

**INDIA'S FIRST EVER  
MASTER'S IN  
EXPRESSIVE  
MOVEMENT  
THERAPY**

Affiliated with  
Savitribai Phule Pune  
University ( SPPU)



## ABOUT SHA

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Sancheti Healthcare Academy (SHA) is a dedicated centre for imparting knowledge in Healthcare Management, Hospital Management and Physiotherapy. We believe in inculcating knowledge in individuals become the best facilitators over the world. It was established with an aim to provide highest possible education into Health and Welfare domain.

## VISION

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To establish India's leading Dance Therapy Institute/College.

## MISSION

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- To provide highest quality of education in Dance Therapy
- To establish high standards of practice of Dance Therapy in India
- To create a regulatory body of Dance Therapy in India, uplifting the overall standards of Dance practice.
- To host annual conferences and provide opportunities for continuing education with best facilitators from across the globe.

## ABOUT THE PROGRAM

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In the light of offering a sphere of alternative therapy, DMT serves a holistic approach to mental health weaving physical, cognitive, emotional and social development together. The therapy circle considers that no individual therapy is complete and shall be accompanied by one or more relative therapies. Collectively, DMT addresses the integration of Body, Mind and Soul believing that the aspiration of human life is unison of three.





# WHY CHOOSE THIS COURSE ?

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- Asia's Only Master's Program in Expressive Movement Therapy
- Accredited by Savitribai Phule Pune University
- Recognised as an Allied Healthcare Profession by NCAHP
- Global-Standard Training with Affordable Local Access
- Transform Yourself While Empowering Others
- Experiential Learning with Focus on Self-Awareness & Clinical Practice
- Learn from Multidisciplinary Industry Experts
- Integrated Curriculum: Theory, Practical Training & Internships
- Develop Deep Personal & Professional Insight
- Build a Meaningful, High-Demand Career in Healthcare, Education & Wellness

## CAREER PATHWAYS

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Graduates of the MA-EMT programme are equipped to work across a wide range of settings, including:

- Private Practice
- Hospitals, Rehabilitation Facilities and Mental Health Centres
- Schools and Educational Institutions
- Community Spaces
- Corporate Wellness Programmes
- NGOs and Nonprofit Organisations
- Creative Arts Therapy Centres
- Research and Academic Institutions

This degree also enables you to integrate DMT into existing practices such as dance, counselling, or therapy, or establish your independent practice.



## BOARD MEMBER'S



**Mrs. Manisha Sanghavi**  
Executive Director,  
Sancheti Healthcare Academy, Pune



**Dr. Parag Sancheti**  
Chairman & Director  
Sancheti Institute for Orthopaedics  
& Rehabilitation, Pune



**Dr. Kantilal H. Sancheti**  
Padmashri, Padmabushan ,  
Padmavibhushan  
Founder President of  
Sancheti Institute for Orthopaedics  
& Rehabilitation

## FACULTY



**TRIPURA KASHYAP**  
M.A. in Psychology  
Dance Movement Therapist  
Hancock Center, Wisconsin, USA.



**RADHA JOSHI**  
MA Dance and Movement  
Psychotherapy, Master in Education



**DEEPMALA KHERA**  
MA Clinical Psychology | MA EMT | PGD DMT |  
PGC in Expressive Arts Therapy | Drama Therapy  
| Learning & Pedagogy Design | Theatre Making



**NEHA JOSHI**  
MA, M.Phil in Clinical Psychology



**NISHTHA AGARWAL**  
MA in Clinical Mental Health Counseling  
(Specialization in Expressive Arts Therapy)  
& MA in Applied Psychology



**TANVI BAJAJ**  
Laban Movement Analyst, Somatic Movement  
Therapist & Psychologist



**DR. ALISHA MEMON**  
Orthopedic Physiotherapist | Medical Writer |  
Research Enthusiast | US Healthcare Licensing &  
Credentialing Specialist | Founder, The Circle & Co



**HRISHIKESH PAWAR**  
Professional Dancer, Teacher, Artistic  
Director & Faculty



**SHIVANI MORE**  
MA Counseling Psychology,  
PG Diploma in Dance Movement Therapy



**JANHAVI PATHAK**  
MA Expressive Movement  
Therapy. PGC-DMT, MPM

## ELIGIBILITY

**Any Graduate Can Apply**

## CONTACT DETAILS



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## COURSE STRUCTURE

- 2 years- full time
- Hybrid Teaching Model
- 4 semester examinations in-person at the University