

# M.A. EXPRESSIVE MOVEMENT THERAPY (M.A. EMT)

## COURSE OVERVIEW :

The Master of Arts course in Expressive Movement Therapy, popularly known worldwide as Dance Movement Therapy or Dance Movement Psychotherapy is a unique course that blends psychotherapy, somatics and art. This course is Asia's First full-time Master's programme in Dance Movement Therapy, curated by Sancheti Healthcare Academy and Savitribai Phule Pune University.

MA- EMT, one of the best courses in DMT in India covers the fundamental theories & approaches in Expressive Arts Therapy, while also offering an in-depth understanding of psychology & the application of EMT in clinical and non-clinical settings.

The MA-EMT is a 2 years Hybrid Program involving Internationally trained faculties from various disciplines working extensively in the field of Expressive Arts Therapy.



Visit Our Website  
[www.sha.edu.in](http://www.sha.edu.in)



Sancheti Healthcare Academy  
11/12 Thube Park, Shivajinagar, Pune – 411 005

## **SANCHETI HEALTHCARE ACADEMY (SHA):**

Sancheti Healthcare Academy (SHA) is a dedicated centre for imparting knowledge in Healthcare Management, Hospital Management and Physiotherapy. It was established with an aim to provide the highest possible education in the Health and Welfare domain.

**VISION:** To establish & provide the best possible education in Dance Movement Therapy (DMT) & enhance the physical & mental well-being of our community.

**MISSION:** Inculcating knowledge in individuals and creating a holistic healthcare environment for the advancement of physical and mental well-being.

## **USPS & COURSE HIGHLIGHTS :**

- The Masters in Expressive Movement Therapy (MA- EMT) covers the fundamental theories & approaches in Dance Movement Therapy (DMT), while also offering an in-depth understanding of psychology & the application of DMT in various clinical & non-clinical settings. This meticulously designed programme offers an education equivalent to that offered Internationally at much lower Fees.
- The MA-EMT is a 2 years Hybrid Program involving Internationally trained faculties from various disciplines working extensively in the field of Dance Movement Therapy.



- Through theoretical & practical studies, Internships & Clinical supervisions, you will gain the self awareness required to integrate your skill set in your therapeutic practice. With the Masters Degree you will be uniquely qualified to work with Clinical populations.
- The MA-EMT Degree will give you the scope to integrate DMT in your existing Dance training or Counselling practice. Additionally, you can establish your independent DMT set-up.



# DETAILS OF THE PROGRAMME

- The MA-EMT course runs for **2 years** with an MoU with Savitribai Phule Pune University (SPPU).
- The course is spread over **4 semesters** with a theory & practical exam at the end of each semester.
- Each semester has **6 modules** including Field work & Clinical supervision.
- Classes will be held in **Online & Offline Mode**. The schedule will be provided to you before hand.
- The Admission process will involve an Online entrance exam along with an Online Interview.



## ELIGIBILITY CRITERIA :

**Bachelor's Degree in any field from a recognized University  
(No age Criteria)**

## COURSE STRUCTURE :

- **2 years- full time**
- **Hybrid Teaching Model**
- **4 semester examinations in-person at the University**

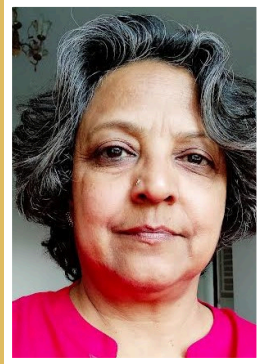
## WORK AS AN EXPRESSIVE MOVEMENT THERAPIST!

### AREAS OF WORK:

- Private Practice
- Healthcare Settings
- Mental Health Centers and Hospitals
- Rehabilitation Centres
- Schools and Educational Institutions
- Community Centers
- Senior Living Facilities
- Corporate Wellness Programs
- Nonprofit Organizations
- Arts and Creative Therapy Centres
- Research and Education



# FACULTY MEMBERS



**TRIPURA KASHYAP**

M.A Psychology,  
Dance Movement therapist,  
Hancock Center, Wisconsin, U.S.A.



**MRUNMAYEE KULKARNI**

Head, Dept of Expressive Arts Therapy,  
Sancheti Healthcare Academy, Dance  
Movement Psychotherapist MA, DMP,  
Goldsmiths,  
University of London  
Clinical Psychologist (SPPU)



**DR. FARHEEN PATEL (PT)**

MPT Community  
Physiotherapy



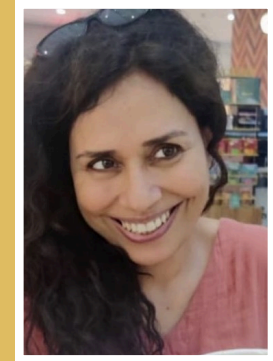
**JANHAVI PATHAK**

Expressive Movement Therapist



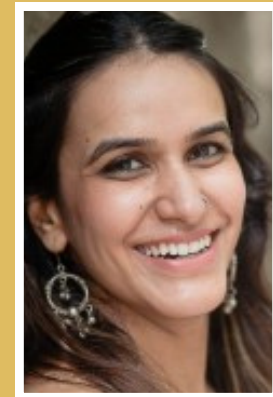
**KHUSHI BARJATYA**

Art Therapist



**DEEPMALA KHERA**

Expressive Arts and  
Movement Psychotherapist



**TANVI BAJAJ**

Laban Movement  
Analyst, Somatic Movement Therapist &  
Psychologist

**Website :** [www.sha.edu.in](http://www.sha.edu.in)  
[www.unipunedpe.in](http://www.unipunedpe.in)  
[www.unipune.ac.in](http://www.unipune.ac.in)

**To Register for the course:**  
<https://bit.ly/3vjV3aB>

Or  
Simply Scan the  
code:



**Email:** [dmtenq.sha@gmail.com](mailto:dmtenq.sha@gmail.com)

**Contact:** 9112202212/7030183534



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