomas John
10	Bhole Harshita Milind	30	Gandhi Soumyaa Puranjay	50	Kalra Simran Gulveersingh
11	More Anjali Atmaram	31	Joshi Revati Abhijit	51	Bhalerao Shruti Sudhir
12	Akolkar Renuka Ravindra	32	Kulkarni Ashwini Shashikant	52	Dingare Vaidehi Sunil
13	Khandediya Bhakti Bharatbhai	33	Mendon Shreya Ganesh		
14	Navale Mansi Madhukar	34	More Vaishnavi Vikas		
15	Ved Krishna Arun	35	Nayak Ayushree Shrikant		
16	Memon Farah Mohd Farook	36	Pathade Vaibhavi Vivekanand		
17	Boralkar Shalvi Devdatta	37	Pathak Sagrika Prashant		
18	Choudhari Chaitali Trambak	38	Patil Ratika Rajesh		
19	Patil Vaidehi Rajesh	39	Sarda Ankit Jagdish		
20	Yadav Priyal Lalmani	40	Satdeve Raksha Jitendra		

LIST OF PARTICIPANT TEACHERS

1.	Dr. Nilima Bedekar
2.	Dr. Sona Kolke
3.	Dr. Venu Mohan
4.	Dr . Siddhanth Sawant
5.	Dr. Nikita Dodwad



EVENT COORDINATOR



HOD MSK DEPT

SICOP



*Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy*

Date:7/6/2022

“International Yoga Day Celebration” (2022)

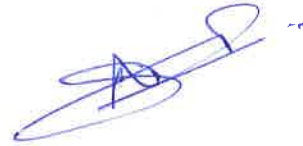
SURYANAMASKAR RELAY

On the occasion of International Yoga Day 2022, a Surya Namaskar relay is organized. It will be held on 21st June.

All BPT and MPT students interested to take this challenge should contact Dr. Dinesh Chavhan of the Student Council Committee. Please participate in large numbers to make this event a success.



COORDINATOR



CHAIRPERSON

STUDENT COUNCIL COMMITTEE

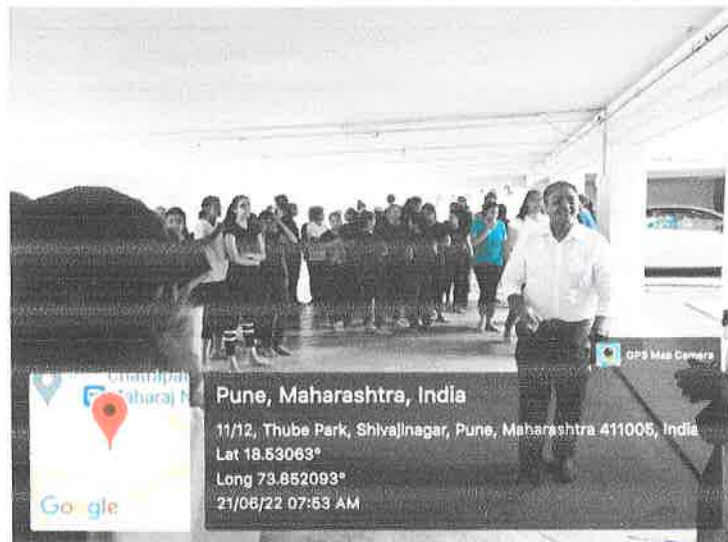
SICOP



Student Council Committee

International Yoga Day Celebration (June)

International Yoga Day Suryanamaskar Relay Challenge




Coordinator


Chairperson

Student Council Committee; SICOP

“International Yoga Day Celebration” (2022)

LIST OF STUDENTS -

Sr.No	Name of the students	Sr.No	Name of the students
1	Deshmukh Rucha Mukund	21	Sahu Sejal Sandeep
2	Deshmukh Sanika Sunil	22	Sancheti Apoorva Neeraj
3	Diwan Gautami Mukund	23	Shah Urja Jitesh
4	Doshi Kevali Rajay	24	Shaikh Aaliya Zuber
5	Eshwari Deo	25	Shetty Srushti Sadashiva
6	Gaglani Yukti Atul	26	Shivani Reddy
7	Gaikwad Prachi Sanjaykumar	27	Singh Bhavana Dharmendra
8	Gandhi Riya Vijay	28	Solanki Rutvi Ameet
9	Ghume Salonee Shreekant	29	Somani Bhakti Amol
10	Gupta Krishna Satish	30	Sul Nandita Satish
11	Hasabnis Aabha Chintamani	31	Surana Khushi Gautam
12	Indani Mitali Mahendra	32	Tank Kushita Uday
13	Jadhav Mrunal Hanmant	33	Tapadiya Aakanksha Prashant
14	Jain Kashish Abhay	34	Vador Kush Dharmendra
15	Joshi Chinmayee Paresh	35	Kulkarni Madhura Milind
16	Kadam Shantanu Sambha	36	Kulkarni Rasika Jitendra
17	Kaldate Abhishek Dilip	37	Lale Saloni
18	Karya Khushi Kumesh	38	Mahajan Purva Rajendra
19	Lahare Sakshi Ajay	39	Mansi Suresh Attarde
20	Madan Sunaina Surendrakumar	40	Naik Ananya Vinayak

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sr.No	Name of the students	Sr.No	Name of the students
41	Mamaniya Prayag Jitesh	63	Nemade Gunjan Devendra
42	Mandavkar Sanika Subhash	64	Oswal Palesa Ajit
43	Mitra Om Ajay	65	Pachisia Dhruvika Ajay
44	Nanote Raghav Yashwant	66	Pardeshi Arushi Umesh
45	Chaudhary Gauri Uday	67	Pathan Alfiya Akhtar
46	Chavan Anuj Sunil	68	Patil Shruti Sandeep
47	Diwanji Utkarsha Vinod	69	Raorane Shubhanjali Indrajeet
48	Dristi Atul Suchak	70	Rathod Pratham Mukesh
49	Gadodiya Aditi Mahabir	71	Salgar Swara Girish
50	Gadre Shardul Sanjeev	72	Sapre Tanaya Ketan
51	Gaharwar Aditi Shailendrasingh	73	Sarah Gulam Shaikh
52	Gawad Prajwali Mohan	74	Satpurkar Rucha Prasad
53	Gherwara Laxmi Khilesh	75	Shah Ayushi Viren
54	Iyer Purnima Krishnamurthy	76	Shaikh Mustkim Mustafa
55	Jain Poorna Dayalal	77	Sheth Krisha Nikhil
56	Jashnani Vyomika Manish	78	Agrawal Sakshi Ashok
57	Deshpande Esha Dnyanesh	79	Akangire Aarti Sujit
58	Dhargalkar Siddhali Dinesh	80	Anisha Ajit Deshmukh
59	Gala Kinnari Chirag	81	Bhadgaonkar Siddhi Subhash
60	Hage Shrushti Vasant	82	Bhadkamkar Eesha Bhalchandra
61	Bora Srushti Gautam	83	Bhairy Sanskruti Naresh
62	Dheria Bhakti Dhiren	84	Bhavsar Ishita Satishchandra



Dr. Dinesh Chavhan (PT)

Coordinator

Student Council & Welfare Committee



 22/6/22

Dr. Apurv Shimpi (PT)

Chairperson

Student Council & Welfare Committee

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy



Date: 21/06/2022

Neuro Physiotherapy Dept. with SIOR PT OPD

**Report Of Multiple Sclerosis Camp In Association With Multiple Sclerosis Society Of
India, Pune, June 2022**

The Neuro physiotherapy department of SICOP along with Multiple Sclerosis Society of India, Pune chapter organized 'a Multidisciplinary Free Medical Camp' for the patients and their caretakers on 19th June, 2022 from 9.30 am to 4 pm at Sancheti Institute for Orthopaedics and Rehabilitation Physiotherapy OPD. The session was conducted by Professor Dr. Radha Bhattad (PT), Associate Professor Dr. Dinesh Chavhan (PT), Assistant Professors Dr. Twinkle Kundnani (PT), Dr. Amruta Ekbote (PT) and clinical Therapist Dr. Darshita Narwani (PT), Dr. Sonal Shah (PT). The objective of the camp was -

- To provide a multidisciplinary treatment to MS patients
- To create awareness regarding the role of Physiotherapy management in Multiple Sclerosis, in patients, their caretakers and postgraduate physiotherapy students.

It was a multidisciplinary camp comprising of consultants with expertise in various fields:

Neurologist	E.N.T. Specialist
Urologist	General Physician
Gynecologist	Neuro Physiotherapist
Orthopedic	Dietician

Patients were evaluated and treated at various stations. Total no. of Patients benefited were 40

A total of 11 MPT students benefited from the camp. The students learnt administrative skills and clinical skills (assessing and managing patients with MS). The students **learnt administrative skill and clinical skills (assessing and managing patients with Neurological conditions)**. The students also learned to be a part of a **Multidisciplinary Team** and how each Team expert helps improve patient's functional outcome.


HOD

Neuro Physiotherapy Department

SICOP



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

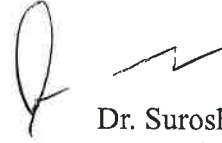
Extension Activities Committee

Date: 26/05/22

Kindly note that the extension activities committee and Neuro Department will be organizing Multiple Sclerosis camp on 19th June, 2022 at SIOR. It will be a multidisciplinary camp for MS patients. The camp will begin at 9:30 am. All neuro MPT students will be attending the camp.



Dr. Twinkle Kundnani (PT)
Coordinator
Extension Activities Committee



Dr. Suroshree Mitra (PT)
Chairperson
Extension Activities Committee



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

Date: 19/06/22

Neuro Physiotherapy Dept. with SIOR PT OPD

Multiple Sclerosis Camp June 2022



Rachha

HOD

NeuroPT Dept.

SICOP



[Signature]

**Multiple Sclerosis Camp In Association With Multiple Sclerosis Society Of India, Pune
June 2022**

LIST OF PARTICIPANT STUDENTS-

Sr. No.	Name of participant students	Sr. No.	Name of participant students
1	Deepika Balchim	7	Arshin Tamboli
2	Naiyarah Farooqui	8	Vaishnavi More
3	Vaidehi Patil	9	Mrunal Gajbhiye
4	Chaitali Tarmbak	10	Bhavna Gandhi
5	Shivani Shivankar	11	Ashvini Kulkarni
6	Priyal Yadav		

Sr. No.	Name of participant teachers
1.	Dr. Radha Bhattad
2.	Dr. Dinesh Chavhan
3.	Dr. Twinkle Kundnani
4.	Dr. Amruta Ekbote


HOD

Neuro Physiotherapy Department

SICOP



Date:27/5/2022

ONE-STUDENT ONE-TREE ACTIVITY REPORT

'ONE STUDENT ONE TREE' plantation activity will be conducted on 10th June 2022 from 12:30 pm to 1 pm on the fifth floor of Sancheti Institute College Of Physiotherapy.

All BPT and MPT students interested for this, kindly contact Dr. Twinkle Kundnani, Assistant Professor, Neuro Physiotherapy Department,



Dr. Suroshree Mitra
Chairperson,
Extension Activity Committee



Dr. Twinkle Kundnani
Coordinator,
Extension Activity Committee

SICOP



Date:12/06/2022

Extension Activities Committee, SICOP

Report Of MUHS One Student - One Tree Plantation Drive (June)

With reference to the MUHS circular no 44/2022 dated 6th May 2022, 'ONE STUDENT ONE TREE' plantation activity was conducted at Sancheti Institute College of Physiotherapy on 10th June, 2022 from 12:30 pm to 1pm on the fifth floor.

This activity helped the students to understand the importance of tree plantation and to help save our endangered environment. 25 Students (BPT & MPT) participated in the event and helped improve social awareness of increasing the green cover and helping the environment by planting the saplings of local variety.

Following trees were planted:

1. **Neem: 5**
2. **Neelmohar: 1**
3. **Ashok: 5**
4. **Kanchan: 5**
5. **Tabobiya: 4**



Dr. Suroshree Mitra

Chairperson



Dr. Twinkle Kundnani

Coordinator

Extension Activity Committee

SICOP



Extension Activities Committee, SICOP

MUHS One Student - One Tree Plantation Drive (June)




Coordinator


Chairperson

Extension Committee

SICOP



SANCHETI INSTITUTE COLLEGE OF PHYSIOTHERAPY, PUNE

'ONE TREE ONE STUDENT' activity- 10TH June, 2022

Attendance sheet

Sr No.	Name of the student	Sign
1	APURVA ANAND GULANIKAR (Final Year)	
2	Komal R. Singh (MSK MPT I)	
3	Utkarsha Pravin Joshi (Final Year BPT)	
4	Kashish Bhavin Sheh. (3 rd year BPT)	
5	Sayli M (3 rd year BPT)	
6	Soumya P. Gandhi (MSK MPT I)	
7	Sara Ambada (Comm. MPT I)	
8	Shruti Sudhir Prabhate (III year)	
9	Siddhi Mangesh Walavalkar (4 th year)	
10	Smile Jaiswal. (Final yr BPT)	
11	Devesh M. Kulkarni (Final yr BPT)	
12	Ayushu S. Nayak (MPT I)	
13	Anabita Thomas (MPT-II)	
14	Farah. Menon. (MPT-II)	
15	Bhakti Khandediya (MPT-II)	
16	Aditi Zawar (MPT-II)	
17	Krishna Ved (MPT-II)	
18	Vishwajeet. Deshmukh (III rd year)	



19	Shreya Kataria (BPTN-II)	<u>Kataria</u>
20	Krishna Sheth (BPTN-II)	<u>Sheth</u>
21	Esha Bhadkamkar (SYBPTH)	<u>Esha</u>
22	Aamushi Desai (FYBPTH)	<u>Desai</u>
23	Rupali Mahajan (FYBPTH)	<u>Mahajan</u>
24	Sharadul Gadre (TYBPTH)	<u>Gadre</u>
25	Vedant Utale (FYBPTH)	<u>Utale</u>



Principal and Professor
Sancheti Institute College of Physiotherapy
Pune - 411005



Dr. Twinkle Kundnani
10/6/22

Extension activity co-ordinator

Date:12/06/2022

Extension Activities Committee, SICOP

Report Of MUHS One Student - One Tree Plantation Drive (June)

With reference to the MUHS circular no 44/2022 dated 6th May 2022, 'ONE STUDENT ONE TREE' plantation activity was conducted at Sancheti Institute College of Physiotherapy on 10th June, 2022 from 12:30 pm to 1pm on the fifth floor.

This activity helped the students to understand the importance of tree plantation and to help save our endangered environment. 25 Students (BPT & MPT) participated in the event and helped improve social awareness of increasing the green cover and helping the environment by planting the saplings of local variety.

Following trees were planted:

1. **Neem: 5**
2. **Neelmohar: 1**
3. **Ashok: 5**
4. **Kanchan: 5**
5. **Tabobiya: 4**



Dr. Suroshree Mitra

Chairperson



Dr. Twinkle Kundnani

Coordinator

Extension Activity Committee

SICOP



Neuro Physiotherapy Dept. with SIOR

PT OPD Free Neurology Camp

Sancheti Institute for Orthopaedics and Rehabilitation and Neuro Physiotherapy Department from Sancheti Institute College of Physiotherapy had arranged a free Neurology & NeuroPhysiotherapy camp on 24th April,2022 from 9.00 am to 3.00 pm at Sancheti Institute for Orthopaedics and Rehabilitation Physiotherapy OPD.

The session was conducted by Professor Dr. Radha Bhattad (PT), Associate Professor Dr. Dinesh Chavhan (PT), and clinical Therapist Dr. Darshita Narwani (PT), Dr. Sonal Shah (PT), Dr. Srushti Laya Shree Sthapak (PT), Dr. Kalyani Joshi(PT). It was a **Multidisciplinary Camp** comprising of consultants with expertise in various fields:

Neuro- Physician	Physiotherapist	Speech Therapist
Spine Specialist	Occupational Therapist	Dietician

Patients were evaluated and treated at various stations.Total registrations done were **63** and the number of patients benefited were **53**.

A total of **19 students (both BPTH & MPT students)** benefited from the camp. The students learnt **administrative skill and clinical skills (assessing and managing patients with Neurological conditions)**. The students also learned to be a part of a **Multidisciplinary Team** and how each Team expert helps improve patient's functional outcome.



Event Co-ordinator



HOD, Neuro Physiotherapy Dept

SICOP



Date: 11/4/2022

FREE NEUROLOGY CAMP

The free neurology camp will be conducted on 24th April, 2022 from 9.00 am to 3.00 pm at Sancheti Institute for Orthopaedics and Rehabilitation Physiotherapy OPD. It will be a multidisciplinary camp comprising of consultants with expertise in various fields including neurophysician, spine specialist, physiotherapist, occupational therapist, speech therapist and dietician.

All the Final BPT and MPT students willing to participate need to contact Dr. Radha Bhattad, Professor, Neuro Physiotherapy Department, for details of the camp.



Event Co-ordinator



HOD, Neuro Physiotherapy Dept

SICOP



Date: 24/04/2022

Neuro Physiotherapy Dept. with SIOR PT OPDEree

Neurology Camp Apr' 2022



FREE NEUROLOGY CAMP
Date : 24 April 2022 Time : 9:00am to 3:00pm
Venue : Physiotherapy Department, Sancheti Hospital, Pune

NEUROLOGY CAMP

Physiotherapy Consultation On The Following Disease/ Problems:

- Stroke / Paralysis
- Spinal Cord Injury
- Traumatic Brain Injury
- Parkinson's Disease
- Multiple Sclerosis
- Alzheimer's / Dementia
- Seizures / Epilepsy
- Myopathy / Neuropathy

Registration Compulsory!
For Registration : Call - 91 9888 08845 (Between 8am to 8pm)



Rachy

HOD

Neuro PT Dept.

SICOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



Free Neurology Camp Apr' 2022

Sr no.	Name of participant teachers
1.	Dr. Radha Bhattad
2.	Dr. Dinesh Chavan

LIST OF PARTICIPANT STUDENTS-

Sr. No.	Name of participant students	Sr. No.	Name of participant students
1	Deepika Balchim	11	Rhea Kankaria
2	Vaidehi Patil	12	Isha Palamkar
3	Arshin Tamboli	13	Vaibhavi Jaju
4	Vaishnavi More	14	Rutvi Solanki
5	Mrunal Gajbhiye	15	Urja Shah
6	Bhavna Gandhi	16	Aditi Gaharwar
7	Ashvini Kulkarni	17	Utkarsha Diwanji
8	Anjali Toshniwal	18	Aaliya Shaikh
9	Shashwati Bendale	19	Pratiksha Khude
10	Ishita Khatri		



Event Coordinator



HOD, Neuro Physiotherapy Dept

SICOP



SICOP/ /

Date: 30/04/2022

55th Senior and Junior Artistic Gymnastic State Tournament,
Balewadi, Pune- 2022

55th Juniors and Seniors Artistic Gymnastics State Tournament 2022 was conducted by Amateur Gymnastics Association, Maharashtra at Shivchatrapati Sports Complex, Mahalunge, Balewadi from 23rd-24th April 2022 which included men's and women's teams (junior and senior categories) participating in the event. The Sports Department of Sancheti Institute College of Physiotherapy was a part of the physiotherapy team for the entire event. The matches were conducted in the period of 2 days which included individual and team events.

The event was held on 23rd-24th April which started with the Junior event and was followed by Senior event. All the gymnasts underwent 10-15 minutes of warm-up prior to every event which was supervised by the physiotherapists and included jogging along with dynamic stretching of all major muscle groups. Additionally, certain gymnast-specific warm-up drills were also conducted. Following the events, the players underwent a cooldown session which included stretching of all major muscle groups.

A team of 2 physiotherapists, Dr. Vaidehi Dingare and Dr. Shalaka Wankhade from SICOP Sports Department covered the tournament and treated various injuries.

Following are the list of injuries and treatment given.

Body Region	Injuries	Treatment
Head Neck Face	Abrasion-1 Contusion-1	First aid Cryotherapy



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

sancheti **College of Physiotherapy**

11/12, Thube Park, Shivajinagar, Pune - 411 005.
 (Id No. PU / PN / Physio / 122 / [1997])
 (Id No. MUHS / 121)

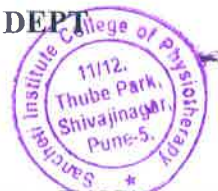
Direct : 020 - 25539393
 Tele Fax : 020 - 25539494
 E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
 28999999
 Extn. : 9411 / 9412 / 9413

Upper Limb	Rotator cuff strain-2 Shoulder pain-4 TFCC-1 Wrist pain-1 Shoulder impingement-2 Trapezius spasm-2	Cryotherapy, First aid, Immobilisation Taping Taping, MET Taping MFR, stretches, MET
Spine	Latissimus Dorsi strain-1 Muscular strains-2 Paraspinal muscle spasm-2	MET, Cryotherapy, Taping Cryotherapy, Taping Mobilisations, Stretches
Lower Limb	Lateral Ankle Sprains-7 High ankle sprain-1 Iliopsoas strain-1	Taping, Crepe bandaging, cryotherapy, elevation MFR, MET

N.S.

HOD
MSK & SPORTS PT DEPT
SIORCOP



[Handwritten Signature]

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

**Sancheti Institute for Orthopaedics and
 Rehabilitation College of Physiotherapy**

55th Senior and Junior Artistic Gymnastic State Tournament, Balewadi Pune- 2022



N.B.

HOD
MSK & SPORTS PT DEPT
SIORCOP



Special Olympics Bharat assessment camp- April 2022.

**Venue- Kamayani School for Mentally handicapped,
Gokhale nagar, Pune.**

An assessment camp was organized by the Special Olympics association of India all over the country under the "Azadi ka Amrut Mahotsav" banner titled --- National Health Fest for Divyangjan-We Care. Students and faculty of Sancheti Institute College of Physiotherapy, Pune had the privilege of participating and providing our services to the specially-abled children.

The camp was conducted on Thursday, 7th April, 2022 at multiple locations all over India; our students volunteered at 3 locations in Pune.

This report is for the location of Kamayani School for Mentally handicapped, Gokhale nagar, Pune. Two Community MPTs, two Sports MPTs, one Cardio MPT, three interns, three 4th year UGs along with Dr. Swapnil Ramteke (PT) were present for the camp from Sancheti Institute College of PT, Pune.

Students reported at 8am at the venue, and were present till 4.30pm; breakfast, lunch and tea being provided by the organizers.

The participants were assessed based on the assessment format provided by the Special Olympics organization during a previous Zoom meeting.

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



Various fitness parameters were assessed and exercises in line with the same were conducted and taught to the athletes and their caregivers.

Other healthcare professionals from different colleges assessed the dental health and body composition parameters.

All COVID appropriate behaviour and precautions were reiterated to the participants' caregivers and assessors. Care was taken to follow the same throughout the camp.

As physiotherapists, we evaluated all the factors considering the differently abled children. This was a very humbling experience for all the assessors. As students we learnt how to interact and connect with this population in a short period of time, the communication skills, time management as well as ideas about how to adapt on the go. Overall it was a very good learning experience. We are grateful for getting this opportunity to be a part of this camp.



HOD

SPORTS AND MSK PT DEPT

SIORCOP





**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

Special Olympics Bharat assessment camp- April 2022.




HOD

SPORTS AND MSK PT DEPT

SIORCOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop





ABHAY CHHAJED
Trustee
P.I.M.T.

SUMANT WAIKAR
Race Director
P.I.M.T.

GURBANS KAUR
Joint Race Director
P.I.M.T.

BAPTIST D'SOUZA
Tech. Race Director
P.I.M.T.

ROHAN MORE
Trustee
P.I.M.T.

To

Date : 15/02/2022

Dr. Parag Sancheti,
Chairman & managing Director
Sancheti Hospital.

Sub.: Request to send physiotherapists for medical management of 35th Pune International Marathon .

Respected Sir

The 35th Pune International Marathon 2022 Will start 27th Feb 2022 Time :12am (Mid Night)to 7:30am Morning

Route Start From sanas ground near Saras Baug goes to P.M.C Chowk (U Turn) Back to Sanas Ground Then on Singhgad road Rajaram Bridge chowk - Dhayari Flyover- Lokmat Office Chowk(U Turn) & Back to sanas ground .

The Pune International Marathon is the Oldest Marathon of the country & popular all over the world . This year more than 100 Athletes from. 20 countries will Participate. The total number of Participants is expected more than 40,000 in all events not Just that .tens –of – thousands of enthusiastic Pune ities will Participate in the marathon Creating an Unparalleled carnival like atmosphere with routes flooded by cheering crowds.

Sancheti Hospital, & College of Physiotherapy is always been backbone of this mega event. We thank you for your continuous support and looking forward for the same in future.

Thanking You
Yours Faithfully

Mr. Rohan More

PIM 2022



Dr. Rajendra Jagtap
Marathon Medical Committee
Incharge

THANKING YOU

Date: 01/03/2022

35th Pune International Marathon 2022

Pune, Maharashtra

27th February 2022

35th Pune International Marathon 2022 was conducted at Baburao Sanas ground, Sarasbaug, Pune on 27th February 2022 which included children, adults and wheelchair runners participating from all over the world in the marathon. **56 students (53 Final Year BPT and 3 MPT)** of SIORCOP volunteered for this event. The sports department of Sancheti Institute College of Physiotherapy was a part of the physiotherapy team for the entire event.

Event time

Full Marathon (42.195km)-12:01am

Half Marathon (21 km)-12.01am

10km run-5:30am

5km run and wheelchair run-6.15 am

Route

- Full marathon: Baburao Sanas ground – Bajirao road- Shanipar-Appa Balwant Chowk-Shanirwada-New bridge-Ramasr bakery... (again) towards) Bajirao road – Sanas ground – Sinhgad road- Dandekar chowk – Ganeshmala – Santosh Hall –Goyal Ganga – Lokmat Bhavan (again back to) Sanas ground
- 21 kilometres was completed on above mentioned route and full marathon runner ran again on the same route.
- 10km: Start from Baburao Sanas ground – Sarasbaug-Dandekar chowk-Ganesh Mala chowk – Sanas ground – Mahalaxmi Chowk (Sarasbaug) – Singhad road – Dandekar chowk – Sanas ground
- 3km: Mahalaxmi chowk (Sarasbaug) – Singhad road – Dandekar chowk

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop




Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Participants

International runners: 30

National runners: 2,500

All the runners prior to every event they ran underwent 10-15 minutes of warm up which included dynamic stretching and Zumba activities. **Post the matches the runners underwent a cooldown session which included stretching of all major muscle groups.**


A team of physiotherapists from the SICOP sports department covered the marathon and treated various injuries.

The students were **trained for First-aid and Physiotherapy management** for running-related sports injuries of the participating athletes. They were **sensitized for being Physiotherapists as part of a support team for a live sports event.**



**HOD
MSK PT DEPT
SIORCOP**

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

35th PUNE INTERNATIONAL MARATHON
27th FEBRUARY 2022



NSB

**HOD
MSK PT DEPT
SIORCOP**



The Pune International Marathon (Feb '2022)

LIST OF PARTICIPANT FINAL YEAR BPTH STUDENTS

SR NO.	NAME OF STUDENT	SR NO.	NAME OF STUDENT
1	Bendale Shashwati Rajendra	23	Joshi Taranga Girish
2	Chikate Rajshri Suresh	24	Joshi Utkarsha Pravin
3	Damle Aditi Rajendra	25	Kasare Ajinkya Manoj
4	Dandegaonkar Pooja Vinayakrao	26	Kulkarni Devesh Mahesh
5	Dhuri Isha Jagdish	27	Lahoti Arpita Ajay
6	Dole Omkar Sheshrao	28	Lohakare Arya Rukminikant
7	Doshi Vidhi Hitesh	29	Makhija Deepti Mahendra
8	Furia Vrushi Jignesh	30	Mehta Jheel Nishchal
9	Gada Raj	31	Nadkarni Stuti Suyash
10	Girhe Vaishnavi Subodh	32	Nandgaonkar Saveri Meghan
11	Girolla Shraddha	33	Neharkar Shivkanya
12	Godhankar Atharva Pradeep	34	Odedra Arjun Gagan
13	Goenka Anshu Darshan	35	Palamkar Isha Pradeep
14	Goyal Tanisha Navin	36	Panpaliya Pooja Premanand
15	Gujarathi Tulsee Tushar	37	Parekh Sakshi Ashish
16	Gulanikar Apurva Anand	38	Parkar Nidhi Pravin
17	Ishita Khatri	39	Patil Kajal Madhukar
18	Jadhav Padmaja Satishchandra	40	Patil Vedant Shrikant
19	Jain Esha Hasmukh	41	Pranjal Jumle
20	Jaju Vaibhavi Jagdish	42	Salunkhe Sourabh Mahesh
21	Joshi Dhanashree Anand	43	Saudamini Karnani
22	Joshi Disha Sanjay	44	Shah Akshita Abhijeet

 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

SR NO.	NAME OF STUDENT
45	Shengal Pratik
46	Sidwani Virti Mahesh
47	Singhaniya Khushi Dilip
48	Smile Jaiswal
49	Solanki Stuti Kalpesh
50	Vira Hiya Ketan
51	Wagh Anusha Prafulla
52	Waghuskar Siddhita Sandeep
53	Walavalkar Siddhi Mangesh

SR NO.	NAME OF STUDENT
1.	Bhardwaj Yogyata Ishwar
2.	Dingare Vaidehi Sunil
3.	Patil Vaidehi Rajesh



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

"Menstrual health, hygiene and Pelvic floor Awareness Camp" 29th December,
2021. Venue: Zilla Parishad School, Maan.

The Community Physiotherapy Department of SICOP organized an awareness camp on **"Menstrual health, hygiene, and Pelvic floor"** for the girls of standard 6th to 8th at Zilla Parishad School, Maan. The camp had participation of Final-year BPT^h and MPT students .

The **final-year students volunteered for the wonderful skit, with 6 community physiotherapy masters who educated the students using the pelvic floor model.** The camp was conducted between 10 am to 12 pm at the Zilla Parishad School, Maan. **A total of 180 girls** were made aware of menstrual health, hygiene, and the pelvic floor using a skit that gave the idea of the physiology of menstruation, the importance of use of sanitary pads also how to use and dispose of it. The normal anatomy and physiology of the pelvic floor were also explained using the pelvic floor model.

The male volunteers from the final year also took a step ahead to spread awareness that the males in the society are to be educated about the same.

On the day of the camp, all **COVID-appropriate behavior, and precautions were taken** into consideration by the school children, volunteers, and staff.

A **talk was delivered by Dr. Suroshree Mitra (PT)** describing the menstrual cycle, how important it is for the normal body's physiological process, how long it lasts in a cycle, and also about the importance and role of pelvic floor muscles. An **education pamphlet was given** to the principal to circulate among the parents and their neighborhood.

The camp was useful to all the students as they got to know about the **actual need for awareness** in such communities. As Masters students we learned how organizing a camp needs proper documentation, timing, teamwork, and dedication.

The camp was overall a very **good learning experience.** We thank the community physiotherapy department for their support, and guidance and for giving us an opportunity to be a part of the camp.



EVENT COORDINATOR



HOD, COMMUNITY DEP

SICOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



SICOP/ /

Date : 15/12/2021

"Menstrual health, hygiene and Pelvic floor Awareness Camp" 29th December, 2021.
Venue: Zilla Parishad School, Maan.

The Community Physiotherapy Department of SICOP has organized an Awareness Camp on "Menstrual health, hygiene, and Pelvic floor" for the girls of standard 6th to 8th at Zilla Parishad School, Maan.

The camp will be conducted between 10 am to 12 pm at the Zilla Parishad School, Maan. On the day of the camp, all COVID-appropriate behavior, and precautions will be taken into consideration by the school children, volunteers, and staff.

The interested Final Year Students & Community MPT students kindly contact Dr. Suroshree Mitra.



Event Coordinator:



HOD:

Community PT Dept

SICOP



SICOP/ /

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Date: 29/12/2021

Community Physiotherapy Department, SICOP

**Menstrual health, hygiene and Pelvic floor Awareness Camp, Zilla Parishad
School, Maan, 29th December, 2021**




HOD

Community Dept
SICOP



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Community Physiotherapy Department, SICOP

"Menstrual health, hygiene and Pelvic floor Awareness Camp" 29th December, 2021.

LIST OF STUDENTS:

Sr.No.	MPT STUDENTS
1	Gowda Suyogini Manjappa
2	Chutke Shivani Nitin
3	Vyas Kajal Rajendra
4	Anahita Thomas John
5	Kalra Simran Gulveersingh
6	Bhalerao Shruti Sudhir

List Of Participant Teachers:

Sr.No	Name Of teachers
1	Dr.Suroshree Mitra
2	Dr. Farheen Patel
3	Dr. Apurv Shimpi



EVENT COORDINATOR



HOD, COMMUNITY PT DEPT

SICOP



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

Sancheti College of Physiotherapy

FINAL Year Attendance Sheet (2020-2021) for Extension Activities Event





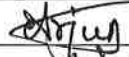

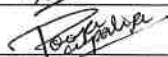
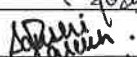
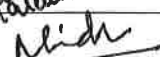
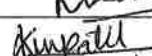
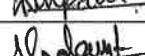
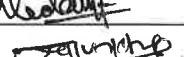


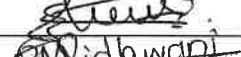
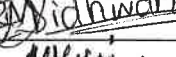




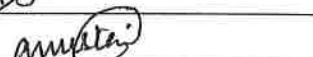
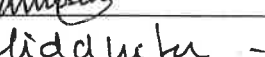
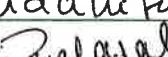
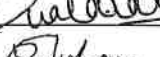
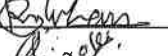
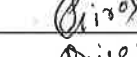
Title: MENS TRUAL H & GISENK AW ARBNI RSP

Date: 29/12/21 Mode: OFFLINE

Venue: MAAN SCHOOL

Roll No.	Name	Sign
1	SHASHWATI BENDALE	
2	RAJSHRI CHIKATE	
3	ADITI DAMLE	
4	POOJA DANDEGAONKAR	
5	ISHA DHURI	
6	OMKAR DOLE	
7	VIDHI DOSHI	
8	VRUSHI FURIA	
9	VAISHNAVI GIRHE	
10	ATHARVA GODHANKAR	
11	ANSHU GOENKA	
12	TANISHA GOYAL	
13	TULSEE GUJARATHI	
14	APURVA GULANIKAR	
15	PADMAJA JADHAV	
16	ESHA JAIN	
17	SMILE JAISWAL	
18	VAIBHAVI JAJU	
19	DHANASHREE JOSHI	
20	DISHA JOSHI	
21	TARANGA JOSHI	
22	UTKARSHA JOSHI	
23	PRANJAL JUMLE	
24	SAUDAMINI KARNANI	
25	AJINKYA KASARE	
26	ISHITA KHATRI	
27	DEVESH KULKARNI	
28	ARPITA LAHOTI	
29	ARYA LOHOKARE	



30	DEEPTI MAKHIJA	
31	JHEEL MEHTA	
32	STUTI NADKARNI	
33	SAVERI NANDGAONKAR	
34	ARJUN ODEDRA	
35	ISHA PALAMKAR	
36	POOJA PANKPALIYA	
37	SAKSHI PAREKH	
38	NIDHI PARKAR	
39	KAJAL PATIL	
40	VEDANT PATIL	
41	SOURABH SALUNKHE	
42	AKSHITA SHAH	
43	AYESHA SHAIKH	
44	VIRTTI SIDHWANI	
45	KHUSHI SINGHANIYA	
46	STUTI SOLANKI	
47	GARIMA TOTLA	
48	HIYA VIRA	
49	ANUSHA WAGH	
50	SIDDHITA WAGHUSKAR	
51	SIDDHI WALAVALKAR	
52	RISHIKESH CHAVAN	
53	SHRADHA GIROLLA	
54	RAJESHRI MANDUNKAR	
55	PRATIK SHENGAL	

Name and sign of Extension Activity Co-ordinator/ Event Co-ordinator:





Date: 23/12/2021

**REPORT of 11th HOCKEY INDIA SENIOR MEN'S NATIONAL
CHAMPIONSHIP
DECEMBER 2021**

The 11th Hockey India Senior Men's National Championship was held from 11th to 21st December 2021 which was organized by the Pimpri Chinchwad Municipal Corporation. The Musculoskeletal & Sports PT Department of Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy was a part of the Physiotherapy support team for the entire event.

There was a national representation of athletes participating for the event. The following **3 Sports specialty MPT students** volunteered for this event: Vaidehi Dingare, Shalaka Wankhede & Yogyata Bharadwaj.

The students were **trained for First-aid and Physiotherapy management** for hockey-related sports injuries of the participating athletes and were **sensitized for the role of Physiotherapists as part of a support team for a live sports event.**

The students along with Staff provided first-aid for the hockey-related injuries during the event as well as warm-up & cool-down sessions (that included stretching) for the hockey players.

ASB

**HOD
MSK PT DEPT
SIORCOP**



[Signature]

11th HOCKEY INDIA SENIOR MEN'S NATIONAL CHAMPIONSHIP
DECEMBER 2021



MSB

HOD
MSK PT DEPT
SIORCOP



Date: 20/11/2021

Cardiovascular and Respiratory Physiotherapy Department, SICOP

World COPD Day Report (17th November 2021)

On 17th November 2021 to celebrate World COPD Day, Cardiovascular and Respiratory Physiotherapy Department of Sancheti Institute College of Physiotherapy, Pune had organized a skit to promote awareness of Chronic Obstructive Pulmonary Disease i.e. COPD amongst the general public in a hospital setting

The skit (Approx 5 to 6 min duration) was performed by 8 CVRS PT MPT students at Sassoon General Hospital and Kamala Nehru Hospital (PMC) and focused on:

- 1. Common risk factors of COPD e.g. Smoking, air pollution**
- 2. Early recognition of symptoms**
- 3. Changes in the airways (using trachea-bronchial tree and airway models)**
- 4. Timely referral to a physician**
- 5. Brief demonstration of Physiotherapy in respiratory conditions**
- 6. Being regular with medications and exercise**
- 7. Improvement in functioning with rehabilitation**

The students learned how a skit using an audio-visual medium is an effective health promotion for the masses. It received a great response and enabled the students to reach out to several patients and relatives who also appreciated the initiative. A running PPT about awareness of COPD was prepared by Dr. Raziya Nagarwala (PT). HOD Cardiovascular and Respiratory Physiotherapy Department, SICOP was displayed at various OPDs of Sancheti Institute of Orthopedics and Rehabilitation.


HOD,

CVRS PT DEPT; SICOP





Cardiovascular and Respiratory Physiotherapy Department, SICOP

WORLD COPD DAY 17th November 2021



At Kamala Nehru Hospital

At Sasoon General Hospital




HOD,

**CVRS DEPARTMENT
SICOP**



**ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL
TRUST www.sha.edu.in/sicop**

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,
Sancheti College of Physiotherapy

Final Year Attendance Sheet (2020-2021) for Extension Activities Event

Title: COPD day

Date: 17/11/21 Mode: Offline.

Venue: SCM, KNH, SIOR

Roll No.	Name	Sign
1	Agashe Yashashree Yashwant	Y. Agashe
2	Bajaj Vaishnavi Krishna	V.K. Bajaj
3	Banawlikar Pranjali Purushottam	Banawlikar
4	Bangad Sharyu Anand	B. Bangad
5	Bapat Rugved Suresh	R. Bapat
6	Bhatt Krupali Devang	Krupali Bhatt
7	Borhade Apurva Dattatray	A. Borhade
8	Chavda Bhakti Chandrashi	Bhakti Chavda
9	Dhobale Akshay Anand	A. Dhobale
10	Doiphode Niya Kishore	N. Doiphode
11	Dupare Sakshi Harshwardhan	S. Dupare
12	Gavate Vaishnavi Sanjay	V. Gavate
13	Goradia Nirali Bimal	N. Goradia
14	Gujar Radhika Sonal Singh	R. Gujar
15	Jain Nikhil Dilipchand	N. Jain
16	Jain Snehal Prakashchandra	S. Jain
17	Joshi Mitali Ulhas	M. Joshi
18	Kamble Isha Shailesh	I. Kamble
19	Kate Rinkle Kashinath	R. Kate
20	Khan Umama Mariya Mohammed Iftekhar	U. Khan
21	Koli Durgesh Rajan	D. Koli
22	Kshirsagar Priyanka Prakash	P. Kshirsagar
23	Kulkarni Gargi Ratnakar	G. Kulkarni
24	Maddi Meghana Vinod	M. Maddi
25	Mahashabde Gautami Atul	G. Mahashabde
26	Makwana Riddhi Bharatkumar	R. Makwana
27	Mankar Kalyani Jayant	K. Mankar
29	Mirge Manjiri Tulshidas	M. Mirge



30	Modi Malavi Gurvish	
31	Modi SANSKRUTI SEHUL	
32	Mohite Vedika Sanjay	<i>Mohite</i>
33	Nikam Snehal Jitendra	<i>SJNika</i>
34	Parekh Truptee Chintan	<i>Parekh</i>
35	Pathakji Sae Sujay	
36	Pednekar Siddhi Sunil	<i>Pednekar</i>
37	Rao Ashwita Umesh	
38	Rao Swati Vijay	<i>Swati Rao</i>
39	Rathi Pranita Sunil	
40	Rathod Arti Ramrao	<i>Rathod</i>
41	Rathod Palakh Jitendra	<i>Rathod</i>
42	Reddy Soundarya Ramaswamy	
43	Sapre Samruddhi Vinay	<i>Spre</i>
44	Shah Aastha Dipak	
45	Shah Krutika Jatin	
46	Shah Riddhi Nilesh	
47	Shingre Ketaki Madhav	<i>Shingre</i>
48	Shirgaokar Apurva Dinesh	<i>Shirgaokar</i>
49	Shroff Riddhi Sandeep	<i>Riddhi</i>
50	Sonawane Aditi Dinkar	<i>Aditi</i>
51	Tawade Shubham Shailesh	<i>Tawade</i>
52	Tawari Mansi Umesh	
53	Vira Nidhi Amish	
54	Nambiar Anaita A	
55	Deshpande Nikita Viraj	
56	Mehta Jinali Bhavesh	
57	Rathod Pooja Shrimant	
58	Rao Shivani Sandeep	
59	Shetty Nikhil Ulhas	
60	Shisode Bhairavi Ashish	

Name and sign of Extension Activity Co-ordinator/ Event Co-ordinator:



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

O.No- 170- B

23rd November 2021

To

The Medical Superintendent,
Kamla Nehru Hospital, Pune

Subject: Permission to perform skit in premises of Kamla Nehru Hospital, Pune on occasion of World COPD day


Dear sir,

World COPD day is celebrated all over the world on third Wednesday of month of November. On this occasion, students of Sancheti College of physiotherapy, Pune would like to perform a skit in the premises of Kamla Nehru hospital to create awareness among masses about chronic obstructive lung disease prevention and role of physiotherapy in its management.


We request you to kindly grant us the permission for this activity. We assure you that order and functioning of the hospital will not be disturbed during the performance.

Thanking you.

Yours sincerely,


Dr Apurv Shimpi (PT)
Principal,
Sancheti College of Physiotherapy




Dr Raziya Nagarwala (PT)
HOD CVR Physiotherapy Dept,
Sancheti College of Physiotherapy





13th November 2021

To

The Dean,

B J Medical college,

Sassoon General Hospital, Pune

Subject: Permission to perform skit in premises of Sassoon General Hospital, Pune on occasion of World COPD day (17th November 2021)

Dear Sir,

World COPD day is celebrated all over the world on third Wednesday of month of November. On this occasion, students of Sancheti College of physiotherapy, Pune would like to perform a skit in the premises of Sassoon general hospital to create awareness among masses about chronic obstructive lung disease prevention and role of physiotherapy in its management.

We request you to kindly grant us the permission for this activity. We assure you that order and functioning of the hospital will not be disturbed during the performance.

Thanking you.

Yours sincerely,

for Dr Bedekar
Dr Apurv Shimpi (PT)

Principal,

Sancheti College of Physiotherapy



Dr Raziya

Dr Raziya Nagarwala (PT)

HOD CVR Physiotherapy Dept,

Sancheti College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy



[Signature]

Dr Apurv Shimpi

*Hc physiotherapy
Sassoon*

*pl. do needful
16/11*

Cerebral Palsy day Celebration – Report

‘MILLIONS OF REASONS’

Date: 9th October, 2021

Time: 10 AM to 12:30 PM

Venue: Kamla Nehru Hospital

Objective:

1. To celebrate millions of reasons to celebrate the victory and achievements of the warriors.
2. To create awareness in post-natal women about the high risk infants, the risk factors and causative factors of Cerebral Palsy, the developmental milestones and the facilities of Early Intervention.
3. To create awareness about the procedure of procurement of disability certificate/ UDID card and the various government schemes.

Programme:

The programme started at 10:30 AM with visit of the II MPT Neuro students to the PNC wards (ward no. ...,... and ..) along with Dr Dinesh and Dr Franny. Considering all the COVID 19 norms, the team made all the patients and their relatives aware of the high risk infants, the developmental milestones, the risk factors and causative factors of Cerebral Palsy and their age group and the facilities of Early assessment and Intervention services available. Following which there was a celebration at Physiotherapy OPD (OPD no. 40) where there were games, gifts and refreshments made available for all the warriors and their caretakers. Dr Disha Patni put together a video resembling the journey of all the kids with CP, coming to the OPD on daily basis. Apart from this, there was an awareness program for all the caregivers conducted by Dr Franny Nathani regarding the procedure of online application for the Unique Disability Identity card and the various schemes made available by the Government for patients diagnosed with Cerebral Palsy. The Programme was attended by 7 patients, and their caregivers. The planning and supervision of the event was done by Dr Radha Bhattad (HOD Neuro), coordinated by Dr Dinesh Chavhan (Asso Prof in Neuro PT) and internally coordinated and moderated by Dr Franny Nathani (Asst Prof).

Date : 25/9/2021

Cerebral Palsy day Celebration

The programme will start at 10:30 am with Dr Dinesh and Dr Franny coordinating the event. All the COVID-19 norms will be adhered to, and the team will have a Patient and Parent Education program highlighting high risk infants, the developmental milestones, the risk factors and causative factors of Cerebral Palsy and the facilities of Early assessment and Intervention services available.

Following which there will be a celebration at Physiotherapy OPD. There will be an awareness program for all the caregivers conducted by Dr Franny Nathani regarding the procedure of online application for the Unique Disability Identity card and the various schemes available by the Government for patients diagnosed with Cerebral Palsy. The planning and supervision of the event will be done by Dr Radha Bhattad (HOD Neuro).



Event Coordinator:

HOD:



Neuro PT Dept

SICOP



Date: 09/10/2021

Neuro Physiotherapy Department, SICOP

Cerebral Palsy day Celebration, Kamla Nehru Hospital

9th October, 2021



HOD
Neuro PT Dept
SICOP

Ra. dhanu

[Signature]

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

Serial No.	Names
MPT II	
1.	Dr Disha Patni
2.	Dr Pradnya Wankhede
3.	Dr Shaharsha Borkar
4.	Dr Chetna Jain
MPT I	
5.	Dr Vaidehi Patil



Event Coordinator



HOD, Neuro Department

SICOP



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

The following were the responsibility of the students:

Serial No.	Names	Responsibility
1.	Dr Chetna	Awareness about the risk factors and causes of Cerebral Palsy
2.	Dr Pradnya	Awareness about normal developmental milestones
3.	Dr Disha	Awareness about Early Assessment and Intervention, A short video of their journey
4.	Dr Shaharsha	Decoration and Games for the kids



Event co-ordinator



Principal

SICOP

Students who benefitted from the event were:

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



Date: 29/09/2021

**CARDIOVASCULAR & RESPIRATORY PHYSIOTHERAPY & NEURO
PHYSIOTHERAPY DEPARTMENT, SICOP**

**REPORT OF "WORLD HEART DAY" CELEBRATION: GERIATRIC CARDIAC FITNESS
CAMP (26th September 2021)**

On the occasion of World Heart Day the Cardiovascular & Respiratory Physiotherapy Department & NeuroPhysiotherapy Department of Sancheti Institute of Orthopedics & Rehabilitation College of Physiotherapy (SICOP) held a **Geriatric Cardiac Fitness Assessment Camp** in ONP Silver Homes Senior Care Centre, Balewadi, Pune in Collaboration with **Rotaract Club of Medicrew, Pune**.

The Camp was held on **26th September 2021 from 9 am to 2 pm** and saw the participation of **11 students (6 BPTTh + 5 MPT)** along with **2 Teacher coordinators**

The Cardiac Fitness Camp benefitted **29 residents** of the ONP Silver Home with the age group of more than 65 years. **Students were given an opportunity to evaluate cardiac fitness of geriatric group. They learned about conducting a Health Promotion Camp in the community set-up and about health education.**

Event Coordinator: Dr. Radha Bhattad (NeuroPT Dept.)

Dr. Rucha Rayas (CVRS PT Dept)

Principal:

SICOP



Date : 11/9/2021

“WORLD HEART DAY” CELEBRATION: GERIATRIC CARDIAC FITNESS CAMP

On occasion of World Heart Day the Cardiovascular & Respiratory Physiotherapy Department & NeuroPhysiotherapy Department of Sancheti College of Physiotherapy will be organizing a Geriatric Cardiac Fitness Assessment Camp in ONP Silver Homes Senior Care Centre, Balewadi, Pune in Collaboration with Rotaract Club of Medicew, Pune.

The Camp will be held on 26th September 2021 from 9 am to 2 pm .

Final BPTth and MPT students willing to participate contact Dr. Radha Bhattad and Dr. Rucha Rayas for the same.

Event Coordinator: Dr. Radha Bhattad (HOD, NeuroPT Dept.)

Dr. Rucha Rayas (Asst. Prof., CVRS PT Dept)




SICOP



**CARDIOVASCULAR & RESPIRATORY PHYSIOTHERAPY & NEURO
PHYSIOTHERAPY DEPARTMENT, SICOP**

“WORLD HEART DAY” CELEBRATION: GERIATRIC CARDIAC FITNESS CAMP



Event Coordinator: Dr. Radha Bhattad (NeuroPT Dept.)

Radha

Principal:

Dr. Rucha Rayas (CVRS PT Dept)

Rucha

SICOP



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

[Signature]

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

LIST OF PARTICIPANT STAFF AND STUDENTS

Category	Name of participants	Number
BPTh students	Rutvi Solanki Shardul Gadre Atharva Nikam Utkarsha Diwanji Prathmesh Kothari Aditi Gaharwar	06
MPT students	Anahita Thomas – MPT1 Poonam Naubade – MPT 2 Pranjali Phulgirkar – MPT 2 Anjali Awachat – MPT 2 Geeta Sahane – MPT 2	05
Teachers	Dr. Rucha Rayas (CVRS PT) Dr. Radha Bhattad (Neuro PT)	02



Event co-ordinator



Principal

SICOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



Date: 27/09/2021

Neuro Physiotherapy Department, SICOP

SPINAL CORD INJURY DAY: Multidisciplinary Camp (24 Sept 21')

Every year, September is celebrated as 'Spinal Cord Injury (SCI) Awareness' month. This year, as a part of this celebration, the Neuro Physiotherapy Department of Sancheti Institute College of Physiotherapy shared Google forms with the general population asking them to pledge to follow safety rules while driving in order to prevent road traffic accidents and incidence of SCI.

To increase awareness among SCI patients and their caregivers, an online SCI Awareness Program was organized on 24th September 2021. The event was organized by Dr. Manish Ray, (Asst. Prof.). Renowned Spine Surgeons, Dr. Shailesh Hadgaonkar, Dr. Ajay Kothari, and Dr. Siddharth Aiyer gave an insight into the recent advances in the surgical management of SCI and the importance of rehabilitation after SCI. Dr. Radha Bhattad (PT), Head Of the Department, and Dr. Dinesh Chavhan (PT), Associate Professor of Neuro Physiotherapy department along with Dr. Sonal Shah (PT) shed light on factors affecting SCI patient rehabilitation, different physiotherapy management techniques and ergonomic advice for caregivers respectively. The speakers also highlighted the impact of Covid-19 on the rehabilitation of SCI patients and ways to overcome it. **The MPT students of the Neuro PT Dept. were sensitized to spread awareness of the risk of road accidents leading to spinal cord injuries. They also learned about being a part of a Multidisciplinary Team and how to educate the caregivers about improving patient outcomes. They also learned how the Team can effectively help with Holistic and Overall improvement of health in a Spinal Cord Injury Patient.**

Event coordinator: 

**Neuro PT Dept.
SICOP**

HOD: 





Date : 11/9/2021

SPINAL CORD INJURY CAMP SEPT' 2021

Every year, September is celebrated as 'Spinal Cord Injury (SCI) Awareness' month. This year, as a part of this celebration, the Neuro Physiotherapy Department of Sancheti Institute College of Physiotherapy will be sharing Google forms with the general population asking them to pledge to follow safety rules while driving in order to prevent road traffic accidents and incidence of SCI.

To increase awareness in SCI patients and their caregivers, an online SCI Awareness Program will be organized on 24th September 2021. Renowned Spine Surgeons, Dr. Shailesh Hadgaonkar, Dr. Ajay Kothari and Dr. Siddharth Aiyer will give an insight into the recent advances in the surgical management of SCI and the importance of rehabilitation after SCI. Dr. Radha Bhattad (PT), Head Of the Department and Dr. Dinesh Chavhan (PT), Associate Professor of Neuro Physiotherapy department along with Dr. Sonal Shah (PT) will shed light on factors affecting SCI patient rehabilitation, different physiotherapy management techniques and ergonomic advice for caregivers respectively. The speakers will also highlight the impact of Covid-19 on rehabilitation of SCI patients and ways to overcome it. The event was coordinated by Dr. Manish Ray (Asst. Prof.).


Event coordinator:

HOD: 

Neuro PT Dept.

SICOP





Neuro Physiotherapy Department, SICOP

Spinal Cord Injury: Multidisciplinary Camp (24 Sept 21)



The advertisement features a central image of a person's hand on a wheelchair. Text on the left includes the Sancheti Hospital logo, 'PRESENTS ONLINE CAMP FOR PATIENTS WITH SPINAL CORD INJURY', a list of experts (Neuro Physician, Spine Specialists, Neuro Physiotherapists, Psychologist), and the date and time of the camp. A yellow box on the right says 'FREE CAMP'. A circular stamp at the bottom right states 'Prior Registration Compulsory'. Registration details are provided at the bottom.

sancheti hospital
PRESENTS
**ONLINE CAMP FOR
PATIENTS WITH
SPINAL CORD INJURY**

Experts
Neuro Physician
Spine Specialists
Neuro Physiotherapists
Psychologist

Date : 24th September 2021
Time : 9:00 AM - 1:00 PM
For Registration : +91 88888 08845 / 020 28999713
(Between 8:00 AM - 8:00 PM)

FREE CAMP

Prior
Registration
Compulsory

Rodhu

HOD,

Neuro Department

SIORCOP



[Handwritten Signature]

SPINAL CORD INJURY DAY: Multidisciplinary Camp (24 Sept 21')

List Of Participant Students (MPT):

Sr. No	NAME OF MPT STUDENTS
1	Bhole Harshita Milind
2	More Anjali Atmaram
3	Akolkar Renuka Ravindra
4	Khandediya Bhakti Bharatbhai
5	Navale Mansi Madhukar
6	Ved Krishna Arun
7	Memon Farah Mohd Farook
8	Boralkar Shalvi Devdatta
9	Choudhari Chaitali Trambak
10	Patil Vaidehi Rajesh
11	Yadav Priyal Lalmani

List Of Participant Teachers

Sr. no	List of teachers
1	Dr. Dinesh Chavan
2	Dr. Manish Ray
3	Dr. Radha Bhattad

Event coordinator: 

HOD: 

Neuro PT Dept.

SICOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop





Date: 11/09/2021

Community PT and Neuro PT departments of SICOP, Pune.
Report of Senior Citizen Fitness and Balance Screening Camp 8th September, 2021

On the occasion of World Physiotherapy Day, a **Geriatric Fitness and Balance Screening Camp** was organized at **Mont Vert Pristine society in Pune**. This camp was organized by the Community PT and Neuro PT departments of Sancheti Institute College of Physiotherapy, Pune. **Faculty & MPT students of Community PT & Neuro PT Dept were joined by 21 undergraduate students from Final year BPT** who volunteered for this camp. The camp began at 9am at the clubhouse of the society. **41 participants were screened till 1pm.**

Various fitness parameters were assessed by the students at the different counters which included

1. **Registration desk** (COVID screening, demographic data, body temperature, spO2)
2. **Mini-cog, pain assessment, single breath count**
3. **Flexibility** (back scratch test) and **endurance** (arm-curl, chair sit to stand)
4. **Aerobic capacity** (6 min walk/2 min step test)
5. **Balance** (TUG, FRT, ABC)
6. **Fall, environment and social activity assessment** (based on interview)
7. **Exercise education**

One day before the camp, all COVID-appropriate behavior and precautions were reiterated to the participants and volunteers of the camp. Care was taken to follow the same throughout the camp. As physiotherapists, we evaluated all the factors considering the Geriatric domain under the points mentioned above. The assessment was done using tests and interview-based questions. At the last station which was exercise education, the individuals were given awareness based on the positive findings from the performed assessments, they were educated for the same with preventive and curative strategies.

The Camp benefitted the **Students who learned how to improvise their assessment and evaluation skills in a short period of time, communication skills, time management as well as how to set up a successful camp which was a good learning experience.**


EVENT COORDINATOR

SICOP


PRINCIPAL

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop





Date : 27/8/2021

Senior Citizen Fitness and Balance Screening Camp: 8th September, 2021

On the occasion of World Physiotherapy Day, a Geriatric Fitness and Balance Screening Camp will be organized at Mont Vert Pristine Housing Society in Pune. This camp will be organized by the Community PT and Neuro PT departments of Sancheti Institute College of Physiotherapy, Pune.

Final Year BPTth and MPT students are requested to volunteer for the camp.

The camp will begin at 9am at the club house of the society.

Various fitness parameters will be assessed by the students at the different counters.

The counters will include :

1. Registration desk (COVID screening, demographic data, body temperature, spO2)
2. Mini-cog, pain assessment, single breath count
3. Flexibility (back scratch test) and endurance (arm-curl, chair sit to stand)
4. Aerobic capacity (6 min walk/2 min step test)
5. Balance (TUG, FRT, ABC)
6. Fall, environment and social activity assessment (based on interview)
7. Exercise education

One day before the camp, all COVID appropriate behavior and precautions will be reiterated by the participants and volunteers of the camp. Care will be taken to follow the same throughout the camp.



HOD (NeuroPT Dept)

SICOP



HOD (Comm PT)



**Community PT and Neuro PT departments of Sancheti Institute for Orthopaedics
and Rehabilitation College of Physiotherapy, Pune.**

World Physiotherapy Day : Senior Citizen Fitness and Balance Screening Camp 8th September.

2021



**HOD
Community Dept
SICOP**



**HOD
Neuro Dept
SICOP**



SANCHETI COLLEGE OF PHYSIOTHERAPY, PUNE

Attendance sheet for Extension Activities Event

TITLE: Senior fitness and Balance screening Camp on World PT Day

Date: 8th September 2021 **Setting:** Community Setting

Venue: Mont Vert Society, Khadki, Pune

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Sr no.	Name	Sign
1	Dr. Eden Mehdiabadi (MPT)	
2	Dr. Semira Hussaini (MPT)	Ab.
3	Dr. Viral Sarvaiya (MPT)	
4	Dr. Ketaki Mandke (MPT)	KV Mandke
5	Dr. Jignasha Hulawale (MPT)	Hulawale
6	Dr. Kajal Vyas (MPT)	Kajal Vyas
7	Dr. Shivani Chutke (MPT)	Shivani Chutke
8	Dr. Shruti Bhalerao (MPT)	Bhalerao
9	Dr. Anahita Thomas (MPT)	Anahita Thomas
10	Dr. Simran Kalra (MPT)	Simran Kalra
11	Dr. Suyogini Gowda (MPT)	Suyogini Gowda
12	Dr. Disha Patni (MPT)	Disha Patni
13	Dr. Chetna Jain (MPT)	Chetna Jain
14	Dr. Nikita Nikam (MPT)	Nikita Nikam
15	Dr. Avni Jain (MPT)	Avni Jain
16	Dr. Saharsha Borkar (MPT)	Saharsha Borkar
17	Dr. Pradnya Wankhede (MPT)	Pradnya Wankhede
18	Swati Rao (Final BPT)	Swati Rao
19	Malvi Modi (Final BPT)	Malvi Modi
20	Vedika Mohite (Final BPT)	Vedika Mohite
21	Shivkanya (Final BPT)	Shivkanya
22	Soundraya Reddy (Final BPT)	Soundraya Reddy
23	Rinkle Kate (Final BPT)	Rinkle Kate
24	Nirali Goradia (Final BPT)	Nirali Goradia
25	Ashwita Rao (Final BPT)	Ashwita Rao
26	Disha Rawlani (Final BPT)	Disha Rawlani
27	Meghana Maddi (Final BPT)	Meghana Maddi
28	Isha Bhutada (Final BPT)	Isha Bhutada
29	Kalyani mankar (Final BPT)	Kalyani mankar
30	Rugved Bapat (Final BPT)	Rugved Bapat
31	Radhika Gujar (Final BPT)	Radhika Gujar
32	Ishita Waghela (Final BPT)	Ishita Waghela
33	Nikita Deshpande (Final BPT)	Nikita Deshpande
34	Manjiri Mirge (Final BPT)	Manjiri Mirge
35	Isha Kamble (Final BPT)	Isha Kamble



36	Ketaki Shingre (Final BPTth)	Shingre
37	Yashashree Agashe (Final BPTth)	Yashashree Agashe
38	Siddhi Pednekar (Final BPTth)	Ab
39	Shivani Rao (Final BPTth)	Ab
40	Truptee Parekh (Final BPTth)	Parekh

Name and sign of Extension Activity Co-ordinator/ Event Co-ordinator:

DR. SUROSUREE MITRA



Physiotherapy Management in Multiple Sclerosis during COVID19 lockdown - Reports

Date: 28th August 2021

Time: 4:30 pm to 7 pm

Objective:

- **To create awareness regarding the role of Physiotherapy management in Multiple Sclerosis, in patients, their caretakers and undergraduate and post graduate physiotherapy students.**

Programme:

Every year Sancheti college of Physiotherapy organizes a Multidisciplinary Multiple Sclerosis Camp at Sancheti Hospital for the patients on the occasion of Multiple Sclerosis Day with association of Multiple Sclerosis Society of India, Pune chapter. But this year, due to Pandemic (COVID19 lockdown), the Neuro physiotherapy department of SICOP along with Multiple Sclerosis Society of India, Pune chapter organized a patient and education webinar on "Physiotherapy in Multiple Sclerosis during COVID19 lockdown" for the patients, their caretakers and the Undergraduate and Post graduate Physiotherapy students. The flyer and the registration form for the webinar was circulated on social media. A total of 36 patients, 14 caregivers and **169 students** all over Maharashtra had registered for the event. The webinar was conducted online via zoom and broadcasted on YouTube on 28th August 2021. A feedback form was shared with the delegates and they described it as an insightful session and would like to have similar camps in future.

Feedback analysis done: The majority of the delegates rated that the time allotted for the webinar was satisfactory and the information shared was clear and informative. Most of the delegates rated 5 stars for the overall quality of the webinar. And 100% responses for wanting further such programs in the future.

The speakers of the webinar were

Dr. Raziya Nagarwala (Prof and Head of Cardiovascular and Respiratory Physiotherapy department):
Aerobic training

Dr. Radha Bhattad (Prof and Head of Neuro Physiotherapy department): **Balance training**

Dr. Dinesh Chavhan (Asso. Prof at SICOP): **Upper quadrant exercises**

Dr. Manish Ray (Asst Prof at SICOP): **Lower quadrant exercises**

 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997]))
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

Dr. Rucha Rayas (Asst Prof at SICOP): **Activity pacing and energy conservation techniques**

The webinar was coordinated and moderated by Dr.Dinesh Chavhan (Asso. Prof at SICOP): & Dr Franny Nathani (Asst Prof at SICOP).

The link to the video is as follows:

<https://youtu.be/CFSjdHnt6c8>



EVENT COORDINATOR



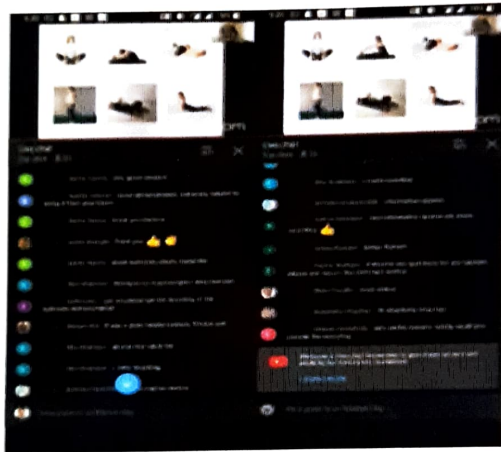
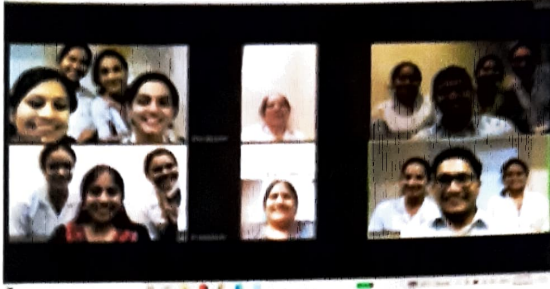
HOD, NEURO PT DEPARTMENT

SICOP



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

Multiple Sclerosis Online Camp, 28 August 2021



Radhika

HOD

Neuro PT Dept

SICOP

**Sancheti Institute for Orthopaedics
Rehabilitation College of Physiotherapy**

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL
TRUST www.sha.edu.in/sicop

[Handwritten signature]



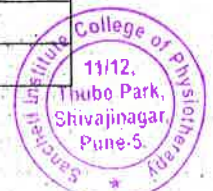
Final Year Attendance Sheet (2020-2021) for Extension Activities Event

Title: Multiple Sclerosis Camp.

Date: 28/08/21 Mode: online.

Venue: SMA.

Roll No.	Name	Sign
1	Agashe Yashashree Yashwant	Yash Agashe
2	Bajaj Vaishnavi Krishna	V.K. Bajaj
3	Banawlikar Pranjali Purushottam	Banawlikar
4	Bangad Sharyu Anand	Sharyu Bangad
5	Bapat Rugved Suresh	Rugved Bapat
6	Bhatt Krupali Devang	Krupali Bhatt
7	Borhade Apurva Dattatray	Apurva Borhade
8	Chavda Bhakti Chandrashi	Bhakti Chavda
9	Dhobale Akshay Anand	Akshay Dhobale
10	Doiphode Niya Kishore	Niya Doiphode
11	Dupare Sakshi Harshwardhan	Sakshi Dupare
12	Gavate Vaishnavi Sanjay	
13	Goradia Nirali Bimal	Nirali Goradia
14	Gujar Radhika Sonal Singh	Radhika Gujar
15	Jain Nikhil Dilipchand	Nikhil Jain
16	Jain Snehal Prakashchandra	Snehal Jain
17	Joshi Mitali Uthas	Mitali Joshi
18	Kamble Isha Shailesh	Isha Kamble
19	Kate Rinkle Kashinath	Rinkle Kate
20	Khan Umama Mariya Mohammed Iftakhar	Umama Khan
21	Koli Durgesh Rajan	Durgesh Koli
22	Kshirsagar Priyanka Prakash	Priyanka Kshirsagar
23	Kulkarni Gargi Ratnakar	Gargi Kulkarni
24	Maddi Meghana Vinod	Meghana Maddi
25	Mahashabde Gautami Atul	Gautami Mahashabde
26	Makwana Riddhi Bharatkumar	Riddhi Makwana
27	Mankar Kalyani Jayant	Kalyani Mankar
29	Mirge Manjiri Tulshidas	



(Handwritten signature)

30	Modi Malavi Gurvish	
31	Modi SANSKRUTI SEHUL	
32	Mohite Vedika Sanjay	<i>Shinde</i>
33	Nikam Snehal Jitendra	<i>SS Nikam</i>
34	Parekh Truptee Chintan	<i>Parekh</i>
35	Pathakji Saeer Sujay	
36	Pednekar Siddhi Sunil	<i>Pednekar</i>
37	Rao Ashwita Umesh	
38	Rao Swati Vijay	<i>Shinde</i>
39	Rathi Pranita Sunil	
40	Rathod Arti Ramrao	<i>Rathod</i>
41	Rathod Palakh Jitendra	<i>Rathod</i>
42	Reddy Soundarya Ramaswamy	
43	Sapre Samruddhi Vinay	<i>Sapre</i>
44	Shah Aastha Dipak	
45	Shah Krutika Jatin	
46	Shah Riddhi Nilesh	
47	Shingre Ketaki Madhav	<i>Shingre</i>
48	Shirgaokar Apurva Dinesh	<i>Shirgaokar</i>
49	Shroff Riddhi Sandeep	<i>Shroff</i>
50	Sonawane Aditi Dinkar	<i>Sonawane</i>
51	Tawade Shubham Shailesh	<i>Tawade</i>
52	Tawari Mansi Umesh	
53	Vira Nidhi Amish	
54	Nambiar Anaita A	
55	Deshpande Nikita Viraj	
56	Mehta Jinali Bhavesh	
57	Rathod Pooja Shrimant	
58	Rao Shivani Sandeep	
59	Shetty Nikhil Ulhas	
60	Shisode Bhairavi Ashish	

Name and sign of Extension Activity Co-ordinator/ Event Co-ordinator:

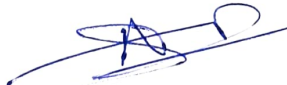
[Handwritten Signature]



Sancheti Institute for Orthopedics & Rehabilitation
College of Physiotherapy

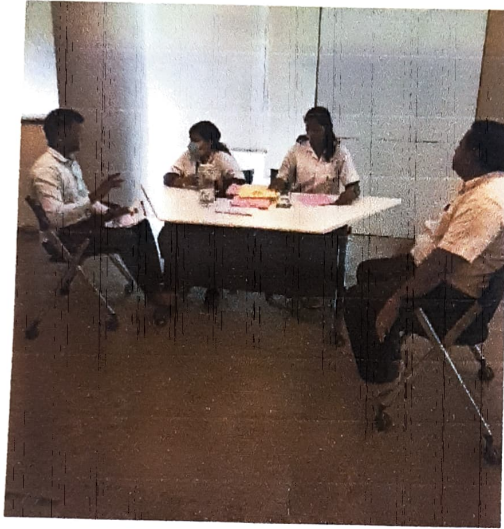
Annual Report of Extra Camps Attended by MPT from Aug 2020- July 2021

S. No.	Date of Camp	Organising unit/ agency/ collaborating agency	Camp Location	Patients Assessed/ Treated	Nature of Patients benefitted	Consultant Orthopedic Surgeon	Physiotherapists/ MPT Students
1	28/06/2021	Neuro Camp	SIOR + SICOP Neuro Dept	40	Multiple Sclerosis	Dr. Purnima	Chaitalil(MPT), Vaidehii (MPT), Naiyarah(MPT), Shiwani (MPT), Priyal(MPT)
2	19/01/2021-20/01/2021	COVID Camp	SICOP			Dr. Kiran Kudramurti	Chaitalil(MPT), Vaidehii (MPT), Naiyarah(MPT), Shiwani (MPT), Priyal(MPT)


Principal
SIORCOP, Pune



**SIOR NEURO CAMP FOR MULTIPLE
SCLEROSIS, JUNE, 2021**



SICOP

Date: 02/08/2021

Dept. of Musculoskeletal Physiotherapy, SICOP

Report Of "International Yoga Day Celebration" (31st July 2021)

On the occasion of **International Yoga Day 2021**, the **Dept. of Musculoskeletal Physiotherapy of Sancheti Institute College of Physiotherapy (SICOP)**, organized an Online Webinar with talks on various aspects of Yoga on 31st of July 2021.

- **Yoga in Pregnancy** by **Dr. Manoj Wani**, Consultant Physiotherapist & Yoga Practitioner, Pune.
- **Boost your Lungs with Pranayama** by **Dr. Shweta Kolhatkar**, USA, Consultant Physiotherapist & Certified Yoga Practitioner, Pune
- **Back & Knee Pain: Can I do Suryanamaskar?** by **Dr. Apurv Shimpi**, Prof. & HOD of Community Dept., SICOP, Pune

The talk was **attended by 6 Teachers from the Musculoskeletal Department** of SICOP which included Dr. Nilima Bedekar, Dr. Swapnil Ramteke, Dr. Sona Koke, Dr. Venu Mohan, Dr. Neeraj Athavale, and Dr. Nikita Dodwad. Dr. Apurv Shimpi, Prof. & HOD of the Community Dept. of SICOP, participated in a talk and the demos for the Yogasanas were shown by Dr. Rucha Rayas, Asst. Professor, from the Cardiovascular & Respiratory Physiotherapy Dept. of SICOP. **The talk was attended by 55 Students of the Third Year BPT and the talk helped them to gain more insight into Yoga and its benefits in the general population for Health Promotion.** The Online Webinar was also open to the general public with nominal registration charges and the Flyer for the Event was passed on Social Media platforms. The Webinar on 31st July 2021, had a **viewership of more than 100.**

Event Coordinator: (Dr. Sona Kolke)



HOD: (Dr. Nilima Bedekar)



SICOP/ /

Date: 31/07/21

Dept. of Musculoskeletal Physiotherapy, SICOP

International Yoga Day Webinar, 31st July, 2021

Sancheti
Healthcare Academy

IQAC
Initiative

Sancheti

**Online Yoga Webinar Series with
Exercise Demonstration**

DAY 2: 31st July 2021
Time: 10:00 A.M TO 11:30 A.M

Registration Amount
Till 3rd July: Rs. 150/-
After 3rd July: Rs. 300/-



The link for the recorded session will be
available for 2 weeks to all the
participants.

For more details,
call Dr. Franny Nathani
+918275235457

SPEAKERS

Talk will be a blend of English, Hindi & Marathi



Yoga in Pregnancy

Dr. Manoj Wani,
Pune
Physiotherapist
and Therapeutic
Yoga Practitioner



Back and knee
pain: Can I do
Suryanamaskar?

Dr. Apurv Shimpi,
Pune
Community
Physiotherapist and
Suryanamaskar
researcher



Boost your lungs with pranayam
Dr. Shweta Kolhatkar, USA
Physiotherapist and Certified Yoga
Practitioner

Assisted by,
Dr. Rucha Rayas, Pune Chest Physiotherapist

MSK

HOD

MSK PT DEPT

SICOP



[Handwritten signature]

Sanchei Institute for Orthopaedics and
Rehabilitation College of Physiotherapy
Sanchei College of Physiotherapy

Third Year Attendance Sheet (2020-2021) for Extension Activities Event



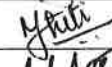
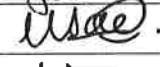

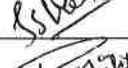
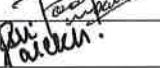
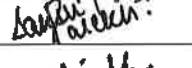
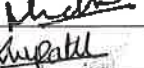
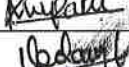
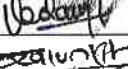
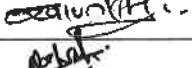

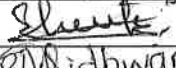
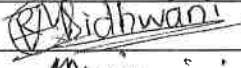


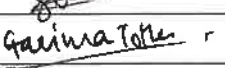

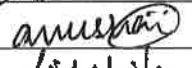
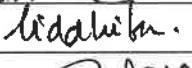
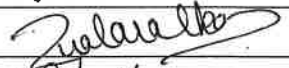
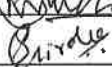
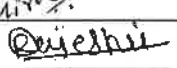
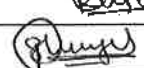
Title: INTERNATIONAL YOGA DAY (YOGA WEARINAK)

Date: 31/7/21 Mode: ONLINE

Venue:

Roll No.	Name	Sign
1	SHASHWATI BENDALE	
2	RAJSHRI CHIKATE	
3	ADITI DAMLE	
4	POOJA DANDEGAONKAR	
5	ISHA DHURI	
6	OMKAR DOLE	
7	VIDHI DOSHI	
8	VRUSHI FURIA	
9	VAISHNAVI GIRHE	
10	ATHARVA GODHANKAR	
11	ANSHU GOENKA	
12	TANISHA GOYAL	
13	TULSEE GUJARATHI	
14	APURVA GULANIKAR	
15	PADMAJA JADHAV	
16	ESHA JAIN	
17	SMILE JAISWAL	
18	VAIBHAVI JAJU	
19	DHANASHREE JOSHI	
20	DISHA JOSHI	
21	TARANGA JOSHI	
22	UTKARSHA JOSHI	
23	PRANJAL JUMLE	
24	SAUDAMINI KARNANI	
25	AJINKYA KASARE	
26	ISHITA KHATRI	
27	DEVESH KULKARNI	
28	ARPITA LAHOTI	
29	ARYA LOHOKARE	



30	DEEPTI MAKHIJA	
31	JHEEL MEHTA	
32	STUTI NADKARNI	
33	SAVERI NANDGAONKAR	
34	ARJUN ODEDRA	
35	ISHA PALAMKAR	
36	POOJA PANKPALIYA	
37	SAKSHI PAREKH	
38	NIDHI PARKAR	
39	KAJAL PATIL	
40	VEDANT PATIL	
41	SOURABH SALUNKHE	
42	AKSHITA SHAH	
43	AYESHA SHAIKH	
44	VIRTTI SIDHWANI	
45	KHUSHI SINGHANIYA	
46	STUTI SOLANKI	
47	GARIMA TOTLA	
48	HIYA VIRA	
49	ANUSHA WAGH	
50	SIDDHITA WAGHUSKAR	
51	SIDDHI WALAVALKAR	
52	RISHIKESH CHAVAN	
53	SHRADHA GIROLLA	
54	RAJESHRI MANDUNKAR	
55	PRATIK SHENGAL	

Name and sign of Extension Activity Co-ordinator/ Event Co-ordinator:



Date: 31/05/2021

Extension Activities Committee & Musculoskeletal Physiotherapy Department

Report of Bone Health in Women Online Camp

On the occasion of '**International Day of Action for Women's Health**', the Extension Activities Committee in collaboration with Musculoskeletal Department of Sancheti Institute College of Physiotherapy organized an online camp on "Bone Health in Women" **with the aim to create awareness regarding how to maintain and improve bone health in women and avoid Osteoporosis. The event was held on 28 th May 2021 from 10 am to 12 noon.** The speakers of the seminars enlightened the viewers on the following topics:

- * **Bhartiya Naari and Bone Health** (Factors affecting bone health of women in India) - Dr. Nikita Dodwad
- * **How strong are your bones** - Dr. Sahil Sanghavi
- * **Demo on Modified Suryanamaskar for bone health** - Dr. Apurv Shimpi
- * **Exercises for bone health** - Dr. Sona Kolke
- * **Recreation and relaxation for bone health** – Dr. Nilima Bedekar,
- * **Diet and Bone health** - Dt. Janhavi Akkalkotkar

A total of **55 students from the 3rd year BPT** participated in the webinar. The students helped in the Demo of the various exercises for the webinar participants who were women of all age groups. The Webinar had a live audience of over **100 participants. The students learned about Community health promotion and primary prevention strategies for improving health.**



HOD

Musculoskeletal Dept





SICOP/ /

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Date : 13/5/2021

Bone Health In Women

On the occasion of 'International Day of action for Women's Health', the Extension Activities Committee in collaboration with Musculoskeletal department of Sancheti Institute College of Physiotherapy will organize an online camp on "Bone Health in Women" with the aim to create awareness regarding the Women's bone health and to take optimum care of it.

Date: 28th May 2021

Time: 10 am to 12 pm

The speakers of the seminars which will include eminent Physiotherapists and dietician will enlighten the viewers on the following topics:


- * Bhartiya Naari and Bone Health (Factors affecting bone health of women in India) - Dr. Nikita Dodwad
- * How strong are your bones - Dr. Sahil Sanghavi
- * Demo on Modified Suryanamaskar for bone health - Dr. Apurv Shimpi*Exercises for bone health - Dr. Sona Kolke
- * Recreation and relaxation for bone health – Dr. Nilima Bedekar,
- * Diet and Bone health - Dt. Janhavi Akkalkotkar
- * Followed by Questions and Answers after every talk

All BPTth and MPT students are cordially invited for the webinar talk.


Chairperson

**Extension Committee
SICOP**





SICOP/ /

Date: 28/05/2021

**Extension Activities Committee in collaboration with Musculoskeletal department of
Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy**

Bone Health Camp, 28 May, 2021





HOD

MSK PT DEPT

SICOP



Third Year Attendance Sheet (2020-2021) for Extension Activities Event

Title: INTERNATIONAL DAY OF ACTION FOR WOMEN'S HEALTH.

Date: 28/5/2021 Mode: ONLINE (BONE HEALTH CAMP)

Venue:

Roll No.	Name	Sign
1	SHASHWATI BENDALE	<i>[Signature]</i>
2	RAJSHRI CHIKATE	<i>[Signature]</i>
3	ADITI DAMLE	<i>[Signature]</i>
4	POOJA DANDEGAONKAR	<i>[Signature]</i>
5	ISHA DHURI	<i>[Signature]</i>
6	OMKAR DOLE	<i>[Signature]</i>
7	VIDHI DOSHI	<i>[Signature]</i>
8	VRUSHI FURIA	<i>[Signature]</i>
9	VAISHNAVI GIRHE	<i>[Signature]</i>
10	ATHARVA GODHANKAR	<i>[Signature]</i>
11	ANSHU GOENKA	<i>[Signature]</i>
12	TANISHA GOYAL	<i>[Signature]</i>
13	TULSEE GUJARATHI	<i>[Signature]</i>
14	APURVA GULANIKAR	<i>[Signature]</i>
15	PADMAJA JADHAV	<i>[Signature]</i>
16	ESHA JAIN	<i>[Signature]</i>
17	SMILE JAISWAL	<i>[Signature]</i>
18	VAIBHAVI JAJU	<i>[Signature]</i>
19	DHANASHREE JOSHI	<i>[Signature]</i>
20	DISHA JOSHI	<i>[Signature]</i>
21	TARANGA JOSHI	<i>[Signature]</i>
22	UTKARSHA JOSHI	<i>[Signature]</i>
23	PRANJAL JUMLE	<i>[Signature]</i>
24	SAUDAMINI KARNANI	<i>[Signature]</i>
25	AJINKYA KASARE	<i>[Signature]</i>
26	ISHITA KHATRI	<i>[Signature]</i>
27	DEVESH KULKARNI	<i>[Signature]</i>
28	ARPITA LAHOTI	<i>[Signature]</i>
29	ARYA LOHOKARE	<i>[Signature]</i>



[Handwritten signature]

30	DEEPTI MAKHIJA	
31	JHEEL MEHTA	
32	STUTI NADKARNI	24. Stuti
33	SAVERI NANDGAONKAR	Saveri
34	ARJUN ODEDRA	Arjun
35	ISHA PALAMKAR	Isha
36	POOJA PANKPALIYA	Pooja
37	SAKSHI PAREKH	Sakshi Parekh
38	NIDHI PARKAR	Nidhi
39	KAJAL PATIL	Kajal Patil
40	VEDANT PATIL	Vedant Patil
41	SOURABH SALUNKHE	Sourabh
42	AKSHITA SHAH	Akshita
43	AYESHA SHAIKH	Ayesha
44	VIRTTI SIDHWANI	Virtti Sidhwani
45	KHUSHI SINGHANIYA	Khushi
46	STUTI SOLANKI	Stuti
47	GARIMA TOTLA	Garima Totla
48	HIYA VIRA	Hiya
49	ANUSHA WAGH	Anusha
50	SIDDHITA WAGHUSKAR	Siddhita
51	SIDDHI WALAVALKAR	Siddhi Walavalkar
52	RISHIKESH CHAVAN	Rishikesh
53	SHRADHA GIROLLA	Shradha
54	RAJESHRI MANDUNKAR	Rajeshri
55	PRATIK SHENGAL	Pratik

Name and sign of Extension Activity Co-ordinator/ Event Co-ordinator:



WORLD PHYSIOTHERAPY DAY :
REPORT OF EXPERIENCES OF DEALING WITH COVID-DISPELLING THE
MYTHS
7 TH SEPTEMBER 2020

As the world fights and fears the popular COVID 19 virus, we as health-care professionals are trying to help people and ourselves to recoup and strengthen ourselves against the pandemic. On the occasion of World Physiotherapy Day 2020, we at Sancheti Institute College of Physiotherapy Pune, published/telecasted the interview videos of our PG Students who were posted for COVID 19 duty. The students were posted at Sassoon General Hospital, Pune and at the COVID 19 ward at Sancheti institute of Orthopaedic and Research, Pune. The video was made in Marathi, Hindi and English. The students **answered questions, queries, busted myths and fears they had about the COVID 19 pandemic** as a whole, and was intended **to create community awareness**. The questions included their experiences with coping with the fear and anxiety the PG Students had before they came in contact with the patients, how difficult was the donning and doffing the PPE kit, what difficulties they faced in delivering PT rehabilitation to the patients. The students also mentioned the precautions they took to prevent their family members and roommates from coming in contact with them during their posting duration and also observed isolation for 14 days and checked for any symptoms as it was a possibility that they could have been the carriers of the virus.

The interviews were **intended to create a sense of awareness about the disease, confidence about being able to treat patients with COVID 19** and also what are the precautions needed to prevent ourselves and people around us from the disease itself.

The Session was attended by **37 (1st and 2nd MPT) students** and the **3 MPT students** who were conducting the Session (**Total 40 MPT students**)

This Online Session collectively had over 1000 views. The Following MPT Students took the Online Webinar to Answer queries from patients and the general public.

Dr. Eden Mehdiabadi (PT) gave the interview in English.

Facebook: <https://www.facebook.com/1218961811622955/posts/1637467733105692/>

Instagram: https://www.instagram.com/tv/CE1RSmjAXXB/?utm_source=ig_web_copy_link

Dr. Viral Sarvaiya (PT) gave the interview in Hindi.

Facebook: <https://www.facebook.com/1218961811622955/posts/1637460409773091/>

Instagram: https://www.instagram.com/tv/CE1RSmjAXXB/?utm_source=ig_web_copy_link

Dr. Geeta Shahane (PT) gave the interview in Marathi.

Facebook: <https://www.facebook.com/1218961811622955/posts/1637478333104632/>

Instagram: https://www.instagram.com/tv/CE1RnD-AjLP/?utm_source=ig_web_copy_link

EVENT COORDINATOR



SICOP

PRINCIPAL



Date: 18/08/2020

WORLD PHYSIOTHERAPY DAY :
EXPERIENCES OF DEALING WITH COVID-DISPELLING THE MYTHS
7 TH SEPTEMBER 2020

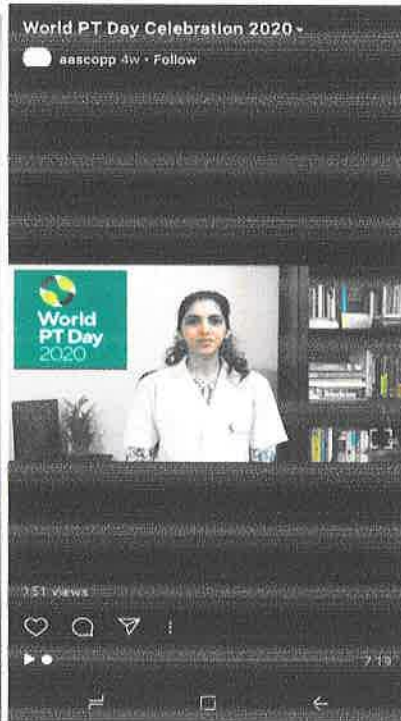
On the occasion of World Physiotherapy Day 2020, Sancheti Institute College of Physiotherapy Pune, will be organizing an Online Session to educate and dispel the myths regarding COVID-19. The session will be conducted by 3 MPTs - Dr. Eden M., Dr. Viral S., & Dr. Geeta S. who were posted for COVID-19 duty and who will also share their experiences. The other MPTs are expected to attend the Webinar.

for N&B
PRINCIPAL
SICOP



Extension Committee, SICOP

**World Physiotherapy Day: Experiences of dealing with Covid- 19,Dispelling the myths , 8th
September, 2020**




EVENT COORDINATOR

SICOP


PRINCIPAL



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

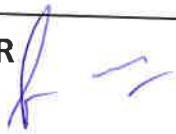
Tel. No. : 020 - 27999999,
28999999

Extn. : 9411 / 9412 / 9413

LIST OF PARTICIPANT STUDENTS

Sr. No.	Name of Student	Sr. No.	Name of Student
1	Awachat Anjali Chandrakant	21	Sathaliyawala Munira Quresh
2	Bhimsing Apurva Pardeshi	22	Gadgeel Rucha Chandrashekhar
3	Bhosale Prajakta Sunil	23	Sanchita Kushwaha
4	Borkar Shaharsha Hires	24	Sethiya Shruti Abhay
5	Dugam Pratiksha Chandrashekhar	25	Agrawal Ruchita Shashikant
6	Hulawale Jignasha Rajendra	26	Agarwal Shweta Dilip
7	Hussaini Semira Hussain	27	Kale Anjali Shirish
8	Jain Avni Suresh Manisha	28	Kavatkar Chinmayi Mahesh
9	Jain Chetna Ashok	29	Mandesa Divya Rajesh
10	Joshi Sajiri Satish	30	Rajgire Shreyanshi Harish
11	Kulkarni Vaishnavi Shrikant	31	Sancheti Aishwarya Anil
12	Lotankar Manasi Prakash	32	Vibhute Neha Rajendra
13	Mandke Ketaki Vijay	33	Joshi Rutuja
14	Masand Manisha Gulshan	34	Lahoti Shraddha Omprakash
15	More Tanmai Bhaskar	35	Shirsat Sae Vijay
16	Navbadhe Poonam Rajkumar	36	Tulika Tribhuvan
17	Nikam Nikita Sharad	37	Mishra Swati
18	Patni Disha Mahendra	38	Kadam Chaitali
19	Phulgirkar Pranjali Prashant	39	Kalyani Shivarkar
20	Rewale Harshada Vasudev	40	Hayy Patni

EVENT COORDINATOR



SICOP

PRINCIPAL



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



STUDENT COUNCIL COMMITTEE

REPORT OF ORGAN DONATION AWARENESS - ONLINE PANEL DISCUSSION

18/08/2020

As part of Organ Donation Awareness Program, Sancheti Institute for College Of Physiotherapy conducted a **panel discussion on 18th August, 3pm to 4pm**. It was an online event organised by the college scheduled on Zoom Meetings. The panel consisted of 4 panelists from each year. Topics for the discussion were

SYBPTh- Myths and importance of organ donation

TYBPTh- Perception of an organ donor and recipient

Final BPTh- Everybody should ideally donate organs, however despite the glaring need for organ donation, why is the number of donors so low?

Total 150 students(both BPTh and MPTh) attended the discussion via Zoom using 2 separate devices. Audience and teachers also contributed to the discussion.



EVENT COORDINATOR



CHAIRPERSON

**STUDENT COUNCIL COMMITTEE
SICOP**



Sancheti Institute for Orthopedics & Rehabilitation
College of Physiotherapy

Annual Report of Various Camps Attended by MPT from Aug 2019- July 2020

Sr. No	Date of Camp	Organising unit/ agency/ collaborating agency	Camp Location	Patients Assessed/ Treated	Nature of Patients benefitted	Consultant Orthopedic Surgeon	Physiotherapists/ MPT Students
1	24/10/2019	SIOR	Sadashiv Peth, Pune	30 patients	Low back & Neck pain, OA knee, Plantar fasciitis	SIOR Residents	Divya Mandesa (MPT), Anjali Kale (MPT)
2	13/10/2019	SIOR with Narayani Dham Trust, Lonavala	Narayani Dham, Lonavala	75 Patients (50 for PT)	Cervical & Lumbar radiculopathy, Ankle sprain, Tennis elbow, OA knee, Plantar fasciitis	Dr. Rajendra Sakharekar & Team	Jaina Shah (Intern), Preet Davda (Intern)
3	21/09/2019 to 22/09/2019	SIOR with Mukul Madhav Foundation	Sanawad, Madhya Pradesh	350 patients	CP, PPRP, DMD, CTEV, Low back & Neck pain, OA knee	Dr. Sandeep Patwardhan, Dr. Altaf Warid & Team	Anagha kamble (MPT), Dr. Preet Davda (Intern)


Principal
SIORCOP, Pune



**SIOR With Mukul Madhav
Foundation, Sanawad , Madhya
Pradesh ,September 2019**



**SIOR Orthopedic Camp, Sadashiv
Peth , Pune October 2019**



**SIOR with Narayani Dham Trust Orthopedic Camp
, Lonavala ,October 2019**



Date: 6/05/2020

INTERNATIONAL YOGA DAY JUNE 2020

Sancheti Institute College of Physiotherapy (SICOP), Department of Musculoskeletal Physiotherapy, will be celebrating International Yoga Day by inviting Dr. Neeraj Athavale of the MSK PT Department (SICOP) for a talk and online webinar on the "Importance of Yoga in Physiotherapy," which will be streamed live on June 21, 2020. An essay and video competition will also be held.

All BPT and MPT students are cordially invited

EVENT COORDINATOR: 

MSK PT DEPT


HOD:

MSK PT DEPT

SICOP



MUSCULOSKELETAL PHYSIOTHERAPY DEPARTMENT

REPORT OF INTERNATIONAL YOGA DAY JUNE 2020

Sancheti Institute College of Physiotherapy (SICOP) Department of Musculoskeletal Physiotherapy, celebrated International Yoga Day by Dr. Neeraj Athavale of MSK PT Dept (SICOP) being invited for a **talk & Online Webinar of “ Importance of Yoga in Physiotherapy”** which was streamed live on 21st June 2020. An **Essay & Video Competition** was also held which saw the participation of **30 students from BPT h and MPT and 3 teachers** (2 from MSK PT Dept & 1 from CVRS PT Dept) judged the Online videos of various Yogasanas and Essays of the students.

EVENT COORDINATOR:



MUSCULOSKELETAL PT DEPT

SICOP

HOD:



MUSCULOSKELETAL PT DEPT

SICOP



Date: 6/05/2020

INTERNATIONAL YOGA DAY JUNE 2020

Sancheti Institute College of Physiotherapy (SICOP), Department of Musculoskeletal Physiotherapy, will be celebrating International Yoga Day by inviting Dr. Neeraj Athavale of the MSK PT Department (SICOP) for a talk and online webinar on the "Importance of Yoga in Physiotherapy," which will be streamed live on June 21, 2020. An essay and video competition will also be held.

All BPT and MPT students are cordially invited

EVENT COORDINATOR: 

MSK PT DEPT


HOD:

MSK PT DEPT

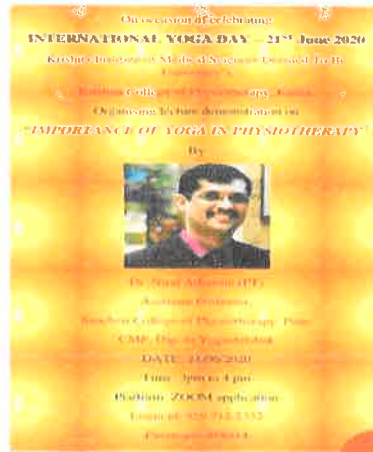
SICOP



Date :-21/06/2020

Musculoskeletal Physiotherapy Department, SICOP

International Yoga Day : Video and Essay Competition, 21 June 2020



NSB

HOD

MSK Dept

SICOP



[Handwritten signature]

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

LIST OF PARTICIPANT STAFF AND STUDENTS

Sr. No	Name	Sr. No	Name
1	Rewale Harshada Vasudev	16	Kale Anjali Shirish
2	Sahane Geeta Ashok	17	Kavatkar Chinmayi Mahesh
3	Sarvaiya Viral Vijay	18	Mandesa Divya Rajesh
4	Sathaliyawala Munira Quresh	19	Rajgire Shreyanshi Harish
5	Tiwari Nidhi Ashok	20	Sancheti Aishwarya Anil
6	Khan Amir Afsar	21	Gadgeel Rucha Chandrashekhar
7	Kulkarni Vaishnavi Shrikant	22	Sanchita Kushwaha
8	Lotankar Manasi Prakash	23	Sethiya Shruti Abhay
9	Mandke Ketaki Vijay	24	Jaiswal Priya Munnalal
10	Masand Manisha Gulshan	25	Joglekar Roma Dilip
11	Mehdiabadi Eden Hooshmand	26	Pashte Nivedita Nathuram
12	More Tanmai Bhaskar	27	Joshi Rutuja
13	Agrawal Ruchita Shashikant	28	Lahoti Shraddha Omprakash
14	Agarwal Shweta Dilip	29	Bhosale Prajakta Sunil
15	Chate Swati Bhaskar	30	Dugam Pratikasha
	Name of Teachers		
1	Dr. Nilima Bedekar	3	Dr. Rucha Rayas (PT)
2	Dr. Neeraj Athawale (PT)		



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop

REPORT OF MUHS Poster & Video Competition on COVID -19 (2020)

With reference to the Circular sent by the Maharashtra University of Health Sciences (MUHS) dated 13th May 2020, the Sancheti Institute College of Physiotherapy (SICOP), organized a "Poster & Video-Making Competition on COVID-19".

The Competition was held on 27th May 2020, and the entries were submitted to the MUHS on 30th May 2020. The Competition saw the participation of **10 students from BPT & MPT**. The aim of the Competition was to create awareness of COVID-19 and sensitize them about the precautions and management among Physiotherapy students.


EVENT COORDINATOR :

SICOP


PRINCIPAL:



Date :-27/05/2020

MUHS and SICOP

Poster & Video-Making Competition on COVID-19, 27th May 2020




Event Coordinator:

SICOP


Principal:



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997]))
(Id No. MUHS / 121)

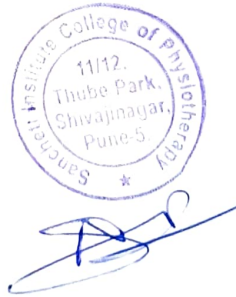
Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy.

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

LIST OF PARTICIPANT STUDENTS

Sr . No.	Name of Students
1	Bangad Sharayu Anand
2	Doiphode Niya Kishore
3	Dupare Sakshi Harshwardhan
4	Gavate Vaishnavi Sanjay
5	Kankariya Nakshatra Rajendra
6	Kasat Kshitij Manish
7	Gadre Shardul Sanjeev
8	Gaharwar Aditi Shailendrasingh
9	Hussaini Semira Hussain
10	Jain Avni Suresh Manisha



STUDENT COUNCIL COMMITTEE

**REPORT OF ORGAN DONATION AWARENESS POSTER
COMPETITION MARCH 2020**

The initiative of the Maharashtra University of Health Sciences for “**Awareness on Organ Donation**” (MUHS circular dated 7/2/2020), the Students Council Committee of Sancheti Institute College of Physiotherapy (SICOP) organized a Poster competition on 13th March 2020.

The Competition was open to all students.

5 students from BPTth and MPT participated in the competition

Ms. Dhanashree Joshi from Second Year BPTth was declared the winner of the essay competition



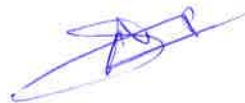
EVENT COORDINATOR



CHAIRPERSON

STUDENT COUNCIL COMMITTEE

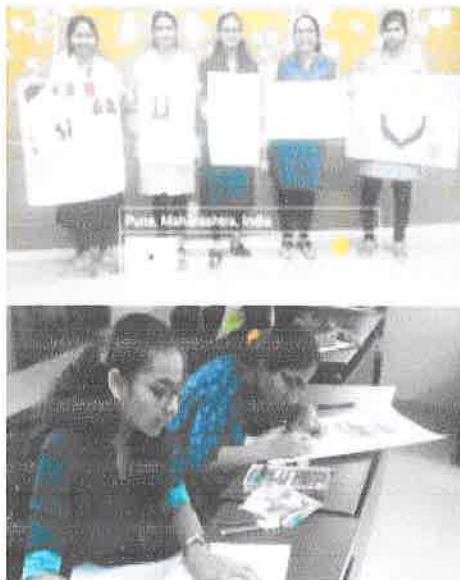
SICOP



Date :-13/03/2020

Student Council Committee, SICOP and MUHS

**Organ Donation Awareness Poster Competition, Sancheti Institute College Of
Physiotherapy, March 2020**



Shankar

Event Coordinator:

SICOP

for N&B

Principal:

STUDENT COUNCIL COMMITTEE
REPORT OF ORGAN DONATION AWARENESS ESSAY COMPETITION
MARCH 2020

The initiative of the Maharashtra University of Health Sciences for “**Awareness on Organ Donation**” (MUHS circular dated 7/2/2020), the Students Council Committee of Sancheti Institute College of Physiotherapy (SICOP) organized an **Essay competition on 13th March 2020.**

The Competition was open to all students.

5 students from BPTth and MPT participated in the competition

Ms. Aditi Gadodiya from 1st Year BPTth was declared the winner of the essay competition.



EVENT COORDINATOR



CHAIRPERSON

STUDENT COUNCIL COMMITTEE
SICOP



Date :-13/03/2020

Student Council Committee, SICOP and MUHS

**Organ Donation Awareness, Essay Competition, Sancheti Institute College Of
Physiotherapy, March 2020**





Event Coordinator:

SICOP



Principal:

SANCHETI COLLEGE OF PHYSIOTHERAPY, PUNE

ORGAN DONATION AWARENESS - 13/03/2020

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy.

Topic : YOUR ORGAN COULD BE SOMEONE'S MISSING PIECE

Participants:

ESSAY WRITING COMPETITION:

1. Sayli Munot (FY BPTH) *Sayli*
2. Purnima Iyer (FY BPTH) *Purnima*
3. Shivani Reddy (FY BPTH) *Shivani*
4. Aditi Gadodiya (FY BPTH) *Aditi*
5. Disha Patni (MPT I) *Disha*

POSTER MAKING COMPETITION:

1. Dhanashree Joshi (SY BPTH) *Dhanashree*
2. Nikita Nikam (MPT I) *Nikita*
3. Vyomika Jashnani (FY BPTH) *Vyomika*
4. Laxmi Gherware (FY BPTH) *Laxmi*
5. Unnati Khandelwal (FY BPTH) *Unnati*

TEACHER COORDINATORS:

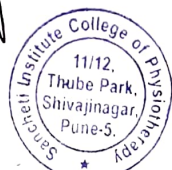
1. Dr. Dinesh Chavhan (PT) *Dinesh*
2. Dr. Nikita Dodwad (PT) *Nikita*
3. Dr. Rucha Rayas (PT) *Rucha*

JUDGES:

1. Dr. Sona Kolke (PT) Poster Competition - *Sona*
2. Dr. Vasanti Joshi (PT) Essay Competition - *Vasanti*



Vivek Kulkarni
Dr. VIVEK KULKARNI
Principal



Sona

Date: 03/03/2020

Extension Activity Committee, SICOP
Report Of Bholagir Prathamik Vidyalaya Orphanage Fitness Camp, March 2020

A Fitness Camp was conducted at Bholagir Prathamik Vidyalaya Orphanage, Somwar Peth on 1st March 2020 Sancheti Institute College of Physiotherapy (SICOP). The Fitness Assessment Camp saw the participation of **3 Faculty members along with 29 students (BPTTh & MPT)**.

The participating students engaged in **Team Building, Community Education, Social service, and Bonding with the children**. The children of the Orphanage gained insight into Fitness and thoroughly enjoyed participating in the Activity.



Event Coordinator:

SICOP



Chairperson



Date :-1/03/2020

Extension Committee , SICOP

Bholagir Prathmik Vidyalaya Orphanage Fitness Camp March -2020




Event Coordinator:

SICOP


Principal:

Date: 03/03/2020

Extension Activity Committee, SICOP
Report Of Bholagir Prathamik Vidyalaya Menstrual Hygiene Camp, March
2020

A Menstrual Hygiene Awareness Camp was conducted at Bholagir Prathamik Vidyalay Orphanage, Somwar Peth, on 1st March 2020 by the Sancheti Institute College of Physiotherapy (SICOP). The Menstrual Hygiene Camp saw the participation of **3 Faculty members and 29 (BPT & MPT) students** for a talk on “Menstrual Hygiene and Menstrual Health & Awareness”. MPT students under the guidance of Dr. Nikita Dodwad **conducted a talk on Menstrual Hygiene for 12 girls in Bholagir Prathamik Vidyalaya.** The students were sensitized to **community education and social service.**



Event Coordinator:

SICOP



Chairperson



Date: 15/02/2020

BHOLAGIR PRATHMIK VIDYALAYA MENSTRUAL HYGIENE CAMP

A Menstrual Hygiene Awareness Camp will be conducted at Bholagir Prathamik Vidyalay Orphanage, Somwar Peth, on 1st March 2020 by the Sancheti Institute College of Physiotherapy (SICOP). A talk will be conducted on "Menstrual Hygiene and Menstrual Health & Awareness" by the BPTTh and MPTh students.

All BPTTh and MPTh students and faculty are cordially invited.



Event Coordinator:

SICOP



Principal:



Date :-1/03/2020

Extension Committee , SICOP

Bholagir Prathamik Vidyalaya Menstrual Hygeine Camp, March 2020





Event Coordinator:

SICOP


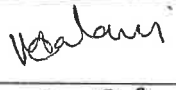
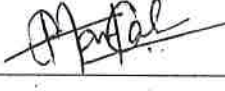
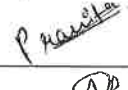

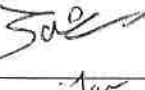
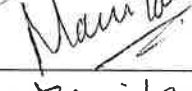
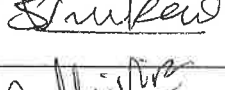
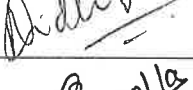
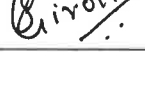
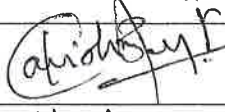
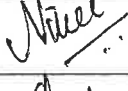
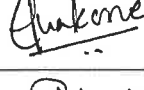
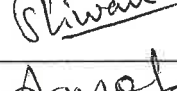
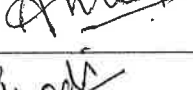



Principal:



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,
Sancheti College of Physiotherapy, Pune

Fitness Assessment at Bholagiri Prathmik Vidyalay – 01/03/2020

Sl no.	Name	Signature
3 rd year BPTH		
1.	Yashashree Agashe	
2.	Malavi Modi	
3.	Kalyani Mankar	
4.	Pranita Rathi	
5.	Astha Astha . Bhak .	
6.	Snehal Jain	
7.	Manasi Tawari	
8.	Swati Rao	
9.	Nidhi Vira	
10.	Shradha Girolla	
Fourth Year BPTH		
11.	Karishma Bogawat	
12.	Nikee Parekh	
13.	Eesha Thakare	
14.	Sapna Tiwari	
15.	Amol	
16.	Shruti Modi	





17.	Saloni Raut	<u>Saloni</u>
18.	Vaishnavi Shahane	<u>Vaishnavi</u>
19.	Tanvi Satra	<u>Tanvi</u>
20.	Richa Chadda chopda	<u>Rchopda</u>
MPT 1 st year		
21.	Jignesha	<u>Jignesha</u>
22.	Ketaki M	<u>KVmandke</u>
MPT 2 nd year		
23.	Kalyani S	<u>Kalyani</u>
24.	Sanchita K	<u>Sanchita</u>
25.	Shraddha L	<u>Shraddha</u>
26.	Tulika	<u>Tulika</u>
27.	Chaitali	<u>Chaitali</u>
28.	Swati Mishra	<u>Swati</u>
29.	Sare	<u>Sare</u>

Teachers :

1. Dr. Suroshree Mitra (PT)
2. Dr. Rucha Rayas (PT)
3. Dr. Nikita Dodwad (PT)

Nikita RD



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

NEUROPHYSIOTHERAPY DEPT
REPORT OF MSSI CAMP FOR MULTIPLE SCLEROSIS PATIENTS
FEBRUARY 2020

A Camp was held for Multiple Sclerosis patients on 9th Feb 2020 Sancheti Institute College of Physiotherapy (SICOP) in association with Multiple Sclerosis Society of India (MSSI) conducted a Medical and Physiotherapy camp for Multiple Sclerosis patients. The **20 students (BPT^h and MPT)** were sensitized **on the assessment and treatment of the Impairments and Limitations of Multiple Sclerosis patients** and also collaborating with patient support groups in society. **38 MS patients attended the Camp and benefited from the services.**


EVENT COORDINATOR:

NEURO PT DEPARTMENT
SICOP

HOD:







MSSI Camp for Multiple Sclerosis Patients: February 2020

LIST OF PARTICIPANT STUDENTS

Sr. No.	Name of student		
	MPT		Third Year BPT
1	Hayy Patni	17	Khan Umama Mariya Mohammed (TY)
2	Neha Vibhute	18	Agashe Yashashree Yeshwant
3	Shruti Dravid	19	Bhatt Krupali Devang
4	Rutuja Joshi	20	Mankar Kalyani Jayantkumar
5	Apurva Jamdhade		
6	Deepika Bhattacharya		
7	Disha Patni		
8	Nikita Nikam		
9	Chetna Jain		
10	Avni Jain		
11	Shaharsha Borkar		Faculty
12	Pradnya Wankhade	Sr. No.	Name of Faculty
	Final Year BPT	1	Dr. Vivek Kulkarni
13	Amol Kathar (4TH BPT)	2	Dr. Vasanti Joshi
14	Mehendale Gaurav Nitin	3	Dr. Radha Bhattad
15	Hardik Sanjiv Bhatia	4	Dr. Dinesh Chavhan
16	Chauhan Kreena Ashwin	5	Dr. Manish Ray

HOD *Radha*
NEURO PT DEPARTMENT
SICOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



[Handwritten signature]

Neurophysiotherapy Department , SICOP

MSSI Camp for Multiple Sclerosis Patients, 9th February 2020.



Kodhe
HOD

NeuroPT Dept.

SICOP



[Handwritten signature]

REPORT OF MUHS Blood Donation Camp Feb 2020

As per a circular from MUHS to encourage Blood Donation Awareness, a Blood Donation Camp was organized by Sancheti Institute College of Physiotherapy (SICOP) in association with Janakalyana Rakhta Pedhi, Pune. It saw the participation of **5 Faculty and 25 students** from SICOP. The Camp saw students **participating for the social cause and sensitized them to the need to donate blood for saving lives.**



Event coordinator:

SICOP


Principal:

 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

*Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy*

Date: 08/02/2020

BLOOD DONATION CAMP

As per a circular from MUHS to encourage Blood Donation Awareness, a Blood Donation Camp will be organized on 10th February in association with Janakalyana Raktapedhi, Pune.

Kindly report to Dr. Rucha Rayas, Student Council Committee, for further details.



EVENT COORDINATOR:


PRINCIPAL

STUDENT COUNCIL COMMITTEE

SICOP



SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION
COLLEGE OF PHYSIOTHERAPY
11/12, SHIVAJINAGAR, PUNE – 411 005.
[ID NO. PU/PN/Physio/122/(1997)]
(Id No. MUHS / 121)

Ph.No. : 020 – 25536666/25539999.
Extn. : 9411/9413.

Tele Fax.No.:020- 25539494, 25539393.
EmailId:sancheticop@sha.edu.in

SICOP/Prin. Office/39/2020

DATE : 27th February 2020

To,
The Registrar
Maharashtra University of Health Sciences,
Dindori road, Mhasrul,
Nashik : 422004.

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Sub : Blood Donation awareness prgrames organized by our college.

Ref : Your letter no. MUHS/SW/NSS/285/2020 dated : 7/2/2020

Respected Sir,

With reference to the above mentioned subject and letter received from your office regarding awareness of blood donation camps . We arrange these camps and the details regarding it are attached herewith for your information and necessary action.

Kindly accept the same.

Thanking you,

Yours Sincerely,



DR.VIVEK KULKARNI
PRINCIPAL



SANCHETI COLLEGE OF PHYSIOTHERAPY, PUNE

BLOOD DONATION CAMP

FEBRUARY 10TH 2020

Sancheti College of Physiotherapy, Pune organized a Blood Donation camp on 10th of February 2020. The camp was conducted as an initiative to create awareness among our students and staff about the importance of organ donation.

1.	Date of blood donation camp	10/02/2020
2.	No. of colleges/institution participated	1
3.	No. of students donated blood	25
4.	No. of staff (teaching/non-teaching) donated blood	5
5.	No. of units of blood collected	27
6.	Remarks, if any	3 units of blood was rejected out of the total.

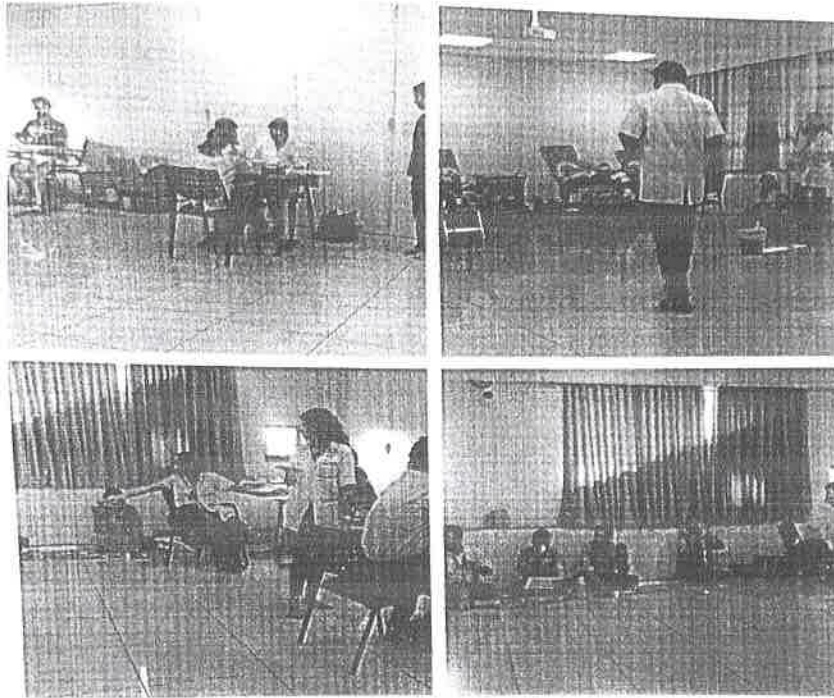


A handwritten signature in blue ink, consisting of a stylized, cursive name.

Date : /02/2020

SICOP in association with Janakalyana Rakhta Pedhi, Pune

**Blood Donation Camp, Sancheti Institute for Orthopaedics and Rehabilitation College of
Physiotherapy ,February 2020**



for 
Principal
SICOP



SANCHETI COLLEGE OF PHYSIOTHERAPY, PUNE

BLOOD DONATION CAMP

FEBRUARY 10TH 2020

Sancheti College of Physiotherapy, Pune organized a Blood Donation camp on 10th of February 2020. The camp was conducted as an initiative to create awareness among our students and staff about the importance of organ donation.

1.	Date of blood donation camp	10/02/2020
2.	No. of colleges/institution participated	1
3.	No. of students donated blood	25
4.	No. of staff (teaching/non-teaching) donated blood	4
5.	No. of units of blood collected	27
6.	Steps taken by the university to inculcate the habit of blood donation among students and staff	
7.	Remarks, if any	3 units of blood was rejected out of the total.



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

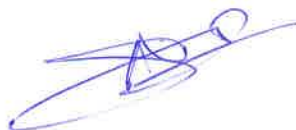
Extn. : 9411 / 9412 / 9413

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

LIST OF STUDENTS

LIST OF TEACHERS

Sr. No.	Name Of Students				
		13	Jashnani Vyomika Manish	1.	Dr Prajakta Sahasrabudhe
1	Godhankar Atharva Pradeep	14	Kadam Vaishnavi Dhananjay	2.	Dr. Suroshree Mitra
2	Makhija Deepti Mahendra	15	Kamble Harshada Devendra	3.	Dr. Dinesh Chavan
3	Goyal Tanisha Navin	16	Dassani Jigyasa Dineshkumar	4.	Dr. Venu Mohan
4	Girhe Vaishnavi Subodh	17	Dedhia Bhakti Dhiren	5.	Dr. Rucha Rayas
5	Gulanikar Apurva Anand	18	Deshpande Esha Dnyanesh		
6	Krutika Shah	19	Dhargalkar Siddhali Dinesh		
7	Kshirsagar Priyanka Prakash	20	Gala Kinnari Chirag		
8	Kulkarni Gargi Ratnakar	21	Hage Shrushti Vasant		
9	Maddi Meghana Vinod	22	Kulkarni Gargi Ratnakar		
10	Mahashabde Gautami Atul	23	Maddi Meghana Vinod		
11	Jain Poorna Dayalal	24	Mahashabde Gautami Atul		
12	Makwana Riddhi Bharatkumar	25	Mankar Kalyani Jayantkumar		




ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



Sports Physiotherapy Unit

A Report on Khelo India Camp -2020

The Government of India have started organizing Khelo India tournament to promote talented young athletes from 17-21 years age group .A training camp for Maharashtra team 'Khelo India' was organized for all state level players before the Khelo India tournament 2020 at the Balewadi Stadium .

Maharashtra Government Pune District Sports Officer requested the Sancheti Institute college of Physiotherapy to provide physiotherapy services and first aid to the athletes during the training camp from 2 January to 15 January in morning and evening shifts.

The following team was appointed by Sancheti Institute College of Physiotherapy:

	Name	Designation / Class
1.	Dr.Swapnil Ramteke (PT)	Associate Professor in Sports Medicine & Co-Ordinator
2.	Dr.Priya Jaiswal	MPT II Year
3.	Dr.Roma Joglekar	MPT II Year
4.	Dr.Nivedita Pashte	MPT II Year
5.	Dr.Amir Khan	MPT I Year
6.	Dr.Nidhi Tiwari	MPT I Year
7.	Dr.Harshada Rewale	MPT I Year
8.	Manal Desai	Interns
9.	Tanvi	Interns
10.	Sailee	Interns
11.	Divya	Interns
12.	Sakshi	Interns
13.	Revati	Interns
14.	Anahita	Interns
15.	Meghna	Interns
16.	Shweta	Interns

More than 400 athletes from various sports disciplines viz,Basketball,Football ,Volleyball ,Hockey,Cycling ,Gymnastics ,Weightlifting,Shooting,Archery,Track & Field,Judo,Table Tennis,Boxing.

Dr. Swapnil Ramteke
Sports Dept.



Mrs. Nilima Bedekar
Sancheti Institute College of Physiotherapy
16, Shivajinagar, Pune-5.

Dr. Nilima Bedekar
Professor & HOD

Extension Activities Committee
Khelo India Youth games 2020 **Report**

Ref No: SCOP/Ext act/2022

Date: 29-01-2020

As per letter from Maharashtra Government Pune District Sports officer, dated 07/01/2020 requesting three MPT for Guwahati Khelo India Youth games, three MPT went for giving physiotherapy treatment for Maharashtra team.

Three sports senior MPT attended the event.

400 Athletes from various sports disciplines – Basketball, Football, Volleyball, Hockey, Cycling, Gymnastics, Weightlifting, shooting, Track and field and other competitions were covered.

Following Team was appointed: Dr Priya Jaiswal (PT), Dr Roma Joglekar (PT), Dr Nivedita Pashte (PT)

Sports Coordinator

Dr Swapnil Ramteke

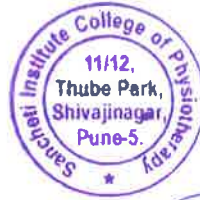
Asso Professor SIORCOP



Mrs. Nilima Bedekar
Sancheti Institute College of Physiotherapy
10, Shivajinagar, Pune - 5.

Prof. HOD M&K & Sports

**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**





sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413




**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

Sancheti SPORTS PHYSIOTHERAPY UNIT

5th Pune Flo Half Marathon 2019

The 5th Pune Flo International Half Marathon 2019 was organized at Pune on 8th December 2019. The Sports Physiotherapy Unit of Sancheti Institute of Orthopedic Research & Sancheti Institute College of Physiotherapy, Pune provided the various on field physiotherapy services to the national and Elite international runners in various events on the occasion.

The tournament included 21 km, 10 km & 5 km race events . Physio Stations were installed as follows :

Physios Placement			
NO	21 KM Route	Location	Physios
1	445 MTR	Westgate Circle	1
2	1.9 KM	ABS	1
3	3.50 KM	Trillium	2
4		Trillium circle	1
5	4.5 km	Seasons Mall	1
6	7.6 KM	Tadi Guta Chowk	3
7	9.3 KM	ASI -U Turn	1
8	12.6 KM	ABC Farm -u TURN	1
9	15.6 KM	Jahangir Chowk-BG Shirke Road	1
10	15.9 KM	VIBGYOR School Crossing Reddy	2
		Tower 8	1
			15

RP
9/12/19.



[Handwritten Signature]

The physiotherapy Base camp was inspected by Dr.Parag Sancheti to ensure the appropriate facilities and arrangement for Physiotherapy services. More than 152 runners were provided various physiotherapy interventions on field, who were injured during different formats of running events from Magarpatta City main gate exit road ,Hadapsar.

The players were provided various forms of physiotherapy techniques like ,Ice massage, cryotherapy and cryokinetics,Active Release Techniques ,Positional release Techniques ,Muscle Energy Techniques,PNF stretching techniques, Vapocoolant Therapy,Taping & Bracing , sports massage ,Calisthenics, ,First Aid & Relaxation techniques and Meditation .

The Sports physiotherapy crew comprised of Faculty members ,Dr.Sharon Sunny & Namita Gaikwad ,Dr.Neeraj Athavale (PT) & Dr.Swapnil Ramteke (PT), accompanied by a Dynamic & dedicated team comprising Post graduate students , Dr.Harshada Rewale, & Dr.Aamir Khan,Dr.Roma,Dr.Nivedita from Sports physiotherapy along with Interns

Sr No .	Level	No. of Volunteers
1	Faculty	04
2	Sports PG students	04
3	Interns	26
	Total	34


The patients those who had major injuries were referred to Sancheti Hospital & SIOR for further screening and follow up. The Dynamic Physio Team of Sancheti Institute was appreciated on the stage by the organising committee of Pune Flo International Half Marathon 2019 in presence of various Eminent .

Dr.Parag Sancheti with Sancheti Sports Physio Team at the Magarpatta grounds



The Sancheti Sports Physio Team




Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

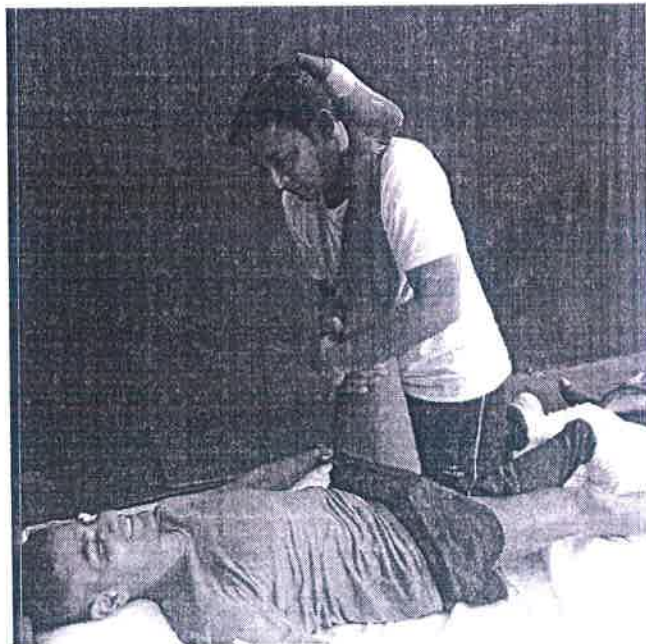
Physiotherapy Base Camp Station



Stretching Sessions



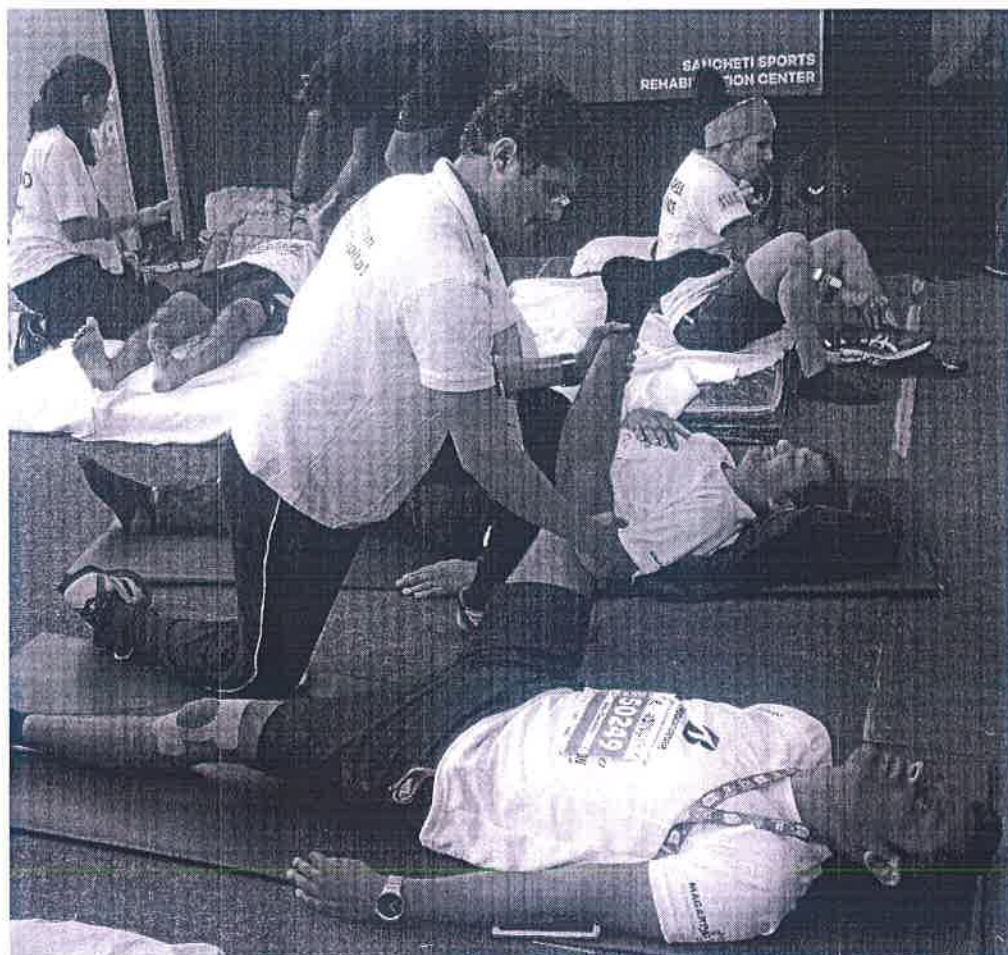
PNF session



MET sessions




Sancheeti Institute for Orthopaedics and Rehabilitation College of Physiotherapy



Upper Body Stretching Sessions





SPORTS PHYSIOTHERAPY UNIT

Report on Amanora Cup Badminton Tournament 2019

The Amanora Cup Badminton Tournament 2019 was organized by the Haveli Taluka Badminton Association, Pune at PYC Hindu Gymkhana, Bhandarkar Institute Road, Pune , , From Saturday, 21 December 2019 -to- Saturday, 28 December 2019.

The Sports Physiotherapy Unit of Sancheti Healthcare Academy, Pune provided the various on court physiotherapy services to the badminton players participating in various events on the occasion. The tournament had following events for Men and Women and children:

- 1. Singles*
- 2. Doubles &*
- 3. Mixed Doubles.*

More than 72 shuttlers were provided various physiotherapy interventions on field, who were injured during different formats and different levels of the tournament.

The players were provided various forms of physiotherapy techniques like Ice massage, sports Massage, Cryotherapy and Cryokinetics, Muscle Energy Techniques, PNF stretching techniques, Vapocoolant Therapy, Taping & Bracing, Calisthenics, First Aid & Relaxation techniques.

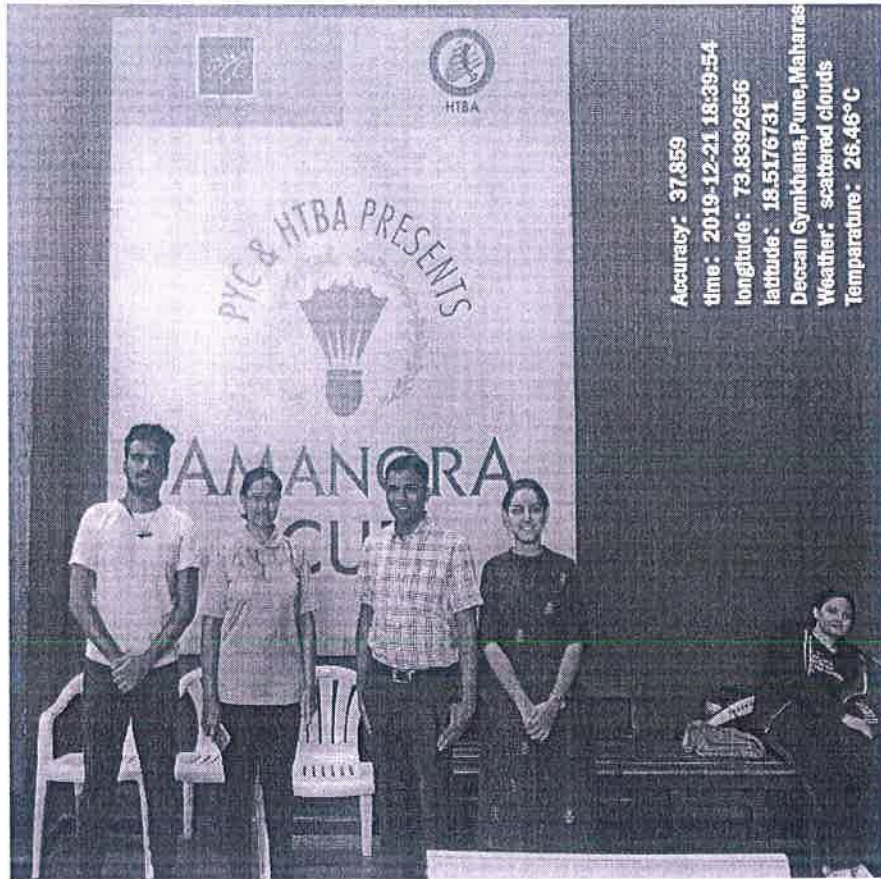
The Sports physiotherapy crew comprised of following members, Dr.Neha Pelapkar (PT)MPT Musculoskeletal sciences ,Dr.Swapnil Ramteke(PT),Associate Professor in Sports Physiotherapy accompanied by a Dynamic & dedicated team comprising Post graduate students Dr.Harshada Rewale, Dr.Nidhi Tiwari , Dr.Aamir Khan, Dr.Roma Joglekar, Dr.Priya Jaiswal & Dr.Nivedita Pashte from Sports Physiotherapy.



Sr.No.	Type of injury/ condition	Number of Injuries	Management
1	Muscle cramps	11	Passive stretching, Electrolyte Supplementation
2	Abrasions /Cuts	08	First Aid
3	Bruises	07	First Aid
4	Trapezius Strain	04	Cryotherapy ,MET,Cryokinetics
5	Rotator cuff injury	09	Cryotherapy ,Taping
6	Biceps Strain /Pull	08	Cryotherapy/Vapocoolant therapy ,Taping
7	Biceps Insertional Tendinopathy	03	Cryotherapy/Vapocoolant therapy
8	Wrist Extensors Strain	02	Cryotherapy/Vapocoolant therapy
9	UCL Strain of wrist Joint	01	Cryotherapy/Vapocoolant therapy ,Taping
10	Groin Strain	03	Cryotherapy ,MET & PNF Hold Relax
11	Hamstrings Strain	06	Cryotherapy ,MET & PNF Hold Relax
12	ACL tear Grade -I	02	Cryotherapy ,Taping
13	Patellar Tendinopathy	02	Taping & Eccentric training
14	Calf Strain	03	Cryotherapy ,MET
15	Lateral Ankle sprain	03	Cryotherapy ,Taping
	Total	72	



The Team Members On Court for physiotherapy services



Sancheti Institute College of Physiotherapy

Report On 34th Pune International Marathon 2019

The 34th Pune International Marathon 2019 was organized at Pune on 1 December 2019. The Sports Physiotherapy Unit of Sancheti Institute College of Physiotherapy, Pune provided the various on field physiotherapy services to the national and Elite international runners in various events on the occasion.

The tournament included 42 km, 21 km, 10 km, 5 km & 3.5 km Parathletes. More than 350 runners including the specially abled wheelchair para athletes were provided various physiotherapy interventions on field, who were injured during different formats of running events from sanas ground to nanded City & Back. three Physio Stations were installed One sanas ground, one at 5Km point & 10.5 km point.

The players were provided various forms of physiotherapy techniques like cryotherapy and cryokinetics, Ice massage, Muscle Energy Techniques, PNF stretching techniques, Vapocoolant Therapy, Taping & Bracing, sports massage, Calisthenics, Group therapy, First Aid & Relaxation techniques.

The Sports physiotherapy crew comprised of Faculty members, Dr. Apurv Shimpi (PT), HOD, PT in Community Health, Dr. Swapnil Ramteke (PT), Associate Professor in Sports Physiotherapy accompanied by a Dynamic & dedicated team comprising Post graduate students Dr. Vedang Vaidya, Dr. Harshada Rewale, Dr. Nidhi Tiwari & Dr. Aamir Khan from Sports physiotherapy. Interns, BPT IV, & III Year students.





MET session



Stretching session



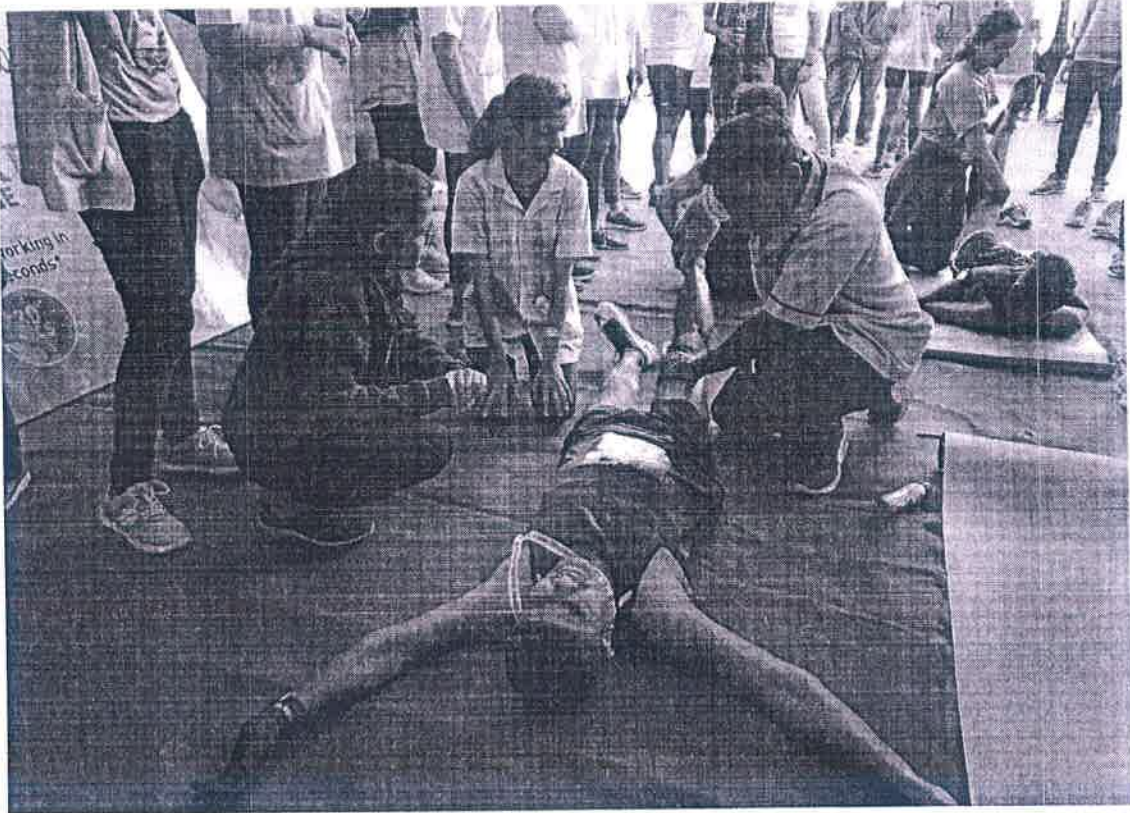



Relaxation & stroking



ITB Stretching





MET sessions for calf



Cryokinetics for biceps for a paraathlete



Sancheti Institute College of Physiotherapy

REPORT ON 3RD MUMBAI CONSUL GENERAL CUP 2019:

Open Taekwondo Championship at Balewadi Sports complex,Pune

The 3rd Mumbai Consul General Cup 2019: Open Taekwondo Championship was organized at the Balewadi Sports Complex, Pune on 9th & 10th November 2019. The Sports Physiotherapy unit of Sancheti Institute College of Physiotherapy, Pune provided the various on field physiotherapy services to the participants on the occasion. A total of 17 adolescent athletes availed the on field services who were injured during various demonstration and combat events.

The players were provided various forms of physiotherapy techniques like cryotherapy and cryokinetics ,Muscle Energy Techniques,PNF stretching techniques, Vapocoolant Therapy,Taping & Bracing ,First Aid & Relaxation techniques. The sports physiotherapy crew comprised of Dr.Swapnil Ramteke(PT), Associate Professor in Sports Physiotherapy accompanied by Dr.Harshada Rewale, Dr.Nidhi Tiwari & Dr.Aamir Khan.





1. On Field MET services



2. First Aid for Lacerations



3. Vapocoolant Therapy & Cryokinetics sessions



The Sports Physiotherapy Unit at the Balewadi Sports Complex



MENTORSHIP COMMITTEE
REPORT OF FITNESS ASSESSMENT CAMP AT GANAPATI PANDAL
SEPTEMBER 2019

A **Free Health and Patient Education Camp** was carried out by the Faculty & Students of Sancheti Institute College of Physiotherapy (SICOP) at Ganapati Pandals of **Tambdi Jogeshwari Mandal Trust, Kesariwada Mandal Trust, and Bholenath Ganapati Mandal Trust on 4th September 2019** as an initiative of the **Mentorship Committee of SICOP**. It had a **participation of 248 Students and 11 Faculty**. This activity was initiated by the Mentorship Committee of SICOP and was aimed at bringing **Team building, Leadership qualities and Community service value** to the students.

This activity also benefited the people visiting these Pandals.



Event Coordinator:



Chairperson:

MENTORSHIP COMMITTEE; SICOP



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Date :04/09/2019

Mentorship Committee and SICOP

Free Health and Patient Education Camp, Ganpati Pandals of Tambdi Jogeshwari Mandal Trust, Kesariwada Mandal Trust, and Bholenath Ganpati Mandal Trust, September 2019



**Event Coordinator
SICOP**



**Principal
SICOP**



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

List of Participant Students for Ganapati Pandal Activity September 2019

Sr no	Year	Name
1	(I Bpth)	Balwadkar Vaishnavi Vikas
2	(I Bpth)	Bhakare Vaishnavi Ganesh
3	(I Bpth)	Bhakti Vinaykumar Gupta
4	(I Bpth)	Bhide Chitrani Mahesh
5	(I Bpth)	Bisen Ashutosh Mahendra
6	(I Bpth)	Chaitali Nitin Patil
7	(I Bpth)	Chandavarkar Rashi Gowrang
8	(I Bpth)	Chaudhary Gauri Uday
9	(I Bpth)	Chavan Anuj Sunil
10	(I Bpth)	Dawkar Harshada Manikrao
11	(I Bpth)	Dhote Janhvi Unmesh
12	(I Bpth)	Diwanji Utkarsha Vinod
13	(I Bpth)	Dristi Atul Suchak
14	(I Bpth)	Gadodiya Aditi Mahabir
15	(I Bpth)	Gadre Shardul Sanjeev
16	(I Bpth)	Gaharwar Aditi Shailendrasingh
17	(I Bpth)	Gavit Shreyas Govind
18	(I Bpth)	Gawad Prajwali Mohan

19	(I Bpth)	Gawai Parimal Manikrao
20	(I Bpth)	Gherwara Laxmi Khilesh
21	(I Bpth)	Iyer Purnima Krishnamurthy
22	(I Bpth)	Jadhav Anjali Shrimantrao
23	(I,Bpth)	Jadhav Ramkaran Sanjay
24	(I Bpth)	Jain Poorna Dayalal
25	(I Bpth)	Jashnani Vyomika Manish
26	(I Bpth)	Kadam Vaishnavi Dhananjay
27	(I Bpth)	Kamble Harshada Devendra
28	(I Bpth)	Kankariya Nakshatra Rajendra
29	(I Bpth)	Kasat Kshitij Manish
30	(I Bpth)	Khedkar Pratiksha Vinayak
31	(I Bpth)	Khude Pratiksha Nitin
32	(I Bpth)	Kothari Prathamesh Shailesh
33	(I Bpth)	Lokhande Sakshi Sanjaykumar
34	(I Bpth)	Mangave Hrushikesh Ashok
35	(I Bpth)	Munot Sayli Sunil
36	(I Bpth)	Nikita Rupesh Nalawade
37	(I Bpth)	Nikam Atharva Girish
38	(I Bpth)	Pande Sakshi Ravindra

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

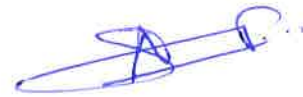
Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

39	(I Bpth)	Pathak Rutuja Sanjay
40	(I Bpth)	Patil Nandini Vinay
41	(I Bpth)	Pawar Anushka Bhairavnath
42	(I Bpth)	Prabhale Shruti Sudhir
43	(I Bpth)	Rathod Urvi Shekhar
44	(I Bpth)	Sahu Sejal Sandeep
45	(I Bpth)	Sancheti Apoorva Neeraj
46	(I Bpth)	Shah Urja Jitesh
47	(I Bpth)	Shaikh Aaliya Zuber
48	(I Bpth)	Shetty Srushti Sadashiva
49	(I Bpth)	Shivani Reddy
50	(I Bpth)	Singh Bhavana Dharmendra
51	(I Bpth)	Solanki Rutvi Ameet
52	(I Bpth)	Somani Bhakti Amol
53	(I Bpth)	Unnati Harish Khandelwal Gupta
54	(I Bpth)	Sul Nandita Satish
55	(I Bpth)	Surana Khushi Gautam
56	(II Bpth)	Bendale Shashwati Rajendra
57	(II Bpth)	Chikate Rajshri Suresh
58	(II Bpth)	Dhuri Isha Jagdish
59	(II Bpth)	Dole Omkar Sheshrao
60	(II Bpth)	Godhankar Atharva Pradeep

61	(II Bpth)	Goenka Anshu Darshan
62	(II Bpth)	Goyal Tanisha Navin
63	(II Bpth)	Gulanikar Apurva Anand-
64	(II Bpth)	Gujarathi Tulsee Tushar
65	(II Bpth)	Jadhav Padmaja
66	(II Bpth)	Jain Esha Hasmukh
67	(II Bpth)	Jaju Vaibhavi Jagdish
68	(II Bpth)	Joshi Disha Sanjay
69	(II Bpth)	Joshi Utkarsha Pravin
70	(II Bpth)	Kankaria Rhea Manish
71	(II Bpth)	Kasare Ajinkya Manoj
72	(II Bpth)	Kom Shejal Chandrakant
73	(II Bpth)	Kulkarni Devesh Mahesh
74	(II Bpth)	Khatri Ayushi
75	(II Bpth)	Lahoti Arpita Ajay
76	(II Bpth)	Lohakare Arya
77	(II Bpth)	Makhija Deepti Mahendra
78	(II Bpth)	Mehta Jheel Nishchal
79	(II Bpth)	Mehta Mitali Sachin
80	(II Bpth)	Nandgaonkar Saveri Meghan
81	(II Bpth)	Nadkarni Stuti Suyash
82	(II Bpth)	Odedra Arjun Gagan

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

27999999,
28999999
9412 / 9413

83	(II Bpth)	Panpaliya Pooja Premanand
84	(II Bpth)	Pranjal Jumle
85	(II Bpth)	Patil Vedant Shrikant
86	(II Bpth)	Palamkar Isha Pradeep
87	(II Bpth)	Parekh Sakshi Ashish
88	(II Bpth)	Pawar Lukesh pandit
89	(II Bpth)	Parkar Nidhi Pravin
90	(II Bpth)	Salunkhe Sourabh Mahesh
91	(II Bpth)	Shaikh Ayesha Naurbasha
92	(II Bpth)	Solanki Stuti Kalpesh
93	(II Bpth)	Shah Akshita Abhijeet
94	(II Bpth)	Shah Kashish Bhavin
95	(II Bpth)	Sidwani Viri Mahesh
96	(II Bpth)	Totla Garima
97	II Bpth	Vira Hiya Ketan
98	II Bpth	Vishwajeet Deshmukh
99	II Bpth	Waghuskar Siddhita Sandeep
100	II Bpth	Wagh Anusha prafulla
101	II Bpth	Waghuskar Siddhita Sandeep
102	II Bpth	Walavalkar Siddhi Mangesh
103	III Bpth	Agashe Yashashree Yeshwant
104	III Bpth	Banawlikar Pranjal Purushottam

105	III Bpth	Bangad Sharayu Anand
106	III Bpth	Bapat Rugved Suresh
107	III Bpth	Bhatt Krupali Devang
108	III Bpth	Borhade Apruva Dattatray
109	III Bpth	Chavda Bhakti Chandrashri
110	III Bpth	Dhawade Simran Sanjay
111	III Bpth	Dhobale Akshay Anand
112	III Bpth	Doiphode Niya Kishore
113	III Bpth	Dupare Sakshi Harshwardhan
114	III Bpth	Gavate Vaishnavi Sanjay
115	III Bpth	Goradia Nirali Bimal
116	III Bpth	Jain Nikhil Dilipchand
117	III Bpth	Jain Snehal Prakashchadra
118	III Bpth	Joshi Mitali Ulhas
119	III Bpth	Kamble Isha Shailesh
120	III Bpth	Khan Umama Mariya Mohammed
121	III Bpth	Koli Durgesh Rajan
122	III Bpth	Krutika Shah
123	III Bpth	Kshirsagar Priyanka Prakash
124	III Bpth	Kulkarni Gargi Ratnakar
125	III Bpth	Maddi Meghana Vinod
126	III Bpth	Mahashabde Gautami Atul

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

217	MPT I	More Tanmai Bhaskar
218	MPT I	Navbadhe Poonam Rajkumar
219	MPT I	Patni Disha Mahendra
220	MPT I	Phulgirkar Pranjali Prashant
221	MPT I	Rewale Harshada Vasudev
222	MPT I	Sahane Geeta Ashok
223	MPT I	Sarvaiya Viral Vijay
224	MPT I	Sathaliyawala Munira Quresh
225	MPT I	Wankhade Pradnya Ashwin
226	MPT I	Kazi Nida Falyaz
227	MPT II	Agrawal Ruchita Shashikan
228	MPT II	Agarwal Shweta Dilip
229	MPT II	Bhalcim Deepika Pramod
230	MPT II	Chate Swati Bhaska
231	MPT II	Dravid Shruti Sudhir
232	MPT II	Gadgeel Rucha
233	MPT II	Jaiswal Priya Munnalal

234	MPT II	Jamdhade Apurva Babanrao
235	MPT II	Joglekar Roma Dilip
236	MPT II	Kavatkar Chinmayi Mahesh
237	MPT II	Lahoti Shraddha Omprakash
238	MPT II	Mandesa Divya Rajesh
239	MPT II	Pashte Nivedita Nathuram
240	MPT II	Rajgire Shreyanshi Harish
241	MPT II	Sancheti Aishwarya Anil
242	MPT II	Sanchita Kushwaha
243	MPT II	Sethiya Shruti Abhay
244	MPT II	Shirsat Saeed Vijay
245	MPT II	Vibhute Neha Rajendra
246	MPT II	Mishra Swati
247	MPT II	Tribhiwan Tulika
248	MPT II	Shivarkar Kalyani

Event Coordinator

SICOP



Chairperson

Sancheti Institute for Orthopedics & Rehabilitation
College of Physiotherapy

Annual Report of Extra Camps Attended by MPT from Aug 2018- July 2019

Sr. No	Date of Camp	Organising unit/ agency/ collaboratin g agency	Camp Location	Patients Assessed/ Treated	Nature of Patients benefitted	Consultant Orthopedic Surgeon	Physiotherapists/ MPT Students
1	24/11/2018	SIOR	Peth Vadgaon, Kolhapur	135 patients	OA knee, Neck & Low Back pain, PIVD, Lumbar canal stenosis, Plantar fasciitis	Dr. Pradhyuman Rathi, Dr. Shubham Shah & Team	Kalyani Shivarkar (MPT), Chinmayi Kavatkar (MPT)
2	24/03/2019	SIOR with Narayani Dham Trust, Lonavala	Narayani Dham, Lonavala	80 patients	OA knee, Cervical & Lumbar Spondylosis with/without radiculopathy, Adhesive capsulitis	Dr. Mohit A	Shweta Agarwal (MPT)
3	29/03/2019	SIOR with Mukul Madhav Foundation	PHC, Yavati, Satara	150 Patients	Low back & Neck pain, OA knee, Lateral Epicondylitis	Dr. Lalit Pise	Chinmayi Kavatkarl (MPT)
4	10/05/2019	SIOR with Mukul Madhav Foundation	Mayani gaon, Khatav District, Satara	90 patients	Low back & Neck pain, OA knee,	SIOR Residents	Divya Mandesa (MPT), Anjali Kale (MPT)
5	26/07/2019	SIOR with Mukul Madhav Foundation	PHC Mayani gaon, Khatav District, Satara	98 patients (22 for PT)	OA knee, Neck & Low Back pain with/without radiculopathy, Plantar fasciitis, Post-op knee, IT band syndrome	Dr. Rajendra Sakharekar & Team	Zehra Dholkawala (MPT), Manasa Nair (MPT)


Principal
SIORCOP, Pune

**SIOR Orthopedic Camp, Peth
Vadgaon, Kolhapur
November 2018**



**SIOR with Narayani Dham Trust,
Lonavala
March 2019**



**SIOR with Mukul Madhav
Foundation, PHC, Yavati ,Satara
March 2019**



**SIOR with Mukul Madhav
Foundation, Mayani gaon, Khatav
district ,Satara Khatav district ,Satara
May 2019**



**SIOR with Mukul Madhav Foundation,
PHC, Mayani gaon, Khatadistrict,Satara
July 2019**



NAB

REPORT OF ROAD SAFETY AWARENESS CAMPAIGN APRIL 2019

Road Safety Awareness Campaign was conducted on 27th April 2019 by the Sancheti Institute College of Physiotherapy (SICOP) & Sancheti Institute of Orthopedics & Rehabilitation (SIOR) in collaboration with the Pune Traffic Police. This included an **Awareness Skit by Final Year BPTH students** of SICOP. The function was held at Anna Bhau Sathe auditorium and was attended by Final year BPTH students, the Pune Traffic Police personnel, and guests. The skit was appreciated by the guests and chief guests at the function. This is a **community reach-out and social service activity** which sent out the message of Road Safety to all who attended the event. It was also a good **Team-building activity** for social awareness.



Chairperson

Extension Committee



Principal

SICOP

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy.

Date :27/04/2019

Extension Activity Committee ,SICOP

Road Safety Awareness Campaign, Anna Bhau Sathe auditorium,27th April, 2019




Event Coordinator
SICOP


Principal
SICOP



Date: 15/04/2019

ROAD SAFETY AWARENESS CAMPAIGN

Road Safety Awareness Campaign will be conducted on 27th April 2019 in collaboration with the Pune Traffic Police and will be held at Anna Bhau Sathe Auditorium, Bibwewadi, Pune.
The Campaign will have to be planned with an Awareness Skit by the Final Year BPTth students of SICOP. Student Council members of Final Year BPTth are requested to contact Dr. Apurv Shimpi for the details.


Chairperson

Extension Committee



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

LIST OF PARTICIPANT STAFF AND STUDENTS

Sr. No.	Name of Student	Sr. No.	Name of Student
1	Anahita Thomas	27	Karishma Kenia
2	Apte Radhika	28	Khutale Sai
3	Badani Prachi	29	Limaye Mugdha
4	Bangera Ruchi	30	Makhijani Yogini
5	Barawkar Kshitija	31	Malani Revati
6	Mahapure Shubhankar	32	Nair Sakshi
7	Yashvi Shah	33	Nebhwani Meghana
8	Bhole Harshita	34	Patel Kajal
9	Boralkar Salvi	35	Pavandeep Kaur
10	Chavan Meghana	36	Prabhu Vaishnavi
11	Chitre Jay	37	Preet Davda
12	Choudhary Kavita	38	Rathod Pooja
13	Contractor Insiya	39	Rawlani Disha
14	Dalal Payal	40	Ruben George
15	Dedhia Isha	41	Samant Sharvari
16	Desai Manaal	42	Saraswate Shalmali
17	Deshpande Nikita	43	Sarwaiya Tanvi
18	Dingare Vaidehi	44	Shah Jaina
19	Gosavi Prajakta	45	Shah Mahima
20	Iyer Anjana	46	Shah Riddhi D
21	Jagtap Tanmay	47	Shah Riddhi M
22	Jain Pinky	48	Shah Uditi
23	Jain Snehal	49	Shanbhogue Kiran
24	Kale Sayali	50	Sheth Mausam
25	Kalra Simran		
26	Karambelkar Aditi		
	<u>Name of Teachers</u>		
1	Dr. Neeraj Athavale	2	Dr. Venu Mohan

Chairperson

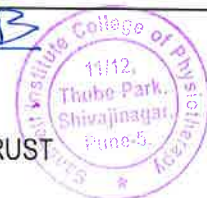
Principal

Extension Committee

SICOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



Community Physiotherapy Department

Report on Elderly Fitness Awareness at Geriatric Home, Ambi, March 2019

An **Elderly Fitness Awareness at Geriatric Home in Ambi in March 2019** organized by the Community Department of Sancheti Institute College of Physiotherapy (SICOP) was **attended by 51 students [48 Final Year BPT h and 3 MPT (Community Specialty)]**. A talk on **“Fitness for the Elderly”** was conducted by **Dr. Apurv Shimpi** along with a **Demo of Exercises for the Elderly**. Other faculty from the Community Department of SICOP, Dr. Suroshree Mitra and Dr. Hiba Memon were also present. This activity **sensitized the students to the impairments of the elderly** living in the facility along with **volunteering for social service of the elderly** by talking to them and teaching & motivating them to do simple exercises to improve their quality of life.



**HOD
Community PT Dept**

SICOP

**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

Community PT Dept. SICOP

Elderly Fitness Awareness at Geriatric Home, Ambi (March 2019)



Event Coordinator:

Community PT Dept, SICOP

HOD:



SICOP/ /

Date: 04/03/2019

VISIT TO GERIATRIC HOME, AMBI

A Geriatric Home Visit in Ambi has been organized by the Community Physiotherapy Department of Sancheti Institute College of Physiotherapy (SICOP). All Final-year BPTth and MPT students are requested to contact Dr. Apurv Shimpi for the details.



HOD
Community PT Dept; SICOP



LIST OF PARTICIPANT STUDENTS

Sr. No.	MPT	Sr. No.	FACULTY
1	Sanchita Kushwaha	1	Dr. Apurv Shimpi
2	Gadgeel Rucha Chandrashekhar	2	Dr. Sroshree Mitra
3	Sethiya Shruti Abhay	3	Dr. Hiba Memon
Final BPTth			
1	Anahita Thomas	25	Limaye Mugdha
2	Apte Radhika	26	Mahapure Shubhankar
3	Badani Prachi	27	Makhijani Yogini
4	Barawkar Kshitija	28	Malani Revati
5	Bhole Harshita	29	Nair Sakshi
6	Chavan Meghana	30	Nebhwani Meghana
7	Chitre Jay	31	Patel Kajal
8	Contractor Insiya	32	Pavandeep Kaur Sabherwal
9	Dalal Payal	33	Prabhu Vaishnavi
10	Dedhia Isha	34	Preet Davda
11	Desai Manaal	35	Ruben George
12	Deshpande Nikita	36	Samant Sharvari
13	Dingare Vaidehi	37	Saraswate Shalmali
14	Gosavi Prajakta	38	Sarvaiya Tanvi
15	Iyer Anjana	39	Shah Jaina
16	Jain Pinky	40	Shah Mahima
17	Jain Snehal	41	Shah Riddhi D
18	Kale Sayali	42	Shah Riddhi M
19	Kalra Simran	43	Shanbhogue Kiran
20	Karambelkar Aditi	44	Sheth Mausam
21	Kenia Karishma	45	Shinde Vaishnavi
22	Kalra Simran	46	Singasane Aishwarya
23	Karambelkar Aditi	47	Supe Hiral
24	Kenia Karishma	48	Takale Aishwarya

Event Coordinator: 

Community PT Dept., SICOP

HOD: 

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



*Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy*

Date: 19/02/2019

REPORT OF LOKMAT MAHAMARATHON

FEBRUARY 2019

Lokmat MahaMarathon was organized on 17th February 2019 by Lokmat Media Pvt Limited and had its start and finish point was at Shree Shiv Chhatrapati Sports Complex, Balewadi, Pune. The Musculoskeletal & Sports Physiotherapy Department of Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy was a part of the Physiotherapy support team for the entire event.

The event consisted of a 21 km half-Marathon and a 10 km run. All the runners underwent 10-15 minutes of warm-up prior to the run, which included dynamic stretching and Zumba activities. Also post-run cooldown and stretching was conducted for the runners.

A team of physiotherapists from the SIORCOP MSK & Sports PT Dept covered the marathon and treated various injuries. **33 Bpth** students and **5 Mpth** students volunteered for this event. The students were guided by Dr Neeraj Athavale (PT).

The students were **trained for First-aid and Physiotherapy management** for running-related sports injuries of the participating athletes. They were **sensitized for being Physiotherapists as part of a support team for a live sports event.**



HOD
MSK & SPORTS PT DEPT
SIORCOP





LOKMAT MAHAMARATHON FEBRUARY 2019

LIST OF STUDENTS

SR NO.	STUDENT LIST (TY BPTth)	SR NO.	STUDENT LIST (TY BPTth)
1	Agashe Yashashree Yeshwant	20	Krutika Shah
2	Bajaj Vaishnavi Krishna	21	Kshirsagar Priyanka Prakash
3	Banawlikar Pranjali Purushottam	22	Kulkarni Gargi Ratnakar
4	Bangad Sharayu Anand	23	Maddi Meghana Vinod
5	Bapat Rugved Suresh	24	Makwana Riddhi Bharatkumar
6	Bhatt Krupali Devang	25	Mankar Kalyani Jayantkumar
7	Borhade Apruva Dattatray	26	Mergu Krupa Premnath
8	Chavda Bhakti Chandrashi	27	Mirge Manjiri Tulshidas
9	Dhawade Simran Sanjay	28	Modi Malavi Gurvish
10	Dhobale Akshay Anand	29	Modi Sanskruti Sehul
11	Doiphode Niya Kishore	30	Nikam Snehal Jitendra
12	Dupare Sakshi Harshwardhan	31	Parekh Truptee Chintan
13	Gavate Vaishnavi Sanjay	32	Pednekar Siddhi Sunil
14	Jain Nikhil Dilipchand	33	Radhika Gujar
15	Jain Snehal Prakashchadra		
16	Joshi Mitali Ulhas		
17	Kamble Isha Shailesh		
18	Khan Umama Mariya Mohammed		

 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

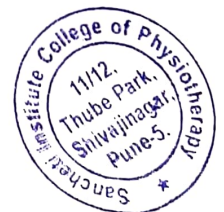
Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

LOKMAT MAHAMARATHON FEBRUARY 2019



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997]))

(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999

Extn. : 9411 / 9412 / 9413

LOKMAT MAHAMARATHON FEBRUARY 2019



NSB

**HOD
MSK & SPORTS PT DEPT
SIORCOP**



Date: 11/01/2019

Student Council Committee, SICOP

Report of "KHELO INDIA" January 2019

The "Khelo India" sports event was organized at the Balewadi Stadium in Pune by the **Ministry of Sports and Youth Affairs, Government of India**. It was held from 9th January to 20th January 2019 at the Balewadi Sports Complex, Pune. **SICOP Faculty**, including **Dr. Nilima Bedekar, Dr. Dinesh Chavhan, and Dr. Purvi Shah**, along with **38 Students (MPT)** from Sancheti Institute College of Physiotherapy (SICOP) provided their expert Physiotherapy services for **In-Field management as well as Treating Sports injuries** at the sporting events of Badminton, Football, Kabaddi, Volleyball, and Weight Lifting. The students were sensitized to **managing, assessing, and treating various athletes** at various events as well as participating in a large-scale National Event.



Event Coordinator



Chairperson

SICOP



19	Koli Durgesh Rajan		
----	--------------------	--	--

LIST OF PARTICIPANT MPT STUDENTS

SR NO.	STUDENT LIST (MPT)
1	Vedang Vaidya
2	Hayy Patni
3	Aditi Patil
4	Anagha Kamble
5	Jaiswal Priya



HOD
MSK & SPORTS PT DEPT
SIORCOP



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**



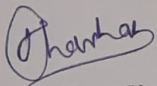
SICOP/ /

Date : / /

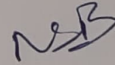
Extension Activity Committee .SICOP

Khelo India.Balewadi Stadium.January 2019



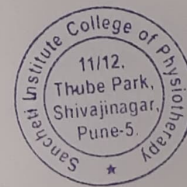


Event Coordinator



Principal:

SICOP



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Date: 04/12/2018

REPORT OF 33rd PUNE INTERNATIONAL MARATHON
DECEMBER 2018

The 33rd Pune International Marathon was conducted on 2nd December 2018. The Musculoskeletal & Sports PT department of Sancheti Institute College of Physiotherapy was a part of the Physiotherapy support team for the entire event.

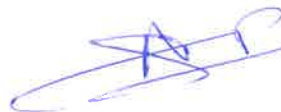
There were both national and international runners participating in the marathon. **55 students** of SIORCOP from the (**52 Final Year BPTth & 3 MPTs**) volunteered for this event. The students organized a 10 - 15 mins of warm-up session for the runners. The students along with Staff provided first-aid for the running-related injuries during the run as well as a post-marathon cool-down session (that included stretching) for the runners.

The students were **trained for First-aid and Physiotherapy management** for running-related sports injuries of the participating athletes. They were **sensitized for being Physiotherapists as part of a support team for a live sports event.**



HOD
MSK PT DEPT
SIORCOP





**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

The 33rd Pune International Marathon (Dec '2018)

LIST OF PARTICIPANT FINAL YEAR BPT^H STUDENTS

SR NO.	NAME OF STUDENT	SR NO.	NAME OF STUDENT
1	Anahita Thomas	23	Mahapure Shubhankar
2	Apte Radhika	24	Makhijani Yogini
3	Badani Prachi	25	Malani Revati
4	Barawkar Kshitija	26	Nair Sakshi
5	Bhole Harshita	27	Nebhwani Meghana
6	Chavan Meghana	28	Patel Kajal
7	Chitre Jay	29	Pavandeep Kaur Sabherwal
8	Contractor Insiya	30	Prabhu Vaishnavi
9	Dalal Payal	31	Preet Davda
10	Dedhia Isha	32	Ruben George
11	Desai Manaal	33	Samant Sharvari
12	Deshpande Nikita	34	Saraswate Shalmali
13	Dingare Vaidehi	35	Sarvaiya Tanvi
14	Gosavi Prajakta	36	Shah Jaina
15	Iyer Anjana	37	Shah Mahima
16	Jain Pinky	38	Shah Riddhi D
17	Jain Snehal	39	Shah Riddhi M
18	Kale Sayali	40	Shanbhogue Kiran
19	Kalra Simran	41	Sheth Mausam
20	Karambelkar Aditi	42	Shinde Vaishnavi
21	Kenia Karishma	43	Singasane Aishwarya
22	Limaye Mugdha	44	Supe Hiral

SR NO.	NAME OF STUDENT
45	Takale Aishwarya
46	Toshnival Purva
47	Trimbake Shweta
48	Udhoji Isha
49	Vini Kothari
50	Aishwarya Borgaonkar
51	Sejal Kachhot
52	Shabarish Menon

LIST OF PARTICIPANT MPT STUDENTS

SR NO.	NAME OF STUDENT
53	Vaidya Vedang Nikhil
54	Rajgire Shreyanshi Harish
55	Pashte Nivedita Nathuram



**HOD
MSK PT DEPT
SIORCOP**





**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

33rdPUNE INTERNATIONAL MARATHON
DECEMBER 2018



N.P.

HOD
MSK PT DEPT
SIORCOP



Date: 17/09/2018

Mentorship Committee and SICOP

Report Of Mentorship Committee Ganapati Pandal - September 2018

A **Free Health and Patient Education Camp** was carried out by the **Faculty & Students** of Sancheti Institute College of Physiotherapy (SICOP) at Ganapati Pandals of Tambdi Jogeshwari Mandal Trust, Kesariwada Mandal Trust, and Bholenath Ganpati Mandal Trust on 14th September 2018 as an initiative of the Mentorship Committee of SICOP. It had a participation of **236 Students and 10 Faculty**. It benefited the people visiting these Pandals.

Commitment to society and efficient teamwork are important goals of the Mentorship Program at SICOP which is instilled with these Extension activities. With the motto of **Physiotherapy awareness** and improving **Community Fitness Assessment skills**, **more than 200 people were assessed** for various health-related fitness parameters like body-mass index, flexibility, muscle endurance, balance, and reaction time and were guided for maintenance of fitness and appropriate physiotherapy management.



Event Coordinator



Chairperson

SICOP



Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy

Date :14/09/2018

Mentorship Committee and SICOP

Ganapati Pandal Free Health Check Up Camp - September 2018



Coordinator



Chairperson, Mentorship Committee

SICOP



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

Report Of Mentorship Committee Ganapati Pandal - September 2018

List of Participant Teachers

Sr.no	Name of Teacher
1	Dr. Apurv Shimpi
2	Dr. Seemi Retharkar
3	Dr. Gajanan Bhalerao
4	Dr. Suryakant Gadgerao
5	Dr. Suroshree Mitra
6	Dr. Neeraj Athawale
7	Dr. Dinesh Chavan
8	Dr. Sanket Nagrale
9	Dr. Hiba Memon
10	Dr. Priya Sahasrabuddhe

List of Participant Students

Sr. No.	Name of Student	Sr. No.	Name of Student	SR. NO	NAME OF STUDENT	SR. NO	NAME OF STUDENT
1	Kulkarni Pranjali Ravindra	12	Oswal Disha Sanjay	23	Nayak Shrikant Ayushree	34	Kadu Prachi Moreshwar
2	Lodha Unnati Ravindra	13	Sahasrabudhe Rucha Milind	24	Pachpor Radha Prashant	35	Jagtap Tanmay
3	Madnurkar Rajeshri Lingoji	14	Shahade Sanika Milind	25	Toshnival Purva	36	Khulate Sai
4	Mandhare Janhavi Nitin	15	Sheth Deepali Anupkumar	26	Marathe Shalmali Sanjay	37	Kathar Amol Prakash
5	Mankar Shruti Vijay	16	Shinde Kalpesh Prakash	27	Bhavsar Aishwarya Sunil	38	Katkade Rucha Vijay
6	Mehendale Gaurav Nitin	17	Varma Chetna Lalit	28	Bhutuada Isha	39	Kolhe Nikita Krushnarao
7	Mehta Jinali Bhavesh	18	Wankhade Namrata Surendra	29	Bogawat Karishma Sunil	40	Kamble Anagha Udhav
8	Meshram Oshin Devanand	19	Borkar Mrunmayee Surendra	30	Saba Firdous Nisar Ahmad Khan	41	Shripad Isha Dilip
9	Modi Shruti Divyesh	20	Dharaskar Monika Ramesh	31	Gokhale Savani Dilip	42	Ambatkar Ankita Gunvantrao
10	Nagarkar Ritika Atul	21	Dholkawala Zehra Shabbirbhai	32	Mahashabde Gautami Atul	43	Kadokia Drishti Sandeep
11	Nayak Ayushree Shrikant	22	Jain Sonam Suresh	33	Makwana Riddhi Bharatkumar	44	Karthika Prasad

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

45	Oswal Disha Sanjay	66	Khatri Priyanka sureshkumar	87	Rao Swati Vijay	108	Parmar Rinkle Jitendra
46	Pachpor Radha Prashant	67	Pandya Shruti Shailesh	88	Rathi Pranita Sunil	109	Patel Zishta Sarosh
47	Patel Puja Umesh	68	Agarwal Shubhangi Sanjay	89	Trimbake Shweta	110	Madnurkar Rajeshri Lingoji
48	Patil Sushmita Rajesh	69	Baheti Radhika Sunil	90	Udhoji Isha	111	Shah Yashvi
49	Phadke Mrunmayee Milind	70	Banole Sayali Prashant	91	Kewlani Meenakshi Sureshlal	112	Waghela Ishita Girish
50	Phule Priya Ulhas	71	Bhaik Nikita Mukund	92	Mankar Kalyani Jayantkumar	113	Toshnival Purva
51	Pote Pooja Ramesh	72	Bhavsar Aishwarya Sunil	93	Mergu Krupa Premnath	114	Parekh Nikee
52	Pundale Shweta Ajay	73	Bogawat Karishma Sunil	94	Pote Pooja Ramesh	115	Rathod Palak Jitendra
53	Punjani Anjali Hitesh	74	Chauhan Kreena Ashwin	95	Shah Aastha Dipakkumar	116	Reddy Soundarya Ramaswamy
54	Rao Shivani Sandeep	75	Chhajed Pranali Ramesh	96	Shah Riddhi Nilesh	117	Sace Pathakji
55	Rathod Arti Ramrao	76	Chopda Richa Rajesh	97	Shengal Pratik Yashwant	118	Sapre Samruddhi Vinay
56	Raut Saloni Bharat	77	Chouhan Madhushree Shriprakash	98	Shaikh Asha Anwar	119	Shah Kajal Rajivkumar
57	Sankat Siddharth Shiv	78	Dedhiya Priyal Mahendra	99	Thakar Preksha Shripad	120	Bhaik Nikita Mukund
58	Sarda Sakshi Manoharlal	79	Dongare Roza Pramodkumar	100	Walavalkar Sejal Satish	121	Agarwal Sonali Dinesh
59	Satra Tanvi Narendra	80	Bartakke Adita Nitin	101	Chauhan Kreena Ashwin	122	Dalal Payal
60	Shah Keya Chinmay	81	Bhatt Krupali Devang	102	Marathe Shalmali Sanjay	123	Rathi Kalindi Rajendra
61	Shahane Vaishnavi Sandeep	82	Chopda Richa Rajesh	103	Gulhane Vrushali Subhash	124	Ray Manish Mukund
62	Shetty Kavya Milind	83	Chouhan Madhushree Shriprakash	104	Nivsarkar Radhika Nitin	125	Dedhia Isha
63	Shruti Apurva Dumbhare	84	Dedhiya Priyal Mahendra	105	Ruben George	126	Desai Manaal
64	Singhvi Mahek Manoj	85	Chitre Jay	106	Kadu Prachi Moreshwar	127	Lokhandwala Marya Juzar
65	Tanksalkar Tanvi Kiran	86	Choudhary Kavita	107	Saraswate Shalmali	128	Musmade Kanchan Prakash

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop



Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999

Extn. : 9411 / 9412 / 9413

129	Thakare Eesha Ashwin	143	Contractor Insiya	157	Mehta Ankita	171	Mehta Devika Suraj
130	Tiwari Sapna Santosh	144	Sankat Siddharth Shiv	158	Sarda Sakshi Manoharlal	172	Sheth Deepali Anupkumar
131	Tupare Disha Vinod	145	Sarda Sakshi Manoharlal	159	Satra Tanvi Narendra	173	Shinde Kalpesh Prakash
132	Mahapure Shubhankar	146	Samant Sharvari	160	Shah Keya Chinmay	174	Varma Chetna Lalit
133	Makhijani Yogini	147	Shahane Vaishnavi Sandeep	161	Phule Priya Ulhas	175	Wankhade Namrata Surendra
134	Malani Revati	148	Shetty Kavya Milind	162	Israni Juhi Manojkumar	176	Patil Aditi Anant
135	Nair Sakshi	149	Sarvaiya Tanvi	163	Jadhav Ashwini Pradeep	177	Bhole Harshita
136	Parekh Nikee	150	Shah Mahima	164	Prabhu Shraddha Vinayak	178	Boralkar Shalvi
137	Patel Puja Umesh	151	Dalal Payal	165	Rasal Sayali Subhash	179	Chavan Meghana
138	Patil Sushmita Rajesh	152	Reddy Soundarya Ramaswamy	166	Anusha AShokkumar	180	Joshi Aditi Sunil
139	Soumiya Selvarajan	153	Pote Pooja Ramesh	167	Bhinderwala Sakina Mufaddal	181	Joshi Priyanka Vimalkumar
140	Thusay Himani Chandrashekhar	154	Pundale Shweta Ajay	168	Goradia Riddhi Manojkumar	182	Kadokia Drishti Sandeep
141	Sathaye Deepika Kedar	155	Punjani Anjali Hitesh	169	Kawediya Divya Rajendra	183	Anahita Thomas
142	Saware Shreeya Sudhir	156	Shah Aastha Dipakkumar	170	Lokhandwala Marya Juzar	184	Doctor Kaiorisa Navil

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



*Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy*

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / [1997])
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

185	Doshi Labdhi Dhiren	197	Badani Prachi	209	Nathani Vinisha Daulat	221	Patil Sushmita Rajesh
186	Bangera Ruchi	198	Rane Sayli Deepak	210	Tawari Mansi Umesh	222	Tawade Shubham Shailesh
187	Patil Aditi Anant	199	Dharaskar Monika Ramesh	211	Deulkar Tanvi Umesh	223	Jain Sonam Suresh
188	Nathani Vinisha Daulat	200	Shah Riddhi Rajeshkumar	212	Vaidya Vedang Nikhil	224	Borkar Mrunmayee Surendra
189	Shah Riddhi Nilesh	201	Mehta Ankita	213	Madhumanti Mukherjee	225	Shetkar Payal Shiddeshwar
190	Shirodkar Ayushee Rajesh	202	Shaikh Asha Anwar	214	Mehta Kinjal Atul	226	Punjani Anjali Hitesh
191	Shisode Bhairavi Ashish	203	Thakar Preksha Shripad	215	Vaidya Nikita Pramod	227	Rao Shivani Sandeep
192	Soumiya Selvarajan	204	Walavalkar Sejal Satish	216	Barawkar Kshitija	228	Nebhwani Meghana
193	Thusay Himani Chandrashekhar	205	Chhajed Pranali Ramesh	217	Trimbake Shweta	229	Patel Kajal
194	Vedika Sanjay Mohite	206	Chopda Richa Rajesh	218	Udhoji Isha	230	Shisode Bhairavi Ashish
195	Vira Nidhi Amish	207	Memon Hiba Mohd Aslam	219	Patel Puja Umesh	231	Poonam Nitin Tawde
196	Apte Radhika	208	Madnurkar Rajeshri	220	Dholkawala Zehra	232	Aishwarya Borgaonkar

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop




Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

sancheti College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.

(Id No. PU / PN / Physio / 122 / [1997])

(Id No. MUHS / 121)

Direct : 020 - 25539393

Tele Fax : 020 - 25539494

E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,

28999999

Extn. : 9411 / 9412 / 9413

233	Sejal Kachhot	234	Shabarish Menon	235	Sayli Rajwadkar	236	Khushboo Sancheti
-----	---------------	-----	-----------------	-----	-----------------	-----	-------------------



Coordinator



Chairperson

SICOP



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop

Date: 11/09/2018

Report Of World Physiotherapy Day Walkathon with Patients (Sept'2018)

A Walkathon was organized by the Faculty & Students of Sancheti Institute College of Physiotherapy (SICOP) along with patients of the Physiotherapy OPD of Sancheti Institute of Orthopedics & Rehabilitation (SIOR) on 9th September '2018 on the occasion of 'World Physiotherapy Day'. The main aim of this walkathon **was to spread awareness regarding the Role of Physiotherapy in society**. In this mega event, there were 1km, 3km, 5 km walk & 5km Run routes and **around 1000 participants** took part. Many stroke and amputee patients also participated in this event. Sancheti College of Physiotherapy students volunteered for the event & **saw the participation of 150 students (BPTH & MPT) along with 10 Faculty of SICOP**. This activity had students participating supporting and motivating patients to **spread community awareness of the social message of how impairments are treated and handled with Physiotherapy** and also for promoting independence despite impairments with the help of Physiotherapy.



Event Coordinator



Principal

SICOP



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

Date: 20/08/2018

WORLD PHYSIOTHERAPY DAY WALKATHON WITH PATIENTS

A Walkathon will be organized by the Faculty & Students of Sancheti Institute College of Physiotherapy (SICOP) along with patients of the Physiotherapy OPD of Sancheti Institute of Orthopedics & Rehabilitation (SIOR) on 9th September : 2018 on the occasion of 'World Physiotherapy Day'. In this mega event, there will be a 1 km, 3 km, 5 km Walk & a 5 km Run on routes designated for the event.

All BPT and MPT students are encouraged to participate in large numbers to spread Awareness of the profession.



Activity Coordinator



Principal

SICOP



**Sancheti Institute for Orthopedics and
Rehabilitation College of Physiotherapy**

Date :14/09/2018

World Physiotherapy Day Walkathon with patients on Awareness of Physiotherapy,2018



Coordinator
Extension activity committee
SICOP



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

World Physiotherapy Day Walkathon with Patients - 8th September, 2018

LIST OF PARTICIPANT STUDENTS

Sr. No.	Name of students	Sr. No.	Name of students
1	Agarwal Shubhangi Sanjay	36	Oswal Disha Sanjay
2	Baheti Radhika Sunil	37	Pachpor Radha Prashant
3	Banole Sayali Prashant	38	Patel Puja Umesh
4	Bhaik Nikita Mukund	39	Patil Sushmita Rajesh
5	Bhavsar Aishwarya Sunil	40	Phadke Mrunmayee Milind
6	Bogawat Karishma Sunil	41	Phule Priya Ulhas
7	Chauhan Kreena Ashwin	42	Pote Pooja Ramesh
8	Chhajed Pranali Ramesh	43	Pundale Shweta Ajay
9	Chopda Richa Rajesh	44	Punjani Anjali Hitesh
10	Chouhan Madhushree Shriprakash	45	Rao Shivani Sandeep
11	Dedhiya Priyal Mahendra	46	Rathod Arti Ramrao
12	Dongare Roza Pramodkumar	47	Raut Saloni Bharat
13	Dugar Nishi Madan	48	Sankat Siddharth Shiv
14	Gulhane Vruishali Subhash	49	Sarda Sakshi Manoharlal
15	Gupta Namrata Sanjaykumar	50	Satra Tanvi Narendra
16	Hardik Sanjiv Bhatia	51	Shah Keya Chinmay
17	Jain Kajal Mahendra	52	Shahane Vaishnavi Sandeep
18	Joshi Hitanshi Paresh	53	Shetty Kavya Milind
19	Joshi Shubham Khemchand	54	Shruti Apurva Dumbhare
20	Kathar Amol Prakash	55	Singhvi Mahek Manoj
21	Katkade Rucha Vijay	56	Tanksalkar Tanvi Kiran
22	Kolhe Nikita Krushnarao	57	Thakare Eesha Ashwin
23	Kothari Jinesh Nilesh	58	Tiwari Sapna Santosh
24	Kulkarni Mugdha Suresh	59	Tupare Disha Vinod
25	Kulkarni Pranjali Ravindra	60	Waghela Ishita Girish
26	Lodha Unnati Ravindra	61	Dhobale Akshay Anand
27	Madnurkar Rajeshri Lingoji	62	Doiphode Niya Kishore
28	Mandhare Janhavi Nitin	63	Dupare Sakshi Harshwardhan
29	Mankar Shruti Vijay	64	Gada Raj Gulab
30	Mehendale Gaurav Nitin	65	Gavate Vaishnavi Sanjay
31	Mehta Jinali Bhavesh	66	Girolla Shradha Dinesh
32	Meshram Oshin Devanand	67	Goradia Nirali Bimal
33	Modi Shruti Divyesh	68	Jain Nikhil Dilipehand
34	Nagarkar Ritika Atul	69	Jain Snehal Prakashchadra
35	Nayak Ayushree Shrikant	70	Joshi Mitali Ulhas

World Physiotherapy Day Walkathon with Patients - 8th September, 2018
LIST OF PARTICIPANT STUDENTS

71	Kamble Isha Shailesh	113	Dholkawala Zehra Shabbirbhai
72	Khan Umama Mariya Mohammed	114	Jain Sonam Suresh
73	Koli Durgesh Rajan	115	Khatri Priyanka sureshkumar
74	Krutika Shah	116	Kamble Anagha Udhav
75	Kshirsagar Priyanka Prakash	117	Madhumanti Mukherjee
76	Kulkarni Gargi Ratnakar	118	Mehta Kinjal Atul
77	Maddi Meghana Vinod	119	Nair Manasa Santosh
78	Mahashabde Gautami Atul	120	Nathani Vinisha Daulat
79	Makwana Riddhi Bharatkumar	121	Pandya Shruti Shailesh
80	Mankar Kalyani Jayantkumar	122	Parmar Divya Vinod
81	Mergu Krupa Premnath	123	Patil Aditi Anant
82	Mirge Manjiri Tulshidas	124	Rane Sayli Deepak
83	Modi Malavi Gurvish	125	Shah Riddhi Rajeshkumar
84	Modi Sanskruti Sehul	126	Shetkar Payal Shiddeshwar
85	Natkare Ganesh Shahuraj	127	Shripad Isha Dilip
86	Neharkar Shivkanya Mahadev	128	Vaidya Nikita Pramod
87	Nikam Snehal Jitendra	129	Vaidya Vedang Nikhil
88	Parekh Truptee Chintan	130	Kirad Pallavi Subhash
89	Pednekar Siddhi Sunil	131	Kudalkar Swaroop Vivek
90	Radhika Gujar	132	Chavan Madhuri Babu
91	Rao Ashwita Umesh	133	Wankhade Namrata Surendra
92	Rao Swati Vijay	134	Agarwal Nidhi Gopal
93	Rathi Pranita Sunil	135	Bhakay Maithili Atul
94	Rathod Palak Jitendra	136	Chavan Madhuri Babu
95	Reddy Soundarya Ramaswamy	137	Hajare Ruchita Bholanath
96	Rinkel Kate	138	Kadu Prachi Moreshwar
97	Sace Pathakji	139	Khatavkar Mayuri Ashok
98	Sapre Samruddhi Vinay	140	Khushboo Tahilram
99	Shah Aastha Dipakkumar	141	Kirad Pallavi Subhash
100	Shah Riddhi Nilesh	142	Kousadilkar Radha Manoharrao
101	Shengal Pratik Yashwant	143	Kudalkar Swaroop Vivek
102	Shingre Ketaki Madhav	144	Marathe Shalmali Sanjay
103	Shirgaokar Apruva Dinesh	145	Musmade Kanchan Prakash
104	Shroff Riddhi Sandeep	146	Nafisa Shabbir Motiwala
105	Sonawane Aditi Dinkar	147	Nivsarkar Radhika Nitin
106	Tawade Shubham Shailesh	148	Saba Firdous Nisar Ahmad Khan
107	Tawari Mansi Umesh	149	Sahasrabudhe Rucha Milind
108	Vedika Sanjay Mohite	150	Shahade Sanika Milind
109	Vira Nidhi Amish		
110	Ambatkar Ankita Gunvantrao		
111	Borkar Mrunmayee Surendra		
112	Dharaskar Monika Ramesh		

World Physiotherapy Day Walkathon with Patients - 8th September,2018

List of Participant Teachers

	Name of Teachers
1	Dr. Apurv Shimpi
2	Dr. Venu Mohan
3	Dr. Suryakant Gadgerao
4	Dr. Seemi Retharekar
5	Dr. Prajakta Sahasrabudhe
6	Dr. Suroshree MItra
7	Dr. Sanket Nagrale
8	Dr. Neeraj Athawale
9	Dr. Dinesh Chavhan
10	Dr. Hiba Memon



Event Coordinator



Chairperson

SICOP




**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop

Date: 07/08/2018

Pune Orthopedic Society (POS), Pune Traffic Police, and Sancheti Institute College of Physiotherapy (SICOP)

Report of road safety awareness campaign on 4 August 2018

A Road Safety Awareness Campaign was conducted on 4th August 2018 by the Pune Orthopedic Society (POS), Pune Traffic Police, and Sancheti Institute College of Physiotherapy (SICOP).

This included an **Awareness Skit and a Two-wheeler Rally**.

Students of SICOP performed the skit at the Sancheti Institute of Orthopedics & Rehabilitation (SIOR) and on FC road. It was attended by **72 (BPT + MPT) students and 3 teachers**. A good response was obtained from the citizens. With this activity, **Awareness of Road safety was propagated** to student participants and they also participated in a community education activity that inculcates **social service and community reach-out**.



Coordinator



Chairperson

SICOP



Date: 21/07/2018

ROAD SAFETY AWARENESS CAMPAIGN

A Road Safety Awareness Campaign is to be held on 4th August 2018 in collaboration with the Pune Orthopedic Society (POS) and the Pune Traffic Police in Sancheti Institute for Orthopedics & Rehabilitation.

All the Final BPTth and MPT students willing to participate need to contact the Principal, Dr. Nilima Bedekar, for details of the Rally and Skit to be conducted for the same.



Event Coordinator:

SICOP



Principal:



**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

Date :4/08/2018

Road safety Awareness Campaign, Sancheti Institute of Orthopedics & Rehabilitation (SIOR) and on FC road,4th August 2018



**Coordinator
SICOP**

**Chairperson
SICOP**



**Sancheti Institute for Orthopedics and
Rehabilitation College of Physiotherapy**

ROAD SAFETY AWARENESS CAMPAIGN ON 4th AUGUST 2018

LIST OF PARTICIPANT STAFF AND STUDENTS

Sr. No.	Name of Student	Sr. No.	Name of Student
1	Agarwal Shubhangi Sanjay	39	Patil Sushmita Rajesh
2	Baheti Radhika Sunil	40	Phadke Mrunmayee Milind
3	Banole Sayali Prashant	41	Phule Priya Ulhas
4	Bhaik Nikita Mukund	42	Pote Pooja Ramesh
5	Bhavsar Aishwarya Sunil	43	Pundale Shweta Ajay
6	Bogawat Karishma Sunil	44	Punjani Anjali Hitesh
7	Chauhan Kreena Ashwin	45	Rao Shivani Sandeep
8	Chhajed Pranali Ramesh	46	Rathod Arti Ramrao
9	Chopda Richa Rajesh	47	Raut Saloni Bharat
10	Chouhan Madhushree Shriprakash	48	Sankat Siddharth Shiv
11	Dedhiya Priyal Mahendra	49	Sarda Sakshi Manoharlal
12	Dongare Roza Pramodkumar	50	Satra Tanvi Narendra
13	Dugar Nishi Madan	51	Shah Keya Chinmay
14	Gulhane Vrushali Subhash	52	Shahane Vaishnavi Sandeep
15	Gupta Namrata Sanjaykumar	53	Shetty Kavya Milind
16	Hardik Sanjiv Bhatia	54	Shruti Apurva Dumbhare
17	Jain Kajal Mahendra	55	Singhvi Mahek Manoj
18	Joshi Hitanshi Paresh	56	Tanksalkar Tanvi Kiran
19	Joshi Shubham Khemchand	57	Thakare Eesha Ashwin
20	Kathar Amol Prakash	58	Tiwari Sapna Santosh
21	Katkade Rucha Vijay	59	Tupare Disha Vinod
22	Kolhe Nikita Krushnarao	60	Waghela Ishita Girish
23	Kothari Jinesh Nilesh	61	Sahasrabudhe Rucha Milind
24	Kulkarni Mugdha Suresh	62	Shahade Sanika Milind
25	Kulkarni Pranjali Ravindra	63	Sheth Deepali Anupkumar
26	Lodha Unnati Ravindra	64	Shinde Kalpesh Prakash
27	Madnurkar Rajeshri Lingoji	65	Varma Chetna Lalit
28	Mandhare Janhavi Nitin	66	Wankhade Namrata Surendra
29	Mankar Shruti Vijay	67	Borkar Mrunmayee Surendra
30	Mehendale Gaurav Nitin	68	Dharaskar Monika Ramesh
31	Mehta Jinali Bhavesh	69	Dholkawala Zehra Shabbirbhai
32	Meshram Oshin Devanand	70	Jain Sonam Suresh
33	Modi Shruti Divyesh	71	Khatri Priyanka sureshkumar
34	Nagarkar Ritika Atul	72	Pandya Shruti Shailesh
35	Nayak Ayushree Shrikant		Name of Teachers
36	Oswal Disha Sanjay	1	Dr. Sona Kolke
37	Pachpor Radha Prashant	2	Dr. Venu Mohan
38	Patel Puja Umesh	3	Dr. Dinesh Chavhan

EVENT COORDINATOR
SICOP

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



(Handwritten signature)

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

Annual Report of Various Camps Attended by MPT from Aug 2017- July 2018

Sr. No.	Date of Camp	Organising unit/ agency/ collaborating agency	Camp Location	Patients Assessed/ Treated	Nature of Patients benefitted	Consultant Orthopedic Surgeon	Physiotherapists/ MPT Students
1	29/07/2017	SIOR with Kantai Hospital	Chopda, Parola	560 patients	OA knee, Mechanical Neck & Back pain, PIVD, Lumbar canal stenosis, Plantar fasciitis	Dr. Himanshu Kulkarni, Dr. Shantan Gujjala	Anusha Ashokkumar (MPT), Gayatri V. (Intern)
2	30/07/2017	SIOR with Bhartiya Jain Sanghata	Amlaner	260 patients	OA knee, Mechanical Neck & Back pain, PIVD, Lumbar canal stenosis, Plantar fasciitis	Dr. Himanshu Kulkarni, Dr. Shantan Gujjala	Anusha Ashokkumar (MPT), Gayatri V. (Intern)
3	9/9/2017	SIOR with Manav Samiti Sanawad (Khandawa)	Khandawa	150 Patients	CTEV, Spastic CP, Dystonic CP, Hemiplegic, Paraplegic, Low back pain, OA knee	Dr. Sandeep Patwardhan & Team	Madhuri Chavan (MPT), Nidhi Agarwal (MPT)
4	15/10/2017	SIOR	Sahakarnagar, Pune	150 patients	Cervical radiculopathy, Adhesive capsulitis, Lateral Epicondylitis, Lumbar radiculopathy, OA knee, AVN, Plantar fasciitis	Dr. Chetan Pradhan & Team	Chetna Varma (MPT)
5	31/12/2017	SIOR	SIOR	566 Patients	Cervical radiculopathy, Shouder, neck & back pain, OA knee, Lateral Epicondylitis, Plantar fasciitis,	Dr. Parag Sancheti, Dr. Ajay Kothari & Team	Chetna Varma (MPT), Shalmali Marathe (MPT), Ankita Ambatkar (MPT)
6	8/1/2018	SIOR with Net Scout Company	Shivajinagar, Pune	Total 50 Employee Attended	Talk on Ergonomics at Workplace		Kalpesh Shinde (MPT)
7	11/1/2018	SIOR	Sanghvi, Pune	250 patients	OA knee, Mechanical Neck & Back pain, PIVD, Lumbar canal stenosis, RA, Plantar fasciitis	Dr. Sangameshwar, Dr. haroom	Priyanka Patil (MPT), Kanchan Musmade (MPT)

 **sancheti**
College of Physiotherapy

11/12, Thube Park, Shivajinagar, Pune - 411 005.
(Id No. PU / PN / Physio / 122 / {1997})
(Id No. MUHS / 121)

Direct : 020 - 25539393
Tele Fax : 020 - 25539494
E-mail : sancheticop@sha.edu.in

Tel. No. : 020 - 27999999,
28999999
Extn. : 9411 / 9412 / 9413

8	02/02/2018 to 08/02/2018	SIOR with Anandpur Trust, Anandpur, Madhya Pradesh	Anandpur, Madhya Pradesh	300	CP, OA knee, Neck & Back pain, Radiculopathy, DMD, Dupuytren's contracture, TKR, THR, Hand stiffness, Hemiplegic, Spinal Cord Injury	Dr. Sandeep Patwardhan, Dr. Satish Mane	Nafisa Motiwala (MPT), Prachi Kadu (MPT)
9	25/03/2018	SIOR	SIOR, Shivajinagar, Pune	70	Cervical radiculopathy, Adhesive capsulitis, Lateral Epicondylitis, Lumbar radiculopathy, OA knee, RA, Plantar fasciitis	Dr. Ketan Khurjekar, Dr. Ajay Kotjari, Dr. Dhruv Gupta	Chetna Varma (MPT), Maithili Bhalray (MPT), Madhuri Chavan (MPT), Ankita Ambatkar (MPT)
10	23/06/2018	SIOR with Mukul Madhav Foundation	Kudal, Satara	196	Geriatric patients woth OA knee, Cervical & Lumbar Spondylosis with/without radiculopathy, Postural changes with pain	Dr. Kuldeep Singh, Dr. Adarsh Kota with Team of Phthalmologist, Audiologist, Gynecologist & General Physician	Sayali Rane (MPT), Riddhi Shah (MPT)
11	21/07/2018	SIOR with Mukul Madhav Foundation	Kudal, Satara	70	Cervical & Lumbar Spondylosis, OA knee	Dr. Jayesh Pawar	Ruchita Hazare (MPT), Saba Khan (MPT)


Principal
SIORCOP, Pune





**SIOR Orthopaedic Camp with Kantai
Hospital, July 2017**



**SIOR Orthopaedic Camp with Bhartiya
Jain Sangathana, July 2017**



**SIOR Paediatric and Orthopaedic Camp
with Manav Samiti Sanawad, Khandawa,
September 2017**



**SIOR Orthopaedic Camp ,Sahakar Nagar,
October 2017**



SIOR Orthopaedic Camp, Pune, December 2017



SIOR with Net Scout Company, Shivaji Nagar Pune, January 2018



SIOR Orthopaedic Camp, Sanghvi Pune, January 2018



**SIOR Neuro and Orthopaedic Camp with
Anandpur Trust, Anandpur Madhya Pradesh,
February 2018**



**SIOR Orthopaedic Camp, Shivaji Nagar
Pune, March 2018**



**SIOR Orthopaedic Camp with Mukul Madhav
Foundation, Kudal Satara, June 2018**



**SIOR Orthopaedic Camp with Mukul
Madhav Foundation, Kudal Satara, July 2018**



SICOP/ /
30/04/2018

DATE:

REPORT OF ISF WORLD SCHOOLS BADMINTON CHAMPIONSHIP

The ISF World Schools Badminton Championship was conducted from 19th to 25th April 2018 by the Directorate of Sports and Youth Services Maharashtra. The Musculoskeletal & Sports PT department of Sancheti Institute Of Orthopaedics and Rehabilitation College of Physiotherapy was a part of the Physiotherapy support team for the entire event.

International schools from around the world had participated in the event which included 3 schools from India, 3 from the USA, 3 from Singapore and 3 from UAE. The tournaments were full day events wherein SIORCOP MPTs provided support for on-field injuries as well taping for previous day injuries.

4 MPT students of SIORCOP - Dr Anagha Kamble, Dr Aditi Patil, Dr Vedang Vaidya and Dr Rushi Khulge - had volunteered for this event. The students were **trained for First-aid and Physiotherapy management** for sports injuries of the participating athletes. They were **sensitized for being Physiotherapists as part of a support team for a live sports event.**



HOD
MSK & SPORTS PT DEPT
SIORCOP





**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

ISF WORLD SCHOOL'S BADMINTON FEBRUARY 2018



NSB

**HOD
MSK & SPORTS PT DEPT
SIORCOP**



REPORT OF FIRE COMBAT 360 (MARCH 2018)

The Fire Combat 360 International event which was a Fitness Competition for Firefighters from around the globe was held at National Sports Club of India (NSCI), Mumbai, from 8th March to 10th March 2018. It was an international event organized by the Maharashtra Fire Service Personnel Welfare Association.

The event was conducted in order to raise awareness about fire safety and the need for timely and effective response to minimize damage. There was participation from many countries including the United States of America, Great Britain, Canada, France, and United Arab Emirates. The event consisted of a circuit course wherein each participant had to compete with best timing.

The Physiotherapy support for the event was provided by the MPT students of the MSK & Sports PT Dept of SIORCOP. The MPT students helped in on-field management of many minor injuries. There were some firefighters who also needed help in the form of relaxation techniques and breathing exercises due to trouble in breathing due to the heavy equipment as well as the smoke and fire in the circuit course competition.

The 3 MPT students had volunteered for this event - Riddhi Shah, Vedang Vaidya and Mrunmayee Borkar. The students learned about on-field first-aid and management of sports injuries.



HOD
MSK & SPORTS PT DEPT
SIORCOP



ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST
www.sha.edu.in/sicop

**Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy**

FIRE COMBAT 360 (MARCH 2018)



N.S.P.

**HOD
MSK & SPORTS PT DEPT
SIORCOP**



Date: 07/12/2017

REPORT OF 32nd PUNE INTERNATIONAL MARATHON
DECEMBER 2017

The 32nd Pune International Marathon was conducted on 3rd December 2017. The Musculoskeletal & Sports PT department of Sancheti Institute College of Physiotherapy was a part of the Physiotherapy support team for the entire event.

There were both national and international runners participating in the marathon. **54 students** of SIORCOP from the **(46 Final Year BPTth & 8 MPTs)** volunteered for this event. The students organized a 10 - 15 mins of warm-up session for the runners. The students along with Staff provided first-aid for the runners during the event and also conducted a post-marathon cool-down session (that included stretching) for the runners.

The students were **trained for First-aid and Physiotherapy management** for running-related sports injuries of the participating athletes. They were **sensitized for being Physiotherapists as part of a support team for a live sports event.**



HOD
MSK PT DEPT
SIORCOP

Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy,



32nd PUNE INTERNATIONAL MARATHON
DECEMBER 2017



N.B.

HOD
MSK PT DEPT
SIORCOP

