ROTARACT CLUB OF SANCHETI HEALTHCARE ACADEMY

A PIONEERING BEGINNING

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The **Rotaract Club of Sancheti Healthcare Academy** is a club working for the overall development and healthcare awareness in society. It was established on the 10th of November, 2022, the year 2022-2023 being the pioneering year of the club. An official election was conducted to select the core committee of the club which included the President (Rutvi Solanki), Secretary (Kashish Shah), Vice President (Shardul Gadre) Treasurer (Prathmesh Kothari) as the members of the core committee, and Professional Development Director (Atharv Nikam), International Service Director (Eesha Deshpande), Community Service Director (Sayli Munot), Club Service Director(Mrunal Jadhav), Sergeant at arms (Sakshi Agrawal), Women Representative (Jigyasa Dassani), Public Relation Officer (Kinnari Gala) and Editor (Tanaya Raul) as the Board of Directors of the club.

 An inauguration ceremony was held on the 27th of December 2022 where the responsibilities were handed over to the core committee, board of directors, and the general body members of the club. The inauguration ceremony was graced by the presence of the President (Rtr Pradnya Dange), Secretary (Rtr Shantanu Khurjekar), and the other core members of the Rotary Club of Pune, Phoenix, Principal and faculty of Sancheti Institute College of Physiotherapy, Mrs. Manisha Sanghvi & Dr. Parag Sancheti. The club has the Rotary Club of Pune, Phoenix as the parent body which falls under Rotaract District 3131. The club also has great support from the management of Sancheti Healthcare Academy.

The club held its first event on the 4th of February,2022 named **KISHORI SWASTHYA** in collaboration with the **SAANS FOUNDATION** at the **DAR-E-ARQAM EDUCATION CHARITABLE TRUST** which emphasized the importance of menstrual hygiene, disorders like PCOD & PCOS, pelvic floor muscles, and cervical and breast cancer awareness. The educational trust included 60+ female students between the age group of 13-18 years. The event was made involving presenting a skit regarding the awareness of the menstrual cycle to the students. Detailed information about each of the topics was provided at individual stations to the students. This event was in tie-up with the Community Department of the Sancheti Institute College of Physiotherapy. The event winded up with the distribution of sanitary napkins to the students. The informative charts at each station were given away as a token of appreciation for the trust. This event turned out to be a great success with the participation of 55 members of the club.

The club held its second event held on the 12th of February,2023 named **PLOGGING; THE SWACHH JOGGING** in collaboration with the **PUNE PLOGGERS.** This event was organized in tie-up with the extension activity department of the Sancheti Institute College of Physiotherapy. Knowledge about the proper and safe disposal of waste was also provided by the Pune Ploggers. Also, awareness was created about the period ease and red dot; proper disposal of sanitary waste. A total of 94 members adding up Rotaract and Pune Plogger members were a part of the event.

**After two very successful events, the club became a family of 100+ members! This indeed boosted the enthusiasm for working more efficiently as a club.**

The club started its third initiative as a lecture series named **WAKE UP PHYSIOS! LET’S TALK** on the 14th of March,2023. This was an informative event about the scope of physiotherapy outside India (in the UK), about pursuing physiotherapy as a career option outside India, and the entrance exams regarding the same. The event was conducted online mode. Dr. Siddharth Sankath(PT) was the guest speaker,(alumni of the Sancheti Institute College of Physiotherapy). This event too turned out to be very successful with the participation of more than 70 members from the club and outside the club. They have a much more informative series coming up!

The club held its fourth event, **BLOOD DONATION CAMP** on 28th March 2023 in CMR of Sancheti Institute for Orthopedic and Rehabilitation in collaboration with Jankalyan Blood Bank on the occasion of Rotaract week. A total of 56 people volunteered for the blood donation, of which 31 were eligible. The camp was concluded with a vote of thanks by the President and Vice President of RCSHA. The members of RCSHA were felicitated by the Jankalyan Organisation

The club has many other interesting events planned and coming up which would be informative and fun!

 The club will soon be announcing its new president-elect for the RIY 2023-2024. This will be a great opportunity for the members who would like to showcase their leadership skills and also their creativity.

The club has its pioneering year and also has an annual magazine coming up this year.