

7.3. INSTITUTIONAL DISTINCTIVENESS

PhysioTV

- To provide a platform for sharing knowledge globally
- To provide a platform for easy access to knowledge
- To create an open platform to provide quality education for learners all over the globe

PhysioTV is a unique initiative started by Sancheti Hospital and Sancheti College of Physiotherapy, in association with Indian Orthopaedic and Physiotherapy research group in view of providing quality education through an open forum. It is **easily accessible** to everyone throughout the world. This venture gives students the opportunity to **revisit the topics** that have been taught in previous years with **just one click**. Along with these, various eminent speakers from all over the world are invited to speak on varied topics.

On the occasion of World Physiotherapy Day on **8th September 2020**, PhysioTV was launched with the aim of providing an open platform for the cultivation and inculcation of knowledge and skills, and is easily accessible to people all over the world. **The ideology behind launching PhysioTV was to not only provide a platform for academic sessions but also create an environment where regular sessions on various topics could be held.**

The channel **started out as a means of organising virtual sessions during the pandemic** especially related to Covid and the role of physiotherapy in rehabilitation. As the channel gained popularity, **more talks were recorded and uploaded on a weekly basis**. The talks range from basic anatomy to recent advances in physiotherapy which empowers the learner in choosing from a wide variety. Recently, a new segment was introduced called **“Road less travelled”** which depicts the journey of successful Sancheti alumni in the field of physiotherapy. The speakers talk about the struggles they faced not just professionally but also personally and how they overcame the obstacles.

Apart from this, **the Sancheti alumni who went above and beyond in the field of physiotherapy are invited to impart knowledge about the various innovations and recent advancements in the field.** Through this channel, the students can then get in touch with eminent physiotherapists all over the world seeking their help as and when required.

Every year the Institute organises a research conference with invited talks which are then uploaded to PhysioTV under **‘Scientifica Archives’** for easy access post-conference. The link

ACADEMIC WING OF HASTIMAL SANCHETI MEMORIAL TRUST

www.sha.edu.in/sicop



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for the recorded sessions is also broadcasted on WhatsApp groups which are made for the participants. **PhysioTV has gained immense popularity amongst students for easy and open access to a large network of lectures.** In the near future, the Institute is looking forward to increasing the number of subscribers for the channel. **It also aims at increasing the reach of the channel by improving the type of content that is uploaded specifically focusing on multidisciplinary topics of discussion.**



Sancheti Institute for Orthopaedics and
Rehabilitation College of Physiotherapy

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Sr. No	Speaker	Topic	Panelists/Occasion	Moderator	Schedule	Coordination	PhysioTV Link
1	Dr. Ali Irani	Brain mapping in Physiotherapy	Dr. Vivek Kulkarni Dr. Aparna Sadhale	Dr. Neeraj Athavale	20 th Sept 2020	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=S_otcyNMmBI
2	Dr. Anil Bhave, Dr. Chetan Pradhan, Dr. Kiran Satpute, Dr. Sahil Sanghavi	Hip Update		Dr. Sona Kolke	9 th October 2020	Dr. Sona K	
3	Dr. Apurv Shimpi	Using Suryanamaskar as a community-based exercise program		Dr. Suroshree Mitra	17 th October 2020	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=Vkzf-47oOgQ
4	KCPT International Conference	KNOSPE 2020			22-23 Oct 2020	Dr. Neeraj Athavale	https://www.youtube.com/watch?v=XCESmg0gUhA
5	Dr. Umasankar Mohanty	Manual therapy of ankle and foot dysfunctions	Dr. Venu Mohan	Dr. Nikita Dodwad	24 th Oct 2020	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=j_eCv6F-H7k
6	Dr. Razia Nagarwal	Pulmonary rehab for COVID patients		Dr. Sourabh Sane	25 th Oct 2020	Healyos	https://www.youtube.com/watch?v=7H9oY_mlXr4

7	Dr. Altaf Warid, Dr. Priya Buddhad eo, Dr. Jaspreet Talwar	Advances in CRPS management		Dr. Siddhanth Sawant	31 st Oct 2020	Dr. Amruta Poddar	https://www.youtube.com/watch?v=DDZbw1QsjYE
8	Dr. Arun Mozhi	Myofacial release techniques		Dr. Swapnil Ramteke	7 th Nov 2020	Dr. Swapnil Ramteke	https://www.youtube.com/watch?v=JX3AjSb3nfg
9	Dr. Anuradha Porumalla	Physiotherapy in management of menopause and post-menopausal conditions	Sanjeevani College of PT, Hyderabad		7 th Nov 2020	Dr. Neeraj Athavale	https://www.youtube.com/watch?v=af3G9PVZ1-Q
10	Dr. Nilima Bedekar	Assessment and management of Pelvic floor dysfunctions	Dr. Snigdha Mehta, Dr. Preetha Sarma	Dr. Farheen Patel	13-Nov-20	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=LgxsBkTqBIY
	Dr. Kari Bo (Norway)	Is Physical activity good for pelvic floor			3-4.30pm IST		
11	Dr. Arun Maiyya	Exercise as a medicine	Dr. Jaimala Shetye, Dr. Raziya Nagarwala, Dr. Rajani Pagare	Dr. Rucha Rayas	17-Nov-20	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=cGGMs96pyzM
					4.30-5.30pm		
12	Dr. John Nyland (USA)	Return to sports bridge program post	Dr Ajit Dabholkar,	Dr. Manish Ray	19-Nov-20	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=ajnY1kSzm6I
			Dr. Basavraj		5pm IST		

		ACL Reconstruction	Motimath, Dr. Apurv Shimpi				
13	Dr. Ajit Dabholkar	Evidence Based Physiotherapy management on rotator cuff involvement	Dr. Kashmira Sabnis Dr. Hemant Gaidhani	Dr. Sona Kolke	28-Nov-20 3-4pm	Dr. Sona Kolke	https://www.youtube.com/watch?v=0umPplxUxhU
14	Dr. Bharati Bellare	Indian Perspective of Women's Health	Dr. Arti (KLE) Dr. Miti Rach Dr. Nilima Bedekar	Dr. Farheen Patel	5 th Dec 2020 4-5pm	Dr. Sona Kolke	https://www.youtube.com/watch?v=OMyZzOnQrkY
15	Dr. Guy Simoneau (USA)	Cervical spine classification guidelines that are based on the clinical practice guidelines from the APTA	Dr. Ronika Agarwal Dr. Bhavana Mhatre	Dr. Apurv Shimpi	11-Dec-20 7.30pm	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=cUnGDmS0cLI
16	Dr. Madhan Ramanathan (UK)	Problem solving of the complex shoulder	Dr Gaurish Kenkre Dr. Taariq	Dr. Sona Kolke	18-Dec-20	Dr. Sona Kolke	https://www.youtube.com/watch?v=Qb1wjR4-Hpw
17	Dr. Pooja Akhtar	Early mobilisation in ICU	Dr. Unnati Pandit Dr. Mariya Jiandani	Dr. Raziya Nagarwala	19-Dec-20	Dr. Raziya Nagarwala	https://www.youtube.com/watch?v=KsHGvgFebzE
18	Dr.	Low level laser	Dr. Jui Dave	Dr. Rucha	26 th Dec	Dr. Raziya	https://www.youtube.com/watch?v=a0vww6OcLzY

	Nandini Sarwade, USA	therapy for reflex integration in patients with chronic pain issues and movement disorders	Dr. Nilima Bedekar	Rayas	2020	Nagarwala	
19	Dr. Anil Bhave, USA	10 cardinal rules of online presentations	Dr. Tushar Palekar	Dr. Sona Kolke	02 nd January 2021	Dr. Sona Kolke	https://www.youtube.com/watch?v=4yKjPI5Phm0
20	Dr. Jakub Marcinski IPNFA certified instructor (Poland)	Lumbar pain patients' approach – strategy of 3 D muscle control based on stages of motor control.	Dr. Hutoxi Writer Dr. Neeraj Athavale	Dr. Manish Ray	9 th Jan 2021 4.30pm	Dr. Manish Ray	https://www.youtube.com/watch?v=bzaWm04yfgz
21	Dr. Helen Tunicliffe (UK)	Clinical challenges in management of Upper limb disorders	Dr. Sarath Babu Dr. Anjali Puntambekar	Dr Apurv Shimpi	10 th Jan 2021 4pm	Dr. Parag Sancheti, Dr. Apurv Shimpi	https://www.youtube.com/watch?v=6PiTAcU90Ks
22	Dr. Tapan Shah, Mumbai	ABC of Telerehab	Dr. Khyati Kothari	Dr. Nikita Dodwad	16 th Jan 2021, 3pm	Dr. Sona Kolke	https://www.youtube.com/watch?v=5CRLsbi2aAE
23	Dr. Venkatesh Jagadabi	EKG Interpretation	Dr. K. Madhavi		23 rd Jan 2021, 10am	MNR's Sanjeevani College of Physiotherapy	
24	Dr. Annie Neurohr, USA	Breaking Down Stride: Analyzing	Dr Anand Gangwal	Dr Siddhant Sawant	23 rd Jan 2021, 6pm	Dr. Sona Kolke	https://www.youtube.com/watch?v=w1hGwNd_nc

		Runners Effectively					
25	Dr. Gaurish Kenkre	Key points Facilitation: An Introduction to Bobath concept	Dr Jui Dave, Dr Manisha Deshpande	Dr Dinesh Chavhan	28th Jan 2021, 12.30pm	Dr Dinesh Chavhan	https://www.youtube.com/watch?v=z-DNrztQvUI
26	Dr Siddhant h Sawant	ACL Rehab	Dr Sunny Gugle		29th Jan 2021, 4pm	Dr. Neeraj Athavale	https://www.youtube.com/watch?v=VkEn94Lhcl
	Dr Supriya Kondal						
27	Dr. Apurv Shimpi	Aging, Lifelong learning and quality of life: Role of technology	Replay of recorded session	Dr. Suroshree Mitra	6th Feb 2021, 3.30pm	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=dx1IkJNiHwk
28	Dr. Amit Patel, Ahmedabad	Rheumatic manifestations of Chikungunya and treatment strategies	Dr. Diptee Bhole, Dr. Venumohan	Dr. Neeraj Athavale	18 th Feb 2021	Dr. Nilima Bedekar	https://www.youtube.com/watch?v=ud4H8O2UYys
29	Dr. Poorva Tambe (PT)	Vestibular Rehabilitation Therapy	Dr. Poonam Gandhi, Dr. Manish Ray	Dr. Franny Nathani	20th Feb 2021, 12pm	Dr. Neeraj Athavale	https://www.youtube.com/watch?v=JiyU2ANp7H8
30	Dr. Hemant Gaidhani	Recent Advances in Rehab of Hamstring Injuries	Dr Jyoti Purohit	Dr. Swapnil Ramteke	27 th Feb 2021	Dr. Sona Kolke	https://www.youtube.com/watch?v=48IDzMeCiWI
			Dr. Samip Shah		1.30-2.30pm		
31	Dr. Johan	Aquatic	Dr. Dipti Patil	Dr. Manish	5 th March	Dr. Manish	https://www.youtube.com/watch?v=SjWrb1E_1qY

	Lambeck, (Netherlands)	therapy for impaired executive functions	Dr. Dinesh Chavhan	Ray	2021, 3.30pm	Ray	
32	Dr. Ajit Mapari	Olympic weightlifters: Issues and strategies to address it		Dr. Swapnil Ramteke	10 th March 2021, 3pm	Dr. Manish Ray	https://www.youtube.com/watch?v=7re0TNEMR2M
	Dr. Meghan Belsare						
33	Dr. Niliesh Kamat	Frozen Shoulder: Bursting the Myths	Panel Discussion	Dr. Nikita Dodwad	20 th March 2021, 4pm	Dr. Neeraj Athavale	https://www.youtube.com/watch?v=zM-hidzlcVI
	Dr. Saniya Phatak						
34	Dr. Anushree Narekuli	Real time telerehabilitation for Physiotherapy intervention		Dr. Eden Mehdiabadi	26 th March 2021, 3.30pm	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=fyS3WPBcvDs
35	Dr. Neeraj Athavale	Recent Advances in Physiotherapy for Low Back Pain		Dr. Sajiri Joshi	3 rd April 2021, 4 PM	Dr. Neeraj Athavale	https://www.youtube.com/watch?v=t7wRNbjqbls
36	Dr. Ritu Chhabriya (USA)	Introduction to Vestibular Tele-health		Dr. Disha Patni	10 th April 2021, 9 am	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=4yuLAHFHQQM
37	Dr. Meenakshi Pandit	Myths and Facts of Matrix Rhythm therapy and introduction to		Dr. Shaharsha Borkar	16 th April 2021, 3.30pm	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=WF3t8Qcj8q4

		Neurokinetic therapy					
38	Dr. Sona Kolke	Physio Classroom: Sacroiliac Joint Examination			23 rd April 2021, 12 PM	Dr. Ashok Shyam	https://www.youtube.com/watch?v=Jz80DHn4uxI
39	Dr Meenal Jain	Stick Mobility		Dr Swapnil Ramteke	30 th April 2021 3pm	Dr Manish Ray	https://www.youtube.com/watch?v=6JezSrl54RQ
	Dr Ajit Mapari						
40	Dr. Kiran Challagundala	Road Less Travelled Interview Series		Dr. Sona Kolke	5th May 2021	Dr. Sona Kolke	https://www.youtube.com/watch?v=Zt4Ne-bgZns
41	Dr. Tapan Shah	ABC of Telerahab Part 2		Dr. Nikita Dodwad	6 th May 2021, 3 PM	Dr. Sona Kolke	https://www.youtube.com/watch?v=9gFVlj2ewrU
42	Dr. Nikita Mittal	Using DMT on group PT approach		Dr. Manisha Masand	16 th May 2021, 03.30pm	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=Hm70ncqlfUs
43	Dr Chetan Pradhan	Rehabilitation & Current Trends in post OP Elbow Stiffness		Dr. Saniya Phatak (PT)	15 th May 2021, 5 PM	Dr. Neeraj Athavale (PT)	https://www.youtube.com/watch?v=ddrYd9WP4nI
	Dr Neeraj Athavale (PT)						
44	Dr Sakshee Jain	Lymphedema		Dr Rucha Rayas	20 th May 2021	Dr Razia Nagarwala	https://www.youtube.com/watch?v=FY2ZDkiHSq8
45	Dr Sakshee Jain Panel	Lymphedema		Dr Razia Nagarwala	22 nd May 2021	Dr Razia Nagarwala	https://www.youtube.com/watch?v=mZg3_C6oUwQ

	Discussion						
46	PHYSIOCON 2021			AquaCentric Therapy , Mumbai	23 rd May 2021	Dr. Nilima Bedekar Dr. Neeraj Athavale (PT)	https://www.youtube.com/watch?v=hmpU-EiXjPE
47	Dr Prajakta Sayhasra budhe	Physio Classroom:- Breathing Exercises and it Types			29 th May 2021	Dr Razia Nagarwala	https://www.youtube.com/watch?v=ENM7Fh8NVAo
48	Dr Nitesh Bansal	The Road Less Travelled!		Dr Swapnil Ramteke	30 th May 2021	Dr Apurv Shimpi	https://www.youtube.com/watch?v=SMtn6Q_PieM
49	Dr Varadhradj ulu	Role of PT in different waves of COVID			5 th June 2021	Dr Neeraj Athavale	https://www.youtube.com/watch?v=MUa41tyvoFQ
50	Dr Shweta Kolhatkar	Study in USA: The What, how and when?	Dr Abinas Sudan	Dr Munira Sathaliyaw ala	11th June 2021	Dr Sona Kolke	
51	Dr Sherimon P C	How to write a research proposal for funded projects?			12 th June 2021	MGM School of Physiotherapy	https://www.youtube.com/watch?v=SJHgP1-h5K8
52	Dr Siddharth Aiyer	Panel: Current trends in Spine Rehab	Dr Manisha Karnani Dr Jayashree	Dr Poorva Devi	13 th June 2021	Dr Neeraj Athavale	https://www.youtube.com/watch?v=2HIN4I2aOxc
53	Dr Anisha & Dr Rutuja	Female athlete's triad	Dr Jyoti Purohit	Dr Vaidehi Dingare	18 th June 2021	Dr Sona Kolke	https://www.youtube.com/watch?v=9CbMIZtnXI
54	Dr Darshika	Long Haulers in COVID-19	Dr Rajani Pagare	Dr Rucha Rayas	20 th June 2021	Dr Razia Nagarwala	https://www.youtube.com/watch?v=RIHEwpZmLoM

	Parekh						
55	Dr Thiruwarangan S	Introduction to Osteopathy			24 th June 2021	Akola Association of PT	https://www.youtube.com/watch?v=67gbG6VXeYU
56	Dr Ashok Patil	The Road Less Travelled		Dr Anushree Nerukeli	27 th June 2021	Dr. Apurv Shimpi	https://www.youtube.com/watch?v=Z6iPXXPkF2s
57	Dr Shabnam Agarwal	Sarcopenia	Dr. Nilima Bedekar	Dr. Farheen	30 th June 2021	Dr Sona Kolke	https://www.youtube.com/watch?v=mkUmSkGEf78
58	Dr Razia Nagarwal a	Physio Classroom:- Devises used in Respiratory Physiotherapy	PhysioTV Classroom		3 rd July 2021	Dr Razia Nagarwala	https://www.youtube.com/watch?v=QCifVWii16c
59	Dr Rucha Rayas	Physio Classroom:- Humidifiers and nebulizers: An adjunct to Chest physiotherapy	PhysioTV Classroom		10 th July 2021	Dr Razia Nagarwala	https://www.youtube.com/watch?v=Hz3hfPijWRw
60	Dr. Sanjay Desai/ Dr. Avishek Das/ Dr. Nikhil Berry	Rotator cuff tear and new treatment trends		Dr. Avijan Sinha	11 th July 2021	Dr. Apurv/Dr. Neeraj	https://www.youtube.com/watch?v=RKqco0XdVlW
61	Dr. John Solomon /Dr. Priti	Decoding vertigo: A Panel		Dr. Franny nathani	17 th July 2021	Dr. Sona Kolke	https://www.youtube.com/watch?v=zlpJTbKYk9M

	Jadiya/ Dr. Ritu Chhbriya / Dr. Dhara Kapoor	Discussion Part 1					
62	Dr. John Solomon /Dr. Priti Jadiya/ Dr. Ritu Chhbriya / Dr. Dhara Kapoor	Decoding vertigo: A Panel Discussion Part 2		Dr. Franny nathani	18 th July 2021	Dr. Sona Kolke	https://www.youtube.com/watch?v=N9Dbv02VX5s
63	Dr. Shraddha Pradhan	Rehabilitation protocol after ACL reconstruction surgery	Dr. Chetna verma		24 th July 2021	Dr. Ashok shyam	https://www.youtube.com/watch?v=rqcdmjaAXdo
64	Dr. Bhakti Jamdade	Orthotics overview		Dr. Prajakta Bhosle	24 th July 2021	Dr. Neeraj	https://www.youtube.com/watch?v=ecslw38IFs
65	Prof. Narasim man Swamina than	Effective literature search: what, why, whe re, and how?		Prof. R Sivakumar	25 th July 2021	Dr. Apurv	https://www.youtube.com/watch?v=0-dinoCgmzU
66	Dr. Hemaksh i Basu	Role of kinetic control in movement health		Dr. Nikita Vaidya	30 th July 2021	Aquacentric therapy	https://www.youtube.com/watch?v=OJVQU9IdeS4
67	Dr. Savita Ravindra/	The road less travelled		Dr. Anil bhave	31 st July 2021	Dr. Sona K	https://www.youtube.com/watch?v=G65JuLuJ0

	Dr. Ravindra Subbanna						
68	Dr. Bhakti Jamdade	Lower extremity Orthosis		Dr. Prajakta Bhosle	7 th August 2021	Dr. Neeraj	https://www.youtube.com/watch?v=eq7Pm6q5VT_A
69	Dr Tushar Sathe	Physio Classroom:- PNF technique for improving Respiratory Function	PhysioTV Classroom		8 th August 2021	Dr Razia Nagarwala	https://www.youtube.com/watch?v=NTFrW7yIX8U
70	Dr. Bhakti Jamdade	Upper extremity Orthosis		Dr. Prajakta Bhosle	14 th August 2021	Dr. Neeraj	https://www.youtube.com/watch?v=C9aehWHM7EE
71	Dr. Ankit Shrivastava	Plantar pressure system		Dr. Siddhanth	15 th August 2021	Dr. Nilima B	https://www.youtube.com/watch?v=v6McHUnTnw
72	Dr. Rucha Rayas	Physio TV Quiz Episode 1			21 st August 2021	SICOP	https://www.youtube.com/watch?v=htkCgPGJC8M
73	Dr. Mangesh Deore	Thoracic pain: What should we look for?		Dr. Tanmai more	22 nd August 2021	Dr. Sona K	https://www.youtube.com/watch?v=EBYIMrRUHTc
74	Dr. Alaap Jawdekar	The road less travelled		Dr. Nikita Dodwad	26th August 2021	Dr. Manish Ray	https://www.youtube.com/watch?v=-5kV1_oWIEW
75	Dr. Bhakti Jamdade	Spinal Orthosis		Dr. Prajakta Bhosle	29th August 2021	Dr. Neeraj A	https://www.youtube.com/watch?v=C9aehWHM7EE
76	Dr. Nithya Menon	Long COVID: Role of Physiotherapy		Dr. Prajakta Sahasrabudhe	8th September 2021	Dr. Raziya N	https://www.youtube.com/watch?v=_zaxPFsEZ1c
77	Dr.	Current trends	Dr. Swati	Dr. Avni	17th	Dr. Sona K	https://www.youtube.com/watch?v=P4nnBbVUrW

	Devashish Tiwari	in management of Concussion in Pediatric	Bhise	Jain	September 2021		E
78	Dr. Hayy Patni	Basal Ganglia made easy		Dr. Haji Ismail	18th September 2021	Dr. Manish R	https://www.youtube.com/watch?v=yqF-Tb0hpp0
79	Dr. Uthra Mohan	Mirror Neurons and its implications in neurorehabilitation	Dr. Suraj Kanase	Dr. Priyal Yadav	25th September	Dr. Sona K	https://www.youtube.com/watch?v=hbkRwdxFNXk
80	Dr. Bharati Bellare	Pelvic floor dysfunction and management	Dr. Nilima Bedekar	Dr. Farheen Patel	8th October 2021	Dr. Sona K	https://www.youtube.com/watch?v=jTtgXcvEXQY
81	Dr. Vikas Rajadhya ksha	Road Less Travelled Interview Series	Dr. Savitha Ravindran	Dr. Sona Kolke	2nd October 2021	Dr. Sona K	https://www.youtube.com/watch?v=Z6iPXXPkF2s
82	Dr. Vimal Telang	Burden of Disability in India	Dr. Apurv Shimpi		14th October 2021	Dr. Apurv S	https://www.youtube.com/watch?v=3O6s3KUQtZc
83	Dr. Apurv Shimpi	Understanding the basics of ICF applied to Clinical Practice	Presented at Smt. Kashibai Navale College of Physiotherapy, Pune		23rd October 2021	DR. Apurv S	https://www.youtube.com/watch?v=9VXpvB5Bsnk
84	Dr. Bhakti Jamdade	Spinal Orthosis		Dr. Prajakta Bhosle	24th October 2021	Dr. Neeraj A	https://www.youtube.com/watch?v=C9aehWHM7EE
85	Dr.	Road Less	Dr. Sona		8th	Dr. Sona K	https://www.youtube.com/watch?v=Xg3zPekC9aM

	Gayatri Mathur	Travelled Interview Series	kolke		November 2021		
86	Dr. Apurv Shimpi	Leadership & Communication Skills in Physiotherapy			8th November 2021	Dr. Apurv S	https://www.youtube.com/watch?v=GkP5IEWi1ns
87	Dr. Bhakti Jamdade	Lower Extremity Orthosis		Dr. Prajakta Bhosle	14th November 2021	Dr. Neeraj A	https://www.youtube.com/watch?v=eq7Pm6q5VTA
88	Dr. Sudha Srinivasan	Reimagining a Career in Research:	Dr. Sona kolke	Dr. Anahita Thomas	22nd November 2021	Dr. Sona K	https://www.youtube.com/watch?v=6HEQZmTxm3k
89	Dr. Apurv Shimpi	“Range of Motion evaluation for upper extremity - Part I”	PhysioTV Classroom		28th November 2021	Dr. Apurv S	youtube.com/watch?v=ZhpJgxy33bw
90	Dr. Manisha Masand & Dr. Viral Sarvaiya	Beyond the Physical Domain			4th December 2021		https://www.youtube.com/watch?v=1zak_AN6Bic
91	Dr. Snehal Deshpande	Sensory World of Children & Adults	Dr. Mihika Gokhale	Dr. Franny Nathani	9th December 2021	Dr. Apurv/ Dr. Radha	https://www.youtube.com/watch?v=9VwxrU3swIA
92	Dr. Jeyaraj Pandian	Stroke Rehab in low and middle income countries - Need for MDT	Dr. Shamala Pazare	Dr. Nikita Dodwad	10th December 2021	Dr. Nikita Dodwad	https://www.youtube.com/watch?v=R_pJ-MWd14w

		and EBP					
93	Dr. Anil Bhave	Grand Rounds	Dr. Sona kolke	MPT Students	18th December 2021	Dr. Sona K	https://www.youtube.com/watch?v=DeZO0-KpW9s
94	Dr. Ivy Sebastian	Pathophysiology of Stroke: What difference does it make in rehabilitation?	Dr. Radha Bhattad		17th december 2021	Dr. Nikita Dodwad	https://www.youtube.com/watch?v=YZV9fu_rxz4
95	Dr. Shweta Gore	Physical Activity in COPD: Implications and Future directions		Dr. Prajakta Sahasrabudhe	23rd December 2021	Dr. Sona K	https://www.youtube.com/watch?v=LOYeufHOzDI
96	Dr. Dorcas Gandhi	Post-stroke upper limb rehabilitation	Dr. Prema Khatri		24th December 2021	Dr. Nikita Dodwad	https://www.youtube.com/watch?v=9H18EM-vpjU
97	Dr. Harda Shah	Scope and practice of Transplantation Rehabilitation - A physiotherapist perspective Part - 1	Dr. Raziya Nagarwala		31st December 2021	Dr. Raziya N	https://www.youtube.com/watch?v=ulOdWQA8FXk
98	Dr. Farah Memon	TMJ Biomechanics and Pathomechanics	PhysioTV Classroom		1st January 2022		https://www.youtube.com/watch?v=oV6jxXL8Exs

99	Dr. Harda Shah	Scope and practice of Transplantation Rehabilitation - A physiotherapist perspective Part - 2	Dr. Raziya Nagarwala		7th January 2022	Dr. Raziya N	https://www.youtube.com/watch?v=6kCJQuYQqYk
100	Dr. Anupama Risbud	Sensory Integration and Autism and SI as an Intervention tool	Alumni Engagement Program		8th January 2022		https://www.youtube.com/watch?v=KJnhkHc9_so
101	Dr. Nidhi Bajaj Gupta	Emotional Health for Physiotherapist	Dr. Franny Nathani		15th January 2022	Dr. Sona K	https://www.youtube.com/watch?v=TibSpWMmYI_Y
102	Dr. Apurv Shimpi	"Range of Motion evaluation for upper extremity - Part II"	PhysioTV Classroom		16th January 2022	Dr. Apurv S	https://www.youtube.com/watch?v=m592hoSjzr0
103	Dr. Sumaiya Shaikh	Errors and biases in Research Methodology		Dr. Eden Mehdiabadi	28th January 2022		https://www.youtube.com/watch?v=WzUBiwFztU8
104	Dr. Ashlesha Dixit	PT Licensing in USA: An Overview	Alumni Engagement Program		29th January 2022		https://www.youtube.com/watch?v=stJpG_MnZdA
105	Dr. Jaspreet	Flexor Tendon Injuries - Part	PhysioTV Classroom		5th February	Dr. Jaspreet	https://www.youtube.com/watch?v=Fis1RVuY5zE

	Kaur Talwar	1			2022		
106	Dr. Shyam Ganvir	Road Less Travelled Interview Series	Dr. Apurv Shimpi		6th February 2022	Dr. Apurv S	https://www.youtube.com/watch?v=0HTtZ0IBMVU
107	Dr. Dinesh Chavhan	Assessment of Reflexes	PhysioTV Classroom		12th February 2022	Dr. Dinesh C	https://www.youtube.com/watch?v=wO-DDwG7-cA
108	Dr. Jaspreet Kaur Talwar	Flexor Tendon Injuries - Part 2	PhysioTV Classroom		26th February 2022	Dr. Jaspreet	https://www.youtube.com/watch?v=N4t4B4wzF7E
109	Dr. Nikita Dodwad + Dr. Sahil Sanghvi	Bone health Women	Bharatiya Naari & Bone Health + How strong are your bones?		5th March 2022	Dr. Nikita D	https://www.youtube.com/watch?v=DOV7yMAeP88
110	Dr. Raveena Kini	An Introduction to Brachial Plexus Injury		Dr. Shalvi Boralkar	6th March 2022	Dr. Sona K	https://www.youtube.com/watch?v=a0-Uw47KVLQ
111	Dr. Rashida Bookwala	Telerehabilitation: A Paradigm shift in Pulmonary Rehabilitation	Prajakta Sahasrabudhe		19th March 2022	Dr. Prajakta S	https://www.youtube.com/watch?v=IrVV-J9FC60
112	Dr. Parjakta Sahasrabudhe	Assessment of Peripheral Arterial Diseases	PhysioTV Classroom		20th March 2022	Dr. Prajakta S	https://www.youtube.com/watch?v=LfwIM64AgsU
113	Dr. Radha Bhattad	Introduction to motor Learning part	PhysioTV Classroom	Dr. Franny Nathani	26th March 2022	Dr. Radha B	https://www.youtube.com/watch?v=179PypFLPUs

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114	Dr. Radha Bhattad	Introduction to motor Learning part 2	PhysioTV Classroom	Dr. Franny Nathani	27th March 2022	Dr. Radha B	https://www.youtube.com/watch?v=lt-tuZM8dJY
115	Dr. Farheen Patel	Introduction and Assessment of diastasis Recti	PhysioTV Classroom		2nd April 2022	Dr. Farheen P	https://www.youtube.com/watch?v=M7Jhimuls2c
116	Dr. Venu Mohan	Approaches and Recent Advances in Electrotherapy	PhysioTV Classroom		3rd April 2022	Dr. Venu Mohan	youtube.com/watch?v=gbFR7m8V4CU
117	Sucheta Kadethan ar	Breath- An effective tool for muscle relaxation		Dr. Kajal Vyas	9th April 2022	Dr. Farheen P	https://www.youtube.com/watch?v=OVynJia4BrA
118	Dr. Swapnil Ramteke	Structured Return to sports	PhysioTV Classroom		10th April 2022	Dr. Swapnil R	https://www.youtube.com/watch?v=1GWXnylyZMI
119	Dr. Anil Bhave	Physiotv Grand Rounds	Dr. Sona kolke	MPT Students	16th April 2022	Dr. Sona K	https://www.youtube.com/watch?v=9oalo2w-Hwk
120	Dr. Franny Nathani	Neuroplasticity in Rehabilitation - Part 1	PhysioTV Classroom	Dr. Priyal Yadav	17th April 2022	Dr. Franny N	https://www.youtube.com/watch?v=PGzO8-9XTwA
121	Dr. Franny Nathani	Neuroplasticity in Rehabilitation - Part 2	PhysioTV Classroom	Dr. Priyal Yadav	23rd April 2022	Dr. Franny N	https://www.youtube.com/watch?v=qGDMpnmuWDw
122	Dr. Sandeep Bhagwat + Dr.	Chasing Ideas	PhysioTV Innovations	Dr. Apurv Shimpi	24th April 2022	Dr. Apurv S	https://www.youtube.com/watch?v=Yte6ki3LHlg

	Devyani Moghe + Dr. Pooja Gupta						
123	Dr. Megha Sheth	Biohacking: Cognitive Fitness		Simran Kalra	30th April 2022	Dr. Sona K	https://www.youtube.com/watch?v=goez8MzieWg
124	Dr. Gaurang Baxi	Integrated Manual Therapy : Moving Beyond Concept		Bhakti Khandedhiya	1st May 2022	Dr. Sona K	https://www.youtube.com/watch?v=R2jA7j1WGkc
125	Dr. Dinesh Chavhan	PNF in Neurorehabilitation: Part 1	PhysioTV Classroom	Naiyarah Farooqui	7th May 2022	Dr. Dinesh C	https://www.youtube.com/watch?v=TApnGeo6NsM
126	Dr. Apurv Shimpi	Physiotherapy Thesis - Challenges, Fallacies and means to overcome them			8th May 2022	Dr. Apurv S	https://www.youtube.com/watch?v=9VXpvB5Bsnk&t=3s
127	Fred Smedes	The PNF Concept in the Perspective of Orthopedic Manual Therapy	Scientifica recording		14th May 2022	Scientifica 2021	https://www.youtube.com/watch?v=dV2TexlC7WQ
128	Dr. Dinesh Chavhan	PNF in Neurorehabilitation: Part 2	PhysioTV Classroom	Naiyarah Farooqui	15th May 2022	Dr. Dinesh C	https://www.youtube.com/watch?v=lv4bhjSBA4s
129	Dr. Apurv Shimpi	Understanding the Basics of	PhysioTV Classroom		21st May 2022		https://youtu.be/XUUGkuOgqmE

		ICF in Clinical Practice					
130	Dr. Sushil Arora	Recent Advances in Rehabilitation in Individuals with Parkinsons Disease		Dr. Tushar Sathe	22nd May 2022	Dr. Tushar Sathe	https://youtu.be/MlyT3CDjcU8
131	Dr. Priti Jadiya	Understanding Dizziness and Role of Rehabilitation	Alumni Engagement program		28th May 2022	Dr. Suroshree Mitra	https://youtu.be/n0L60u5boR0
132	Dr. Summaiya Shaikh	How to Interpret and Conduct A Systematic Review and Meta-Meta-Analysis	Alumni Engagement program		29th May 2022	Dr. Suroshree Mitra	https://youtu.be/764lH8hjDao
133	Dr. Saurabh Sharma	Guideline based care for Low Back Pain	Scientifica recording		4th June 2022	Scientifica 2021	https://youtu.be/3Dienw6Ed1c
134	Dr. Jasneet Kaur	Why choose Pediatric Physiotherapy as a Profession?		Krishna Ved	5th June 2022	Dr. Jaspreet Kaur Talwar	https://youtu.be/lqFBXezOFoM
135	Dr. Tushar Sathe	Range of Motion Evaluation: Lower Extremity Part 1	PhysioTV: Classroom		11th June 2022		https://youtu.be/3BrQFAjd6_c

136	Dr. Venu Mohan	Approaches and Recent Advances in Electrotherapy Part 2	PhysioTV: Classroom		12th June 2022		https://youtu.be/XKOxL-G1lmc
137	Dr. Rucha Rayas	Inspiratory Muscle Training	PhysioTV: Classroom		18th June 2022		https://youtu.be/4u_SjqJaVDs
138	Jakub Marzinski	What Physio Tools Can PNF Therapist Use During Work?	Scientifica recording		19th June 2022	Scientifica 2021	https://youtu.be/M-lAKWR2EGg
139	Dr. Nilima Bedekar & Sucheta Kadethan kar	Yoga for Endurance, Stability and Mobility & Yoga Nidra	Yoga Day Celebration	Dr. Jaspreet Kaur Talwar	21st June 2022	Dr. Sona Kolke	https://youtu.be/f2wJmI0j3Es
140	Dr. Asha Menon	Role of McKenzie Method In Chronic Low Back Pain Part 1		Dr. Sona Kolke	25th June 2022	Dr. Sona Kolke	https://youtu.be/8IGHtevVuag
141	Dr. Asha Menon	Role of McKenzie Method In Chronic Low Back Pain Part 2		Dr. Sona Kolke	2nd July 2022	Dr. Sona Kolke	https://youtu.be/rPqzsb0BEMc
142	Dr. Padmana bhan	Kinetic Control: Clinical	Scientifica recording		3rd July 2022	Scientifica 2021	https://youtu.be/EXXE96TNaqE

	Sekaran	Applications of the Movement Health Model					
143	Dr. Siddhant h Sawant	Overview of CRPS	PhysioTV Classroom		9th July 2022		https://youtu.be/Zm27sFxMS9I
144	Dr. John Solomon	Virtual Reality Training in Stroke Rehabilitation	Scientifica recording		10th July 2022	Scientifica 2021	https://youtu.be/kuXwpTHDQzU
145	Dr. Siddhant h Sawant	Quick Shoulder Assessment	PhysioTV Classroom		16th July 2022		https://youtu.be/bl025B5oSIU
146	Dr. Sheral Kachpile	Pulmonary Rehabilitation - Interstitial Lung disorder	Invited	Dr. Rucha Rayas	17th July 2022	Dr. Rucha Rayas	https://youtu.be/l17cXznoknk
147	Dr. Sharvari Kumthekar	Pulmonary Rehabilitation	Scientifica recording		23rd July 2022		https://youtu.be/tZ1ovCKiZOY
148	Dr. Raziya Nagarwal a	Evidence-based Physiotherapy	PhysioTV Classroom		24th July 2022		https://youtu.be/qZgOSyuLcr8
149	Dr. Rajashree Fadnavis (PT)	Pursuing MPT in Neurosciences at Sancheti college of PT	Alumni Engagement	Dr. Suroshree Mitra (PT)	30th July 2022	Dr. Suroshree Mitra (PT)	https://youtu.be/TtkAXki7Y2k
150	Dr. Twinkle Kundnani	Assessment of superficial sensations	PhysioTV Classroom		31st July 2022		https://youtu.be/Mt-SrTizO7k
151	Dr. Preeti	Planning,	Alumni	Dr.	6th August	Dr. Suroshree	https://youtu.be/BeGuFvUZC3g

	Shah	Executing & Managing private Physiotherapy Practice- A detailed Insight	Engagement	Suroshree Mitra (PT)	2022	Mitra (PT)	
152	Dr. Amruta Ekbote	Balance & Coordination- Part I	PhysioTV Classroom		7th August 2022		https://youtu.be/LplU2GC_MTY
153	Dr. Venu Mohan	Production of SWD	PhysioTV Classroom		13th August 2022		https://youtu.be/OMFyVsK0XwY
154	Dr. Aditi Soman	Prosthetic Limb Training	Invited	Dr. Prajakta Sahasrabudhe	14th August 2022		https://youtu.be/HciWLBsmjkg
155	Dr. Sanjivani Kamble	Electrodiagnostic way of assessing Spasticity	Invited	Dr. Radha Bhattad	20th August 2022	Dr. Radha Bhattad	https://youtu.be/nm7Gf0ePLkE
156	Dr. Neha Ingale	Treatment of Adult Hemiplegia with Modified Bobath Approach - History and Current Practice	Invited	Dr. Dinesh Chavhan	21st August 2022	Dr. Radha Bhattad	https://youtu.be/rafUKHiOOqU
157	Dr. Farheen Patel	PCOS & Physiotherapy Part I	PhysioTV Classroom		27th August 2022		https://youtu.be/YhsSob3GN8g
158	Dr. Farheen	PCOS & Physiotherapy	PhysioTV Classroom		28th August 2022		https://youtu.be/z5rT-We5C5Q

	Patel	Part II					
159	Dr. Gauri Khandekar PT	Roole of Physiotherapy in Spinal Muscular Atrophy	Alumni Engagement		3rd September 2022	Dr. Suroshree Mitra (PT)	https://youtu.be/R-i7tAHxLWw
160	Simranjit Singh	Importance of Psychology in Sports Rehabiliataion	Invited		4th September 2022	Dr. Swapnil	https://youtu.be/YZeinmN4ZPg
161	Dr. Amruta Ekbote	Balance & Coordination- Part II	PhysioTV Classroom		10th September 2022		https://youtu.be/3pWy3G4800k
162	Dr. Amruta Ekbote	Balance & Coordination- Part III	PhysioTV Classroom		11th September 2022		https://youtu.be/ncullYvprPc
163	Dr. Apurv Shimpi	Financial Stability and Well-being in Physiotherapy		Dr. Jaspreet Kaur Talwar	17th September 2022		https://youtu.be/W-Mzz7hgmc8
164	Prof. Vaibhav Kulkarni	Innovation with Ecosystem Dialogue	Invited	Dr. Apurv Shimpi	18th September 2022	Dr. Apurv Shimpi	https://youtu.be/Yt7LsPajxMY
165	Dr. Apurv Shimpi	Financial Stability and Well-being in Physiotherapy Part - 2		Dr. Jaspreet Kaur Talwar	24th September 2022		https://youtu.be/Ws9EI92IE8M
166	Dr. Hamza Godhrawala	Role of CBT in management of Pain and Neurological condition	Invited	Soumya Gandhi MPT	25th September 2022	Dr. Sona Kolke	https://youtu.be/dSVOXbXKPLI

167	Dr. Raziya Nagarwal	Prehabilitation & Lifestyle Modifications - World heart Day 2022		Dr. Rucha Rayas (PT)	29th September 2022		https://www.youtube.com/watch?v=LSj55J5aox8
168	Dr. Dinesh Chavhan	Assessment of ASIA Scale in Spinal Cord Injury		Chaitali Chaudhari	1st October 2022		https://www.youtube.com/watch?v=6QWtQhPF7b8
169	Dr. Prajakta Sahasrabudhe	Screening before Exercise	World Heart Day 2022	Dr. Rucha Rayas (PT)	2nd October 2022		https://www.youtube.com/watch?v=2QcKnYgnG_8
170	Dr. Franny Nathani	The musculoskeletal System assessment in Cerebral Palsy		Shiwani Shiwankar	6th October 2022		https://www.youtube.com/watch?v=s-NeTflf8xl
171	Dr. Priyanka Panchal Kene	Exercise Prescription in Older Adults with Knee Osteoarthritis	World Arthritis Day 2022	Dr. Nikita Dodwad (PT)	12th October 2022		https://www.youtube.com/watch?v=ZprE4Uoma_Y
172	Dr. Nilima Bedekar	Clinical Assessment and Urodynamics	Master Class		14th October 2022		https://www.youtube.com/watch?v=hCT8MLAXS70
173	Dr. Apurv Shimpi	Modified Suryanamaskar for Bone-Health - Live Exercises	Bone health for Women		20th October 2022		https://www.youtube.com/watch?v=jubEBZJzioA
174	Dr. Tushar	Range of Motion	PhysioTV Classroom		22nd October		https://www.youtube.com/watch?v=sfZdSHLJuXE

	Sathe	Evaluation: Lower Extremity Part 2			2022		
175	Dr. Nilima Bedekar	Recreation and Relaxation for bone health	Bone health for Women		29th October 2022		https://www.youtube.com/watch?v=yST6WGFogMU
176	Dr. Amruta Ekbote	Balance and Coordination - Part 4	PhysioTV Classroom		30th Otober 2022		https://www.youtube.com/watch?v=W5orWmpEqLA
177	Dr. Nidhi Mehta	Heart Friendly Diet Tips	Invited	Dr. Rucha Rayas (PT)	5th November 2022		https://www.youtube.com/watch?v=ZOBU0VPMYY
178	Dr. Bhakti Salgoankar	Early Intervention in Pediatic Physiotherapy	Invited	Dr. Rucha Rayas (PT)	6th November 2022		https://www.youtube.com/watch?v=5aE4qkuivtI
179	Dr. Nilima Bedekar	Part II- Understanding Micturition Reflexes	Master Class		11th November 2022		https://www.youtube.com/watch?v=f0s_YrUM_WI
180	Dr. Khyati Shah	Basic Introduction to Pilates	Invited	Ratika Patil	13th November 2022		https://www.youtube.com/watch?v=unt0f0qNKGQ
181	Dr. Tushar Sathe	Range of Motion Evaluation for spine	PhysioTV Classroom		19th November 2022		https://www.youtube.com/watch?v=T8H9T7D3HNg
182	Dr. Nikita Dodwad	Overview of Hip Assessment	PhysioTV Classroom		26th November 2022		https://www.youtube.com/watch?v=u6NFs3wlwTg
183	Dr. Bhakti	Need of Physioplacit	Little master Series		27th November		https://www.youtube.com/watch?v=wqnGPes_fwM

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184	Dr. Joseph Zeni, Dr. Deepak Kumar, Dr. Annie Neurohr	Role of Conservative Therapy in Knee OA - Part 1	ALLD - Panel Discussion	Dr. Sona Kolke	3rd December 2022		https://www.youtube.com/watch?v=GBnSUnrPigw
185	Dr. Shwetanjali Gandhe	Pelvic Floor Anatomy and Its Clinical Relevance	Invited		4th December 2022		https://www.youtube.com/watch?v=6fi3xnrp7w4
186	Dr. Nilima Bedekar	Part III - Management Strategies for Lower Urinary Tract Dysfunctions	Master Class		9th December 2022		https://www.youtube.com/watch?v=ntsS3KT7MT0
187	Dr. Joseph Zeni, Dr. Deepak Kumar, Dr. Annie Neurohr	Role of Conservative Therapy in Knee OA - Part 2	ALLD - Panel Discussion	Dr. Sona Kolke	10th December 2022		https://www.youtube.com/watch?v=EuFma9YqHjo
188	Dr. Prashant Mukkannavar	Critical Thinking for Evidence based Practice	PhysioTV Classroom		10th December 2022		https://www.youtube.com/watch?v=XVvDxjweGJ8&ab_channel=OrthoTV%3AOrthopaedicVideoChannel
189	Dr. Simran Kalre	Mental health challenges and coping strategies	Little Master Series		15th December 2022		https://www.youtube.com/watch?v=EFd5tqxnO9M

190	Dr. Ankita Shejwarkar	An insight on Mckenzie Assessment	PhysioTV Classroom	Dr. Komal Singh	17th December 2022		https://youtu.be/oCya5RVKVQg
191	Dr. Prashant Mukkannavar	Critical Thinking for Evidence based Practice	PhysioTV Classroom		18th December 2022		https://www.youtube.com/watch?v=XVvDxjweGJ8&t=1s
192	Dr. Nilima Bedekar	The Road Less Travelled		Dr. Sona Kolke	30th Decemeber 2022		https://www.youtube.com/watch?v=y0ckHtiNc6U&ab_channel=OrthoTV%3AOrthopaedicVideoChannel
193	Ms. Shruti Bhalerao	A Mantra for success: I Can, I Will, I Must	Little Master Series		10th January 2023		https://www.youtube.com/watch?v=C3zJAEBWd4
194	Dr. Sidhharth Aiyer	Adolescent Idiopathic Scoliosis (AIS): Conservative and Physiotherapy Management - Part I	PhysioTV Classroom	Dr. Sona Kolke	14th January 2023		https://www.youtube.com/watch?v=a1VEIbhszAU
195	Dr. Sidhharth Aiyer	Adolescent Idiopathic Scoliosis (AIS): Conservative and Physiotherapy Management - Part II	PhysioTV Classroom	Dr. Sona Kolke	15th January 2023		https://www.youtube.com/watch?v=R1I7uLkzQcM
196	Ms. Roshini Ajmera	Exam Preparation: Time Management	Little Master Series		24th January 2023		https://www.youtube.com/watch?v=AZDMZQdbQM

197	Dr. Zahara Polen	Heart Rate Variability: An Overview	PhysioTV Classroom	Dr. Prajakta Sahasrabudhe	18th February 2023		https://www.youtube.com/watch?v=T9d3sB9eJbQ
198	Dr. Twinkle Kundnani	Motor Control	PhysioTV Classroom		25th February 2023		https://www.youtube.com/watch?v=JB3YPSInFWo
199	Dr. Apurv Shimpi	Paradigm Shift to Healthy Aging	PhysioTV Classroom		26th February 2023		https://www.youtube.com/watch?v=8Cv_TDzLSBc
200	Dr. Sushma Kale	Role of different prananyama in stress management	PhysioTV Classroom		11th March 2023		https://www.youtube.com/watch?v=G-ER1buTZHI
201	Dr. Sajiri Joshi	Neuromuscular Training in Knee Osteoarthritis	PhysioTV Classroom		12th March 2023		https://www.youtube.com/watch?v=OMt4HoOUjZ