Maharashtra University of Health Sciences, Nashik Inspection Committee Report for Academic Year 2024 - 2025 Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Faculty: Allied Health Sciences

Name of the College / Institute:- Sancheti Institute for Orthopaedics & Rehabilitation, College of Physiotherapy, Pune

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

| Sr No | Details of Webinar / Workshop/ CME/ Activities/ Preform | |
|-------|---|--|
| | Details Attached | |
| | | |
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Dr. Apurv Shimpi Principal

Maharashtra University of Health Sciences, Nashik Webinar/ Workshop/ CME/ activities performed in AY 2022-23

Faculty: Physiotherapy

Name of the college/Institute: Sancheti Institute For Orthopedics & Rehabilitation College of Physiotherapy, Pune

| No | Type of Event | Name of Webinar/ Workshop/ CME/ activities performed in AY 2022-23 | Date | Details |
|----|---------------|---|---|---|
| 1 | Workshop | Advanced of lower limb Dysfunctions | 16 th to 19 th Feb 2023 | Course co-ordinator- Dr.Anil Bhave Resource persons- Dr.Grace, Dr.Brendon, Dr.Josheph. 64 delegates attend the workshop including students |
| 2 | Workshop | Gait& Biomechanics with Wearable sensors | 13 th march 2023 | Resource person- Dr. Anand Gangwal(PT) 34 delegates attend the workshop including students |
| 3 | Workshop | Basic workshop on Vestibular Rehabilitation | 13 th march 2023 | Resource person- Dr. Archana Ranade(PT) 29 delegates attend the workshop including students |
| 4 | Workshop | Unveiling the pelvic floor | 13 th march 2023 | Resource person-Dr. Ashwini kale(PT) 21 delegates attend the workshop including students |
| 5 | Symposium | Post-Trauma Rehab Mobility &Beyond | 1 st July 2023 | Organized By Musculoskeletal Physiotherapy Dept, SICOP Symposium From Experts in the Field of Musculoskeletal Physiotherapy 100+ Delegates attended the symposium |
| 6 | Workshop | MUHS Basic workshop on Health Science Education Technology For Teachers | 13 th to 15 th September 2023 | MUHS Workshop (Conducted by 6 Expert MUHS Faculty) 30 participants |
| 7 | Workshop | Basic Integration Workshop by Dr.Snehal Deshpande | 6 th to 8 th October 2023 | Resource person- Dr.Snehal Deshpande Co-ordinator- Dr.Twinkle Kundnani(PT) 36 Delegates attended the workshop |



Maharashtra University of Health Sciences, Nashik Webinar/ Workshop/ CME/ activities performed in AY 2022-23

Faculty: Physiotherapy

Name of the college/ Institute: Sancheti Institute For Orthopedics & Rehabilitation College of

Physiotherapy, Pune

| 8 | Workshop | Neuro Dynamic Solutions | 28 th to 31 st December 2023 | Resource person- Dr. Kiran Challagundla There were 35 participants attended the workshop |
|----|-----------|---|--|--|
| 9 | Symposium | Perspective towards Disability: From Dysfunction to Function Report | 2 nd December 2023 | The event Organized By Community Physiotherapy Dept, SICOP Symposium From Experts in the Field of community Physiotherapy 158 Delegates attended the symposium From all over India including Maharashtra |
| 10 | Workshop | Basic Workshop on Research Methodology by MUHS For Resident Physiotherapy Students | 26 th to 28 th December 2023 | MUHS Workshop (Conducted by 6 Expert MUHS Faculty) 47 participants |
| 11 | Workshop | Basic Workshop on Educational Methodology by Sancheti institute For Orthopedics and Rehabilitation college of physiotherapy | 2 nd to 3 rd January 2024 | MUHS Workshop (Conducted by 6 Expert MUHS Faculty) 29 participants |

Sancheti Institute for Orthopedics and Rehabilitation College of Physiotherapy, Pune Musculoskeletal PT Department

Advances of Lower Limb Dysfunctions - 16th to 19th February 2023 Event Report

Musculoskeletal PT Department SIOR COP, Pune, organized a workshop on Advanced Assessment to Evidence-based treatment protocol for Lower Extremities conditions from 16th to 19th February 2023.

Lower Extremity Dysfunction and Physiotherapy management, walking to Running: Biomechanics, Evaluation and Treatment was a 4-day Advanced Hands-on course including advanced assessments, Manual Therapy and Case and Evidence based Approach and progression for creating a Rehabilitation Protocol.

The faculty for the Workshop from the USA and India:

<u>Course Coordinator</u> - Dr. Anil Bhave, Clinical Director of Orthopedic Rehabilitation and Gait Lab, Sinai Hospital, Baltimore, USA

International Faculty

- Dr. Grace Neurohr, Certified Orthopedic Specialist, Running & Biomotion Specialist, USA
- Dr. Brendon Gleckin, Manual Therapy & Orthopedic Clinical Specialist, USA
- Dr. Joseph Zeni, Biomechanics & Movement Specialist, USA

Indian Faculty

- Dr. Deepak Kumar, Director & Senior Consultant Manual Physical therapist, Capri Institute
- Dr. Sona Kolke, Musculoskeletal & Kinesiotherapy Specialist, Associate Professor & HOD, SIOR COP, Pune
- Dr. Apurv Shimpi, Sports Injury and Rehabilitation Specialist, Principal and Professor, SIOR COP, Pune

A total of 64 Delegates including students, Clinicians and Academicians registered and completed the workshop - they were also provided with certificates and Transcripts of the Workshop.

Dr. Sona Kolke (PT)

Course Coordinator

SIOR COP, Pune

Dr. Nilima Bedekar Professor & HOD

MSK PT Dept. SIOR COP



Faculty of ALLD 2023







Hands-on Sessions with the Delegates



In Collaboration with





Sinai Rehabilitation Centre, Baltimore, USA.

A COMPLETE HANDS-ON INTERNATIONAL WORKSHOP ON

Advances in Lower Limb DysfunctionsAssessment to Management

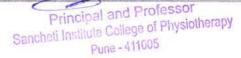
BLOCK YOUR DATES 16-19 FEBRUARY, 2023



Dr. Siddhanth: 9833680079



Sancheti Healthcare Academy, Pune





In Collaboration with





Sinai Rehabilitation Centre, Baltimore, USA.

Our Team



COURSE DIRECTOR --- Dr. Anil Bhave

Clinical Director, Orthopedic Rehabilitation, Rubin Institute of Advanced Orthopedics, Sinai Hospital, Baltimore, USA

INTERNATIONAL FACULTIES:



Dr. Joseph Zeni
Biomechanics and Movement
Science specialist.
USA



Dr. Brendon Glackin

Manual Therapy and
Orthopedic Clinical
specialist,
USA



Dr. Annie Neurohr
Certified Orthopedic Specialist
Running and Bio-Motion Specialist,
USA

NATIONAL FACULTIES:



Dr. Deepak Kumar

Director and Accredited International

Manual Therapy Instructor

Capri Institute of Manual Therapy,

India



Dr. Apurv Shimpi
Sports Injury &
Rehabilitation Specialist,
Sancheti Hospital
India



Dr. Sona Kolke

Musculoskeletal

& Kinesiotherapy Specialist,
Sancheti Hospital
India



Dr. Siddhanth: 9833680079



Sancheti Healthcare Academy, Pune







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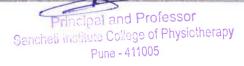




Sinai Rehabilitation Centre, Baltimore, USA.

Day 1, 16th February 2023

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|------------|--|----------|------------------------------------|
| Sr. No. | Topic | Time | Concerned Faculties |
| 1 | Introductions and opening ceremony | 30 min | All Faculty |
| 2 | Introduction of the faculty, Ground rules for the workshop | 30 11111 | Bhave |
| 3 | Mobilizations for Low Back | 45 min | Deepak, Glackin, Kolke Shimpi |
| 4 | Hip Joint Exam ROM deficits: how to examine and plan for treatment | 45 min | Bhave, Zeni, Neurohr, |
| 5 | Mobilizations SI Joint | 45min | Deepak, Glackin, Shimpi, Kolke |
| 6 | Hip Joint Exam strength deficits: how to examine and treat | 45 min | Bhave, Neurohr, Zeni, |
| 7 | Specific Techniques to examine and treat athlete's Hip | 45 min | Neurohr, Glackin Kolke, Zeni |
| 8 | Manual Therapy Techniques to treat early Hip OA and stiffness | 45 min | Deepak, Glackin, Shimpi, Bhave |
| 9 | Layered approach to Hip including FAI | 45 min | Glackin Shimpi, Neurohr, Deepak |
| 10 | Hip surgical approaches: precautions, contraindications and handling | 45 min | Bhave, Zeni, Kolke, |
| 11 | Leg length difference How to measure (Innominate to foot) | 45 min | Bhave, Glackin, Neurohr |
| 12 | Rapid Fire Review of mobilizations learned today | 45 min | Deepak, Zeni, Shimpi |











Sinai Rehabilitation Centre, Baltimore, USA.

Neurohr, Shimpi,

Glackin

45 mins

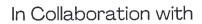
Day 2, 17th February 2023 Sr. Concerned Topic Time No. **Faculties** Functional, and Biomechanical Knee Exam 1 45 min Bhave, Zeni, Kolke and treatment planning Deepak, Glackin, 2 Tibio - femoral mobilizations to improve ROM 45 min Neurohr, Shimpi Strategies to improve Knee extension in Bhave, Glackin, Zeni. 45 min 3 a stiff knee including nerve glides Neurohr Deepak, Kolke, Patello-Femoral, and Tibio-fibular Mobilizations 45 min 4 Shimpi Kolke, Neurohr, Zeni. 5 Tools based to improve ROM and flexibility 45 mins Bhave Shimpi, Deepak Taping for the PF and Knee Joint 6 45 min Glackin. Lunch and Learn: Where are we in 2023 7 60 min Zeni. Bhave for managing Knee OA and Outcomes of TKA Strategies to improve Knee flexion in a stiff knee 45 mins 8 Bhave, Zeni, Kolke. Strengthening Hip Knee and Core: Dynamic stabilization and Plyometrics for return to sports Neurohr, Glackin 9 45 mins Deepak, Shimpi Bhave, Zeni, Deepak How to optimize function after Total Knee Replacement 10 45 mins Kolke How to optimize function after Knee Ligament surgery and

Sancheti Institute College of Physiotherapy
Pune - 411005

Return to sports

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Sinai Rehabilitation Centre, Baltimore, USA.

Day 3, 18th February 2023

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|------------|--|--------|----------------------------------|
| Sr. No. | Topic | Time | Concerned Faculties |
| 1 | My favorite exercises and bracing options for Knee OA, to improve stability, proprioception and strength | 45 min | Zeni, Deepak, Bhave Shimpi, |
| 2 | Running Analysis: How to establish program in your clinic with easily available tools and technology | 60 min | Neurohr, Glackin, Kolke |
| 3 | Ankle and foot, mobilizations to improve functional mobility | 60 min | Deepak, Glackin, Shimpi, Zeni |
| 4 | Ankle and Foot stability taping | 60 mln | Shimpi, Neurohr |
| 5 | Lunch and Learn Blood Flow Restriction Therapy (BFRT): Physiology and Techniques for BFRT | 60 min | Bhave |
| 6 | Blood flow restriction therapy: Technique and standard protocols | 45 min | Bhave, Neurohr, Kolke, Zeni |
| 7 | Rapid Fire Review of Knee, Ankle and foot, mobilizations | 75 min | Deepak, Glackin, Shimpi |
| 8 | Strengthening Ankle and Foot: Dynamic stabilization and Plyometrics for return to sports | 45 min | Neurohr, Glackin, Kolke |
| 9 | Neural symptoms: How to treat , Hip- knee-ankle and foot | 45 min | Glackin, Zeni, Bhav Neurohr |

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Sinai Rehabilitation Centre, Baltimore, USA.

Day 4, 19th February 2023

| 2:24 | <u> </u> | | |
|------------|--|--------|------------------------------------|
| Sr. No. | Topic | Time | Concerned Faculties |
| | Clinical Scenarios and problem solving with students moderated by Anil Bhave | | 10 |
| 1 | Low Back Pain | 20 min | Deepak, Glackin, Kolke, Shimpi |
| 2 | Prolapsed Intervertebral Disc with Radiation | 20 min | Glackin, Deepak, Kolke |
| 3 | Sacroiliac Dysfunction | 20 min | Deepak, Glackin , Kolke, Shimpi |
| 4 | Femoral Acetabular Impingement | 20 min | Glackin, Zeni, Neurohr |
| 5 | Total Hip Replacement with Limb length discrepancy | 20 min | Zeni, Neurohr, Kolke |
| 6 | Young female with multiple joint pains | 20 min | Neurohr, Glackin, Kolke |
| 7 | Post operative hip fracture in elderly | 20 min | Zeni, Neurohr, Kolke |
| 8 | Knee Osteoarthtritis | 20 min | Deepak , Glackin, Shimpi, Kolke |
| 9 | Patella Subluxation | 20 min | Neurohr, Glackin, Zeni |
| 10 | Knee Osteoarthtritis with deformity | 20 min | Zeni, Kolke, Deepak |
| 11 | Tibial Plateau Fracture | 20 min | Kolke, Deepak, Zeni, Shimp |
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Day 4, 19th February 2023

| Sr. No. | Торіс | Time | Concerned Faculties |
|------------|--|--------|------------------------------------|
| | Clinical Scenarios and problem solving with students moderated by Anil Bhave | | |
| 12 | Anterior Cruciate Ligament and Lateral Meniscus Repair | 20 min | Neurohr, Glackin, Kolke, Shimpi |
| 13 | Total Knee Replacement | 20 min | Neurohr, Deepak Kolke, Zeni |
| 14 | Therapy outside the clinic: what is needed for best functional outcomes? Lessons learned over 40 years as PT | 40 min | Bhave |
| 15 | Ilizarov External fixator | 20 min | Neurohr, Zeni, Kol |
| 16 | Chronic ankle sprain | 20 min | Neurohr, Shimpi Glackin |
| 17 | IT band syndrome in a cyclist | 20 min | Bhave, Neurohr, Deepak. Zeni |
| 18 | Ankle stiffness post Pilon fracture | 20 min | Zeni, Kolke, Deepa |
| 19 | Heel pain in adolescent | 20 min | Neurohr, Glackir Shimpi, Kolke |
| 20 | Conclusion | 10 min | All Faculty |

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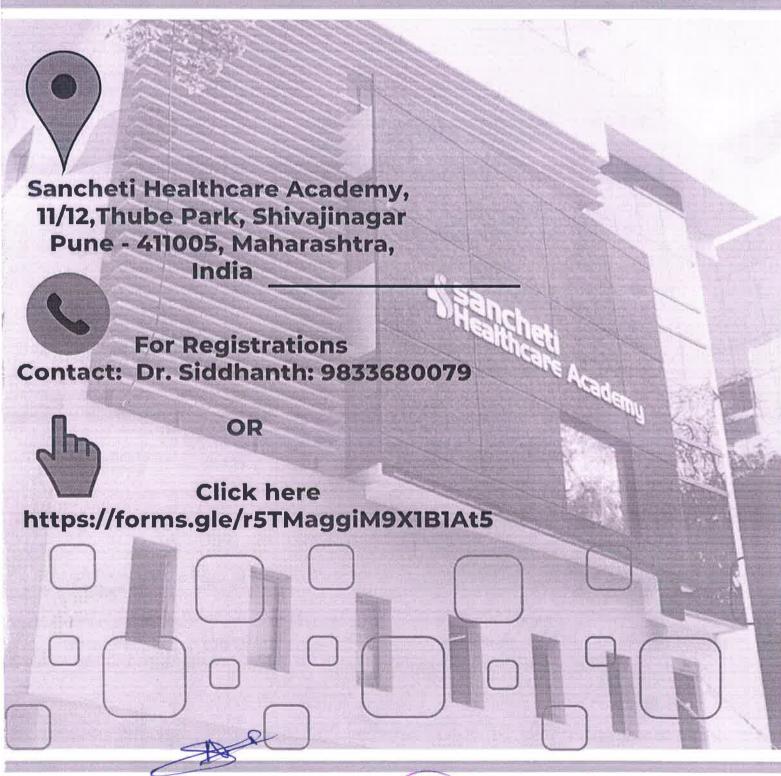


In Collaboration with





Sinai Rehabilitation Centre, Baltimore, USA.













Innovation Partner

Scientifica 2023

POST CONFERENCE WORKSHOP

Gait & Biomechanics with Wearable Sensors.

- Dr. Anand Gangwal (PT)

Basic workshop on Vestibular Rehabilitation

- Dr. Archana Ranade (PT)

Unveiling the Pelvic Floor

- Dr. Ashwini Kale (PT)

LIMITED SEATS AVAILABLE!!!

REGISTRATION OF SCIENTIFICA MANDATORY

FIRST PREFERENCE TO HYBRID MODE REGISTRATIONS ₹800/- PER WORKSHOP

YOU CAN REGISTER ONLY FOR ONE WORKSHOP ON FIRST COME FIRST BASIS



SANCHETI HEALTHCARE ACADEMY, PUNE

For more information, contact:

Dr. Sona Kolke (PT) - 9371004121 Dr. Twinkle Kundnani (PT) - 8446001148





Sancheti Institute College offhysiotherapy

Scientifica 2023 Post- Conference Workshop

Course: Unveiling the Pelvic bloom

Date:13/3/23

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Sancheti Institute College offhysiotherapy

Scientifica 2023 Post- Conference Workshop

course: Gait & biomechanics with Wearable Sensors.

Date:13/3/23

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Scientifica 2023 Post- Conference Workshop

course: Basic Workshop on Vestibular Rehabilitation.

Date:13/3/23

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Principal and Professor Sancheti Institute College of Physiotherapy Pune - 411005 A GENT OF

Sancheti Institute for Orthopedics and Rehabilitation College of Physiotherapy, Pune Musculoskeletal PT Department

Physiotherapy Symposium 2023

Post-Trauma Rehab Mobility & Beyond

Convenors - Dr. Shraddha Parmar (PT), Dr. Neha Bise (PT), Dr. Sona Kolke (PT)

The Musculoskeletal PT Department of SIOR COP, organized a Symposium on Post Trauma Physiotherapy Rehabilitation on 1st July 2023, Saturday.

The talks were delivered by various Faculty on Shoulder & Elbow Trauma recovery, Rehabilitation Post Spine Trauma, Rehab after Hip Surgery - an evidence based protocol, Functional Evaluation for return to sports after Knee - Ankle Trauma, Recent Advances in Manual Therapy in Post-Traumatic Conditions, in Electro Therapy in Post Traumatic Conditions, Inter Practitioner Communication-Key to a Successful Patient Outcome, Red Flags in Clinical Practice - The DON'T'S, Latest Implants and their Biomechanical Principles. 100+ delegates attended the Symposium.

List of Faculty:

Dr. Ravinder Kaur (PT), Professor, MAEER's College of Physiotherapy, Talegaon

Dr. Diptee Bhole (PT), Professor, DES Brijlal Jindal College of Physiotherapy, Pune

Dr. Ankita Ambatkar (PT), Consultant Physiotherapist, PT Dept. SIOR, Pune

Dr. Vijay Kumar (PT), DY Patil, Pimpri

Dr. Sona Kolke (PT), Associate Professor, SIOR COP, Pune

Dr. Venu Mohan (PT), Associate Professor, SIOR COP, Pune

Dr. Kruti Khemani (PT), Principal Therapist, Continuum Physiotherapy & Rehabilitation, Mumbai

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Dr. Shraddha Pradhan (PT), Clinical Therapist, Pune

Dr. Anood Faqih (PT), Cofounder, Physio Studio, Pune

Dr. Chetan Pradhan, Assistant Medical Director, Sancheti Hospital, Pune

Dr. Sona Kolke (PT)

Post-Trauma Symposium Coordinator

SIOR COP, Pune

Dr. Nilima Bedekar

Professor & HOD

MSK PT Dept. SIOR COP

Sancheti College of Physiotherapy

PHYSIOTHERAPY SYMPOSIUM

Sancheti Institute of Orthopaedic Rehabilitation College of Physiotherapy (SIORCP)

Date: 1st July 2023

Venue: 6th floor, Sancheti Auditorium

CONVENORS

Dr. Shraddha Pradhan (PT) | Dr. Neha Bhise (PT) | Dr. Sona Kolke (PT)



PHYSIOTHERAPY SYMPOSIUM PROGRAM

POST TRAUMA REHAB-MOBILITY & BEYOND!

Convenors: Dr. Shraddha Pradhan (PT), Dr. Neha Bhise (PT), Dr. Sona Kolke (PT)

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|------------------|---|--|
| TIME | TOPICS | SPEAKER |
| 02:30-03:00 PM | Welcome & Registration | |
| 03:00 - 03:10 PM | INAUGURATION | |
| 03:15 - 03:25 PM | The comeback trail. The journey to recovery after Shoulder & Elbow Trauma | Dr. Ravinder Kaur (PT) |
| 03:30 - 03:40 PM | Rehabilitation Post Spine Trauma | Dr. Diptee Bhole (PT) |
| 03:45 - 03:55 PM | Fast Track Rehab after Hip Surgery – an evidence based protocol | Dr. Ankita Ambatkar (PT) |
| | Functional Evaluation for return to sports after Knee + Ankle | Dr. Vijay Kumar (PT) |
| | Trauma | |
| 04:15-04:25 PM | Recent Advances in Manual Therapy in Post-Traumatic Conditions | Dr. Sona Kolke (PT) |
| | Recent Advances in Electro Therapy in Post Traumatic Conditions | |
| | Inter Practitioner Communication - Key to a Successful Patient | Dr. Kruti Khemani (PT) |
| | Outcome | |
| 05:00-05:10 PM | Red Flags in Clinical Practice - The DON'T'S | Dr. Shraddha Pradhan (PT |
| | Latest Implants and their Biomechanical Principles | Dr. Anood Faqih (PT) |

05:40 - 05:50 PM VALEDICTORY

05:30-05:40 PM QA - Meet the Surgeon!

REGISTRATION PACKAGE

| Category | Upto 30th June 202 | 3 Spot Registration | |
|-------------------------|--------------------|---------------------|--|
| Physiotherapy Symposium | INR 500/- | INR 600/- | |

Eligibility for Registration: Final year students, Interns, Post Graduates, Clinical & Academic Physiotherapists.

FOR REGISTRATION CONTACT

Dr. Shradha Pradhan (PT): 96998 09747

Dr. Neha Bhise (PT) : 99229 13730

Dr. Sona Kolke (PT)

: 93710 04121

BANK DETAILS

Acc Name: Sancheti Institute College of Physiotherapy Pune

Acc no : 20016880715

IFSC Code: MAHB0000043

Bank : Bank of Maharashtra

Branch : Main Branch, Shivajinagar, Pune

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Dr. Chetan Pradhan (MS Ortho)

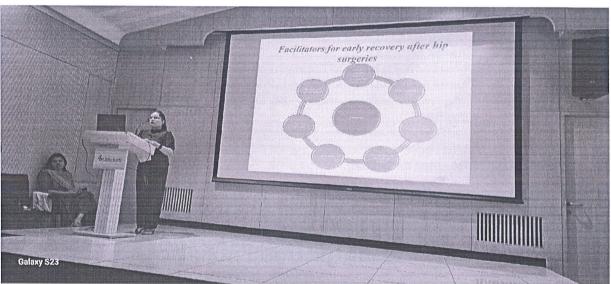
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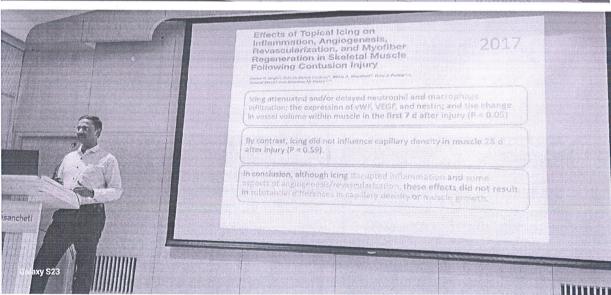


Principal and Professor

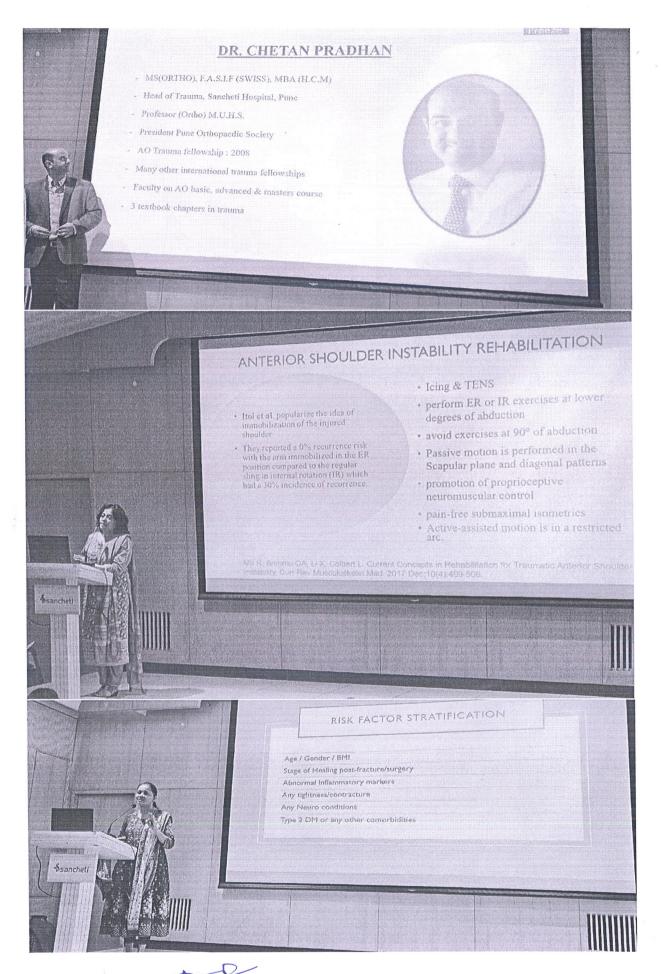
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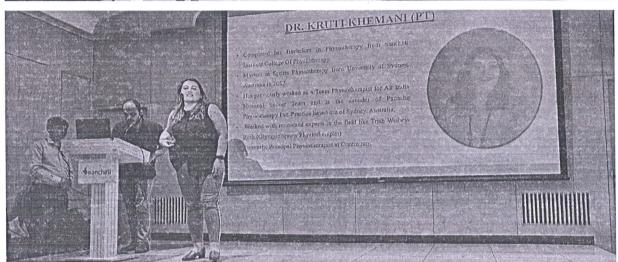
















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Principal and Professor Sancheti Institute College of Physiotherapy Pune - 411005

MUHS Basic Workshop on Health Science Education Technology for Teachers

Conducted at Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune

13th-15th Sept 2023

30 participants from Physiotherapy colleges of Maharashtra attended the Basic Health Science Education Technology workshop from 13th to 15th Sept 2023. The sessions were conducted by 6 faculties. The workshop started with a short 15 minutes inaugural and lamp lighting. The participants started the workshop with a pre-test, followed by ice breaking and further sessions were conducted as per schedule. At the end of the workshop, posttest was also conducted. The participants were divided into 5 sub-groups and all the activities were conducted in the same format as laid down by IMETT, MUHS.

Twice a day (morning and afternoon) attendance was taken for the participants as well as for the faculty. The participants have an improvement of 80% and above in pre and posttest difference of scores. The feedback (both qualitative and quantitative) has been analyzed and all the participants found the content of the workshop very informative and interactive and useful for teaching, learning and assessment domains. The participants also shared interest to undergo advanced HSET workshop.

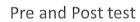
All participants gave a microteaching session on the last day for which they self-assessed themselves as well as feedback was given by peer participants and faculty.

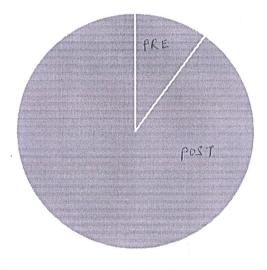
Each participant has submitted assignments on: one objective each from cognitive, psychomotor and affective domain and 5 MCQs of different cognitive levels.

The pre-post scores of the test and the pie chart is as follows:

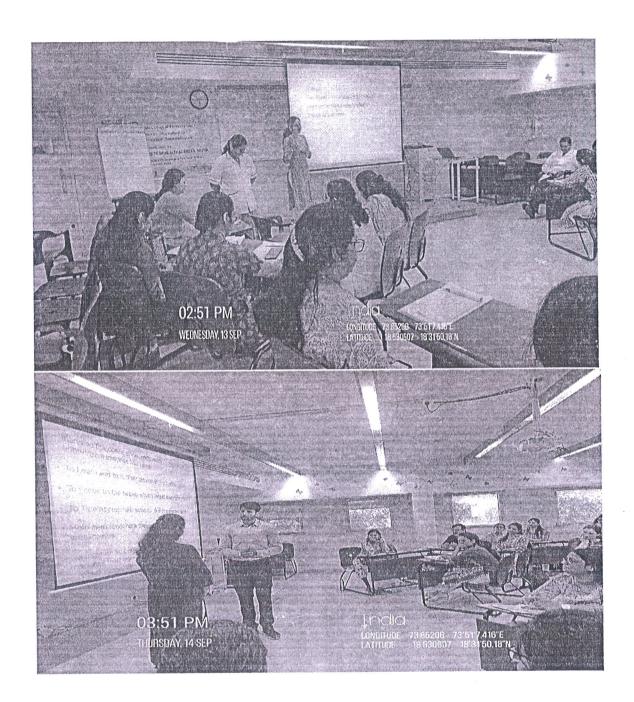
| Name | Pre-test (out of 20) | Post-test (out of 20) |
|--------------------------------|----------------------|-----------------------|
| Amruta Ekbote | 08 | 20 |
| Twinkle Kundnani | 08 | 20 |
| Shivani Chutke | 07 | 20 |
| Mudita Chavan | 07 | 20 |
| Pavandeep K Sabherwal | 08 | 20 |
| Snehal M Dhawale | 10 | 20 |
| Preeti Gajbhiye | 11 | 20 |
| Anjali Sharma | 11 | 20 |
| Hasanfatta Haji Ismail Anis | 08 | 19 |
| Manali Kulkarni | 10 | 20 |
| Neeraja Deshmukh | 10 | 20 |
| Arpita Rathod | 06 | 20 |
| Gaurai Gharote | 07 | 19 |
| Aishwarya Kanhere | 09 | 20 |

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■ Pre-test average score ■ Post-test average score ■







Dr. Suroshree Mitra Dr. **HSET cell Coordinator**

Apurv Shimpi Principal & HSET cell Chairperson

Shivajinagar

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune

Basic Sensory Integration Workshop Report

Event: Basic Sensory Integration Workshop by Dr. Snehal Deshpande

Date: 6th – 8th October, 2023

Time: 8:30 to 5:00 pm

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune had arranged a 'Basic Sensory Integration' workshop from 6th -8th October, 2023.

The workshop was conducted by Dr. Snehal Deshpande and coordinated by Assistant Professor Dr. Twinkle Kundnani (PT)

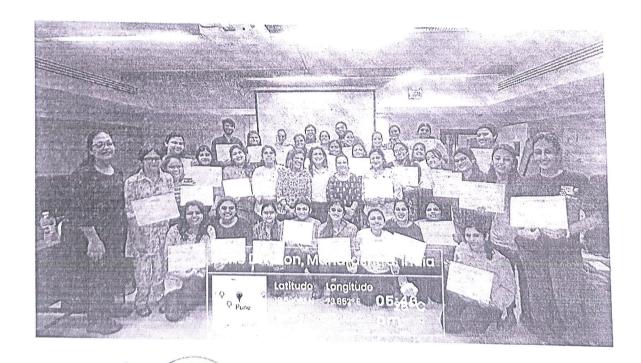
The workshop was conducted at Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy from 8:30am to 5:00 pm for all three days.

Participants learnt theoretical principles of sensory integration and practical hands on approach on each other and demonstration on patients was performed by the resource person and assistant course instructors. There were many fun activities which made learning interesting and fun for all the participants.

Number of participants: Total: 36

From SIORCOP: 16

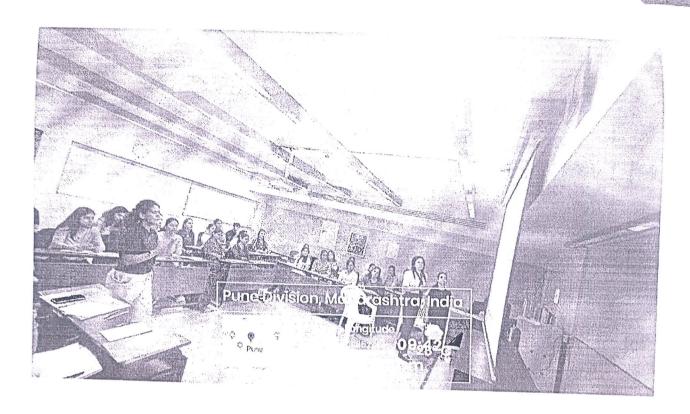
From other institutes: 20



Principal and Professor

Pune - 411005

Sanchefi Institute for Orthopaedics and Rehabilitation College of Physiotherapy



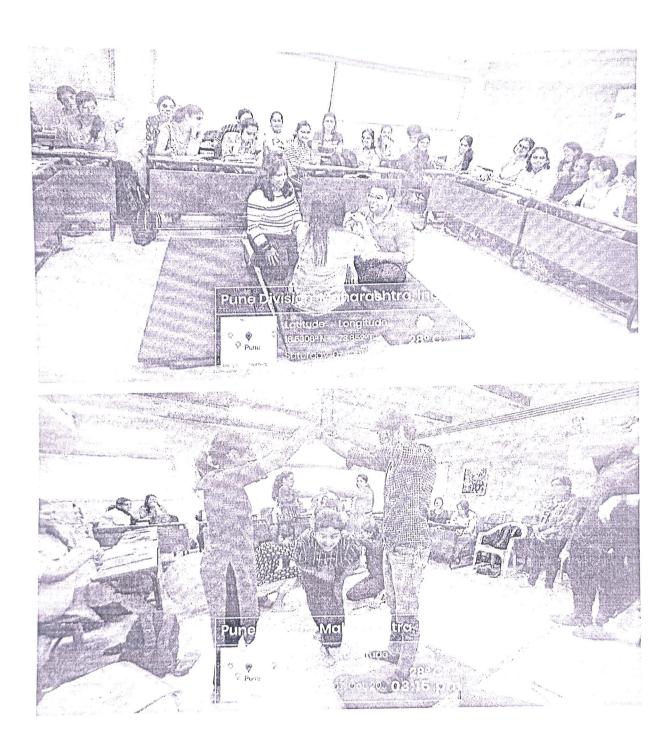






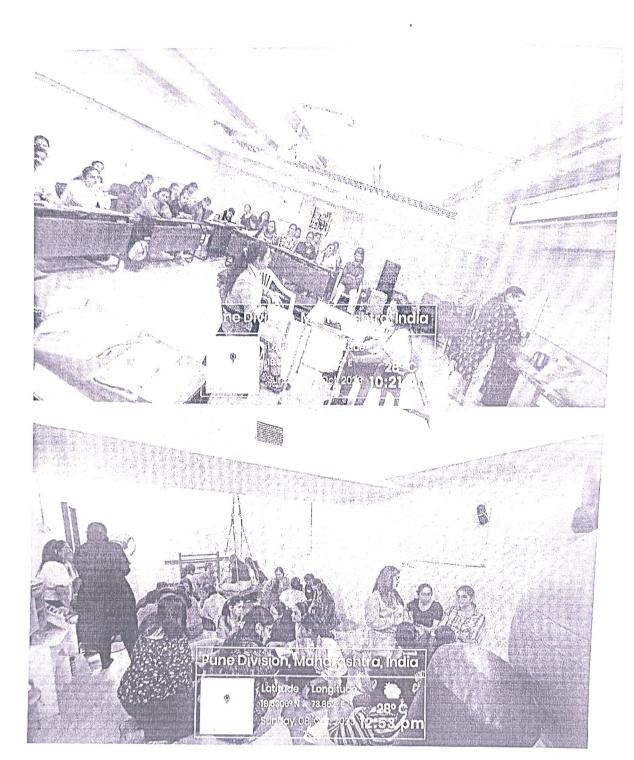


Principal and Professor Sancheti Institute College of Physiotherapy Pune - 411005









Rodh

Dr. Radha Bhattad (PT)

HOD, Neurophysiotherapy, SIORCOP



Dr. Twinkle Kundnani (PT)

Workshop Coordinator





College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune Presents

'BASIC SENSORY INTEGRATION WORKSHOP'

Introduction to treating children with Sensory Processing Disorders

6th, 7th and 8th October, 2023

Eligibility criteria: Academician, Clinician, MPT, Intern & BPT Final year students

Certificates With Credit Hours WIII be Hours Wilded!

Registration Fees: ₹7500

490/

Resource Person:

Dr. Snehal Deshpande

- Developmental and Neonatal Therapist
 - Director Sneh... RERC
- BPT, C/NDT, USC/WPS (Sensory Integration Certified)
 - Director, Heartfulness CME
 - Subject Matter Expert for Heartfulness Wellness Programs



Seats

- Introduction to Sensory Integration
- Understanding Systems
- Understanding Sensory processing disorders (SPD)
- Assessment
- Treatment Strategies

- Identify Sensory Issues
- Identify Sensory Processing difficulties
- Sensory Systems implications & their dysfunctions
- Sensory Integration Treatment strategies for children with SPDs, Autism Spectrum Disorders & ADHD
- Identify sensory issues from behaviour issues

Registration details:

CDr. Twinkle Kundnani (PT) 8446001148 Venue:

Sancheti Healthcare
Academy, Pune

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Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune Basic Sensory Integration Wokshop 6th Oet 2023 - 8th Oet 2023 Workshop schedule

| Time | Day One- 6/10 | 0/2023 | |
|------------------|---|--|------------------------------|
| | Topic | Speaker | Patients/Mode Of delivery |
| 8.00– 8:30 am | Registration and Breakfast | | |
| 8.30- 9.30 am | Introduction/ SI talk and expectations | Dr. Snehal | |
| 9.30-10.15 | SI in one word Lagori Kanche Langdi Kho-kho | Dr. Poorva & Dr. Vishakha | PPT |
| 10.15- 11.15am | Principles of SI | Dr. Poorva | |
| 11:15- 12:15 | Patient Observations What are the various behaviours; Alertness; What /how are they interactions; Play Behaviour 4As Concepts of SI - Self regulation 4As | Dr. Snehal, Dr. Poorva & Dr. Vishakha | 5 patients |
| 12:00 to 1.00 PM | Thresholds | Dr. Poorva & Dr. Vishakha | Talk and activity |
| 1 PM to 2 PM | Lunch | | |
| 2 PM to 3 PM | Tactile system | Dr Snehal | |
| 3:Pm- 4 PM | Vestibular | Dr Vishakha | PPT+Activity |
| 4 Pm to 4:15 | Tea Break | | Activity+PPT |
| 5:15 to 5:30 | Circle time | | |

Home work : Age appropriate Play

DAY 2-7/10/2023

| Time | Topic | Speaker | Patients/Mode Of delivery |
|----------------|--|---------------|---------------------------|
| 8.30 – 9.00 am | Breakfast | | |
| 9.00-10.00 am | Online Talk- Role of a developmental Paediatrician, Autism and ADHD (Tentative)/Discussion | Dr Rajeshwari | Online - Zoom |
| 10.00-11.am | Auditory system | Dr. Poorva | PPT/demo 1 Patient |

Principal and Professor Sancheti Institute College of Physiotherapy Pune - 411005

College 11/12. Thube Park. Shivajinagar Pune-5

| 11 am- 11:45 am | Discussion about development and age appropriate play | Participants | |
|-----------------|---|------------------------------|----------------------|
| 11,45-12.00noon | Break | | |
| 12.00-12.30pm | Olfactory System | Dr. Snehal & Dr. Vishakha | PPT +Video+ Activity |
| 12.45- 1.15 pm | Visual system | Dr. Vishakha | PPT+Video+ Activity |
| 1.30 – 2.00 pm | LUNCH | | |
| 2.00 – 3.00 pm | Proprioception | Dr. Poorva | PPT +Video +Activity |
| 3.00–4.00 pm | 3 Patients - DEMO | Conductors | |
| 4.00- 4.15 pm | Tea | | |
| 4.15- 5.00 | Audiology and Speech and Language Therapy | Dr Anuradha Bantwal | Online- Zoom |

(Same patients on 1st day and 2nd day)

DAY 3-8/10/2023

| Time | Topic | Speaker | Patients/Mode Of delivery |
|------------------|--|---|-----------------------------|
| 8.30 – 9.00 am | Breakfast | | |
| 9.00 - 10.00 am | Activity - Nervous system | All conductors | PPT + Video |
| 10.00 – 10.45 am | Parent Interview | Dr. Snehal | 1 Patient +Family interview |
| 10.45 – 11.00 am | Break | | |
| 11.00 – 12.00 pm | Goal Setting and treatment Strategies Pracs | Dr. Poorva & Dr. Vishakha | PPT + Video |
| 12.30-1.30 | Patient handling by participants | | |
| 1.30 – 2.00 pm | LUNCH BREAK | | |
| 2.00 to 4.00 pm | Patient Discussion | Dr. Snehal, Dr. Poorva & Dr. Vishakha | Video |
| 4.00 - 4.15 pm | Break | | |
| 4.15 — 5.15 pm | DOUBTS and Circle time | Participants | 3 Patients |
| 5.15 – 530 pm | Certificate distribution | *************************************** | |

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy

Neuro Dynamic Solutions

Workshop-Report

Date: 28th - 31st December 2023

Time: 9:00 Am to 5:00 Pm

Venue: Sancheti Healthcare Academy

Introduction:

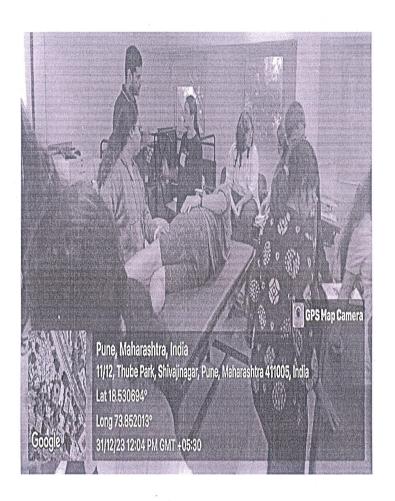
To cater a platform for having a better understanding of Neurodynamics, a four day workshop was organized from 28th of December to 31st of December at Sancheti Healthcare Academy for which we had Dr. Kiran Challagundla, Master of Ortho, sports and manual PT, Australia, as our resource person.

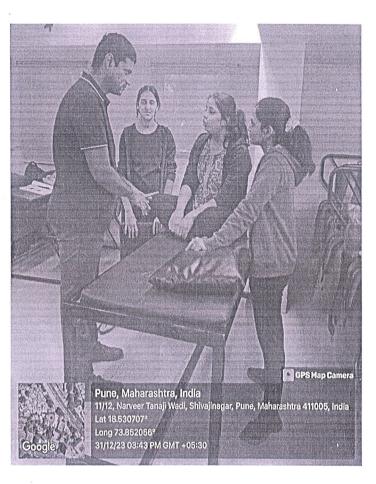
The workshop gave the participants an opportunity to understand the different concepts of Neuro dynamic assessment, management and the clinical techniques associated with it. This report provides an overview of the event, including its organization, participants, and outcomes.

Participants:

There were 35 participants who were required to pre-register for the workshop while some being clinicians, academicians and interns, who received their certificates post the workshop. Participants Conclusion:

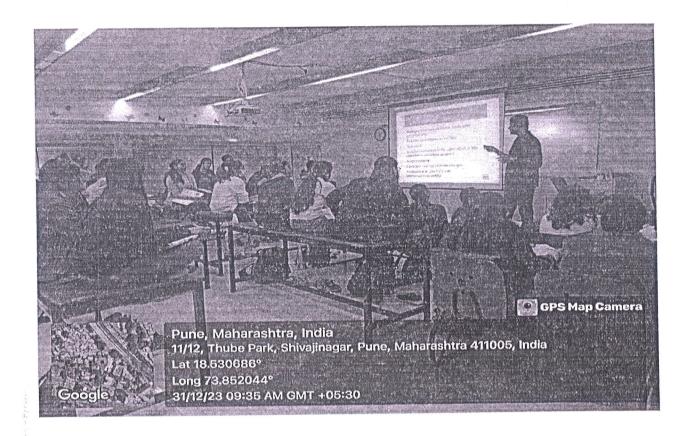
The workshop was a resounding success, achieving it goals. Participants left with a sense of accomplishment and inspiration to further work in this field which was very much evident from the feedback taken from all the participants' post the workshop. The organizers are already looking forward to hosting the next edition of the series.





Principal and Professor
Sancheti Institute College of Physiotherapy
Pune - 411005

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Dr. Shivani Chutke (PT)

Workshop Co-Ordinator

Dr. Apurv Shimpi (PT)

Principal & Professsor SIOR,COP



Sancheti Institute of Rehabilitation and Orthopaedics College Of Physiotherapy-NDS Workshop 28th December-31st of December

| Sr. No. | Name | 28 th Dece | ember | 29 th Dece | mber | 30 th D | ecember | 31 st De | ecember |
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Dr. Shivani Chutke (PT)

Workshop Co-ordinator

College or 11/12.
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Pune-5.

Principal and Professor Sancheti Institute College of Physiotherapy Pune - 411005 Dr. Apurv Shimpi (PT)

Principal & Professor SIOR, COP

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy

Community Physiotherapy Department

Perspectives towards Disability: From Dysfunction to Function-Report

Date-2nd December, 2023

Time: 9:00 Am to 5:00 Pm

Venue: Online Mode

Introduction:

To observe International Disability day, a symposium was conducted on 2nd December 2023 in a online mode. The symposium catered as a platform for students to understand the concepts of rehabilitation, different domains to promote inclusivity, accessibility, advocate rights and elimination of discrimination. This report provides an overview of the event, including its organization, participants, and outcomes.

Event Organization:

The event was made possible through the efforts of a dedicated team work by the Community Department of SIOR, COP who worked tirelessly to ensure its success. The symposium featured talks on the following topics,:

Caregiver's perspective; personal stories and my journey: Dr. Dhruv Dave

Importance of UDID: Rahul Maid

Role of NGO in Empowerment of PwD's: Mr. Ketan Kapoor

Where does India stand: The Role of PT

Where does India stand; the role of PT: Dr. Saumen Gupta

Employment, sports and recreation for the PwDs: Dr. Asha Shaikh

We also had Panel discussion on "Use Of WHO ICF for documentation" with esteemed panelist Dr. Apurv Shimpi (PT), Principal and Professor SIOR COP, Pune, Maharashtra

Dr. Alakananda Banerjee (PT), Founder Chairperson Dharma Foundation of India Delhi

Dr. Snehal Dharmayat (PT), Founder & Consultant PT Physiokey Clinic, Belgavi, Karnataka

Dr. Suvarna Ganvir (PT) Professor & HOD Neurophysiotherapy DVVPF'S COP Ahmednagar, Maharashtra Moderator by Dr. Suroshree Mitra, Professor & HOD Communkty Department, and a Debate on the topic "Advancing access and equity: has India taken enough steps towards barrier free environment for PwDs" where Dr. Divya Patil Research Fellow at Public Health Evidence South Asia, Department of Health Information, Prasanna School of Public Health, MAHE, Dr. Sidhiprada Mohapatra (PT), Assistant Professor Department of PT MAHE, Dr. Shyam Ganvir (PT) Principal & Professor PDVVPF'S COP, spoke for the topic and Miss Anita Iyer, Accessibility, Diversity & Inclusion consultant, and Disability Rights Advocate: Accessavvy. Dr. Vidya Shenoy Honorary Secretary, Alzheimer's & Related Disorders Society Of India. Kavitha Raja(PT), Dr. Professor & Principal JSS CPT Mysuru spoke against the topic

Participants:

The symposium attracted a total of 158 participants from all over India including Maharashtra, Gujrat and Karnataka, ranging from final years to Masters , and included students, academicians as well as clinicians .Participants were required to pre-register for the symposium.

Conclusion:

The Symposium was a resounding success, achieving it goals. Participants and attendees left with a sense of accomplishment and inspiration to further work in this field which was very much evident from the feedback taken from all the participants post the symposium and E-Certificate was send for participations. The organizers are already looking forward to hosting the next edition of the series.

Principal and Professor
Sancheti Institute College of Physiotherapy

Pune - 411005



Dr. Shivani Chutke (PT) Symposium Co-ordinator Dr. Suroshree Mitra (PT)
HOD & Professor Community PT Department

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Report of Basic workshop on Research Methodology by MUHS for resident physiotherapy students conducted at Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Pune

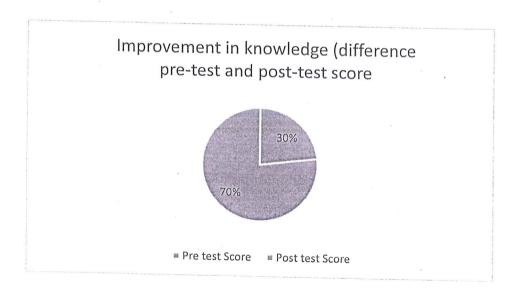
26th-28th Dec 2023

47 participants from Sancheti Institute college of Physiotherapy, AIIPMR institute, TMV Indutai college of PT attended the Basic workshop on Research Methodology from 26th to 28th Dec 2023. The sessions were conducted by 6 faculties, assisted by the coordinator. The participants started the workshop with a pre-test, followed by further sessions were conducted as per schedule. At the end of the workshop, post-test was also conducted.

Twice a day (morning and afternoon) attendance was taken for the participants as well as for the faculty. The scanned copies of the attendance sheets are attached with this email. The participants have an improvement of 70 percent and more in pre-post test score difference. The feedback (both qualitative and quantitative) has been analysed and maximum participants have found the workshop very useful for framing their upcoming research proposal and teachers have found it as a good refresher course.

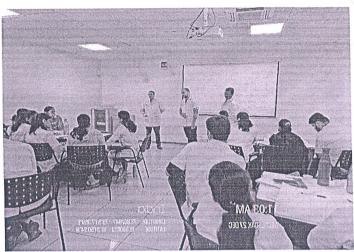
Also, the participants completed all the group activities and assignments on research proposal, literature search, sampling techniques, sample size, etc.

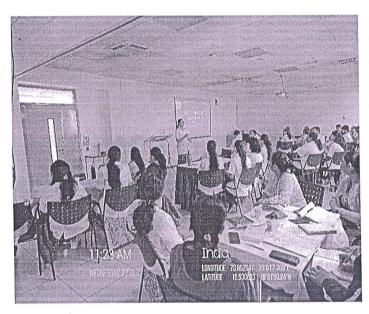
Also, each participant has submitted two feedback forms, overall feedback as well as individual session feedback form.













Dr. Suroshree Mitra

Co-ordinator

Dr. Apurv Shimpi

Principal



Report of Resident as Teacher-Basic workshop in Educational methodology conducted at Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Pune

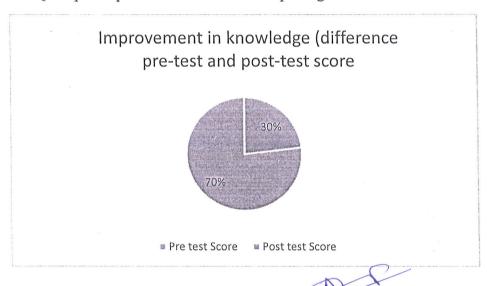
2nd and 3rd January 2024

29 participants attended the workshop who were from Sancheti Institute college of Physiotherapy. The sessions were conducted by 6 faculties. The participants started the workshop with a pre-test, followed by ice breaking and further sessions were conducted as per two day schedule. There were six small groups of five participants in each group. At the end of the workshop, post-test was also conducted.

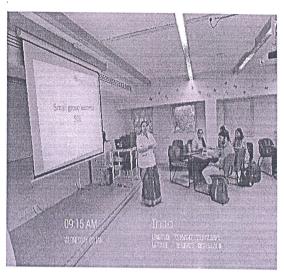
Twice a day (morning and afternoon), the attendance was taken for the participants as well as the faculty. The participants have an improvement of 70-75% percent between pre and post test score. The feedback (both qualitative and quantitative) has been analysed and maximum participants have found the workshop very interactive and useful for teaching, learning and evaluation domains.

Also, the participants delivered a microteaching session of 5 to 8 mins within their small group, facilitated by faculties of the workshop. A self-feedback was given for each microteaching session followed by individual feedback by each member of the small group in feedback sandwich format.

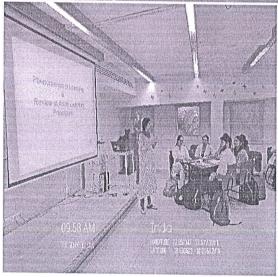
Also, each participant has submitted specific learning objective from three domains and also MCQs as per requirement of the workshop assignments to be submitted.











Dr. Suroshree Mitra

HSET cell co-ordinator

Dr. Apurv Shimpi

Principal & HSET cell chairperson



SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIDTHERAPY, PUNE

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|-----|-----------------------------|---|-------------------------|---------------------------|-----------------|--|
| 218 | Dr. Hayy Patni | Nuances of becoming a Pediatric Physiotherapist | Young Clinicians Corner | Dr. Sona Kolke | 20th May 2023 | https://youtu.be/pQu0HB4UO Bo?si=Y9g9VQN5fzJF1jkg |
| 219 | Arshin Tamboli | Foot Posture in Pediatrics | Little Master Series | | 27th May 2023 | https://youtu.be/UWfexsH1yF 4?si=FkQetUm2k9PcyoGM |
| 220 | Dr. Shweta Gore | Cardiac Rehab in Home Setting | Scientifica Archives | Dr. Raziya Nagarwala | 28th May 2023 | https://youtu.be/hkpY1QbAAi k?si=e7D-13cX_8NuEQRU |
| 221 | Dr. Dinesh Chavhan | Complications of Spinal Cord Injury | PhysioTV Classroom | | 3rd June 2023 | https://youtu.be/TdkXhq2xP5 U?si=raH2tOtIsr1s18An |
| 222 | Dr. Shubhankar Mahapure | Role of Physiotherapy in Diabetes Reversal | PhysioTV Classroom | Dr. Suroshree Mitra | 5th June 2023 | https://youtu.be/rDpMWo5jfK M?si=4zW1H-gO3vCISZs- |
| 223 | Dr. Supriya Deshmukh | Journey as a Yoga Specialist | Webinar | Dr. Nilima Bedekar | 10th June 2023 | https://youtu.be/7y8MPDBGm h4?si=KLxtRsrGF036dVsZ |
| 224 | Dr. Vaishnavi Chhidarwar | New Avenues in Physiotherapy as a Science | Webinar | Dr. Suroshree Mitra | 17th June 2023 | https://youtu.be/uohOjtJcSgc? si=Lj9jxXqsP8Hikmnm |
| 225 | Dr. Rucha Rayas | ECG in Exercise Testing Part 1 | PhysioTV Classroom | | 24th June 2023 | https://youtu.be/0FH1mpCUgf |
| 226 | Dr. Umama Mariya Khan | Physiotherapy meets AI | Webinar | Dr. Soumya Gandhi | 25th June 2023 | https://youtu.be/gRF9uiWU1L o?si=e5LUnkn3wYCyuzvX |
| 227 | Dr. Revati Joshi | Pain after Sternotomy | Little Master Series | | 1st July 2023 | https://youtu.be/9exiOo5xDxY ?si=gvPW9WtjQ7DvL9nL |
| 230 | Dr. Isha Dhuri | Yogasana and Pranayama and its benefits | Little Master Series | * | 10th July 2023 | https://youtu.be/9DHCGkLWS oY?si=3FggGdXZLWYC6cu V |
| 231 | Dr. Twinkle Kundnani | Growth and Development Part 1 | PhysioTV Classroom | | 10th July 2024 | https://youtu.be/Nf2zpqfuPFs? si=mKa3Hh_8YmOHyeS6 |
| 232 | Dr. Rucha Rayas | ECG in Exercise Testing Part 2 | PhysioTV Classroom | | 15th July 2023 | https://youtu.be/AHmV6QW4 xfs?si=l8qdriViUodDGEVo |
| 233 | Dr. Rosane Caetano | Water Specofic therapy for children and adolescents with Cerebral Palsy | Scientifica Archives | | 16th July 2023 | https://youtu.be/ICoV9QvqX9 0?si=BTKfKeUdnKn-IMXB |
| 234 | Dr. Asawari Page | Cardiopulmonary Rehab Setup - Basic to Advanced | Webinar | Dr. Prajakta Sahasrabudhe | 22nd July 2023 | https://youtu.be/NtlwOqz- it0?si=7sJm4JcCaEVuYCw9 |
| 235 | Dr. Aditi Ketkar Berry | Assessment prior to Cardiac Rehab - Physiotherapist's Perspective | Webinar | Dr. Suroshree Mitra | 22nd July 2023 | https://youtu.be/BCThu4TjID A?si=DeaSL3_U8yaxViOL |
| 236 | Dr. Arti Shirsath | Menstrual Health & Hygiene in Women | Webinar | Dr. Farheen Patel | 28th July 2023 | https://youtu.be/g1uIZPfG7ro? si=U3IB9ueHYRjns3iB |
| 237 | Dr. Manasa Nair | A Young Clinician's Experience in NeuroPhysiotherapy | Young Clinicians Corner | (1) | 28th July 2023 | https://youtu.be/Tv8JPA5Fofk ?si=8CTzUURkN041lp3C |
| 238 | Dr. Rajendra Awate | Organ Donation Awareness | Webinar | Dr. Dinesh Chavhan | 5th August 2023 | incipal and Professhtps://youtu.be/EtRXHbi1b- |

Pune - 411005

| 239 | Dr. Twinkle Kundnani | Growth and Development Part 2 | PhysioTV Classroom | | 12th August 2023 | https://youtu.be/9Y4Xa2ZE- b0?si=V4u8rkE6iAmFXtV9 |
|-----|---------------------------------|---|-------------------------|---------------------------------------|---------------------|---|
| 240 | Dr. Madhumanti Mukherjee | Experience of working as a Physiotherapist in the UK | Young Clinicians Corner | Dr. Sheetal Agarwal | 13th August 2023 | https://youtu.be/9Y4Xa2ZE- b0?si=V4u8rkE6iAmFXtV9 |
| 241 | Dr. Vaishnavi More | Outcome Measures for assessing balance | Little Master Series | | 19th August 2023 | https://youtu.be/LPQ9NFmagr Y?si=fXTWz83h9sZrWj56 |
| 242 | Dr. Vedang Vaidya | Sports Rehab "What I learnt beyond the classroom" | Young Clinicians Corner | Dr. Sona Kolke | 20th August 2023 | https://youtu.be/LPQ9NFmagr Y?si=fXTWz83h9sZrWj56 |
| 242 | Dr. Rutuja Kowale | Adolescent Pelvic Floor & its issues Part 1 | Webinar | Dr. Farheen Patel | 27th August 2023 | https://youtu.be/ZqllmYMxlP <u>0?si=xJoHoRi7tY2ZooOo</u> |
| 243 | Dr. Venu Mohan | Principles of Production of Interferential Current | PhysioTV Classroom | | 27th August 2023 | https://youtu.be/urwxVtGKdu o?si=OTHlBiaCxrkQJWpY |
| 244 | Dr. Pavandeep Kaur Sabharwal | Brachial Plexus Injury Part 1 | PhysioTV Classroom | | 2nd September 2023 | https://youtu.be/Ry9JroHIXU M?si=o5TMO7lAnRXuVCRF |
| 245 | Dr. Rutuja Kowale | Adolescent Pelvic Floor & its issues Part 2 | Webinar | Dr. Farheen Patel | 2nd September 2023 | https://youtu.be/pTEdOwfnxJ ?si=-GdcfLvj6nx2cy9Q |
| 246 | Dr. Soumyaa Gandhi | Ankle & Foot Biomechanics | Little Master Series | | 8th September 2023 | https://youtu.be/3cQ6LEsOW T4?si=NT7TfrAu2a7I16HV |
| 247 | Dr. Janhavi Atre | Physiotherapy Management in Limb Girdle Muscle | Webinar | Dr. Amruta Ekbote | 9th September 2023 | https://youtu.be/yKauaci7JaA si=vwOGwCUIWVWaLQad |
| 248 | Dr. Pavandeep Kaur Sabharwal | Brachial Plexus Injury Part 2 | PhysioTV Classroom | | 16th September 2023 | https://youtu.be/HSj6ANm23 E?si=BGKBdcivKKwEIppJ |
| 249 | Dr. Disha Patni | Developing a Neuro Rehab Practice in a Semi- urban Setup | Young Clinicians Corner | Dr. Radha Bhattad | 23rd September 2023 | https://youtu.be/TRxWEta2V Go?si=IXIi4siWY-sgSEWY |
| 250 | Dr. Raziya Nagarwala | Road Less Travelled Interview Series | | Dr. Rucha Rayas | 24th September 2023 | https://youtu.be/ag0DzEP3Pz U?si=0MK03rmgXXYiMoa |
| 251 | Dr. Mudita Chavan | Positive Expiratory Pressure Therapy | PhysioTV Classroom | | 30th September 2023 | https://youtu.be/CzQ_rGmOVz0?si=uMjlnrYnZwGVq-MX |
| 252 | Dr. Karthika Prasad | Moving to Wellness - Dance and PT Integration | Webinar | Dr. Suroshree Mitra | 1st October 2023 | https://youtu.be/QXXU5zv9c Ds?si=G6Ok5D_mlzXJZ1KI |
| 253 | Dr. Shreya Mendon | Principles of Ergonomics | Little Master Series | | 7th October 2023 | https://youtu.be/_dyCKsWEi Q?si=IETQS5h_BhHAXyka |
| 254 | Dr. Semira Husaini | PCOS - Play of Hormones and Role of PT | Webinar | Dr. Suroshree Mitra | 8th October 2023 | https://youtu.be/gXn3lyWpm c?si=_PBejEjTlcFyW5q5 |
| 255 | Dr. Pallavi Wakode | Incontinence in Women - what does evidence say? | Webinar | Dr. Farheen Patel | 14th October 2023 | https://youtu.be/t1UabdY9ck ?si=ivg1q09RIAGbB_OT |
| 256 | Dr. Shiwangi Kumar | Disaster Management and Healthcare | Little Master Series | S S S S S S S S S S S S S S S S S S S | 2351 OCTOBEL 2023 | https://youtu.be/O_7lhhr-QkQ?si=lzEAXukqSvx89Hsi |

| | Dr. Sandeep | | | | I | | |
|-----|---------------------------------|--|----------------------|---------------------------|--------------------|--------------------|--|
| 257 | Patwardhan + Dr. Saloni Raje | Advances in Management of CP Part 1 | Webinar | Dr. Amruta Ekbote | 8th November 2023 | | https://youtu.be/EBDv7vXTov M?si=w3pyC_Yo8Jee8VIX |
| 258 | Dr. Priya Rathi | Pole of Pain Specialist in management of Neuropathic Pain | Webinar | Dr. Apurv Shimpi | 15th November 2023 | | https://youtu.be/dpXrsJhQBQ Y?si=-1xa4JtKWjw2iKe3 |
| 259 | Dr. Ratika Patil | Elbow Biomechanics | Little Master Series | | 16th November 2023 | | https://youtu.be/vwPxC2UnEa 4?si=y725SkojnPSqlS5M |
| 260 | Dr. Farheen Patel | Obesity | PhysioTV Classroom | | 20th November 2023 | | https://youtu.be/320XAt8nmE k?si=MWA5lvF5t2j74FER |
| 261 | Dr. Mayur Revadkar | Post Natal Period and Pelvic Health Part 1 | Webinar | Dr. Apurv Shimpi | 20th November 2023 | | https://youtu.be/vYO09aGy- jU?si=CMdTv-0jlJBGS5vx |
| 262 | Dr. Ria Gondhali | Metered Dose Inhaler - MDI | PhysioTV Classroom | | 24th November 2023 | | https://youtu.be/3GXvm01K0 Gg?si=rBhXEb_jq8-Bk_4T |
| 263 | Dr. Pothiraj Pitchai | Post Natal Period and Pelvic Health Part 2 | Webinar | Dr. Apurv Shimpi | 27th November 2023 | | https://youtu.be/uLaNICAS0z4 ?si=omSNkYN2U4S51Vcn |
| 264 | Dr. Ayushree Nayak | Introduction to Klaternborn Mobilisation | Little Master Series | | 2nd December 2023 | | https://youtu.be/juvxqzPLZp0? feature=shared |
| 265 | Dr. Eden Mehdiabadi (PT) | Fitness in Postmenopausal Women | Webinar | Dr. Suroshree Mitra | 3rd December 2023 | | https://youtu.be/4mJnZBwuY6 g?si=p3X_7vWGgqNreT1s |
| 266 | Dr. Shivani Chutke (PT) | Theories of Aging | PhysioTV Classroom | | 9th December 2023 | | https://youtu.be/WmeK195JJ4 A?si=RT_BbAbi61AHKNg5 |
| 267 | Dr. Rugved Bapat | Role of Sports Sciences in Indian Sporting Scenario | Webinar | Dr. Sona Kolke | 18th December 2023 | | https://youtu.be/9VOiEUa4D6 4?si=E56fPyjxcqy8CiTH |
| 268 | by Dr. Komal Singh | Hip Biomechanics Part 1 | Little Master Series | | | | https://youtu.be/TzTENMPmA Mg?si=Qf54OaqCoPKEyuoF |
| 269 | Dr. Suroshree Mitra | Osteoporosis: Incapacitating Indian Women Part 1 | Webinar | Dr. Farheen Patel | 23rd December 2023 | | https://youtu.be/oKKVcq6L9Z s?si=7bmLu8qpIxPhF6Zg |
| 270 | Komal SIngh | Hip Biomechanics Part 2 by Dr. Komal Singh | Little Master Series | | 30th December 2023 | | https://youtu.be/A900U_0cUF Q?si=HOespebdDyk3JhOB |
| 271 | Dr. Altaf Warid | Management of Carpal Tunnel Syndrome | Webinar | Dr. Sona Kolke | 6th January 2024 | | https://youtu.be/6gMGMVHV cp4?si=anNy_20y0VA41Rhl |
| 272 | Dr. Bhakti Khandediya | Physiotherapy Management of Carpal Tunnel Syndrome | Webinar | Dr. Sona Kolke | 7th January 2024 | | https://youtu.be/- 4ZrOP32XTo?si=cJtWGkyMn yJkWXKf |
| 273 | Dr. Prachita Dugad | Direct & Indirect measures of Body Composition | Little Masters | | 13th January 2024 | | https://youtu.be/sDjlYq4GYjw ?si=Y6jLIkRWBpMinwpc |
| 274 | Dr. Shreya Dhake | Prehabilitation of Patients Awaiting Lung Transplant | Webinar | Dr. Prajakta Sahasrabudhe | 13th January 2024 | A | https://youtu.be/_DtPnd0ghfg? si=Ea9RqUhlVo9ryUdq |
| 275 | Dr. Arpita Kulkarni | Physiological Changes in Cardiovascular System with Aging | Little Masters | * Sauch | 20th January 2024 | 7 | https://youtu.be/Q8FBFWys0i 4?si=dz332DDjBXiRS5yO |
| | | | | 2 30 30 | E Prin | cipal and Professo | 1 |

| c?si=nbiFpNKYcQ5Rqds5 |
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Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune <u>Extension Activities</u>

Annual Report: February 2023- December 2023

| <u>Sr.</u> | Content/ Training | Activity | Date of | Beneficiaries | <u>Participants</u> |
|------------|--|--|---|---------------|----------------------------|
| No. | | | Conduction | | |
| 1 | Kishori Swasth | Menstrual hygiene Awareness | 4th February, 2023 | 70 | 6 MPT and Rotaract members |
| 2 | Anandpur Camp | Assessment and Treatment of MSK and Neuro Patients | 5th to 8th February, 2023 | 500 + | 1 (MPT student) |
| 3 | Swachh Bharat Abhiyaan | Plogging: the Swachh Jogging | 12 th February, 2023 | | 40 (UG Students) |
| 4 | Khelo India and Balewadi Stadium | Sports athletes assessment and treatment | 05 th - 12 th February, 2023 | 12 | 1 (MPT student) |
| 5 | Mumbai Indians Junior SIOR and Continuum Physiotherapy | Sports athletes assessment and treatment | 05 th - 15 th February, 2023 | 20 | 6 (MPT students) |
| 6 | SIOR Camp Latur | Assessment and treatment of patients with MSK conditions | 25 th February, 2023 | 450 | 2 (MPT students) |
| 7 | SIOR Camp Nanded | Assessment and treatment of patients with MSK conditions | 26 th February, 2023 | 530 | 2 (MPT students) |
| 8 | SIOR Camp Mahad | Assessment and treatment of patients with MSK conditions | 26 th February, 2023 | 320 | 2 (MPT students). |
| 9 | FC Bayern Germany and Balewadi Stadium Camp | Sports athletes assessment and treatment | 01 st - 03 rd March, 2023 | 40 | 6 (MPT students) |
| 10 | Blood Donation camp | Blood donation camp | 28th March, 2023 | | 52 (UG students) |
| 11 | SIOR Camp Chakan | Assessment and treatment of patients with MSK conditions | 04 th April, 2023 | 100 | 1 (MPT student) |
| 12 | SIOR Camp Kadus | Assessment and treatment of patients with MSK conditions | 05th April, 2023 | 320 | 2 (MPT students) |

| 13 | SIOR Camp Ahmednagar | Assessment and treatment of patients with MSK conditions | 07 th April, 2023 | 80 | 1 (MPT student) 1(Staff) |
|----|--|---|--|-----|--|
| 14 | Healyos Camp | Assessment of Geriatric patients | 07 th - 08 th April, 2023 | 144 | 13 (MPT students) |
| 15 | Suzlon company, Hadapsar, Camp | Industrial camp | 11 th April, 2023 | 40 | 2 (MPT students) |
| 16 | Menstrual Health and Hygiene Camp Bhavdhan | Awareness Camp | 12 th April, 2023 | 250 | 3 (MPT students) |
| 17 | Push India Push and Balewadi Stadium Camp | Sports athletes assessment and treatment | 15 th - 19 th April, 2023 | 220 | 7 (MPT & intern students) |
| 18 | Mukul Madhav Foundation Camp Satara | Assessment and treatment of patients with Neuro conditions | 15 th April, 2023 | 170 | 1 (MPT student) |
| 19 | SIOR and Khopoli Lions Club camp | Assessment and treatment of patients with MSK conditions | 20 th April, 2023 | 150 | 2 (MPT students) |
| 20 | Mukul Madhav Foundation camp | Provide health services to children with cerebral paisy | 27th -30th April, 2023 | 80 | 2 (MPT students). |
| 21 | World Day for Safety and Health at work | Ergonomic Education | 28th April, 2023 | 40 | 7 (MPT students). |
| 22 | Plantation Drive | Planting and nurturing the trees | 4th May, 2023 | | 72 (UG Students) |
| 23 | SIOR Camp Pune | Assessment and treatment of patients with MSK conditions | 28 th May, 2023 | 250 | 5 (MPT students) |
| 24 | Plantation Drive | Planting and nurturing the trees | 05 th June, 2023 | | 29(UG Students, 4 staff members) |
| 25 | Warkari Camp | Medical checkup camp for Warkaris | 13 th June, 2023 | 300 | 13 (MPT & UG students) |
| 26 | Shivaji Nagar Police station camp | Assessment and treatment of police with MSK conditions | 17 th June, 2023 | 40 | 2 (MPT students) |

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| 27 | International Yoga Day | Awareness and teaching of some basic yoga positions and suryanamskar | 18 th June, 2023 | | 34 (MPT and UG students) |
|----|---|--|---|-----|--------------------------|
| 28 | JITO India | Event to promote youth fitness and wellness | 9 th -11 th June, 2023 | 50 | 6 (MPT students) |
| 29 | Brembo Brake company Chakan camp | Multidisciplinary orthopedic camp for employees | 12 th July, 2023 | 36 | 1 (MPT student) |
| 30 | BILT company camp | Awareness about correct ergonomics & health Checkup camp for employees | 14 th July, 2023 | 100 | 1 (MPT student) |
| 31 | MIDC Satara Camp | Awareness about correct ergonomics & assessment and treatment of workers with MSK conditions | 25 th June, 2023 | 29 | 1 (MPT student) |
| 32 | Agriculture ground Pune camp | Multidisciplinary orthopedic camp | 6 th Aug 2023 | 110 | 2 (MPT students) |
| 33 | Pune Mahila Mahamandal Parvati Camp | Multidisciplinary orthopedic camp | 6 th Aug 2023 | 125 | 2 (MPT students) |
| 34 | Maharashtra Rugby Tournament | On field Screening and discussion making regarding return to play | 12 th August, 2023 | 42 | 6 (MPT students) |
| 35 | Pune Police Camp | Assessment and treatment of people in police department | 15 th August, 2023 | 54 | 3 (MPT students) |
| 36 | World PT Day- Sports department | Session on awareness of warm-up and cool-down and sports specific stretching exercises | 08 th September, 2023 | 20 | 6 (MPT students) |
| 37 | World PT day- MSK department | Creating awareness about physiotherapy in patients with arthritis | 08 th September, 2023 | | 8 (MPT students) |
| 38 | Jaipur foot fitting Camp | Practical exposure of the fitment of Orthosis | 09 th & 10 th September, 2023 | 374 | 4 (MPT students) |
| 39 | Multiple Sclerosis camp | Assessment camp & awareness regarding importance of exercise | 10 th September, 2023 | 15 | 12 (MPT students) |

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Thube Park. Shivajinagar. Sure-5.

| | | Geriatric assessment | 14 th September, | | 2 (MPT |
|-----|-----------------------|------------------------|--|-----|------------------|
| 40 | PHC Vridhamitra Camp | and rehabilitation | 2023 | 19 | students) |
| | | Camp | 11 | | |
| 4.1 | C · I I I I | "Mission Cerebral | 15 th - 16 th | | |
| 41 | Satara and Wai camp | Palsy" | September, | 54 | 2 (MPT |
| | | Multidisciplinary | 2023 | | students) |
| | | camp for CP patients. | a and a suth | | |
| 42 | Manifelan | Multidisciplinary | 23 rd & 24 th | 0.0 | 4.77 |
| 42 | Manjiri camp | orthopedic camp for | September, | 82 | 4 (Intern |
| | | residents of Manjiri | 2023 | | students) |
| | A 11 T 1' T 4 T T 1' | and nearby village | oand oard | | 1.7 |
| 42 | All India Inter Unit | On field Screening | 22 nd - 23 rd | | 4 (Interns & |
| 43 | Sports and Games | and discussion | September, | 12 | MPT students, |
| | Tournament | making regarding | 2023 | | staff member) |
| | | return to play | | | |
| 4.4 | 4 | Awareness about | a oth or | | 63 (Interns, |
| 44 | Ataxia day | importance of | 30 th September, | 100 | MPTs and UG |
| | | exercises for ataxic | 2023 | | students, 4 staf |
| | | patients | | | members) |
| 4.5 | 1. 1. 1. | | | | 37(Interns, UG |
| 45 | International Day for | Fitness assessment | 30 th September, | 32 | and MPT |
| | elderly | camp for seniors | 2023 | | students) 3 staf |
| | | | | | members |
| | | Multidisciplinary | 2 nd October, | 86 | 2 (Intern |
| 46 | Rahuri camp | orthopedic camp for | 2023 | | students) |
| | | residents of Rahuri | | | |
| | | Celebrating their | | | |
| | | abilities, panel | 4 | | 4 |
| 47 | | discussions were | 6 th October, | 25 | 56 (UG and |
| | Cerebral Palsy Day | organized for CP | 2023 | | MPT students, |
| | | kids and their parents | | | Staff members |
| | | and hand painting | | | |
| | | and dance event for | | | |
| | | kids | | | |
| 48 | Sanwad camp | Multidisciplinary | 7 th - 8 th October, | 59 | 2 (MPT |
| | | orthopedic camp | 2023 | | students) |
| | | Camp to create | | | |
| 49 | Shivajinagar Police | awareness and | 12 th October, | 42 | 2 (Intern |
| | ground camp | importance of | 2023 | | students) |
| | | physiotherapy in | | | |
| | | arthritis | | | |
| | | Creating awareness | | | |
| 50 | Arthritis day | and free | | | |
| | | physiotherapy | 12 th & 13 th | 75 | 8 (MPT |
| | | assessment and | October, 2023 | | students) 4 |
| | | treatment for | | | (Staff members |



| | | patients with arthritis | | | |
|------------|---------------------------------|-------------------------|-------------------------------------|------------|-----------------|
| | | at RGH & KNH | 10th C + 1 | <i>C</i> 4 | 2 (7 |
| | | Camp to create | 13 th October, | 64 | 2 (Intern |
| <i>C</i> 1 | D 1/1 | awareness about | 2023 | | students) |
| 51 | Pune Mahametro camp | correct ergonomics | | | |
| | | for employees of | | | |
| | | Pune Mahametro | | | |
| | | Camp for treating | 1 | | |
| 50 | 4.1 | patients with various | 1 oth C | | |
| 52 | Ahmednagar camp | upper extremity | 18 th October, | 34 | 1 (MPT student |
| | 20 | orthopaedic | 2023 | | |
| | | conditions in and | , | | |
| | | around a primary opd | | | |
| | | in Savedi district | | | |
| | | Camp to do | | | |
| | | cardiovascular & | | | |
| 53 | Hypertension camp | ergonomic screening | 18 th October, | 80 | 4 (Intern |
| | | and awareness about | 2023 | | students) |
| | | HTN of employees | | | |
| | | and. | | | |
| | | General health care | | | |
| 54 | Wadgaon Shinde camp | evaluation and | 20 th October, | 65 | 2 (Intern |
| | | treatment camp for | 2023 | | student) |
| | | village people | | | |
| | | To assess any | | | |
| 55 | National handball | injuries happening on | 17 th -21 st | 26 | 8 (Intern |
| | , | field & providing | October, 2023 | | student) |
| | | trearment | | | |
| | | 1 | 22 nd October, | | 277 (BPT & |
| 56 | Fight Against Arthritis | Walkathon | 2023 | | MPT students, |
| | | | | | Interns and all |
| | | | * | | staff members) |
| | | On field Screening | | | |
| 57 | 37 th National Games | and discussion | 18 th - 30 th | 59 | 13 (MPT |
| | camp, Balewadi | making regarding | October, 2023 | | student) |
| | | return to play | | | |
| | | On field Screening | 1 st - 6 th | | |
| | 37 th National Games | and discussion | November, | 16 | 3 (MPT |
| 58 | camp, Goa | making regarding | 2023 | | Students) |
| | | return to play | | | |
| | | Screening camp- | | | |
| | | Early detection of | 6 th -7 th | | 112 (MPT & |
| 59 | COPD day | COPD via PFT & | November, 209 | 209 | UG Students) |
| | | educating individuals | 2023 | | ĺ |
| | | at high risk | | | |
| | | PT services were | | | |
| | SFA | provided on-call | situte College | 63 | |
| 60 | SFA | provided on-can | 100 | 03 | |

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| | | basis offering | 21 st - 28 th | | 14 (MPT & |
|----|-------------------------------------|---------------------|-------------------------------------|----|------------------|
| | | support to athletes | November, | | Intern students) |
| | | participating | 2023 | | |
| | 37 th Pune International | On field Screening | 03 rd December, | | 40 (MPT |
| 61 | Marathon | and treatment for | 2023 | | students) |
| | | runners | | | |
| | Khelo India- Women's | On field Screening | 8 th - 10 th | 27 | 2 (MPT |
| 62 | Rugby | and treatment for | December, 2023 | | students) |
| | | players | | | |
| 63 | Bajaj Alliance Half | On field Screening | 10 th December, | | 23 (Interns, |
| | Marathon | and treatment for | 2023 | | MPT students |
| | | runners | | | and 1 staff) |
| 64 | Sun Pharma | Multidisciplinary | 17 th December, | 73 | 2 (MPT |
| | Ahmednagar Camp | orthopedic camp | 2023 | | Students) |

Dr. Twinkle Kundnani (PT)

Coordinator

Extension Activities Committee

SIORCOP

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

SIORCOP

College or Callege or

Sancheti Institute for Orthopaedics and Rehabilitation

College of Physiotherapy

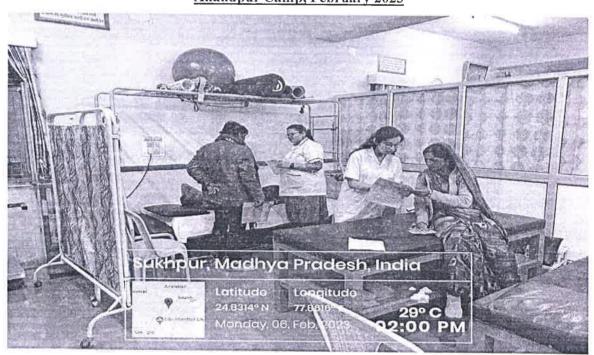
Extension Activities

February 2023- December 2023

Kishori Swasth, February 2023

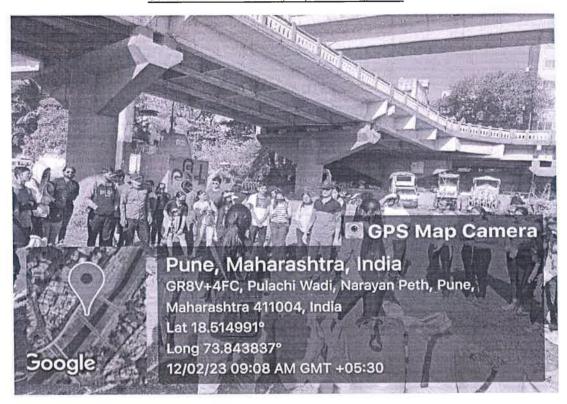


Anandpur Camp, February 2023





Swachh Bharat Abhiyan, February 2023



Khelo India and Balewadi Stadium, February 2023







Mumbai Indians Junior SIOR and Continuum Physiotherapy, February 2023



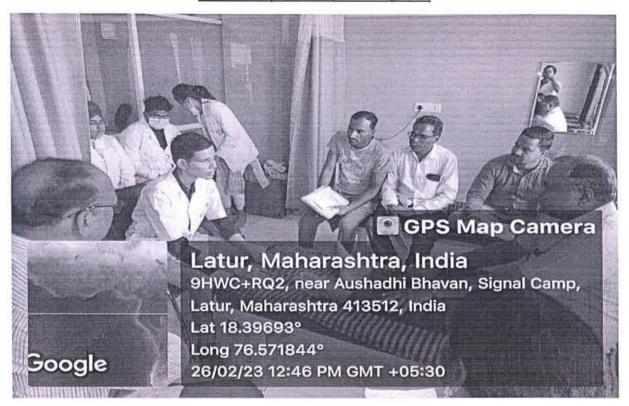
SIOR Camp Latur, February 2023







SIOR Camp Nanded, February 2023



SIOR Camp Mahad, February 2023





FC Bayern Germany and Balewadi Stadium Camp, March 2023

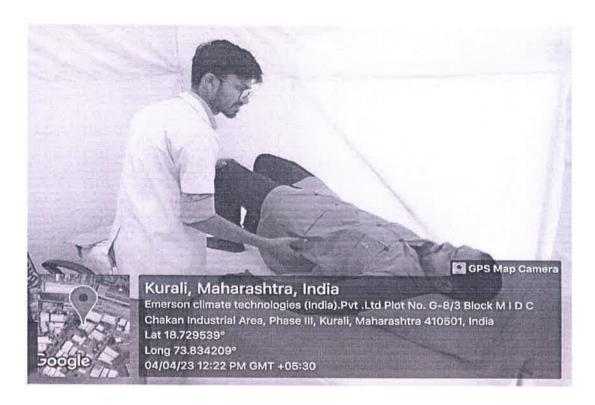


Blood Donation Camp, March 2023





SIOR Camp Chakan. April 2023

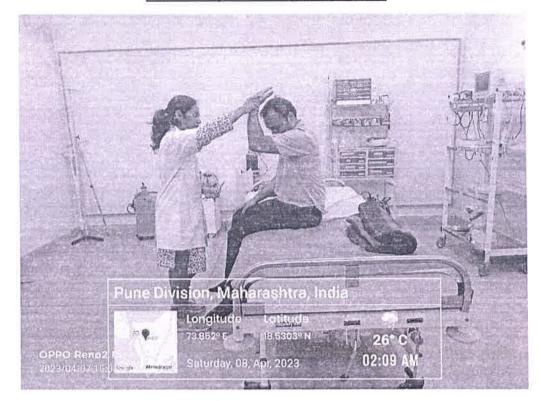


SIOR Camp Kadus, April 2023

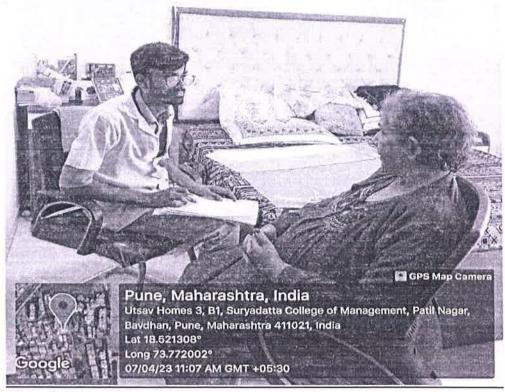




SIOR Camp Ahmednagar, April 2023



Healyos Camp, April 2023







Suzlon Company Hadapasar Camp, April 2023



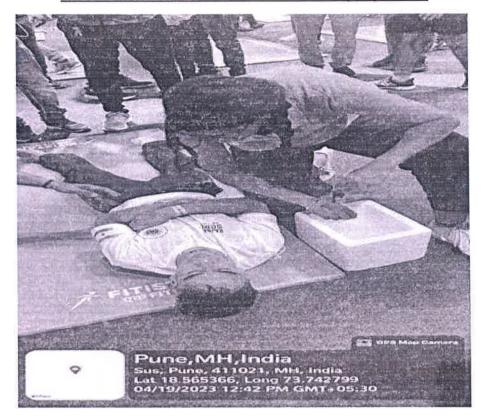
Menstrual Health and Hygiene Camp, Bavdhan, April 2023



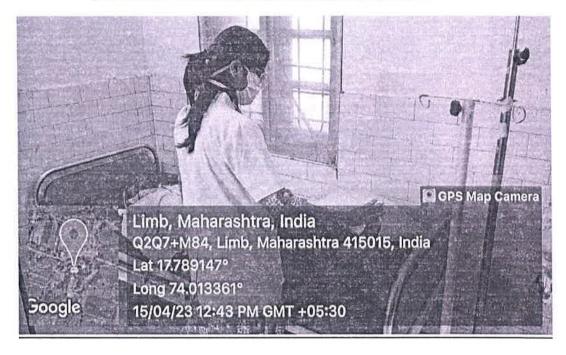




Push India Push and Balewadi Stadium Camp, April 2023



Mukul Madhav Foundation Camp Satara, April 2023







SIOR and Khopoli Lions Club Camp, April 2023



Mukul Madhav Foundation Camp, April 2023

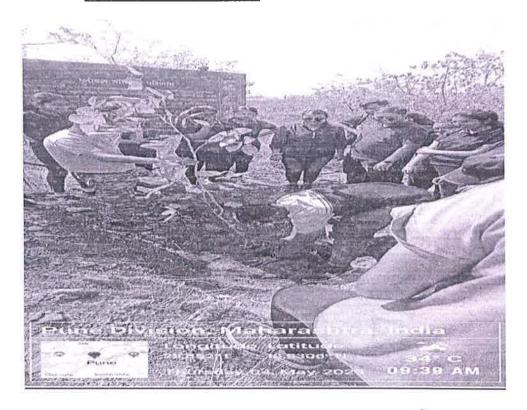




World Day for Safety and Health at Work, April 2023



Plantation Drive, May 2023

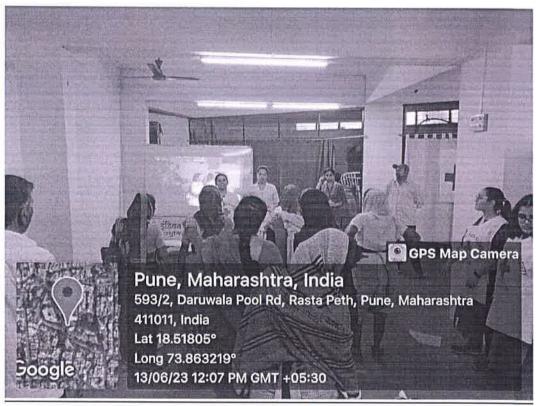


Thube Pan Shiyajinggar Pune 5

SIOR Camp Pune, May 2023

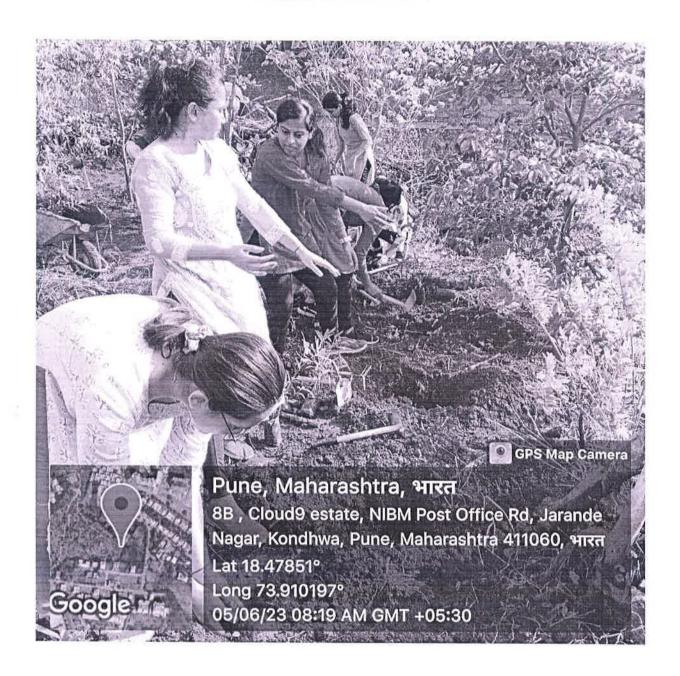


Warkari Camp, June 2023



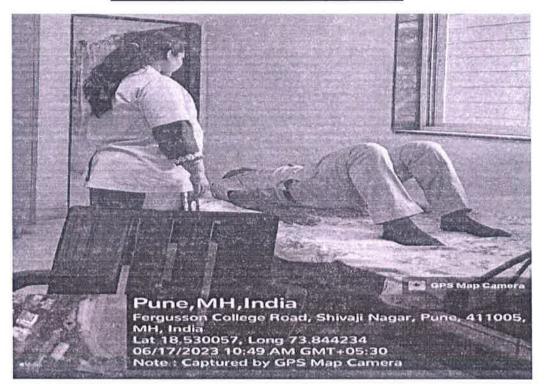


Plantation Drive, June 2023

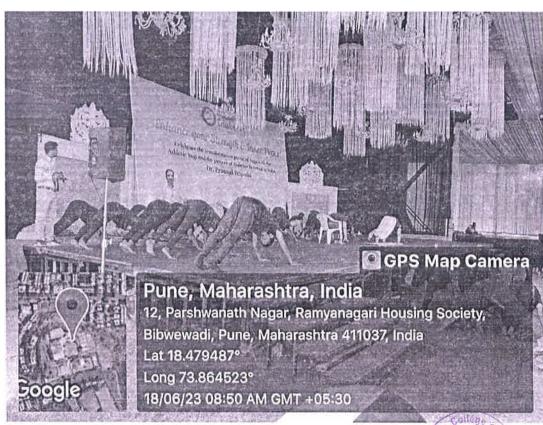




Shivaji Nagar Police Station Camp, June 2023



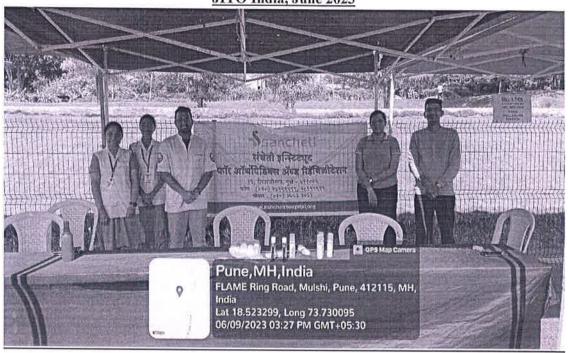
International Yoga Day







JITO India, June 2023

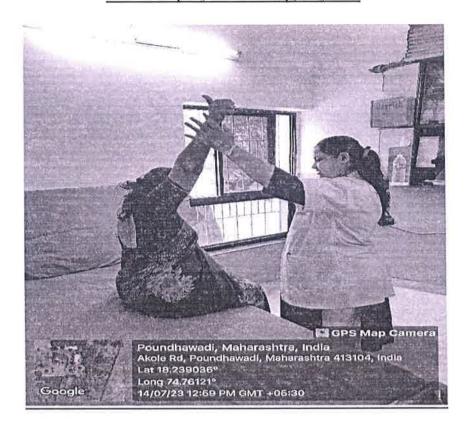


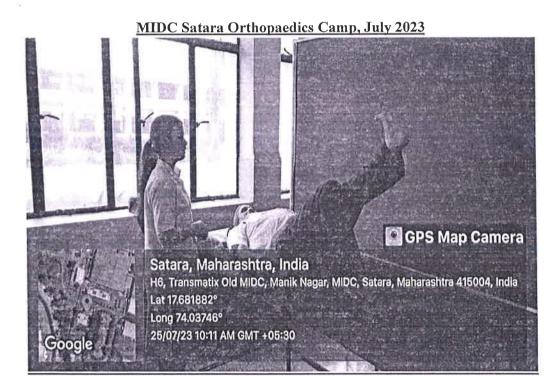
Brembo Brake Chakan Medical Camp, July 2023





BILT Company Ortho Camp, July 2023



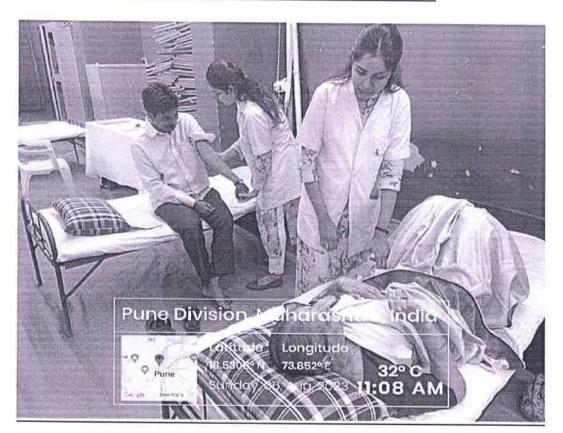




Agriculture Ground Ortho Camp, August 2023



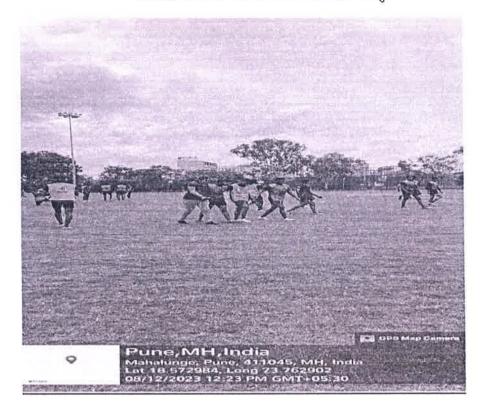
Pune Mahila Mahamandal Parvati, August 2023







Maharashtra Rugby Tournament August 2023



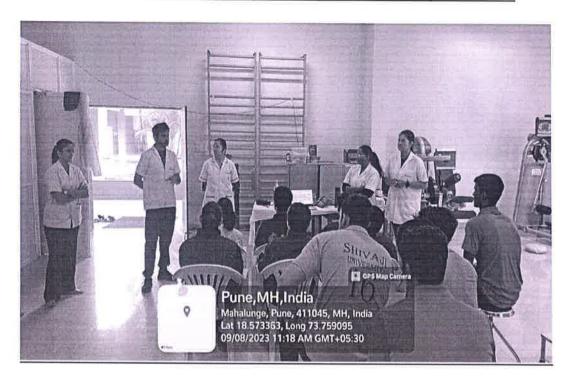
Pune Police Camp, August 2023



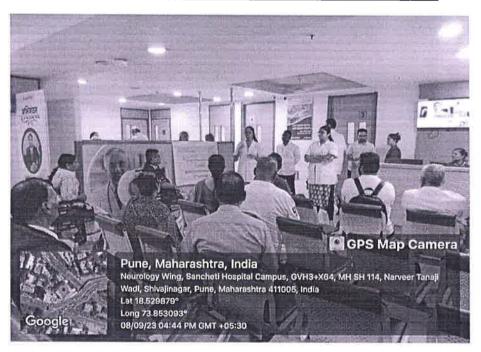




World Physiotherapy Day at Sports Complex Balewadi, September 2023



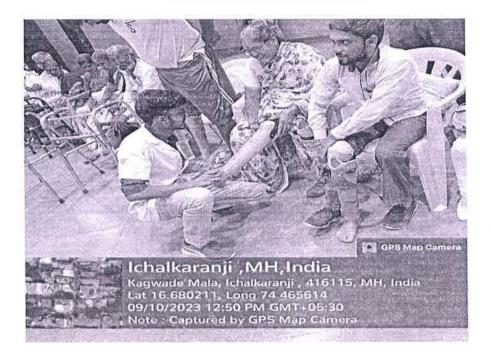
World Physiotherapy Day MSK Department, September 2023







Jaipur Foot Fitting Camp, September 2023



Multiple Sclerosis Camp, September 2023



College of 11/12.
Thune Park.
Shivajinagar, pune-5.

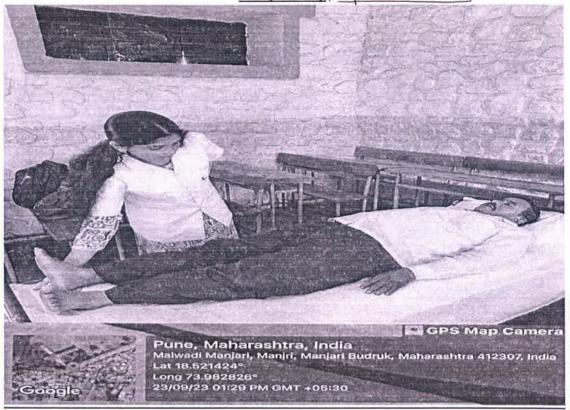
PHC Vridhhamitra School, September 2023



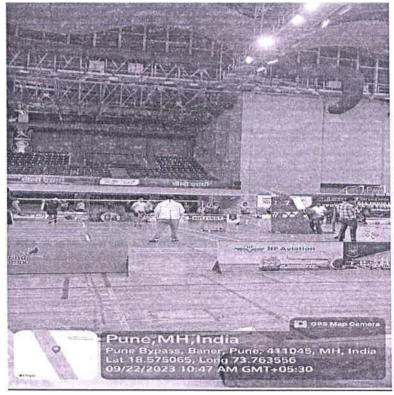
Satara & Wai camp- 15-16/9, September 2023



Manjiri camp, September 2023

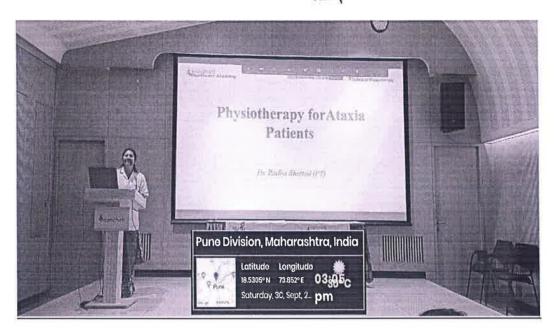


All India Inter unit Sports and Games Tournament-Balewadi, September 2023



11/12.
Thuise Park
Shivajingger
Pune-5

Ataxia Day, September 2023



International day for Older People, September 2023

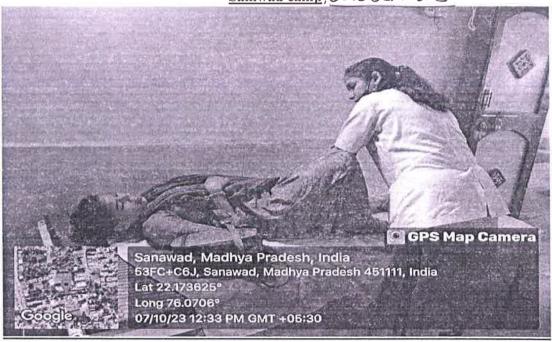


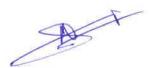


Rahuri camp, October 2023



Samwad camp, October 2023



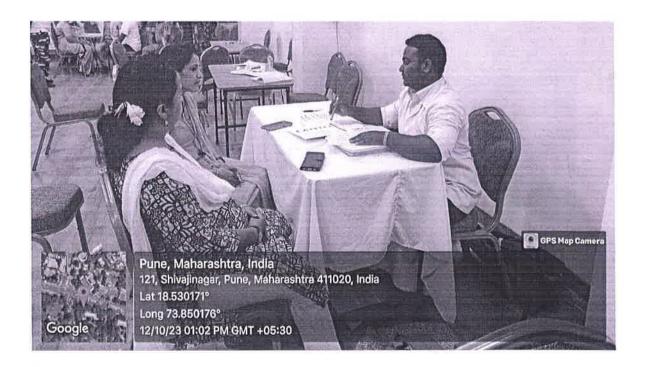


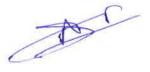


Cerebral Palsy Day, October 2023



Policeground Camp, October 2023







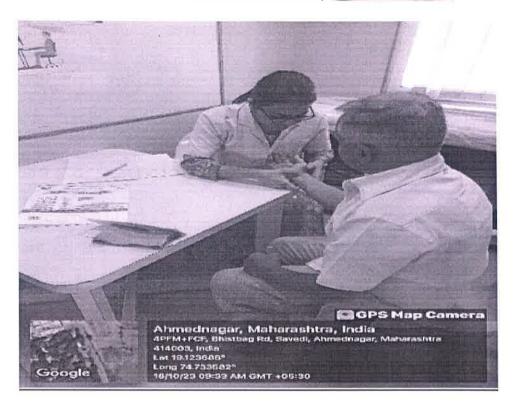
Arthritis Camp, October 2023



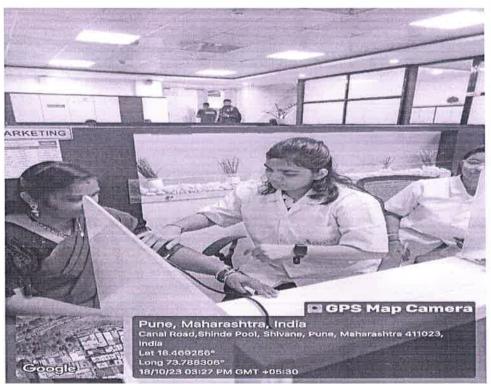
Mahametro camp October 2023

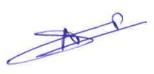


Ahmednagar Camp, October 2023



Hypertension Camp, October 2623







Wadgaon Shinde, October 2023



National Handball, October 2023



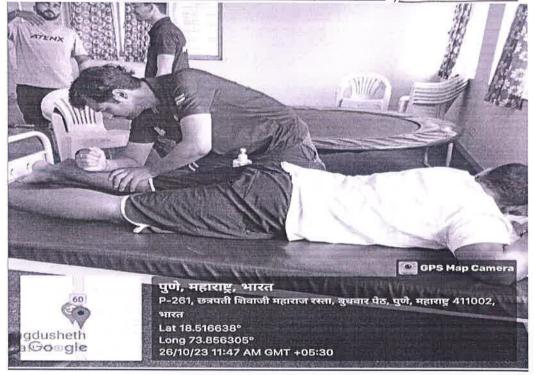




Fight against Arthritis Walkathon, October 2023



37th National Games Goa Camp, Balewadi ,October 2023





37th National Games Goa Camp, Goa, November 2023



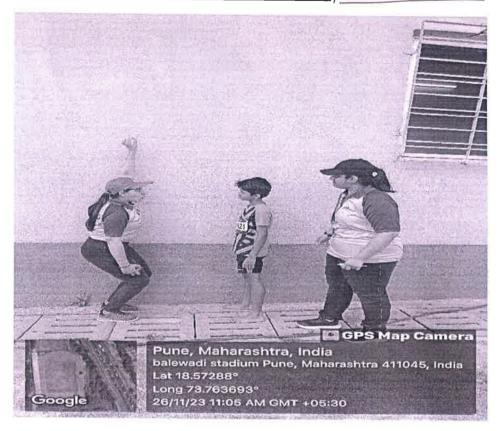
COPD Day November 2023







SFA-Sports Championship, November 2023



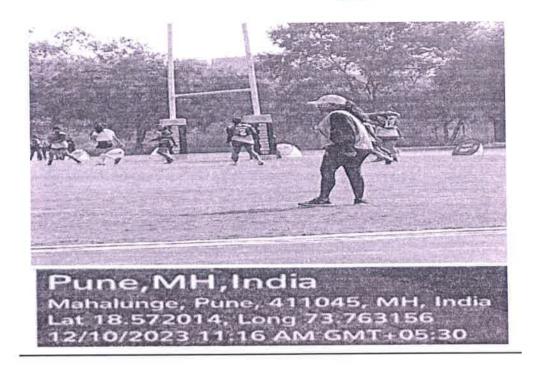
37th Pune International Marathon December 2023







Khelo India Rugby, December 2023



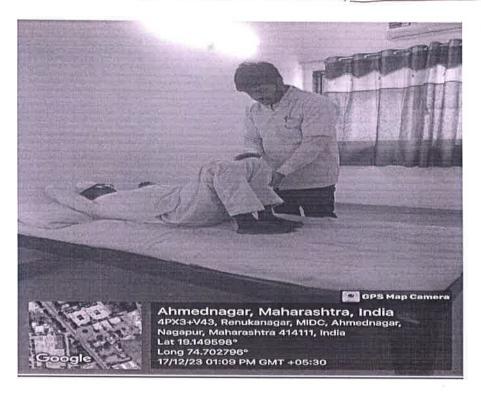
Bajaj Alliance Half Marathon December 2023







Sun Pharma Ahmednagar Camp, December 2023



Dr. Twinkle Kundnani (PT)

Coordinator

Extension Activities Committee

SIORCOP

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

SIORCOP