

Maharashtra University of Health Sciences, Nashik

Inspection Committee Report for Academic Year 2026 – 2027

Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Faculty: Allied Health Sciences

Name of the College / Institute:- Sancheti Institute for Orthopaedics & Rehabilitation,  
College of Physiotherapy, Pune

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar / Workshop/ CME/ Activities/ Preform
	<b>Details Attached</b>



*Radha*

**Dr. Radha Bhattad  
Principal**

**Dr. Radha Bhattad (PT)  
Principal and Professor**

## Sancheti Institute For Orthopaedics & Rehabilitation College of Physiotherapy

PhysioTV Content -2025

Sr no	Speakers	Topic	Type	Moderator	Date	Youtube Link
1	Dr.Milind Kahile (PT)	Combined Movements	Webinar	Dr.Farheen Patel(PT)	3 Jan 2025	<a href="https://youtu.be/WGAA5BbazOs?si=ekpobUhfK3069Qa7">https://youtu.be/WGAA5BbazOs?si=ekpobUhfK3069Qa7</a>
2	Dr.Sadhana Mukhi(PT)	Clinical Presentation in Cerebellar Ataxia	PhysioTV Classroom		25 Jan 2025	<a href="https://youtu.be/KMfOs4XU22U?si=Yc04bLjX-Ig3 NC0">https://youtu.be/KMfOs4XU22U?si=Yc04bLjX-Ig3 NC0</a>
3	Dr.Aditi Patil(PT)	Rehabilitation Team	Little Masters		24 Jan 2025	<a href="https://youtu.be/6EDOs71S3gY?si=FZ2 DNDg67OfLJyV">https://youtu.be/6EDOs71S3gY?si=FZ2 DNDg67OfLJyV</a>
4	Dr.Shaswat Verma(PT)	Beathing Right: Tailoring Exercises to ABG Values	Webinar	Dr.Muskan Sharma(PT)	18 Jan 2025	<a href="https://youtu.be/nZva6F6JB9U?si=d0WHw6UtooQRE7Y8">https://youtu.be/nZva6F6JB9U?si=d0WHw6UtooQRE7Y8</a>
5	Dr.Anagha Kadam(PT)	Rehabilitation of Tendo Achilles Repair	PhysioTV Classroom		17 Jan 2025	<a href="https://youtu.be/ueT1xbhtUqw?si=X9ylqORP7OEM0GIH">https://youtu.be/ueT1xbhtUqw?si=X9ylqORP7OEM0GIH</a>
6	Dr.Lajwanti Lalwani(Adwani)	Physiotherapy Approach for Congenital Heart Disease	Webinar	Dr.Prajakta Sahasrabudhe(PT)	10 Jan 2025	<a href="https://youtu.be/hxMxhHtn-gk?si=N5ieHvBvuELquQ4">https://youtu.be/hxMxhHtn-gk?si=N5ieHvBvuELquQ4</a>
7	Dr.Chanan Goyal(PhD)	Virtual Reality : A New Frontier in Paediatric Physiotherapy	Webinar	Dr.Nupur Sahasrabudhe	4 Jan 2025	<a href="https://youtu.be/k49-ldEpL.Rc?si=7rOL4JtcmBvmTzBE">https://youtu.be/k49-ldEpL.Rc?si=7rOL4JtcmBvmTzBE</a>
8	Dr.Milind Kahile (PT)	Industrial Consultancy	Webinar	Dr.Farheen Patel(PT)	31 Jan 2025	<a href="https://youtu.be/WGAA5BbazOs?si=i-XjD 0AQvindkmG">https://youtu.be/WGAA5BbazOs?si=i-XjD 0AQvindkmG</a>
9	Dr.Nikita Nandgaonkar(PT)	Dynamic Gait Index	Little Masters		1 Feb 2025	<a href="https://youtu.be/nhTp ipGQ8A?si=64tYhsPtI8yl1xow">https://youtu.be/nhTp ipGQ8A?si=64tYhsPtI8yl1xow</a>
10	Dr. Prateek Srivastav (PT)	The Science behind Recovery-Dr Prateek Shrivastav	Webinar	Dr.Farheen Patel(PT)	7 Feb 2025	<a href="https://youtu.be/WIOjCvBLfbA?si=7uvPv3HfjstyH aT">https://youtu.be/WIOjCvBLfbA?si=7uvPv3HfjstyH aT</a>
11	Dr. Surendra Wani (PT)	Relation of Adhesive Capsulitis with Metabolic Disorders Does it Actually Exists -Dr. Wani	Webinar	Dr.Farheen Patel(PT)	8 Feb 2025	<a href="https://youtu.be/vExlj0E7fF4?si=TJyqS-tyllaXK5dW">https://youtu.be/vExlj0E7fF4?si=TJyqS-tyllaXK5dW</a>
12	Dr. Aditi Padki (PT)	Pleural Effusion- Dr. Aditi P	Young Clinical Corner	Dr.Shivani Chutke(PT)	14 Feb 2025	<a href="https://youtu.be/x a6luLHlxM?si=IdT3AYHKUAR 2x7t">https://youtu.be/x a6luLHlxM?si=IdT3AYHKUAR 2x7t</a>
13	Dr. Ria Gondhali(PT)	Maximal Inspiratory Pressure-Dr Ria	PhysioTV Classroom		15 Feb 2025	<a href="https://youtu.be/elgHyYpsnGQ?si=mm1J-jE28RkmAezU">https://youtu.be/elgHyYpsnGQ?si=mm1J-jE28RkmAezU</a>
14	Dr.Neeraj Dingra	Role of radiation Oncologist in Multidisciplinary Cancer Management Part 1	Webinar	Dr.Sona Kolke(PT)	21 Feb 2025	<a href="https://youtu.be/uM4DiClbgFc?si=oWbNjtol60QHottzL">https://youtu.be/uM4DiClbgFc?si=oWbNjtol60QHottzL</a>
15	Dr.Nivedita Prabhu(PT)	Impact of Risk factors in the development of Cancer and role of exercise in their Prevention	Webinar	Dr. Suroshree Mitra (PT)	28 Feb 2025	<a href="https://youtu.be/HH1kbIJNOoU?si=Y5hCqXaV4CGOR3rZ">https://youtu.be/HH1kbIJNOoU?si=Y5hCqXaV4CGOR3rZ</a>
16	Dr.Prathamesh Pol(PT)	Breast Feedng Positions	Little Masters		1 March 2025	<a href="https://youtu.be/kGx aZT7pkE?si=N08106n9yxZEhi x">https://youtu.be/kGx aZT7pkE?si=N08106n9yxZEhi x</a>
17	Dr.Ira Indurkar (PT)	Early Intervention Screening & Assessment for Children Part 1	Webinar	Dr.Shivani Chutke(PT)	7 March 2025	<a href="https://youtu.be/eBsK6XvXK w?si=vjEmGcXBRO DwQokm">https://youtu.be/eBsK6XvXK w?si=vjEmGcXBRO DwQokm</a>

*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



18	Dr.Ira Indurkar (PT)	Early Intervention Screening & Assessment for Children Part 2	Webinar	Dr.Shivani Chutke(PT)	8 March 2025	<a href="https://youtu.be/hC6Uic6i0o0?si=gjHAcvLbL0Xivq4m">https://youtu.be/hC6Uic6i0o0?si=gjHAcvLbL0Xivq4m</a>
19	Dr. Aditi Ketkar Berry (PT)	Oxygen transport dysfunction & Implication of Physiotherapeutic Treatment Part 1	Webinar	Dr.Farheen Patel(PT)	14 March 2025	<a href="https://youtu.be/gwvqgUg-Uuw?si=yAfSpSzc5IBT4cq5">https://youtu.be/gwvqgUg-Uuw?si=yAfSpSzc5IBT4cq5</a>
20	Dr. Aditi Ketkar Berry (PT)	Oxygen transport dysfunction & Implication of Physiotherapeutic Treatment Part 2	Webinar	Dr.Farheen Patel(PT)	15 March 2025	<a href="https://youtu.be/X4FS5Od4E9s?si=4-6KNp_NIAOXnO8m">https://youtu.be/X4FS5Od4E9s?si=4-6KNp_NIAOXnO8m</a>
21	Dr. Twinkle Kundnani(PT)	ICF in Pediatric Rehabilitation Clinical Application & Problem Solving-Dr.Twinkle	PhysioTV Classroom		21 March 2025	<a href="https://youtu.be/6So-2zyVQkY?si=mtbLZluLy9vQrv7Q">https://youtu.be/6So-2zyVQkY?si=mtbLZluLy9vQrv7Q</a>
22	Dr.Simran Kalra(PT)	Andropause: Recognize, Manage, & Thrive- Dr Simran	Webinar	Dr.Shivani Chutke(PT)	22 March 2025	<a href="https://youtu.be/0ohJ-TTGx7U?si=c04whMYaNUpAEj_p">https://youtu.be/0ohJ-TTGx7U?si=c04whMYaNUpAEj_p</a>
23	Dr.Simran Kalra(PT)	Andropause: Recognize, Manage, & Thrive- Dr Simran	Webinar	Dr.Shivani Chutke(PT)	28 March 2025	<a href="https://youtu.be/LSxGo_X5mAA">https://youtu.be/LSxGo_X5mAA</a>
24	Dr.Divya Sojrani (PT)	Berg Balance Scale	Little Masters		29 March 2025	<a href="https://youtu.be/QndYWuvzjJs">https://youtu.be/QndYWuvzjJs</a>
25	Dr.Nupur Jadhao (PT)	Role of Sports Physiotherapist in Marathon	PhysioTV Classroom		4th April 2025	<a href="https://youtu.be/jdgitmPBqrE">https://youtu.be/jdgitmPBqrE</a>
26	Dr.Nupur Jadhao (PT)	Role of Sports Physiotherapist in Marathon- Part 2	PhysioTV Classroom		5th April 2025	<a href="https://youtu.be/USZxxgF9Mrs">https://youtu.be/USZxxgF9Mrs</a>
27	Dr.Arпита Rathod (PT)	Pilates & physiotherapy: not just a Fitness Trend- Part- 1	Webinar	Dr. Nupur Jadhao (PT)	11th April 2025	<a href="https://youtu.be/Z_U7nIjwBzU">https://youtu.be/Z_U7nIjwBzU</a>
28	Dr.Arпита Rathod (PT)	Pilates & physiotherapy: not just a Fitness Trend- Part- 2	Webinar	Dr. Nupur Jadhao (PT)	12th April 2025	<a href="https://youtu.be/XTfEFKWCvRc">https://youtu.be/XTfEFKWCvRc</a>
29	Dr. Garima Gedamkar	Beyond Gravity: Exploring the Frontier of Space Physiotherapy	Webinar	Dr. Prathamesh Pol (PT)	18th APRIL 2025	<a href="https://youtu.be/IRg_XFH-OYA">https://youtu.be/IRg_XFH-OYA</a>
30	Dr.Roopa Rao (PT)	Pain Physiology	PhysioTV Classroom		19th April 2025	<a href="https://youtu.be/43SYXQJioPw">https://youtu.be/43SYXQJioPw</a>
31	Dr. Asha Shaikh	Road Less travelled	Road Less travelled	Dr.Shivani Chutke(PT)	25th April 2025	<a href="https://youtu.be/OL_mKCHdFGQ">https://youtu.be/OL_mKCHdFGQ</a>
32	Dr. Rahul Maid	Importance of UDID	Webinar	Dr. Shivani Chutke (PT)	26th APRIL 2025	<a href="https://youtu.be/Q6avRKW_wdo">https://youtu.be/Q6avRKW_wdo</a>
33	Dr. Mayur Revadkar	Post Natal Period and Pelvic Health	Webinar	Dr. Apurv Shimpi	2nd May 2025	<a href="https://youtu.be/3kRZty0FehU">https://youtu.be/3kRZty0FehU</a>
34	Dr. Mariya Saeed(PT)	Worker Care Spectrum: Ability Management	Little Masters		3rd May 2025	<a href="https://bit.ly/4iMwo4D">https://bit.ly/4iMwo4D</a>
35	Dr.Nikunja Gujarathi (PT)	Pain Physiology	PhysioTV Classroom		9th May 2025	<a href="https://youtu.be/t3q26AqEeMs">https://youtu.be/t3q26AqEeMs</a>

Dr. Radha Bhattad (PT)  
Principal and Professor



36	Dr. Yash Gaba (PT)	Soft tissue Injuries- Shoulder Joint	Little Masters		10th May 2025	<a href="https://youtu.be/HvBTzK6ZwqU">https://youtu.be/HvBTzK6ZwqU</a>
37	Dr. Vidhi Gupta	Limb Length Discrepancy- Part I"	Webinar	Dr. Pratiksha Pund(PT)	16th May 2025	<a href="https://youtu.be/3yeZ0FOIO30">https://youtu.be/3yeZ0FOIO30</a>
38	Dr. Vidhi Gupta	Limb Length Discrepancy- Part II	Webinar	Dr. Pratiksha Pund(PT)	17th May 2025	<a href="https://youtu.be/FBuX13Bhvs">https://youtu.be/FBuX13Bhvs</a>
39	Dr. Anu Arora ,Dr. Pothiraj Pitchai, Dr. Suroshree Mitra,Dr. Benazir Patil	Ageism in Healthcare - Part I	Panel Discussion	Dr. Shivani Chutke (PT)	23rd May 2025	<a href="https://youtu.be/epLOrsrV7cY">https://youtu.be/epLOrsrV7cY</a>
40	Dr. Anu Arora ,Dr. Pothiraj Pitchai, Dr. Suroshree Mitra,Dr. Benazir Patil	Ageism in Healthcare - Part II	Panel Discussion	Dr. Shivani Chutke (PT)	24th May 2025	<a href="https://youtu.be/ZahgCpiiP-g">https://youtu.be/ZahgCpiiP-g</a>
41	Dr. Nidhi Joshi (PT)	Shoulder	Little Masters		31st May 2025	<a href="https://youtu.be/bRKUJO9aTj8">https://youtu.be/bRKUJO9aTj8</a>
42	Dr. Suroshree Mitra (PT)	Miller's Pyramid	PhysioTV Classroom		30th May 2025	<a href="https://youtu.be/UIWA7h2yr4M">https://youtu.be/UIWA7h2yr4M</a>
43	Dr Suroshree Mitra (PT )	Bloom's Taxonomy	PhysioTV Classroom		6th June 2025	<a href="https://youtu.be/UIWA7h2yr4M">https://youtu.be/UIWA7h2yr4M</a>
44	Dr. Vaibhavi Walimbe	Clinical Reasoning in Physical Therapy	Webinar	Dr. Nupur Jadhao (PT)	9th June 2025	<a href="https://youtu.be/24FQKSNC208">https://youtu.be/24FQKSNC208</a>
45	Dr. Rashi Rupawat (PT)	Clinical Kaleidoscope	Little Masters		13th June 2025	<a href="https://youtu.be/HhDgQzZHv34">https://youtu.be/HhDgQzZHv34</a>
46	Dr. Amrit kaur (PT)	From couch to capabilities Empowering Obese Patients through PT Part-I	Webinar	Dr. Shivani chutke	20th June 2025	<a href="https://youtu.be/7EwoV4YgFjE">https://youtu.be/7EwoV4YgFjE</a>
47	Dr. Amrit kaur (PT)	From couch to capabilities Empowering Obese Patients through PT Part-II	Webinar	Dr. Shivani chutke	21st June 2025	<a href="https://youtu.be/IKe3KnGmrWg">https://youtu.be/IKe3KnGmrWg</a>
48	Dr. Sonam Jain	Data and its Presentation - Part -1	Webinar	Dr. Sona Kolke (PT)	1st August 2025	<a href="https://youtu.be/cyMYDSIBmuY">https://youtu.be/cyMYDSIBmuY</a>
49	Dr. Sonam Jain	Data and its Presentation - Part -II Dr. Sonam Jain	Webinar	Dr. Sona Kolke (PT)	2nd August 2025	<a href="https://youtu.be/Oo_u0Ic6LFQ">https://youtu.be/Oo_u0Ic6LFQ</a>
50	Dr. Sonam Jain	The Role of Pain Neuroscience Education in Modulating Central Sensitization in Chronic MSK Condition	webinar	Dr. bhumika Tiku	15th August 2025	<a href="https://youtu.be/OI9s4AGXwh8">https://youtu.be/OI9s4AGXwh8</a>
51	Dr. Sonam Jain	The Role of Pain Neuroscience Education in Modulating Central Sensitization in Chronic MSK Condition	Webinar	Dr. bhumika Tiku	16th August 2025	<a href="https://youtu.be/OI9s4AGXwh8">https://youtu.be/OI9s4AGXwh8</a>
52	Dr. Sai Kishore	Career Options in Sports Science Part -I	Webinar	Dr. yash gaba	22nd August 2025	<a href="https://youtu.be/JN90gBNaaZ8?si=zk3cd3Q1ewvG9">https://youtu.be/JN90gBNaaZ8?si=zk3cd3Q1ewvG9</a>
53	Dr. Sai Kishore	Career Options in Sports Science Part -II	Webinar	Dr. Yash Gaba	23rd August 2025	<a href="https://youtu.be/JN90gBNaaZ8?si=zk3cd3Q1ewvG9">https://youtu.be/JN90gBNaaZ8?si=zk3cd3Q1ewvG9</a>
54	Dr. Utkarsha S. Kawathekar	Hip Avascular Necrosis: Risks, Triggers and prevention strategies	Webinar	Dr. venu mohan	29 August 2025	<a href="https://youtu.be/2WMEnGM7i0E">https://youtu.be/2WMEnGM7i0E</a>

*Radhika*  
Dr. Radha Bhatnagar (PhD)  
Principal and Professor



55	Dr. Utkarsha S. Kawathekar	Hip Avascular Necrosis: Risks, Triggers and prevention strategies	Webinar	Dr.venu mohan	30 August 2025	<a href="https://youtu.be/aMX7yQbDcO8">https://youtu.be/aMX7yQbDcO8</a>
56	Dr. Shruti Mankar	Decoding the Heart Lung Brain Symphony Part I	Webinar	Dr. Ria Gondhali	5 Sep 2025	<a href="https://youtu.be/FB0YWIHS9r4?si=7BP_txvk0JltH6t-">https://youtu.be/FB0YWIHS9r4?si=7BP_txvk0JltH6t-</a>
57	Dr. Shruti Mankar	Decoding the Heart Lung Brain Symphony Part II	Webinar	Dr. Ria Gondhali	6 Sep 2025	<a href="https://youtu.be/bx7QimSiV9k?si=Pup062Jhz8VapUX2">https://youtu.be/bx7QimSiV9k?si=Pup062Jhz8VapUX2</a>
58	Dr. Anagha Kadam	Management of Proximal Tibia Fracture Part-I	Webinar		12 Sep 2025	<a href="https://youtu.be/yKz5ZCq60q4?si=cBdhhPf5zSJkiOFq">https://youtu.be/yKz5ZCq60q4?si=cBdhhPf5zSJkiOFq</a>
59	Dr. Anagha Kadam	Management of Proximal Tibia Fracture Part II	Webinar		13 Sep 2025	<a href="https://youtu.be/SJVOKQNFyNw?si=J_5Idm0DK-Srtguv">https://youtu.be/SJVOKQNFyNw?si=J_5Idm0DK-Srtguv</a>
60	Dr. Shivani chutke	Physio Brain Quiz 2025- Qualifiers Round	Physio TV Brain Quiz	Dr. Shivani chutke	19 Sep 2025	<a href="https://youtu.be/8aHYnRDDxyk?si=8qRNZprTq5k80oTX">https://youtu.be/8aHYnRDDxyk?si=8qRNZprTq5k80oTX</a>
61	Dr. Shivani chutke	Physio Brain Quiz 2025	Physio TV Brain Quiz	Dr. Shivani chutke	20 Sep 2025	<a href="https://youtu.be/2IErdSdXqDQ?si=FzFN6m8_DIBLSW8a">https://youtu.be/2IErdSdXqDQ?si=FzFN6m8_DIBLSW8a</a>
62	Dr. Shivani chutke	Prequalifiers	Physio TV Brain Quiz	Dr. Shivani chutke	26 Sep 2025	<a href="https://youtu.be/R_392OTOvjI?si=VCF9zIWI_KZLFsvG">https://youtu.be/R_392OTOvjI?si=VCF9zIWI_KZLFsvG</a>
63	Dr. Shivani chutke	Prequalifiers	Physio TV Brain Quiz	Dr. Shivani chutke	26 Sep 2025	<a href="https://youtu.be/R_392OTOvjI?si=VCF9zIWI_KZLFsvG">https://youtu.be/R_392OTOvjI?si=VCF9zIWI_KZLFsvG</a>
64	Dr. Shruti waghmare	Knee Osteoarthritis in Nutshel	Little Masters	Dr. Shivani chutke	27 Sep 2025	<a href="https://youtu.be/uukG6qttNcl?si=8bCkBz-zrd1lxIGN">https://youtu.be/uukG6qttNcl?si=8bCkBz-zrd1lxIGN</a>
65	Dr. Prasannajeet Nikam	Research & Innovation for Physiotherapists: Part-II	Webinar	Dr. Spruha Talikoti	3 Oct 2025	<a href="https://youtu.be/r4GUwg24F_o?si=F_utRXksbYPItSIO">https://youtu.be/r4GUwg24F_o?si=F_utRXksbYPItSIO</a>
66	Dr. Prasannajeet Nikam	Research & Innovation for Physiotherapists: Part-II	Webinar	Dr. Spruha Talikoti	4 Oct 2025	<a href="https://youtu.be/GOAbSVOYB4Q?si=xOOHicOkE9_gtxfy">https://youtu.be/GOAbSVOYB4Q?si=xOOHicOkE9_gtxfy</a>
67	Dr. Omkar Salunke	Running related Injuries: An Overview- Dr. Omkar Salunke	Little Masters		10 Oct 2025	<a href="https://youtu.be/qTNI_7o7sv4?si=jLRpInyKJZ3QE6fy">https://youtu.be/qTNI_7o7sv4?si=jLRpInyKJZ3QE6fy</a>
70	Dr. John Gloster	Athletes or Assets/ Managing Human Capital in Sports	Webinar	Dr. Kruti Khemani	11 Oct 2025	<a href="https://youtu.be/lzXzVVZHg74?si=PxZ222CcFubvGR23">https://youtu.be/lzXzVVZHg74?si=PxZ222CcFubvGR23</a>
71	Dr. Aditi Berry	Exercise as Therapy Part I-	Webinar	Dr. Akshata Gawade	17 Oct 2025	<a href="https://youtu.be/4kisdF_IKro?si=VbBM4JrWafvjtko">https://youtu.be/4kisdF_IKro?si=VbBM4JrWafvjtko</a>
72	Dr. Aditi Berry	Exercise as Therapy Part II	Webinar	Dr. Akshata Gawade	18 Oct 2025	<a href="https://youtu.be/c1KkZ8-QUsg?si=dDrDuImR_LD1gn8b">https://youtu.be/c1KkZ8-QUsg?si=dDrDuImR_LD1gn8b</a>
73	Dr. Shakeeb Khan	Inclusive society starts here: The crucial role of PT in empowering PwD-Part I	Webinar	Dr. Prathamesh Pol	24 Oct 2025	<a href="https://youtu.be/rZ_Jsy-UImI?si=FUNvmFw8J4INZjm1">https://youtu.be/rZ_Jsy-UImI?si=FUNvmFw8J4INZjm1</a>
74	Dr. Shakeeb Khan	Inclusive Society Starts here: The Crucial Role of PT in Empowering PwD- part II	Webinar	Dr. Prathamesh Pol	25 Oct 2025	<a href="https://youtu.be/T1i7dQZ1WbY?si=CzlrPd44iwyEHr1">https://youtu.be/T1i7dQZ1WbY?si=CzlrPd44iwyEHr1</a>
75	Dr. Asawari Peter	Social Engagement & Recreational Activities Its Role in Healthy Ageing Part I	Webinar	Dr. Shivani chutke	31 Oct 2025	<a href="https://youtu.be/nQVGYSj42SQ?si=TkmPSV_Ue8B97dMN">https://youtu.be/nQVGYSj42SQ?si=TkmPSV_Ue8B97dMN</a>

*Radh.*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



Sancheti Healthcare and Research Foundation's

 **Sancheti**  
College of Physiotherapy

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

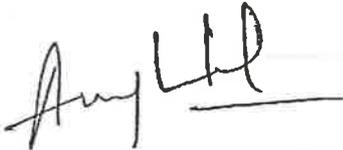
Date: 18/07/2025

Reference No: STORCOP/Ext act/ /2025

### CIRCULAR

#### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activity Committee will attend Hand Grip Assessment Camp at DBS Bank, Pune on 25th July, 2025.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activity Committee



Dr. Radha Bhatt (PT)

Principal and Professor



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activity Committee

**SANCHETI INSTITUTE FOR ORTHOPEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY**

**Report**

Name of the event: Hand grip assessment camp

Venue: DBS Bank

Date – 25th July 2025

On 25th July 2025, a health camp was organized at DBS Bank in collaboration with Sancheti Institute. The camp aimed at creating awareness regarding musculoskeletal health and general wellness among the employees.

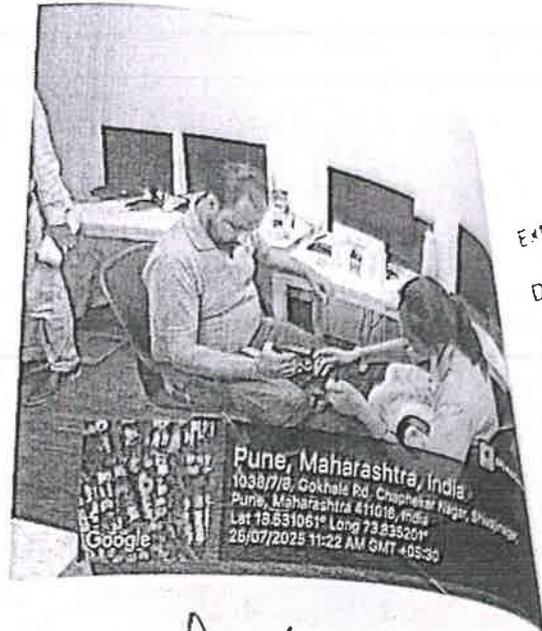
Two physiotherapy interns actively participated in the camp. One of the interns conducted **hand grip strength assessment using a hand dynamometer**, which received great enthusiasm as participants were curious to know their grip strength and its relation to overall fitness. The other intern addressed employees' **musculoskeletal concerns**, providing physiotherapy advice and exercises for complaints such as neck pain, low back pain, and posture-related discomfort.

In addition, **two orthopaedic residents were present** at the camp to provide expert consultation and guidance for orthopedic issues. **Bone Mineral Density (BMD) testing** was also carried out to raise awareness about bone health and the prevention of osteoporosis.

The camp also included **other health check-ups such as ECG, eye examination, and general health screening**, which provided a comprehensive wellness approach for the employees.

In total, **156 candidates were examined during the camp**. The participants expressed keen interest in knowing their hand grip strength and learning preventive measures for musculoskeletal pain. The camp created an engaging and interactive environment where health professionals and employees shared knowledge.

  
Dr. Reena Bhatnagar (PhD)  
Principal and Professor



Sanc  
Extension  
Date  
Venue  
Sr  
N

Dr. Anagha Kadam (PT)

Coordinator

Extension Activity Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activity Committee

Dr. Radha Bhattad (PT)

Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: DBS bank- hand grip analysis camp

Date: 25/7/25

Venue: DBS bank

Sr. No.	Name of the patient	Age/ Gender	Diagnosis		Signature
			H.	L.	
1.	Anurag Seghar.		42	37	
2.	Kartik Gundakar		40	35	
3.	Shaikh Ibrahim		30	26	
4.	Kailash Pathod		25	30	
5.	Jaisal Shaikh		35	-	
6.	Jariq Hussain		40	35	
7.	Anurkumar Pen		35	40	
8.	Nilesh Yadar.		40	35	
9.	Ketki Phankar		15	5	
10.	Mayank Chaturvedi		40	40	
11.	Akshay Dongare		35	42	
12.	Anurag Nandankar		32	35	
13.	Ummed Singh		50	48	
14.	Amit Kolekar		48	40	
15.	Kiran Nagilale		45	35	
16.	Abhishek More		45	40	
17.	Clawar Sarku		38	38	
18.	Rishipandra Va Chankar		48	45	
19.	Parikshit Yadar.		25	25	
20.	Kishor Pokade		32	25	
21.	Prakash Makhija		20	20	
22.	Mrunal Tapsale		25	20	
23.	Rupali Khot		20	15	
24.	Akash Karre		20	25	
25.	Kajal Jain		40	40	
26.	Rabeen Shaikh		20	15	

*Radhe*

Dr. Radha Bhadani (PT)  
Principal and Professor

24	Sagar Mali	20	15
28	Hareya Kamim	42	42
29	Mirabhi Pawar	52	46
30	Roslin Anthony	21	22
31	Monika Sakhariya	25	20
32	Ketan Pahare	21	19
33	Abhimukh Patil	35	33
34	Shubham Mishra	45	41
35	Milind Nash	23	21
36	Anul Jain	40	30
37	Pragyik Topatni	24	23
38	Preha Kanwar	30	25
39	Parina Nikumbh	25	24
40	Saanya Yadav	25	23
41	Shreeraj Khatni	18	18
42	Mansira Mulani	18	15
43	Nurud Shiddique	20	25
44	Pranay Nagar	28	22
45	Anushil Toyer	40	36
46	Akash Sunde	22	21
47	Tamara Shah	15	15
48	Suril Malto	20	15
49	Jitendra Barded	26	23
50	Anu Sen	15	20
51	Hiralina Gadher	6	3
52	Kalyani Bhandarkar	0	6
53	Satpal Singh	25	11
54	Pooja Jain	25	20
55	Vijay Khondker	32	28
56	Amrita Shirsavar	20	6
57	Sumit Vora	60	62
58	Prakash Meshija	30	28

Radha

Dr. Radha Bhatnagar (PT)  
Principal and Professor

59	Mangj Suryawansi	11	6
60	Ashwini Bhosale	28	28
61	Sayali Patil	13	6
62	Shubham Singh	20	28
63	Mohini Acharya	50	28
64	Sayawati Pillai	12	10
65	Shenil Barnett	10	12
66	Archant Raut	10	10
67	Mohammad Siddique	75	50
68	Manoj Nagarhar	28	23
69	Vijal Pardeshi	28	20
70	Deepika Pal	10	10
71	Apurva Kulkarni	5	6
72	Soani Samant	13	5
73	Savarn Jana	28	25
74	Shrawika	18	15
75	Pankaj Koj	10	10
76	Gangji Borhat	3	6
77	Prabhant C.	10	28
78	Gaurav Gowardip	28	35
79	Yash Raut	6	20
80	Sagar Hatle	6	6
81	Babun Raj	6	6
82	Sakshi Gokhad	13	20
83	Nawhad Ali	13	20
84	Kalul Patil	20	28
85	Harand Jha	22	68
86	Keena Keswani	7	17
87	Pankaj Khanolkar	6	10
88	Swini Bawhar	28	38
89	Kiran Kholam	5	5
90	Chandreshker Patil	20	20

Radha

Dr. Radha Bhatnagar (PT)  
Principal and Professor

91	Shrijansi Mans	1	10
92	Shubra Joti	10	10
93	Shubhangi Pawar	12	12
94	Rohant Chaudhari	35	37
95	Abhishek R.	42	45
96	Priyanshu Karsale	40	40
97	Sahil Ustade	21	21
98	Raj Shelar	24	30
99	Pooja Chaudhari	34	31
100	Sagar Khatke	30	30
101	Peren Poojashree	35	35
102	Patil J.	37	35
103	Priyanshi Tondar	20	20
104	Priyanka Vethakar	20	21
105	Swarnil Nikhans	41	40
106	Kapil K.	40	25
107	Rajeev Ranjan	22	23
108	Sanku Joshi	40	41
109	Rajya Ingle	11	12
110	Shruti Kadam	7	10
111	Arantika Shilkar	21	11
112	Ajay Ingle	22	21
113	Jishuwar Chavan	25	23
114	Prajakta Adase	6	12
115	Kohini Trimbak	20	15
116	Pravin Mali	30	30

117	Yash G.
118	Sachal Kadam
119	Kaushik Maheshwar
120	Nayan Jadhav
121	Shruti Bealad
122	Magnalini Patil
123	Shilpa Bhat
124	Aman Patil
125	Ashish Patil
126	Prajay Patil
127	Arjun Patil
128	Arjun Patil
129	Arjun Patil
130	Arjun Patil
131	Arjun Patil
132	Arjun Patil

Kadane  
 tor  
 y Commit

*Radh.*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

117	Yash G.	30	32
118	Snchal Kantar	21	26
119	Kawisha Maheshwar	20	10
120	Nayan Jadhav	20	21
121	Prachi B. Chadar	-	11
122	Marnalini B.	20	16
123	Shilpa Bhatnagar	14	15
124	Aniket Chavan	43	40
125	Aman Agrahari	41	36
126	Ashish Chutale	40	40
127	Pranjana Chhadekar	20	15
128	Anurag Singh	20	40
129	Poojani Kothari	25	20
130	Kashish Gupta	13	6
131	Anil Bhule	30	13
132	Dattatraya Wagh	20	38
133	Dimple U. Borak	10	6
134	Dhanshree Shelke	16	30
135	Dipti Shinde	10	10
136	Ashwini Dakhede	10	10
137	Vinay Burgawani	12	12
138	Satish Pare	28	20
139	Snchal Kanathe	13	13
140	Snishani Snirpurkar	13	6
141	Portap Chakradar	15	6
142	Anurag Kar	13	13
143	Sardip Yashwanth	30	30
144	Mahendra Chaudhary	30	36
145	Kiran Kaiya	32	38
146	Nilesa Bhatnagar	6	6
147	Snril Debe	50	38
148	Ajay Jiri	6	6

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor



**Sancheti**  
**College of Physiotherapy**  
**Sancheti Institute for Orthopaedics and Rehabilitation College of**  
**Physiotherapy**

Sancheti Healthcare Academy, 11/12, Trube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Date: 19/07/2025

Reference No: SICOP/Ext act/ 2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Extension Activities Committee will attend Rajajungam Fair Camp which will be conducted on 25th July 2025, at Fair Company, Rajajungam. The camp will start 10:00am to 1:00pm



**Dr. Anagha Kadam (PT)**

Coordinator

Extension Activity Committee



**Dr. Sureshree Mitra (PT)**

Chairperson

Extension Activity Committee



**Dr. Radha Bhattad (PT)**

Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: FIAT motors camp

Date: 25/7/25

Venue: Ranjangaon

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Vijay Patil	39   M	LBP.	
2.	Abasa Raut.	39   M	Heel pain	
3.	Vikas Patil	40   M	Lt knee pain	
4.	Navnath Brodhe	37   M	Lt knee pain	
5.	Pradip Desai	38   M	B/L knee pain	
6.	Swarnand Patil	40   M	B/L knee pain	
7.	Ganesh Bhosale	39   M	Knee pain & heel pain	
8.	Milind Markote	41   M	Knee pain & back pain	
9.	Chandakant Khumbhar	40   M	Knee pain.	
10.	Abhijeet Yadav	40   M	Back pain	
11.	Kiran more	40   M	Rt. calcaneal spur heel. & knee pain	
12.	Sandip Uthvede	36   M	Knee pain & LBP	
13.	Rajaram Raut	43   M	Knee pain & LBP	
14.	Subhash Sutar	41   M	B/L knee pain	
15.	Umesh Kotte	40   M	Knee pain.	
16.	Digvijay Motble	38   M	Osteopenia.	
17.	Mausi Arhad	39   M	Heel pain	
18.	Kashinath Yerape	38   M	calf pain	
19.	Suresh Patil	39   M	Lt THR 10 months ago.	
20.	Vinod S. Patil	42   M	LBP & knee pain.	
21.	Appasaheb Varpe	39   M	Knee pain	
22.	Pradip Garkwad	38   M	Neck pain & LBP	
23.	Mahadev Bhatkar	37   M	LBP	
24.	Rajin Jain	39   M	Heel pain.	
25.	Sagar Boru	40   M	slow det pain.	
26.	Tushar Jadhav	40   M	LBP	

*Radha*  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

27.	Ravi Gokwad	38/M	Heel pain	
28.	Vinayak Patil	41/M	Log pain.	Ravi
29.	Tatyasaheb Pawar	41/M	General fitness	Amr
30.	Dattatray Lavate	42/M	B/L leg pain	Amr
31.	G.R. mehas	41/M	LBP	Amr
32.	S.R. Wagh	40/M	Heel pain	Amr
33.	Vikas Korale	36/M	L-eg Pain	Amr
34.	Babasaheb Bhagat	41/M	Calf pain	Amr
35.	Nillesh Mutke	35/M	Heel pain	Amr
36.	Ganesh Jakde	38/M	4 heel pain	Amr
37.	Amit Raut	38/M	Neck pain	Amr
38.	Kiran Charan	39/M	LL pain	Amr
39.	Subhash Jadhav	36/M	Calf pain	Amr
40.	Kailash Agashe	43/M	Body pain.	Amr
41.	Sachin Jadhav	40/M	leg pain	Sachin
42.	Mukund Gadakh	40/M.	No complaints	Amr
43.	Sunil Kotgise	55/M	Rt knee OA	Amr
44.	Rajuddin Sayyad	42/M	G-Body pain	Amr
45.	Santosh Deshmukh.	43/M	B/L knee pain.	Amr
46.	Rushikesh Wagh	30/M	B/L knee pain	Amr
47.	Nillesh Chandragiri	49/M.	B/L knee pain	Amr
48.	Vijay Paware	42/M	G-Body pain	Amr
49.	Anand Shinde	40/M	L-Pain	Amr
50.	Balasaheb Wadhawane	39/M	L. Pain	Amr
51.	Vijaykumar Yena	45/M	knee pain	Amr
52.	Babasaheb Wadhware	39/M	Tingling in thumb	Amr
53.	Anand Shinde	40/M.	Knee pain.	Amr
54.	Nitin Jalhe	40/M	Back Pain	Amr
55.	Pooja D.P.	35/M	LBP & knee pain	Amr
56.	Mayur Zende	37/M	Heel pain.	Amr
57.	Munindra Carapure	50/M	Post osteoporosis	Amr
58.	Manvi Kadam	40/M	Heel pain.	Amr

59.	Anil G.
60.	Harsh
61.	Amr
62.	Amr
63.	Amr
64.	Amr
65.	Amr

Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor



SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE  
OF PHYSIOTHERAPY, PUNE

Event: Fiat Camp, Ranjangaon

Date: 25/07/2025

Time: 10:30am to 3:00pm

Venue: Fiat Company, Ranjangaon

Objectives- To treat and help in recovery of employs working in Fiat Company

**Programme-**

The event was organized by Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Extension Activities Committee in collaboration with Fiat Company, Ranjangaon at Fiat Company, Ranjangaon. 78 employees with conditions like back pain, neck pain, thigh pain, heel pain, knee pain, leg pain, shoulder pain and other work related cases were assessed and treated for the same. Many of them were provided exercise charts for home exercise. Physiotherapy management and advice were given to employs and the employs who needed any orthopedic advice were guided accordingly.

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor



Fiat Motors company employees

Dr. Anagha Kadam (PT)

Coordinator

Extension Activity Committee

Dr. Suroshree Mitra (PT)

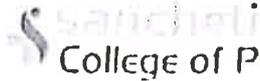
Chairperson

Extension Activity Committee

Dr. Radha Bhattad (PT)  
Principal and Professor



Sancheti Healthcare and Research Foundation's



College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational Therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Date: 28/07/2025

Reference No: SIORCOP/Ext act/ /2025

## CIRCULAR

### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activity Committee will conduct a Breastfeeding Awareness Week between 1<sup>st</sup> to 7<sup>th</sup> August 2025.

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)

Principal and Professor

'Nurturing Minds, Inspiring Excellence'  
Sancheti Healthcare Academy



**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND  
REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE**

**Name of the event:** Breastfeeding Awareness Week

**Date:** 1<sup>st</sup> - 7<sup>th</sup> August, 2025

**Venue:** Government hospitals (Kamla Nehru Hospital, Rajiv Gandhi Hospital) and Primary Healthcare Centres (Maan)

**Introduction:**

World Breastfeeding Week 2025 was observed globally from August 1 to August 7 with this year's theme focussing on **"Prioritize Breastfeeding- Create Sustainable Support Systems."** The theme highlights importance of creating lasting frameworks that prioritize breastfeeding support at all levels of healthcare and community services. In alignment with this vision, we conducted a series of awareness and educational camps at various healthcare centres including Kamla Nehru Hospital, Rajiv Gandhi Hospital and Primary Healthcare Centres (PHCs).

**Objectives:**

- To promote importance of exclusive and continued breastfeeding.
- To educate antenatal and postnatal mothers on proper breastfeeding care.
- To dispel common myths and misconceptions surrounding breastfeeding
- To establish sustainable system of breastfeeding support through awareness and practical skill training.

**The following activities were conducted through the program:**

1. Knowledge assessment:
  - A google form-based questionnaire was designed to assess awareness among participants.
  - The pre-test included awareness questions to know the baseline knowledge.
  - An educational session covering breastfeeding benefits, techniques and common concerns of the mothers was conducted.
  - A post-test to measure the knowledge gained and to identify the areas for follow-up.

  
Dr. Radha Bhatnagar (PT)  
Principal and Professor

2. Key awareness topics covered:

- The educational session included both theoretical knowledge and practical demonstrations. The following topics were covered:
  - a) **Breastfeeding positions and techniques:**

Participants were shown how to achieve proper latch and were trained in various comfortable breastfeeding positions like Cradle, Cross-cradle, Football Hold, Reclining and Side-lying with benefits of each position.
  - b) **Breast Massage:**

Training was provided on breast massage to aid milk flow, relieve blocked ducts, and improve overall breast health. Self-care routines and hygiene practices were reinforced.
  - c) **Red Flags and Alert Signs**

Mothers were taught how to identify signs of complications that need immediate medical consultation, such as:  
breast pain with fever, engorgement not relieved by feeding, unusual nipple changes or bleeding.
  - d) **Managing breast engorgement**

Simple and accessible management strategies were taught, including hand expression techniques, cold and warm compress use, frequent feeding, correct latch, and alternate breast feeding
  - e) **Breast Milk vs. Formula Milk**

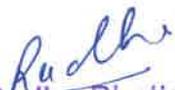
Myths were addressed regarding formula milk. Participants were clearly informed that:

    - Formula milk is not equivalent to breast milk
    - Breast milk contains living cells, antibodies, enzymes, and hormones that formula cannot replicate
    - Formula may be necessary in some clinical cases but is not a "nutritionally superior" alternative

We aim to  
breastfeed  
commu

**Conclusion:**

World Breastfeeding Week 2025 served as a crucial platform for empowering mothers with knowledge, skills, and confidence. The integration of a digital assessment tool (Google Forms) added a scientific layer of evaluation to our efforts. By combining education, demonstration, and measurement, this initiative not only promoted breastfeeding but also laid the foundation for a sustainable support system at the community and institutional levels.

  
Dr. Redha Bhattad (PT)  
Principal and Professor

We aim to continue such outreach programs regularly and to strengthen the breastfeeding support chain through healthcare worker involvement and community education.



**Dr. Anagha Kadam (PT)**  
Coordinator  
Extension Activities Committee



**Dr. Suroshree Mitra (PT)**  
Chairperson  
Extension Activities Committee



**Dr. Radha Bhatlad (PT)**  
Principal and Professor

Sl. No.	Name of the Candidate	Grade	Percentage	Remarks
1	...	...	...	...
2	...	...	...	...
3	...	...	...	...
4	...	...	...	...
5	...	...	...	...
6	...	...	...	...
7	...	...	...	...
8	...	...	...	...
9	...	...	...	...
10	...	...	...	...
11	...	...	...	...
12	...	...	...	...
13	...	...	...	...
14	...	...	...	...
15	...	...	...	...
16	...	...	...	...
17	...	...	...	...
18	...	...	...	...
19	...	...	...	...
20	...	...	...	...
21	...	...	...	...
22	...	...	...	...
23	...	...	...	...
24	...	...	...	...
25	...	...	...	...
26	...	...	...	...
27	...	...	...	...
28	...	...	...	...
29	...	...	...	...
30	...	...	...	...
31	...	...	...	...
32	...	...	...	...
33	...	...	...	...
34	...	...	...	...
35	...	...	...	...
36	...	...	...	...
37	...	...	...	...
38	...	...	...	...
39	...	...	...	...
40	...	...	...	...
41	...	...	...	...
42	...	...	...	...
43	...	...	...	...
44	...	...	...	...
45	...	...	...	...
46	...	...	...	...
47	...	...	...	...
48	...	...	...	...
49	...	...	...	...
50	...	...	...	...
51	...	...	...	...
52	...	...	...	...
53	...	...	...	...
54	...	...	...	...
55	...	...	...	...
56	...	...	...	...
57	...	...	...	...
58	...	...	...	...
59	...	...	...	...
60	...	...	...	...
61	...	...	...	...
62	...	...	...	...
63	...	...	...	...
64	...	...	...	...
65	...	...	...	...
66	...	...	...	...
67	...	...	...	...
68	...	...	...	...
69	...	...	...	...
70	...	...	...	...
71	...	...	...	...
72	...	...	...	...
73	...	...	...	...
74	...	...	...	...
75	...	...	...	...
76	...	...	...	...
77	...	...	...	...
78	...	...	...	...
79	...	...	...	...
80	...	...	...	...
81	...	...	...	...
82	...	...	...	...
83	...	...	...	...
84	...	...	...	...
85	...	...	...	...
86	...	...	...	...
87	...	...	...	...
88	...	...	...	...
89	...	...	...	...
90	...	...	...	...
91	...	...	...	...
92	...	...	...	...
93	...	...	...	...
94	...	...	...	...
95	...	...	...	...
96	...	...	...	...
97	...	...	...	...
98	...	...	...	...
99	...	...	...	...
100	...	...	...	...

*Radha*  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

Sancheti Healthcare and Research Foundation's

 **sancheti**  
College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sanchelicop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 28/07/2025

### CIRCULAR

#### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend free Artificial Limbs Measurement Camp held by SIOR, which will be conducted on 4<sup>th</sup> August 2025, at Inlacs and Budhrani hospital, Koregaon park, Pune. The event will start at 9:00 am to 3:00 pm.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activity Committee



Dr. Radha Bhattad (PT)  
Principal and Professor



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activity Committee

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** Free Artificial Limbs Distribution Camp ( Orthotics & Prosthetics ) by SIOR

**Date:** 4th August, 2025

**Time:** 9:00 AM to 3:00 PM

**Venue:** Inlacs and budhrani , Pune. On 4th August , 2025 , we , the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr . Divya Sojarani , Dr. Nikita Nanadgoakar, Dr. Rashi Rupawat, Dr. Mariya Saced , Dr . Komal Agrawal , visited Free Artificial Limbs Distribution Camp at, Inlacs and budhrani hospital Koregaon park , Pune, organized by SIOR. The visit was organized as part of our academic curriculum to gain practical exposure to the field of prosthetics and orthotics, particularly in patients affected by locomotor disabilities.

#### Objective of the visit :

The objective of assessing and observing the process of prosthetic and orthotic fitting for the patients with locomotor disability for artificial limbs is to provide accurate artificial limbs for ensuring comfort, functionality, and long-term usability according to the patients requirements .

#### Observations :

During our visit, we had the opportunity to interact with healthcare professionals, prosthetists, orthotists, and patients. The following key observations were made:

##### • Type of patients:-

Variety of patients with Hip disarticulation , BK amputation , Above knee amputation , ankle disarticulation , above wrist amputation , Poliomyelitis , CP, etc participated . The age group was from 5 years to 80 years .

##### • Prosthetics and Orthotics Devices Provided :-

- Patients will receive customized prosthetic limbs, orthotic insoles, and specialized footwear to prevent further complications.
- Orthotic devices such as ankle-foot orthoses (AFOs) and dynamic splints will be provided to aid mobility and prevent deformity progression.
- Canes and walkers will also be provided to geriatric patients in need .

  
Dr. Radha Bhattad (PT)  
Principal and Professor

The patients will receive their limbs and will be trained for walking using newly made artificial limbs .

A total of 36 patients participated in the this camp organized by SIOR.

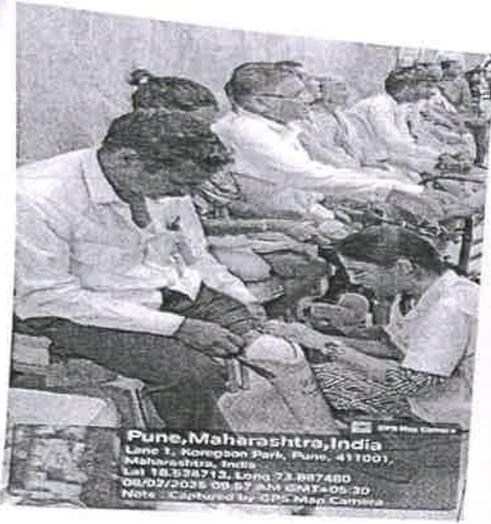
### **Conclusion**

Our visit to Free Artificial Limbs Distribution Camp was an enriching experience that deepened our understanding of the challenges faced by locomotor disabilities patients. Observing the process of prosthetic and orthotic fitting reinforced the importance of rehabilitation in improving the lives of individuals affected by these disabilities. The camp served as a valuable learning opportunity for us as future physiotherapists, emphasizing the need for a multidisciplinary approach in patient care.



**Dr. Radha Bhattad (PT)**  
**Principal and Professor**

Following are the geotagged images of the Camp:



*Anagha Kadam*

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

*Suroshree Mitra*

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

*Rudha Bhattad*

Dr. Rudha Bhattad (PT)

Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity:

Date: 2/09/25

Venue: Inlaxhs Budhasani, Cancer Institute, Pune.

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Kalshavi Tambe	75   M	(R) BKump	
2.	Mohan Morkar	43   M	(R) Hand.	
3.	Santosh Gejge.	48   M	(R) BK	
4.	Vishnu Chohan	52   M	calliper	
5.	Jaynal Jakad	37   M.	B/L calliper	
6.	Dnyaneshwari Kothurade	50   M	crutches	
7.	Dada Avate	50   M.	(R) Hand	
8.	Vishal Borkate		B/L AFO	
9.	Ajendra Avbrade	59   M	(L) Hand	
10.	Renuka Dhodmani		(L) Hand	
11.	Nilesh Devkate	19   M.	(R) Hand.	
12.	Saqlish more		(L) AK	
13.	Mubarak Shaik	50   M	(L) BK	
14.	Pandurang Parsare	53   M	(L) BK	
15.	Renuka Dhodkas	27   F	(R) HKFO	
16.	Vijay Kamble	57   M	(R) BK	
17.	Shekharant Waghmare	62   M	calliper.	
18.	Tejas Kamble	18   M	wheelchair	
19.	Kaish Alale.	52   M	crutches	
20.	Ashvini Sharma	50   M	HKFO (R)	
21.	Lakshmi Bai Gadgil	65   F	Symes (R)	
22.	Vishal Devkate	28   F	B/L AFO	
23.	Akash Shirsagar	32   F	Rl. Hand.	
24.	Rabiya Shaikh	60   F.	Lt. BK.	
25.	Shrinivas Bias	53   F	H. BK.	
26.	Dattaraya GEJAGE	65   F	Rl. Hand.	

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor





Sancheti  
College of Physiotherapy

Sancheti Healthcare and Research Foundation's

Sancheti  
College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational Therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 14/08/2025

### Circular

#### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend Apangshala Camp held by SIOR, which will be conducted on 28th August 2025.

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor

'Nurturing Minds, Inspiring Excellence'  
Sancheti Healthcare Academy

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** Fitness Assessment Camp

**Date:** 28th August, 2025

**Time:** 9:00 AM to 3:00 PM

**Venue:** Mahatma Phule Apang Prashikshan , Maan

On 28th August , 2025 , we , the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy along with Final Year BPTH students , visited fitness Assessment Camp at, Mahatma Phule Apang Prashikshan , Pune. The visit was organized as part of our academic curriculum aiming to provide us with assessment, especially in the assessment and management of individuals with locomotor disabilities.

#### Objective of the visit :

The objective of the fitness assessment camp for individuals with locomotor disabilities is to evaluate their physical fitness, functional capacity, and overall health status. It aims to identify risk factors, provide tailored exercise and rehabilitation plans, and promote awareness about the importance of fitness and healthy living. The objective was to assess the strength, endurance and flexibility in patients with locomotor disabilities and improve the overall health of the individual.

#### Observations :

During our visit, we had the opportunity to assess the overall fitness of the patients with locomotor disabilities. The following key observations were made:

- **Type of patients:-**

A variety of patients with PPRP, Amputation , Poliomyelitis , CP, etc participated . The age group was from 18 years to 40 years .

- **Fitness Assessment Camp provided :-**

A clear picture of health, fitness, and functional capacity with identification of risk factors and secondary complications

  
Dr. Radha Bhattad (PT)  
Principal and Professor

### Fitting and Measurement Process:

- A systematic approach was followed for assessing the overall fitness
- Demographic data: - including name, age, gender and contact number taken.
- Pre-screening – Medical history and risk factors
- Baseline measures – Vitals and anthropometrics, waist and hip circumference
- Functional tests – Mobility, strength, balance, etc
- Fitness tests – Endurance, flexibility, coordination
- Analysis & prescription – Individualized exercise plan

A total of 25 patients participated in this camp .

### Conclusion

The fitness assessment camp for individuals with locomotor disabilities provided a comprehensive evaluation of their health, functional abilities, and fitness status. It helped in identifying risk factors, creating personalized exercise and rehabilitation plans, and promoting awareness about the importance of physical activity by assessing the overall fitness of the individual.



**Dr. Radha Bhattar (PT)**  
**Principal and Professor**

Following are the geotagged images of the Camp:



*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor



*Anagha Kadam*

Dr. Anagha Kadam (PT)  
Coordinator  
Extension Activities Committee

*Suroshree Mitra*

Dr. Suroshree Mitra (PT)  
Chairperson  
Extension Activities Committee

*Radha Bhattad*  
Dr. Radha Bhattad (PT)  
Principal and Professor

Member Institute  
Extension Activities  
Date: 15/01/2022  
Time: 10:00 am to 3:00 p

Mitra (P  
son  
mittee

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Mean Assessment Camp.

Date: 29/8/25

Venue: Mahatma Phule Aaryashala Prashikshan Kendra, Maan.

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Lalit Mahendra Rajal	30, M	Polio (CP)	L. m. Rajal
2.	Parth Suryavanshi	17, M	LL discrepancy	
3.	Amol Aroe	22, M	Polio	Amol
4.	Manish Rajhane	19, M	Hand palsy	Manish
5.	Samadhan Pande	20, M	Polio	PJS
6.	Vijay Pawar	40, M	Polio.	V. C. Pawar
7.	Dhanraj Kamble	15, M	Cognitive I.	Dhanraj
8.	Pradeep Kable	29, M	Visual I.	Pradeep
9.	Shrawan Savale	18, M		shrawan savale
10.	Jeevan Anugraam	31, M	Polio	Jeevan
11.	Vilas Padisar	34, M	Polio.	
12.	Sujal Sode	17, M	Polio	Sujal
13.	Dhodiya	17, M		Dev
14.	Saurabh Saurant	19, M	CP.	Saurabh
15.	Romeshwar Goudal	21, M	Polio	Romeshwar
16.	Aurash Chawan	21, M	LL	Aurash
17.	Shubham Lokhande	19, M	Hand palsy	Shubham
18.	Ganesh Parpau	23, M	Hand palsy	Ganesh
19.	Aniket Salunke	21, M		
20.	Ketan Sode	23, M	CP.	
21.	Aniket Shinde.	24, M	CP.	
22.	Rajay Rado.	19, M	CP.	ASS
23.	Ashutosh	18, M	CP	
24.	Nikhil Desai	21, M	CP.	Nikhil
25.	Shubham Lokhande	22, M	Polio	

Dr. Radha Bhattad (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy  
Mahatma Phule Apang Prashikshan Kendra: Camp  
Date: 28th August 2025

Sr. No.	Name of Student	Signature
1	Richa Jagtap	<i>Richa</i>
2	Mohini Raskar	<i>Mohini</i>
3	Sharvari Kuber	<i>Sharvari</i>
4	Rashi Rupwat	<i>Ab</i>
5	Rasika Jadhav	<i>Rasika</i>
6	Komal	<i>Komal</i>

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

Licensee activity Mean Assessment Camp

Date 28/6/25

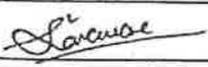
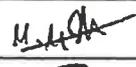
Venue: Mahatma Phule Apanjshale Prashikshan Kendra, Maan

Sr. No.	Name of the student	Year	Signature
1.	Jayshree Dhadwad	Final year	[Signature]
2.	Estherani Desai	Final year	[Signature]
3.	Kavali Doshi	Final yr	[Signature]
4.	Gowdani Diwar	Final yr	[Signature]
5.	Rucha Deshmukh	Final yr	[Signature]
6.	Sanika Deshmukh	Final yr	[Signature]
7.	Yukti Gajjar Gautami Diwan	Final yr	[Signature]
8.	Aarushi Desai	Final yr	[Signature]
9.	Jaijee Bhavsar	Final yr	[Signature]
10.	Tanaya Belade	" "	
11.	Arushka Aswar	" "	[Signature]
12.	Tejas Bedekar	" "	
13.	Rohan Agware	" "	
14.	Tanaya Paul		[Signature]
15.	Sachi Agrawal		[Signature]
16.	Ajyal Waje	Final yr	[Signature]
17.	Riddhi Pole	" "	[Signature]
18.	Heta Shah	" "	[Signature]
19.	Heta Parekh	" "	[Signature]
20.	Om Mita	" "	[Signature]
21.	Sushil Patel	" "	[Signature]
22.	Yogita Pise	" "	[Signature]
23.	Sanika Mandarkar	Final yr	[Signature]
24.	Rupali Mahajan	Final yr	[Signature]
25.	Chinmayee Joshi	Final yr	[Signature]
26.	Preethi Gaitonde	Final year	[Signature]

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy  
 Mahatma Phule Apang Prashikshan Kendra: Camp  
 Date: 28th August 2025

Sr. No.	Name of Student	Signature
1	Bhumiika Bisandre	
2	Salonee Ghume	
3	Shantanu Kadam	
4	Shubhali Sonawane	
5	Sakshi Nighot	Absent
6	Aditi Patil	
7	Mithila Shaha	
8	Nandini Rajput	
9	Prayag Mamaniya	



Dr. Radha Bhattad (PT)  
 Principal and Professor

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

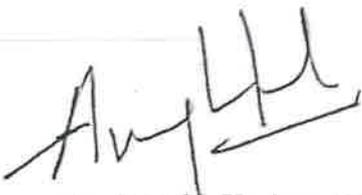
Reference No: SIORCOP/Ext act/ /2025

Date: 16/ 08/ 2025

**CIRCULAR**

**Extension Activities Committee**

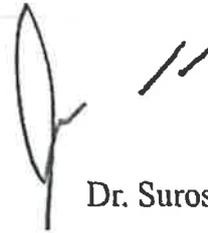
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activity Committee will attend Artificial Limb Assessment Camp at Gujrati High school, Nanded on 24<sup>th</sup> August 2025.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activity Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activity Committee



Dr. Radha Bhattad (PT)

Principal and Professor

SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** Artificial Limb assessment Camp at Ichalkaranji.

**Date:** 24<sup>th</sup> August, 2025

**Time:** 9:00 AM to 5:00 PM

**Venue:** Gujrati high school, Nanded.

### Introduction

We, the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy Dr. Mariya Saeed, Dr. Aditi Patil, Dr. Rasika Jadhao, Dr. Rasi Rupawat visited the Artificial Limb Assessment Camp held at Gujrati High school, Nanded. The visit was organized as a part of our academic curriculum, aiming to provide us with practical exposure in the domain of prosthetics and orthotics, especially in the assessment and management of individuals with locomotor disabilities.

### Objective of the visit

The objective was to assess and observe the process of prosthetic and orthotic fitting for individuals with locomotor disabilities, focusing on taking precise measurements to ensure the custom fabrication of artificial limbs. This helps guarantee optimal comfort, functionality, and long-term usability tailored to each patient's specific needs and lifestyle requirements.

### Observations

During our visit, we had the opportunity to interact with healthcare professionals, prosthetists, orthotists, and patients. The following key observations were made:

- **Type of patients: -**

A diverse range of patients participated in the camp, including individuals with hip disarticulation, below-knee (BK) amputation, above-knee amputation, ankle disarticulation, above-wrist amputation, poliomyelitis, cerebral palsy (CP), and other conditions. The age of the participants ranged from 5 to 80 years, reflecting a wide demographic representation.

- **Prosthetics and Orthotics Devices provided: -**

  
Dr. Rashmi Bhattad (PT)  
Principal and Professor

- Patients will receive customized prosthetic limbs, specialized footwear to prevent further complications.
- Fitting and Measurement Process:**
    - A systematic approach was followed for measuring and fitting prosthetic and orthotic devices:
    - Demographic data:** - including name, age, gender and contact number were taken.
    - Measurement and moulding:** Casts and measurements were taken for precise fitting of prosthetic limbs and orthotic supports.

The patients will receive their limbs after 1 month of customisation their limbs and later will be trained for walking using newly made artificial limbs.

A total of 207 patients participated in this camp.

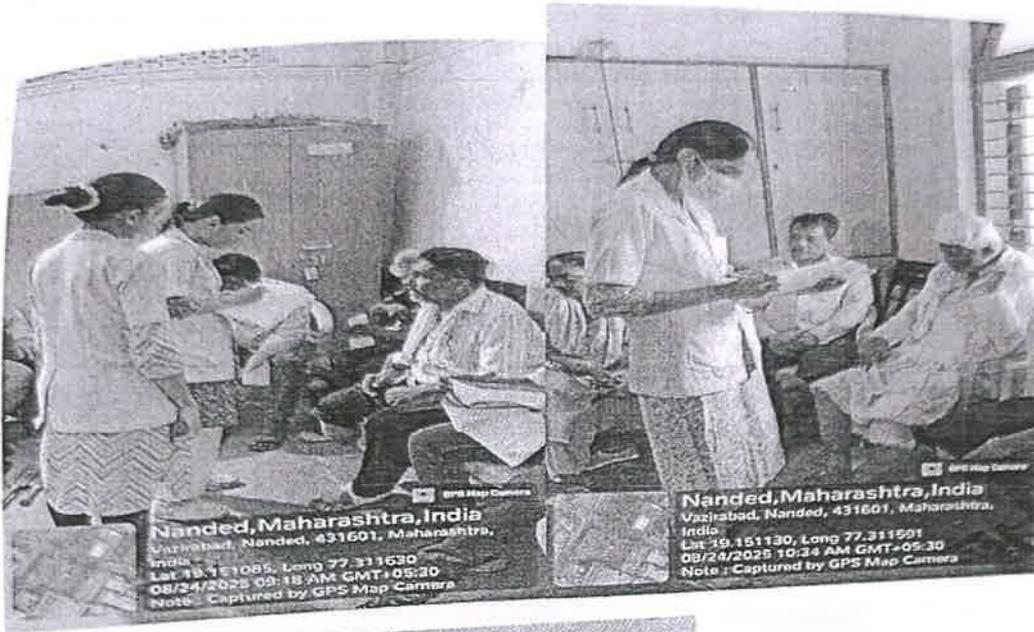
### Conclusion

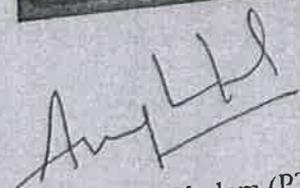
Our visit to the Artificial Limb Assessment Camp in Nanded proved to be a highly insightful experience, offering us a deeper perspective on the difficulties encountered by individuals with locomotor disabilities. Witnessing the procedures involved in prosthetic and orthotic fittings highlighted the vital role of rehabilitation in enhancing their quality of life. As aspiring physiotherapists, the camp provided us with a meaningful learning opportunity, underlining the importance of collaborative, multidisciplinary care in addressing the diverse needs of such patients.

  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

are insects and

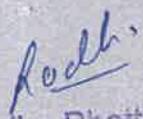
Following are the geotagged images of the Camp



  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Extension activity: Sadhuraswani Mission Astrifical Limbs Measurement Camp (Arimex)

Date: 24/08/24

Venue: Gujarati Highschool, Nanded.

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Vishwas Nandge	35/M	Rt Above knee Amp	[Signature]
2.	Prakash udape	49/M	Rt BK Amp.	[Signature]
3.	Gomd Khangaon	70/M	Lt AK	[Signature]
4.	Rashtrapal Kate	24/M	(R) BK	[Signature]
5.	Ramesh, dumuch	78/M	Rt BK	[Signature]
6.	Abdul Samgam	24/M	Rt BA	[Signature]
7.	Sunil Udule	27/M	Lt AK	[Signature]
8.	Uttam Phule	60/M	Rt BK	[Signature]
9.	Keraba morwale	62/M	Rt BK	[Signature]
10.	Balaji Gaikwad	38/M	Below elbow	[Signature]
11.	maxoti kunt	68/M	BK (L)	[Signature]
12.	Jilani Shaikh	35/M	(R) BK	[Signature]
13.	Nagoras Panchak	35/M	(R) BK.	[Signature]
14.	Chandrabhan margad	60/M	(R) AK	[Signature]
15.	Shivraj Shemrod	35/M	(R) BK	[Signature]
16.	Lalbahadur Kamble	42/M	(R) AK.	[Signature]
17.	Ajay Aaye	30/M	(R) BK	[Signature]
18.	Sarbjit Pathak	45/M	(L)	[Signature]
19.	Mohamed Ilaj	65/M	(L) BK	[Signature]
20.	Uday murte	66/M	(R) BK.	[Signature]
21.	Jabila Bhegum	65/F	(L) BK	Jamilabhegum
22.	Salim Shaikh	45/M	(L) Below elbow	Salim
23.	Ramchandra Pawar	80/M	(L) BK	[Signature]
24.	Prem Valave	17/M	(L) BK.	[Signature]
25.	Nagras Dhawale	50/M	(R) BK.	[Signature]

Dr. Radha Bhattad (PT)  
Principal and Professor

26.	Kishor Magare	30/M	B/L BK	
27.	Alam Khan	56/M	(R) BK	
28.	Manohar Kendre	70/M	(L) BK	
29.	Tukaram Mirate	17/M	(R) BK	
30.	Fixoz Shaikh	37/M	(R) BK	
31.	Sanjay Medawar	64/M	Bymes (L)	
32.	Aryasa Pole	86/F	(R) BK	
33.	Hamant Mode	19/M	(L) BK	
34.	Anteskumar Dasare	26/M	(L) BK	
35.	Ram Deshmukh	45/M	(L) AK	
36.	Dattaram Kharani	51/M	(L) BK	
37.	Babasaheb Chavan	65/M	(R) AK	
38.	Uday Gaikwad	50/M	(L) BK	
39.	Bhagvan Hingole	40/M	Calliper (L)	
40.	Balaji Phemre	70/M	(R) BK	
41.	Umakant Vartale	25/M	(R) BK	
42.	Prakash Tupekar	50/M	(R) BK	
43.	Prakash Bhuge	36/M	PPRP	
44.	Pranod Gaikwad	40/M	(L) BK	
45.	Chitra Waghmare	31/F	(L) BK	
46.	Sanjay Khatke	47/M	PPRP	
47.	Santabai Shavlekar	60/M	(L) ankle clear	
48.	Bhagvan Kamble	40/M	(R) above elbow	
49.	Suvaina Mala	45/F	(L) BK	
50.	Balaji Waghmare	54/M	(R) KE	
51.	Ajay Arthe	30/M	(L) BK	
52.	Devanand Sunkamble	51/M	(L) ankle clear	
53.	Arun Bhandale	45/M	(R) BK	
54.	Balaji Aodekar	43/M	(R) BK	
55.	Madhoo Mashivane	65/M	(R) AK	
56.	Ramdas Kamate	30/M	(L) above elbow	
57.	Sunath Gudpe	22/M	(R) above elbow	

1. Vishal Mehite  
 2. Tukaram Mous  
 3. Kausar Vaidya  
 4. Pravin Dhar  
 5. Pankaj  
 6. S.V. Madhwar  
 7. Hamant  
 8. Antezal  
 9. Datta  
 10. Balaji  
 11. 37/M  
 12. Prakash  
 13. Yashraj  
 14. Waghmare  
 15. 21/24/2020  
 16. 21/24/2020  
 17. 21/24/2020  
 18. 21/24/2020  
 19. 21/24/2020  
 20. 21/24/2020  
 21. 21/24/2020  
 22. 21/24/2020  
 23. 21/24/2020  
 24. 21/24/2020  
 25. 21/24/2020  
 26. 21/24/2020  
 27. 21/24/2020  
 28. 21/24/2020  
 29. 21/24/2020  
 30. 21/24/2020  
 31. 21/24/2020  
 32. 21/24/2020  
 33. 21/24/2020  
 34. 21/24/2020  
 35. 21/24/2020  
 36. 21/24/2020  
 37. 21/24/2020  
 38. 21/24/2020  
 39. 21/24/2020  
 40. 21/24/2020  
 41. 21/24/2020  
 42. 21/24/2020  
 43. 21/24/2020  
 44. 21/24/2020  
 45. 21/24/2020  
 46. 21/24/2020  
 47. 21/24/2020  
 48. 21/24/2020  
 49. 21/24/2020  
 50. 21/24/2020  
 51. 21/24/2020  
 52. 21/24/2020  
 53. 21/24/2020  
 54. 21/24/2020  
 55. 21/24/2020  
 56. 21/24/2020  
 57. 21/24/2020

Dr. Radha Bhattad (PT)  
 Principal and Professor

55.	Vihal Mohite	69/M	(R) Unist. distri	Wala
56.	Tukaram Mame	35/M	(R) Abse elbar	N/00/211
57.	Kamna Vaidya	40/F	(R) telawelbar	Kam
58.	Pravin Dhabhage	29/M	(R) below elbar	Pravin
59.	Panditrama Waghmare	47/M	(R) BK	Panditrama
60.	Vittal Kakde	61/M	(R) Unist. distri	BK/1/1/1
61.	Bhimrao Bilakwad	60/M	(L) BK	1/1/1/1/1
62.	Tuljabai Chanday	60/F	(R) BK	Tuljabai
63.	Amol Shilke	22/M	(L) BK	3/1/2/1/1/1
64.	Ramkrishna Basakwad	43/M	PPRP	<del>3/1/2</del>
65.	Sauji Pirapalgaonkar	57/F	(R) BK	<del>Sauji</del>
66.	Vinod Gurusath Saij	70/M	(R) syme.	<del>3/1/2</del>
67.	Jadav Ambule	31/M	(R) AK	<del>3/1/2</del>
68.	Digambar Pagade	50/M	(L) BK	3/1/2
69.	Gopal Binge	25/M	(R) AK	<del>3/1/2</del>
70.	Dynashwal Vanavade	32/M	(L) telawelbar	<del>3/1/2</del>
71.	Shaikhousai Akhil	40/M	(R) BK	3/1/2
72.	Ashok Panchal	60/M	(R) BK	3/1/2
73.	Ratanabai Solgire	57/F	(R) BK	3/1/2
74.	Narman Salin	15/M	(L) BK	3/1/2
75.	Sheshrao Bansode	71/M	(R) AK	3/1/2
76.	Chalil Shaikh	60/M	(L) BK	3/1/2
77.	Deepak Chavan	30/M	(L) BK	3/1/2
78.	Purbina Shaikh	30/F	(R) BK	3/1/2
79.	Panwarshum Gaitwad	34/M	(R) Sh. dis	3/1/2
80.	Mukund Kamble	60/M	(L) BK	3/1/2
81.	Tilani Shaikh	32/M	PPRP	3/1/2
82.	Limbaji Limbathkar	74/M	(R) BK	3/1/2
83.	Shivaji Emerband	50/M	PPRP	3/1/2
84.	Shaikh Hanif	50/M	LLD	3/1/2
85.	Shriabai Gaitwad	50/F	LK BK	3/1/2
86.	Anuradha Joshi	IF	LK BK	3/1/2

Dr. Radha Bhatnagar (PT)  
Principal and Professor



Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity:

Date:

Venue:

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
	Yojesh Sawant	28/m	RI AK	Yojesh
	Karwas Dango	60/m	LI AK	
	Sayed Shakkuddin	45/m	RI BK	Sayed
	Kesava Khurpal	52/m	LI BE	kesava
	Laxman durtale	30/m	LI AE	Laxman
	Anita Yadav	35/m	LI BK	Anita
	Kalaji chothwal	40/m	RI BE	Kalaji
	Sameer shukh	26/m	RI AE	SAMEER
	Kalaji karatwar	21/m	LI AE	Kalaji
	Datta Ichande	35/m	LI BK	Datta
	Shaseef Feroz	36/m	RI BK	Shaseef
	Tukaram mordale	17/m	RI BK	Tukaram
	Ashok shinde	42/m	LI BK	Ashok
	Mohammad khoni	53/m	RI BK	Mohammad
	Kabirao gowndao	73/m	LI BK	Kabirao
	Abulcond dunn	54/m	LI BK	Abulcond
	Hasi das Atul	37/m	LI BK	Hasi das
	Akhas Pathan	62/m	LI BK	Akhas
	Vijaykanti munde	48/m	RI BK	Vijaykanti
	Dattarao Naswade	62/m	LI BK	Dattarao
	Tanaji kornhe	41/m	RI BK	Tanaji
	Digambar Akarpe	33/m	LI BK	Digambar
	Yusuf sayeed	49/m	RI BK	Yusuf
	Hamed sheikh	49/m	RI BK	Hamed
	Ayush Khan	61/m	RI BK	Ayush
	Salyanya kumarwad	14/F	LI BK	Salyanya

Dr. Radha Bhatnagar (PT)  
Principal and Professor

Handwritten notes at the top right corner, including the name 'Chandika' and other illegible text.

Kamwar Blunde	40/F	RI BK	
Tajuddin	62/M	LI BK	
Sandip Kantal	30/M	LI Blum	
Prabhakar Mewas	62/M	RI BK	
Panchal Lati	20/F	RI AK	
Sheikh Riyaz	32/M	LI BK	
Sheikh Gulab	52/M	LI BK	
Ramesh Charan	42/M	BIL AK	
Kasunabai Ladhar	48/M	RI BK	
Pasha Bagwan	40/F	RI BK	
Masuti Godwal	60/M	RI BK	
Kandur Gampati Keket	53/M	RI BK	
Sheikh Saleem	50/M	RI BK	
Kiran Bondse	48/M	LI PPRP	
Masuti Kathode	48/M	LI BK	
Vinod Ladhar	38/M	LI BK	
Prakash Fuse	35/M	LI BK	
Balaji Sapkal	35/M	LI BK	
Lijayabai Garode	30/F	RI BK	
Uswan mandoukay	65/M	RI BK	
Vasawasi	72/F	RI BK	
Ajay Namwase	24/M	LI AK	
Jayram Mathikar	60/M	LI AK	
Rahabhai Pawar	60/M	LI BK	
Keshabai Shinde	52/F	RI PPRP	
Sheikh Shahid	55/M	LI BK	
Sheikh Babu Sherkar	60/M	RI BK	
Lyenna Sodras	30/M	LI PPRP	
Prakash Pawar	45/M	RI AK	
Ranjay Peshwe	40/M	LI BK	
Durgadeh Shukkar	51/M	RI BK	
Vishwambar Bhojal			

Dr. Rajendra (PT)  
Principal and Professor

Handwritten notes in a small box at the top left, including the name 'Sandeep' and some illegible scribbles.

ramdeo ghantakone	621m	R/BK	
chandrabhanu santam	451m	R/BK	cel 29/11
Rilip Hode	501m	R/BK	Thru
Vitsom mouite	401m	R/BK	
Gugandhas dube	591m	L/BK	
Vitao Yelki	401m	R/PPRP	V/BK
Masoti Salmc	521m	R/BK	
Kali devshankar	241m	R/BK	
Dnyaneshwar shinde	401m	R/BK	
Vithal gondgode	301m	R/BK	
Madhoo patilchand	421m	R/AK	
Balaji goghas e	521m	L/AK	
Babuseo kushade	751m	R/BK	
Sachin Borcane	271m	R/LBK	
Satyanarayan madhakar	211m	B/LPPRP	
Kultram kadam	601m	R/BK	
Manoj Bokfod	251m	R/AK	
Dnyaneshwar Dhumar	401m	L/BK	
Shamdu kamble	481m	R/BK	
Santosh Suricwanewi	491m	R/AK	
Vinashakar Harsote	481m	R/AK	
Balaji Sidka	481m	L/BA	
Rajeshwar momidwar	541m	R/BK	
Mohammad abdul	621m	R/BK	
Ramaji Jejkar bande	461m	R/AK	
Sambhaji Dhumar	601m	R/AK	
	411m	L/BK	

Ravi Phalaji	90/m	L BK	<del>AT. A. M.</del>
Dnyaneshwar Nisgude	60/m	L BK	<del>AT. A. M.</del>
Gowind Kanyawas	58/m	R BK	<del>AT. A. M.</del>
Gowind Mathaspethe	32/m	L BK	<del>AT. A. M.</del>
Salannarayn Ponnem	60/m	Combust	सालानारायण
Ramesh Pawar	58/m	L BK	(Pawar)
Yash Mathas	43/m	L BK	- सातारा
Riyaz Siddique	56/m	L PPRP	<del>AT. A. M.</del>
Narayan Shingale	50/m	R L VV	(12/2/01)
Pandurang Yadav	50/m	R BK	<del>AT. A. M.</del>
Atinaram Butke	42/m	L BK	<del>AT. A. M.</del>
Vijaykumar Jadhav	90/m	digit amples	
Parvati Jadhav	15/m	R BK	<del>AT. A. M.</del>
Kusam Jadhav	30/m	BK PPRP	<del>AT. A. M.</del>
Kantabai Pawar	50/m	Calliper	
Madhav Gorale	90/m	L BK	<del>AT. A. M.</del>
Laxmibai Rande	50/m	L BK	<del>AT. A. M.</del>
Sanjay Hingole	50/m	L BK	<del>AT. A. M.</del>
Mundday Gaybhare	30/m	R BK	<del>AT. A. M.</del>
Gopinath Chandewad	69/m	R BK	<del>AT. A. M.</del>
More madhav	42/m	R BK	<del>AT. A. M.</del>
Vinayak matpati	17/m	R BK	<del>AT. A. M.</del>
Sujal Karmam	21/m	L PPRP	<del>AT. A. M.</del>
Vishwas godbole	28/m	L BK	<del>AT. A. M.</del>
Babun Jadhav	52/m	R BK	<del>AT. A. M.</del>
Baburao sangal	50/m	R BK	<del>AT. A. M.</del>

Radha  
Dr. Radha Bhatnagar (PT)  
Principal and Professor



Sancheti Healthcare and Research Foundation's

 Sancheti  
College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Date: 01/09/2025

Reference No: SIORCOP/Ext act/ /2025

## CIRCULAR

### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend a camp at Nivara Old Age Home held by SIOR, which will be conducted on 8th September 2025. The event will be held from 5 pm to 8:30 pm



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhatia (PT)  
Principal and Professor

'Nurturing Minds, Inspiring Excellence'  
Sancheti Healthcare Academy

SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE

Name of the event: Free Health assessment for elderly

Date: 8th September, 2025

Time: 5:00 PM to 8:30 PM

Venue: Nivara Old Age Home, Pune

On 8th September, 2025, we, the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr. Tasneem Rizvi, Dr. Akshata Gawade and Dr. Khushal kajrolkar visited Health Assessment Camp at Nivara Old Age Home, Pune organized by SIOR. The visit was organized as part of our academic curriculum.

Objective of the Visit:

The objective of the screening and physiotherapy camp at Nivara Old Age Home was to assess balance, gait, and risk of falls among elderly residents.

Observations:

During our visit to Nivara Old Age Home, we screened elderly have varying degrees of age-related physical and functional limitations. Many participants presented with reduced joint mobility, muscle weakness, and postural deviations, particularly involving the spine, knees, and shoulders. The following key observations were noted:-

- Type of participants:

A total of 52 elderly were screened during the camp. The participants included elderly who complained of chronic musculoskeletal pain, especially low back pain and knee pain, were commonly reported.

- Health-related observations:

Among the screened elderly, 28 individuals required physiotherapy intervention due to musculoskeletal complaints. Most residents showed signs of age-related degenerative changes, including joint stiffness, reduced range of motion, muscle weakness, and chronic pain commonly affecting the knees, lower back, shoulders, and neck. Postural abnormalities such as increased thoracic kyphosis and forward head posture were frequently observed. A significant number of elderly individuals demonstrated poor static and dynamic balance, difficulty during turning, and reliance on support while walking, indicating a high risk of falls.

  
Dr. Radha Bhattad (PT)  
Principal and Professor

- Intervention Provided

Based on the findings of the health assessment, appropriate physiotherapy interventions were provided to the elderly residents during the camp. Individuals were educated about the importance of regular physical activity, correct posture, and maintaining functional independence. Demonstrations of simple, safe, and age-appropriate exercises were given, focusing on joint mobility, muscle strengthening, balance, and flexibility.

Residents with musculoskeletal complaints were guided through pain-relieving exercises, active range of motion exercises, and gentle stretching. Balance and gait training techniques, including sit-to-stand practice and safe ambulation strategies, were demonstrated to reduce the risk of falls.

- Conclusion

The health assessment camp conducted on the occasion of Physiotherapy Day at the Nivara Old Age Home was successful in identifying common age-related health issues affecting mobility, balance, and functional independence among the elderly residents. The camp helped in early recognition of musculoskeletal, balance, and cardiorespiratory limitations and highlighted the need for regular physiotherapy intervention. The education and exercise guidance provided during the camp improved awareness regarding posture, physical activity, and fall prevention. Overall, the camp emphasized the vital role of physiotherapy in promoting healthy aging, enhancing quality of life, and maintaining independence in the elderly population.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Roopa Rao (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhatnagar (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Nimara Old Age Camp

Date: 8/09/25

Venue: Nimara Old Age Home

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Smrita Shinde	61/F	LBP	<u>Smrita</u>
2.	Prabhakar Rane	70/M		<u>Rane</u>
3.	Ramya Dhoke	62/F	Stroke	
4.	Sushila Devi	70/F		<u>Devi</u>
5.	Shankar Rao	66/M		<u>Rao</u>
6.	Gopal Nair	62/M		<u>Nair</u>
7.	Zeeba Patil	71/F	Knee pain	<u>Patil</u>
8.	Savitri Patil	68/F	OA	
9.	Rammasad Sharma	69/M		<u>Sharma</u>
10.	Shantabi Sasane	70/F	LBP	<u>Sasane</u>
11.	Lakshmi More	60/F		
12.	Asha Goreani	59/F		<u>Goreani</u>
13.	Chandrasant Joshi	67/M		<u>Joshi</u>
14.	Usha Kulkarni	63/F	Heel pain	<u>Kulkarni</u>
15.	Manik Sabnis	74/F	Knee OA	
16.	Sangita Tadkar	72/F		<u>Tadkar</u>
17.	Datta More	79/M	LBP	<u>More</u>
18.	Suman Deshmukh	73/F		<u>Suman</u>
19.	Paalmath Joshi	80/M	Stroke	
20.	Nirmala Chavan	77/F	Stroke	<u>Nirmala</u>
21.	Kamla Shinde	58/F		<u>Shinde</u>
22.	Prihya Vaidya	59/F	LBP	
23.	Gajanan Gansande	63/M	Knee OA	<u>Gansande</u>
24.	Vishnu Phadke	64/M		<u>Phadke</u>
25.	Mangala Samant	72/F	Neck pain	
26.	Sumanda Thorat	65/F		<u>Thorat</u>

Rachha  
Dr. Radha Bhattad (PT)  
Principal and Professor





Sancheti Healthcare and Research Foundation's

Sancheti  
College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 6/09/2025

## CIRCULAR

### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend a free physiotherapy camp for patients with Multiple Sclerosis, which will be conducted on 14th September 2025, at SIOR, Pune.

  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

  
Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE**

Neurophysiotherapy Department

**MS Day Report**

Name of the event: **Physiotherapy Camp for Patients with Multiple Sclerosis**

Date: **14<sup>th</sup> September, 2025**

Time: **10:00 AM to 2:00 PM**

Venue: **Sancheti Institute for Orthopaedics and Rehabilitation**

The Neuro Department of Sancheti Institute, in collaboration with the Multiple Sclerosis Society of India, Pune branch, organized a Free Physiotherapy Camp at the SIOR OPD. The camp aimed to provide free physiotherapy consultation and engaging therapeutic activities for individuals with Multiple Sclerosis (MS), enhancing their motor abilities and overall well-being. 12 Neuro Master's students (MPT 1 & 2) and 11 Undergraduate Final year students, along with 2 of the faculty members participated in the camp.

**Objective of the visit**

The objective was to provide physiotherapy consultation and guidance to MS patients. Encourage active participation in physical, recreational, and therapeutic activities and to create awareness about the role of physiotherapy and exercise role in improving quality of life.

**Observations**

During our visit, we had the opportunity to interact with the active members of MS Society Pune along with patients. The following key observations were made:

**Type of patients:**

A diverse range of Multiple sclerosis patients having different variants of the disease. All age groups were included with various sets of difficulties and a total of 20 patients participated in the camp.

**Activities Conducted:**

- The program began with an energetic dance performance by final year students.
- Patients engaged in chair activities and fun motor-challenging games, designed to improve mobility, balance, and coordination.
- The session concluded with Leg exercises Arm Therapy, including guided mobilization and sound hearing, promoting education and mental well-being.

  
**Dr. Redha Bhattar (MPT)**  
Principal and Professor

## Conclusion

The Free Physiotherapy Camp for MS Patients was a resounding success, providing both physical and emotional benefits to participants. The combination of physiotherapy consultation, engaging activities, and expressive arts created a holistic therapeutic environment. The camp also provided valuable learning opportunities for students, reinforcing the importance of multidisciplinary approaches in neurological rehabilitation and patients enthusiastically participated in all the activities and expressed great satisfaction with the program.



*Sadhana*  
Dr. Sadhana Mukhi (PT)  
HOD, Neurophysiotherapy

*Anagha*  
Dr. Anagha Kadam (PT)  
Coordinator  
Extension activities Committee

*Suroshree*  
Dr. Suroshree Mitra (PT)  
Chairperson  
Extension activities Committee

*Rachha*  
Dr. Rachha Bhatnagar (PT)  
Principal and Professor

Extension activity: Multiple Sclerosis Camp  
 Date: 14/09/25

Venue: SJOR - OPP

Sr. No.	Name of the student	Year	Signature
<del>1</del>	<del>Aproz Mujumdar</del>	<del>28 yrs</del>	
<del>2</del>	<del>Swappil Tanak</del>	<del>35 yrs</del>	<del>S.S. Tanak</del>
<del>3</del>	<del>Sachin Naikwadi</del>	<del>35/M</del>	<del>Dr. Sachin</del>
<del>4</del>			
1.	Umraoti Khandelwal	MPT-I	Umraoti
2.	Ashita Dey	MPT-I	Ashita
3.	Bhakti Wadhikar	MPT-I	Bhakti
4.	Kaishwami Sonawane	MPT-I	Kaishwami
5.	Vikram Dhole	MPT-I	Vikram
6.	Ishika Jaiswal	MPT-II	Ishika
7.	Riya Surti	MPT-II	Riya
8.	Raghav Zauwar	MPT-II	Raghav
9.	Devyani Shastri	MPT-II	Devyani
10.	Nupur Sabniswale	MPT-II	Nupur
11.	Shradha Girola	MPT-II	Shradha
12.	Kwari Doshi	Final yr	Kwari
13.	yukti aaglani	Final year	yukti
14.	Tanisha Dharod	Final yr	Tanisha
15.	Keta Shah	Final yr	Keta
16.	Khushi Shah	Final yr	Khushi
17.	Aanya Solanki	Final yr	Aanya
18.	Lokesh Thakur	Final yr	Lokesh
19.	Zenia Tampal	Final yr.	Zenia
20.	Sakshi Lahare	Final yr.	Lahare S.
21.	Aarushi Desai	Final yr	Aarushi
22.	Jivlee Bhavsar	Final yr	Jivlee

*Radha*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor



Activity: Multiple Sclerosis Camp.

14/09/25

SIOR OPD

Sr. No.	Name of the patient	Age/Gender	Diagnosis	Signature
1.	Aproz Mujawar.	28/F	RRMS.	Uma
2.	Swapnil Tanak.	38/M	PPMS	S.S. Tanak
3.	Sachin Naikewadi	35/M	RRMS	Sf.
4.	Pranvase Nagporkar	45/F	RRMS	Pranvase
5.	Sanyasi Jadhav	28/F	RRMS	Sanyasi
6.	Mahila. Paranjape	60/F	SPMS	Mahila
7.	Aarti Chakrawarti	30/F	RRMS	Anakrawarti
8.	Radhika Kone	40/F	PPMS	R. Kone
9.	Akshay Khadke	32/M	PPMS	Ak
10.	Pallavi Deshmukh	43/F	PRMS	Pallavi
11.	Sansha Patil	37/F	RRMS	Sansha
12.	Rupali Bhansali	52/F	RRMS	Rupali
13.	Akshay Khadke	30/M	PPMS	Akshay
14.	Archana Redherkar	55/F	RRMS	Archana
15.	Rekha Hasekude	51/F	SPMS	Rekha
16.	Kiran Pardeya	48/F	RRMS	Kiran
17.	Kamini Dja	50/F	PPMS	K. Dja
18.	Sheetal Khase	37/F	RRMS	Sheetal
19.	Nikita Chauhan	34/F	RRMS	Nikita
20.	Rohit Nigade	48/M	PPMS	Rohit

Dr. Radha Bhattad (PT)  
Principal and Professor

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 03/ 09/ 2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy, Extension Activities Committee will attend free Artificial Limbs  
Distribution Camp held by SIOR, which will be conducted on 12th and 13th September  
2025, at Ichalkaranji. The event will start at 9:00 am to 3:00 pm.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** Free Artificial Limbs Distribution Camp (Orthotics & Prosthetics) by SIOR

**Date:** 12-13th September, 2025

**Time:** 9:00 AM to 3:00 PM

**Venue:** Agrasen Bhavan, Ichalkaranji

On 12th -13th September, 2025, we, the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr. Divya Sojarani, Dr. Komal Agrawal, visited Free Artificial Limbs Distribution Camp at Ichalkaranji organized by SIOR. The visit was organized as part of our academic curriculum to gain practical exposure to the field of prosthetics and orthotics, particularly in patients affected by locomotor disabilities.

#### Objective of the visit :

The objective of assessing and observing the process of prosthetic and orthotic fitting for the patients with locomotor disability for artificial limbs is to provide accurate artificial limbs for ensuring comfort, functionality, and long-term usability according to the patient's requirements.

#### Observations :

During our visit, we had the opportunity to interact with healthcare professionals, prosthetics, orthotists, and patients. The following key observations were made:

##### ● Type of patients:-

Variety of patients with Hip disarticulation, BK amputation, Above knee amputation, ankle disarticulation, above wrist amputation, Poliomyelitis, CP, etc participated. The age group was from 5 years to 80 years.

##### ● Prosthetics and Orthotics Devices Provided:-

- Patients will receive customized prosthetic limbs, orthotic insoles, and specialized footwear to prevent further complications.
- Orthotic devices such as ankle-foot orthoses (AFOs) and dynamic splints will be provided to aid mobility and prevent deformity progression.

*Dr. Radha Bhattad*  
Dr. Radha Bhattad (PT)  
Principal and Professor

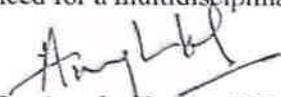
- o Canes and walkers will also be provided to geriatric patients in need.

The patients will receive their limbs and will be trained for walking using newly made artificial limbs.

A total of 116 patients participated in this camp organized by SIOR.

### Conclusion

Our visit to Free Artificial Limbs Distribution Camp was an enriching experience that deepened our understanding of the challenges faced by locomotor disabilities patients. Observing the process of prosthetic and orthotic fitting reinforced the importance of rehabilitation in improving the lives of individuals affected by these disabilities. The camp served as a valuable learning opportunity for us as future physiotherapists, emphasizing the need for a multidisciplinary approach in patient care.

  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

  
Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

Following a



**Ichalkaranji, Maharashtra, India**

Honkara Bhingole Gate, S/222, Khopra Mala, Kavgada  
 Mala, Ichalkaranji, Maharashtra 426145, India  
 Lat: 16.685277° Long: 74.41557°  
 9109/2025 09:00 AM GMT +05:30

**Ichalkaranji, Maharashtra, India**

Honkara Bhingole Gate, S/222, Khopra Mala,  
 Kavgada Mala, Ichalkaranji, Maharashtra 426145, India  
 Lat: 16.685277° Long: 74.41557°  
 9109/2025 09:00 AM GMT +05:30

GPS Maps Camera

*Radha*

**Dr. Radha Bhattad (PT)**  
 Principal and Professor



Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Orthotics & Prothetics distribution camp.

Date: 12-13<sup>th</sup> September 2025

Venue: Ichalkaranji

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Ganga Deepak Jadhav	48/M	Rt. calliper	
2.	Sangita Kore	52/F	BKA	
3.	Prakash Gosavi	62/M	BKA	
4.	Suhel Toru	46/M	BKA	
5.	Dhananjay Choughale	42/M	BKA	
6.	Prathamesh Patil	64/M	Rt. calliper	
7.	Rajesh Hawal	59/M	Lt. calliper	
8.	Bhaskar Kambale	64/M	BEA	
9.	Suhani Patil	52/F	CP	
10.	Ananda Dobale	52/F	BEA	
11.	Ganpati Pole	47/M	AEA	
12.	Khadbuddin Kazi	50/M	BKA	
13.	Suresh Gydwai	38/M	BEA	
14.	Anil Vijaynagar	56/M	calliper	
15.	Rajesh Navi	61/M	AKA	
16.	Baderab Chudiwab	67/M	AKA	
17.	Nirmala Lole	46/F	BKA	
18.	Avinash Choughale	38/M	BEA	
19.	Shamirbakh Mujawar	56/M	AKA	
20.	Alludin Harungiri	52/M	BKA	
21.	Tanveer zaki	19/M	BKA	
22.	Ashok Bhandave	41/M	BKA	
23.	Dilip Lokhande	44/M	Hand.A.	
24.	Masrut Kagale	74/M	BKA	
25.	Varant Kumbhar	52/M	BKA	
26.	Balwant Desra.	65/M	AKA.	

*Radh.*

Dr. Radha Bhattad (PT)  
Principal and Professor

59.	60.	61.	62.	63.	64.	65.	66.	67.

27.	Shankar Patil	36   m	BKA	Hand
28.	Prakash Golangade	42   m	AEA	K
29.	Nitin Lalunkhe	60   m	BKA	S
30.	Shorad Mali	59   m	AKA	Hand
31.	khonduba Munje	48   m	BKA	Hand
32.	Manuti Gawde	62   m	BKA	Hand
33.	Sanjay Choughete	39   m	BKA	Hand
34.	Gopal Pachapute	19   m	BKA	Hand
35.	Suman Karale	4   F	BKA	Hand
36.	Jayvardhan Mayanna	9   m	calliper	Hand
37.	Balaso Sangevle	46   m	BKA	Hand
38.	Gundu Hoskalle	38   m	AKA	Hand
39.	Suresh Sankpal	42   m	BKA	Hand
40.	Manuti Latane	56   m	AKA	Hand
41.	Dhondiram Lohar	62   m	BKA	Hand
42.	Harshwardhan Patil	58   m	BKA	Hand
43.	Najabi Mulani	48   F	BKA	Hand
44.	Dilip Khol	47   m	BKA	Hand
45.	Ravikant Sutar	47   m	BKA	Hand
46.	Tinu Bankapure	52   m	BKA	Hand
47.	Anappa Gawde	69   F	AKA	Hand
48.	Francis Patre	39   m	AKA	Hand
49.	Prakash Shingade	49   m	BKA	Hand
50.	Lata Patil	44   m	BKA	Hand
51.	Mangal Malgane	48   F	BKA	Hand
52.	Baburao Vabale	56   F	BKA	Hand
53.	Umesh Marathe	29   m	BKA	Hand
54.	Ganpati Gungo	36   m	Hand A.	Hand
55.	Kantosh Gawade	41   m	BKA, AKA	Hand
56.	Vijay Kamble	60   m	BKA	Hand
57.	Appasahb Gawade	52   m	BKA	Hand
58.	Gayatri Deshpande	50   m	AEA	Hand
		44   F	calliper	Hand

Committee  
and Rehabilitation  
attend a free ph  
will be conducte

*Rachh*  
Dr. Rachha Bhalad (PT)  
Principal and Professor

59.	Mahadev Mali	48/F	AkA	<del>Hand</del>
60.	Ambadas Gundla	56/M	AkA	<del>Hand</del>
61.	Rafiq Sayyad	28/M	BkN	<del>Hand</del>
62.	Ananda kumbhar	62/M	BkN	<del>Hand</del>
63.	Ranaling Palekar	46/M	BkN	<del>Hand</del>
64.	Sunanda Patil	52/F	BkA	<del>Hand</del>
65.	Sadgounda Patil	60/M	calliper	<del>Hand</del>
66.	Rajashri Kane	56/F	BkA	<del>Hand</del>
67.	Kamal Patil	49/F	BkD	<del>Hand</del>
68.	Sunita More	38/F	AKA	<del>Hand</del>
69.	Balasaheb Kamble	38/M	BkA	<del>Hand</del>
70.	Nandini Padankar	29/F	AKA	<del>Hand</del>
71.	Arun Nirmale	29/M	BkA	<del>Hand</del>
72.	Laxappa Chikale	33/M	AKA	<del>Hand</del>
73.	Arun Pawar	45/M	AKA	<del>Hand</del>
74.	Aditya Gaikwad	53/M	BkA	<del>Hand</del>
75.	Radhika Chivde	34/F	BkA	<del>Hand</del>
76.	Dadu khot	56/M	BkA	<del>Hand</del>
77.	Nanasa kiwaje	48/M	BEA	<del>Hand</del>
78.	Appasaheb Kamble	62/M	BkA	<del>Hand</del>
79.	Arvind Godare	39/M	BkA	<del>Hand</del>
80.	Komal Nemiste	28/F	Rd-Hard	<del>Hand</del>
81.	Gajanan Daiv	41/M	calliper	<del>Hand</del>
82.	Suresh Bhishnare	60/M	AKA	<del>Hand</del>
83.	Ramappa Dangi	60/M	BkA	<del>Hand</del>
84.	Ashok Manture	65/M	BkA	<del>Hand</del>
85.	Mohan kumbhar	37/M	BkA	<del>Hand</del>
86.	Santosh Lad	46/M	calliper	<del>Hand</del>
87.	Goutam Kamble	59/M	BEA	<del>Hand</del>
88.	Ananda Patil	57/M	BkA	<del>Hand</del>
89.	Masuti Chotbe	62/M	BkA	<del>Hand</del>
90.	Adinath Mali	70/M	BkA H.	<del>Hand</del>
		47/M.	BLT Hard	<del>Hand</del>

Dr. Radha Bhatnagar (PT)  
Principal and Professor

91.	Krishnachand Chavan	36/M	BkA	<u>Chavan</u>
92.	Sikandar Attar	42/M	BkA	<u>Attar</u>
93.	Yashbai Jaykward	46/F	BkA	<u>Jaykward</u>
94.	Chandrabai	59/F	BkA	<u>Chandrabai</u>
95.	Ashok Pawar	52/M	BkA	<u>Pawar</u>
96.	Nitin Chovare	62/M	BkA	<u>Chovare</u>
97.	Bisappa Mate	48/M	BkA	<u>Mate</u>
98.	Sonabai	59/F	BkA	<u>Sonabai</u>
99.	Raghunathi Dongare	51/M	AkA	<u>Dongare</u>
100.	Pranila Torwade	65/F	BkA	<u>Torwade</u>
101.	Narayan Manjan	48/M	BkA	<u>Manjan</u>
102.	Nelaji Farakate	56/M	BkA	<u>Farakate</u>
103.	Rikha	39/F	BkA	<u>Rikha</u>
104.	Mohammad Ahmad	16/M	BkA.	<u>Ahmad</u>
105.	Shital Dabhade	32/F	Covert/Ke	<u>Dabhade</u>
106.	Vaishali Dabhade.	58/F	Covert	<u>Dabhade</u>
107.	Raja Shinde	46/M	BkA	<u>Shinde</u>
108.	Abhash Vade	52/M	AkA	<u>Vade</u>
109.	Ashok Ndsul	49/M	BkA	<u>Ndsul</u>
110.	Ravindra Vorule	56/M	BkA	<u>Vorule</u>
111.	Vilas Khot.	26/M	BkA.	<u>Khot</u>
112.	Shivaji Karb	62/M	BkA	<u>Karb</u>
113.	Jgbai Makandar	51/F	BkA	<u>Makandar</u>
114.	Sangha Patil	40/F	BkA	<u>Patil</u>
115.	Pinca Kambe.	39/M	BkA	<u>Kambe</u>
116.	Yashoda Jutar.	56/F.	AkA.	<u>Jutar</u>

*Radha*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

Sancheti Healthcare and Research Foundation's

 **Sancheti**  
College of Physiotherapy

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax:020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 10/09/2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend Camp held by SIOR, which will be conducted on 20th September 2025, at Manjari Bk. ,Pune. The event will be from 11:00 am to 6:00 pm.



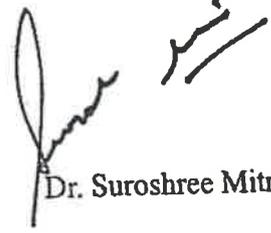
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Radha Bhattad (PT)  
Principal and Professor



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE**

**Camp Report**

**Name of the event:** Camp by SIOR

**Date:** 20th and 21st September 2025

**Time:** 11:00 AM to 6:00 PM

**Venue:** Krushnaji Khanduji Ghule Vidyalaya, Manjari Budruk, Pune.

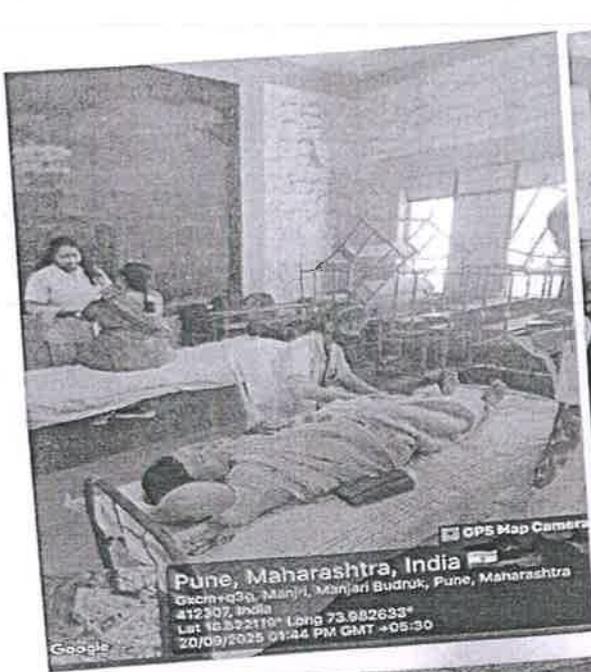
**OBJECTIVE:** A free health check-up camp at Krushnaji Khanduji Ghule Vidyalaya, Manjari Budruk, Pune, organized by SIOR under the Government initiative of "Swasth Nari, Sashakt Parivar Abhiyaan as planned with the objective of assessing their BMD and treating patients with different orthopaedic and neurological conditions by the Multi-speciality doctors and physiotherapists with distribution of Maternity benefits under Pradhan Mantri Matru Vandana Yojana

The patients were assessed for their various musculoskeletal conditions by Orthopaedic doctors SIOR. They were also referred to Physiotherapists -Dr. Apurva Dr. Snehal and Dr. Shreya on 20th September and to - Dr. Tasneem, Dr. Pratiksha, Dr. Spruha on 21st September for their opinions and exercises. This event was co-ordinated by Mr. Ajinath Rothe, from the Marketing Department of SIOR. Patients having low back pain, neck pain, knee pain, shoulder pain, multiple joint pain and other such conditions due to various causes were assessed and exercises were prescribed accordingly. This camp catered patients aged between 24-76 years.

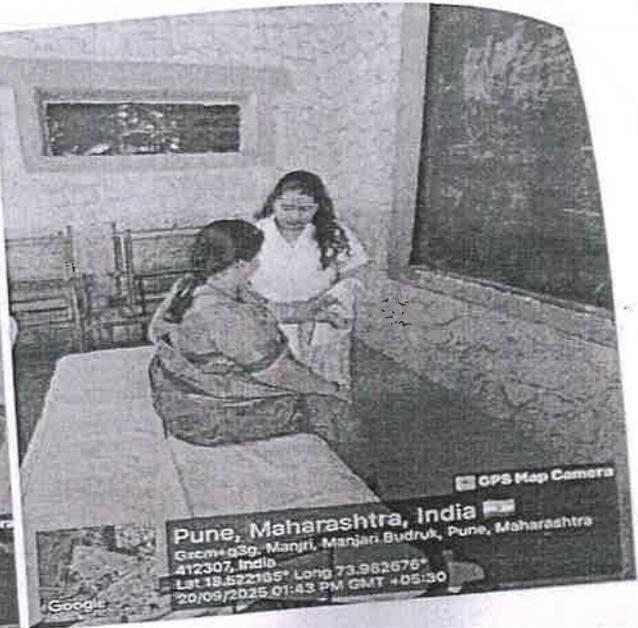
A total of 48 patients got benefitted from this camp (28 on 20/09/25 and 20 patients on 21/09/2025). Feedback was taken verbally from the participants and they stated that they were greatly benefitted by the organization of this camp.

*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

Sancheti Institute  
 Extension activity: Manjri  
 Date: 20th Sep 2025  
 Venue: Manjri Bk  
 Sr. No. \_\_\_\_\_  
 Name of the person \_\_\_\_\_



Pune, Maharashtra, India  
 Google  
 GPS Map Camera  
 Gx0m+q3g, Manjri, Manjari Budruk, Pune, Maharashtra  
 412307, India  
 Lat 18.522110° Long 73.982633°  
 20/09/2025 01:44 PM GMT +05:30



Pune, Maharashtra, India  
 Google  
 GPS Map Camera  
 Gx0m+q3g, Manjri, Manjari Budruk, Pune, Maharashtra  
 412307, India  
 Lat 18.522105° Long 73.982676°  
 20/09/2025 01:43 PM GMT +05:30



Pune, Maharashtra, India  
 Google  
 GPS Map Camera  
 Gx0m+q3g, Manjri, Manjari Budruk, Pune, Maharashtra #12307, India  
 Lat 18.522105° Long 73.982688°  
 20/09/2025 01:00 PM GMT +05:30

*Anagha Kadam*  
 Dr. Anagha Kadam (PT)

Coordinator  
 Extension Activities Committee

*Radhika*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

*Suroshree Mitra*  
 Dr. Suroshree Mitra (PT)  
 Chairperson

Extension Activities Committee

Extension activity: Manjari Bk - Kusumaji Ghule Vidyalyaya

Date: 20th Sep 2025

Venue: Manjari Bk.

Sr. No.	Name of the patient	Age/Gender	Diagnosis	Signature
1.	Pawan Londhe	39/M	LBP	Pandhe
2.	Vishnu Barwarkari	70/M	LBP	Vishnu Barwarkari
3.	Mangal Londhe	60/F	LBP	Mangal
4.	Kailas Savade	46/M	PJVD w.	Kailas
5.	Mihalski Giri	64/F	Planter fasciis	Mihalski Giri
6.	Shivaji Sonawane	48/M	Ankle pain	Shivaji
7.	Raju Tibode	51/M	Neck Pain	Raju
8.	Rajendra Gadade	52/M	LBP & shoulder pain	Rajendra
9.	Nilangi Sonawane	54/M	polyarthralgia	Nilangi
10.	Pathan Hq. Inabany	51/F	Lt knee pain	Pathan
11.	Ramdhandra kombale	75/M	osteoporosis	Ramdhandra
12.	Vaishali Mohite	51/F	OA knee & varicose vein	Vaishali
13.	Suvarna Gasavi	42/F	CA pain	Suvarna
14.	Leena Autade	48/F	LBP + OA	Leena
15.	Prachi Chaudhary	43/F	LBP	Prachi
16.	Sarika Kad	37/F	R/L Heel pain	Sarika
17.	Vaishnavi Shinde	24/F	LBP	Vaishnavi
18.	Anila Denge	56/F	bil heel pain	Anila
19.	Gwal Admane	76/M	cervical pad.	Gwal
20.	Smt Denge A-A	54/F	plantar famb	Smt Denge
21.	Gulab Admane	76/F	cervical pain	Gulab
22.	Smt. Cazi. Rk	53/F	Upper back pain	Smt. Cazi
23.	Balasaheb Ghule	73/F	R shoulder pain	Balasaheb
24.	Archana Kasabe	34/F	knee pain	Archana
25.	Ravindra Nigade	56/M	osteopeno.	Ravindra
26.	Vandana Mule	43/F	LBP	Vandana





Sancheti Healthcare and Research Foundation's



Sancheti  
College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Date: 14/ 09/ 2025

Reference No: SIORCOP/Ext act/ /2025

## CIRCULAR

### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend I League3, which will be held in Assam from 23rd - 29th September 2025.

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** I league 3 (pre-season) camp by SIOR

**Date:** 23th to 28th September, 2025

**Time:** 7:00 AM to 7:00 PM

**Venue:** Makalmua, Dist-Nalbari (Assam) On 23th -28th September, 2025, I, the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr. Utkarsh Deshmukh, I League 3 (Pre-season) at, Makalmua (Assam) organized by SIOR. The visit was organized as part of our academic curriculum to gain practical exposure to on field and assessment, tackling various acute injuries and psychological aspects of players and building rapport.

#### **Objective of the visit :**

The objective of the visit to Makalmua, District Nalbari (Assam) during the I-League 3 (Pre-season) was to gain hands-on exposure to on-field sports physiotherapy practices in a competitive football environment. This included assessment, immediate management, and rehabilitation planning of acute and overuse injuries, understanding injury prevention strategies, observing fitness screening and recovery protocols, and addressing the psychological aspects of players during pre-season training and competition. The visit also aimed to develop professional communication, teamwork, and rapport-building skills with athletes, coaches, and the medical support team, thereby bridging theoretical knowledge with real-time clinical and on-field decision-making.

#### **Observations :**

During our visit, we had the opportunity to interact with a Coach, Nutritionist, Strength and conditioning coach, Psychologist and patients. The following key observations were made:

- **Type of patients:-**

Variety of patients with IT band syndrome, Rectus abdominis strain, Adductor strain, Quadriceps strain, Kinesiophobia, Labral injuries, Contusions etc.

#### **Conclusion**

The sports physiotherapy camp conducted at Makalmua, District Nalbari (Assam) during the I-League 3 (Pre-season) proved to be a highly valuable and enriching academic experience. The visit successfully fulfilled its objectives by providing practical exposure to on-field sports physiotherapy in a competitive football setting. It enabled hands-on involvement in the assessment, immediate management, and rehabilitation planning of acute and overuse

  
Dr. Radha Bhatnagar (PT)  
Principal and Professor

injuries, while also enhancing understanding of injury prevention strategies, fitness and recovery protocols followed during pre-season training.

Additionally, the camp offered significant insight into the psychological aspects of athlete management, including motivation, stress handling, and confidence-building during competitive preparation. Active interaction with players, coaches, and the medical support team helped in developing professional communication skills, teamwork, and effective rapport-building, which are essential for successful sports physiotherapy practice.

Overall, the camp effectively bridged the gap between theoretical knowledge and real-time clinical and on-field application, strengthening clinical reasoning, decision-making abilities, and confidence. The experience contributed meaningfully to the professional growth of the MPT students and reinforced the importance of multidisciplinary collaboration in sports injury management and athlete performance enhancement



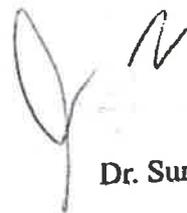
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Radha Bhattad (PT)  
Principal and Professor



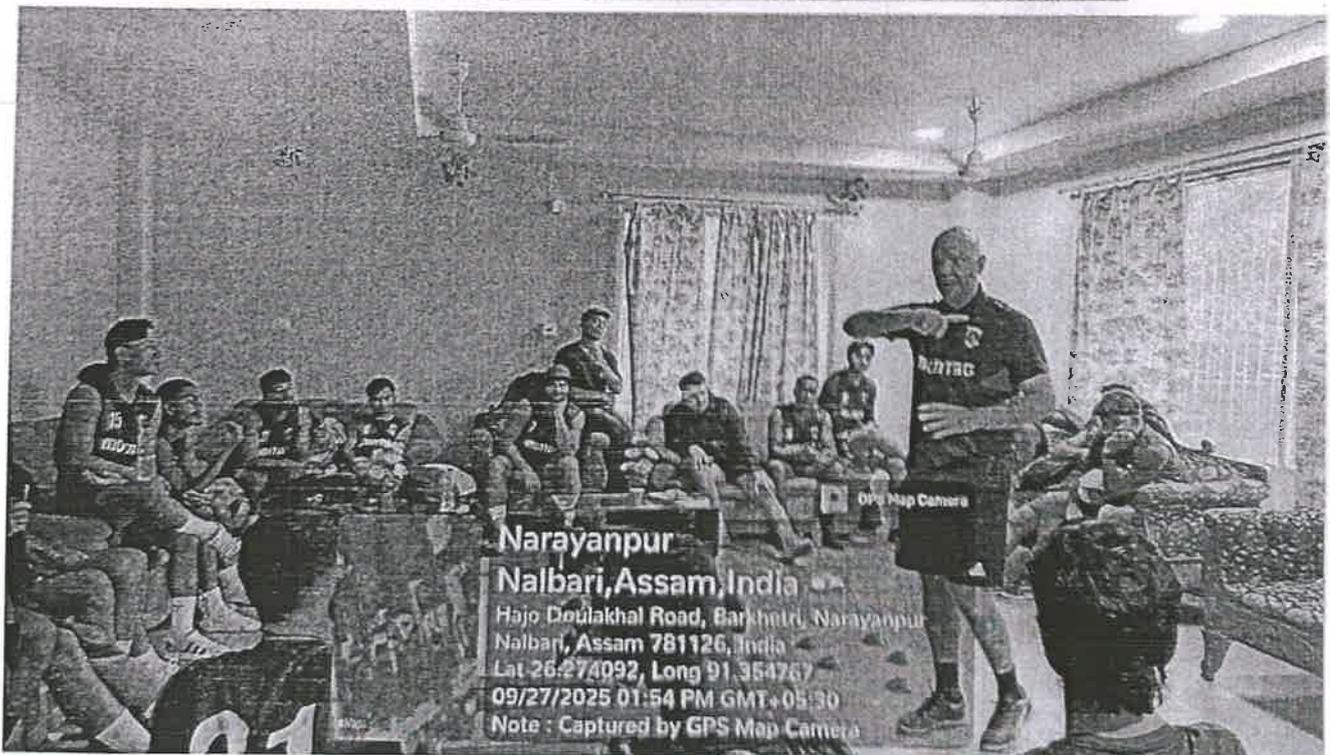
Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Following are the s

Following are the geotagged images of the Camp:



*Radha*  
**Dr. Radha Bhanad (PT)**  
 Principal and Professor





**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik  
Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 22/ 07/ 2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee along with Mentorship Committee will be conducting Free Fitness Camp on 29th Sept 2025, at Dagdusheth, Babu Genu and Bhausahab Rangare Bajirao Road, Pune. The event will start from 2:00pm to 5:00 pm.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee



Dr. Radha Bhattad (PT)  
Principal and Professor

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE**

**Name of the event:** Free Fitness Assessment Camp

**Date:** 29<sup>th</sup> September, 2025

**Time:** 2:00 to 5:00 PM

**Venue :** Dagdusheth, Hutatma Banu Genu, Bhausaheb Rangare

**OBJECTIVE:** A free fitness assessment camp at Dagdusheth, Hutatma Banu Genu, Bhausaheb Rangare organized by Extension Activities Committees & Mentorship Committee was planned with the objective of treating patients with different conditions by the Multi-speciality physiotherapists.

The patients were assessed for their various conditions by BPT and MPT Students, Faculty of SIORCOP were also included in the camp for their opinions and assessment. This event was co-ordinated by Dr. Farheen Patel & Dr. Ria Gondhali, Patients having low back pain, neck pain, knee pain, shoulder pain, multiple joint pain and other such conditions due to various causes were assessed and exercises were prescribed accordingly.

A total of 383 patients participated in the Health Camp, out of which many were referred for individual physiotherapy treatment at KNH, RGH. Feedback was taken verbally from the participants and they stated that they were greatly benefited by the organization of this camp.

**Dr. Radha Bhattad (PT)**  
Principal and Professor

Following are the geotagged images of the Camp:



Dr. Anagha Kadam (PT)  
Coordinator  
Extension Activities Committee

Dr. Suroshree Mitra (PT)  
Chairperson  
Extension Activities Committee

Dr. Radha Bhattar (PT)  
Principal and Professor

Sancheti Institute  
Extension activity: Free  
Date: 29th Sep to  
Venue: Kuntalpur

Sr. No.	No.
1.	7
2.	
3.	

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Fitness Assessment Camp.

Date: 20th September 2025

Venue: Hutatma Balon Gann

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Z.B Ghodke	69 M	B/L knee pain	
2.	Vasim Tamboi	38 M	LL Radiating Pain	<i>[Signature]</i>
3.	Harish Borade	65 M	Knee pain	ह. ब. बोर्डे
4.	Anil Sattar	54 M	Back pain	<i>[Signature]</i>
5.	Sangita Bolade	58 F	Shoulder pain	S.H. Borade
6.	Ramesh Gaikwad	54 M	Heel pain	<i>[Signature]</i>
7.	Dawood Tambole	46 M	Back pain	
8.	Sunita Mendake	40 F	weakness	S. Mendake
9.	Santosh Pawar	40 M	Back Pain	S.S. Bunde
10.	Shradha Chawan	47 F	LL pain	श्री. एस. वी. चव्हाण
11.	Chanda Beku	60 F	- HTN	चंदा चिंदोकर
12.	Sushma Gaikwad	67 F	OA	सु. सु. ग. 21/9/25
13.	Elvis Nalwota	46 M	LBP	<i>[Signature]</i>
14.	Tushar Chandgude	30 M	leg pain	<i>[Signature]</i>
15.	Chaya Khamat	62 F	LBP	
16.	Shubham Jagtap	70 F	Knee pain	शु. जगताप
17.	Ravi Salve	33		
18.	Pramila Jagtap	65 F	Shoulder pain	प. जगताप
19.	Shubham Lontar	28 M	Heel pain	<i>[Signature]</i>
20.	Prateep Gaikwad	45 M	knee pain	प. ग. ग. ग.
21.	Anil Saponish	40 M	-	<i>[Signature]</i>
22.	Mangal Karke	50 F	Shoulder pain	म. क.
23.	Rupali Alwal	39 F	Hand pain	रु. अ.
24.	Deepak Dimple	42 M		
25.	Lata Umshete	37 F	-	<i>[Signature]</i>
26.	Vijay Deshpande	79 M	Knee pain	<i>[Signature]</i>

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

27.	Archana Birla	46 F	Knee pain	Archana
28.	Komal Mishra	19 F	-	<del>Komal</del>
29.	Sanjay Karkale	36 M	Shoulder pain	<del>Sanjay</del>
30.	Lilabai Bansode	62 F	Knee pain	<del>Lilabai</del>
31.	Ananda Muthale	75 M	LBP	Ananda
32.	Sita Kajde	25 F	-	Sita
33.	Poojati Barmencha	49 F	-	Poojati
34.	Omkar Shinde	28 M	LBP	Omkar
35.	Bhav Kodam	40 M	LBP	Bhav
36.	Muslihdhar Sannapuroi	56 M	Shoulder pain	Muslihdhar
37.	Amerabai Oswal	67 F	Back pain	Amerabai
38.	Priya Oswal	39 F	Knee pain	Priya
39.	Deepak Dimble	42 M	-	Deepak
40.	Ulka Oswal	42 F	Back Pain	Ulka
41.	Pradeep Sankpal	51 M	Knee pain	Pradeep
42.	Snehal C.	38 M	Back pain	Snehal
43.	Awishha Naik	23 F	-	Awishha
44.	Sanjeev Kamble	50 M	LBP	Sanjeev
45.	Graceli Dayfule	24 F	Knee pain	Graceli
46.	Vaishali Jadhav	71 F	B/L Knee pain	Vaishali
47.	Mohan Gaikwad	54 M	Knee pain	Mohan
48.	Rahma Salunke	28 F	LBP	Rahma
49.	Bhavi Kapse	27 M	-	Bhavi
50.	Swati Mutha	50 F	-	Swati
51.	Sulabha Hendre	68 F	Knee pain	Sulabha
52.	Sudam Naik	80 M	Shoulder pain	Sudam
53.	Kamal Shinde	40 M	Elbow pain	Kamal Shinde
54.	Roshma	57 F	Knee pain	Roshma
55.	Vaishnavi Damade	24 F	Neck pain	V. D.
56.	Amruta A	25 F	Neck pain	Amruta
57.	Sanjita Bhise	55 F	-	Sanjita
58.	Sushma Shinde	58 M	Knee pain	Sushma

59.	Nirva Uro
60.	Omkar
61.	Sudh
62.	

Dr. Radha Bhattad (PT)  
Principal and Professor

59.	Mina Waplot	43 F	Low Back pain	<del>Mina</del>
60.	Omkar Kadam	53 m	knee pain	OK
61.	Sudhir Mendre	74 M	-	✓
62.	Avinash Ghokre	38 M	Shoulder pain	<del>Ami</del>
63.	Madhura Tadhar	53 F	Neck pain	Shatao
64.	Pragati Melta	63 F	Body pain	(P)
65.	Madhuri Tadhar	48 F	knee pain	Madhuri
66.	Raman Tadhar	47 m	LBP	<del>R</del>
67.	Varsha Nixyde	60 F	Back pain	<del>Ami</del>
68.	Prasanna Pabil	40 M	knee pain	1
69.	Shantam Ursadai	1		
70.	Uvindr	57 M	Back pain	
71.	Kund mhetras	76 F	knee pain	G.M.
72.	Zeta Jolhi	52 F	knee pain	70
73.	Dattaraj Shinahi	67 M	LBP	<del>Ami</del>
74.	Anushka Borde	28 Y/S F	B/L knee pain	<del>Ami</del>
75.	Jia Raul	25 F	LBP	<del>Ami</del>
76.	Snehal Bagal	29 F	Neck pain	<del>Ami</del>
77.	Prshan	12 M	-	<del>Ami</del>
78.	Rucha YaiKwad	48	wrist pain	
79.	Sulasha Jankar	58	-	
80.	Yogita Narase	40 F	knee pain	<del>Ami</del>
81.	Ritika Same	35 F	Back pain	<del>Ami</del>
82.	Alwas Jiwala	23 M	neck pain	<del>Ami</del>
83.	Mahesh Kadu	46 M	None	<del>Ami</del>
84.	Rupesh Damodar	40 M	None	<del>Ami</del>
85.	Chavle yhale	48 F	& knee pain	
86.	Hemal Chauhan	54 F	knee pain	
87.	Chaitrali Nigadi	43	Back pain	<del>Ami</del>
88.	Siddhant Samodh	23 M	Shoulder pain	<del>Ami</del>
89.	Rurati Bhavsani	60 F	knee pain	
90.	Hema Pawar	65 F		

Radha

				21.2.21.210
91.	Runka Lyhoni	30F	Knee pain	BPT
92.	Chaitanya Lyhoni	55F	Foot pain	Mofussas Kadarn
93.	Manuti Kamble	19F	-	Sital
94.	Madhura Bhopali	21F	Back pain	211111
95.	Rashi Kadarn	38F	B/L Knee pain	Blau
96.	Shamal C.	70F	LBP, knee pain	HPT
97.	Shamla Akhat	60M	ank, LBP	Shiveli
98.	Bhau Sahil Karkhi	54F	Knee pain	godbole
99.	Narmada Shurway	62F	-	Sankar
100.	Ranjana Shiveli	55M	-	Shiveli
101.	Sudhakar godbole	28	heel pain	Shiveli
102.	Shubham Sankar	61	LBP	Shiveli
103.	Manojkumar Nuaraka	40	Knee pain	Shiveli
104.	Shubham Pawale	28	Knee pain	Shiveli
105.	Munali Patil	39	LBP	Shiveli
106.	Shantam Patil			Shiveli
107.	Abhishek Samat	54/F	Shoulder pain	Shiveli
108.	Aasha Shinde	20/M	-	Shiveli
109.	Aayush Patil	23/M	RT Hand, Shoulder	Shiveli
110.	Vaibhav Gore	21/M	BP, sugar	Shiveli
111.	Abhijeet Wagnare	32/M	-	Shiveli
112.	Prasad Salsule	57/M	low Back pain	Shiveli
113.	Dignidaj Kabra	24/M	Numb on back is pain	Shiveli
114.	Yogesh Bararkar	65/M	-	Shiveli
115.	Natkar Bhise	70/M	elbow pain	Shiveli
116.	Apurva Prabhakar			Shiveli

Dr. Radha Bhattad (PT)  
Principal and Professor



Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Fitness Assessment Camp

Date: 29<sup>th</sup> September 2025

Venue: Dagdusheth

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1)	Gubhash lipode	64		
2)	Gita Dawade	52		
3)	Sheetal Achoktotke	47		
4)	Sumradhi Tolly	68		
5)	Suchin Gaikwad	41		
6)	Taikumar buteward	61		
7)	Aniket Jaulgar	26		
8)	Sunita sejal.	40		
9)	Rajendra.	64		
10)	Shraddha Muroathe	29		
11)	Ganesh Waghmode.	32		
12)	Atkeli puranas.	70		
13)	Vousha Pujari	32		
14)	Surronolhi	17.		
15)	Sunit shejal	40		
16)	Asha Kamble	35		
17)	Shalini tothande	60		
18)	Shraddha	35		
19)	Lal Bahadur Singh	50		
20)	Meenakshi	63		
21)	Roshma Sati	36		
22)	Sheela	58		
23)	Riya	40		
24)	Riya	40		
25)	Aniket Jaulgar	26		
26)	aditi			

Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor

27	Vedant Gaus	19
28	Shravani	17
		16
29	Aditi Gaurav	18
	Ridhika Shivankar	37 <sup>26</sup>
30	Ujala Patil	27
31	Sauvabh	58
32	Suman More	55
33	Shradha	63
34	Kamlesh Yadav	52
35	Sunil Kale	44
36	Smal Pathak	62
37	Sushila	49
38	Rajesh Pathak	22
39	Adghau	35
40	Asha Kamble	41
41	Sahin Baikwad	58
42	Aarati	64
43	Rajendra	60
44	Shalini	22
45	Aayush	40
46	Sunita Patil	30
47	Swarnin Patil	29
48	Ushika Muskharia	24
49	Ujala Patil	58
50	Ramabhaj Mane	36
51	Poonam Gupta	48
52	Vijay Sasoni	30
53	Sonam	49
54	Madhuri Kale	40
55	Gajanan	35
56	Mahesh	40
57	Ratnabhaj	
58		

69	60	61	62	63
60	61	62	63	64
61	62	63	64	65
62	63	64	65	66
63	64	65	66	67
64	65	66	67	68
65	66	67	68	69
66	67	68	69	70
67	68	69	70	71
68	69	70	71	72
69	70	71	72	73

Dr. Radha Bhattad (PT)  
Principal and Professor

59	Savita Sathe	96		
60	Meena Bai	72		
61	Vandana Shukla	50		
62	Puramod	53		
63	Kavita	28		
64	Sankhuti	17		
65	Milsh	33		
66	Nayan	35		
67	Ramesh Kumari	62		
68	Rukmani	31		
69	Uttal Shinde	72		
70	Pallavi Patil	68		
71	Malti Joshi	62		
72	Ujjwala Mane	41		
73	Kumala	61		
74	Sangeeta Thovut	45		
75	Om Shankarwad	22		
76	Prmit	22		
77	Harshal	27		
78	DS. Kumbal	70		
79	Santosh Pawar	48		
80	Raghuvendra	56		
81	Chirith	52		
82	Sanjay Wadwa	48		
83	Ravmit Meens	23		
84	Anita	55		
85	Dilip Kumar	47		
86	Sumeet	25		
87	Dev Vibhute	20		
88	Kunal Papale	25		
89	Anita Korangadi	83		
90	Prasad Wagh	27		

Dr. Radha Bhattad (PT)  
Principal and Professor



Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Fitness Assessment Camp

Date: 29th September 2025

Venue: Bhamburda Langon

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1	Roshan Nikale	50		
2	Mohan Choudhari	50		
3	Jagnath Bhosale	55		
4	Pushkar Narvasekar	42		
5	Shamrao	65		
6	Suman	60		
7	Ashok	50		
8	Sandip	26		
9	Ram chandra	63		
10	Pratibha	69		
11	Abhijeet	24		
12	Jaywant	70		
13	Santosh	44		
14	Rupali	36		
15	P. G. Jahagirdar	66		
16	Vijaya	65		
17	Asmita	66		
18	Chandrakant	68		
19	Shital Bhat	37		
20	Nigade Jeepal	49		
21	Bhaskar Patil	76		
22	Himansh	72		
23	Madhuri	52		
24	Deepali	42		
25	Sunanda	48		
26	Digambar	52		

Radha

Dr. Radha Bhattad (PT)  
Principal and Professor

			आ.स.सं.सं.
21	Ananya	55	A.S. Damle
22	Ashok	49	
23	Jeejabai	71	
24	Rajendra	65	B.S. Nigam
25	BS. Vinay	69	
26	Surekha	70	Sunde
27	Prandya	39	A.P. Kulkarni
28	Yeshi Kakasani	70	
29	Vaman	56	क.क.म.
30	Kusombai	60	
31	Manju	37	
32	Harikhandoo	70	
33	Nityanand	56	
34	Parmeshwar	57	स.स.प.
35	Suresh Patil	40	स.स.प.
36	Suresh	74	स.स.प.
37	Swapan Chavan	75	ONKAR V
38	omkar	26	S.A. Dhanawale
39	SUNITA	50	B.G. Rajde
40	Surekha Kahole	65	Kavita
41	<del>Sarita</del> Kavita Patil	60	
42	Shobha Puri	47	S.G. Patil
43	Sushila Pawar	89	S.S. Patil
44	Shubham Pawar	68	
45	Ganqusai Deshmukh	65	
46	Laxmikandh	70	
47	Ramchandya	61	
48	Sunita Bhareisa	58	
49	Laxmikandh Bhareisa	68	
50	Lalita	47	
51	Shaskeela	42	
52	Baburao	68	

94	95	96	97	98
----	----	----	----	----

  
 Dr. Radha Bhattad (PT)  
 Principal and Professor



62.	Radha Jaiswal	62	
63.	Ashwini Deshpande	66	
64.	Hakirama D	63	
65.	Vijay Vinayak B	63	
66.	Nandani B.	60	
67.	Rajshree	49	
68.	Dr. Shivsharan	65	
69.	Rudranath	76	
70.	Pradeep Gupta	70	
71.	Rina	70	
72.	Madhukar Sonawane	48	
73.	Swedha Sonawane	40	
74.	Sidhi Prasad	56	
75.	Shubham Wase	43	
76.	Rohini Kadam	45	
77.	Prashant Kambh	69	
78.	Lagna Kambh	55	
79.	Aabha N.	65	
80.	Prasanna J.	23	
81.	Shruti Jain	55	
82.	Ukashale	65	
83.	Mukta Patil	49	
84.	Shawna	73	
85.	Rahim Pawar	43	
86.	Nikhil	28	
87.	Vijay C	63	
88.	Sunita	62	
89.	Rajpur	55	
90.	Anant Munge	40	
91.	Purab Shinde	32	
92.	Hemlata Kambh	48	
93.	Pootha Aglawe	50	

Radha  
Dr. Radha Bhatnagar (PT)  
Principal and Professor

- 1) Jyoti Mishra - 42/F  
 2) Jadhav - 24/M  
 3) Sonawale - 57/F  
 4) Shani Mule 60/M  
 5) Anmol Jadhav 41/M  
 6) Shikha Mule 60/M  
 7) Shakuntla Bansal 62/F  
 8) Dhampal - 1 - 67/M  
 9) Shakuntala Gangwani 60/F  
 10) Shakuntla Urmila 50/F  
 11) Vidya Goode 64/F  
 12) Shivaji Jhadu 58/M  
 13) Anita Rasal 60/F  
 14) Anita Rasal 60/F  
 15) Vinayak Sarode 36/M  
 16) Raju Shinde 55/M  
 17) Suman raut 63/F  
 18) Manisha Kale 35/F  
 19) Pramila 80/F  
 20) Harshie Shah 75/F  
 21) Swati Chadre 38/F  
 22) Shantula Vadar 76/F  
 23) Sharda Chandra Mahadev Uote 68/M  
 24) Sharda ~~Raut~~ Mane 50/F  
 25) Zeba Ansari 45/F  
 26) Chandraka Manik 40/F  
 27) Manik Gaikwad 68/M  
 28) Arif Farhan 28/M  
 29) Shruiti Rathod 40/F  
 30) Pramod Patil 21/M  
 31) Rupali Sharma 40/F  
 32) Dnyanika Kulkarni 17/F  
 33) Sakshi Deshpande 55/F  
 34) Dnyanika Gupta 32/M  
 35) Nawaz Shaikh 35/M  
 36) Sakshya Gaikwad 70/F

- 37) Ayush Pawar 57/M  
 38) Nazart Ansari 45/M  
 39) Somyak Rathod 50/M  
 40) Parvati Shinde 60/F  
 41) Mayuri Giryadar 25/F  
 42) Anil Joshi 64/M  
 43) Dgambar Golwad 65/M  
 44) Poojati Rokade 49/F  
 45) Mahajan Arvind 81/M  
 46) Shreya Dalmi 22/F  
 47) Thuba R 57/M  
 48) Swapnil 21/M  
 49) Umekand Amish 36/M  
 50) Randemal R 56/M  
 51) Ulka Gaikwad 57/F  
 52) -  
 53)

Radha.  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Fitness Assessment Camp

Date: 29th August 2025

Venue: Dagdubeth

Sr. No.	Name of the student	Year	Signature
1.	Tanisha Dhaswad	final year	Tanisha
2.	Ishika Jaiswal	MPT-2	Ishika
3.	Vishnugvi Sonawane	MPT1	Vishnugvi
4.	Unnati Khondelwal	MPT1	Unnati
5.	Mariya Dingankar	MPT1	Mariya
6.	Yukti Gogani	final year	Yukti
7.	Khushi Lakhoti	third year	Khushi
8.	Rushiprasad Joshi	3rd year	Rushiprasad
9.	Vinayak Khillare	3rd year	Vinayak
10.	Sanyukti Shinde	"	Sanyukti
11.	Renuka Patil	"	Renuka
12.	Anchal Kashyap	"	Anchal
13.	Reva Bodhe	"	Reva
14.	Triya Surti	MPT 2	Triya
15.	Zelba Shaikh	BPT-2	Zelba
16.	Pearl Fernando	2nd Year	Pearl
17.	Bhumnika S. Dave	3rd Year	Bhumnika
18.	Sambuddhi Gadekar	3rd Year	Sambuddhi
19.	Bhanka Gholep	3rd Year	Bhanka
20.	Anushka Asawa	Final Yr	Anushka
21.	Dnyani Jagti	MPT-2	Dnyani
22.	Nupur Saharebudhe	MPT-2	Nupur
23.	Ovi Sasane	S4BPTH	Ovi
24.	Siga Chalke	S4BPTH	Siga
25.	Ahas		Ahas

Radha

Dr. Radha Bhattad (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Fitness Assessment Camp

Date: 24th August 2021

Venue: Dagdusheth

Sr. No.	Name of the student	Year	Signature
1	Rutuja Kale	First year	
2	Sanjana Sontakke	FY	
3	Kartika Raj	FY	
4	Vaishnavi Katgube	FY	
5	Gauri & Konarde	First Year	
6	Shravani Gawhane	FY PPT	
7	Anya Shinde	FY "	
8	Vrushali Shinde	FY "	
9	Shrutika Pawar	FY	
10	Adiba Ansari	FY	
11	Poonam kulam	FY	
12	Aditi Jagtap	FY	
13	Aditi Jog	FY	
14	Devinandana KS	FY	
15	Nikhil Thosar	Fy	
16	Shravan Sasada	Fy	
17	Satyajeet ghadge	Fy	
18	Hitasvi Bucha	Fy	
19	Sneha Jain	Fy	
20	Hitaishi Tuleyan	TY	
21	Prachi Mandi	TY	
22	Kaushal	TY	
23	Shreya Patil	TY	
24	Tanvi	TY	
25	Siddhi Kabra	TY	
26	Abhijit Pawara	TY	

Dr. Radha Bhattar (PT)  
Principal and Professor



Hutata Arma Babu genu mandal

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Fitness Assessment Camp

Date: 29<sup>th</sup> August 2025

Venue: Hutatma Babu Genu Mandal

Sr. No.	Name of the student	Year	Signature
1	Sandhya Pandav	Third yr	
2	Sakshi Bhutadi	Final yr	
3	Mitali Indani	Third yr	
4	Mrunal Jadhav	Final yr	
5	Shruti Thakur	—	
6	Mitshantane Kadam	—	
7	Abhishek Kaldate	—	
8	Jia Sonigara	III yr	
9	Rutvi Shah	III yr	
10	Shreya Kulkarni	} 1 <sup>st</sup> MPT	
11	Anecha Nirga		
12	Mohini Raskar		
13	Shrawari Kuber		
14	Snehal Ghule		
15	Vaidharani Kothkar	} 2 <sup>nd</sup> yr	
16	Mohini Rathod		
17	Kalyani Naware		
18	Rashi Kulkarni		
19	Parth Ganeshkumar	} 2 <sup>nd</sup> yr	
20	Mohini Chavhan		
21	Starvan Gavit		
22	Pratiksha Gore		
23	Shansari Sonankare		
24	Komal Agrawal	} MPT-1	
25	Aparna Kumbharkhane	} Final year	
26	Sachi Agrawal		

Radha  
Dr. Radha Bhattad (PT)  
Principal and Prof.



Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Fitness Assessment Camp.

Date: 29th August 2015

Venue: Bhamburda Durgam

Sr. No.	Name of the student	Year	Signature
1)	Ankita Mode	2nd yr BPTH	Ankita
2)	Mansi Pakalwad	2 <sup>nd</sup> yr BPTH	Mansi
3)	Bhumnika Aralkar	1st yr BPTH	Aralkar
4)	Shubhangi Lokhande	1st yr BPTH	Shubhangi
5)	Tejas Jain	II BPTH	Jain
6)	Jiya Parakh	I BPTH	Parakh
7)	Vedika Sonawane	II BPTH	Sonawane
8)	Darshana Durughan	SUBPH	Durughan
9)	Aspita Pawar	SUBPH	Pawar
10)	Dhruv Rana	SYBPTH	Rana
11)	Pallavi Mune	MPT-2	Mune
12)	Priya Dairya	SYBPTH	Priya
13)	Maitri V. Penkhar	FY BPT	Penkhar
14)	Anari Joshi	FY BPT	Anari
15)	Sakshi Madani	SYBPTH	Madani
16)	Shreyas Patil	FY BPT	Shreyas
17)	Mehak Singh	SYBPTH	Mehak
18)	Aerushi Desai	Final yr	Desai
19)	Khushi Kariya	TY BPTH	Kariya
20)	Prachi Galwad	Final yr	Prachi

Dr. Radhika Ghawade (PT)  
Principal and Professor

Sancheti Healthcare and Research Foundation's

**sancheti**  
College of Physiotherapy

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 10/09/2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee had attended Camp held by SIOR, which was conducted on 21st September 2025, at Manjari Bk. , Pune. The event was from 11:00 am to 6:00 pm.

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE**

**Camp Report**

**Name of the event:** Camp by SIOR

**Date:** 21st September 2025

**Time:** 11:00 AM to 6:00 PM

**Venue:** Krushnaji Khanduji Ghule Vidyalaya, Manjari Budruk, Pune.

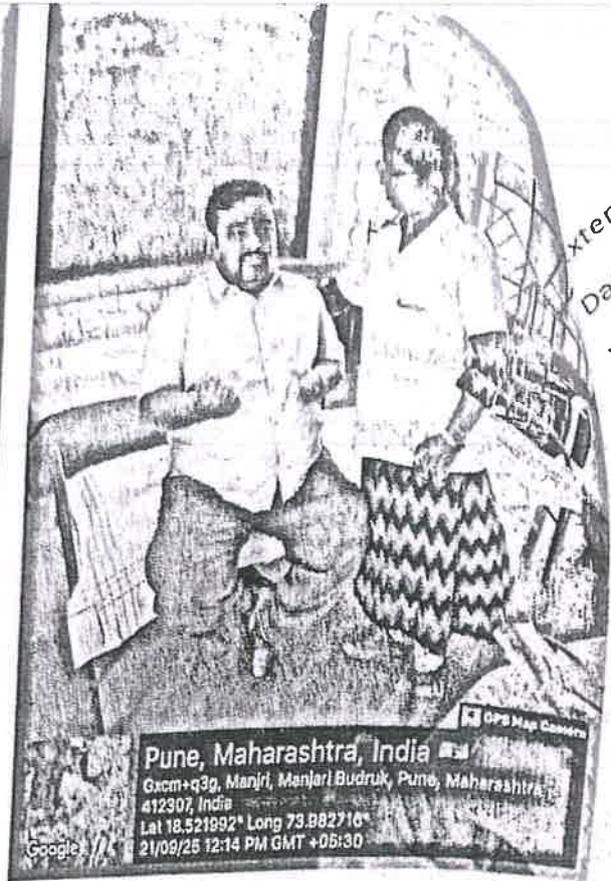
**OBJECTIVE:** A free health check-up camp at Krushnaji Khanduji Ghule Vidyalaya, Manjari Budruk, Pune, organized by SIOR under the Government initiative of "Swasth Nari, Sashakt Parivar Abhiyaan as planned with the objective of assessing their BMD and treating patients with different orthopaedic and neurological conditions by the Multi-speciality doctors and physiotherapists with distribution of Maternity benefits under Pradhan Mantri Matru Vandana Yojana

The patients were assessed for their various musculoskeletal conditions by Orthopaedic doctors SIOR. They were also referred to Physiotherapists - Dr. Tasneem Rizvi, Dr. Pratiksha Pund, Dr. Spruha Talikoti on 21st September for their opinions and exercises. This event was co-ordinated by Mr. Ajinath Rothe, from the Marketing Department of SIOR. Patients having low back pain, neck pain, knee pain, shoulder pain, multiple joint pain and other such conditions due to various causes were assessed and exercises were prescribed accordingly. This camp catered patients aged between 24-76 years.

A total of 20 patients got benefitted from this camp. Feedback was taken verbally from the participants and they stated that they were greatly benefitted by the organization of this camp.



**Dr. Radha Bhattar (PT)  
Principal and Professor**



San  
xtension:  
Date:  
Ver



*Angha*  
Dr. Angha Kadam (PT)  
Coordinator

*Suroshree*  
Dr. Suroshree Mitra (PT)  
Chairperson

Extension Activities Committee *Radha* Dr. Radha Bhattad (PT) Extension Activities Committee  
Principal and Professor





Sancheti Healthcare and Research Foundation's

 **sancheti**  
College of Physiotherapy

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

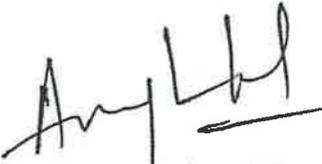
Reference No: SIORCOP/Ext act/ /2025

Date: 01/ 10/ 2025

## CIRCULAR

### Extension Activities Committee

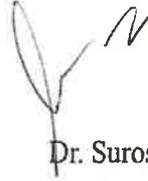
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Neuro Physiotherapy department and Extension Activities Committee will celebrate Cerebral Palsy day at SIOR Auditorium on 6th Oct 2025.



Dr. Anagha Kadam (PT)

Coördinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE**

**Neurophysiotherapy Department**

**CP Day Report**

**Name of the event:** Cerebral Palsy Day Celebration

**Date:** 06th October ,2025

**Time:** 9:30 AM to 1:00 PM

**Venue:** Sancheti Institute for Orthopedics and Rehabilitation.

The Neuro Department of SIORCOP, in collaboration with the Paediatric Department of Sancheti Institute for Orthopaedics and Rehabilitation, celebrated Cerebral Palsy Day on 6th October 2025 at the SIOR Auditorium. The event featured informative sessions and expert talks by specialists including Dr. Sandeep Patwardhan, Dr. Vivek Sodhai, Mr. Bhushan Gopalani, Ms. Poonam Kumari, Mr. Shubham Jadhav, and Dr. Parag Sancheti. Smt. Sangita Davkhar, Assistant Commissioner (Disability), graced the occasion as Chief Guest. Highlights included the felicitation of CP warriors, informative stalls by Mr. Rajendra More and Mr. Manoj Boras, and engaging fun games followed by an Expressive Art Therapy session in the CMR.

This report captures the success of an event designed to celebrate the individuals at the heart of our work, fostering genuine connections through music, art, and shared experience. 06 Neuro Master's students(MPT 1) and 50 Undergraduate First year students, along with 2 of the Faculty members participated in the celebration.

The event aimed to

- Celebrate the talents of individuals with CP.
- Foster social interaction and community bonding.
- Provide creative and joyful outlets for self-expression.

**Observations**

During our visit, we had the opportunity to interact with the active members of MS Society Pune along with patients . The following key observations were made

**Type of patients:**

A diverse range of Cerebral Palsy patients having different GMFCS levels. All age groups were included with various sets of difficulties and a total of 50 children participated in the celebration.

  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

### Activities Conducted:

- The programme began with an energetic dance performance by children with Cerebral Palsy.
- Our Cerebral Palsy warrior sharing inspirational journey
- Speech by Dr. Sandeep Patwardhan (Pediatric surgeon) raising awareness about the disease in parents.
- The session concluded with Expressive Arts Therapy, including guided painting using various decoratives, promoting creativity.

### Conclusion

The Cerebral Palsy Day Celebration was a resounding success, providing both physical and emotional benefits to participants. The combination of physiotherapists, Pediatric consultants, department of orthosis and prosthetic provided a holistic approach for the patients. CP Day event was a powerful embodiment of this value—a pure celebration filled with music, art, and togetherness, allowing us to connect with our clients and their families in a spirit of shared joy and respect.



Dr. Sadhana Mukhi (PT)  
HOD, Neurophysiotherapy



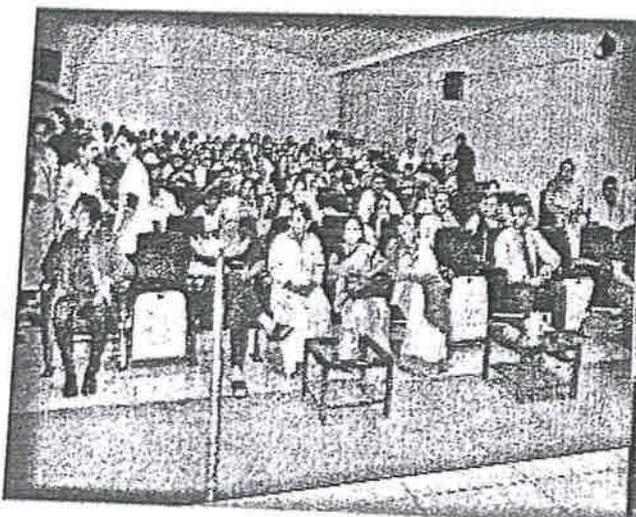
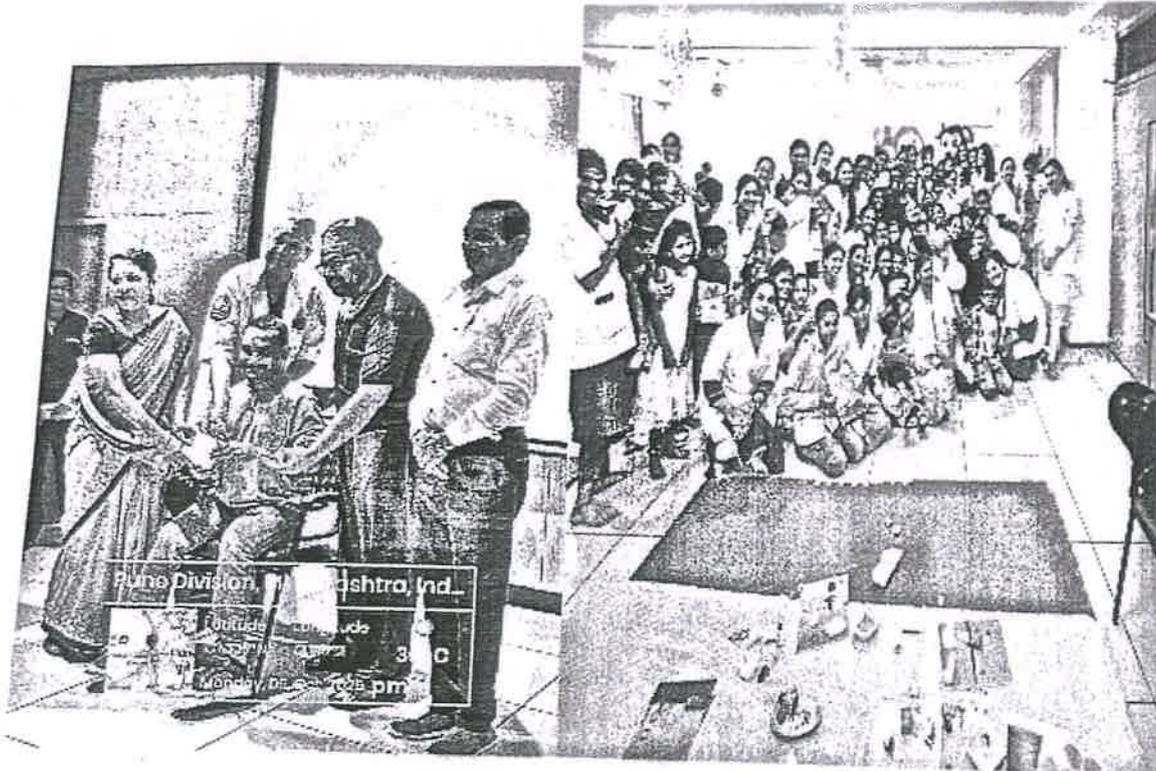
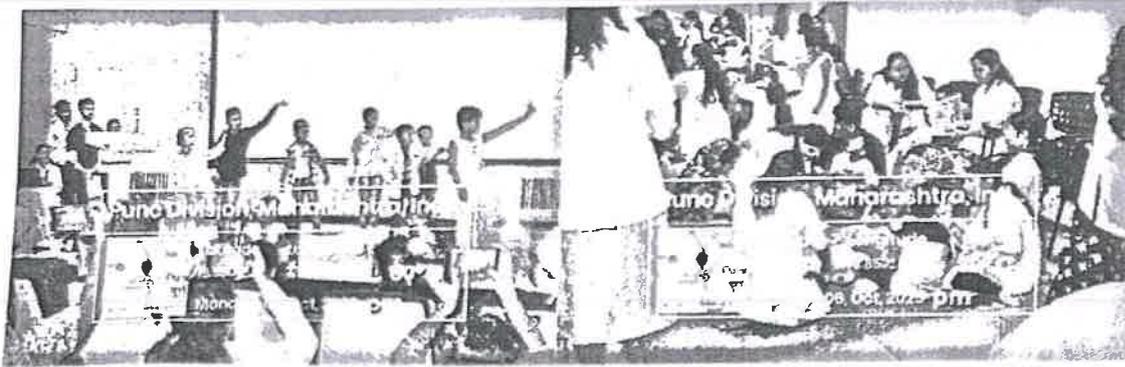
Dr. Anagha Kadam (PT)  
Coordinator  
Extension activities Committee



Dr. Suroshree Mitra (PT)  
Chairperson  
Extension activities Committee



Dr. Radha Bhattacharya (PT)  
Principal and Professor



*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: CP Day Celebration .

Date: 06/10/2025

Venue: Auditorium, SIOR

Sr. No.	Name of the student	Year	Signature
1.	Shravani Baban	1st	
2.	Maitri Pennekar	1st	
3.	Lakshya Agaswal	1st	
4.	Shreyas Patil	1st	
5.	Mahe Mehta	1st	
6.	Jeya Parakh	1st	
7.	Aditya Shasthakar	1st	
8.	Mr. Deshmukh	1st	
9.	Paree Shah	FYBPT	
10.	SATYAJEET GHADGE	FYBPT	
11.	Aadya Samak	FYBPT	
12.	Palak Galani	FYBPT	
13.	Soham Kulkarni	FYBPT	
14.	Simran Patadia	FYBPT	
15.	Sanishka Shetty	FYBPT	
16.	Aditi Jagtap	FYBPT	
17.	Tanaya Patil	FYBPT	
18.	Aarya Mapari	FYBPT	
19.	Chinmyee Parsandekar	FYBPT	
20.	Avani Joshi	FYBPT	
21.	Aditi Jog	FYBPT	
22.	Devinandana Kondathodeyel	FYBPT	
23.	Nikhil Thosar	FYBPT	
24.	Roshani Sachin Rade	FYBPT	
25.	Arya Uday Uttaswar	FYBPT	
26.	Harshali Ajay Gadre	FYBPT	

Dr. Radha Bhattad (PT)  
Principal and Professor

27	Sanjana Sontakke	FYBPT	<del>Sontakke</del>
28	Kastika Raj	FYBPT	Kastikaj
29	Shravani Kamble	FYBPT	Shravani
30	Rutuja Kale	FYBPT	<del>Rutuja</del>
31	Aarushi Verma	FYBPT	Aarushi Verma
32	Nehalika Nandagiri	FYBPT	Nehalika
33	Pranjal Ghule	FYBPT	Ghule
34	Manisha Rathod	FYBPT	M. Rathod
35	Sakshi Chaudhoni	FYBPT	Sakshi
36	Jiya Ikor	FYBPT	Jiya
37	Surbhi Tapdiya	FYBPT	Subbhi
38	Shubhangi Lokhande	FYBPT	Shubhangi
39	Gauri Konare	FYBPT	Gauri
40	Priya Gore	FYBPT	Priya
41	Aditi Patil	FYBPT	Aditi
42	Khushi Kale	FYBPT	Khushi
43	Shravani Gawhane	FYBPT	Shravani
44	Shrutika Pawar	FYBPT	Shrutika
45	Adiba Ansari	FYBPT	Adiba
46	Amya Shinde	FYBPT	Amya
47	Yrushi Shinde	FYBPT	Yrushi
48	Ira Khimesra	FYBPT	Ira
49	Sruha Jain	FYBPT	Sruha
50	Purva Gundeshg	FYBPT	Purva
51	Khushi Rathi	FYBPT	Khushi
52	Hitasvi Buchha	FYBPT	Hitasvi
53	Bhumika Bhalke	FYBPT	Bhumika
54	Vaishnavi Katgube	FYBPT	Vaishnavi
55	Sonijot V. Mane	FYBPT	Sonijot
56	Poonam Kulam	FYBPT	Poonam
57	Swarali Gadgil	FYBPT	Swarali
58	Shravan Sarda	FYBPT	Shravan
59	Amya Joshi	FYBPT	Amya

Dr. Radha Bhattad (PT)  
Principal and Professor



Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 01/10/2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend World Heart day camp by CVRS department, SIORCOP, which will be conducted on 6th October 2025 at Dalvi Hospital. The event will start at 9 am to 1pm.

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor

SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** World Heart Day CVD risk screening camp

**Date:** 6th October, 2025

**Time:** 9:00 AM to 1:00 PM

**Venue:** Dalvi Hospital, Pune.

On 6th October 2025, we, the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named **Dr. Apurva Kumbharkhane, Dr. Akshata Gawade, Dr. Gargi Kandalgaonkar** organized by CVRS department SIORCOP under **Dr. Ria Gondhali(PT)**. The visit was organized as part of our academic curriculum to gain practical exposure to the field of Cardiovascular Physiotherapy.

**Objective of the visit :**

The objective was to assess patients for Cardiovascular Disease risk according to their age, gender, family history and other co morbid factors.

**Obsevatons :**

During our visit to the World Heart Day camp, we had the opportunity to interact with healthcare professionals and participants and help them in understanding their risk of developing cardiovascular disease (CVD) risk. The following key observations were made:

**Type of participants:** A total of 27 individuals participated in the camp. Most participants belonged to the low to moderate cardiovascular risk category, while only a few individuals were identified as having no risk factors. Three participants were categorized as high risk due to the presence of diabetes mellitus, hypertension, and uncontrolled cholesterol levels.

**Risk Stratification and Screening:** Participants were assessed using basic cardiovascular screening measures including blood pressure, blood glucose levels, lipid profile history, and lifestyle-related risk factors. This helped in early identification of individuals at risk for CVD.

**Counseling and Awareness:** Based on their risk category, participants were educated about lifestyle modifications such as regular physical activity, healthy diet, stress management, and the importance of medical follow-up. High-risk individuals were advised regarding timely medical consultation and strict risk-factor control.

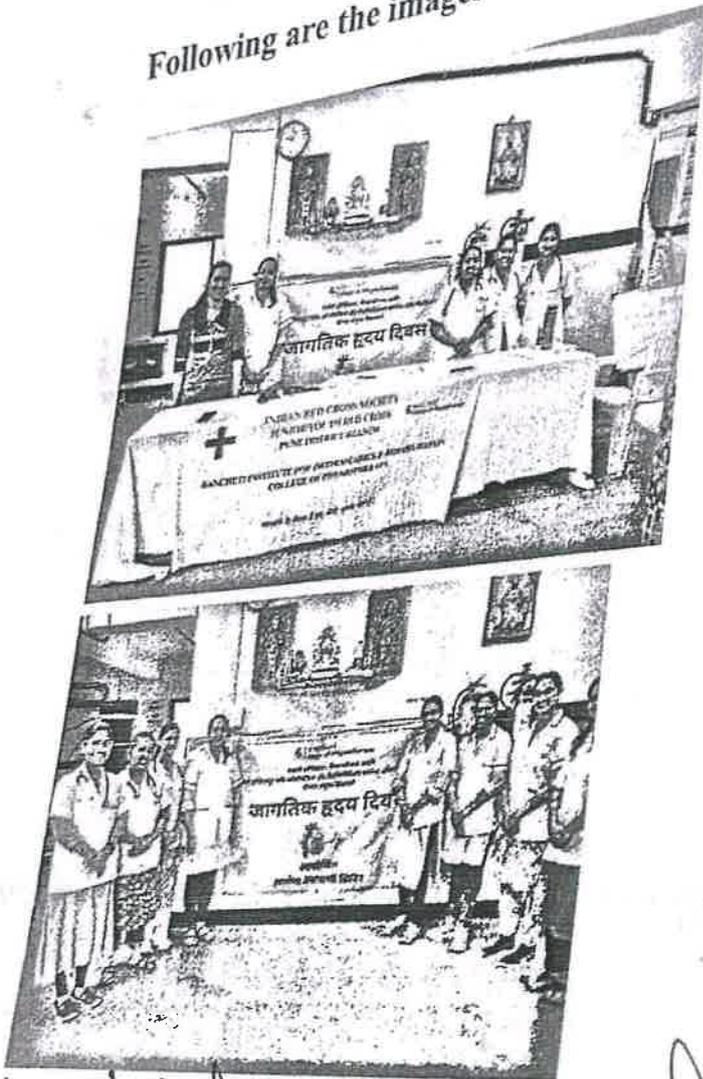
  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

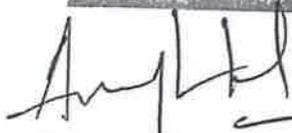
The camp emphasized the importance of early screening and preventive strategies in reducing the burden of cardiovascular diseases.

### Conclusion

Our visit to the World Heart Day camp was a meaningful experience that enhanced our understanding of cardiovascular disease risk factors and the importance of early risk stratification. Interacting with participants highlighted the role of screening, awareness, and lifestyle modification in preventing CVD. The camp provided valuable practical exposure for us as future physiotherapists, reinforcing our role in health promotion and preventive cardiac care.

Following are the images of the Camp:



  
Dr. Anagha Kadam (PT)  
Coordinator  
Extension Activities Committee

  
Dr. Suroshree Mitra (PT)  
Chairperson  
Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

Extension activity: World Heart Day - CVD Screening camp

Date: 6<sup>th</sup> Oct 2025

Venue: Daxi Hospital

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Nirmala Puwalkar	45/F	No risk	
2.	Vaivee Yadav.	24/M	No risk	
3.	Laxmitant Phanshodh	65/M	Low risk	
4.	Swati Balwe	32/M	Low risk	
5.	Ramu Prani	60/F.	Mod risk	
6.	Wangala Bhutade	62/F.	Mod risk	
7.	Pudhpa Bhutade	66/F.	Mod risk	
8.	Parmanand Pimple	51/M	Low risk	
9.	Ajit Nathath Ombale.	34/M.	Mod risk	
10.	Sikhma Kamske	60/M	High risk	
11.	Shobha Patil	45/M	Mod risk	
12.	Ashmita Kadan.	52/F	Low risk	
13.	Sujata Lahade	47/F	M. risk	
14.	Shailaya Sondhel	26/F	L. risk	
15.	Nomala Jadhav	34/F.	M risk	
16.	Swati Prashant	28/F.	Low risk	
17.	Tanjela Shukla.	67/F	High risk	
18.	Ramesh Anjan	36/M		
19.	Apulma Hodge.	46/F	L. risk.	
20.	Naresh Raut.	42/M	L. risk	
21.	Shital Galad.	42/F.	Low	
22.	Babu Kehrisagal.	54/M		
23.	Mahiraj	43/M	Low	
24.	Suvarna Sareut	30/F.	No risk	
25.	Neema Shukh	70/F	Mod risk	
26.	Ranjana Saraware	53/F.	Low risk	

Rachha



**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 01/ 10/ 2025

**CIRCULAR**

**Extension Activities Committee**

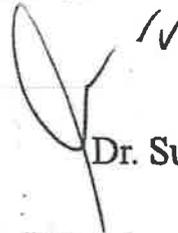
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will conduct World Arthritis day camp by the Musculoskeletal Physiotherapy department, SIORCOP from 8th- 10th October 2025.



**Dr. Anagha Kadam (PT)**

**Coordinator**

**Extension Activities Committee**



**Dr. Suroshree Mitra (PT)**

**Chairperson**

**Extension Activities Committee**



**Dr. Radha Bhattad (PT)**

**Principal and Professor**

**Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune  
Khedekar Hospital, Kamla Nehru Hospital, Rajeev Gandhi Hospital.**

**ARTHRITIS DAY HEALTH CAMP**

**DATE:** 8th October 2025 to 10th October 2025

**TIME:** 9:00 am to 5:00 pm.

**VENUE:** Khedekar Hospital, Kamla Nehru Hospital, Rajeev Gandhi Hospital.

**OBJECTIVE:**

1. To screen patients from the rural areas with musculoskeletal impairments.
2. To give them one-to-one physiotherapeutic management for musculoskeletal impairments.

**PROGRAMME:**

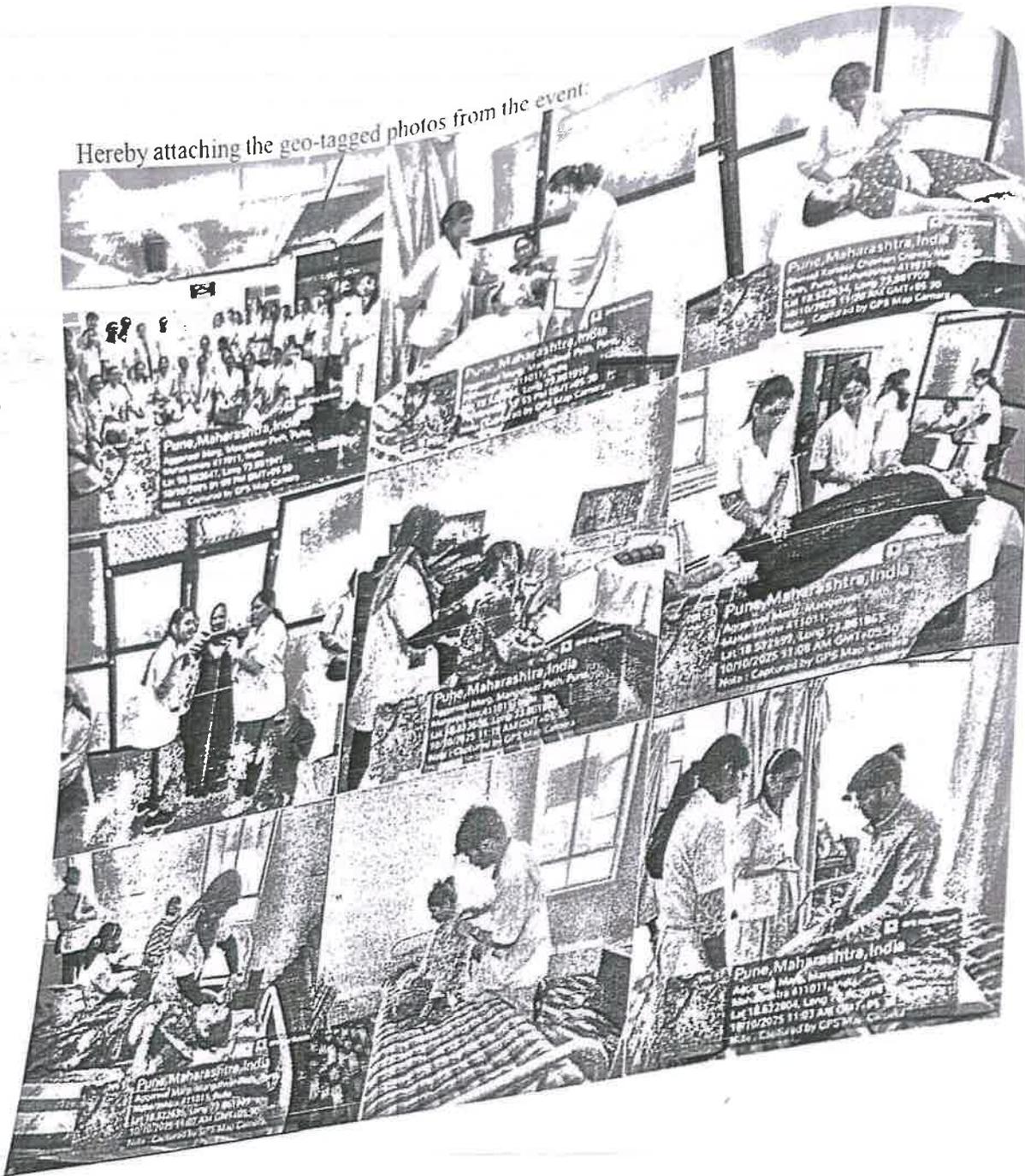
The Draupadabai Khedekar Hospital, Kamla Nehru Hospital and Rajeev Gandhi Hospital has been selflessly serving every year. They have been arranging a free health care in association with Sancheti Institute for Orthopaedics and Rehabilitation. A team of post graduate physiotherapy students Dr. Pratiksha Pund, Dr. Areesha Mirza, Dr. Vaishnavi Kotkar, Dr. Shruti Waghmare, Dr. Bhumika Oswal, Dr. Shreya Kulkarni, Dr. Snehal Ghule, Dr. Pranjali Chavhan, Dr. Aishwarya Gaikwad, Dr. Purva Gandhi, Dr. Bhakti Chavada, Dr. Swaral Deshmukh, Dr. Omkar Salunkhe, Dr. Vedangi Trikande, Dr. Arti Vaidya, Dr. Nidhi Joshi attended the camp. The camp began with screening the patients for musculoskeletal impairments. Most of them involved patients from geriatric population with orthopaedic involvement. A total of 110 patients were given physiotherapy management by means of oral instructions and exercise demonstrations. The day was concluded at 5 pm.

Positive feedback was received from all the patients and a need for more such camps was highlighted by many of the participants. Overall, it was a great learning experience for the attendees.

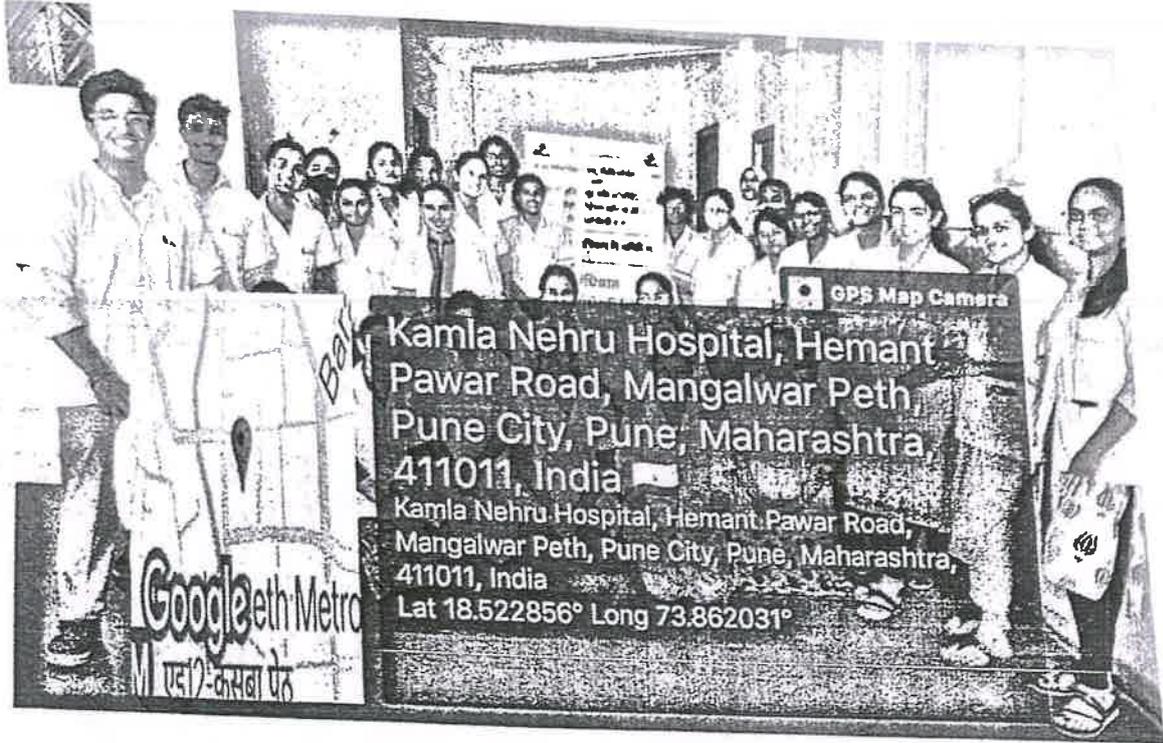
**Total No. of beneficiaries: 110**

  
**Dr. Radha Bhatnagar (MPT)**  
**Principal and Professor**

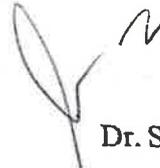
Hereby attaching the geo-tagged photos from the event:



*Radh*  
Dr. Radha Bhattad (PT)  
Principal and Professor



  
Dr. Anagha Kadam (PT)  
(PT) Coordinator  
Extension Activities Committee

  
Dr. Suroshree Mitra  
Chairperson  
Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

Extension activity: Arthritis clay camp  
 Date: 09/10/25  
 Venue: Khedekar Hospital.

Sr. No.	Name of the student	Year	Signature
1.	Arunima Mirza	MPT II	<i>[Signature]</i>
2.	Vaishnavi Kulkarni		<i>[Signature]</i>
3.	Parvitha Pund		<i>[Signature]</i>
4.	Shreyas Kulkarni		<i>[Signature]</i>
5.	Pranjali Chavhan		<i>[Signature]</i>
6.	Snehal Ghule		<i>[Signature]</i>
7.	Shweta Waghmare		<i>[Signature]</i>
8.	Bhramika Arwal		<i>[Signature]</i>
9.	Arvi Vaidya	2 <sup>nd</sup> Yr (BPT)	<i>[Signature]</i>
10.	Mimmi Patil		<i>[Signature]</i>
11.	Ashita Wale		<i>[Signature]</i>
12.	Priya Koli		<i>[Signature]</i>
13.	Arshita Venkat		<i>[Signature]</i>
14.	Shruti Patil	3 <sup>rd</sup> Yr (BPT)	<i>[Signature]</i>
15.	Aarav Chavhan		<i>[Signature]</i>
16.	Sanyal Adarsh		<i>[Signature]</i>
17.	Yash Pillai		<i>[Signature]</i>
18.	Nayan Jale		<i>[Signature]</i>
19.	Maitraya Chavhan		<i>[Signature]</i>
20.	Esha Sanjivani	FY-II	<i>[Signature]</i>
21.	Jyoti Bhat		<i>[Signature]</i>
22.	Rishabh Anand		<i>[Signature]</i>
23.	Shivika Chitambar		<i>[Signature]</i>
24.	Pooja Anand		<i>[Signature]</i>
25.	Bhramika Bisandri		<i>[Signature]</i>
26.	Saloni Ghume	<i>[Signature]</i>	

*Radhika*  
 Dr. Radhika Bhattad (PT)  
 Principal and Professor



Sancheti Healthcare and Research Foundation's

 **Sancheti**  
College of Physiotherapy

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 06/ 10/ 2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend Ratnagiri Assessment Camp organised by mukul madhav foundation and held by SIOR, which will be conducted on 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> October 2025, at Finolex campus, Ratnagiri. The event will start at 9:00 am to 6:00 pm.



**Dr. Anagha Kadam (PT)**

**Coordinator**

**Extension Activities Committee**



**Dr. Suroshree Mitra (PT)**

**Chairperson**

**Extension Activities Committee**

  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** Ratnagiri assessment camp by Mukul Madhav Foundation

**Date:** 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> October, 2025

**Time:** 9:00 AM to 6:00 PM

**Venue:** Finolex campus, Ratnagiri

#### **Objective of the Camp:**

The primary objective of the pediatric camp was to conduct comprehensive assessments and provide holistic intervention for children with neuro-musculoskeletal concerns. A key focus was on framing rehabilitation to enhance each child's active participation and functional independence within their family and school environments.

#### **Observations:**

During the camp, our multidisciplinary team collaborated to assess and manage a variety of pediatric conditions. The following key observations were made:

- **Multidisciplinary Team Composition:**  
The camp was staffed by a specialized team including:
  - Pediatric Orthopedics
  - Occupational Therapists
  - A Pediatric Ophthalmologist
  - A Pediatric Orthotist
- **Neurophysiotherapy**  
The neurophysiotherapy section was led by **Dr. Saloni PT** and **Dr. Sailee PT**. Under their guidance, a thorough postural and movement assessment was conducted for each child.
  - **Cases Assessed:** The camp primarily addressed a range of complex neurodevelopmental conditions, including Spastic Diplegic CP, Quadriplegic CP, and Hypotonic CP, with the majority of cases ranging from GMFCS Level 3 to Level 5.
  - **Assessment Approach:** The assessment utilized a sensori-motor approach, which was crucial for identifying underlying sensory processing disorders that significantly impacted motor function and participation.
  - **Focus of Rehabilitation:**  
All therapeutic interventions were specifically framed to improve the functional capacity of the children, with the explicit goal of boosting their active participation in daily activities at home and in the classroom.

  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

**Conclusion:**  
The pediatric camp in Ratnagiri successfully provided specialized, multidisciplinary care. The process, from initial assessment by various specialists to the formulation of tailored exercise plans by the neurophysiotherapy team, underscored the critical importance of a collaborative approach in pediatric rehabilitation. The camp served as a valuable initiative, directly addressing the functional goals of children to foster greater independence and community integration.

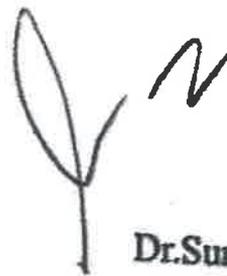


Dr. Anagha Kadam (PT)

Coordinator  
Extension Activities Committee

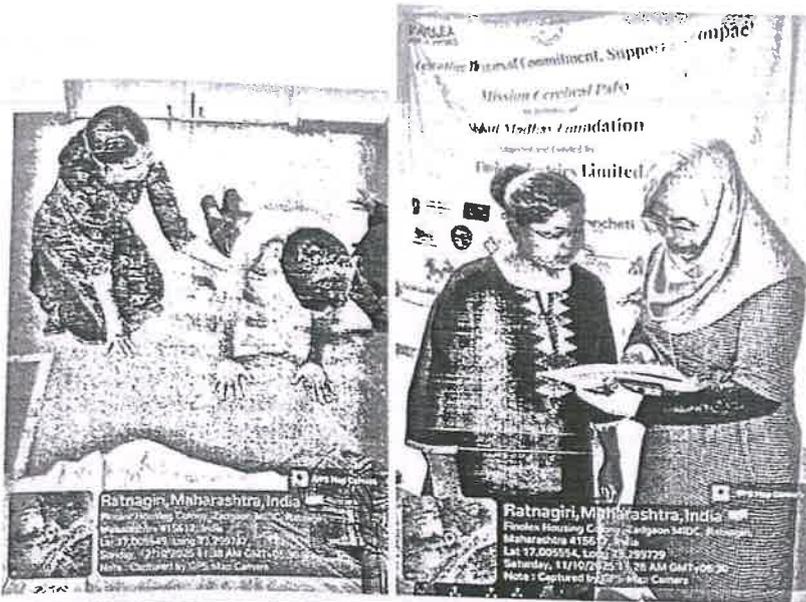


Dr. Radha Bhattad (PT)  
Principal and Professor



Dr. Suroshree Mitra (PT)  
Chairperson  
Extension Activities Committee

Following are the geo-tagged images of the Camp:



*Radha*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity:

Date: 10<sup>th</sup> - 11<sup>th</sup> - 12<sup>th</sup> Oct 2021

Venue: Ratnagiri (Finlex MMF)

Sr. No.	Name of the patient	Age/Gender	Diagnosis	Signature
1	Poojika Kalapte	2.5/M	hypotonic CP	[Signature]
2	Shahita Pawaskar	12/F	Dystonic CP-IV	[Signature]
3	Uzair Khan	4/M	Para CP-IV	Nagmat Khan
4	Uzair Khan	4/M	Volgoid foot	Nagmat Khan.
5	Usmaan Pathar	18m/M	SPD	[Signature]
6	Vrunda Basuambor	24/0m	Spastic Quadri IV	A. D. Basuambor
7	Mohammed Bhattar	4/M	GDD	[Signature]
8	Abdurkhan Khan	4/M	Myopathy?	[Signature]
9	Rafida Manchester	14/F	Spastic Quadri CP-II	[Signature]
10	Samarth Kosale	31/M	Dystonia CP-V	[Signature]
11	Arvish Shinde	3-5/M	Spastic Quadri CP-V	[Signature]
12	Manthan	12/M	Quadri CP-III	V. K. Barse.
13	Yashika Gawade	4/F	Dystonic CP-IV	[Signature]
14	Hersh Jadhav	16/M	Quadri CP-IV	[Signature]
15	Shweta Tumber Sangare	26/M	Sp. L-III	[Signature]
16	Shyam Tambe	3/M	Spina bifida.	[Signature]
17	Hafza Maggao	2.5/F	West syndrome	[Signature]
18	Vignesh Manjarkar	12/M	Spastic Quadri CP Level II.	[Signature]
19	Premanai Bhuvad	15/F	Base leg deformity	[Signature]
20	Ahmed Solikar	8/M	GDD.	[Signature]
21	Sarthari Pje	15/F	Spastic Quadri CP Level II	[Signature]
22	Hifa Darvesh	5/M	Spastic Dystonia CP	[Signature]
23	Riyansh Guldekar	6/M	Spastic Quadri CP	[Signature]
24	Shreyansh Desai.	3/M	CP with Hydrocephaly	[Signature]
25	Rohan Nakade	11/M	Hemiplegic CP with Equinus deformity	[Signature]
26				

Dr. Radha Bhattad (PT)  
Principal and Professor



Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational Therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

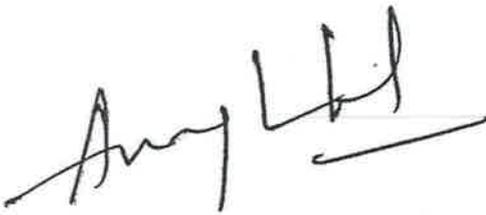
Reference No: SIORCOP/Ext act/ /2025

Date: 01/11/2025

**CIRCULAR**

**Extension Activities Committee**

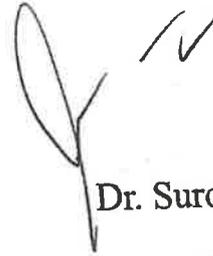
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend C-DAC Tech & Sports Fest Tournament held by SIOR, which will be conducted from 2nd- 7th November 2025, at Balewadi Sports Stadium.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee



Dr. Radha Bhattad (PT)  
Principal and Professor

Sancheti Institute For Orthopedics And Rehabilitation College  
Of Physiotherapy, Pune.

**Date:** 2<sup>nd</sup> to 7<sup>th</sup> November, 2025

**Name of the Event:** C-DAC Tech and Sports fest Tournament

**Venue:** Balewadi Sports Stadium.

**Objective:** To provide on-field physiotherapy coverage, injury management, and recovery strategies for volleyball, badminton and athletics sports events players participating in the tournament, and to gain first-hand clinical exposure in a competitive sports setting.

**Report:** The postgraduate student of Sports Physiotherapy from Sancheti College of Physiotherapy, had the opportunity to serve as the on-field physiotherapist for the C-DAC Tech and Sports fest Tournament from 2<sup>nd</sup> to 7<sup>th</sup> November, 2025 from 7am to 7pm.

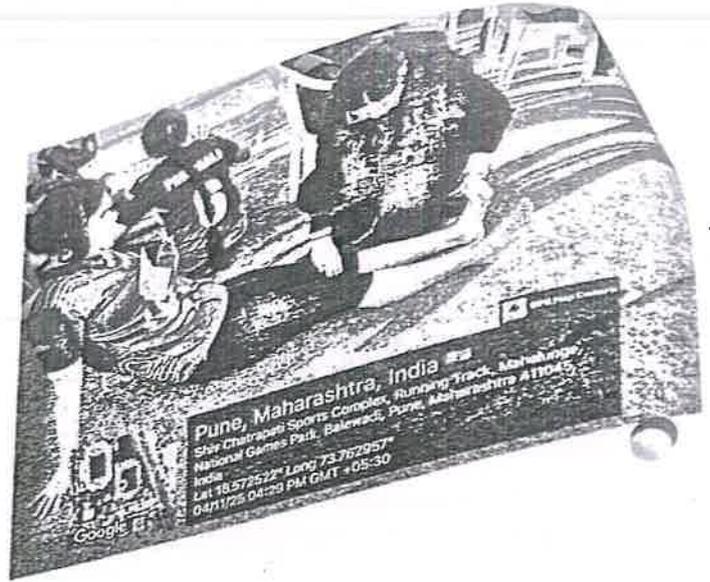
Throughout the tournament, the role involved immediate assessment and management of acute injuries, preventive taping, warm-up and cool-down supervision, and guiding players in recovery strategies such as stretching and mobility drills. We were also responsible for monitoring player workload and providing education regarding hydration, nutrition, and recovery techniques. Management of various muscle pulls, ligament injuries, bruises, wounds, cramps, etc.

This experience allowed us to apply our clinical knowledge in a high-pressure, real-time sporting environment. It enhanced our practical skills in quick decision-making, manual therapy interventions, and evidence-based physiotherapy management for volleyball, badminton and athletics sports events.

This fieldwork experience has motivated me to further refine my expertise in sports injury management, performance optimization, and rehabilitation protocols to better serve athletes in the future. This visit was coordinated by Shrinivas S Pownikar and Dr. Nupur Jadhao (PT).

  
Dr. Radha Bhattad (PT)  
Principal and Professor

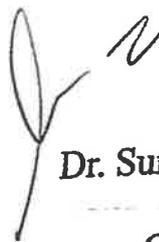
Photographs:



  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: C-DAC tech & sports fest tournament.

Date: 2nd Nov - 7th Nov. 2025

Venue: Balewadi sports stadium

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Arijun Mehta	28   M	Cramps	<i>[Signature]</i>
2	Nikhil Sharma	38   M	MCL sprain	<i>[Signature]</i>
3	Mitali Joshi	27   F	ATEL	<i>[Signature]</i>
4	Rohit Nair	30   M	Cramps	<i>[Signature]</i>
5	Suresh Bhagat	54   M	Dehydrat <sup>n</sup>	<i>[Signature]</i>
6	Madhavi Dixit	58   F	---	<i>[Signature]</i>
7	Joe D'silva	32   M	---	<i>[Signature]</i>
8	Karthik Ramesh	34   M	Cramps	<i>[Signature]</i>
9	Farida	38   F	Ham pull	<i>[Signature]</i>
10	Divya Shankar	35   F	Cramps	<i>[Signature]</i>
11	Rohan Shetty	24   M	Knee pain	<i>[Signature]</i>
12	Rebecca D'souza	29   F	Ankle pain	<i>[Signature]</i>
13	Simran Kaur	28   F	Cramps	<i>[Signature]</i>
14	Vijaylakshmi I.	62   F	---	<i>[Signature]</i>
15	Lavanya Prakash	35   F	---	<i>[Signature]</i>
16	Anushka Gharpure	26   F	---	<i>[Signature]</i>
17	Sujata Deshpande	52   F	---	<i>[Signature]</i>
18	Gopal Prabhur	60   M	Knee pain	<i>[Signature]</i>
19	Lucy Joseph	59   F	Shld pain	<i>[Signature]</i>
20	Harjit Kaur	44   F	Cramps	<i>[Signature]</i>
21	Biju Menon	54   M	Dehydrat <sup>n</sup>	<i>[Signature]</i>
22	Revathi	41   F	---	<i>[Signature]</i>
23	Sneha Patil	35   F	---	<i>[Signature]</i>
24	Prakash Rao	67   M	Cramps	<i>[Signature]</i>
25	Shubh Chaudhary	34   F	---	<i>[Signature]</i>
26	Nanhit Lama	35   M	Knee pain	<i>[Signature]</i>

*[Signature]*  
 Dr. Radha Shetty (PT)  
 Principal and Professor

27	Ajit Balasa	30/M	Cramps	All
28	Sandeep Wani	36/M	Knee pain	SN
29	I.M. Janwale	48/M	Cramps	SM
30	Shibu Kunjuman	58/M	Shld pain	<del>SM</del>
31	Bharat Pope	52/M	Dehydrat?	Shauw
32	D.F. Godse	29/F	Ankle pain	De.
33	Muthalal desai	41/M	Shin pain	Muthalal
34	Prasad Shedge	29/M	Cramps	Prasad
35	Satish Godbole	35/M	---	Satish
36	Shakuntal Ramas	38/M	---	Shakuntal
37	Prashant Tumber	42/M	---	Pr
38	Ganesh Kishan	42/M	shin pain	AK
39	Santoshi Raw	35/M	Dehydrat?	21/10/11
40	Kishani Pawar	49/F	Dehydrat?	(K.P.)
41	Chandrakant	50/F	Cramps	Ch
42	Mohan Pal	32/M	Cramps	Mo
43	Harshad Singh	38/M	Cramps	NA
44	Rajesh More	48/M	elbow pain	RA
45	Kantekar	42/M	Dehydrat?	Ram
46	Gargi Devi	54/M	---	anilkar
47	Purna Kamble	58/F	---	RP
48	Sakshinani Dev	60/F	---	anilkar
49	Anushka Godse	<sup>62</sup> <del>52</del> /F	elbow pain	Dev
		49/F	MCL injury	Dev

Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor



## CIRCULAR

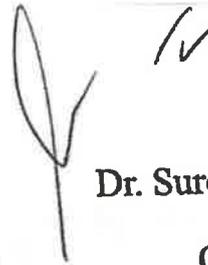
### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee in collaboration with Sancheti Hospital for Orthopedic and Rehabilitation will be organizing a camp on 14 th Nov 2025 at Civil Court Metro Station, Pune. The camp will start at 9am.

  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

'Nurturing Minds, Inspiring Excellence'  
Sancheti Healthcare Academy

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** Free Health assessment camp for employees.

**Date:** 14th November, 2025

**Time:** 11:00 AM to 4:00 PM

**Venue:** Civil Court Metro station, Pune.

On 14th November, 2025, we, the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr. Tasneem Rizvi and Dr. Gargi Kandalgaonkar, visited Health Assessment Camp at Civil Court Metro station organized by SIOR. The visit was organized as part of our academic curriculum.

#### **Objective of the visit :**

**Objective:**

The objective of the camp at the Civil Court Metro Station was to assess work-related musculoskeletal issues among employees with prolonged sitting or standing duties, identify early risks such as low back and knee pain and reduced bone health, and provide preventive exercises and ergonomic advice to promote long-term musculoskeletal well-being.

#### **Observations :**

During our visit to the Civil Court Metro Station, we interacted with metro employees and staff from various work profiles. The following key observations were made:

**Type of participants:**

Employees engaged in prolonged sitting as well as long hours of standing duties participated. The age group ranged from young adults to middle-aged individuals.

**Health-related observations:**

Many participants reported low back pain, knee pain, and generalized musculoskeletal discomfort. Several individuals showed signs of reduced bone health, including osteopenia, with a few at risk of osteoporosis. Poor posture, limited physical activity, and incorrect workplace ergonomics were commonly noted.

**Intervention provided:**

Participants were educated about posture correction, workplace ergonomics, and lifestyle modifications. General and condition-specific exercises focusing on the low back, knees, and overall mobility were demonstrated and advised. Guidance was provided with an emphasis on prevention, early management, and long-term musculoskeletal health.

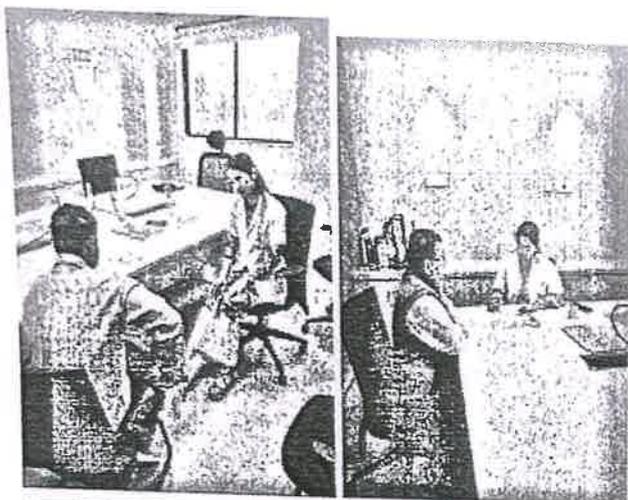
  
Dr. Radha Bhattacharya (PT)  
Principal and Professor

### **Conclusion**

Our visit to the screening and exercise awareness camp at the Civil Court Metro Station was an insightful experience that enhanced our understanding of work-related musculoskeletal problems and lifestyle-related health risks. Interacting with employees and addressing their concerns highlighted the importance of early assessment, preventive physiotherapy, and ergonomic education. The camp served as a meaningful learning experience for us as future physiotherapists, reinforcing the role of community-based interventions and health promotion in preventing long-term musculoskeletal disorders.

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

Following are the images of the Camp:



Dr. Anagha Kadam (PT)  
Coordinator  
Extension Activities Committee

Dr. Suroshree Mitra (PT)  
Chairperson  
Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor





Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Pune Metro Camp

Date: 14/11/25

Venue: Pune Metro - Civil Court

Sr. No.	Name of the patient	Age/Gender	Diagnosis	Signature
1.	Rashika Dixit	26/F	Trapezitis	Rashika
2.	Ujwal S.	31/M	Knee Pain	Ujwal
3.	Trypti Girmal	28/F	B/L Trapezitis	Trypti Girmal
4.	Prasad Raw	49/M	LBP	Prasad
5.	Pranali F.	30/F	Weight loss	Pranali
6.	Prashant Ch.	40/M	Cx radiocap	Prashant Chhaty
7.	Suchila Tadkhew	45/F	OA	Suchila
8.	Rajin Karane	28/M	Plantar F.	Rajin
9.	Archana W.	32/F	Plantar F.	Archana
10.	Nimruti P.	29/F	Wt loss	Nimruti
11.	Wijay Potghar	33/M	Sh. pain	Wijay
12.	Rajkumar A.	29/M	Knee pain	Rajkumar
13.	Shradha S.	25/F	Wt loss	Shradha
14.	Vinod Yadav	52/M	LBP	Vinod
15.	Rajesh Patil	55/M	L3 rad.	Rajesh
16.	Dinesh Ghodse	43/M	Trapezitis	Dinesh
17.	Krutika Zade	31/F	Plantar F.	Krutika
18.	Shriya D.	29/F	Knee pain	Shriya
19.	Prashant Tadkhew	35/M	Tennis elbow	Prashant
20.	Dattaray N.	29/M	Sh. pain	Dattaray
21.	Ramresh Yadav	47/M	HTN	Ramresh
22.	Chaitrali Bh.	30/F	Head pain	Chaitrali
23.	Vaibhaw D.	35/M	Sh. pain	Vaibhaw
24.	Phormindra K	51/M	B/L knee pain	Phormindra
25.	Rupali D.	34/F	Trapezitis	Rupali
26.	Pradeep More	52/M	LBP	Pradeep

Radh.  
Dr. Radha Bhattad (PT)  
Principal and Professor







College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 11/ 11/ 2025

## CIRCULAR

### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend Foot Distribution Camp held by SIOR, which will be conducted on 25th November 2025, at Inlaks & Budhrani.

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Shinde (PT)

Principal and Professor

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** Jaipur foot distribution camp

**Date:** 25<sup>th</sup> November, 2025

**Time:** 9:00 AM to 3:00 PM

**Venue:** Inlacs and budhrani , Pune. On 25<sup>th</sup> November, 2025 , we , the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr. Richa Jagtap, Dr Mohini Raskar visited jaipur foot distribution Camp at, Inlacs and budhrani hospital Koregaon park , Pune. The visit was organized as part of our academic curriculum to gain practical exposure to the field of prosthetics and orthotics, particularly in patients affected by locomotor disabilities.

#### **Objective of the visit :**

The objective of assessing and observing the process of prosthetic and orthotic fitting for the patients with locomotor disability for artificial limbs is to provide accurate artificial limbs for ensuring comfort, functionality, and long-term usability according to the patients requirements .

#### **Obsevation :**

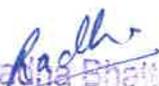
During our visit, we had the opportunity to interact with healthcare professionals, prosthetists, orthotists, and patients. The following key observations were made:

- **Type of patients:-**

Variety of patients with Hip disarticulation , BK amputation , Above knee amputation , ankle disarticulation , above wrist amputation , Poliomyelitis , CP, etc participated . The age group was from 5 years to 80 years .

- **Prosthetics and Orthotics Devices Provided :-**

- Patients will receive customized prosthetic limbs, orthotic insoles, and specialized footwear to prevent further complications.
- Orthotic devices such as ankle-foot orthoses (AFOs) and dynamic splints will be provided to aid mobility and prevent deformity progression.
- Canes and walkers will also be provided to geriatric patients in need .

  
Dr. Rajna Bhallad (PT)  
Principal and Professor

newly made

Following are the geotagged images of the Camp



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhatt (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Foot Distribution Camp

Date: 25/11/25

Venue: Tinkas Budhwani

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Mahesh vadman	48 M	LT Hand	Mahesh
2.	Kaushalya Langhe	20 F	RT BK	Kaushalya
3.	Nitin Jadhav	46 M	RT BK	Nitin
4.	Rehman Kazi	40 F	LT caliper	Rehman
5.	Togdish Agarwal	64 M	RT BK	Togdish
6.	Dusvika Battal	18 F	LT BK	Dusvika B.
7.	Viraj Newase	28 M	Bill Hand	Viraj
8.	Yogesh Shirke	40 M	LT AK	Yogesh Shirke
9.	Amol ombak	36 M	RT Hand	Amol
10.	Aryan Pawar	48 M	Bill caliper	Aryan
11.	Smita Bhau	60 F	LT AK	Smita
12.	Norah Mohite	52 M	RT BK	Norah
13.	Abhijeet More	36 M	RT AK	Abhijeet
14.	Vyankat chavan	48 M	LT BP	Vyankat
15.	Bhawal chavan	60 M	LT KFO	Bhawal
16.	Chandrakala Yewale	46 F	Bill KFO	Chandrakala
17.	Hema Gaikwad	48 F	LT BK	HEMA.
18.	Nishikant Londge	62 M	LT Caliper	Nishikant
19.	Audumber kshirsagar	52 M	LT KFO	Audumber
20.	Felix Jacob.	30 M	RT BK	Felix
21.	santoshsingh Tamman	72 M	RT BK	Santosh
22.	Sanjay Mohite	62 M	RT BK	Sanjay
23.	Dattatray Bhujbal	32 M	Bill BP	Dattatray
24.	Dogghana Kamble	38 F	RT Caliper	Dogghana
25.	Ranjika Gaikwad	39 F	Bill Hand	Ranjika
26.	chandrasingh Thakur	48 M	LT AK	chandrasingh

27. Prathamesh Dalvi 46 M RT Hand Prathamesh

28. Suryabhan Borudi 36 M RT BK Suryabhan

29. Bhagvan Jagtap 68 M LT BK Bhagvan

Radha

Dr. Radha Bhattar (PT)  
Principal and Professor



**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Date: 19/11/2025

Reference No: SIORCOP/Ext act/ /2025

**CIRCULAR**

**Extension Activities Committee**

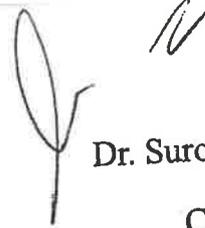
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend Sunrise Foundation Camp held by SIOR, which will be conducted 29th November 2025, at Dapodi.



**Dr. Anagha Kadani (PT)**

Coordinator

Extension Activities Committee



**Dr. Suroshree Mitra (PT)**

Chairperson

Extension Activities Committee

  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

Name of the event: Sunrise foundation camp at Dapodi by SIOR

Date: 29/11/ 2025

Time: 9:00 AM to 5:00 PM

Venue: Dopodi, Pune.

**OBJECTIVE:** A free health check-up camp at Sunrise foundation Dapodi, Pune, organized by SIOR was planned with the objective of assessing and treating patients with different orthopaedic and neurological conditions by the Multi- speciality doctors and physiotherapists.

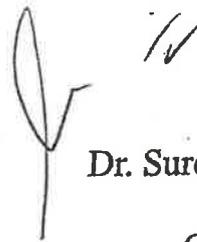
The patients were assessed for their various conditions by an Orthopaedic doctor from SIOR. They were also referred to Dr. Snehal Ghule and Dr. Shreya Kulkarni (Physiotherapist) for their opinions and exercises. This event was coordinated by Mr. Hatim Wagpura, from the Marketing Department of SIOR. Patients having low back pain, neck pain, knee pain, shoulder pain, multiple joint pain and other such conditions due to various causes were assessed and exercises were prescribed accordingly.

A total of 30 patients participated in the Camp, out of which 16 were referred for individual physiotherapy treatment. Feedback was taken verbally from the participants and they stated that they were greatly benefited by the organization of this camp.

  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhatnagar (PT)  
Principal and Professor





Sancheti Healthcare and Research Foundation's

 **Sancheti**  
College of Physiotherapy

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational Therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

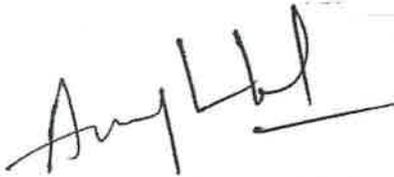
Reference No: SIORCOP/Ext act/ /2025

Date: 17/ 11/ 2025

## CIRCULAR

### Extension Activities Committee

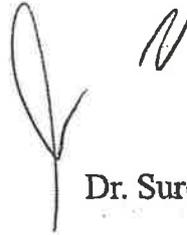
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend a free fitness camp, which will be conducted on 29th November 2025 , at Kirloskar Company Ahilyanagar, Pune .



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhatnagar (PT)  
Principal and Professor

## Camp Report

SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF  
PHYSIOTHERAPY, PUNE

Name of the event: Corporate Camp by SIOR

Date: 10 Dec, 2025

Time: 10:00 AM to 2:00 PM

Venue: Kirloskar company, Ahmednagar

**OBJECTIVE:** A free health check-up camp at Mahendra Company, Chakan, Pune, organized by SIOR was planned with the objective of assessing their BMD and treating patients with different orthopaedic and neurological conditions by the Multi-speciality doctors and physiotherapists.

The patients were assessed for their various conditions by Orthopaedic doctor from SIOR. They were also referred to Dr. Bhumika Oswal and Dr. Pranjali Chavan (Physiotherapist) for their opinions and exercises. This event was co-ordinated by Mr. Hatim Wagpura, from the Marketing Department of SIOR. Patients having low back pain, neck pain, knee pain, shoulder pain, multiple joint pain and other such conditions due to various causes were assessed and exercises were prescribed accordingly. This camp catered to corporate employees aged between 21-55 years.

A total of 100 patients participated in the Corporate Camp, out of which 66 were referred for individual physiotherapy treatment.

### Objective of the visit :

The objective of assessing and observing the process of prosthetic and orthotic fitting for the patients with locomotor disability for artificial limbs is to provide accurate artificial limbs for ensuring comfort, functionality, and long-term usability according to the patients requirements.

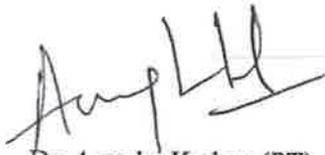
### Obsevatons :

- To screen employees for work-related musculoskeletal disorders (WRMSDs)
- To assess postural, ergonomic, and repetitive strain issues among industrial workers
- To provide physiotherapy consultation, advice, and preventive guidance
- To educate employees regarding workplace ergonomics, posture correction, and injury prevention

  
Dr. Radha Bhattad (PT)  
Principal and Professor

**Conclusion**

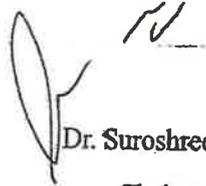
The Kirloskar Company Medical Camp was a successful and enriching experience. It highlighted the essential role of physiotherapy in preventing work-related musculoskeletal Feedback was taken verbally from the participants and they stated that they were greatly benefited by the organization of this camp.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra(PT)

Chairperson

Extension Activities Committee



Dr. Radha Bhattad (PT)

Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Kirloskar Camp

Date: 29/11/25

Venue: Ahilyanagar

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1)	Romesh Jadhav	36/M	Neckpain	Romesh
2)	Promod Shinde	40/M	LBP	Promod
3)	Santosh G.	45/M	CTS	Santosh
4)	Prakash More	29/M	Neckpain	Prakash
5)	Balasaheb Pawar	54/M	OA knee	Balasaheb
6)	Dashrath Chaugule	60/M	OA knee	Dashrath C.
7)	Suresh Pillay	35/M	Plantar fasciitis	Suresh
8)	Ajay Kambale	49/M	OA knee	A.K
9)	Sanjay Pakhare	61/M	OA knee	Sanjay
10)	Sujit More	23/M	LBP	Sujit More
11)	Uttreshwar Pawar	75/M	OA knee	U. Pawar
12)	Shivaji Bedke	35/M	LBP	Shivaji
13)	Amol Gaikwad	35/M	LBP	Amol
14)	Suresh Hatmode	45/M	LBP	Suresh
15)	Namnath Dhonde	66/M	OA knee	नामनाथ धोंडे
16)	Bhital Mane	78/M	LBP	Bhital
17)	Ganesh Pawar	26/M	Plantar-fasciitis	Ganesh
18)	Ajit Pingale	32/M	Neckpain	Ajit
19)	Sunil Bakale	45/M	Neck pain	सुनील बाकले
20)	Narayan Zoni	60/M	OA knee	नारायण झोनी
21)	Lakhan Raut	33/M	LBP	Lakhan
22)	Annasaheb Nikam	58/M	LBP	Annasaheb
23)	Nilesh Waghmare	39/M	shoulder pain	Nilesh
24)	Rajendra Tuwar	55/M	PA shoulder	Rajendra
25)	Prakash Bhosale	45/M	LBP	Prakash Bhosale
26)	Rajiv Bhosale	69/M	OA knee	Rajiv Bhosale

Rachha Bhattar (PT)  
Principal and Professor

27)	Sudhakar Thorat	45/M	LBP	Sudhakar
28)	Atmaram chhobe	52/M	LBP	Kumar D.
29)	Sangote shrikrish	59/M	OA knee	ZINDANI
30)	Ram Dalavi	62/M	PA shoulder	P. Patil
31)	Padmakar Rathod	45/M	Neck pain	M. Patil
32)	Mandanlal Jain	60/M	OA knee	मंजीकराव जोशी
33)	Manikarao Saadhane	65/M	OA knee	मोनीमाल कश्यप
34)	Motilal kasabe	62/M	OA knee	Kur
35)	Ramesh Charan	32/M	Neck pain	
36)	Supada Patil	39/M	LBP	
37)	Samadhan Chaudhari	35/M	LBP	
38)	Babulal Rakhunde	60/M	OA knee	बाबुलाल राखुंडे
39)	Ashok kale	45/M	LBP	desh
40)	Nitin Dhole	40/M	Plantar fasciitis	नितीन Dhole
41)	Deepak chonde	35/M	LBP	Deepak
42)	Kunjaji Dhote	65/M	PA shoulder	Kunjaji Dhote
43)	Santosh Mane	35/M	Neck pain	
44)	Nimbaji Dambare	53/M	LBP	
43)	Gaurav Dhavale	49/M	LBP	Dhavale
44)	Madhav Dasal	47/M	LBP	madhav Dhasal
45)	Salim Shaikh	28/M	LBP	
46)	Subhash Khair	61/M	knee OA	Subhash Khair
45)	Nanarao Khodare	57/M	OA knee	Nanarao
46)	Dhananjay lande	41/M	LBP	Dhananjay
47)	Jay Bedake	26/M	LBP	Jay
48)	Shrikrushna chopade	33/M	elbow Pain	Shrikrushna
49)	Sushantku Barkul	28/M	CTS	Sushant
50)	Anil Awad	32/M	LBP	
51)	Shankar Gonge	42/M	LBP	Shankar
52)	Nishwanath Sonawane	45/M	Neck pain	Nishwanath
53)	Jayant Bhakare	31/M	LBP	Jayant
53)	Motilal Tachav	60/M	LBP	Motilal

Rachha

Dr. Rachha Bhatnagar (PT)  
Principal and Professor





Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 01/12/2025

**CIRCULAR**

**Extension Activities Committee**

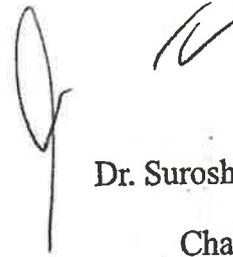
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend Pune International Marathon held by SIOR, which will be conducted 7th December 2025, at Balewadi, Pune.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee



Dr. Radha Bhattad (PT)  
Principal and Professor

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND  
REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE**

Department of Musculoskeletal and Sports PT

**Name of the event:** Pune International Marathon.

**Date:** 07/12/25

**Venue:** Sanas Sports Ground Chowk, Saras Baugh, Pune.

**Objective:** The participants were sensitized about the importance of warm-up and recovery, injury prevention strategies, and precautions to be taken while running. The participant students also conducted warm-up sessions, treated runners with cramps and muscle strains, and provided immediate care for acute injuries.

**Report:** The 39th Pune International Marathon was held from the midnight of 7th December 2025 and continued into the early morning hours. This annual event attracted 10 thousand of participants from around the globe, including professional athletes, amateur runners, and fitness enthusiasts. The marathon included multiple categories; full marathon (42.2km), half marathon (21.1km), 10km, 5km, and 3km. The starting point at Sanas Sports Ground had a recovery station for the runners where they were sensitized about the importance of warm-up and recovery, injury prevention strategies, and precautions to be taken while running. 69 runners were treated for various causes on-field (which was along the running route); with treatment given for cramps, muscle strains, and acute ligament injuries. The runners were also given first-aid for shoulder dislocation, vomiting, and dehydration at the recovery stations at Sanas Sports Ground. The students collaborated with the medical team to triage cases requiring further medical attention.

This event was coordinated by the faculty, Dr. Nupur Jadhao (PT) along with 30 postgraduate students (MPT II- 4, MPT I- 26) of SIORCOP, who participated enthusiastically to provide support to the medical team and helped in the treatment of the participant runners.

  
Dr. Radha Bhattad (PT)  
Principal and Professor

Photographs of SIORCOP students at the 39<sup>th</sup> Pune International Marathon.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor

Extension activity: Pune International Marathon

Date: 7/12/25.

Venue: Sandas Ground

Sr. No.	Name of the patient	Age/Gender	Diagnosis	Signature
1.	Laxman Borote	50/M	Cramps	<i>Laxman</i>
2.	Anake Boham	25/M	Dehydration	<i>Anake</i>
3.	Avanti Rathod	28/F	Shivering	<i>Rathod</i>
4.	Atul Kothari	40/M	Cramps	<i>Atul</i>
5.	Prital dev	40/F	Hamus Strain	<i>Prital Dev</i>
6.	Ajay Rane	40/M	Hamus Strain	<i>Ajay</i>
7.	Vijaya Rane	48/F	Cramps	<i>V.S. Rane</i>
8.	Ramesh Jenu	35/M	Calf Pain	<i>Ramesh</i>
9.	Maheesh Ghadge	36/M	Cramps	<i>Maheesh</i>
10.	Surekha Walke	50/F	Hamus Strain	<i>Surekha</i>
11.	Sujata V.	55/F	Soreness	<i>Sujata</i>
12.	Harshal Jagtap	25/M	Calf Pain	<i>Harshal</i>
13.	Rajesh hule	26/M	Cramps	<i>Rajesh</i>
14.	Jitendra Pawar	28/M	Soreness	<i>Jitendra</i>
15.	Bhagyashri Muluk	26/F	Ankle Pain	<i>Kalyan</i>
16.	Kalyani Deute	25/F	-	<i>Kalyani</i>
17.	Ritika Chavan	28/F	-	<i>Ritika</i>
18.	Renuka Pawar	22/F	Back Pain	<i>M.S. Thapa</i>
19.	Thapa M.S.	38/M	Knee Pain	<i>Thapa</i>
20.	Atul utpute	26/M	Cramps	<i>Atul</i>
21.	Kishan Pawar	35/M	Dehydration	<i>Kishan</i>
22.	Katappa Kulkarni	20/M	Cramps	<i>Katappa</i>
23.	Pramod Shedge	25/M	Knee Pain	<i>Pramod</i>
24.	Sujit Kanthe	26/M	-	<i>Sujit</i>
25.	Madhura Kanthe	20/F	Ankle Pain	<i>Madhura</i>
26.	Rutuja More	22/F	Back Pain	<i>Rutuja</i>

*Rachh*  
 Dr. Rachh Bhattad (PT)  
 Principal and Professor

27	Pragati Ashtekar	27/F	Cramps	P.S. Ashtekar
28	Rigam Kulkarni	28/M	Knee Pain	Amr
29	Geeta Dabhdhar	18/F	Sprain	Saite
30	Khan Saiged	20/M	Calf pain	Flan
31	Ash Patel	29/M	IT Band	Arb
32	Sukhja Singh	28/F	Knee Pain	Saite
33	Mate Saraj	28/M	Knee Pain	Amr
34	Ram Chavan	30/M	Cramps	Jura
35	Deepak Thor	38/M	Dehydration	Amr
36	Santosh Sawant	45/M	Cramp	Saite
37	Kirti Naik	25/F	Back Pain	Saite
38	Kunal Deshpande	22/M	Ankle	Amr
39	Akhay Kapoor	28/M	Cramps	Amr
40	Manish Tadhai	50/M	Knee Pain	Amr
41	Kunal Goswami	49/M	Back Pain	Kunst
42	Vithal Chavan	40/M	Sprain	V.K.G
43	Kiran	60/M	Hank strain	Amr
44	Junil Bhorde	22/M	Brener	Junil
45	Sheena Ghuge	21/F	Back Pain	Amr
46	Divya Das	28/F	Quads Pain	Divya Das
47	D.V. Gharpade	58/M	Cramp	Gharpade
48	Nitin More	50/M	IT band	Nitin More
49	D.Y. Gosavi	23/M	Knee Pain	Amr
50	Shirai Rajput	28/F	Stretching	Amr
51	Saite S.L.	53/M	Cool down	Saite
52	Shiva Harde	20/M	Cool down	Shiva Harde
53	Umesh	20/M	Brener	Amr
54	Sural	22/F	Stretching	Amr
55	Abhijeet	28/M	Back Pain	Amr
56	Swaroop Khatavkar	27/F	Shivering	Amr
57	Sanket Shewale	27/M	Cramp	Shewale
58	Rohit	25/M	Knee Pain	Amr

59	Premchand Shinde	44/M	Cramps	Premchand Shinde
60	Keshori	40/F	Knee Pain	Keshori
61	Kuldip	20/M	Back Pain	Kuldip
62	Ajit Marge	23/M	Dehydration	Ajit
63	Parag Mahajan	50/M	Hamstring	Parag
64	Prashant Abnave	25/M	Cramps	Prashant
65	Vinod Ghanekar	28/M	Back Pain	Vinod
66	Shiraj Sorkhat	30/M	-	Shiraj
67	Vinay Pawar	33/M	Knee Pain	Vinay
68	Ashok Gogate	40/M	Cramps	Ashok
69	Bhim Rao	35/M	Ankle Sprain	Bhim

Radha

Dr. Radha B. [Signature]  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity:

Pune International Marathon

Date: 7/12/25

Venue: Sanas Ground

Sr. No.	Name of the student	Year	Signature
1	Gandhari V	MPT-2	
2	Spruha T	MPT-2	
3	Utkarsh D	MPT-2	
4	Pooja A	Final yr	
5	Akhata K	Second yr	
6	Anushka A.	Final yr	
7	Sakshi N.	Final yr	
8	Shubhali S.	Final yr	
9	Lokesh-T	Final yr	
10	Om mitra	Final yr	
11	Prayag-OM	Final yr	
12	Yash	TY BPT	
13	Arna	TY BPT	
14	Sulaine	-	
15	Abhijeet	Ty BPT	
16	Hitarshi	-	
17	Nayan	-11-	
18	Rajshree	-11-	
19	Gargi K.	MPT-2	
20	Apurva	MPT-2	
21	Sachi's Sahu	2nd	
22	Parth Gajakwad	2nd	
23	Tejas Bedekar	Final	
24	Pranav Nikam	2nd yr	
25	Pranjal Kadans	2nd yr	
26	Raghav Nanote	2nd yr	

Dr. Radha Bhattad (PT)  
Principal and Professor



**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 01/12/2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend free Medical check-up Camp held by SIOR, which will be conducted on 9th December 2025, at Thermax Company Pimpri chinchwad. The event will start at 9:00 am to 6:00 pm.

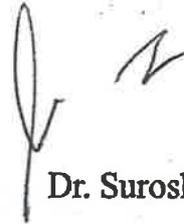
  
Dr. Radha Bhatnagar (PT)  
Principal and Professor



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE**

**Name of the event:** Thermax company Medical camp

**Date:** 9th December, 2025

**Time:** 9:00 AM to 6:00 PM

**Venue:** Thermax company , PCMC. On 9th September, 2025 , we , the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr. Spruha Talikoti, Dr . Pratiksha Pund , visited Free Medical check up Thermax company camp organized by SIOR. The visit was organized as part of our academic curriculum to gain practical exposure to the field Industrial Physiotherapy, especially for the employees having overuse injuries.

**Objective of the visit :**

The objective of assessing and observing the process of prosthetic and orthotic fitting for the patients with locomotor disability for artificial limbs is to provide accurate artificial limbs for ensuring comfort, functionality, and long-term usability according to the patients requirements.

**Observations :**

- To screen employees for work-related musculoskeletal disorders (WRMSDs)
- To assess postural, ergonomic, and repetitive strain issues among industrial workers
- To provide physiotherapy consultation, advice, and preventive guidance
- To educate employees regarding workplace ergonomics, posture correction, and injury prevention

The patients will receive their limbs and will be trained for walking using newly made artificial limbs .

A total of 96 patients participated in the this camp organized by SIOR.

**Conclusion**

The Thermax Company Medical Camp was a successful and enriching experience. It highlighted the essential role of physiotherapy in preventing work-related musculoskeletal

*Rudh*

Principal and Professor

disorders and promoting employee well-being. The camp reinforced the significance of a preventive, ergonomic, and multidisciplinary approach in industrial health care.

Extens

Following are the geotagged images of the Camp:



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor

Dr. Suroshree Mitra (PT)

Chairperon

Extension Activities Committee

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Thermax Company Health Camp.

Date: 9/12/25

Venue: Thermax Company

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1	Ajit Bhalerao	53/M	R/L Knee OA	<i>Ajit</i>
2	Rajit Dalvi	39/M	Early knee OA	<i>Rajit</i>
3	Vikas Dandekar	43/M	Knee OA	<i>Vikas</i>
4	Yashraj. Bobade	51/M	EC-injury	<i>Yashraj</i>
5	Mahesh Shinde	48/M	Knee pain	<i>Mahesh</i>
6	Mahesh Dodekar	34/M	foot pain	<i>Mahesh</i>
7	Pranod Shedge	38/M	Knee pain.	<i>Pranod</i>
8	Sandeep Wani	47/M	Knee pain	<i>Sandeep</i>
9	Mahendra Chavan	51/M	Lumbalgia	<i>Mahendra</i>
10	J.M. Taravale	43/M	LBP	<i>J.M.</i>
11	T.D. Patil	60/M	LBP	<i>T.D.</i>
12	Balisingonde	50/M	LBP	<i>Balisingonde</i>
13	Machhikar Salve	56/M	LBP	<i>Machhikar</i>
14	D.E. Godse	52/M	LBP	<i>D.E.</i>
15	Dattatray Lokhande	36/M	Shoulder pain	<i>Dattatray</i>
16	Prashant Patil	44/M	Calcaneal spur	<i>Prashant</i>
17	Bharat Dope	47/M	LBP	<i>Bharat</i>
18	Sunil Patil	66/M	Kip AVN	<i>Sunil</i>
19	Purag. Joshi	41/M	Tennis elbow	<i>Purag</i>
20	Shibi Kurjuman	41/M	Calf pain	<i>Shibi</i>
21	Amit Mambare	37/M	supra tear.	<i>Amit</i>
22	Sachin Jadhav	35/M	LBP	<i>Sachin</i>
23	Atul Katnare	40/M	sh. pain.	<i>Atul</i>
24	Mithalal Des	52/M	PA sh.	<i>Mithalal</i>
25	Satish Tekade	60/M	Knee OA	<i>Satish</i>
26	Pranod Shedge	32/M	Knee OA	<i>Pranod</i>

*Rachh*  
 Dr. Rachh Bhattad (PT)  
 Principal and Professor

27	Mohan Jadhav	45/M	Knee OA	Sanjay
28	Sanjay Bannik	57/M	Tenniselb	Sanjay
29	Vijay Shauke	40/M	Lx rad	Suresh
30	Suresh	49/M	Hip AVN	SR
31	Shekhar Shirad	39/M	PA sh.	Radhika
32	Chandrakant	57/M	Lx rad	Rahul
33	Rahul Bhosle	43/M	Knee OA	Sanjay
34	Sandap Wani	47/M	Cx rad	HP
35	Hatthal Patil	38/M	PA sh.	Rajesh
36	Rajesh Huse	48/M	Tennis elb	Pawan
37	J. Kesh Pawan	43/M	Hip AVN	RB
38	Deepak Bataran	33/M	Lx rad	Hisham
39	Kishan Pawan	52/M	Knee OA	KE
40	Kantappa Kulkarni	54/M	Cx rad	Patel
41	Prashant Patil	46/M	PA sh.	Patel
42	Sachin More	39/M	Tenniselb	Patel
43	Prashant Tumber	36/M	Lx rad	Prashant
44	Sujit Kurne	37/M	Knee OA	Sujit
45	Sanjay ghag.	57/M	Knee OA	SR
46	Sanjosh	52/M	PA sh.	Sanjosh
47	T. D. Dutek	60/M	Lx rad	Tararam
48	H. S. Bahingonde	59/M	Tenniselb	A.S.
49	D. M. Sandate	50/M	ACL injury	Sandate
50	Madhukar	56/M	Lx rad	Hebbar
51	Godage V. P.	52/M	Meniscus injury	Etter
52	Karstekar	55/M	PA-Sh.	W
53	Ganesh Kishan	59/M	Tenniselb	Sanjay
54	Anil Gopalhar	55/M	Lx rad	Anil
55	P. F. Gode	58/M	Cx rad	KE
56	R. D. Patil	54/M	Cx rad	Patel
57	S. S. Thakre	52/M	Knee OA	YCM
58	V. P. Janjira	50/M	ACL injury	Sanjay
			Cx rad.	UP

60  
61

Radha

Dr. Radha Bhattad (PT)  
Principal and Professor





Sancheti Healthcare and Research Foundation's

 **Sancheti**  
**College of Physiotherapy**

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra,  
India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Fax: 020-25539494

Website: www.sha.edu.in/sicop

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 01/12/2025

## CIRCULAR

### Extension Activities Committee

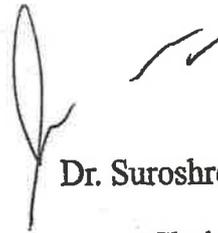
Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend a free Police Agility and Fitness camp held by SIOR, which will be conducted on 10th December 2025, at Faraskhana Police Station, Pune.



**Dr. Anagha Kadam (PT)**

**Coordinator**

**Extension Activities Committee**



**Dr. Suroshree Mitra (PT)**

**Chairperson**

**Extension Activities Committee**



**Dr. Radha Bhattad (PT)**  
Principal and Professor

'Nurturing Minds, Inspiring Excellence'  
Sancheti Healthcare Academy

## Camp Report

### SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

**Name of the event:** CSR- Police Agility and Fitness Camp

**Date:** 10 December, 2025

**Time:** 9:00 AM to 3:00 PM

**Venue:** Faraskhana Police Station, Pune

On 10 December, 2025, we, the Master of Physiotherapy (MPT) students from Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy named Dr. Gargi Kandalgaonkar, Dr. Minal Deshkar, visited Faraskhana Police Station, Pune, organized by SIOR.

#### **Objective of the visit:**

##### **Objective:**

The objective of the camp at Faraskhana Police Station was to assess the level of agility among police officers and evaluate fitness relevant to occupational demands of police work, and provide exercises and ergonomic advice to promote long-term well-being.

##### **Observations:**

During our visit to Faraskhana Police Station, we interacted with Police Officers and Staff. The following key observations were made:

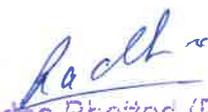
##### **Type of Participants:**

The Police officers participated, age group ranged from young adults to middle-aged individuals.

##### **Health-related observations:**

Many participants reported low back pain, knee pain, and generalized musculoskeletal discomfort. Several individuals showed signs of reduced bone health, including osteopenia, with few at risk of osteoporosis. Poor posture, and incorrect workplace ergonomics were commonly noted.

##### **Intervention provided:**

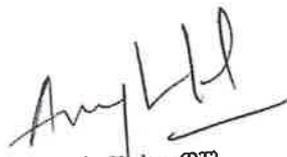
  
Dr. Radha Bhattad (PT)  
Principal and Professor

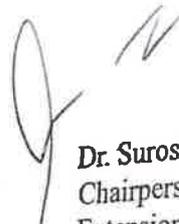
Participants were educated about posture correction, workplace ergonomics, stretching, and lifestyle modifications. General and condition-specific exercises focusing on the low back, knees, shoulder, and overall mobility were demonstrated and advised. Guidance was provided with an emphasis on prevention, early management, and long-term musculoskeletal health.

A total of 105 patients participated in the camp.

#### Conclusion

Our visit to CSR- Police Agility and Fitness Camp at Faraskhana Police Station was an enriching experience that deepened our understanding of the challenges faced by Police officers which enhanced our understanding of work-related musculoskeletal problems and lifestyle-related health risks. Addressing their concerns highlighted the importance of early assessment, preventive physiotherapy, and ergonomic education. The camp served as a valuable learning opportunity for us as future physiotherapists, emphasizing the need for a multidisciplinary approach in patient care.

  
Dr. Anagha Kadam (PT)  
Coordinator  
Extension Activities Committee

  
Dr. Suroshree Mitra (PT)  
Chairperson  
Extension Activities Committee

  
Dr. Radha Bhatnagar (PT)  
Principal and Professor



Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: CSR- Police Agility and Fitness Camp

Date: 10/12/25

Venue: Pataaskhana Police Station, Pune.

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	Sunil Bhumal	53/M	Knee pain	
2.	Dhiraj Raut	42/M	Shoulder pain	
3.	Rajudax Rathod	42/M	Knee pain	
4.	Savika Gunjal	31/F	Knee pain	
5.	Sangeeta Ghodke	40/F	Knee & Rt. Shoulder pain	
6.	Tanaji Nangare	44/M	Heel pain	
7.	Shubhangi Dalvi	35/F	Flat foot	
8.	Vinayak Jarkar	55/M	Waist pain	
9.	Hemalata Bhagat	36/F	Low Back pain	
10.	Ashwini Kadam	40/F	Trapezitis	
11.	Vivek Patil	33/M	Neck pain	
12.	Somesh Mhetre	29/M	Knee pain	
13.	Anand Naik	46/M	Knee pain	
14.	Ashish Deshpande	39/M	Shoulder pain	
15.	Radhika Masne	52/F	Knee pain	
16.	Vinod Soma	53/M	Back pain	
17.	Ajay Kharade	50/M	Back pain	
18.	Sonali Bhalerao	42/F	Neck pain	
19.	Vitthal Durgule	35/M	Neck pain	
20.	Prashant Shinde	57/M	Ankle pain	
21.	Anil Yadav	37/M	Knee pain	
22.	Vishwaraj Hiseman	15/M	Fitness	
23.	Jagdish Hiseman	45/M	Shoulder pain	
24.	Mangala Shinde	57/F	Neck pain	
25.	Ashwin Kamble	36/M	Plantar fasciitis	
26.	Amar Kumbhare	36/M	Trapezitis	

Dr. Radha Bhattad (PT)  
Principal and Professor

27.	Imran Mulani	39/M	Low Back pain	Imran
28.	Asun Jadhav	40/M	Neck pain	Asun
29.	Madhav Tengale	45/M	Shoulder pain	Madhav
30.	MB Mokashi	53/M	Knee pain	MB
31.	Sanjay Zende	52/M	Knee pain	Sanjay
32.	Manoj Chaudhari	37/M	Wrist pain	Manoj C
33.	Asun Ghodke	58/M	Neck pain	Asun
34.	Pundalik J.	38/M	Shoulder pain	PJ
35.	Amit Navarkar	45/M	Knee pain	Amit
36.	Preeti Kedare	36/F	Back pain	Preeti Kedare
37.	Yuvraj T.	45/M	Back pain	Y.T.
38.	Deva Shele	25/M	Neck pain	Deva
39.	Renuka Patane	30/F	Trapezius	Renuka
40.	Ashwini J.	45/F	Shoulder pain	Ashwini
41.	Uttam N.	56/M	Knee pain	Uttam
42.	Madhuri G.	26/F	Neck pain	Madhuri G
43.	Punam O.	45/F	Knee pain	Punam
44.	Sonali B.	32/F	plantar fasciitis	Sonali
45.	Shivishkumar S.	53/M	Knee pain	SS
46.	Vidhya K.	29/F	Low Back pain	Vidhya
47.	Sonali A.	32/F	Back pain	Sonali
48.	Nanda V.	43/F	Knee pain	Nanda V
49.	Ghanshyam D.	38/M	Knee pain	G.D.
50.	Sushila K.	39/M	Knee pain	SK
51.	Pranod J.	38/M	Shoulder pain	Pranod J.
52.	Neelam J.	38/F	Neck pain	Neelam J.
53.	Amit J.	32/M	Neck pain	Amit
54.	Rupali I.	32/F	Knee pain	RI
55.	Asun R.	34/M	Back pain	AR
56.	Dattatray J.	54/M	Back pain	D.J.
57.	Rajaram G.	38/M	Back pain	Rajaram G.
58.	Sainath T.	56/M	Knee pain	Sainath T.

Dr. Radha Bhatnagar (PT)  
Principal and Professor

59.	Sunil B.			
60.	Raksh B.	59/M	Back pain	रहीर
61.	Ravindra P.	47/M	Knee pain	रकेश
62.	Shivaji Shinde	50/M	Knee pain	शिवजी
63.	Santosh G.	41/M	Shoulder pain	सशुंदे
64.	Gaurav R.	44/M	Neck pain	संतोश
65.	Ravindra J.	38/M	Neck pain	गुराव
66.	Prakash P.	38/M	Shoulder pain	पकेश
67.	Rajathere M.	38/M	Knee pain	R.M
68.	Suraj B.	51/F	Low Back pain	सुरज B
69.	Sagar G.	26/M	Back pain	सुरज
70.	Nitin J.	44/M	Knee pain	नितिन
71.	Gopal D.	40/M	Back pain	नितिन
72.	Gopal D.	36/M	Neck pain	गोपाल D
73.	Pravin M.	43/M	Back pain	प्रवीण
74.	Sulabha C.	29/F	Knee pain	सुलभा
75.	Sharad P.	35/M	Flat foot	शरद P.
76.	Deepak T.	39/M	Trapezitis	दीपक
77.	Sachin K.	26/M	Neck pain	सचिन
78.	Pranod S.	31/M	Back pain	P.S.
79.	Sudarshani M.	36/M	Back pain	सुदर्शनी
80.	Sarika Shinde	33/F	Neck pain	सरीका शुंदे
81.	Sachin K.	44/M	Plantar fasciitis	S
82.	Megha C.	44/M	Knee pain	मेघा C
83.	Sachin Pawar	35/F	Back pain	सचिन पावार
84.	Yogesh Karmawat	43/M	Neck pain	योगेश कार्मावत
85.	Dattatray H.	35/M	Neck pain	दत्तात्रय
86.	Archana K.	45/M	Knee pain	अरुणा
87.	Ashwini B.	40/F	Knee pain	A.K
88.	Akshay S.	35/F	Back pain	Ashwini-B
89.	Anita S.	32/M	Neck pain	अनिता
90.	Payal B.	39/F	Knee pain	अनिता
	Reshma D.	26/F	Shoulder pain	रेश्मा
		26/F	Back pain	S.

Dr. Radha Bhattad (PT)  
Principal and Professor





Maharashtra University of Health Sciences, Nashik

Webinar/Workshop/ CME/activities performed in AY 2025 - 26

Faculty : Physiotherapy

Name of the college: Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Sr. no	Type of event	Webinar/Workshop/ CME/activities performed in AY 2025 - 26	Date	Details
1	workshop	Basic workshop in Educational methodology conducted at Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, pune	3rd & 4th January 2025	Resource person- Dr. Vasanti Joshi Dr. Apurv shimpi Dr. Suroshree Mitra Dr. Radha Bhattad Dr. Prajakta Sahasrabudhe 29 participants attended the workshop
2	workshop	MUHS Basic Workshop on Health Science Education Technology for Teachers Conducted at Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune	16th to 18th January 2025	Resource person- Dr. Vasanti Joshi Dr. Apurv shimpi Dr. Suroshree Mitra Dr. Radha Bhattad Dr. Prajakta Sahasrabudhe 30 participants attended the workshop
3	workshop	NDS Workshop	10th-13th April 2025	Resource person- Dr. kiran Challagundla(M. Ortho) 45 participants attended the workshop
4	Quiz	Clinoquium 2025 report	12th july 2025	Resource person- Dr. Sudeep Kale 131 registrations
5	workshop	Department of Musculoskeletal & Sport PT NDS Workshop	12th - 15th September 2025	Resource person- Dr. kiran Challagundla(M. Ortho) 31 participants attended

  
Dr. Radha Bhattad (PT)  
Principal and Professor

				the workshop
6	workshop	Sensory-Motor Strategies for Children with Neurological Challenges: An NDT-Based	31st October- 2nd November, 2025	Resource person- Dr. Asha Chitnis 39 participants attended the workshop

*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor

Report of Resident as Teacher- Basic workshop in Educational methodology conducted at Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Pune

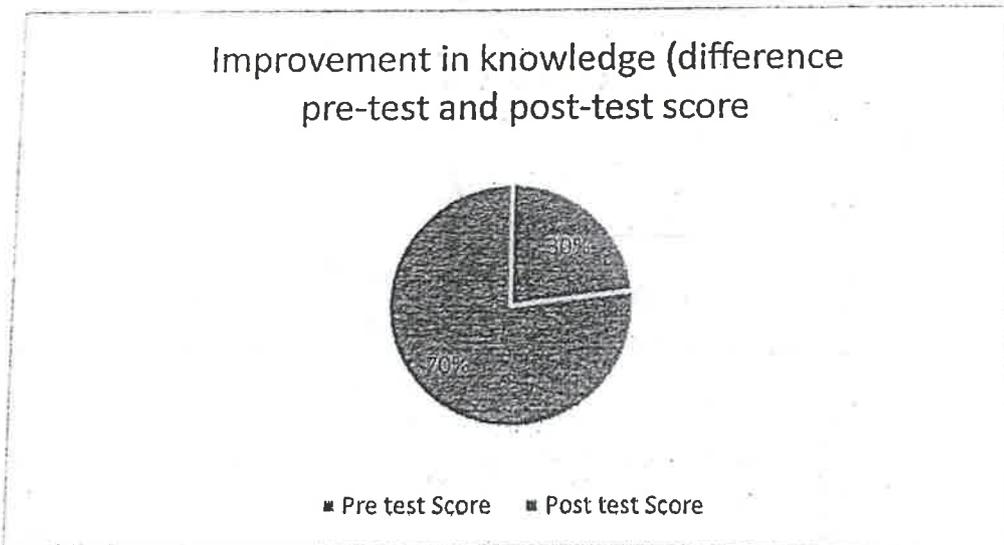
3<sup>rd</sup> & 4<sup>th</sup> January 2025

29 participants attended the workshop who were from Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy. The sessions were conducted by 6 faculties. The participants started the workshop with a pre-test, followed by ice breaking and further sessions were conducted as per two day schedule. There were six small groups of five participants in each group. At the end of the workshop, post-test was also conducted.

Twice a day (morning and afternoon), the attendance was taken for the participants as well as the faculty. The participants have an improvement of 70-75% percent between pre and post test score. The feedback (both qualitative and quantitative) has been analysed and maximum participants have found the workshop very interactive and useful for teaching, learning and evaluation domains.

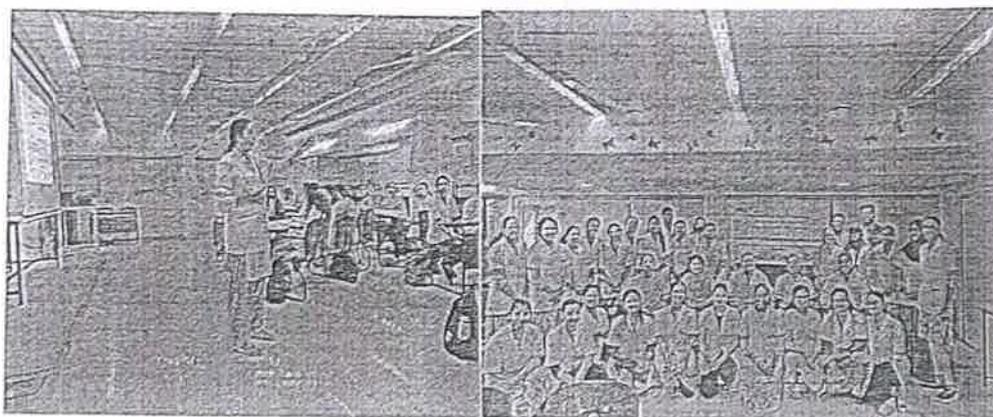
Also, the participants delivered a microteaching session of 6 to 8 mins within their small group, facilitated by faculties of the workshop. A self-feedback was given for each microteaching session followed by individual feedback by each member of the small group in feedback sandwich format.

Also, each participant has submitted specific learning objective from three domains and also MCQs as per requirement of the workshop assignments to be submitted.



*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor

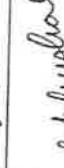
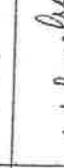
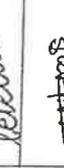
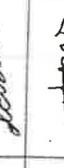
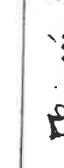
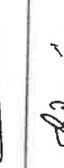
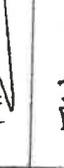
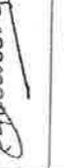
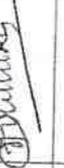
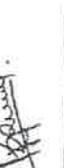


Dr. Suroshree Mitra  
HSET cell chairperson

Dr. Apurv Shimpi  
Principal, SIORCOP

Dr. Radha Bhattad (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics and Rehabilitation College Of Physiotherapy, Pune  
Resident as Teacher-Basic Workshop In Educational Methodology

12	Dr. Sharvari Kuber				
13	Dr. Akshata Gawade				
14	Dr. Apurva Kumbharkhane				
15	Dr. Gargi Kandalgaonkar				
16	Dr. Khushal Kajrokar				
17	Dr. Minal Deshkar				
18	Dr. Tasneem Rizvi				
19	Dr. Bhumika Oswal				
20	Dr. Mirza Areesha Sarvar				
21	Dr. Pranjali Chavan				
22	Dr. Pratiksha Pund				
23	Dr. Shreya Kulkarni				
24	Dr. Shruti Waghmare				

  
Dr. Radha Bhattad (PT)  
Principal and Professor

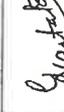
Sancheti Institute for Orthopaedics and Rehabilitation College Of Physiotherapy, Pune  
 Resident as Teacher-Basic Workshop In Educational Methodology

3<sup>rd</sup> & 4<sup>th</sup> January 2025  
 Participant Attendance

Sr No	Name of Participant	3 <sup>rd</sup> Jan 2025		4 <sup>th</sup> Jan 2025	
		Signature	Signature	Signature	Signature
1	Dr. Bhakti Washilkar				
2	Dr. Rishita Dey				
3	Dr. Unnati Gupta Khandelwal				
4	Dr. Vaishnavi Sonawane				
5	Dr. Mariya Zulfiqar Dingankar				
6	Dr. Vikram Dhade				
7	Dr. Richa Jagtap				
8	Dr. Rashi Rupawat				
9	Dr. Komal Agrawal				
10	Dr. Mohini Raskar				
11	Dr. Rasika Jadhao				

Dr. Radha Bhattad (PT)  
 Principal and Professor

**Sancheti Institute for Orthopaedics and Rehabilitation College Of Physiotherapy, Pune**  
**Resident as Teacher-Basic Workshop In Educational Methodology**

25	Dr. Snehal Ghule				
26	Dr. Vaishnavi Kotkar				
27	Dr. Spruha Talikoti				
28	Dr. Gandhali Vartak				
29	Dr. Utkarsh Deshmukh				

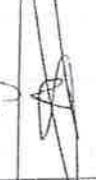
  
**Dr. Suroshree Mitra**  
 Coordinator  
 SIORCOP

  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

  
**Dr. Apury Shimpi**  
 Principal  
 SIORCOP

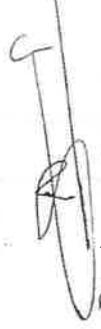
Sancheti Institute for Orthopaedics and Rehabilitation College Of Physiotherapy, Pune  
 Resident as Teacher-Basic Workshop In Educational Methodology

3<sup>rd</sup> & 4<sup>th</sup> January 2025  
 Faculty Attendance

Sr No	Name	3 <sup>rd</sup> Jan 2025 Signature	4 <sup>th</sup> Jan 2025 Signature
1	Dr. Vasanti Joshi		
2	Dr. Apurv Shimpi		
3	Dr. Suroshree Mitra		
4	Dr. Radha Bhattad		
5	Dr. Prajakta Sahasrabudhe		

  
 Dr. Suroshree Mitra  
 Coordinator  
 SIORCOP

  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

  
 Dr. Apurv Shimpi  
 Principal  
 SIORCOP

MUHS Basic Workshop on Health Science Education Technology for Teachers

Conducted at Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy, Pune

16<sup>th</sup> to 18<sup>th</sup> January 2025

30 participants from Physiotherapy colleges of Maharashtra attended the Basic Health Science Education Technology workshop from 16<sup>th</sup> to 18<sup>th</sup> January 2025. The sessions were conducted by 6 faculties. The participants started the workshop with a pre-test, followed by ice breaking and further sessions were conducted as per schedule. At the end of the workshop, posttest was also conducted. The participants were divided into 6 sub-groups and all the activities were conducted in the same format as laid down by IMETT, MUHS.

Twice a day (morning and afternoon) attendance was taken for the participants as well as for the faculty. The participants have an improvement of 80 to 90% between pre and posttest difference of scores. The feedback (both qualitative and quantitative) has been analyzed and all the participants found the content of the workshop very informative and interactive and useful for teaching, learning and assessment domains. The participants also shared interest to undergo advanced HSET workshop.

All participants gave a microteaching session on the last day for which they self-assessed themselves as well as feedback was given by peer participants and faculty.

Each participant has submitted assignments on: one objective each from cognitive, psychomotor and affective domain and 5 MCQs of different cognitive levels.

The pre-post scores of the test and the pie chart is as follows:

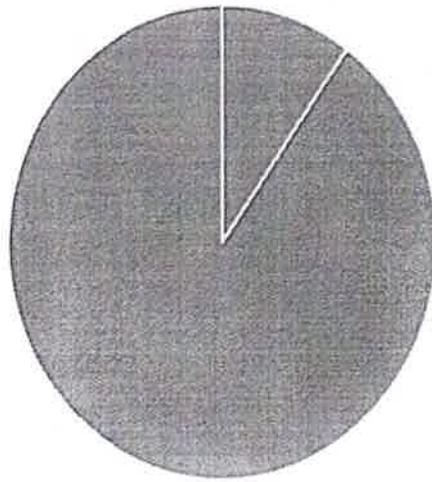
Name	Pre-test (out of 20)	Post-test (out of 20)
Dr. Ria Gondhali	10	20
Dr. Sona Kolke	08	18
Dr. Venu Mohan	07	18
Dr. Nupur Jadhao	07	20
Dr. Anagha Kadam	08	18
Dr. Nikunja Gujarathi	10	20
Dr. Sadhana Mukhi	11	20
Dr. Hiba Memon	11	17
Dr. Zubair Syed	08	19
Dr. Shreya Deshak	10	20
Dr. Trupti Siddapur	10	16
Dr. Sakshi Pandit	06	20
Dr. Pratiksha Kulkarni	07	19
Dr. Reshma Nipunge	09	17
Dr. Shweta Kulkarni	11	18
Dr. Rajkiran Tiku	07	18

*Radh.*

**Dr. Radha Bhattad (PT)**  
Principal and Professor

Dr. Simran Mishra	06	16
Dr. Shruti Mankar	05	15
Dr. Shreya Sardeshmukh	06	16
Dr. Snehal Solanki	07	15
Dr. Manasi Deshpande	07	17
Dr. Shruti Bhalerao	08	18
Dr. Sayali Banole	06	18
Dr. Divyangana Rawane	07	19
Dr. Anuja Khadilkar	06	14
Dr. Komal Landge	07	20
Dr. Minakshi Korvi	08	13
Dr. Dipti Shinde	08	12
Dr. Karishma Kapur	10	18
Dr. Pooja Chungade	10	16

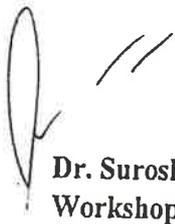
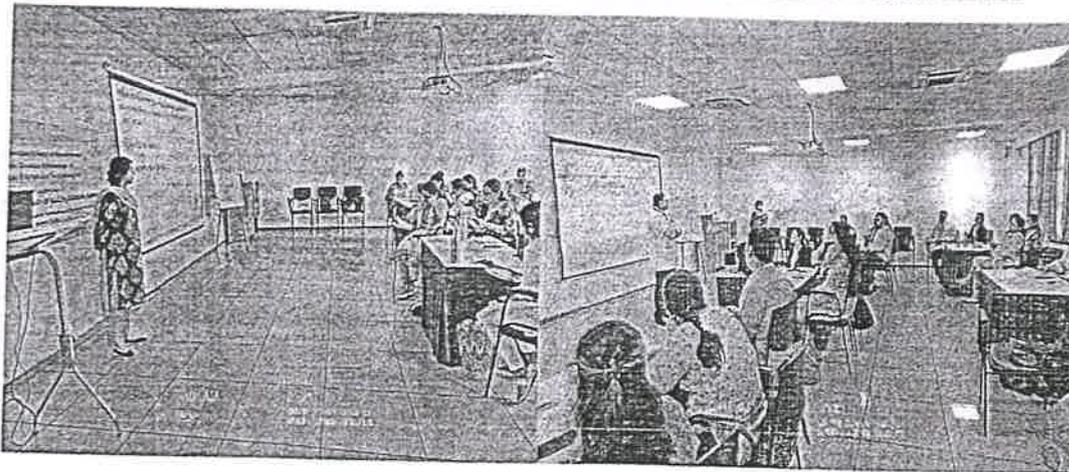
Pre and Post test



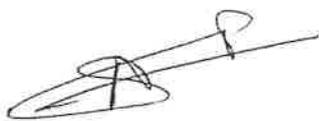
■ Pre-test average score ■ Post-test average score ■ ■

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor



**Dr. Suroshree Mitra Dr.  
Workshop Coordinator**



**Apurv Shimpi  
Principal, SIORCOP**



**Dr. Radha Bhatnagar (PT)  
Principal and Professor**

**Sancheti Institute for Orthopaedics and Rehabilitation College Of Physiotherapy, Pune**  
**Basic Workshop in Health Sciences Educational Technology**

**16<sup>th</sup> to 18<sup>th</sup> January 2025**  
**Faculty Attendance**

Sr No	Name	16 <sup>th</sup> Jan 2025 Signature	17 <sup>th</sup> Jan 2025 Signature	18 <sup>th</sup> Jan 2025 Signature
1	Dr. Vasanti Joshi		-	-
2	Dr. Apurv Shimpi			
3	Dr. Suroshree Mitra			
4	Dr. Radha Bhattad			
5	Dr. Prajakta Sahasrabudhe			
6	Dr. Gaurang Baxi	-	-	

18/01/25  
 Dr. Suroshree Mitra  
 Coordinator  
 SIORCOP

Dr. Radha Bhattad (PT)  
 Principal and Professor

Dr. Apurv Shimpi  
 Principal  
 SIORCOP

**Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune**  
**Basic Workshop in Health Sciences Educational Technology**

**16<sup>th</sup> to 18<sup>th</sup> January 2025**  
**Participant Attendance**

Sr No	Name of Participant	16 <sup>th</sup> Jan 2025		17 <sup>th</sup> Jan 2025		18 <sup>th</sup> Jan 2025	
		Signature	Signature	Signature	Signature	Signature	Signature
1	Dr. Ria Gondhali						
2	Dr. Sona Kolke						
3	Dr. Venu Mohan						
4	Dr. Nupur Jadhao						
5	Dr. Anagha Kadam						
6	Dr. Nikunja Gujarathi						
7	Dr. Sadhana Mukhi						
8	Dr. Hiba Memon						
9	Dr. Zubair Syed						
10	Dr. Shreya Deshak						
11	Dr. Trupti-Siddapur						

*Radha.*  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

**Sancheti Institute for Orthopaedics and Rehabilitation College Of Physiotherapy, Pune**  
**Basic Workshop in Health Sciences Educational Technology**

12	Dr. Sakshi Pandit						
13	Dr. Pratiksha Kulkarni						
14	Dr. Reshma Nipunge						
15	Dr. Shweta Kulkarni						
16	Dr. Rajkiran Tiku						
17	Dr. Simran Mishra						
18	Dr. Shruti Mankar						
19	Dr. Shreya Sardeshmukh						
20	Dr. Snehal Solanki						
21	Dr. Manasi Deshpande						
22	Dr. Shruti Bhalerao						
23	Dr. Sayali Banole						
24	Dr. Divyangana Rawane						

**Dr. Radha Bhattad (PT)**  
 Principal and Professor

13/01/2025

REGISTRAR MUHS NASHIK  
HDFC0000064

NEFT

MAHBN6202501130  
1061547

19950



*Radha*

**Dr. Radha Bhattad (PT)**  
**Principal and Professor**

**Sancheti Institute for Orthopaedics and Rehabilitation College Of Physiotherapy, Pune**  
**Basic Workshop in Health Sciences Educational Technology**

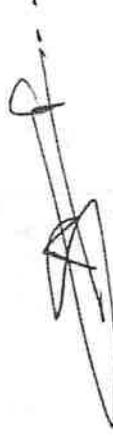
25	Dr. Anuja Khadilkar					
26	Dr. Komal Landge					
27	Dr. Minakshi Korvi					
28	Dr. Dipti Shinde					
29	Dr. Karishma Kapur					
30	Dr. Pooja Chungade					

  
18/01/25

**Dr. Suroshree Mitra**  
Coordinator  
SIORCOP



**Dr. Radha Bhattad (PT)**  
Principal and Professor  
SIORCOP



**Dr. Apurv Shimpi**  
Principal  
SIORCOP

**SANCHETI INSTITUTE FOR ORTHOPEDICS AND  
REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE.**

Department of Musculoskeletal & Sports PT

**Name of the event:** NDS Workshop

**Date:** 10<sup>th</sup>-13<sup>th</sup> April 2025

**Venue:** CMR, SIOR

**OBJECTIVE:**

To enhance awareness and understanding of the principles of Neurodynamic Solutions (NDS), with a focus on manual therapy approaches to address neuro-musculoskeletal dysfunctions. The workshop aimed to equip participants with practical strategies for the assessment and management of nerve-related pain and mobility limitations, especially in sports and orthopaedic settings.

**PROGRAMME REPORT:**

A four days **Neurodynamic Solutions (NDS) Workshop** was successfully conducted at SHA from 10<sup>th</sup>- 13<sup>th</sup> April 2025. The workshop was facilitated by **Dr. Kiran Challagundla, M. Ortho**, a renowned expert in **Sports & Manual Therapy**.

The event attracted 45 **participants**, including physiotherapy students, practicing clinicians, and faculty members. The focus of the workshop was to provide hands-on training in neurodynamic assessment and treatment techniques.

Dr. Challagundla provided in-depth theoretical knowledge followed by detailed demonstrations of upper and lower limb neurodynamic tests. Participants were actively involved in practical sessions, where they practiced various neurodynamic mobilization techniques under expert supervision. The workshop emphasized clinical reasoning, safety considerations, and integrating neurodynamics into routine physical therapy practice. The event was coordinated by **Dr. Anagha Kadam (PT)**, and saw the enthusiastic participation of students from **SIORCOP**, who assisted in the smooth conduct of hands-on sessions and provided peer support during practical demonstrations.

Overall, the workshop was well-received, with participants expressing increased confidence in applying neurodynamic techniques in their clinical practice. Certificates of participation were distributed at the end of the session.

  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

Photographs from the NDS Workshop



*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

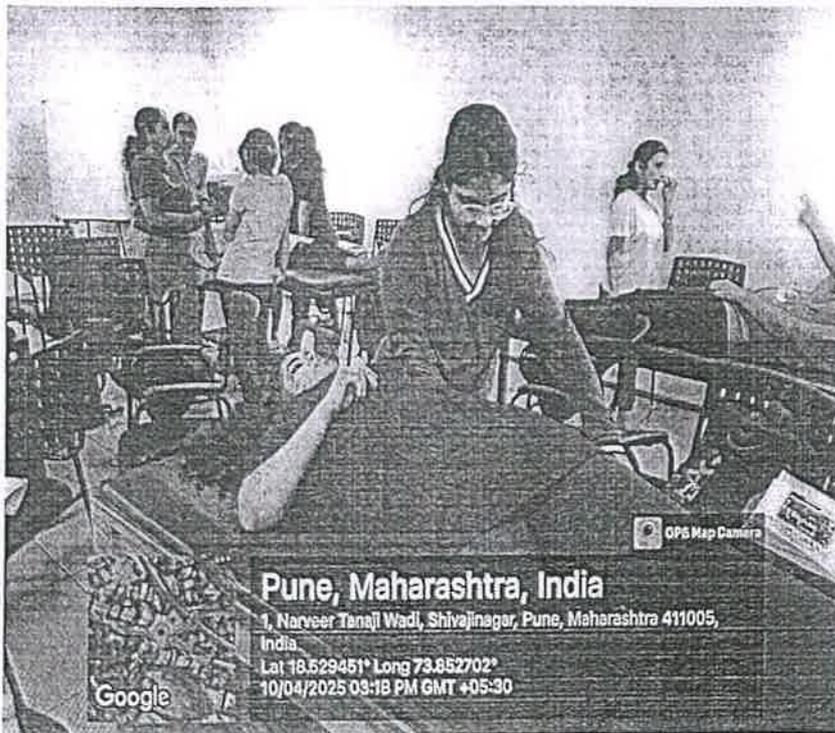


**Pune, Maharashtra, India**

Natsurt, Office No 4, Kubera Chambers, Opp Sachati Hospital,  
Near Kala Niketan, Shivajinagar, Pune, Maharashtra 411005, India  
Lat 18.529046° Long 73.852639°  
10/04/2025 02:54 PM GMT +05:30

Google

GPS Map Camera



**Pune, Maharashtra, India**

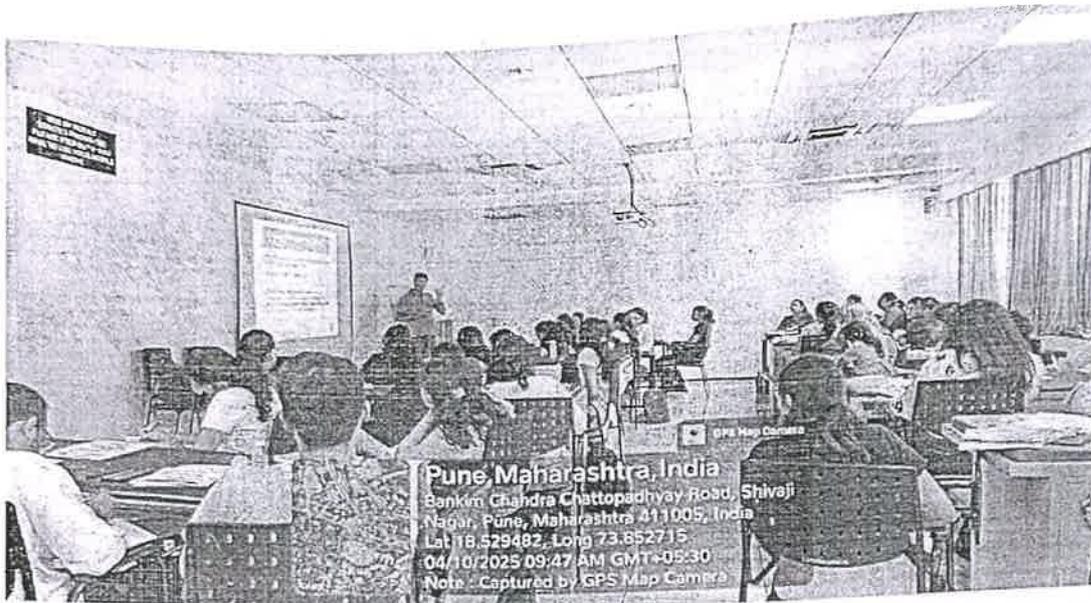
1, Narveer Tanaji Wadi, Shivajinagar, Pune, Maharashtra 411005,  
India  
Lat 18.529451° Long 73.852702°  
10/04/2025 03:18 PM GMT +05:30

Google

GPS Map Camera

*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor



Pune, Maharashtra, India  
 Bankim Chandra Chattopadhyay Road, Shivaji  
 Nagar, Pune, Maharashtra 411005, India  
 Lat 18.529492, Long 73.852715  
 04/10/2025 09:47 AM GMT+05:30  
 Note: Captured by GPS Map Camera



Pune, Maharashtra, In...  
 Thube Park, 11/12, Narveer Tanaji  
 Wadi, Shivajinagar, Pune, Maharashtra  
 411005, India  
 Lat 18.530676° Long 73.852112°  
 13/04/2025 03:27 PM GMT +05:30

Dr. Anagha Kadam (PT)

Assistant Professor

Department of MSK & Sports PT

Dr. Sona Kolke (PT)

HOD

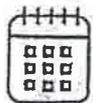
Department of MSK & Sports PT

**Dr. Radha Bhattad (PT)**  
 Principal and Professor

**SANCHETI INSTITUTE FOR ORTHOPAEDIC & REHABILITATION**  
**COLLEGE OF PHYSIOTHERAPY**  
NAAC ACCREDITED

International Workshop on  
**CLINICAL NEURODYNAMICS:**  
**UPPER QUARTER & LOWER QUARTER**

**Course Fees: 12,000/-**



**Date**  
10th-13th April 2025



**Time**  
9.00 AM - 5:00 PM



Sancheti Healthcare  
Academy, Pune

**Credit Hours: 32 hours**

**JOIN US**

**Scan for Registration:**



**Dr. Kiran Challagundla**  
M.Ortho, Sports & Manual PT  
(Australia)

Workshop ideal for physios treating:

- Musculoskeletal conditions
- Peripheral neuropathy & Radiculopathy

Workshop Inclusion:

Digitally encrypted E-certificate &  
Printed certificate awarded by  
Neurodynamics Solutions, Australia



Dr. Anagha Kadam (PT)  
+91 8788287434



scop.msk@gmail.com

*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

Sanchetii Institute for Orthopaedics and Rehabilitation College of Physiotherapy

Dept of Musculoskeletal and Sports Physiotherapy

Clinical Neurodynamics Workshop Attendance

Sr. No	Name	10/04/25		11/04/25		12/04/25		13/04/25	
		In	Out	In	Out	In	Out	In	Out
1	Dhruvika Pachisia	Ashu							
2	Dr. Pratiksha Rajendra Pund	Prajwal							
3	Dr. Snehal Shahaji Ghule	Ashu							
4	Siddhi Kothari	Siddhi							
5	Krishna Sheth	Rishu							
6	Shreya Mahesh Kataria	Savani							
7	Ayushi Viren Shah	Ashah							
8	Dr. Pranjali Shahaji Chavan	Prajali							
9	Dr. Vedangi Sudhir Trikande	Nishikande							
10	Dr. Vaishnavi Dattatraya Kotkar	Chit							
11	Shrushti Bora	Sora							
12	Hrushikesh Karmarkar	Pandhi							
13	Dr. Kinjal Bipin Sangani	Kinjal							
14	Bhumika Oswal	Bhumika							

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor

15	Shruti Vasant Waghmare	<del>Shruti</del>											
16	Dr. Nidhi Joshi	Mohr											
17	Dr. Purva Raju Gandhi	Purval											
18	Palesa Oswal	Palesa											
19	Ishita Bhavsar	<del>Ishita</del>											
20	Neha Sahebrao Katkar	<del>Neha</del>											
21	Dr. Aishwarya Prakash Gaikwad	<del>Aishwarya</del>											
22	Gunjan D. Nemade	Gunjan											
23	Dr. Arti Premnarayan Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya	Vaidya
24	Tanaya Sapre	<del>Sapre</del>											
25	Sakshi Sanjaykumar Lokhande	<del>Sakshi</del>											
26	Pratham Rathod	<del>Pratham</del>											
27	Pratiksha Vinayak Khedkar	<del>Pratiksha</del>											
28	Ananya Vinayak Naik	<del>Ananya</del>											
29	Arushi Pardeshi	<del>Arushi</del>											
30	Dr. Eshita Talreja	<del>Eshita</del>											
31	Vaibhav Manoj Chidrawar	<del>Vaibhav</del>											
32	Dr. Mitali Purandare	<del>Mitali</del>											
33	Madhura Sohani	<del>Madhura</del>											
34	Gajanan Bhalerao	<del>Gajanan</del>											
35	Dr. Bhakti Goswami	<del>Bhakti</del>											
36	Kavita Rajchandani	<del>Kavita</del>											
37	Dharti Patel	<del>Dharti</del>											
38	Nishita Naik	<del>Nishita</del>											

  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

	Nikam's	Nikam's	Nikam's	Nikam's	Nikam's	Nikam's	Nikam's	Nikam's	Nikam's	Nikam's	Nikam's
39	Dr. Nikita Uday Kamble (PT)										
40	Dr. Devanshi Dinesh Pawar										
41	Dr. Anagha Prakash Kadam										
42	Anushka Patil										
43	Swaral Kiran Deshmukh										
44	Dr. Pallavi S. Mali (PT)										
45	Dr. Ansari Khadeeja Shafeoq Ahmed (PT)										

Dr. Anagha Kadam  
Co-ordinator

Dr. Radha Bhattad (PT)  
Principal and Professor

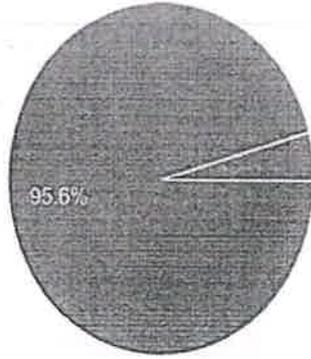
Dr. Sona Kolke  
HOD

Anushka Patil

The speaker had excellent knowledge on the topic

 Copy

45 responses

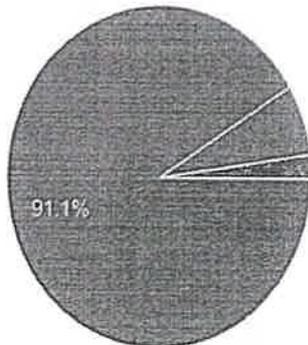


- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

The topics covered were comprehensive

 Copy

45 responses

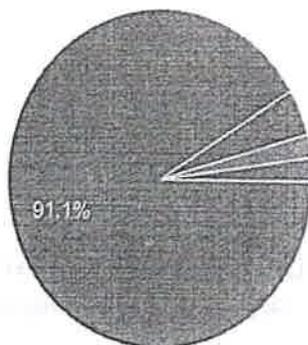


- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

The questions were answered appropriately

 Copy

45 responses



- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor



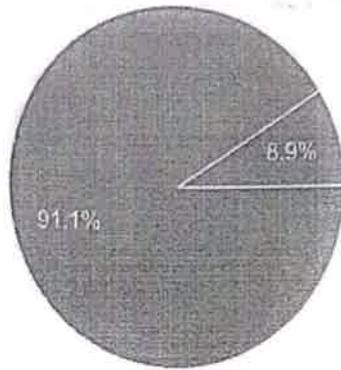
6/23/25 10:06 AM

NDS Workshop Feedback form

Copy AM  
Any suggestion  
45 responses

I will apply what I learned today in my clinical practice/research

45 responses

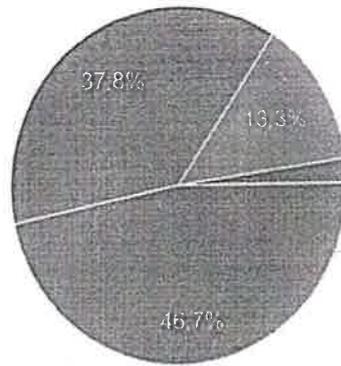


- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

Copy

The venue arrangements were up to the mark

45 responses



- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

COPY

AM

NDS Workshop Feedback form

Any suggestions for improvement

45 responses

None

No

Everything was good

Nothing

Nil

Everything was very good  
Nicely managed

Excellent

None, the workshop was on point.

Nothing as such

Make more workshop

Need such more workshop

No

Well managed

Nothing

No, Everything is best.

Need more such workshops

If we could get more time for practice in between the sessions it would be good

Please have a single venue

None

Please arrange Good quality of food

It was totally informative

*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor



6/23/21 10:06 AM

NDD Workshop Feedback form

no  
N/A  
no

The workshop was perfect. Sir was very patient and cleared all our concepts and doubts.

Course pace could have been a bit faster

N/A

no

Should be enough space available

It was perfect! Super happy with what we were taught

No suggestions. We had the mentor to guide us

  
**Dr. Rachna Bhatnagar (PhD)**  
**Principal and Professor**

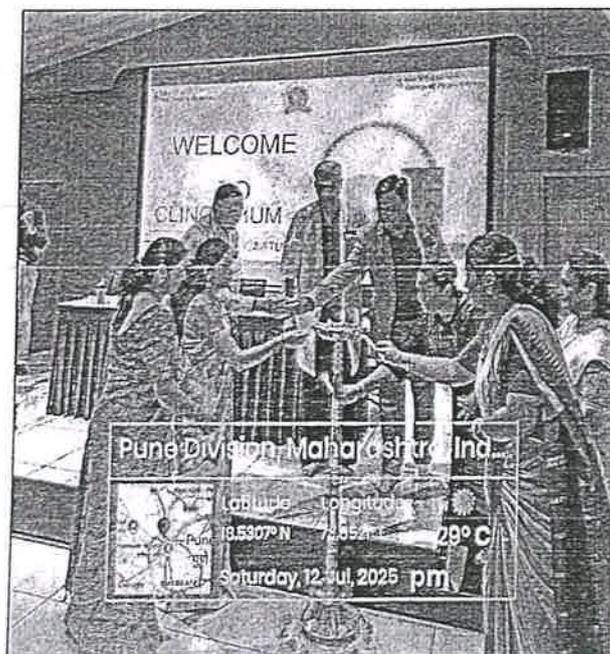
**Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune  
Clinoquium 2025 report**

Clinoquium 2025 was successfully conducted with enthusiastic participation from physiotherapy colleges across Maharashtra and beyond, establishing itself as a vibrant academic and clinical forum. The event received a total of 131 registrations and featured 98 clinical case presentations, comprising 50 presentations in the Undergraduate category and 48 in the Postgraduate category. These presentations were organized across Musculoskeletal, Neurological, Cardiovascular and Respiratory Sciences, and Community Physiotherapy, offering students a comprehensive platform to demonstrate clinical reasoning, diagnostic precision, and evidence-based practice.

To enhance engagement and experiential learning, the event also included the "Games to Clinics" segment, a fun and interactive quiz-based activity that encouraged teamwork while reinforcing clinical knowledge. This segment was well received by students and contributed to an energetic and enjoyable learning environment. The academic proceedings were further enriched by a keynote address from Dr. Sudeep Kale Sir on the topic "Physiotherapy Practice and Law in the NCAHP Age," which was timely, insightful, and highly appreciated for its relevance to contemporary physiotherapy practice.

The success of Clinoquium 2025 was made possible through the dedicated efforts of the organizing team and the invaluable support of esteemed judges and faculty members, whose guidance ensured academic rigor and smooth execution of the event.

Clinoquium 2025 concluded on a highly successful note, fostering clinical excellence, collaborative learning, and professional growth, while reinforcing a strong and progressive vision for the future of physiotherapy.



*Dr. Radha Bhattad*

**Dr. Radha Bhattad (PT)**  
Principal and Professor

AM

NDS Workshop Feedback form

N/A

no

Please let us inform on alumni group

Please arrange more such workshops

None at all

No suggestions

This content is neither created nor endorsed by Google. - [Contact form owner](#) - [Terms of Service](#) - [Privacy Policy](#)

Does this form look suspicious? [Report](#)

Google Forms



**Dr. Radha Bhattar (PI)**  
Principal and Professor



*Twinkl*  
Dr. Twinkle Kundnani (PT)  
Organizing Secretary,  
Clinoquium 2025

*Radha*  
Dr. Radha Bhatia (PT)  
Principal and Professor



# CLINOQUIUM- 2025

PRESENT - COMPETE - INSPIRE

## PROGRAM OUTLINE

Sr. no.	Event	Venu	Time
1	Registration	Ground Floor Sancheti Healthcare Academy (SHA)	7:45 AM- 8:00AM
2	Case presentations	2 <sup>nd</sup> and 4 <sup>th</sup> Floor SHA	8AM - 12:30 PM
3.	Lunch	5 <sup>th</sup> Floor SHA & 5 <sup>th</sup> Floor SIOR	12:30PM - 1:30 PM
4.	Inaugration & Key note speech on "Physiotherapy practice and Law: What Every Clinician Must Know in the NCAHP Age" by Dr. Sudeep Kale (PT)	6 <sup>th</sup> Floor SIOR Auditorium	1:30PM - 3:00 PM
5	Games of clinic	6 <sup>th</sup> Floor SIOR Auditorium	3:00 PM - 4:30 PM
6	Valedictory and Vote of Thanks	6 <sup>th</sup> Floor SIOR Auditorium	4:30 PM- 5:00 PM

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor

SANCHETI INSTITUTE FOR ORTHOPEDICS AND  
REHABILITATION COLLEGE OF PHYSIOTHERAPY

Department of Musculoskeletal & Sport PT

Name of the event: NDS Workshop

Date: 12<sup>th</sup> – 15<sup>th</sup> September 2025

Venue: CMR, SIOR

**OBJECTIVE:**

To enhance awareness and understanding of the principles of Neurodynamic Solutions (NDS), with a focus on manual therapy approaches to address neuro-musculoskeletal dysfunctions. The workshop aimed to equip participants with practical strategies for the assessment and management of nerve-related pain and mobility limitations, especially in sports and orthopaedic settings.

**PROGRAMME REPORT:**

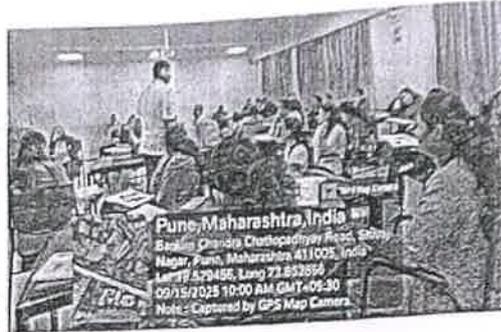
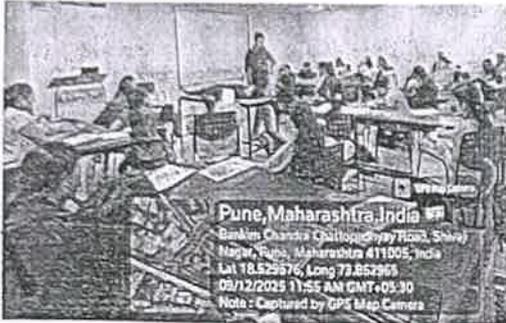
A four days *Neurodynamic Solutions (NDS) Workshop* was successfully conducted at SHA from 12<sup>th</sup> – 15<sup>th</sup> September 2025. The workshop was facilitated by **Dr. Kiran Challagundla, M. Ortho**, a renowned expert in *Sports & Manual Therapy*.

The event attracted **31 participants**, including physiotherapy students, practicing clinicians, and faculty members. The focus of the workshop was to provide hands-on training in neurodynamic assessment and treatment techniques.

Dr. Challagundla provided in-depth theoretical knowledge followed by detailed demonstrations of upper and lower limb neurodynamic tests. Participants were actively involved in practical sessions, where they practiced various neurodynamic mobilization techniques under expert supervision. The workshop emphasized clinical reasoning, safety considerations, and integrating neurodynamics into routine physical therapy practice. The event was coordinated by **Dr. Nupur Jadhao (PT)**; and saw the enthusiastic participation of students from SIORCOP, who assisted in the smooth conduct of hands-on sessions and provided peer support during practical demonstrations.

Overall, the workshop was well-received, with participants expressing increased confidence in applying neurodynamic techniques in their clinical practice. Certificates of participation were distributed at the end of the session.

  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



Dr. Nupur Jadhao (PT)  
Workshop Coordinator

Dr. Sona Kolke (PT)  
HOD and Professor

Department of Musculoskeletal and Sports PT

Dr. Radha Bhattad (PT)  
Principal and Professor

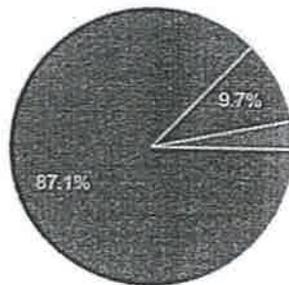
# September NDS Workshop Feedback form

The speaker had excellent knowledge on the topic  
31 responses



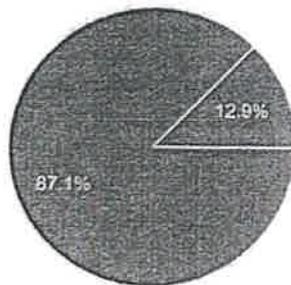
- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

The topics covered were comprehensive  
31 responses



- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

The questions were answered appropriately  
31 responses



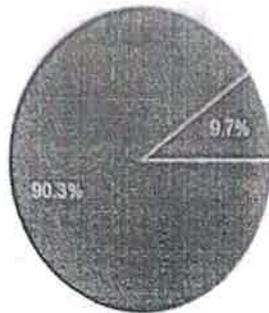
- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

  
**Dr. Radha Bhatnagar (P.T.)**  
Principal and Professor

SH

I will apply what I learned today in my clinical practice/research

31 responses



- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

**Any suggestions for improvement**

None

One day extra could be kept, information was somewhat saturating at times.

None

None

Add a component of examination for retrieval of information

No

None

All very good

None

None

It was good

Not really

None

Nil

No. Everything was well managed

None, it was amazing

Its was a really informative workshop

Thank you

None

Excellent arrangements, no suggestions

Excellent job

No

None

I feel the course has been designed perfectly.

Room hygiene was not good, and lunch menus were also selected poorly, they could have arrange the food which is normal for everyone.

More revision practicals

No

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor

**SANCHETI INSTITUTE FOR ORTHOPAEDIC &  
REHABILITATION COLLEGE OF PHYSIOTHERAPY**  
NAAC ACCREDITED

**International Workshop on  
CLINICAL NEURODYNAMICS: UPPER QUARTER & LOWER QUARTER**

**Course Fees: 12,000/-**



**Date: 12<sup>th</sup> -15<sup>th</sup> September 2025**



**Time: 9.00 AM -5.00 PM**

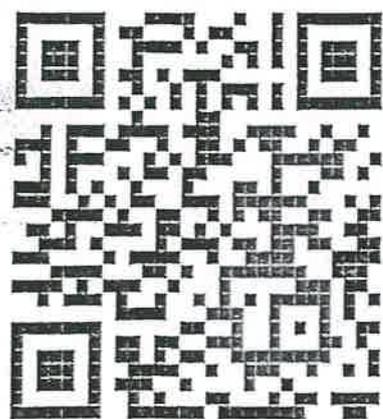


**CMR, SIOR (5<sup>th</sup> Floor), Pune**

**Credit Hours: 32 hours**

**JOIN US**

**Scan for Registration:**



**Dr. Kiran Challagundla**  
M.Ortho, Sports & Manual PT  
(Australia)

**Workshop ideal for physios treating**

- Musculoskeletal conditions
- Peripheral neuropathy & Radiculopathy.

**Workshop Inclusion:**

- Digital encrypted E- certificate.
- Printed certificate awarded by Neurodynamics Solutions, Australia.



*Rachna*

**Sancheti Institute for Orthopedics & Rehabilitation College of Physiotherapy, Pune**

Dept. of Musculoskeletal & Sports PT

Clinical Neurodynamic Workshop Attendance

SR.NO	Name	12/09/2025		13/09/2025		14/09/2025		15/09/2025	
		IN	OUT	IN	OUT	IN	OUT	IN	OUT
1	Aryaa Vikram Nimbalkar	<del>Present</del>							
2	Anisha Deshmukh	<del>Present</del>							
3	Nadhura Kulkarni	<del>Present</del>							
4	Prachi Muralidhar Mandi	<del>Present</del>							
5	Esha Sachin Zamvar	<del>Present</del>							
6	Sakshi Ashok Agrawal	<del>Present</del>							
7	JIGYASA DASSANI	<del>Present</del>							
8	Tejas Bedekar	<del>Present</del>							
9	Swara Salgar	<del>Present</del>							
10	Khor Dhanashree Uttram	<del>Present</del>							
11	Siddhi Bhadaonkar	<del>Present</del>							
12	Sarah Gulam Shaikh	<del>Present</del>							
13	Isha Said	<del>Present</del>							
14	Esha Deshpande	<del>Present</del>							

*Rodha*

Dr. Rodha Bhakoo (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune

Neurophysiotherapy Department

**Sensory-Motor Strategies for Children with Neurological Challenges: An NDT-Based Approach** By: Dr. Asha Chitnis- Workshop report

Date: 31<sup>st</sup> October- 2<sup>nd</sup> November, 2025

The Neurophysiotherapy Department of SIORCOP organized a three-day workshop on "Sensory-Motor Strategies for Children with Neurological Challenges: An NDT-Based Approach" conducted by Dr. Asha Chitnis. A total of 39 participants attended the workshop, including 17 from SIORCOP and 22 participants from other institutions.

The objectives of the workshop were to:

1. Understand the fundamental principles of Neuro-Developmental Treatment (NDT) and its application in sensory-motor integration for children with neurological challenges.
2. Develop and implement individualized sensory-motor intervention strategies based on NDT principles.
3. Analyze the role of sensory input modulation in enhancing postural control and stability in affected children.

The workshop was highly interactive and hands-on, featuring practical sessions, demonstrations, and live patient demos that enabled participants to translate theory into clinical practice. Dr. Chitnis provided valuable insights into assessment and treatment planning using NDT-based approaches.

Overall, it was a highly enriching and informative learning experience for all participants, enhancing their clinical reasoning and therapeutic skills in pediatric neurorehabilitation.



*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

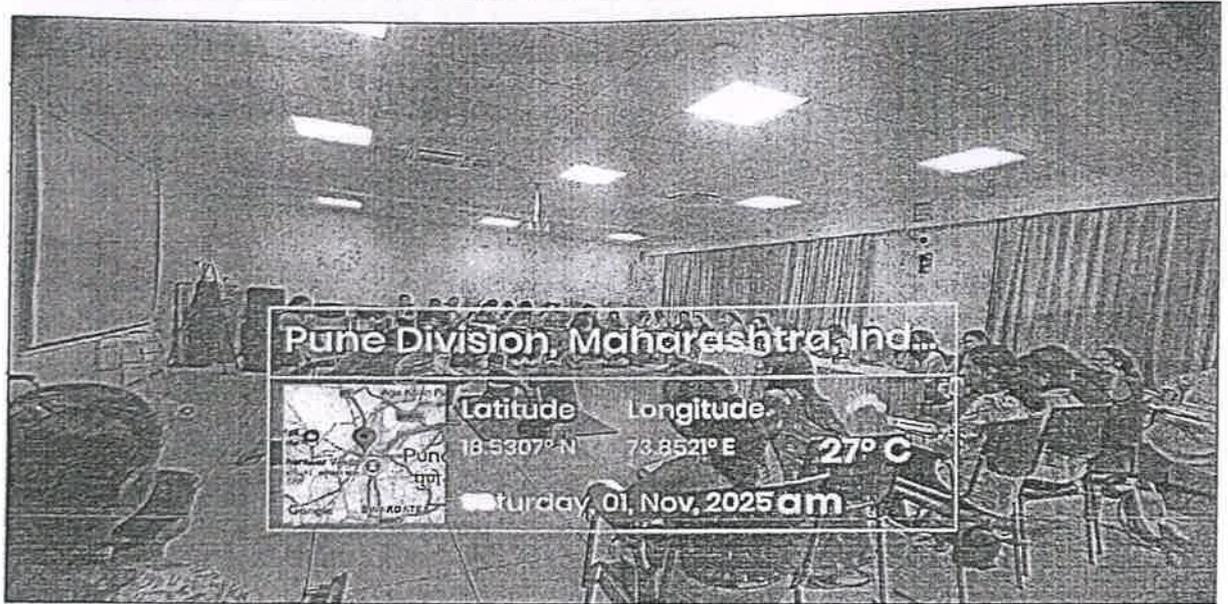
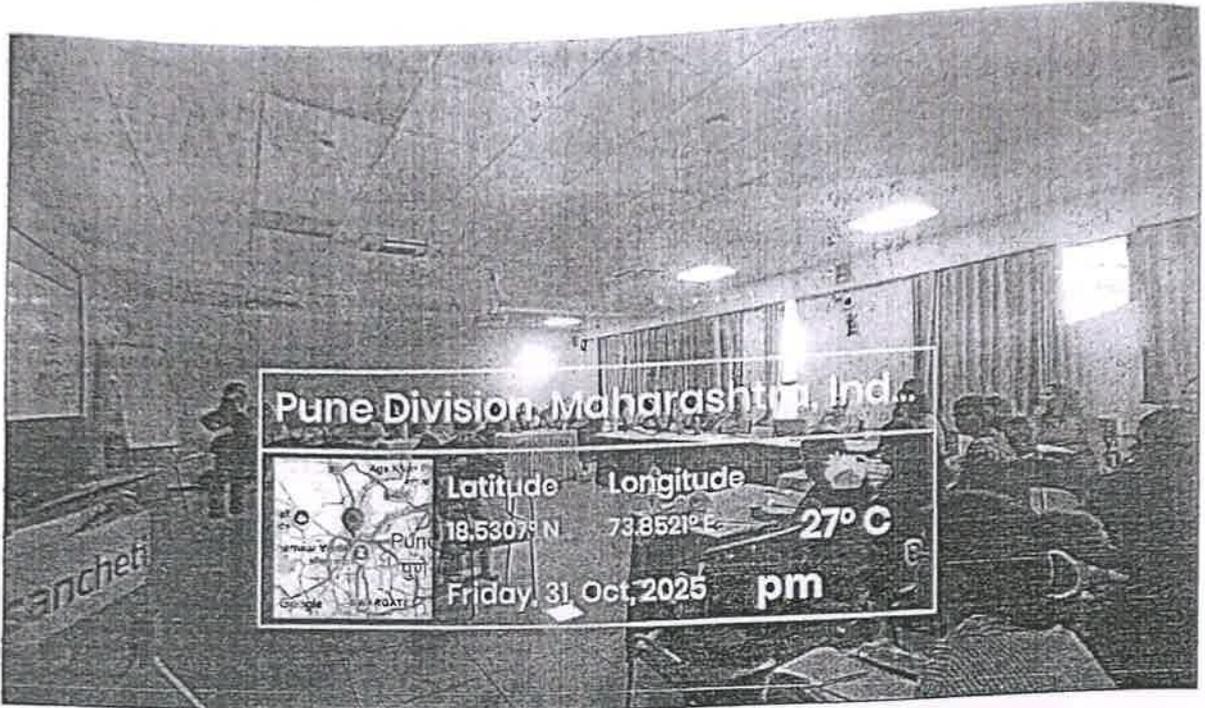
SR.NO	Name	12/09/2025		13/09/2025		14/09/2025		15/09/2025	
		IN	OUT	IN	OUT	IN	OUT	IN	OUT
15	Siddhali Dhargalkar	Shid							
16	Bhakti Dhiren Dedhia	Bhakti							
17	Shubhanjali R	Shubhanjali							
18	Aarti akangire	Aarti							
19	Kinnari Gala	Kinnari							
20	Dr Bhumika Tilku	Ab							
21	Sanskriti Naresh Bhairy	Sanskriti							
22	Aishwarya Sanjay Hake	Aishwarya							
23	Rutuja Rajendra Karle	Rutuja							
24	Sayali Shinde	Sayali							
25	Antara Sanjay Shah	Antara							
26	Dr Mrunal Nikam PT	Mrunal							
27	Darshita Narwani	Darshita							
28	Dr. Aishwarya Kanhere	Aishwarya							
29	Dr. Ganesh Natkare	Ganesh							
30	Dr. Chand Pasha Patel.PT	Chand							
31	Dr.Simran Kalra (PT)	Simran							
32	Arjun Gagan Odedra	Arjun							

Dr. Nupur Jadhao (PT)  
Coordinator

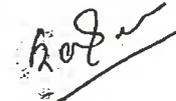
Dr. Kiran Challagundla (PT)  
Resource person

Dr. Radha Bhattad (PT)  
Principal and Professor

*[Handwritten Signature]*



  
Dr. Twinkle Kundnani (PT)  
Workshop Coordinator

  
Dr. Sadhana Mukhi (PT)  
HOD, Neurophysiotherapy

  
Dr. Radha Bhattao (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune  
Presents

3 DAYS HANDS ON CERTIFICATE WORKSHOP ON  
"SENSORY- MOTOR STRATEGIES FOR CHILDREN WITH  
NEUROLOGICAL CHALLENGES: AN NDT- BASED APPROACH"

31<sup>ST</sup> OCTOBER, 1<sup>ST</sup> & 2<sup>ND</sup> NOVEMBER, 2025

ELIGIBILITY CRITERIA: INTERNS, BPT, MPT,  
OCCUPATIONAL THERAPIST

**REGISTRATION FEES: 8000/-**

LIMITED  
SEATS

**CREDIT HOURS: 21 HOURS**



**RESOURCE PERSON:**  
**DR. ASHA CHITNIS (PT)**  
Certified NDTA Therapist &  
Instructor

**COURSE OBJECTIVES:**

1. To understand NDT principles and their role in sensory-motor integration for children with neurological challenges.
2. To develop and implement individualized sensory-motor intervention strategies based on NDT principles for children with neurological challenges.
3. To analyze the role of sensory input modulation in enhancing postural control and posture stability in affected children

**COURSE INCLUSION:**

Theory, Practical, Study Materials, Breakfast, Lunch and Certificate

FOR REGISTRATION KINDLY CONTACT:

☎ Dr. Twinkle Kundnani (PT)-  
8446001148

VENUE:

📍 Sancheti Healthcare  
Academy, Pune

*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Pune  
 Workshop on Sensory Motor Strategies for Children with Neurological Challenges: NDT Based Approach  
 by Dr. Asha Chitnis (PT)

Date: 31<sup>st</sup> October- 2<sup>nd</sup> November, 2025

Attendance Sheet

Sr. No.	Name of the Participant	31 <sup>st</sup> October		1 <sup>st</sup> November		2 <sup>nd</sup> November	
		Morning	Afternoon	Morning	Afternoon	Morning	Afternoon
1.	Dr. MADHURI . POL .	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
2.	Dr. Nupur Sahasrabudhe	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
3.	Dr. Shraddha - Girsole	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
4.	Vedanti Sheth	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
5.	Krishna Sheth	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
6.	Heushikash Karmastkar	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
7.	Dr. Ishika Jainwal	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
8.	Dr. Riya J. Surti	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
9.	Dr. Nehani Sastri	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
10.	Dr. Kritsha Shah	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
11.	Dr. Ratanu Shah	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
12.	Dr. Raghav Tharwar	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
13.	Dr. Rishita Dey	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
14.	Dr. Maniya Pingankar	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
15.	Dr. Vaishnavi Sonawane	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
16.	Dr. Bharti Washikar	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
17.	Dr. Unnati Khandbhal	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
18.	Dr. Mukta Arkadi	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
19.	Dr. Vaishnavi Dhulla	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

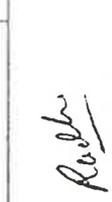
*[Signature]*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

20	Dhanashree Knot	<del>Dr. Twinkle Kundnani</del>							
21	Isha Said	Dr. Twinkle Kundnani							
22	Maitoi Tesai	Dr. Twinkle Kundnani							
23	Renu Samoj	Dr. Twinkle Kundnani							
24	Janushree Patil	Dr. Twinkle Kundnani							
25	Neha. Mudholkar.	Dr. Twinkle Kundnani							
26	vishakha shinkar	Dr. Twinkle Kundnani							
27	Anushi Pasad	Dr. Twinkle Kundnani							
28	Pranali Redekar	Dr. Twinkle Kundnani							
29	Rajswi Tembhone	Dr. Twinkle Kundnani							
30	Rafeshree Mahanta	Dr. Twinkle Kundnani							
31	Ashika Jain	Dr. Twinkle Kundnani							
32	Hepkribah Vanga	Dr. Twinkle Kundnani							
33	Deepika Bhalkim	Dr. Twinkle Kundnani							
34	Yulcha Jeyrandhe	Dr. Twinkle Kundnani							
35	Sakshi Bhavsar	Dr. Twinkle Kundnani							
36	Nirisha Shirmami	Dr. Twinkle Kundnani							
37	Pradina Prabha	Dr. Twinkle Kundnani							
38	Prdipati P. Chaula	Dr. Twinkle Kundnani							
39	kamal sr. Menta	Dr. Twinkle Kundnani							
40	<del>Dr. Twinkle Kundnani</del>	Dr. Twinkle Kundnani							

  
 Dr. Asha Chitnis (PT)  
 Resource Person

  
 Dr. Twinkle Kundnani (PT)  
 Workshop Coordinator

  
 Dr. Sadhana Mukhi (PT)  
 HOD, Neurophysiotherapy

  
 Dr. Radha Bhattad (PT)  
 Principal, SIORCOP

  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

# Sensory Motor Strategies for Children with Neurological Challenges: NDT Based Approach By Dr. Asha Chitnis- Feedback form

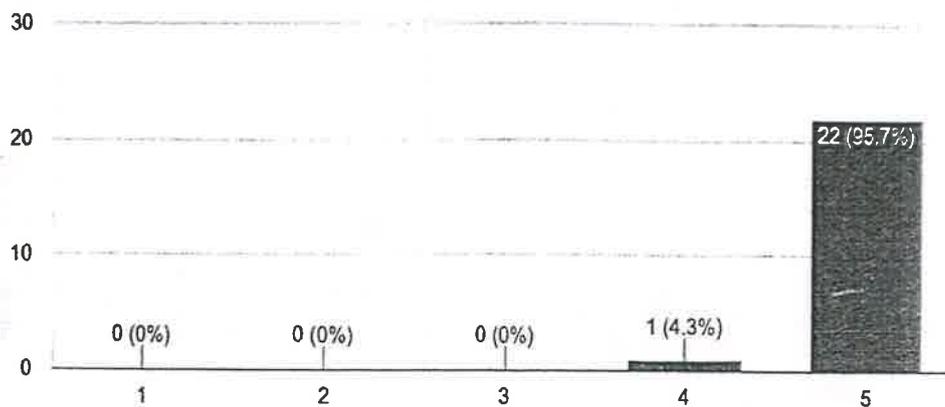
23 responses

Publish analytics

How would you rate the knowledge & expertise of the resource person

Copy

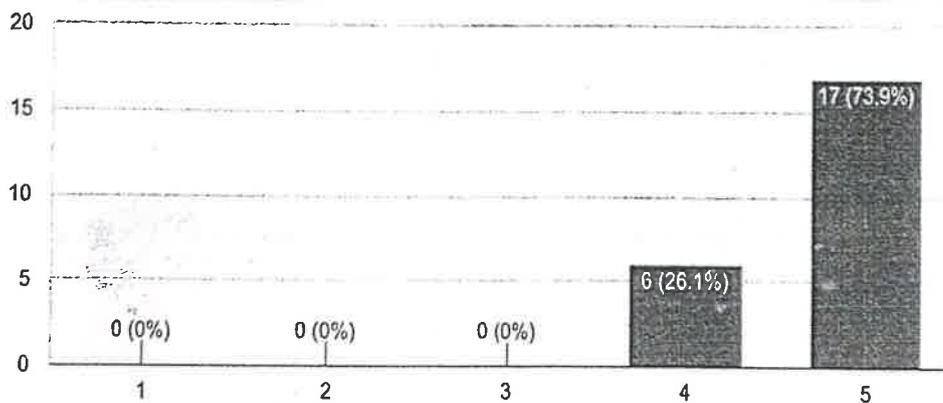
23 responses



How much would you rate the content of the workshop ?

Copy

23 responses



*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor

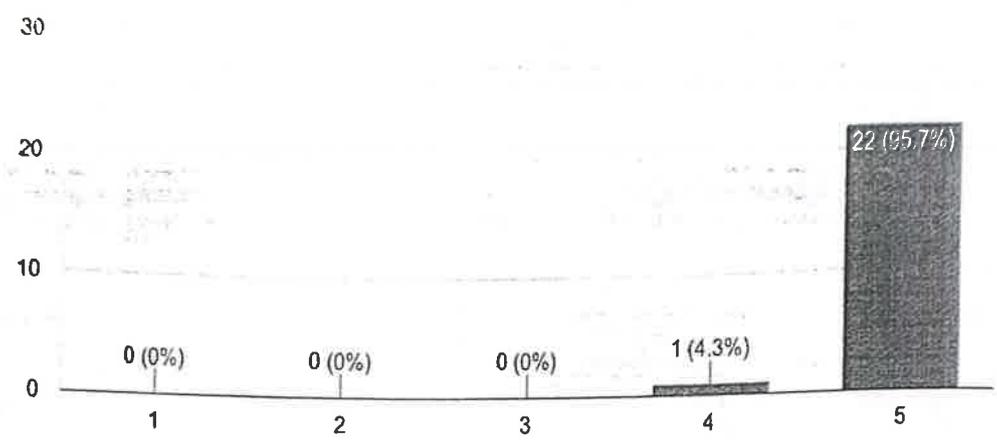


WBS

How effectively did the resource person communicate and engage with the participants?

Copy

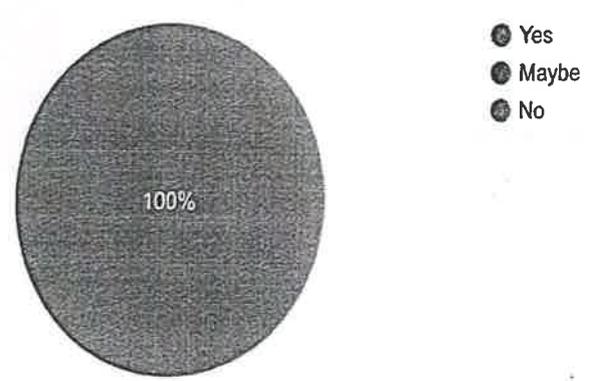
23 responses



Were the session contents and delivery relevant and easy to understand?

Copy

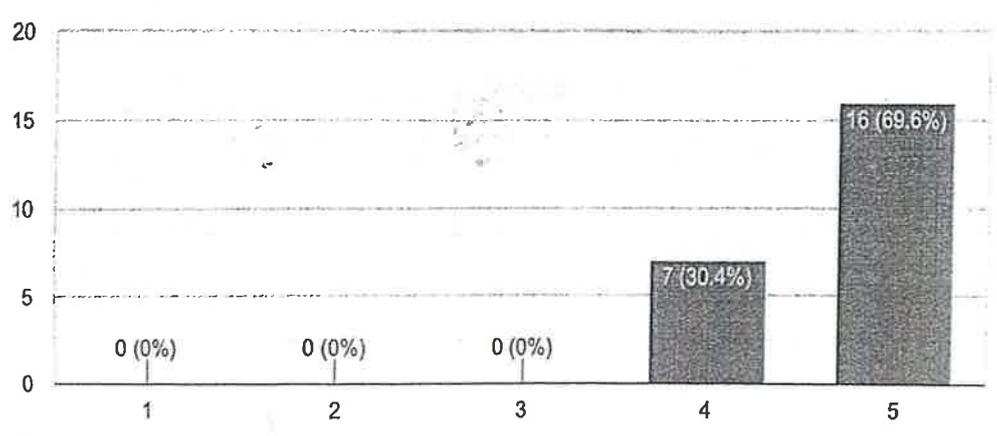
23 responses



How well was the workshop organized and managed overall?

Copy

23 responses

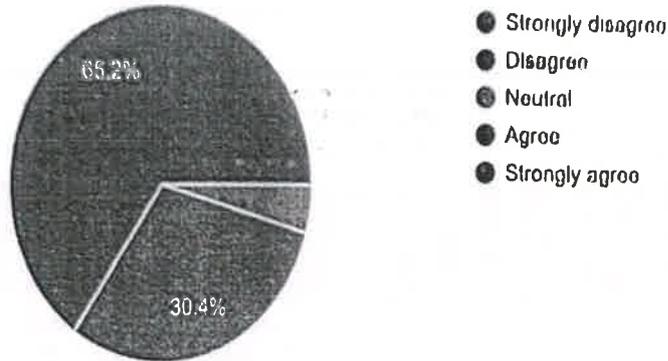


*Radha*  
Dr. Radha Bhattad (PhD)  
Principal and Professor

Were the workshop facilities (venue, seating, audio-visual aids, etc.) adequate and comfortable?

 Copy

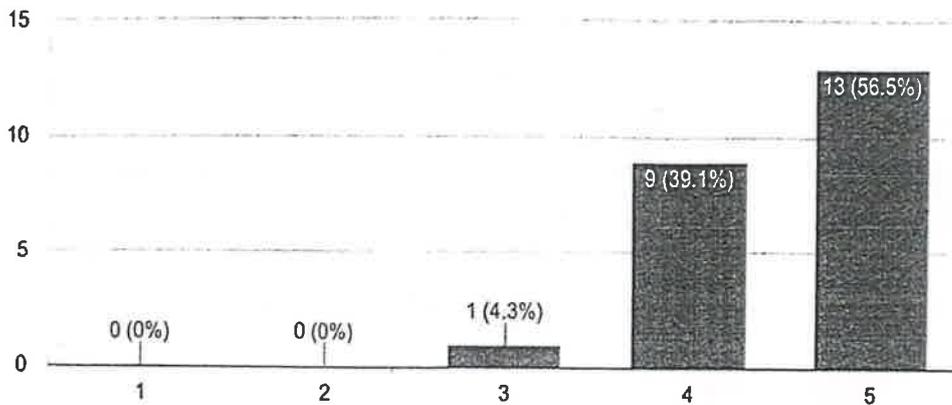
23 responses



How would you rate the quality and variety of the food/refreshments provided?

 Copy

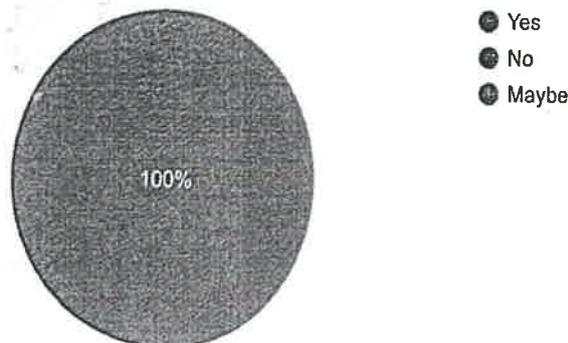
23 responses



Would you like to attend more workshops organized by us in the future?

 Copy

23 responses



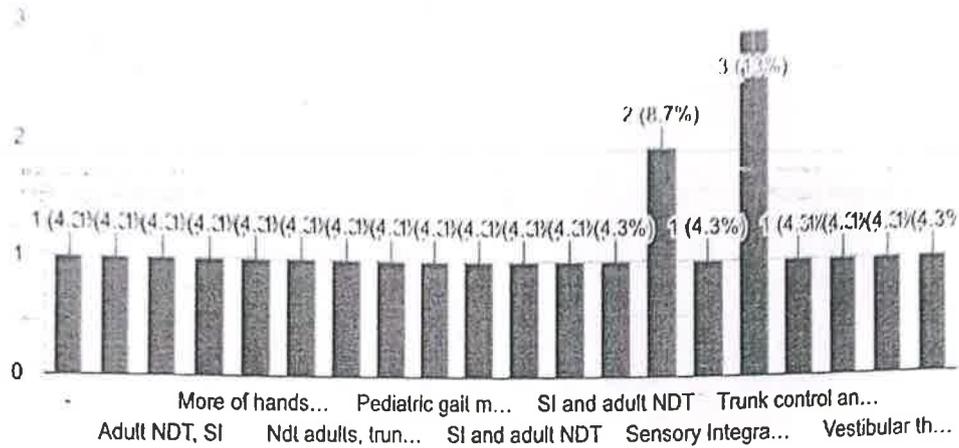
*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor



### What topics would you suggest for future workshops?

Copy

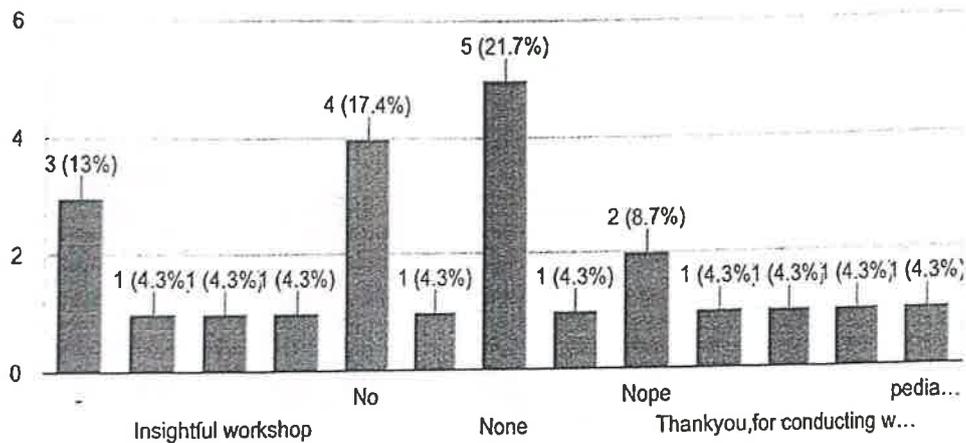
23 responses



### Any other suggestions

Copy

23 responses



This content is neither created nor endorsed by Google. - [Contact form owner](#) - [Terms of Service](#) - [Privacy Policy](#)

Does this form look suspicious? [Report](#)

Google Forms

*Radha*

Dr. Radha Bhatnagar (PT)  
Principal and Professor



## Sancheeti Institute For Orthopaedics & Rehabilitation College of Physiotherapy

PhysioTV Content -2025

Sr. No.	Speakers	Topic	Type	Moderator	Date	Youtube Link
1	Dr. Milind Kahile (PT)	Combined Movements	Webinar	Dr. Farheen Pate(PT)	3 Jan 2025	<a href="https://youtu.be/WGAA5BhazOs?si=ek_pohLjHFK3069Qn7">https://youtu.be/WGAA5BhazOs?si=ek_pohLjHFK3069Qn7</a>
2	Dr. Sadhana Mukhi(PT)	Clinical Presentation in Cerebellar Ataxia	PhysioTV Classroom		25 Jan 2025	<a href="https://youtu.be/KMfOsdXU22LU?si=Yc04btjX-ig3_NC0">https://youtu.be/KMfOsdXU22LU?si=Yc04btjX-ig3_NC0</a>
3	Dr. Aditi Patil(PT)	Rehabilitation Team	Little Masters		24 Jan 2025	<a href="https://youtu.be/6ED0s7IS3zY?si=FZ2_DNDu67OI1ivV">https://youtu.be/6ED0s7IS3zY?si=FZ2_DNDu67OI1ivV</a>
4	Dr. Shaswat Verma(PT)	Beathing Right: Tailoring Exercises to ABG Values	Webinar	Dr. Muskan Sharma(PT)	18 Jan 2025	<a href="https://youtu.be/nZvn6F6J89U?si=q0WHLw6U1ooQRETY8">https://youtu.be/nZvn6F6J89U?si=q0WHLw6U1ooQRETY8</a>
5	Dr. Anagha Kadam(PT)	Rehabilitation of Tendo Achilles Repair	PhysioTV Classroom		17 Jan 2025	<a href="https://youtu.be/ueT1xbhtLqw?si=X9vIqORP7OEM0GIH">https://youtu.be/ueT1xbhtLqw?si=X9vIqORP7OEM0GIH</a>
6	Dr. Lajwanti Lahwani(Adwani)	Physiotherapy Approach for Congenital Heart Disease	Webinar	Dr. Prajakti Sahasrabudhe(PT)	10 Jan 2025	<a href="https://youtu.be/hxMxshHIn-gk?si=N5ieHvBvuiE1ouQI">https://youtu.be/hxMxshHIn-gk?si=N5ieHvBvuiE1ouQI</a>
7	Dr. Chanan Goyal(PhD)	Virtual Reality : A New Frontier in Paediatric Physiotherapy	Webinar	Dr. Nupur Sahasrabudhe	4 Jan 2025	<a href="https://youtu.be/k449-ldEplLk?si=7rOL4JtemBvmTzBE">https://youtu.be/k449-ldEplLk?si=7rOL4JtemBvmTzBE</a>
8	Dr. Milind Kahile (PT)	Industrial Consultancy	Webinar	Dr. Farheen Pate(PT)	31 Jan 2025	<a href="https://youtu.be/WGAA5BhazOs?si=I-XiD_0AOvndkmG">https://youtu.be/WGAA5BhazOs?si=I-XiD_0AOvndkmG</a>
9	Dr. Nikita Nandgaonkar(PT)	Dynamic Gait Index	Little Masters		1 Feb 2025	<a href="https://youtu.be/nhTp_ipQO8A?si=64tYhsPt8v11v0w">https://youtu.be/nhTp_ipQO8A?si=64tYhsPt8v11v0w</a>
10	Dr. Prateek Srivastav (PT)	The Science behind Recovery-Dr Prateek Srivastav	Webinar	Dr. Farheen Pate(PT)	7 Feb 2025	<a href="https://youtu.be/WJQICyBl_fBA?si=7bvPv3Hjfstv11aT">https://youtu.be/WJQICyBl_fBA?si=7bvPv3Hjfstv11aT</a>
11	Dr. Surendra Wani (PT)	Relation of Adhesive Capsulitis with Metabolic Disorders Does it Actually Exists -Dr. Wani	Webinar	Dr. Farheen Pate(PT)	8 Feb 2025	<a href="https://youtu.be/vExl0E7JF4?si=TJxqS-tvllaXK3dW">https://youtu.be/vExl0E7JF4?si=TJxqS-tvllaXK3dW</a>
12	Dr. Aditi Padki (PT)	Pleural Effusion- Dr. Aditi P	Young Clinical Corner	Dr. Shiwani Chutke(PT)	14 Feb 2025	<a href="https://youtu.be/s_a6luLHkxM?si=0T3AYHKUAR2X7L">https://youtu.be/s_a6luLHkxM?si=0T3AYHKUAR2X7L</a>
13	Dr. Ria Gondhali(PT)	Maximal Inspiratory Pressure-Dr Ria	PhysioTV Classroom		15 Feb 2025	<a href="https://youtu.be/eleHvYpsnGQ?si=mm1J-iE28RkmAezU">https://youtu.be/eleHvYpsnGQ?si=mm1J-iE28RkmAezU</a>
14	Dr. Neeraj Dingra	Role of radiation Oncologist in Multidisciplinary Cancer Management Part 1	Webinar	Dr. Sona Kolke(PT)	21 Feb 2025	<a href="https://youtu.be/nM4DiCibeFc?si=0VbNj1o160QHoizL">https://youtu.be/nM4DiCibeFc?si=0VbNj1o160QHoizL</a>
15	Dr. Nivedita Prabhu(PT)	Impact of Risk factors in the development of Cancer and role of exercise in their Prevention	Webinar	Dr. Suroshree Mitra (PT)	28 Feb 2025	<a href="https://youtu.be/HH1KblJN0o1?si=Y5hCuXaV4CGOR3rZ">https://youtu.be/HH1KblJN0o1?si=Y5hCuXaV4CGOR3rZ</a>
16	Dr. Prathamesh Po(PT)	Breast Feeding Positions	Little Masters		1 March 2025	<a href="https://youtu.be/kGx_azT7pKE?si=N08106r9vAZEljA">https://youtu.be/kGx_azT7pKE?si=N08106r9vAZEljA</a>
17	Dr. Ira Indurkar (PT)	Early Intervention Screening & Assessment for Children Part 1	Webinar	Dr. Shivvini Chutke(PT)	7 March 2025	<a href="https://youtu.be/eBsK6XvXK_w?si=vIEmGcXBRODvQokn">https://youtu.be/eBsK6XvXK_w?si=vIEmGcXBRODvQokn</a>

*Radha Bhattar*  
**Dr. Radha Bhattar (PT)**  
 Principal and Professor

18	Dr. Ira Indurkar (PT)	Early Intervention Screening & Assessment for Children Part 2	Webinar	Dr. Shivani Chutke(PT)	8 March 2025	<a href="https://youtu.be/UC_6UjE6f0a0f?si=gj1AexLh1DXAvq4m">https://youtu.be/UC_6UjE6f0a0f?si=gj1AexLh1DXAvq4m</a>
19	Dr. Aditi Keikar Berry (PT)	Oxygen transport dysfunction & Implication of Physiotherapeutic Treatment Part 1	Webinar	Dr. Farheen Pate(PT)	14 March 2025	<a href="https://youtu.be/zwvxyqjUeUhw?si=vA1Sp5ze5B14c45">https://youtu.be/zwvxyqjUeUhw?si=vA1Sp5ze5B14c45</a>
20	Dr. Aditi Keikar Berry (PT)	Oxygen transport dysfunction & Implication of Physiotherapeutic Treatment Part 2	Webinar	Dr. Farheen Pate(PT)	15 March 2025	<a href="https://youtu.be/X4F5SOd4f9?si=l-66KNp_NIAOXn08m">https://youtu.be/X4F5SOd4f9?si=l-66KNp_NIAOXn08m</a>
21	Dr. Twinkle Kundhani(PT)	ICF in Pediatric Rehabilitation Clinical Application & Problem Solving-Dr. Twinkle	PhysioTV Classroom		21 March 2025	<a href="https://youtu.be/6So-2zVVOkY?si=mtblZlul_A9xOr_7Q">https://youtu.be/6So-2zVVOkY?si=mtblZlul_A9xOr_7Q</a>
22	Dr. Simran Kalra(PT)	Andropause: Recognize, Manage, & Thrive- Dr Simran	Webinar	Dr. Shivani Chutke(PT)	22 March 2025	<a href="https://youtu.be/0shJ-TIGx7U?si=c04whMYaNUpAEI_p">https://youtu.be/0shJ-TIGx7U?si=c04whMYaNUpAEI_p</a>
23	Dr. Simran Kalra(PT)	Andropause: Recognize, Manage, & Thrive- Dr Simran	Webinar	Dr. Shivani Chutke(PT)	28 March 2025	<a href="https://youtu.be/LsXGo_X5mAA">https://youtu.be/LsXGo_X5mAA</a>
24	Dr. Divya Sojrani (PT)	Berg Balance Scale	Little Masters		29 March 2025	<a href="https://youtu.be/QndYVuvzLs">https://youtu.be/QndYVuvzLs</a>
25	Dr. Nupur Jadhao (PT)	Role of Sports Physiotherapist in Marathon	PhysioTV Classroom		4th April 2025	<a href="https://youtu.be/fdeitmPPqrE">https://youtu.be/fdeitmPPqrE</a>
26	Dr. Nupur Jadhao (PT)	Role of Sports Physiotherapist in Marathon- Part 2	PhysioTV Classroom		5th April 2025	<a href="https://youtu.be/USZxxvF9Mfs">https://youtu.be/USZxxvF9Mfs</a>
27	Dr. Arpita Rathod (PT)	Pilates & physiotherapy: not just a Fitness Trend- Part- 1	Webinar	Dr. Nupur Jadhao (PT)	11th April 2025	<a href="https://youtu.be/Z_U7nIwBzJ">https://youtu.be/Z_U7nIwBzJ</a>
28	Dr. Arpita Rathod (PT)	Pilates & physiotherapy: not just a Fitness Trend- Part- 2	Webinar	Dr. Nupur Jadhao (PT)	12th April 2025	<a href="https://youtu.be/XTEFKWCvRc">https://youtu.be/XTEFKWCvRc</a>
29	Dr. Garima Gedamkar	Beyond Gravity: Exploring the Frontier of Space Physiotherapy	Webinar	Dr. Prathamesh Pol (PT)	18th APRIL 2025	<a href="https://youtu.be/IRg_XFH-OYA">https://youtu.be/IRg_XFH-OYA</a>
30	Dr. Roopa Rao (PT)	Pain Physiology	PhysioTV Classroom		19th April 2025	<a href="https://youtu.be/43SY_XQJioPv">https://youtu.be/43SY_XQJioPv</a>
31	Dr. Ashia Shaikh	Road Less travelled	Road Less travelled	Dr. Shivani Chutke(PT)	25th April 2025	<a href="https://youtu.be/OI_mKCHdFGQ">https://youtu.be/OI_mKCHdFGQ</a>
32	Dr. Rahul Maid	Importance of UID/D	Webinar	Dr. Shivani Chutke (PT)	26th APRIL 2025	<a href="https://youtu.be/Q6avRRKW_wtd">https://youtu.be/Q6avRRKW_wtd</a>
33	Dr. Mayur Revadkar	Post Natal Period and Pelvic Health	Webinar	Dr. Apurv Shimpi	2nd May 2025	<a href="https://youtu.be/3kRZrv0FahU">https://youtu.be/3kRZrv0FahU</a>
34	Dr. Mariya Saeed(PT)	Worker Care Spectrum: Ability Management	Little Masters		3rd May 2025	<a href="https://bit.ly/4IMvwd4D">https://bit.ly/4IMvwd4D</a>
35	Dr. Nikunja Gujarathi (PT)	Pain Physiology	PhysioTV Classroom		9th May 2025	<a href="https://youtu.be/3q26AqEeMs">https://youtu.be/3q26AqEeMs</a>

  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

36	Dr. Yash Gaba (PT)	Soft tissue Injuries- Shoulder Joint	Little Masters			10th May 2025	<a href="https://youtu.be/1V1BTzK6ZwqI">https://youtu.be/1V1BTzK6ZwqI</a>
37	Dr. Vidhi Gupta	Limb Length Discrepancy- Part I	Webinar		Dr. Pratiksha Puri(PT)	16th May 2025	<a href="https://youtu.be/3yeZ0F0HO39">https://youtu.be/3yeZ0F0HO39</a>
38	Dr. Vidhi Gupta	Limb Length Discrepancy- Part II	Webinar		Dr. Pratiksha Puri(PT)	17th May 2025	<a href="https://youtu.be/_FBuX13B8vs">https://youtu.be/_FBuX13B8vs</a>
39	Dr. Anu Arora ,Dr. Poojraj Pitchai, Dr. Suroshree Mitra,Dr. Benazir Patil	Ageism in Healthcare - Part I	Panel Discussion		Dr. Shivani Chutke (PT)	23rd May 2025	<a href="https://youtu.be/cplOrscV7cY">https://youtu.be/cplOrscV7cY</a>
40	Dr. Anu Arora ,Dr. Poojraj Pitchai, Dr. Suroshree Mitra,Dr. Benazir Patil	Ageism in Healthcare - Part II	Panel Discussion		Dr. Shivani Chutke (PT)	24th May 2025	<a href="https://youtu.be/ZahbcCm1P-g">https://youtu.be/ZahbcCm1P-g</a>
41	Dr. Nidhi Joshi (PT)	Shoulder	Little Masters			31st May 2025	<a href="https://youtu.be/bRRKLIJ09aTt8">https://youtu.be/bRRKLIJ09aTt8</a>
42	Dr. Suroshree Mitra (PT)	Miller's Pyramid	PhysioTV Classroom			30th May 2025	<a href="https://youtu.be/UJWA7h2yrdM">https://youtu.be/UJWA7h2yrdM</a>
43	Dr. Suroshree Mitra (PT)	Bloom's Taxonomy	PhysioTV Classroom			6th June 2025	<a href="https://youtu.be/UJWA7h2yrdM">https://youtu.be/UJWA7h2yrdM</a>
44	Dr. Vaibhavi Walimbe	Clinical Reasoning in Physical Therapy	Webinar		Dr. Nupur Jadhao (PT)	9th June 2025	<a href="https://youtu.be/24FOKSNc208">https://youtu.be/24FOKSNc208</a>
45	Dr. Rashi Rupawat (PT)	Clinical Kaleidoscope	Little Masters			13th June 2025	<a href="https://youtu.be/HhDgOz/Hv34">https://youtu.be/HhDgOz/Hv34</a>
46	Dr. Amrit kaur (PT)	From couch to capabilities Empowering Obese Patients through PT Part-I	Webinar		Dr. Shivani chutke	20th June 2025	<a href="https://youtu.be/7EwoV4YgFIE">https://youtu.be/7EwoV4YgFIE</a>
47	Dr. Amrit kaur (PT)	From couch to capabilities Empowering Obese Patients through PT Part-II	Webinar		Dr. Shivani chutke	21st June 2025	<a href="https://youtu.be/IKe3KnGmrWg">https://youtu.be/IKe3KnGmrWg</a>
48	Dr. Sonam Jain	Data and its Presentation - Part -I	Webinar		Dr. Sona Kolke (PT)	1st August 2025	<a href="https://youtu.be/cvMYDSIRimnY">https://youtu.be/cvMYDSIRimnY</a>
49	Dr. Sonam Jain	Data and its Presentation - Part -II	Webinar		Dr. Sona Kolke (PT)	2nd August 2025	<a href="https://youtu.be/Oo_n0lc6LFI">https://youtu.be/Oo_n0lc6LFI</a>
50							
51	Dr. Sonam Jain	The Role of Pain Neuroscience Education in Modulating Central Sensitization in Chronic MSK Condition	webinar		Dr. bhumika Tiku	15th August 2025	<a href="https://youtu.be/OI9s4AGXwh8">https://youtu.be/OI9s4AGXwh8</a>
52	Dr. Sonam Jain	The Role of Pain Neuroscience Education in Modulating Central Sensitization in Chronic MSK Condition	Webinar		Dr. bhumika Tiku	16th August 2025	<a href="https://youtu.be/OI9s4AGXwh8">https://youtu.be/OI9s4AGXwh8</a>
53	Dr. Sai Kishore	Career Options in Sports Science Part -I	Webinar		Dr. yash gaba	22nd August 2025	<a href="https://youtu.be/IN90gBNaaZ8?si=2k3cd3Q1ewwG9">https://youtu.be/IN90gBNaaZ8?si=2k3cd3Q1ewwG9</a>
54	Dr. Sai Kishore	Career Options in Sports Science Part -II	Webinar		Dr. Yash Gaba	23rd August 2025	<a href="https://youtu.be/IN90gBNaaZ8?si=2k3cd3Q1ewwG9">https://youtu.be/IN90gBNaaZ8?si=2k3cd3Q1ewwG9</a>
	Dr. Utkarsha S. Kawalkekar	Hip Avascular Necrosis: Risks, Triggers and prevention strategies	Webinar		Dr. venu mohan	29 August 2025	<a href="https://youtu.be/2WABEhGM710E">https://youtu.be/2WABEhGM710E</a>

55	Dr. Utkarsha S. Kawathekar	Hip Avascular Necrosis: Risks, Triggers and prevention strategies	Webinar	Dr.venu moham	30 August 2025	<a href="https://youtu.be/aMX7yQbDC08">https://youtu.be/aMX7yQbDC08</a>
56	Dr. Shruti Mankar	Decoding the Heart Lung Brain Symphony Part I	Webinar	Dr. Ria Gondhali	5 Sep 2025	<a href="https://youtu.be/FB0YWIHS9r4?si=7BP_rxxvk0JIH46">https://youtu.be/FB0YWIHS9r4?si=7BP_rxxvk0JIH46</a>
57	Dr. Shruti Mankar	Decoding the Heart Lung Brain Symphony Part II	Webinar	Dr. Ria Gondhali	6 Sep 2025	<a href="https://youtu.be/bx7QimSiV9K?si=Pup062JHz8Vap_UX2">https://youtu.be/bx7QimSiV9K?si=Pup062JHz8Vap_UX2</a>
58	Dr. Anaelia Kadam	Management of Proximal Tibia Fracture Part-I	Webinar		12 Sep 2025	<a href="https://youtu.be/yKz5ZCq60q4?si=cBdhhP15/SJKiO_Fq">https://youtu.be/yKz5ZCq60q4?si=cBdhhP15/SJKiO_Fq</a>
59	Dr. Anaelia Kadam	Management of Proximal Tibia Fracture Part II	Webinar		13 Sep 2025	<a href="https://youtu.be/SJVOKONFNw?si=J_5ldm0DK-Srtew">https://youtu.be/SJVOKONFNw?si=J_5ldm0DK-Srtew</a>
60	Dr. Shivani chutke	Physio Brain Quiz 2025- Qualifiers Round	Physio TV Brain Quiz	Dr. Shivani chutke	19 Sep 2025	<a href="https://youtu.be/8aHYnRDDxyk?si=8qRNZprTqSk8_0oTX">https://youtu.be/8aHYnRDDxyk?si=8qRNZprTqSk8_0oTX</a>
61	Dr. Shivani chutke	Physio Brain Quiz 2025	Physio TV Brain Quiz	Dr. Shivani chutke	20 Sep 2025	<a href="https://youtu.be/2IErdSdXqDQ?si=FzFN6m8_DIBL-SW8a">https://youtu.be/2IErdSdXqDQ?si=FzFN6m8_DIBL-SW8a</a>
62	Dr. Shivani chutke	Prequalifiers	Physio TV Brain Quiz	Dr. Shivani chutke	26 Sep 2025	<a href="https://youtu.be/R_392OTOvI?si=VCF9z1W1_KZL-FsvG">https://youtu.be/R_392OTOvI?si=VCF9z1W1_KZL-FsvG</a>
63	Dr. Shivani chutke	Prequalifiers	Physio TV Brain Quiz	Dr. Shivani chutke	26 Sep 2025	<a href="https://youtu.be/R_392OTOvI?si=VCF9z1W1_KZL-FsvG">https://youtu.be/R_392OTOvI?si=VCF9z1W1_KZL-FsvG</a>
64	Dr. Shruti waghmare	Knee Osteoarthritis in Nutshel	Little Masters	Dr. Shivani chutke	27 Sep 2025	<a href="https://youtu.be/aukG6qtNcl?si=8bCkBz_zrd11xIGN">https://youtu.be/aukG6qtNcl?si=8bCkBz_zrd11xIGN</a>
65	Dr. Prasannajeet Nikam	Research & Innovation for Physiotherapists: Part-II	Webinar	Dr. Spruha Talikoti	3 Oct 2025	<a href="https://youtu.be/f4GLwg24F_o?si=F_uirXksbYPtI-SIQ">https://youtu.be/f4GLwg24F_o?si=F_uirXksbYPtI-SIQ</a>
66	Dr. Prasannajeet Nikam	Research & Innovation for Physiotherapists: Part-II	Webinar	Dr. Spruha Talikoti	4 Oct 2025	<a href="https://youtu.be/GOAbSVOYB4Q?si=xOOHicOKeF9_gtxfy">https://youtu.be/GOAbSVOYB4Q?si=xOOHicOKeF9_gtxfy</a>
67	Dr. Omkar Salunke	Running related Injuries: An Overview- Dr. Omkar Salunke	Little Masters		10 Oct 2025	<a href="https://youtu.be/qTNI_7o7sv4?si=L_Rp_lrvKJZ3QE_6fy">https://youtu.be/qTNI_7o7sv4?si=L_Rp_lrvKJZ3QE_6fy</a>
70	Dr. John Gloster	Athletes or Assets/ Managing Human Capital in Sports	Webinar	Dr. Kruti Khemani	11 Oct 2025	<a href="https://youtu.be/fzXzVYZHhg74?si=PzZ22CcFubv_GR23">https://youtu.be/fzXzVYZHhg74?si=PzZ22CcFubv_GR23</a>
71	Dr. Aditi Berry	Exercise as Therapy Part I-	Webinar	Dr. Akshata Gawade	17 Oct 2025	<a href="https://youtu.be/4kisdF_IKro?si=VbBM4JrVafvik_o">https://youtu.be/4kisdF_IKro?si=VbBM4JrVafvik_o</a>
72	Dr. Aditi Berry	Exercise as Therapy Part II	Webinar	Dr. Akshata Gawade	18 Oct 2025	<a href="https://youtu.be/cIKKz8-QUse?si=dDrDulmR_LD1gn8b">https://youtu.be/cIKKz8-QUse?si=dDrDulmR_LD1gn8b</a>
73	Dr. Shakeeb Khan	Inclusive society starts here: The crucial role of PT in empowering PwD-Part I	Webinar	Dr. Prathamesh Pol	24 Oct 2025	<a href="https://youtu.be/rZ_Jsy-Ulml?si=FUNvmtFw84INZiml">https://youtu.be/rZ_Jsy-Ulml?si=FUNvmtFw84INZiml</a>
74	Dr. Shakeeb Khan	Inclusive Society Starts here: The Crucial Role of PT in Empowering PwD- part II	Webinar	Dr. Prathamesh Pol	25 Oct 2025	<a href="https://youtu.be/T17dQZ1WbY?si=Czfpd4d4ivvEH_r1">https://youtu.be/T17dQZ1WbY?si=Czfpd4d4ivvEH_r1</a>
75	Dr. Asavari Peter	Social Engagement & Recreational Activities Its Role in Healthy Ageing Part I	Webinar	Dr. Shivani chutke	31 Oct 2025	<a href="https://youtu.be/nOVGYSi42SO?si=TkmFSV_Ue8B_97dMN">https://youtu.be/nOVGYSi42SO?si=TkmFSV_Ue8B_97dMN</a>

*Radha*  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy

Extension Activities Committee

Annual Report-2025

Sr. No.	Activity	Date	Beneficiaries	Participants
1	Federal Bank Marathon	5th Jan 2025	59	MPT- 12
2	Mission CP Ratnagiri Camp	17th Jan 2025	26	MPT- 2
3	Mahad & Roha Camp	18th Jan 2025	290	MPT- 2
4	Purple Jallos CP	19th Jan 2025	33	MPT- 3
5	Atal seva Maha arogya Camp	24th Jan 2025	48	MPT- 2
6	Bajaj Allianz Camp	30th Jan 2025	106	MPT- 1
7	Satara Wai Camp	31st Jan 2025	35	MPT- 2
8	Babu Genu Mandal Camp	1st Feb 2025	144	MPT- 28
9	Run to Chase Marathon	2nd Feb 2025	96	MPT- 10
10	Mahindra Company Camp	7th Feb 2025	79	MPT- 1
11	Akurdi Camp	8th Feb 2025	116	MPT- 5
12	Anadpur Camp	8th Feb 2025	226	MPT- 4
13	Run InSynce Marathon	8th Feb 2025	31	MPT- 5
14	Lokmat Maha Marathon, Balewadi	16th Feb 2025	157	BPT-13
15	Walk to Jog	23rd Feb 2025	26	MPT- 4
16	Dhankawadi Camp	1st March 2025	32	MPT- 2
17	MMF Satara	1st March 2025	58	MPT- 2
18	Employee Fitness Assessment	5th March 2025	119	MPT- 10
19	CG power company camp ahilyanagar	5th March 2025	20	MPT- 1
20	BL Hospital Camp	9th March 2025	41	MPT- 6
21	Swatchh bhara	15th March 2025	-	BPT-77
22	Pharmathon 2.0 Marathon	4th April 2025	66	MPT- 10
23	Sior camp chinchwad	6th April 2025	58	MPT- 2
24	Health Checkup Camp Nigdi	13th April 2025	-	MPT- 2
25	Gandhi Nursing Home Camp	13th April 2025	43	MPT- 2
26	Dagdusheth Ganpati Trust Camp	20th April 2025	53	MPT- 2
27	Prosthetic Fitting Camp	20th April 2025	59	MPT- 5

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

28	Talent identification camp hydrabad	22nd April 2025	110	MPT- 2
29	Sior Camp	1st May 2025	119	MPT- 6
30	Khelo india	1st May 2025	50	MPT- 3
31	Bone Health Camp	1st May 2025	49	MPT- 8, BPT- 14
32	Pune Police Marathon	1st June 2025	51	Interns- 19
33	Tree Plantation	5th June 2025	-	BPT- 81
34	Janseva old age home	13th June 2025	40	MPT- 6, BPT- 47
35	Tembhumi Camp	14th June 2025	107	Interns-2
36	Warkari Camp	20th June 2025	550	MPT- 29, Interns- 21, BPT- 19
37	Wathar Camp	20 <sup>th</sup> June 2025	58	Intern- 01
38	Lakshya Foundation Moshi Camp	7th July 2025	62	Interns- 2
39	FIAT Camp	25th July 2025	78	MPT- 2
40	Hand Grip Analysis	25th July 2025	156	Interns- 2
41	Ichalcharanji Camp	27th July 2025	310	MPT- 5
42	Breast Feeding Awareness	1st Aug 2025	-	MPT- 11
43	Artificial Limb Camp	4th Aug 2025	36	MPT- 5
44	AITA National Ranking Womens tennis Tournament	16th Aug 2025	23	MPT- 6
45	Artificial Limb Camp	24th Aug 2025	208	MPT- 4
46	Dagdusheth Camp	28th Aug 2025	383	MPT- 32, BPT- 162
47	Apangshala Camp	28th Aug 2025	25	MPT- 6, BPT- 35
48	Nivara Camp	8 <sup>th</sup> Sept 2025	28	MPT- 3
49	Artificial Limb Camp	12th Sept 2025	116	MPT- 2
50	MS Camp	14th Sept 2025	48	MPT- 12, BPT- 15
51	Manjiri Camp	20th Sept 2025	28	MPT- 3
52	Manjiri Camp	21st Sept 2025	20	MPT- 3
53	I League 3	23rd Sept 2025	10	MPT- 1
54	World Heart Day camp	6th Oct 2025	27	MPT- 3
55	CP Day	6th Oct 2025	59	MPT- 6, BPT- 50
56	World Arthritis Day	8th Oct 2025	110	MPT- 9, BPT- 23
57	MMF Ratnagiri	10th Oct 2025	-	Intern- 01
58	Tech sports Balewadi	2nd Nov 2025	49	MPT- 2
59	Pune Metro camp	14th Nov 2025	33	MPT- 2
60	Limb Distribution camp, Budhrani	25th Nov 2025	29	MPT- 2
61	Sunrise Foundation camp dapodi	29th Nov 2025	16	MPT- 2

*Ro dhr*

Dr. Raajna Bhatnagar (PT)  
Principal and Professor

MPT-2

62	PIM	7th Dec 2025	69	MPT- 19, BPT- 25
63	Thermax camp	9th Dec 2025	89	MPT- 2
64	Kirloskar Company Ahilyanagar	10th Dec 2025	66	MPT- 2
65	Farazkhana Police Station Camp	10th Dec 2025	105	MPT- 2

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)

Principal and Professor

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra, India  
Affiliated to Maharashtra University of Health Sciences, Nashik  
Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

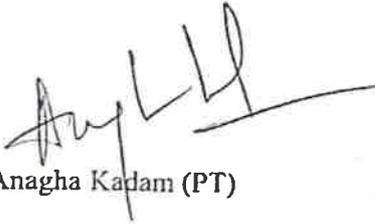
Reference No: SIORCOP/Ext act/ /2025

Date: 31 / 12 /2024

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Extension Activities Committee will attend Federal Bank Marathon which will be conducted on 5/01/2025



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee



Dr. Radha Bhattad (PT)

Principal and Professor

Musculoskeletal and Sports Dept

Photographs of SIORCOP students at the Federal Bank Pune full marathon 2025.



Fig 1: SIORCOP students at Pune University Ground, for the Federal Bank Pune full marathon 2025.



*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor

Sancheti Institute For Orthopedics And Rehabilitation College  
Of Physiotherapy, Pune.

Name of the event: Federal Bank Pune Full Marathon.

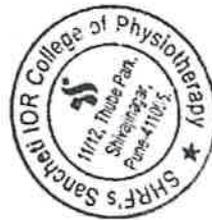
Date: 5/1/25

Venue: Pune University Ground, Pune.

**Objective:** To sensitize the importance of warm-up and recovery, injury prevention strategies, and precautions to be taken while running. To conduct warm up sessions, treat participants with cramps and muscle strains, and provide immediate care for acute ligament injuries.

**Report:** The Federal Bank Pune Full Marathon took place on the 5<sup>th</sup> of January 2025 from 3:00 am to 9:30 am. This annual event attracted 10 thousand participants, including professional athletes, amateur runners, and fitness enthusiasts. The marathon included multiple categories, such as 42K full marathon, 21K half marathon, 10K and 5K. The Post-graduate students of the SIORCOP conducted warm-up sessions to prepare runners for the marathon. They also effectively treated 52 Runners at recovery stations, addressing issues such as cramps, muscle strains, and acute ligament injuries. In addition to these treatments, immediate first-aid was administered for incidents of vomiting and dehydration, ensuring the well-being and safety of the participants throughout the event at Pune University Ground and work stations along the route. The students also collaborated with the medical team to triage cases requiring further medical attention.

This event was coordinated by Dr. Nupur Jadhao (PT), along with 12 students (MPT II- 2, MPT I- 10) from SIORCOP who participated enthusiastically in providing recovery and treatment of the participant runners.



*Radha*  
Dr. Radha Bhattar (PT)  
Principal and Professor



Fig 2 and 3: SIORCOP students at giving passive stretching at Pune University Ground

Dr. Nupur Jadhao (PT)  
Event Coordinator

Dr. Anagha Kadam (PT)  
Extension Activity Coordinator

Dr. Suroshree Mitra  
Extension Activity Chairperson



Dr. Radha Bhattar (PT)  
Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Federal Bank. -Marathon

Date: 5/1/24

Venue: Pune university Ground,

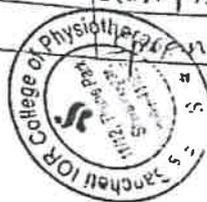
Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1	Simran Thapar	34   F	Cramps	
2	Vedant More	42   M	Cramps	
3	Aaryan Churi	44   M	Dehydrat <sup>n</sup>	Aaryan.
4	Pratik Salunke	38   M	Cramps	
5	Pratiksha Karubde	28   F	Dehydrat <sup>n</sup>	
6	Yogini Shinde	40   F	Cramps	
7	Anuj Rahade	35   M	Ms. pull.	Anuj
8	Neha Mehta	48   F	Cramps	
9	Rucha Gupte	34   F	Dehydrat <sup>n</sup>	
10	Rushikesh Kadam	37   M	Cramps	
11	Tejas Malwanekar	30   M	Cramps.	Tejas
12	Prajakta Wadi	28   F	Cramps	
13	Priyanka Salankar	27   F	Dehydrat <sup>n</sup>	
14	Harshad Rane	32   M	Dehydrat <sup>n</sup>	
15	Pranjal Shah	25   F	Cramps	
16	Sejal Rane	22   F	Cramps	
17	Prachi Pardhi	24   F	Dehydrat <sup>n</sup>	
18	Swati Pimple	24   F	Cramps	
19	Vaihanvi Jhatale	25   F	Dehydrat <sup>n</sup>	
20	Purva Andhare	22   F	Dehydrat <sup>n</sup>	
21	Shruti Narlawar	23   F	Cramps	
22	Shardul Goswami	20   M	Cramps	
23	Hassan Hajwani	30   M	cramps	H.H
24	Hardik Patel	35   M	Cramps	
25	Sanket Jadhav	34   M	Dehydrat <sup>n</sup>	
26	Aditya Aevad		Cramps	



*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor

26	Ashok Jagdale	Dehydration	36/m	A
27	Sagar Kaspale	Cramps	30/m	B
28	Mahadev Ghule	Cramps	20/m	M
29	Rohan Nitokari	Dehydration	25/m	Rohan
30	Ajesh Jadhav	Cramps	26/m	K
31	Omkar Salunkhe	Cramps	23/m	O
32	Vishesh Meshale	Cramp	31/m	V
33	Vinod Mehra	Cramps	28/m	Vinod
34	Pranav Visoi	Cramps	30/m	P
35	Sanchit Chande	Cramps	27/m	S
36	Manas Tanna	Dehydration	26/m	M
37	Harsh Gupta	Cramps	41/m	H
38	Mayur Phale	Strain	33/m	M
39	Zeeshan Khan	Cramps	32/m	Z
40	Shriyash Ghole	Cramps	30/m	S
41	Ayushi Nichit	Cramps	30/m	A
42	Manasi Nair	Cramps	42/m	M
43	Aniket Marathe	Cramps	41/m	A
44	Mrunal Joshi	Cramps	40/m	M
45	Anushka Jain	Dehydration	37/m	A
46	Gaurav Bodse	Cramps	29/m	G
47	Yash Jain	Cramps	37/m	Y
48	Omkar Jorav	Dehydration	36/m	O
49	Yogesh Sanap	Dehydration	38/m	Y
50	Kunal Bhagke	Dehydration	22/m	K
51	Samarth Tori	Dehydration	21/m	S
52	Apeksha P	Cramps	32/m	A
53	Rohit Chaudhan.	Cramps	36/m	R
54	Sharlesh Gardlan	Cramps	41/m	S
55	Siddhant M.	Dehydrat	42/m	S
56	Alok Singh	Cramps	22/m	A
57	Mahesh C.	Cramps	20/m	M



Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor





Sancheti Healthcare and Research Foundation's

 **sancheti**  
**College of Physiotherapy**

**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra, India  
Affiliated to Maharashtra University of Health Sciences, Nashik  
Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413  
Website: www.sha.edu.in/sicop

Fax: 020-25539494  
Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 11 / 01 /2025

### CIRCULAR

### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Neuro Physiotherapy department and Extension Activities Committee in association with Mukul Madhav Foundation will be organizing a Free Cerebral Palsy Camp at Ratnagiri on 17-19 Jan. 2025. The student volunteers from 1<sup>ST</sup> and 2<sup>nd</sup> year neuro MPT will be attending the camp.

  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



  
Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhatnagar (PT)  
Principal and Professor

'Nurturing Minds, Inspiring Excellence'

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION**  
**COLLEGE OF PHYSIOTHERAPY, PUNE**

**Name of the event:** Mission cerebral palsy – Mukul Madhav foundation Ratnagiri camp

**Date:** 17-19 January 2025

**Time:** 09:00 AM to 6:00 PM

**Venue:** Ratnagiri

**OBJECTIVE:** Multispecialty health check-up camp at Ratnagiri was planned with the objective of screening the cerebral palsy population of the Ratnagiri with all kinds of pediatrics condition by the multispecialty doctors and physiotherapists.

**PROGRAMME:**

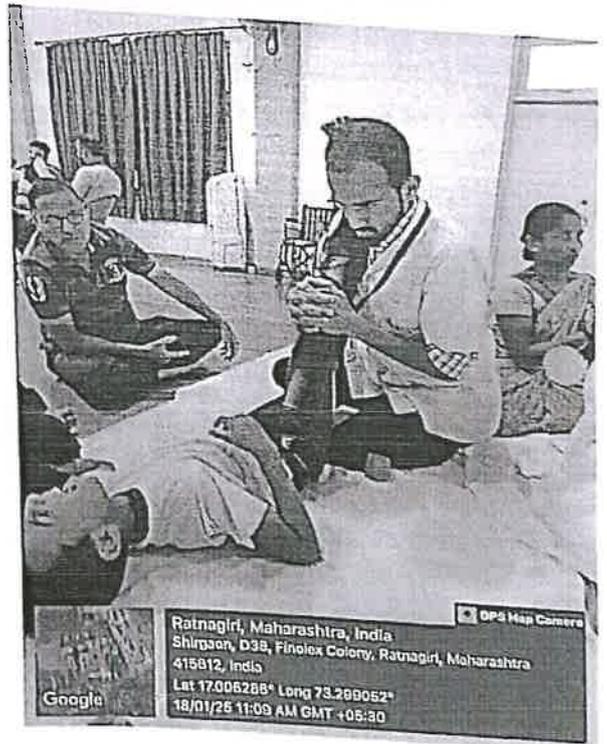
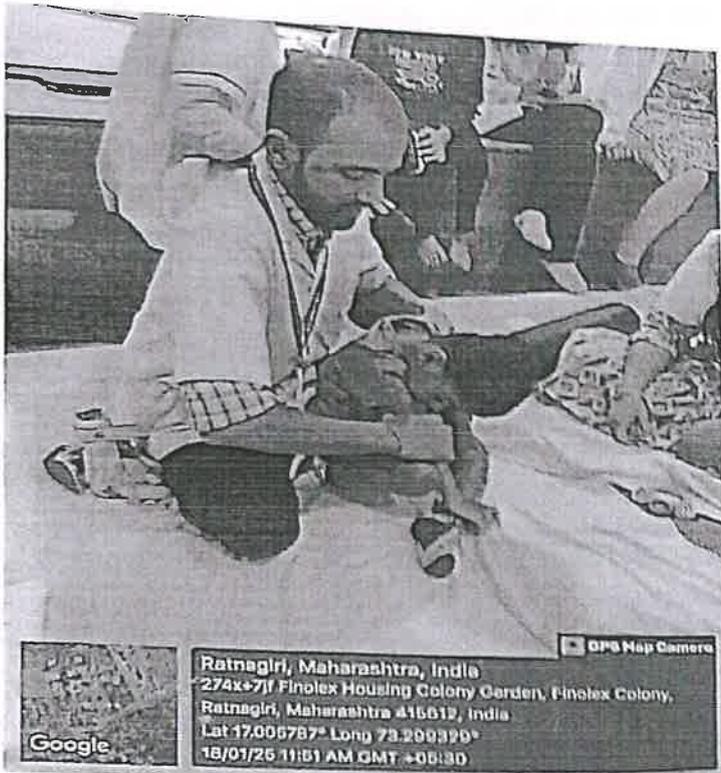
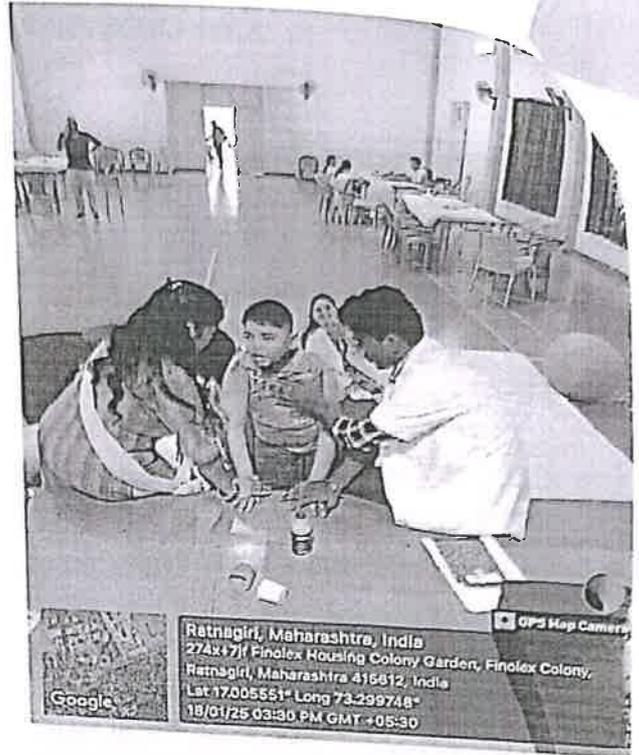
The Mukul Madhav Foundation, as part of its Mission Cerebral Palsy initiative, organized a three-day camp at Ratnagiri from 17th to 19th January 2025. The camp aimed to assess and treat patients with cerebral palsy, providing them with expert medical care and rehabilitation guidance. The camp witnessed the participation of eminent specialists, including Dr. Raghav zhawar (physiotherapist) and Dr. Vikram Dhade( physiotherapist), who took the lead in assessing and treating the patients. Over the three days, a total of 30 patients with cerebral palsy were thoroughly assessed and provided with customized treatment plans. Additionally, the camp was supported by a dedicated team of professionals, including Dr. Sumit and Dr. Rashmi from Sancheti Hospital, Pune. Their expertise in physiotherapy and rehabilitation added significant value to the treatment process, ensuring comprehensive care for the patients.

The camp not only offered direct medical interventions but also served as a platform to raise awareness about cerebral palsy and the importance of early diagnosis and management. The efforts of the Mukul Madhav Foundation, in collaboration with the team of doctors, have been commendable in improving the quality of life for individuals with cerebral palsy.

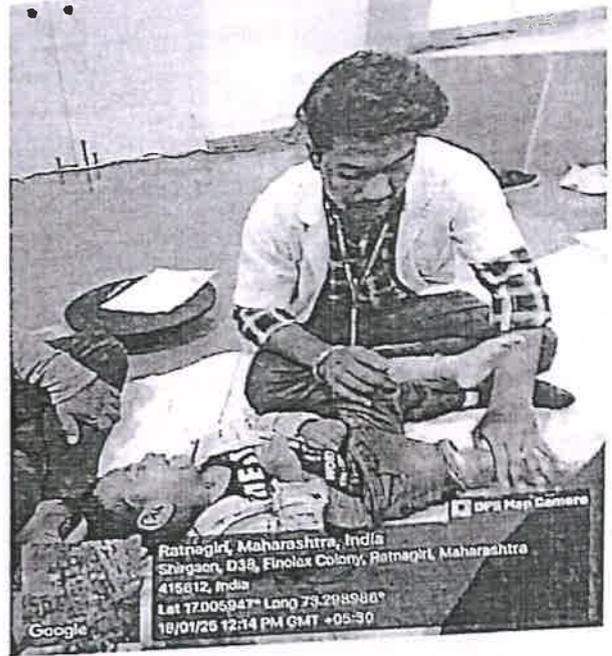
This camp is yet another testament to the foundation's commitment to making a meaningful impact in the lives of those in need.



  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



*Anagha Kadam*  
 Dr. Anagha Kadam (PT)  
 Coordinator  
 Extension Activities Committee



*Suroshree Mitra*  
 Dr. Suroshree Mitra (PT)  
 Chairperson  
 Extension Activities Committee

*Radha*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor

Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

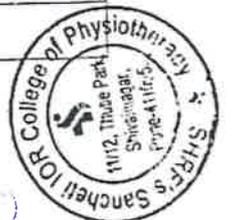
Extension activity: Mukul madhav Ratnagiri CP camp

Date: 17/1/2025 - 19/1/2025

Venue: Ratnagiri

Sr. No.	Name of the patient	Age/Gender	Diagnosis	Signature
1	Hyjee Khan	3/M	Spastic CP	
2	Mohmad bhatkar	2.5/M	Spastic CP	
3	Vrinda bhaywankar	2/F	GDD	
4	Vignesh Majikar	10/M	Spastic CP	
5	Rehan Nalade	13/M	Spastic Hemip CP	
6	Soham Lingayat	12/M	Dystonic CP	
7	Yeksha Chaudade	3.8/F	GDD	
8	Nitya Nandalakar	7.5/F	spina bifida Hydrocephalus	
9	Sai Chaiwad	8/M	Dystonia	
10	Shrinisha Nandalakar	2/F	Hemip CP	
11	Shriyansh yendre	3/M	GDD	
12	Shreyal vaide	9/M	Dystonic CP	
13	Rudra chavan	10/M	DMD	
14	Sanish jadhav	13/M	Dystonic CP	
15	Sirisha Pohilkar	15/M	GDD	
16	Mahadev patelkar	8/M	Spastic CP	
17	Arnav gowalkar	8/M	Spastic CP	
18	Asad dinkar	8/M	GDD	
19	Riddhi Digamkar	13/F	Facial CP	
20	Divyanshi surve	2/F	Down's synd	
21	Devanshi mande	11/F	GDD	
22	Anuj Suvare	13/M	Postural deformity	
23	Manthan Agare	13/M	Rt Hemiplegic CP	
24	prabhas potdar	7/M	Sp Lt Hemi	
25	Kanika Rahane	4/F	meningoence phalange	
26	Shruti Rathod	3/F	Dystonic CP	

Dr. Radha Bhatnagar (PT)  
Principal and Professor





Sancheti Healthcare and Research Foundation's

**Sancheti**  
College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra, India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational Therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 10 / 01 /2025

### CIRCULAR

#### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Extension Activities Committee will attend Camp at Roha and Mahad which will be conducted on 18<sup>th</sup> and 19<sup>th</sup> January 2025, at Sudarshan Chemicals and Vireshwar Hall. The event will start 07:30 am to 03:30 pm

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)

Principal and Professor

'Nurturing Minds, Inspiring Excellence'  
Sancheti Healthcare Academy

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE**

**Name of the event:** Roha-Mahad SIOR Camp

**Date:** 18<sup>th</sup> -19<sup>th</sup> January 2025

**Time:** 07:30 AM to 3:30 PM

**Venue:** Sudarshan Chemicals Company, Roha

Vireshwar Hall, Mahad

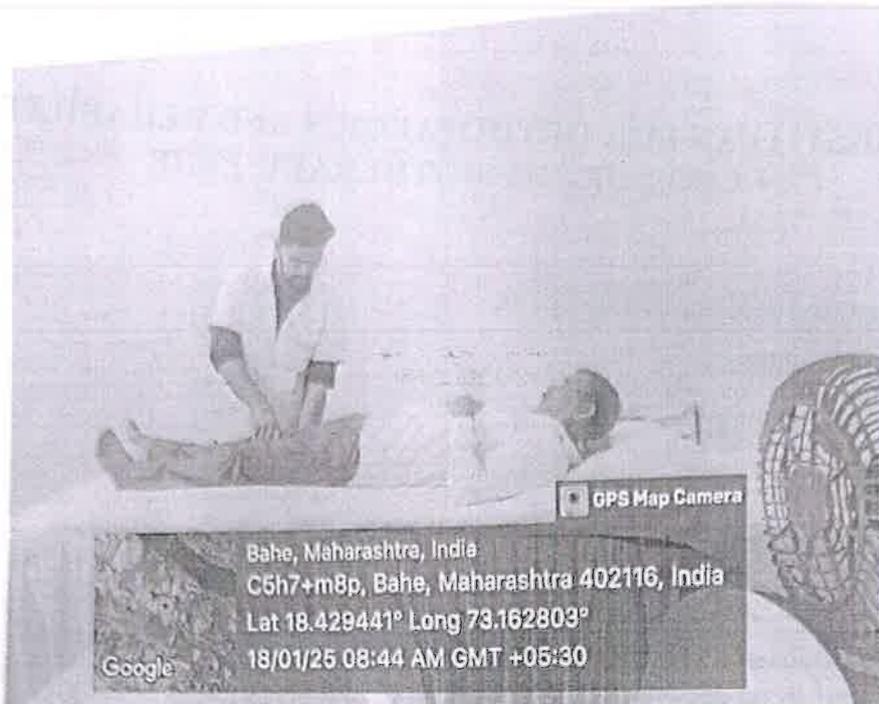
**OBJECTIVE:** A free health check-up camp for Arthritis at Sudarshan Chemicals Company and Vireshwar hall was planned with the objective of screening the population of the Roha and Mahad with all kinds of joint conditions by the multispecialty doctors and physiotherapists.

**CAMP REPORT:** The patients were assessed for their various musculoskeletal (Knee, Spine) conditions by Dr. Parag Sancheti, Dr. Darshan Sonawane, Dr. Pramod Bhilare and the resident doctors. They were also referred to Dr. Prathamesh Pol and Dr. Khushal Kajrolkar (Physiotherapist) for esteemed opinion and exercises. This event was co-ordinated by Mr. Rahul Choube and Mr. Ajinath Rothe. Patients having Low back pain, neck pain, knee pain, shoulder pain, multiple joint pain and other such conditions due to various causes were assessed and treated by prescribing exercises.

A total of 450 patients participated in the Roha camp and 650 in Mahad Camp out of which 140 and 150 patients were referred for individual physiotherapy treatment at respective camp. Feedback was taken verbally from the participants and they stated that they were greatly benefitted by the organization of this camp.



*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



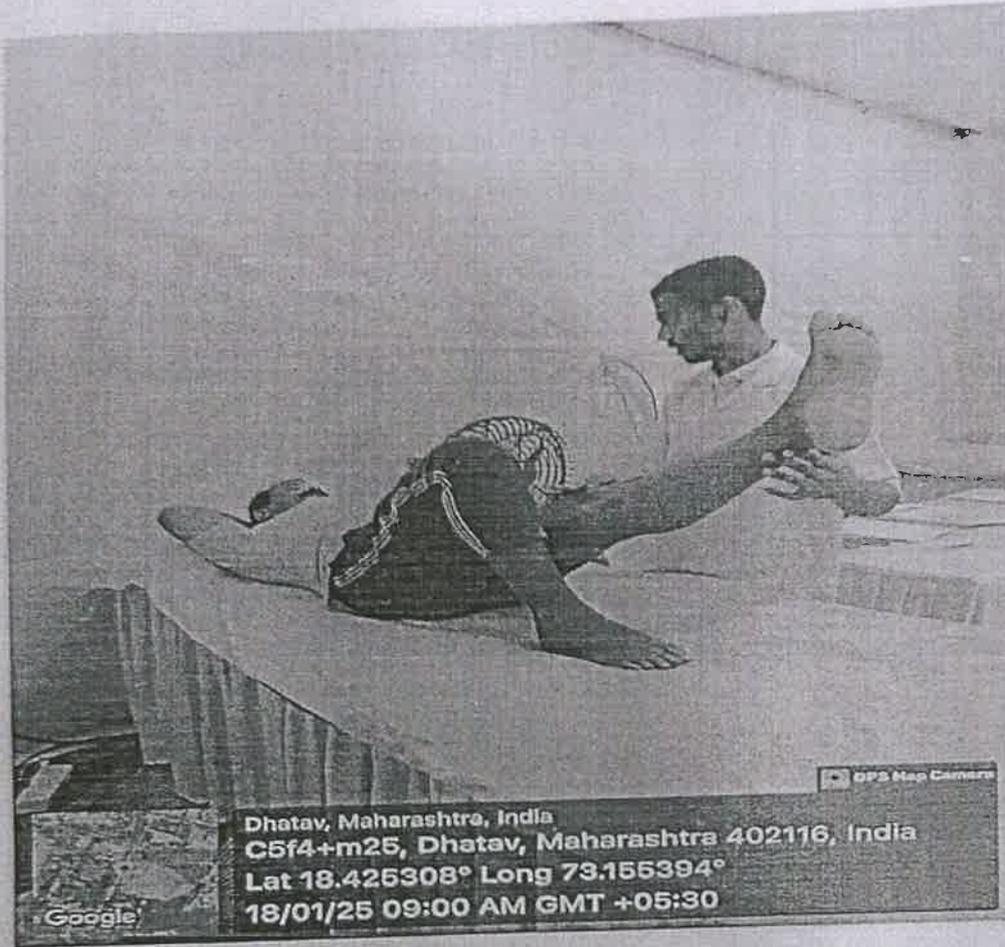
GPS Map Camera  
Bahe, Maharashtra, India  
C5h7+m8p, Bahe, Maharashtra 402116, India  
Lat 18.429441° Long 73.162803°  
18/01/25 08:44 AM GMT +05:30  
Google



GPS Map Camera  
Mahad, Maharashtra, India  
Vireshwar Apartment, Behind The Vireshwar Temple, Mahad,  
Maharashtra 402301, India  
Lat 18.078306° Long 73.422253°  
19/01/25 11:45 AM GMT +05:30  
Google



Dr. Radha Bhatnagar (PT)  
Principal and Professor



*Anagha Kadam*

Dr. Anagha Kadam (PT)

Co-ordinator

Extension Activities Committee



*Suroshree Mitra*

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

*Radha Bhattad*

Dr. Radha Bhattad (PT)

Principal and Professor



Sancheti Institute for Orthopaedics & Rehabilitation College of Physiotherapy, Pune

Extension activity: Free Health Check-up Camp.

Date: 18/01/2025.

Venue: ROHA.

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
01.	Chaudhakar Gharat	75/M	LBP	[Signature]
02.	Ramdas Kirjat	65/M	B/L Knee pain	[Signature]
03.	Santosh Jangam	47/M	ⓐ Knee pain	[Signature]
04.	Shaila Gadhar	65/F	B/L Knee pain	[Signature]
05.	Rachna Bhokte	45/F	Neck pain	[Signature]
06.	Rachhaukar Bhokte	49/M	Frozen sh.	[Signature]
07.	Tukaram Shinde	54/M	LBP	[Signature]
08.	Savita Shinde	50/F	ⓐ Knee pain	[Signature]
09.	Rohidas Shinde	53/M	ⓑ Periarthritis shoulder	[Signature]
10.	Rajshri Shelke	40/F	Cervical pain	[Signature]
11.	Suvidhya Bhokte	42/F	LBP	[Signature]
12.	Suman Kore	52/F	ⓐ Shoulder pain	[Signature]
13.	Nitin More	44/M	Artery pain	[Signature]
14.	Anjali Bhokte	62/F	ⓐ of knee	[Signature]
15.	Sanjay Ambike	63/M	LBP	[Signature]
16.	Kishor Govilkar	28/M	LBP	[Signature]
17.	Sachin Ambike	36/M	Shoulder pain	[Signature]
18.	Vithal Shinde	60/M	LBP	[Signature]
19.	Ashok Ugalmugale	57/M	ⓐ Shoulder pain	[Signature]
20.	Alka Ugalmugale	51/F	LBP	[Signature]
21.	Smruti Dhotre	53/F	ⓐ Shoulder pain	[Signature]
22.	Maya Ratate	72/M	LBP	[Signature]
23.	Parduram Govilkar	51/M	Knee pain	[Signature]
24.	Malendra Korbhari	52/M	Hip pain	[Signature]
25.	Mamta Karbhari	51/F	Neck pain	[Signature]
26.	Anita Aute	51/F	Neck pain	[Signature]



*Radha*  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor

59  
60  
61

51	Vitabai Shedge	75/F	B/L Knee pain	
52	Sunanda Bame	75/F	UL & LL pain	
53	Kundana Azale	50/F	B/L knee pain	
54	Shashikala Patate	60/F	B/L knee pain	
55	Ranjana Mhaskar	65/F	B/L knee pain	
56	Krushash Dhadse	49/M	LBP	
57	Kavita Kadu	58/F	Back pain	
58	Anusaya Vadate	61/F	Knee pain	
59	Poonam Deshmukh	31/F	Cervical pain	
60	Jyoti Deshmukh	43/F	Cervical pain	
61	Uttami Mane	44/M	u	
62	Tambai Shinde	64/F	ⓐ Knee pain	
63	Suman Shinde	60/F	ⓑ Knee pain	
64	Nirmala Rao	66/F	Back pain	
65	Dharmaji Lahare	82/M	Back pain	
66	Suman Telange	50/F	u	
67	Bhil Bhotte	43/M	ⓐ knee pain	
68	Vasant Bhotte	56/M	ⓑ Elbow pain	
69	Vaibhavi Mahade	38/F	Cervical pain	
70	Vinayak Mahade	48/M	Cervical pain	
71	Nivedita Shinde	41/F	Knee pain	
72	Ashok Bhotte	42/M	LBP	
73	Santosh Thakur	44/M	LBP	
74	Rupali Bait	43/F	Lumbar radiculopathy	
75	Laxmi Mali	70/F	LBP	
76	Sharad Zote	43/M	ⓐ Knee pain	
77	Vilas Bame	82/M	LBP	
78	Sanjana Deshmukh	59/F	u	
79	Sharda Deshmukh	78/F	u	
80	Arthi Tadkar	70/F	u	
81	Seviche Bame	75/F	CxP	
82	Shahji Bait		LBP	



Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor

59	Anand Baitkar	45/M	LBP.	3-15
60	Prakash Jadhav	1M		Prakash
61	Gajanan Jambhulkar	53/M	Neck pain	Prakash J.
62	Ganga Koli	30/F	"	-
63	Mangesh Koli	29/M	LBP.	(Mangesh)
64	Bharti Magar	52/F	① Neck pain	Prakash
65	Deepthi Bait	38/F	① Knee pain	Prakash
66	Munna More	50/F	BL Knee pain	Prakash
67	Sumita Bolekar	68/F	BL Knee pain	Prakash
68	Shantikant More	46/M	① Neck pain	Prakash
69	Sumita Satul	73/F	BL Knee pain	Prakash
70	Shyam Narayan Rai	55/M	BL Knee pain	Prakash
71	Madhavi Shergan	45/F	LBP.	Prakash
72	Mangaj Shergan	47/M	LBP.	Prakash
73	Santosh Thete	47/M	① Heel pain	Prakash
74	Vandana Bait	64/F	① Neck pain	Prakash
75	Sumit Tholge	49/M	① Neck pain	Prakash
76	Jiya Bait	60/F	BL Knee pain	Prakash
77	Rutimish Mahadik	80/F	① Neck pain	Prakash
78	Raghunath Jangam	70/M	BL Knee pain	Prakash
79	Anand Kadam	58/M	BL Knee pain	Prakash
80	Shashikala Ubale	60/F	BL Knee pain	Prakash
81	Kalyani Bait	42/F	Cervical p.	Prakash
82	Sunitali Bhaure	48/F	"	Prakash
83	Mansi Golekar	40/F	"	Prakash
84	Saukela Bait	39/F	"	Prakash
85	Bhauvithal Pokale	56/M	"	Prakash
86	Vithoba Bhagat	45/M	"	Prakash
87	Sukha Jangam	48/M	"	Prakash
88	Gangotri Pawar	60/M	Shoulder p.	-
89	Prakash Allikar	41/M	"	Prakash
90	Chandrashekar	41/M	Neck p.	-



Radha

Dr. Radha Bhattad (PT)  
Principal and Professor

91	Anmol More	39/M	LBP	
92	Daeshiana Sutar	48/F	LBP	द. सुतार.
93	Sumita Sutar	45/F	LBP.	Sumita
94	Mauicha Salvi	62/F	''	Mauicha
95	Umaji Katate	70/M.	LBP.	Umaji
96	Shrutiya Mohadik	52/F	''	Mohadik
97	Suryakant Shingam	55/M	''	Suryakant
98	Raman Telange	72/M	''	Raman
99	Chintamani Shurke	71/M	''	Chintamani
100	Subhadra Halde	59/F	''	Halde
101	Lakshman Rakh	68/M	''	Lakshman
102	Aditya Telange	34/M.	''	Aditya
103	Vijay Singh	41/M	''	Vijay
104	Mauik More	55/F	''	माणिक मोरे.
105	Ashok Sakriya	57/M	''	Ashok
106	Vishnu Padje	62/M	''	Vishnu
107	Tularam More	59/M	''	Tularam
108	Ganesh Thakur	48/M	''	Ganesh
109	Chhagan Gole	65/M	''	Chhagan
110	Basirankini	37/M	Cx P.	Basirankini
111	Sanjay Padwal	41/F	LBP.	Sanjay
112	Vishnu Phad	42/M	LBP.	Vishnu
113	Suresh Rathod	49/M	Cx P.	Suresh
114	Vijay Kumar Nirala	52/M	LBP.	Vijay
115	Deepak Kolhetkar	33/M	LBP.	Deepak
116	Sunam Rakh	62/F	Cx P.	Sunam

117  
118  
119



*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

117	Krishnamochar Vishwakarma	32/M	LBP.	<del>11</del>
118	Sulochana Kadar	50/F	11.	20/11/20
119	Yogita Sangam	47/F	11.	Yogita
120	Uttesh Kamble	45/M	11.	Uttesh
121	Anita Patate.	61/F	11.	Anita
122	Pragati Kamble	43/F	11.	Pragati
123	Rajendra Lad.	57/M	11.	Rlal.
124	Aditi Lokhande	38/F	11	3-11-11-11
125	Seema Umare	38/M	11	Seema
126	Anita Rathod	31/F	CxP.	Anita
127	Sumita Naikare	50/F	CxP.	Sumita
128	Usha Shaitke	55/F	LBP.	Usha ✓
129	Sumita Onvale	63/F	Shoulder P	Sumita D.
130	Vinod Bait	45/M	CxP.	Vinod
131	Sharmila Surve	61/F	LBP.	Sharmila
132	Sumita Bhagale	40/F	11	Sumita B.
133	Shakuntala	75/F	11	
134	Jyoti Chaudhari	32/F	11	Shakuntala
135	Bhagabai Umratkar	74/F	11	
136	Pratima Zaware	40/M.	11	Pratima
137	Nitin Jagade	86/M	11	Nitin
138	Vaishali Pawar	41/F	11	Vaishali Pawar
139	Vinay Deshmukh	30/M	Shoulder.	Deshmukh
140	Ashwini Soucarne	44/F		Ashwini
141				
142				
143				
144				
145				
146				
147				

*Radha*

Dr. Radha Bhattad (PT)  
Principal and Professor



Extension activity: Free Health Check-up Camp.

Date: 19/01/2025

Venue: MAHAD.

Sr. No.	Name of the patient	Age/Gender	Diagnosis	Signature
1	Nima Gandhi	60/F	BL Knee OA	Gandhi
2	Yogesh Jadhav	44/M	low back pain.	Y.
3	Vandana Chaulkar	48/F	Knee pain	Vchaulkar
4	Swapnil Hufare	36/M	LBP.	Hufare
5	Meenakshi Salvi	48/F	LBP.	Salvi M
6	Sudhakar Rodhe	71/M	Ⓟ Knee pain	Sudhakar
7	Swapnil Rode	40/M	Ⓟ Ankle sprain	Rode
8	Shital Jadhav	33/F	PIVD.	Jadhav Shital
9	Diksha Jadhav	36/F	Discogenic pain	डिस्क जेनि क
10	Kalpasa Khadke	47/F	PIVD.	खडके
11	Sukhiya deri	40/F	LBP.	Sukhiya
12	Varsha Jain	42/F	LBP.	Jain varsha
13	Vaishali Melita	45/F	Knee P.	V Melita
14	Rajendra Patil	49/M	"	Patil R
15	Shantaram Throat	78/M	"	शांताराम
16	Sakharan Nare	72/M	"	Nare
17	Ganesh Malbde	61/M	Ⓟ Shoulder pain	G. Malbde
18	Saugita Zanje	62/F	G.P.	Zanje Saugita
19	Kamal Salukhe	60/F	LBP.	Salukhe
20	Vijay Sonawane	40/M	LBP.	Sonawane
21	Satish Mane.	35/M	LBP.	Mane Satish
22	Madhukar Mali	74/M	LBP.	Mali
23	Dilip Kharshe	65/M	Knee P.	Dilip. K.
24	Pratik Kamble	55/M	"	Pratik
25	Anandhar Pawar	67/M	"	पार 31
26	Shakuntala Kharsat	77/F	"	शकुंतला खरसत



Dr. Radha Bhattad (PT)  
Principal and Professor

27	Tushar Chincholkar	35/M	Knee P. Nech & wrist pain	Tushar
28	Kiran Tamke	28/F	Hand & fasciitis	<del>KT</del>
29	Vaishali Made	28/F		<del>M</del>
30	Dattatray Shinde	75/M	Knee P.	<del>Prey</del>
31	Suyog Melita	50/M	"	25/2/21/21
32	Shikam Mali	66/M	Knee P.	<del>100</del>
33	Rajendra Shinde	48/M	Cx P.	<del>Rajendra</del>
34	Harishchandra S.	54/M	Cx P.	<del>HS</del>
35	Narendra Shinde	33/M	Wrist P.	Narendra.
36	Vanita Kadam.	41/F	Knee P.	Vanita
37	Rupali Awasle	34/F	"	रुपाली A.
38	Sumita Mali	54/F	"	Sumali
39	Shubha M.	58/F	"	Shubham.
40	Rajani Dharan	56/F	"	RAJANI Dh.
41	Dipak Kharade	53/F	"	<del>Dipak R</del>
42	Rupali Thombare	31/F	"	<del>Rupali</del>
43	Surekha More	55/F	"	<del>S.hrene</del>
44	Anant Natchar	65/M	LBP + Knee pain	<del>Anant</del>
45	Vinod Natchar	51/M	B/L Knee pain	<del>Vinod</del>
46	Ramesh Ghanchar	59/M	B/L Knee pain	<del>Ramesh</del>
47	Manisha Jagdish Janyam	62/F	Cx P.	<del>Manisha</del>
48	Balaram Doidhodi	51/M	"	Balaram Do.
49	Kamal Pawar	61/F	"	<del>Kamal</del>
50	Rajashri Solunke	39/F	"	<del>Rajashri</del>
51	Jyotsna Chalkhe	39/F	"	<del>Jyotsna</del>
52	Rohidas Mane	23/M	LBP.	<del>Rohidas</del>
53	Nishant Shetty	22/M	"	<del>Nishant</del>
54	Shamala Haravande	75/F	"	<del>Shamala</del>
55	Ramchand Mahasare	71/M	Knee P.	<del>Ramchand</del>
56	Rajendra Dudhare	54/M	"	राजेंद्र महासाहे
57	Radhika Lad	56/F	Cx P.	RAJENDRA D.
58	Ramesh Dabekar		LBP.	<del>Ramesh</del>



Radha  
Dr. Radha Bhattad (P.T.)  
Principal and Professor

59	Vanita Dalekar	52/F	LBP.	WBP
60	Anita Maule	65/F	LBP.	Amun
61	Girish Jadhav	49/M	"	Asambh
62	Roshani Sawant	48/F	Knee P.	Budun
63	Dnyandev Chavan	35/M	LBP.	Dhadu
64	Sangita Kedar	36/F	neck pain	Sangita
65	Sheela Patil	60/F	neck pain	SP
66	Manasi Yerunkar	43/F	neck pain	WYR
67	Nagita Mali	32/F	neck pain	Manali
68	Sujata Khodke	60/F	neck pain	Sangita
69	Pallavi Bagade	45/F	neck pain	Palkhede
70	Balaram Devlekar	59/M	LBP	KR
71	Kishor More	61/M	LBP	Mane
72	Anjuna Shinde	69/F	Knee pain	Sangita
73	Sangita Patil	62/F	Knee pain	Patil
74	Vasant Audhure	74/M	Knee P.	Faudor
75	Kunda Utelkar	52/F	Exp.	Sangita
76	Sandhya Pingale	46/F	"	Patil
77	Madhukar More	81/M	"	Sangita
78	Savita Utelkar	35/F	"	Santaram
79	Ravina Kadam	46/F	"	Shit
80	Sushila Kadam	64/F	"	Kar
81	Santosh Pedhane	49/M	"	Patil
82	Minakshi Jagtap	51/F	Knee P.	Patil
83	Manda Pedhane	45/F	"	Patil
84	Krishna Sawadkar	60/M	"	Krishna
85	Lita Gurav	53/F	LBP.	Patil
86	Rajendra Nikunde	62/M	"	Patil
87	Usha Mohile	61/F	"	Usha
88	Laxmibai Chavan	63/F	"	Expat
89	Bliten Chavan	60/M	"	Patil
90	Hirabai Jagtap	51/F	"	Patil

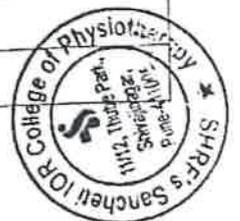


Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor

125  
126

91	Maruti Shindekar	50/M	CxP.	Muscle pain
92	Rajeshree Shindekar	47/F	LBP.	FBurden
93	Shashikant Bhat	57/M	"	Bl
94	Jayant Gudekar	41/M	"	Shyward
95	Ravindra Shinde	52/M	"	Bl
96	Kaslika Modi	61/M	Knee P.	P. Shinde
97	Pravali Talathi	28/F	P. Facilit.	P. Parvi
98	Jayant Arde	67/M	CxP.	Jayant
99	Shudhakar Ghate	37/M	CxP.	Sundhar
100	Suryakant Jagtap	53/M	LBP.	Suryakant
101	Meha Arde	56/F	"	Meha
102	Manisha Gaudli	57/F	"	Manishi
103	Prakash Kelkar	65/M	"	Prakash
104	Gajanan More	49/M	"	Gmore
105	Santosh More	50/M	"	Santosh
106	Mahesh Desai	35/M	"	Desai
107	Devrajat Niwale	21/M	Foot pain	Devraj
108	Milind Melita	59/M	Knee P.	Milind
109	Dinash Salvi	49/M	LBP.	Dinash
110	Minal Salvi	44/F	LBP.	Minal
111	Pravin Shilimkar	67/M	"	Pravin
112	Anjali Mahadik	59/F	CxP	Anjali
113	Dipak Pawar	50/M	CxP.	Dipak
114	Vivek Karamjale	58/M	Knee pain	Vivek
115	Shrinani Kulkarni	50/F	Knee pain	Shrinani
116	Jayshri Gambhure	75/F	LBP + knee pain	Jayshri
117	Anita Vangute	55/F	Knee pain	Anita
118	Anita Shirke	42/F	Knee pain	Anita
119	Kusum Gupta	48/F	Knee pain	Kusum
120	Kalpesh Pawar	24/M	Lumbar pain	Kalpesh
121	Gulab Godhar	60/F	Knee P.	Gulab
122	Saurabh Gaitwal	38/M	LBP.	Saurabh
123	Santosh Kolgude	51/M	LBP.	Santosh
124	Gajanan Shidage	53/M	LBP.	Gajanan

125	Manohar Gaudli	76/M	Cx P.	P. B. M.
126	Santosh Sawant	69/M	wrist pain	<del>Sanjay</del>
127	Supriya Sawant	55/F	LBP BL knee pain	2/11/20
128	Chandrakant Salikar	55/M	LBP.	Schendra
129	Ajay Chavhan	30/M	Shoulder P.	2/11/20
130	Eknath Kuchekar.	50/M	Knee P.	Kuchekar
131	Subhash Palande	65/M	Sh. P.	Subhash. P.
132	Sandhya Mondal	73/F	Knee P.	P. B. M.
133	Rahul Salgal	48/M	LBP.	P. B.
134	Archana Salgal	42/F	CxP.	P. B.
135	Saamir Patil	15/F	CxP.	Saamir Patil
136	Gita Venupare	50/F	CxP.	श्रीम. वं.
137	Dipak Sutar	60/M	LBP.	Deepak
138	Prasad Salagre	36/M	cervical pain	Prasad
139	Madhuri Salagare	63/F	Knee pain	Prasad Salagare
140	Saraj Kulkarni	50/F	CxP.	2/11/20
141	Prachi Kulkarni	29/F	CxP.	P.R. Kulkarni
142	Ramchandra Salunkhe	74/M.	LBP	श्रीम. वं.
143	Meena Salunkhe	70/F	LBP	Meena Salunkhe
144	Sunil Mahamuni	62/M	LBP.	Sunil, M.
145	Sarika H. Chitambar	28/F	CxP.	Sarika
146	Beleibai Deshmukh	65/F	CxP.	B.B.D.
147	Sumita Chavhan	26/F	Acute P.	Sumita Chavhan
148	Hannant More	64/M	LBP.	Hannant
149	Sudhita Manohar	59/M	Th. spine	Sudhita
150	Aklesh Sadapure	42/M	CxP.	Aklesh



*Radha*  
**Dr. Radha Bhattad (PT)**  
 Principal and Professor



11/12 Thube Park, Shivajinagar, Pune - 411 005  
(Id No. PU/PN/Physio/122/[1997])  
(Id No. MUHS/121)

Direct : 020 - 28539393  
Tele Fax : 020 - 28539494  
E-mail : sancheticop@sha.edu.in

Tel. No : 020 - 27999999,  
28999999  
Extn. : 9411 / 9412 / 9413

### Extension Activities Committee

Ref No: SCOP/Ext act/ /2025

Date: 10/01/2025

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation college of Physiotherapy, Neurophysiotherapy department and Extension Activities Committee in association with Down Syndrome Federation of India (DSFI) will be organizing free Down Syndrome Camp activity on date 19/01/2025, at Purple Jalosh Festival-Auto Cluster Exhibition Centre, Chinchwad, Pune. The Activity will start at 9:00 am. The student volunteers from 1<sup>ST</sup> and 2nd year neuro MPT and neuro staff will be attending the activity.

  
Dr. Twinkle Kundnani (PT)  
Coordinator  
Extension Activities Committee



  
Dr. Suroshree Mitra (PT)  
Chairperson  
Extension Activity Committee

  
Dr. Radha Bhattad (PT)  
Principal and Professor

SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION  
COLLEGE OF PHYSIOTHERAPY, PUNE

Down Syndrome camp at Purple Jallos Festival- REPORT

DATE: 19th January 2025

TIME: 09:00AM- 4:00 PM

VENUE: Purple Jallos Festival-Auto Cluster Exhibition Centre, Chinchwad, Pune

**OBJECTIVE:** To raise awareness about Down Syndrome and work collaboratively with other professionals to support the holistic development and well being of each participant as well the caregivers and parents.

**PROGRAMME:**

The Down Syndrome camp held at Auto cluster exhibition centre aimed to work collaboratively with other professionals such as developmental paediatrics, orthopaedics, speech therapist, occupational therapists to promote the holistic development and well being of each individual. The event kicked off with an insightful and engaging panel discussion lead by experts from various medical and rehab fields. Dr. Radha Bhattad (Professor and HOD Neurophysiotherapy, SIOR) took part in the panel discussion, sharing her expertise as the physiotherapist. Children with Down Syndrome were assessed and major concerns of parents and caregivers were taken into account and accordingly guided and those in need were further referred to Rajiv Gandhi hospital(RGH) and Kamalabai Nehru Hospital(KNH) physiotherapy department for detailed assessment and goal planning. The camp was attended by 33 children with Down Syndrome and 25 children were benefited by the physiotherapy treatment.

The team included:

1. Dr. Radha Bhattad (Professor and HOD Neuro physiotherapy, SIOR)
2. Dr. Sadhana Nimbhore (Associate Professor, Neuro physiotherapy, SIOR)
3. Dr. Twinkle Kundnani (Assistant Professor, Neuro Physiotherapy, SIOR)
4. Nupur Sahasrabudhe (MPT-2, Neuro Physiotherapy, SIOR)
5. Devyani Sastri (MPT-2, Neuro Physiotherapy, SIOR)
6. Mariya Dingankar (MPT-1, Neuro Physiotherapy, SIOR)

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor





*Radha*  
 Dr. Radha Bhattad (PT)  
 Principal and Professor



*Radha*

Dr. Radha Bhattad

(Professor and HOD Neuro physiotherapy, SIOR)

*Radha*

**Dr. Radha Bhattad (PT)**  
Principal and Professor





Extension activity:

Date:

Venue:

Sr. No.	Name of the patient	Age/ Gender	Signature	Diagnosis
1.	Gauri Deshmukh	5 / F	<i>Gauri</i>	Down's syndrome
2.	Vaidehi More	7 / F	<i>Vaidehi</i>	Down's syndrome
3.	Shruti Phadke	10 / F	<i>Shruti</i>	Down's syndrome
4.	Rohan Naik	8 / F	<i>Rohan Naik</i>	Down's syndrome
5.	Yash Joshi	7 / F	<i>Yash Joshi</i>	Down's syndrome
6.	Advik Deshmukh	8 / F	<i>Advik Deshmukh</i>	Down's syndrome
7.	Aarav Sharma	9 / M	<i>Aarav</i>	Down's syndrome
8.	Charvi Joshi	10 / F	<i>Charvi Joshi</i>	Down's syndrome
9.	Dhruv Bhatia	3 / M	<i>Dhruv</i>	Down's syndrome
10.	Aadhya Singh	5 / F	<i>Aadhya</i>	Down's syndrome
11.	Myra Patel	4 / F	<i>Myra</i>	Down's syndrome
12.	Om Rao	3 / M	<i>Om Rao</i>	Down's syndrome
13.	Aditya Nair	12 / M	<i>Aditya</i>	Down's syndrome
14.	Vidharth More	15 / M	<i>Vidharth</i>	Down's syndrome
15.	Tejas More	5 / M	<i>Tejas</i>	Down's syndrome
16.	Chinmay Charan	4 / M	<i>Chinmay</i>	Down's syndrome
17.	Tanmay Mahajan	6 / M	<i>Tanmay</i>	Down's syndrome
18.	Ishaan Patil	9 / M	<i>Ishaan</i>	Down's syndrome
19.	Aadi Bhosale	12 / M	<i>Aadi</i>	Down's syndrome
20.	Kunal Deshmukh	15 / M	<i>Kunal</i>	Down's syndrome
21.	Shreyas Sathé	16 / M	<i>Shreyas</i>	Down's syndrome
22.	Nikhil Oam	17 / M	<i>Nikhil</i>	Down's syndrome
23.	Karshada Nair	14 / F	<i>Karshada</i>	Down's syndrome
24.	Meera Naik	13 / F	<i>Meera</i>	Down's syndrome
25.	Tanish Sharma	18 / M	<i>Tanish</i>	Down's syndrome
26.	Shaurya Deshmukh	11 / M	<i>Shaurya</i>	Down's syndrome

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor





**Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy**

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune – 411005, Maharashtra, India

Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 17/01/2025

**CIRCULAR**

**Extension Activities Committee**

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee is arranging a camp at Atal seva mahaaarogya camp, Baner, Pune on 24/1/25 and 25/1/25 the Camp will start at 9:30AM to 5:00 PM . The student volunteers from the MPT First year ( Akshata Gawade ) and from Second year ( Pallavi Mane –Cardiovascular and respiratory physiotherapy) along with Orthopaedic Consultant and Resident from Sancheti Institute of Orthopaedics and Rehabilitation will be attending the camp.



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee



**Dr. Radha Bhattad (PT)**  
**Principal and Professor**

**SANCHETI INSTITUTE FOR ORTHOPAEDICS AND  
REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE**

Name of the event: Atal Seva Aarogya Camp Report

Date : 24 Jan 2025 and 25 Jan 2025

Time: 9:00 AM – 5:00 PM

Venue: Atal Seva Maha Aarogya Camp , Baner ,Pune

**Objective:** To provide free health check up and wellness by providing accessible, specialized medical care along with 60 hospitals situated in pune.

**Programme:** Sancheti Institute of Orthopedics and Rehabilitation College Of Physiotherapy, Pune conducted a free health check up addressing potential health issues related to wrong postures during working, issues related in neurology , orthopaedic , cardiac and physiotherapy with providing expert medical advice, promote ergonomic advice on 24/1/25 & 25/1/25 at Atal.Seva Aarogya Seva Camp Baner, Pune. Utilizing the findings like BMD test , and different physical assessments were done and identified potential risk factors affecting the health of individuals. After assessing individuals, they were guided regarding work related environments and its impact on physical work and its purpose to improve for a safer and healthier workspace. They were also assessed and treated for neurological disorders and educated about the importance of physical therapy . After taking a physical assessment including factors like BMD test, physical fitness. In this camp, 27 females and 17 males have participated by implementing the recommended treatment strategies , activities of daily living and performance, and giving ergonomic advice. Ongoing monitoring and adaptation of initiatives will ensure sustain positive impact on the health of community member of susgaon, baner, mahalunge. The Programme was attended by the people came from above mentioned villages 3 Staff members of SIOR Hospital and 2 MPT- students of Sancheti Institute of Orthopedics and Rehabilitation College Of Physiotherapy.



*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



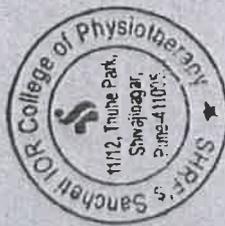
*Radha*  
**Dr. Radha Bhattad (PT)**  
Principal and Professor



Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



Dr. Suroshree Mitra (PT) ..

Chairperson

Extension Activities Committee

Dr. Radha Bhattad (PT)  
Principal and Professor

Extension activity: Atal Seva Maha Arogya Camp, Baner, Pune

Date: 24/1/25 - 25/1/25

Venue: Baner

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1.	KHANDU KUMIKAR	67/M	LUMBAR CANAL STENOSIS	[Signature]
2.	MANIK DHORAKAR	65/F	LOW BACK PAIN	[Signature]
3.	SUNIL JOSHI	69/M	KNEE PAIN TREMORS.	[Signature]
4.	RUPALI JADHAV	53/F	TENNIS ELBOW	[Signature]
5.	USHA POINAR	60/F	CERVICAL	[Signature]
6.	JAMESH FARMARKAR	80/M	R/L SHOULDER PAIN	[Signature]
7.	PATNARAR PAWAR	61/M	R/KNEE PAIN	[Signature]
8.	SANJAY SONAINANE	53/M	FROZEN SHOULDER	[Signature]
9.	VIMAL KSHIRSAGAR	62/F	B/L KNEE PAIN	[Signature]
10.	JANANT SANAS	52/F	NECK PAIN	[Signature]
11.	REKHA KABALE	65/F	KNEE PAIN	[Signature]
12.	GIOLANDE NIVRUTTI	75/M	R/L OA KNEE	[Signature]
13.	BHASKAR JADHAV	68/M	OA KNEE B/L	[Signature]
14.	DILIP MENDRE	60/M	LOW BACK PAIN	[Signature]
15.	KRISHNA BALECHAVAR.	64/M	KNEE PAIN B/L	[Signature]
16.	KISHOR POTE	43/M	KNEE PAIN B/L	[Signature]
17.	RUPALI JADHAV	53/F	FROZEN SHOULDER	[Signature]
18.	AJITKUNH CHANDEL	70/M	R/OA KNEE.	[Signature]
19.	HARISHCHANDRA KALE	59/M	LOW BACK PAIN	[Signature]
20.	TUKARAM NANUDE	60/M	LOW BACK PAIN.	[Signature]
21.	SUBHASH NATICWAD	70/M	B/L OA KNEE	[Signature]
22.	PUSHPA JAUTAP	60/F	JOINT'S PAIN,	[Signature]
23.	DEEPAK MENDRE	56/M	B/L KNEE PAIN	[Signature]
24.	SONU KUMAR	30/M	Knee Pain	[Signature]
25.	NITIN BURJE	33/M	Back Pain	[Signature]
26.	RAJENDRA ASHLEKAR	57/M	Shoulder Pain	[Signature]

Dr. Radha Bhattad (PT)  
Principal and Professor



27	MAHAR PHUME	27/M		Hand
28	ARASH DANUACIT	27/M	SHOULDER PAIN	
29	PRASHANT MONTALE	64/M	Calcaneal spur.	
30	SANTOSH KUMAR UPTA	65/M	FROZEN SHOULDER	
31	Anil arikole	48/M	LBP	
32	Vithal Kawale	36/M	Ⓟ ACCL Redr	
33	Bhaskar Borkhede	65/M	Neck Pain	
34	Giriyabai Timbale	65/F	LBP	
35	Hemlata Bhor	58/F	Joint Pain	
36	Heena Shaitch	34/F	Neck Pain	
37	Shobha Tribhuvare	55/F	LBP	
38	frasha Thombare	40/F	Joint Pain	
39	VANDANA PATILKAR	59/F	Back Pain	
40	Bapu Pawar	54/M	Neck Pain	
41	Santosh Senevale	37/M	Leg Pain	
42	Vandana Patilkar	52/F	Neck Pain	
43	chaya gadhase	40/F	LBP	
44	Surdha Khillare	35/F	Knee Pain	
45	Kamal dudhate	52/F	Neck Pain	
46	Mangal Pawade	55/F	Shoulder Pain	
47	Sudha Ujagade	29/F	Low back Pain	
48	Bapubhau Bhorade	60/M	Leg Pain	
49				
50				
51				
52				
53				
54				
55				
56				
57				
58				

Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor





Sancheti Healthcare and Research Foundation's

**sancheti**  
College of Physiotherapy

Sancheti Institute for Orthopaedics and Rehabilitation College of  
Physiotherapy

Sancheti Healthcare Academy, 11/12, Thube Park, Chhatrapati Shivaji Maharaj Nagar, Pune - 411005, Maharashtra, India  
Affiliated to Maharashtra University of Health Sciences, Nashik

Recognised by Maharashtra State Occupational therapy and Physiotherapy Council, Mumbai

Telephone: 020-25539393, 28999413

Website: www.sha.edu.in/sicop

Fax: 020-25539494

Email: sancheticop@sha.edu.in

(NAAC Accredited College)

Reference No: SIORCOP/Ext act/ /2025

Date: 24 / 01 /2025

### CIRCULAR

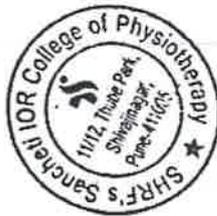
#### Extension Activities Committee

Kindly note that Sancheti Institute for Orthopaedics and Rehabilitation College of Physiotherapy, Extension Activities Committee will attend Corporate Camp held by SIOR, which will be conducted on 30<sup>th</sup> and 31<sup>st</sup> January 2025, at Bajaj Allianz, Viman Nagar, Pune. The event will start at 10:00 am to 4:00 pm.

  
Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



  
Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

  
Dr. Radha Bhattad (PT)

Principal and Professor

'Nurturing Minds, Inspiring Excellence'

# SANCHETI INSTITUTE FOR ORTHOPAEDICS AND REHABILITATION COLLEGE OF PHYSIOTHERAPY, PUNE

Name of the event: Corporate Camp by SIOR

Date: 30<sup>th</sup> and 31<sup>st</sup> January 2025

Time: 10:00 AM to 4:00 PM

Venue: Bajaj Allianz, Viman Nagar, Pune.

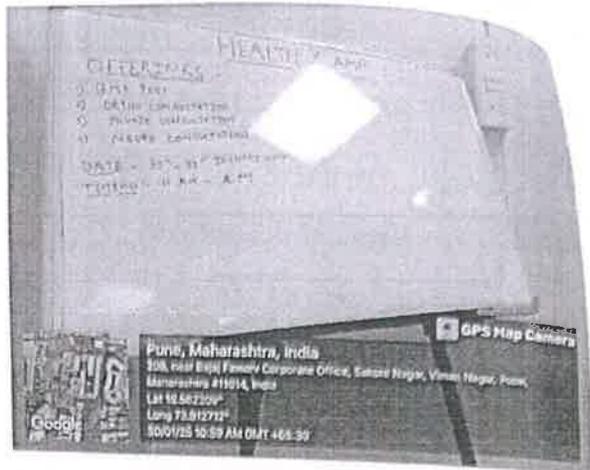
**OBJECTIVE:** A free health check-up camp at Bajaj Allianz, Viman Nagar, Pune, organized by SIOR was planned with the objective of assessing their BMD and treating patients with different orthopaedic and neurological conditions by the Multi-speciality doctors and physiotherapists.

The patients were assessed for their various musculoskeletal conditions by Orthopaedic doctor and Neurologist from SIOR. They were also referred to Dr. Kumbharkhane Apurva (Physiotherapist) for their opinions and exercises. This event was co-ordinated by Mr. Hatim Wagpura, from the Marketing Department of SIOR. Patients having low back pain, neck pain, knee pain, shoulder pain, multiple joint pain and other such conditions due to various causes were assessed and exercises were prescribed accordingly. This camp catered to corporate employees aged between 21-55 years.

A total of 245 patients participated in the Corporate Camp, out of which 106 were referred for individual physiotherapy treatment. Feedback was taken from verbally from the participants and they stated that they were greatly benefited by the organization of this camp.



*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor



*Angha*

Dr. Anagha Kadam (PT)

Coordinator

Extension Activities Committee



*Suroshree*

Dr. Suroshree Mitra (PT)

Chairperson

Extension Activities Committee

*Radha*  
Dr. Radha Bhattad (PT)  
Principal and Professor

Extension activity: SIOR Corporate Camp

Date: 30<sup>th</sup> & 31<sup>st</sup> January 2025

Venue: Bajaj Allianz, Viman Nagar, Pune

Sr. No.	Name of the patient	Age/ Gender	Diagnosis	Signature
1	Atul Kaliya	39/M	Neck pain	K.
2	Imran Pathan	35/M	LBP	Pathan
3	Namrata Porwal	35/F	Knee pain	Namrata
4	Sagar Ingle	37/M	Upper Back pain	HTDZ
5	Sejal Wagh	23/F	LBP	Sejal
6	Jagruti Gaikwad	27/F	LBP	Gaikwad
7	Mrunal Deshmukh	25/M	LBP	Mrunal
8	Snehal Zange	25/F	LBP	Snehal
9	Aishwarya	28/F	Neck pain	Patil
10	Gauri Saut	26/F	Neck pain	Saut
11	Shaikh Rafiq	32/M	Neck pain	Rafiq
12	Rishan Yadav	24/M	LBP	Rishan
13	Shivani Chauhan	24/F	LBP	Shivani
14	Apurva Gadhar	34/F	Neck pain	Gadhar
15	Harshada Deshpande	43/F	Knee pain	Harshada
16	Revati Mame	50/F	LBP	Revati
17	Gi. Gadhar	27/M	LBP	Gi Gadhar
18	Sambhaji Kadam	36/M	Knee pain	Sambhaji ...
19	Anuja Kovade	25/F	LBP	Kovade
20	Anuj Kate	29/M	Knee pain	Kate
21	Vijaya Ingle	25/F	Neck pain	Vijaya
22	Aarti Sapkal	34/F	Knee pain	Aarti
23	Nikita Sable	29/M	Neck pain	Nikita
24	Rahul Bhamdare	30/M	Knee pain	Rahul
25	Surendra Dasor		Neck pain	Surendra
26	Aarti Dhimal		LBP	Aarti



Dr. Radha Bhattad (PT)  
Principal and Professor

59  
61

27	Nikita Kalbhor	25/F	LBP	Knee
28	Moham	34/M	Ankle pain	H/S
29	Vishal Sharma	42/M	Neck pain	Knee
30	Anusadha Pawar	35/F	Ankle pain	Pain
31	Bhagyashri Edagh	30/F	Knee pain	Knee
32	Aakash Mahar	21/M	Foot pain	Foot
33	Deepak Majesker	40/M	Foot & shoulder	Foot
34	Aruna Karande	40/F	Neck pain	Anuskarande
35	Vaushali Aaher	37/F	LBP	Vaaher
36	Vijay Nandre	27/M	LBP	Vijay
37	Sandip Das	46/M	Knee pain	Das
38	Gurav	34/M	Neck pain	Gurav
39	Rajtha	38/F	LBP	Raj
40	Pravin Kale	39/M	Stroke	Kale
41	Rahul	31/M	Neck pain	Rahul
42	Quoti Netke	30/F	Ankle pain	Netke
43	Vijay	28/M	Knee pain	Vijay
44	Aditya M.	42/M	shoulder pain	Aditya
45	Sumit Mahatre	29/M	Neck pain	Sumit
46	Ankur	27/M	@ Thumb pain	Ankur
47	Abhisekh	23/M	Neck pain	Abhisekh
48	Utkarsha	27/F	LBP	Utkarsha
49	Pragati Dinkar	29/F	Neck pain	Pragati
50	Kaustubh	42/M	Knee pain	Kaustubh
51	Shankar Shinde	39/M	LBP	Shankar
52	Hanshal Parkar	33/M	LBP	Hanshal
53	Hitesh Shaha	43/M	Knee pain	Hitesh
54	Gaurav	27/M	LBP	Gaurav
55	Sumit	43/M	LBP	Sumit
56	Vishal	35/M	LBP	Vishal
57	Shruti		Neck pain	Shruti
58	Ashwini		Neck pain	Ashwini



Radha  
Dr. Radha Bhattad (PT)  
Principal and Professor

59	Pratikha	25/F	Knee pain	Pratikha
60	Yogesh	34/F	Knee pain	Yogesh
61	Sunil Shinde	26/M	Neck pain	Sunil
62	Pradip Pund	38/M	LBP	Pradip
63	Rohit Puroam	42/M	Knee RDM	Rohit Puroam
64	Ganesh Kalunge	37/M	Neck pain	STATIK
65	Sayan Samuel	33/M	LBP	Sunil
66	Manali Bhis	21/F	Neck pain	Manali
67	Badhya Shinde	20/F	Neck pain	Pradip
68	Shubham Sutar	22/M	Back pain	Shubham
69	Ramkumar Evi	40/M	Knee pain	Govind
70	Shubham Sutar	22/M	Back pain	Sutar
71	Chetna Gadhar	40/F	LBP	Chetna
72	Sweety	39/F	LBP	Sweety
73	Rajat Salvi	25/M	LBP	Salvi
74	Viniket Chavhan	26/M	LBP	Viniket
75	Pratham	95/M	LBP	Pratham
76	Karan Patel	26/M	Kalf pain	Patel
77	Rahul Patil	38/M	Knee pain	Rahul
78	Arinash Dahale	32/M	Hell pain	Arinash
79	Pankaj	36/M	Knee pain	Pankaj
80	Heta	38/F	Knee pain	Heta
81	Shweta Gupta	43/F	LBP	Gupta Shweta
82	Arun Hachury	38/M	Neck pain	Arun
83	Priyanka Saut	37/F	Neck pain	Priyanka
84	Sohita	27/M	LBP	Sohita
85	Laxmi	32/M	Knee pain	Laxmi.P.
86	Kajal	25/F	Neck pain	Kajal
87	Ramesh Sonawane	51/M	LBP	Ramesh
88	Sagar	29/M	Neck pain	Sagar
89	Mukesh	29/M	LBP	Mukesh
90	Vasim	29/M	LBP	Vasim



Radha

Dr. Radha Bhattad (PT)  
Principal and Professor



